



The Rambler

Official Publication of
THE WASATCH MOUNTAIN CLUB
Salt Lake City, Utah

october 1969

CLUB ACTIVITIES FOR OCTOBER 69

REGISTRATION INFORMATION: Registration is not required for local, one-day outings unless otherwise mentioned. However, by registering with the leader you will be notified if the trip is cancelled. All outings generally leave the meeting place within 15 minutes of the schedule meeting time. Register for bus-boat trips with the leader only by sending a deposit to the address listed. Leaders cannot register anyone without a deposit.

Oct. 2
Thurs. EVENING CLIMBING AT STORM MOUNTAIN. Last session at Storm. If weather is bad go to Pete's Rock or the Canyon Inn.

Oct. 4
Sat. WHITE BALDY FROM SILVER LAKE (American Fork) Elev. 11,321 Rating 7.5. After leaving fish-infested Silver Lake, you suddenly feel you are in a wilderness area. We hike and scramble over granite most of the way to the summit. Some may wish the through trip down White Pine to see the results of the huge avalanche of last winter. Meet at the Draper-Riverton Freeway Exit (turn right) at 7:00 a.m. Leader: Dick Bell 254-4555.

Oct. 4, 5
Sat. Sun. ZION NARROWS. Time to dig out your wading shoes for our annual slosh into Zion's back entrance. If you haven't done this one, don't miss it. The magnificence of this narrow, deep, sandstone walled canyon is difficult to describe. This is an 18-mile hike from Chamberlain's Ranch down the Virgin River to the Temple of Sinawava in the main Park area. You can - if you are in shape - hike through in one day, or take your pack and stay overnight at the "cave". If there is enough interest, another group may also go through Orderville Canyon. We'll leave from the Ice Plant Friday, October 3, 7:00 p.m. sharp!

Register by September 29. You are not registered until you have paid your trip fee of \$13.00 or a minimum of \$5.00. As a new arrangement, anybody cancelling after Sept. 29 will lose his minimum down payment of \$5.00. Leader: Fred Bruenger; 2590 Yermo Ave.; 485-2639.

Oct. 9
Thurs. EVENING CLIMBING AT PETE'S ROCK

Oct. 11, 12
Sat. & Sun. LODGE WOOD-GATHERING PARTY. An annual event for the family. Dad can cut and split the wood; mother and kids can carry and stack. Chain saw and equipment furnished workers. Breakfast will be served from 7:00 to 8:45 a.m. Juice, eggs, bacon and pancakes; all you can eat. Bring your own lunch. Drinks furnished. Stay overnight (no charge). Please make reservations for breakfast--call Lyman Lewis 277-6816.

- Oct. 11, 12
Sat. Sun. CLIMBING RECONNAISSANCE TRIP TO RUBY MOUNTAINS IN NEVADA.
Hikers and other curiosity seekers welcome. Register with
Max Townsend 363-2269.
- Oct. 11, 12
Sat. & Sun. KOLOB FINGERS. If you have seen Pat King's slides of the Kolob
Finger and La Verkin area you will not want to miss this trip.
It offers a variety of possibilities ranging from a backpack
trip to Bear Trap or Willis Canyon with an overnight stay at a
spring near Hop Valley to exploration of the almost-untouched
Finger area and the Taylor Creeks. For information call leader
Fred Bruenger 485-2639.
- Oct. 15
Wed. GENERAL MEMBERSHIP MEETING. After a brief report about club
business we will have a narrated showing of Dale Green's and
Harold Goodro's slides of their recent climbing expedition in
Peru. The meeting begins at 8 p.m. at the La Morena Cafe,
346 West 1st South. Beer and Mexican goodies will be available.
- Oct. 16
Thurs. CLIMBING AT PETE'S ROCK.
- Oct. 18, 19
Sat. & Sun. NOTCH PEAK. Elev. 9,653 Rating 6.0. Escape the opening of
deer season by taking this trip to the western part of Utah.
This peak is a historic landmark in this area. Also has a
2,500 ft. face yet to be climbed.
Meet at 4230 Sovereign Way at 2:00 p.m. Saturday. Have
dinner in Delta. Take food for breakfast and lunch, water, and
sleeping bag. Leader: Dale Green 277-6417
- Oct. 18, 19
Sat. & Sun. FAMILY ROCKHOUND OUTING. If you still wish to escape but Notch
Peak isn't your diet, come on this easier family trip. We will
include Antelope Springs for trilobites on Saturday; Clear Lake
for labradorite and Black Rock for obsidian and Indian artifacts
on Sunday.
Kids just naturally like to pick up rocks. On this trip
they can really live it up. Take food, water, and bed for two
days and one night. Meet at Draper-Riverton Exit (turn right)
at 8:00 a.m. Saturday. Regroup in Delta, then follow the
leader: Elmer Boyd 298-5537.
- Oct. 23
Thurs. CLIMBING AT PETE'S ROCK. (Weather permitting). Go directly to
the Canyon Inn if the weather is inclement.
- Oct. 25
Sat. NORTH RIDGE OF THE PFEIFERHORN. Experienced climbers.
Leader: Dave Allen 278-0230.
- Oct. 26
Sun. LOGAN CAVE. It's still deer hunting season so here's your
chance to go underground. This is a good beginners cave yet
is interesting enough for those who have been before. Please
register with the leader for details. Leader: Earl Hansen
363-6866 or 254-4555.

Oct. 30
Thurs.

CLIMBING AT PETE'S ROCK. (Weather permitting)

Nov. 1
Sat.

OKTOBERFEST. Achtung! Achtung! Join us Nov. 1 at 8 p.m. for an evening of Bavarian fun and Gemütlichkeit at Hofbräu-West (WMC Lodge). Price \$2.25 includes Bier, Musik, Bratwurst, Sauerkraut, Kartoffelsalat, etc. German dress if you have it. For reservations call Le Roy Kuehl 363-6890.

Nov. 2
Sun.

MT. OLYMPUS NORTH FACE Elev. 9,026 Rating 8.0. A traditional hike or climb; take your choice. This trip will probably wind up our summer hiking schedule, so let's finish it off right with a truly enjoyable and worthwhile trip.

Meet at 4001 South Wasatch Blvd. at 7:00 a.m. Leader: Ol' Dad Himself, Harold Goodro 277-1247. P.S. This is an advanced hike with parka and gloves.

WANTED: PARTY PEOPLE

Party season is almost upon us; the club normally has a Western Party in September, a Halloween Party, a Christmas Party, and a Nomination Banquet in January or February. All members who would like to help plan these events, or liven things up by introducing new types of parties are implored to contact Noel de Nevers-- 363-1307 and join the partycommittee.

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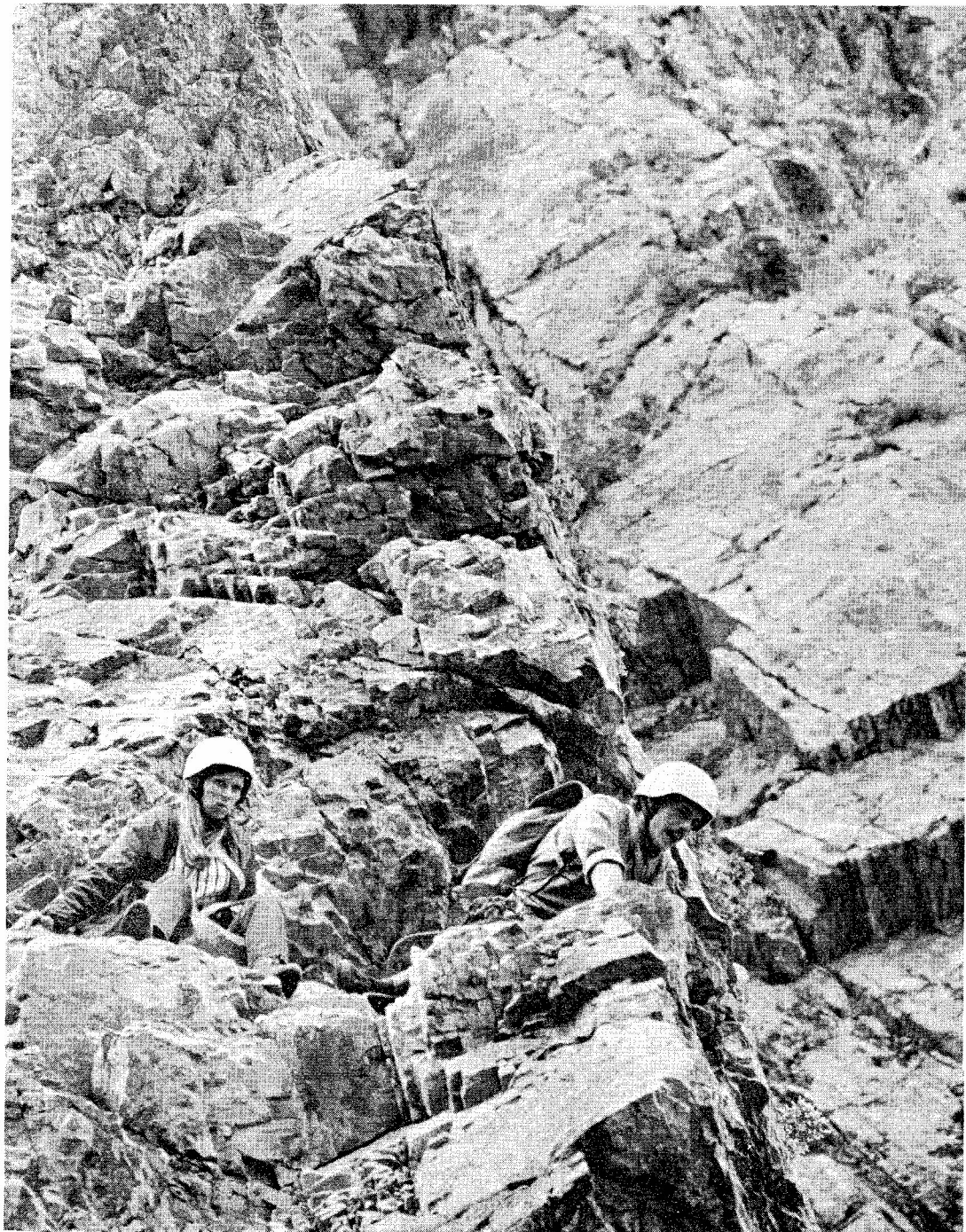
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photo of Storm Mtn. by Dave Fitterman



PARUNAWAEP CANYON

by Kathy Kellett & Larry Swanson

The group assembled at Carmel Junction for the start of our Labor Day weekend hike thru Parunaweap Canyon (means roaring water in Indian). Dick Bell was scurrying around trying to find the last members of the group when the main body got under way. A gas station attendant informed us of a seven mile road in to the start of the trail, but it proved to be less than three miles. The group started a bit strung out, but collected into two main groups around lunchtime. The standard map of Zion Park does not show the first portion of the river, and after about four hours of hiking we began to doubt the accuracy of the maps because we couldn't locate landmarks.

We hiked along for several hours in quite shallow water. Then small pools cropped up which required that the sleeping bag be tied on top on one's pack instead of on the bottom. (The wads of plastic around everyone's sleeping bags, scoffed at disdainfully by the writer, began to look like a good idea).

We encountered a place nicknamed "Devil's Slide" by Larry Swanson. A very short waist-deep pool had to be crossed which ends on top of a small log jam. After the log jam was a large boulder and a pool. The technique here was to slide down the long sloping boulder and spring from the

end of it in order to hit a sand bar where the water was only a little over waist deep. A snaky route on top of the sand bar allowed one to navigate the deep pool with water never reaching the armpits. Naturally the exact route was the result of trial and error. The King boys providing the trial, and Larry Swanson providing the error. Dick Bell made light work of the whole thing by removing his pack and doing a flying something-or-other into the pool.

Several pools and rock piles were navigated until another obstacle had to be overcome. The technique here was either a chimney down the wall and one side of a big boulder or, as was done with the smaller folks, climbing down thru Larry Swanson's legs to Pat King and then to the waiting arms of Mike King who was knee-deep in quick sand.

For miles the canyon had been as narrow as the narrowest spots in Zion Narrows with vertical, if not overhung, walls. Pat King decided the next pool should be easily navigated even though the water was rushing rapidly thru a quite narrow chute. As hiking turned into panicked paddling (a Kelty pack makes a super Mae West), Larry Swanson scrambled up to a ledge and discovered that 20 feet ahead of where Pat had managed to

snag onto the side was "The Water-fall". A fixed rope from a provident tree on the ledge provided easy access for the group. The narrow ledge soon turned into a nice wide ledge where everyone rearranged himself. Each hiker jockeyed for an appropriate position so as not to be the first one off the rappel that was imminent.

The rappel was a really neat setup. Two massive boulders spanned the walls of the canyon. The technique was to slide down a log to where the first boulder met the wall, friction climb this boulder, then slide down the other side to the point of contact between the two boulders, then climb to the flat top of the second boulder. A simpler, but not much used, method was to make a standing broad jump from the pointed top of the first boulder to the flat top of the second boulder and the wall provided a point for a rappel sling and belay.

Kathy Kellett, followed in succession by the rest of the group, rappelled off the top of the boulder some 40 feet to the middle of the stream below. Up popped Gerry Powelson with his flamboyant river-running mustache. Gerry was eventually "Swiss-seated", his advisors confidently chortling, "No problem, it'll be duck soup." As Gerry backed out over the edge of the rock the Swiss seat tended to slide down his legs providing a perfectly horizontal rappel...the now widely acclaimed "Powelson Rappel". The rappel was uneventful with exception of the last few feet in which Gerry was lowered gently, entirely, and completely into the water by the belayer, Larry Swanson. Oh well, river runners like to get wet don't they?

It was pitch dark when the last man was down. After about a quarter of a mile of boulder climbing the last of

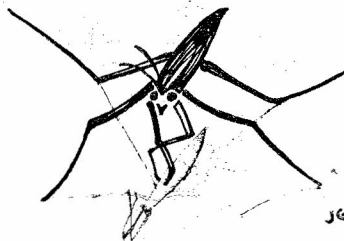
the group met a roaring fire and a roomy campsite--spring water and all. The night was warm, the sky was clear--beautiful!! (The next morning we discovered that this camp site was no stroke of luck as good sites were available everywhere with springs about every quarter of a mile).

As the canyon widened, some of the members began probing the side canyons for Indian cliff dwellings. Two sites of dwellings and a third site, that had been buried under a rock slide, were located.

It was a long plod out. The Indian ruin hunters didn't hit the road near Springdale until 10:00 p.m. missing the ride that had been waiting for them for hours by less than five minutes. At midnight the last stragglers made it to the campground in Zion Park.

The entire trip was interesting, even exciting in spots. The water is warmer, clearer, and generally smaller than the North Fork Narrows. With the aid of a jeep or with less side canyon exploring, this trip could even be done on a two-day weekend.

PARTICIPANTS: Leader, Dick Bell, Jeannie Bell, Gerry Powelson, Jerry Goodro, Gerhardt Henschel, Pat King, Mike King, Fred & Evelyn Bruenger, Kathy Kellett, Larry Swanson and guests Carrol, Reed, Perry DeMille, Don & David Ferrell, Mike Stevens and Dan Hopkins.



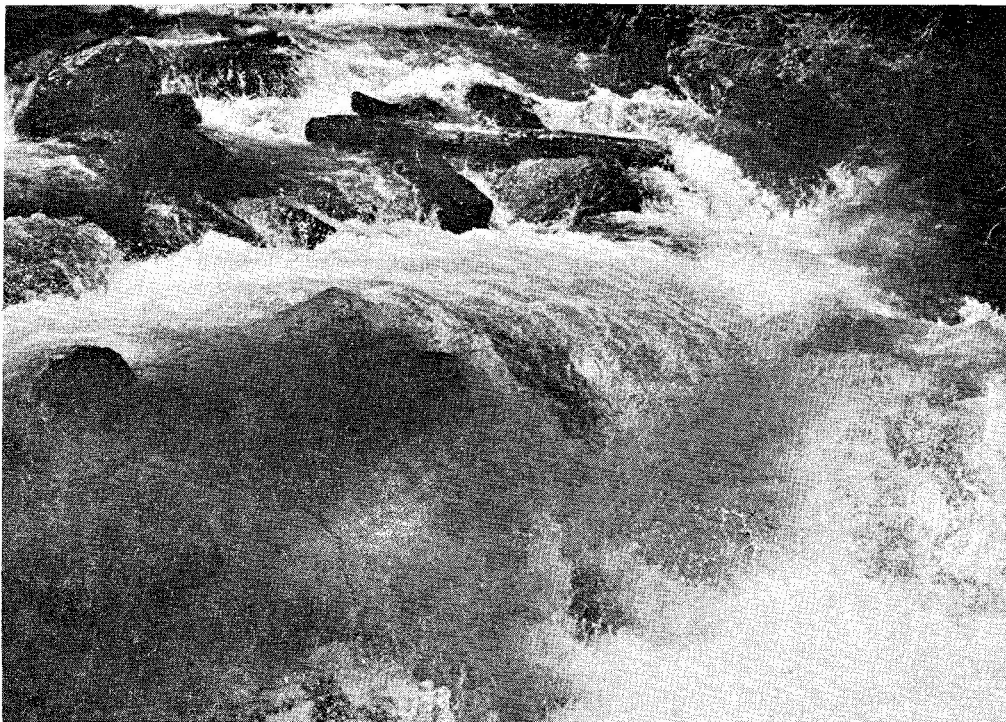


photo of West of Jenny Lake, Wyoming by Dave Fitterman

news & notices

RAMBLER DEADLINE

...is still the 15th of the month preceding publication. Please mail or deliver contributions--TYPED--to Sally Nelson, 1218 Harvard Ave., SLC, 84105. As the board peruses the mail only once every two weeks, those articles sent to club headquarters often get to Sally late and are therefore delayed for later publication. Don't be shy about sharing photos and ink drawings, too. See you by October 15 for the November issue.

ADDRESS CHANGED?

Quick! Send a postcard to Barbie,

our secretary, and/or club headquarters. Save us all money, and get your Rambler promptly.

THANKS

...to September Rambler mailers: Linda Rathbun, Karil Frohboese, Nicolette ? ? ? ? , and Sally Nelson.

...to October Rambler typist Jane Daurelle.

...especially to Karil Frohboese for editing the Rambler this month and getting the material to the typist so I could stay away on my (and Phil's) vacation.

MT. RAYMOND

by John Riley

The Mt. Raymond hike on August 10 was listed as starting in Porter Fork. Actually, the hike started from Terrace picnic ground and went up Bowman Fork on the Bowman-Butler Trail, past Butler Spring and on to the divide by the usual route. The weather was cool as we started and somewhat threatening. However, the day cleared and did not get too hot for comfort.

There were myriads of flowers in

blossom, seemingly of all varieties, after passing White Fir Pass. The flowers attracted many bees causing us to feel that Yellowjacket Gulch was well-named. A construction project was noted at Baker Cabin. The Forest Service is installing a water trough, probably in connection with the grazing of sheep---or thirsty hikers?

Hikers were Fred & Evelyn Bruenger, Rob Thompson, Larry James, Grace Ormsby, Ruth Hensen, and John Riley.



---Naked of life, naked of warmth and safety, bare to the sun and stars, beautiful in its stark snowy loneliness, the Mountain waits---

Those who attack it must stand ready for that meeting to strip themselves of all the ordinary things that men desire, all the normal, and easy and gracious things of life--ready even, if need be, to give up life itself. In return, the Mountain offers them hardship and danger---and an unattainable goal.---It tests them with stern trials. Such a peak seldom need exert its strength. For the little insects who challenge its immensities, it sets high the conditions of victory; and it lets them defeat themselves. Every secret weakness of body or mind or spirit

will be mercilessly bared. Only if some persist, if, stripped to essentials, they continue the fight, then at last it will act. And it is far stronger than they. There is no shame in being beaten by such an antagonist---

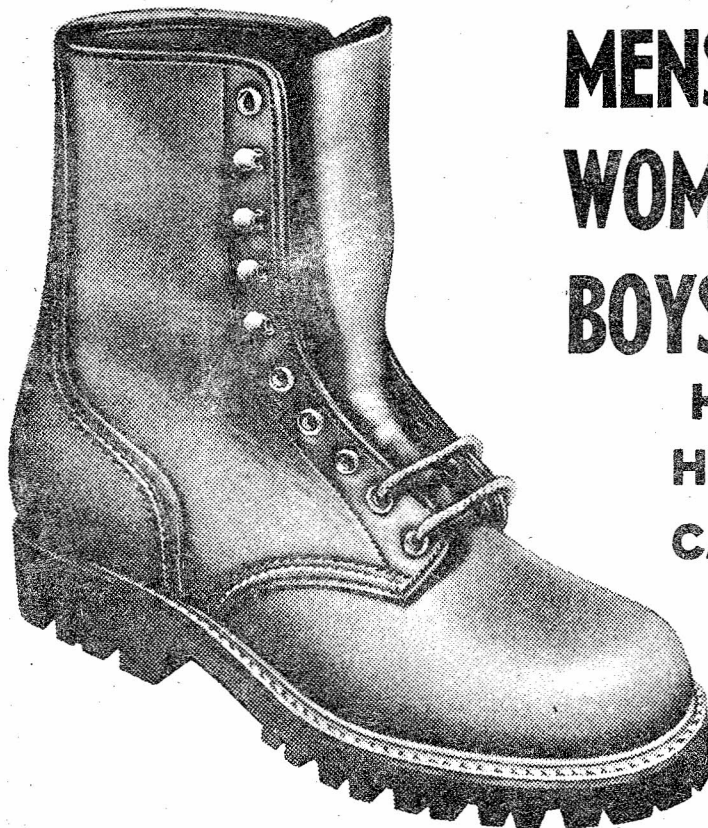
But to those men who are born for mountains, the struggle can never end, until their lives end. To them it holds the very quintessence of living---the fiery core after the lesser parts have been burned away.

On earth there is nothing physically greater than the great unconquered peaks. There is nothing more beautiful. Among their barren snows they hide the ultimate simplicity of spiritual splendor.

---Elizabeth Knowlton

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LOGAN BREAD

FOR WINTERLARDERS

This recipe was snatched from "The Pitch", the newsletter of the rock climbing section of the San Francisco Bay Chapter of the Sierra Club.

For the strong and brave--here is Larry Goldstein's recipe for LOGAN BREAD:

- 4 cups whole wheat flour
- 1 cup Instant Ralston hot cereal (uncooked)
- 1 level tsp. baking powder
- $\frac{1}{2}$ tsp salt
- $\frac{1}{2}$ cup powdered milk
- 2 cups dark brown sugar
- $\frac{1}{2}$ cup blackstrap molasses
- $1\frac{1}{2}$ cups honey
- 2 cups water
- $\frac{3}{4}$ cup melted lard (chicken fat if kosher)

Embellishments

- 1 cup sliced filberts, cashews, raisins, etc.
- 5 heaping tbsps wheat germ
- 3 heaping tbsps malt powder or syrup
- Shredded coconut
- Or most anything lying around the house; refrain from peanuts.

Mix ingredients well, in any order, place in greased pans, and bake at 325° F, for one hour; then, leaving the oven door ajar, dry out for 3-4 hours at 150° F. The result should be as hard as rock (igneous) and almost indestructible from attacks of rodents, weather, mold, or long wear in the pack. It also serves nicely to sharpen your ice ax. Palatability for human consumption increases roughly as the square of the length of time hiking

without food, and more so in rain-storms, blizzards, and while lost. Each loaf contains about 18,000 calories.



In the July, 1969, "Mazama", (a Pacific Northwest group) appears the following notice:

NEW FOREST SERVICE POLICY

A new method for disposal of logging slash and debris is being developed by the Forest Service. The large waste material, defective logs and such, left after clear-cut logging will be "yarded" and piled. Later much of this material may be used for pulpwood chips and other products. What piled material isn't used can be burned at a more favorable time.

Removal of the slash and debris from clear-cut areas will aid in reforestation and future thinning, will help in fighting fires, and will improve the appearance of the areas.

Mr. Charles A. Connaughton, Regional Forester, says: "The policy is a positive step toward cleaner logging areas--and future elimination of slash burning--while at the same time using more material to help meet the growing demand of the American people for wood products".

and for the mountaineer---

Let other orbit to the inhospitable moon---I shall stay with my gigantic friends and let them direct my thoughts to eternal truths.

---John Muir

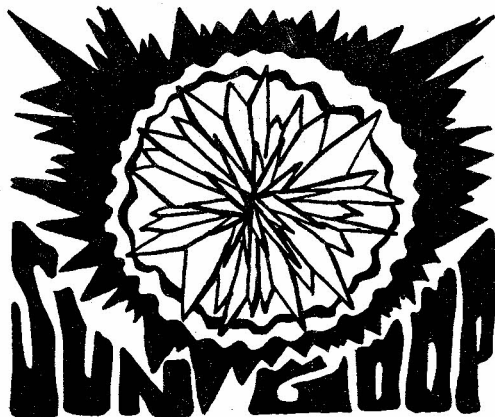
happiness

happiness---

by karil frohboese

----is one female with four male type mountaineers on a nine-day trip in the northern wind river mountains from august 15-24 wherein we hiked from elk hart park up titcomb basin over bonney pass climbing miriam gannett woodrow wilson sphinx warren doublet dinwoody and returning via the east glacier traverse and indian pass in all traveling approximately 80 miles and spending 5½ days above the tree grass and people line skillfully circumnavigating crevasses and bergschrunds braving the daily afternoon rain and snow showers overwhelmed by the beauty of the peaks and glaciers--

bob & karil frohboese plus three WMCers bruce rosenlund joel brown tom stevenson



For us defenders of specific sunburn preparations, here's a slightly more scientific look at a number of products (from the August, 1969, "The Yodeler")

SUNBURN PREPARATIONS

One of the Cascadians (Elmo Florence) has done some research on sunburn preparations exposed to ultra violet light, then washed with water and sponge, and retested. Rates were from 4 (good) to 0 (poor). Results:

Absorbing Agents:

Sol-Bar, Sun Gard, & Surfadil-
4 before washing, 3 after
Uval-3 before, 2 after
Sundare & Noxema Lotions-
2 before, 1 after
Non-allergenic Lotion-1 before,
1 after
A-Fil Stick-0 before, 0 after

Reflecting Agents:

Zinc Oxide and A-Fil Cream-
4 before, 3 after
RVP-2 & RVP-4 before, 2 after
Sea & Ski, Bronze Tan &
Tartan Foam-1 before, 0 after
A-Fil Stick-0 before, 0 after

Lipsticks rated 3 to 2. Sol-Bar and Zinc Oxide were the most difficult to wash off.

photo by Charley Swift of summit of
King's Peak with Dale Green & David George



LODGE BARBECUE WEEKEND DAY

by Clare Davis

Lounge chairs on the front porch were a comfortable setting for afternoon sun bathing and evening barbequing. The emphasis was on everyone doing his own thing. Out of this was created a mixture of barbequing, grilling, frying,

roasting steaks, hamburgers, hot dogs, marshmallows. Mix this with ping pong, laughter, a drawn-out happy hour---much fun.

Overnighters were Sue Nielson; Estelle, Renee, & Teresa Tafoya; Nola & Sylvia Thompson; Margaret & Gina Strickland; Clare & Mel Davis. Saturday night visitors were Betty Bottcher, Norma & Dick Anderson.

Sunday everyone hiked in all directions. Janet Christensen joined us on the way to the lakes. Max & Joan Egly were discovered on the trail and came back to visit at the lodge. Max was lodge director at one time and thought things looked as good as ever. Finishing touches were put on the weekend about 5 p.m. when everyone headed back to the warm, busy valley.

LODGE BARBECUE WEEKEND DAY

"The most beautiful and most profound emotion we can experience is the sensation of the mystical. It is the source of all true science. He to whom this emotion is a stranger, who can no longer wonder and stand rapt in awe, is as good as dead. To know that what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty which our dull faculties can comprehend only in their most primitive forms --this knowledge, this feeling is at the center of true religiousness."

Albert Einstein



Cover photo of East of Jenny Lake, Wyoming by Dave Fitterman

Wasatch Mountain Club business is conducted only on the first and third Wednesdays of each month. At that time, and only at that time, is the mail opened, new membership applications voted on, dues payments recorded, address changes made, lodge rentals approved, and all other business requiring board action conducted. All board members cannot attend all board meetings and although an effort is made to fill in during a member's absence, some business is held for action until the next meeting.

WASATCH MOUNTAIN CLUB

2959 Highland Drive, Salt Lake City, Utah 84106 Phone: 363-7150

APPLICATION FOR MEMBERSHIP

To the Board of Directors:

I hereby apply for membership in the Wasatch Mountain Club. I enclose the \$2.00 entrance fee and \$3.00 dues (spouse, \$1.50). Out of state membership dues are \$1.50 (spouse, \$.75). The club event I have attended is _____ on _____ (date). I agree to abide by all the rules and regulations of the Club as specified in the constitution and by-laws and as determined by the Board of Directors.

Name (Printed) _____

Signature _____

(If spouse membership please include name of spouse (printed) _____

and signature _____

Address _____

City _____ State _____

Zip _____ Phone _____

Recommended by:

Member _____

Director: _____

(Effective 1 September thru 31 December, 1969).

WASATCH MOUNTAIN CLUB, INC.
2959 Highland Drive
Salt Lake City, Utah 84106

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