

The Rambler

MAY 1973



Official publication of THE WASATCH MOUNTAIN CLUB Salt Lake City, Utah

club activities for may 1973

REGISTRATION WITH TRIP LEADERS is important for ski tours since weather and snow conditions can cause cancellation or change in destination. It also aids in organizing car shuttles early enough to avoid delays. Register with the leader by some reasonable hour on the day before the tour.

RATINGS OF SKI TOURS (X,Y) describe the difficulty of the climb (X) and the skiing proficiency required to get down (Y). Both are rated from 1 to 6, in order of increasing difficulty. A detailed description of some popular tours is in the Nov. 1972 Rambler. Contact the leader if you are in doubt about your ability to do the tour.

MAY 3 Evening Climbing at Pete's Rock
Thursday

MAY 5 First session of the Beginners Climbing Course, 9:00 a.m.
Saturday at Storm Mountain. See April Rambler (pp. 15 & 16), for
 details.

MAY 5 Reynolds Peak, El. 9,400, Rating 4.5. The east approach to
Saturday the peak is via Mill D north and past the Dog Lake area. This
 activity is especially suited for families. Meet at the
 mouth of Big Cottonwood Canyon at 8:00 a.m. Leader: John Riley

MAY 5 & 6 Topaz Mountain and Geod Beds. This will be a two-day rock
Saturday, hunting trip. We will go to Topaz Saturday and then leave
Sunday Sunday morning for the geod beds. If you want to come out
 for the Sunday activities only, give Elmer a call. Meet at
 the Prudential Plaza, 3300 South and State at 8:00 a.m.
 Leader: Elmer Boyd, 298-5537.

MAY 5 & 6 San Juan Raft and kayak-canoe trip - Beginner/Intermediate.
Saturday The water prospects for southern Utah are good this year
Sunday and the San Juan should be high and moving well by this
 time. The portal-to-portal trip is quite long but well
 worth the effort. In the event that difficulties arise,
 an alternate trip will go on the Colorado River between
 Dewey Bridge and Moab. Estimated cost, \$27.00. Contact
 Bob Everson, trip leader, 487-0029.

- MAY 6
Sunday North Peak of Thunder Mountain snow climbing route. We will split off from the hikers about 1500 feet below the summit and follow an enjoyable route up the north face. Then we can tag behind the hikers on their way down Bells Canyon. Register with Paul Horton, 262-4695, by Friday, May 4th. Time: 6:00 a.m. Place: Mouth of Little Cottonwood Canyon. The usual skills and equipment are required.
- MAY 6
Sunday North Peak of Thunder Mountain, el. 11,150, Rating 10. The group will go with the mountaineers to about 1,500 feet below the summit where we will take an easier route. This is an advanced hike for experienced people. Be sure to bring an ice axe. Meet at the mouth of Little Cottonwood Canyon at 6:00 a.m. Leader: Harold Goodro, 277-1247.
- MAY 6 Grandeur Peak, El. 8,299, Rating 7.0. The route will be via the west side of the peak involving about a 3,000 foot ascent. This will be a good intermediate hike. Meet at Eastwood Elementary School, 3305 South Wasatch Blvd., at 10:00 a.m. Leader: Chuck Mays, 322-6321.
- MAY 10
Thursday Evening climbing at Storm Mountain. With the longer and warmer days we move to Storm Mountain and its multi-pitch practice climbs. Meet about 5:30 or 6:00 p.m. at the upper parking lot near the reservoir. Beer and hamburgers available for a small fee.
- MAY 13 & 13
Saturday Green River Kayak Trip. If the road and river conditions are right we will head for the lower end of Gray Canyon and try to find a stretch of river suitable for everyone. Check with J. Dewell for details, 295-2754.
- MAY 12
Saturday Mt. Aire, El. 8,620, Rating 3.0. This is a very popular spring hike for the club and is also suited for kids. The whole family can enjoy this one. Meet at the Movie, 3900 South Wasatch Blvd., at 9:00 a.m. Leader: Charlie Swift
- MAY 12
Saturday Big Brush Creek Cave. Although this cave does not have the usual formations that make some caves so attractive, its huge mouth inhales cold moist winter air which freezes into large ice crystals and strange ice stalagmites. Call the leader for equipment details. A 3½ hour one-way drive is required and a transportation fee will be assessed. Leader: Dale Green, 277-6417.
- May 12 & 13
Saturday Barrier Canyon. The spring run-off may cause some problems with this outing. If we can get into the canyon, there are some beautiful Indian ruins to be seen. We will leave Friday afternoon or meet at Temple Mt., at 8:30 a.m., Saturday. Register with Ed Cook, 521-3268.
- MAY 12 Second session of the Beginners Climbing Course.

- MAY 13 Sunday Snow Climb. Since some of the snow climbs will undoubtedly be canceled for some reason or another, this day will be left open to make one up. Call Paul Horton, 262-4695, by Friday, May 11th to register. The usual skills and equipment are required.
- MAY 13 Sunday Mt. Olympus, El. 9,026, Rating 8.0. Come out and work off your frustrations on blister hill. Meet at the mouth of Tolcats Canyon at 8:30 a.m. Leader: Lauren Williams, 466-9734.
- MAY 17 Evening climbing at Storm Mountain .
- MAY 19 Third session of the Beginners Climbing Course, (Saturday).
- MAY 19 Saturday Storm Mountain, El. 9,524, Rating 9.0. This hike will follow a route up Ferguson Canyon which parallels Big Cottonwood Canyon. Meet at the mouth of Big Cottonwood Canyon at 8:30 a.m. Leader: Sam Allan, 486-6834.
- MAY 19 Saturday Haystack Peak, El. 12,101, Rating 10.0. This is one of the highest desert peaks in Utah and is in the Deep Creek Range south of Wendover. We will leave Friday night at 7:00 p.m. Meet at the northeast corner of 13th East and Simpson Ave. Register with Dale Green, 277-6417. There will be a small transportation charge.
- MAY 19 & 20 Saturday This will be an open lodge week-end. Bill and Bette Clayton are hosting this week-end and would like it to be a family week-end. People wishing to stay at the lodge will be responsible for their own food and sleeping gear. They have asked that no babies be brought. If you have any questions or suggestions please call the Claytons at 277-0726.
- MAY 19 & 20 Saturday Upper Dolores River. The section from Slide Rock to Bedrock (45 miles) has been run twice before by the club. Although the scenery is superb and there are many rapids of which some are quite exciting, the length of this section made this trip somewhat difficult and ~~maybe~~ even exhausting. We will, therefore, eliminate about twelve miles and start right where the river enters Slide Rock Canyon. This and the fact that due to heavy snow cover in the headwaters we will have plenty of fast water, will ensure a rewarding and sometimes exciting run. Since this is relatively small river, considerable skills in maneuvering the rafts are necessary. To make the rafts more maneuverable, light gear (only what is absolutely necessary) is mandatory. A small number of kayakers (with minimum gear) can be accommodated. Total road mileage will be about 750 miles. Lets have fun!!! Remember that this section may be dam(n)ed in the near future. Leader: Bob Weatherbee,

262-7800, (328-8711). Meet at the Ice Plant by Friday, May 18, 6:30 p.m. Register with Bob by May 14. A work party will be held on Wednesday May 16, 6:30 p.m. Cost: \$5.00 for use of WMC rafts. An exact figure for cost of transportation was not available at the time of this writing, but will be about 3¢ a mile.

- MAY 20
Sunday Lookout Peak, El. 8,954, Rating 6.0. This is one of the best spring hikes in the Wasatch. From the summit views of East Canyon, Park City, and the Salt Lake Valley can be seen. Meet at the east end of the Hogle Zoo Parking Lot at 8:00 a.m. Leader: Shelly Hyde, 363-9564.
- MAY 23
Wednesday Back-packers meeting. Take the heavy pains out of back-packing. During an evening of casual instruction you can learn how to travel lightly and comfortably. Suggestions will be offered as to which food to take and what kind of clothing to carry. There will be a display of some basic equipment and backpack food. Members of the hiking committee will be present to answer questions which you may have. Meet at Fred Bruenger's at 7:00 p.m., 2590 Yermo Avenue, or call Bill Rosqvist, 295-0458.
- MAY 24
Evening climbing at Storm Mountain.
- MAY 26
Saturday Big Black, El. 8,958, Rating 8.0. After Little Black, Big Black on the north side seems to be the logical sequence. There is likely to be some snow left. Meet at O'Dell's Shop at 8:00 a.m. Leader: Carl Bauer, 355-6036.
- MAY 26
Saturday Grandview Peak via Mueller Park, El. 9,410, Rating 10.5. There is another hike we haven't done too often. This is for the advanced hiker. Meet O'Dell's Shop at 7:00 a.m. Leader: Alan Wickham.
- MAY 26
Saturday Grandview Peak via Mueller Park, El. 9,400, Rating 10.5. There is another hike we haven't done too often. This is for the advanced hiker. Meet O'Dell's Shop at 7:00 a.m. Leader: Alan Wickham.
- MAY 26
Saturday Spanish Fork Peak. This is a new hike not previously done by the club (thus no rating). The spring scenery will be very beautiful. From the summit you can get a grand view of the central valleys. Meet at Auerbach's at Fashion Place Mall at 7:00 a.m. Leader: Sam Allan, 486-6834.
- MAY 26-29
Saturday
Tuesday Desolation Canyon. This is probably the club's most popular river trip, which for many years has drawn the interest of oldtimers and relatively newcomers alike. There are numerous excellent rapids on this stretch and names like Melvin, Coal Creek, Wire Fence and Rattlesnake make the heart of every old River Runner beat a little faster. As usual, during the first day we will rig the rafts and use the motor on the quiet section from Ouray to the head of

Desolation Canyon. From the second day on, the force of your muscles will determine the horsepower of your raft. Come out ye olde river runners and enjoy the roar of the rapids to the tune of some 30,000 + CF's. A few real experts in kayaks can be accomodated, but remember this section of the river is no kid's stuff. Register with Fred W. Bruenger, 485-1423, by May 20. Meet at the Ice Plant on Friday, May 25, 7:00 p.m. A work party will be hald on Wednesday, May 23, at 6:30 p.m. at the Ice Plant. Cost: \$10.00 for use of WMC rafts. An exact figure for the cost of transportation was not available at the time of this writing. Considering the lay-over time for the driver, the estimated cost will be about 4-cents a mile.

- MAY 27
Sunday
Grandeur Peak, El. 8,299, Rating 4.5. Here's your opportunity to do this popular hike again. Meet at the Movie, 3900 South Wasatch Blvd., at 8:30 a.m. Leader: Charles Keller.
- MAY 28
Monday
Deseret Peak, El. 11,031, Rating 8.0. This is the highest peak of the Stansbury Range and therefore the view of the Salt Lake Desert and the surrounding mountain ranges is fantastic. Some club members might want to spend most of the weekend in this area. Register with leader: Pat King, 486-9705.
- MAY 28
Monday
Desolation Lake, Rating 3.0. While our stronger members feel their muscles trying Deseret Peak, the less vigorous can relax on this easy beginner's trip. Meet at the mouth of Big Cottonwood Canyon at 8:00 a.m. Leader: Oliver Richards. 484-8097
- MAY 30
Wednesday
Mt. Aire, El. 8,620, Rating 3.0. If you missed this hike a couple of weeks ago, here is your chance. Meet at the Movie, 3900 South Wasatch Blvd., at 9:00 a.m. Leader: Liz Choules, 363-9966.
- MAY 31
Thursday
Hiker's Course, Session I. If you want to get some know-how from an experienced hiker, meet at the amphitheater at Storm Mountain picnic area at 7:00 p.m. Sharp! Leader: Dale Green. 277-6417
- MAY 31
Thursday
Evening climbing at Storm Mountain.
- JUNE 2
Saturday
South Ridge of Mt. Superior Snow Climb. This beautiful Alpine route is a worthwhile scramble even if all the snow has melted. This one has quite a bit of exposure. The usual skills and equipment are required. Register with Paul Horton, 262-4695, by Friday, June 1. Time: 7:00 a.m. Place: The mouth of Little Cottonwood Canyon.

- JUNE 2 & 3 San Rafael River Kayak and Canoe Trip. It looks like a
Saturday very good water year for this easy and scenic float in a
Sunday deep canyon through the San Rafael Bridge campground is
 excellent for both kayaks and open canoes. Register by
 May 30 with Jim Byrne, 582-5631, so that shuttle arrangements
 may be made in advance.
- JUNE 2 & 3 Family River Trip - I will reiterate the plea in last year's
Saturday RAMBLER. There has been a problem in the past sol i t i n g
Sunday leaders for these trips, so interested persons are encouraged
 to step forth. In addition, there has been a shortage of
 parents experienced in river running, thereby leaving the
 boats underpowered and placing the burden of responsibility
 on a few. As such, parents will be required to have been
 on at least one beginner trip or the consent of the Trip
 Leader. This step is necessary to insure the safety of
 both your family and others sharing your boat.
- JUNE 2 Clayton Peak. This will be a beautiful hike this time of
Saturday year. Leader: ???
- JUNE 2 Butterfield Peak, El. 9,303, Rating 3.0. This is an easy
Saturday hike which offers a beautiful view of the Wasatch from
 Ogden to Nephi. Leader: ???
- JUNE 3 Wildcat Ridge. El. 10,242, Rating 18.0. The big beat out.
Sunday
- JUNE 5 First Aid Course. Once again Burt Janis will teach a
& 12 course in First Aid for the Mountain Club. It will be
(Tentat) geared to the particular needs of the hiker-mountaineer-
 tourist; situations that most commonly arise in the mountains
 will be given the most attention. It is suggested that
 you read a Red Cross First Aid manual before attending the
 course to get some general background. (This is a good book
 to have in your home anyway.) The dates are tentative at
 this time so call Dave Hanscom, 487-6065 for details.
- JUNE 3 Ayre Peak. El.?, Rating about 4.0. This is another new hike
Sunday which the club has never done before. It is in the Ogden
 Canyon Area and will give you an opportunity to expand your
 horizons. Meet at the Chevron Station 1 3/4 miles north
 of Lagoon at the junction of U.S. Highway 89 and State
 Highways 273 and 272 at 8:30 a.m. Leader: Gerri Abrams,
 376-5155 (Kaysville).
- JUNE 9-12 Yampa - Green River Trip, Intermediate. Come join us on
Saturday this beautiful stretch of river from Deer Lodge, Colorado
Tuesday through Dinosaur National Monument to Vernal, Utah.
 Reservations made by sending \$5.00 to the leader. Total
 cost will be about \$25.00 plus food costs. Balance to

be paid at the work party to be held on Wednesday, June 6, 6:30 p.m. at the Union Pacific Ice Plant, 430 West Second North. Leaders are Bob Nelson and Dennis Webb, 3275 Oakcliff Drive, S.C.C., 278-6507. Any inquiries concerning this trip should be made to either Bob or Dennis.

JUNE 7
Thursday

Evening climb at Storm Mountain.

JUNE 9
Saturday

Lone Peak, El. 11,253, Rating 11.0.

JUNE 10
Sunday

Hayden Peak Snow Climb. To cap off the snow climbing season, we will ascend this fine peak near Mirror Lake in the Uintas. Some may wish to go up and camp the night before. If the road is not yet open, this climb will be done either on Sunday the 17th, or Saturday the 23rd. Call Paul Horton, 262-4695, by Friday, June 8th for the time and meeting place. The usual skills, equipment, and registration are required.

JUNE 16
Saturday

Second beat out hike, Red Pine to Bells. Rating 17.0.

JUNE 16-17
Saturday
Sunday

Beginner Teenage River Trip will be from Dewey Bridge to Moab on the Colorado River. This trip will supply the necessary experience to those who haven't run rivers before- and give those who haven't run rivers before- and those who have- the opportunity to captain a raft. Register by sending a \$5.00 deposit to Bob Everson, 2613 Imperial Street, S.L.C., 84106. Trip leader: Dan Thomas.

JUNE 30-
JULY 1

Zion Narrows (hike) - More next month.

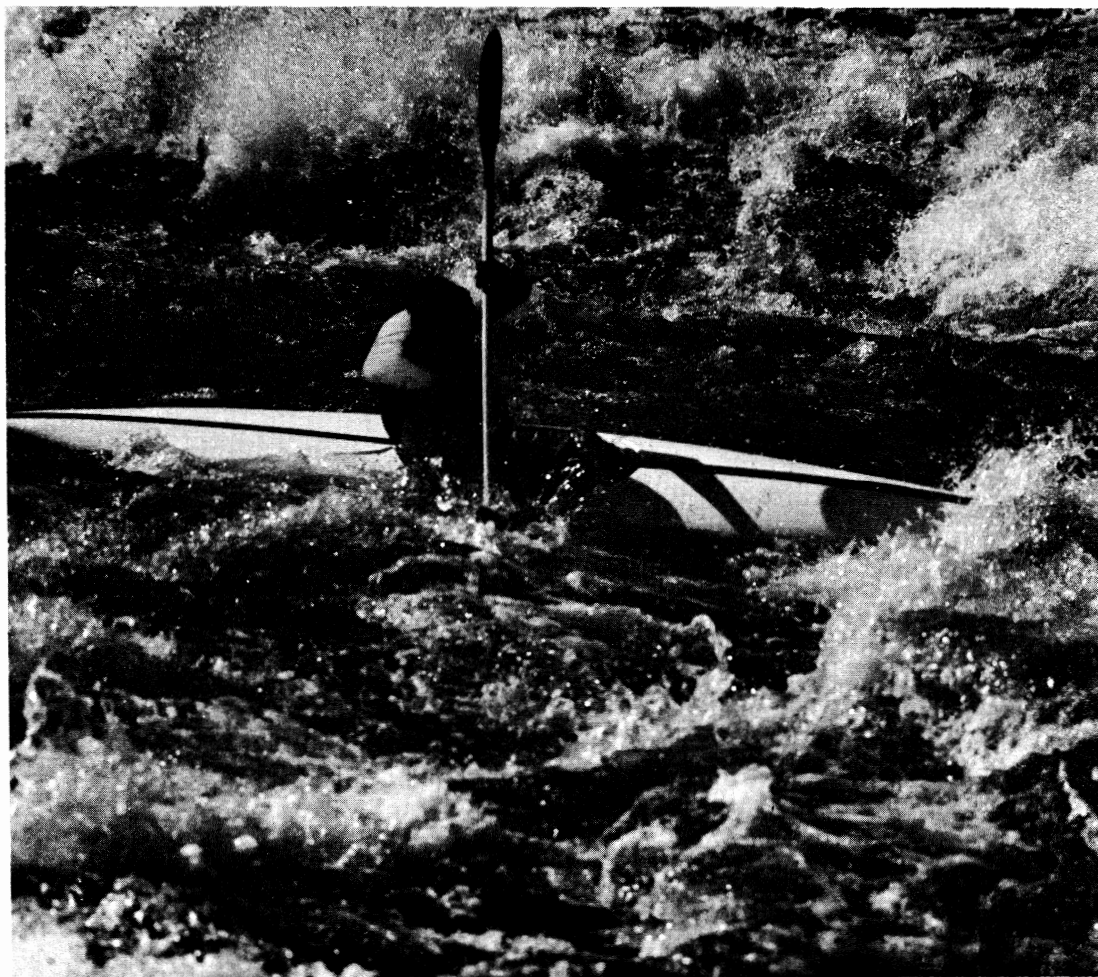
JULY 10-14
Tuesday
Saturday

Middle Fork Salmon River Trip - Advanced. This trip goes through the scenic Idaho Primitive area. We will start at Dagger Falls and take out at Corn Creek. Popularity of this river is shown by the fact that trips are rationed. The Forest Service limits us to 15 members. Since the river reservation starts on a Tuesday, we would like to know if any participants are interested in extending the trip to include camping and hiking in the area on the preceding weekend. Trip leaders: Bob Everson and Ken McCarty. Register with a \$5.00 deposit to Ken McCarty, 1136 East 2700 South, Apt. #142, S.L.C., Utah 84106, 466-3297.

JUNE 30
July 1
Saturday
Sunday

Snake River Alpine Canyon Raft, Kayak, Hiking trip.
(Tentative) Lower Intermediate.

help save our rivers!



"I'll come back as a what...?"

The Autonomous Kayaker
photo by ?

news and notices

THANKS

...to my assistants Doti & Buzz
Marden, Sherry Naylor & Audrey Stevens.
...to Sherry Naylor and Judy Ching for
typing this months RAMBLER
...to George and Georgia Randall,
Janet Fisher, Alexis Kelner, Cal
Giddings, & Jim Byrne for helping
mail the March RAMBLER
...to Janet Fisher, and George and
Georgia Randall for mailing the
April RAMBLER

This month begins a series of "Guest Editorials". The author this month has written a most appropriate article which relates to both the recent "meat crisis", and the Easter Holiday. You will find Bill Hess' contribution "Beefing' about GREEK MEAT" on p.13.

If you have some ideas you want to share with the rest of us hungry RAMBLER readers, submit your "Letter to the Editor" by May 13 for consideration for the June issue. If your letter isn't chosen the month it's submitted, it may, if still appropriate, be published at a future date.

My apologies to you all for the early deadline date. I plan to be out of town on the 14-15, and want to make certain you'll get your JUNE RAMBLER on time.

DEADLINE

...for the June RAMBLER is June 13. Please have your articles and schedules TYPED and mailed to Lorraine Seager, 2655 East 2940 South, S.L.C., 84109; 484-2628.

FROM THE TRANSPORTATION DIRECTOR
J. Dewell

You will note that inflation has struck the WMC. We are no longer using our old bus, but we are renting transportation at commercial rates instead. The trip costs you see in the Rambler must be considered estimates until we can get more experience. After the San Juan trip we should have firm costs.

The present estimates include as much cost to transport the gear as to transport the people. This information is based on past experience. If less gear were hauled the trips would cost less..so, it's up to you..!

Anyone who would like to think up a new design for the Wasatch Mountain Club letterhead is invited to do so. Our current supply is low and we are interested in having a more up-to-date letterhead in the future. Please send your ideas to Marilyn Bateman, 1993 Douglas Street, Salt Lake City, Utah 84105 Phone: 466-3132.



NOTICE

The Wasatch Mountain Club is sponsoring the publication of a trail guide of the hiking trails in the three main canyons of the Wasatch Front to be called "Wasatch Trails". It is being edited by Betty Bottcher and Mel Davis with the help of several other club members. It should be available in June so watch the RAMBLER for further information.

HIKING NOTES by BILL ROSQVIST

I would like to thank all the generous members who have offered to lead hikes. It is gratifying to know we have people in the club who are willing to accept the responsibility of hike leadership. If you have not been called upon to lead and would like the opportunity, please give me a call. The hiking committee is trying to establish some new hikes to the north and south of the Salt Lake area. If you know about such hikes or know someone who does, please call me. I would especially like to see us try Ben Lomond near Ogden. Any comments or suggestions you may have will be very welcome and most helpful. Good Hiking!!!

BILL & RONNIE ROSQVIST
HAD A BABY BOY

BARBIE & BARRY QUINN
HAD A BABY BOY

DOTTIE & JIM BYRNE
HAD A BABY BOY



"Hey, was that one if by land...?"

SHIPROCK, by David Smith



WHITE BALDY SKI TOUR (OR WHITE MADNESS?)
By David Smith

As always, this was to be a perfect ski tour. Leaving cars in front of White Pine Canyon, we would first tour through dense aspen, then through large pine to reach lower Red Pine Lake. With our goal in sight, we would climb the ridge above the lakes. From here it would be a short scramble to the top of White Baldy.

However, as is often the case, this was not a perfect tour. A storm was building over the valley. A few inches of new snow had already fallen in the mountains. We seven decided to tour only to Red Pine Lake. Though not properly equipped, Dirk and Mick agreed to follow their masters through the powder snow. While I'm sure they thought we were insane, their total dedication would not let them turn back.

Touring through the large pines just below Lower Red Pine Lake was especially scenic. Large snow flakes gently settled down through the tall trees. As we came into the open area above the lower lake, a gale-force wind struck us head-on. I decided to push onto the upper lake. Just before reaching the upper lake, I kicked off a small avalanche which carried Dwight, me and our dogs for about 30 feet. When everything stopped, three of us were either on top or were able to dig ourselves out. But Dirk was missing! The party formed a probe line and started a methodical search of the area. After an hour of rigorous work, Charlie felt his probe strike something firm. Digging down two feet below the surface, we found Dirk a somewhat bewildered but healthy dog. At this point, we praised Odin and enjoyed the powder skiing back to the cars.

Participants: Vern Kylingstadt, Charlie Leslie, Dwight Nicholson, Bob Odom, Yukio ?, Dirk, Mick and the not so all-knowing leader Dave Smith.

THE
**GHOST OF MT.
SUPERIOR
wins
again!**

By Larry
Swanson

Once upon a time in a far away land there lived an old, old ski tourer. When the ski tourer knew death was very near he called his son (Dave Hanscom) to his bedside. "Thou hast a mission: said the old mountain man. "You must find the secret of the MT. SUPERIOR - LAKE BLANCHE SKI TOUR. My Father and his Father before him have tried and failed - now it rests on your shoulders my son."

Alas - the secret remained hidden. Avalanches, blizzards, and winds each intervened, as if guided by some mysterious evil hand, to prevent WMC from discovering the magic key that would unlock the mystical route. After three unsuccessful tries by the WMC, Dave called upon me to break the spell.

Throwing caution aside, I was determined that I could beat the elements. Saturday was spent in putting up a track to the base of Cardiac Ridge in order to provide a rapid ascent on Sunday. Sunday dawned as if a giant snowball filled the heavens. Snow loaded slopes to the avalanche point, and obscured all that must be seen. The evil spirits had won again and I had lost.

Choking back the tears, my cadre of loyal followers and I scooted up Mill D to Desolation Lake, headed towards Scotts Pass, but ducked down a little early to Solitude and on down canyon to the Spruces. RATS!!

Tourers were Mike Coffeen and I.

"Beefing" About

GREEK MEAT

by
Bill Hess

They don't really eat much beef. Anyone who has visited Greece can tell you that. Besides fifteen ways of fixing lamb, and ten ways of roasting a chicken, all you are likely to be served in Greece is sea food, or some skinny veal. It has been that way for nearly three thousand years. But once upon a time, their ancestors, the Greeks of Homer's time, loved a good roasted ox on festival days. What happened?

The remote ancestors of the Greeks were a nomadic herding people living somewhere in South Russia, and they must have eaten lots of beef and dairy products. Even when they invaded what is now Greece, about 1500 B.C., they found a culture that worshipped the cow and the bull as sacred incarnations of the fertility principle, and cheerfully ate these gods at periodic public feasts. But the population was sparse then, and as it grew, over the centuries, the good land that cattle need for pasturage had to be used more and more to raise grain to feed the human population explosion. Even so, there had never been enough good land in Greece for agriculture, so the people turned to the sea for food, and to the two staple crops that will grow on poor, rocky land -- the olive and the grape -- sacred to Athena and to Dionysus, as the cow and bull had been sacred to Hera and Zeus. Sheep and goats thrive on poorer pasture than cattle, so what little fresh meat the people could get would be as it remains today -- lamb and lamb and lamb! (With maybe mutton and cabrito for variety!) But the poor could not even afford lamb in ancient times, except for great occasions, so the ordinary diet was grain -- baked into bread or cracked for porridge-soup -- with olive oil for fat and protein and onions and garlic for flavor and vitamins. The drink was wine, of course, diluted with water to make it go farther and weaken its potency. The only common dairy product was cheese, since the hot climate, and no way of refrigeration, ruled out butter or wide-spread milk-drinking.

This low-fat and low cholesterol diet did keep the people lean and energetic, if somewhat short (by modern standards). The noticeable gap in their diet is the lack of most of the familiar vegetables and fruits that even poor Greeks of today can obtain, such as cucumbers and tomatoes, and oranges, which hadn't been discovered yet. Of course there were apples and pears, but only in season, and even then, beyond the reach of the urban poor.

But back to beef. Of course, there were some cattle, and so, some beef -- for the very rich only. Except that, on great feast days, once or twice a year, some rich man would buy some oxen, have them slaughtered as a sacrifice to some patron god, and invite the whole village or neighborhood to be his (and the god's) guests at the barbecue. Because of the lack of refrigeration, the whole thing had to be eaten at once, and because no large animal was ever killed except as a sacrifice, the profession of butcher was closely attached to that of a religious official (as among Orthodox Jews today). It was because of this religious connection between meat and pagan sacrifice that St. Paul advised the early Christians to avoid meat altogether (in his First Letter to the Corinthians).

One small group already avoided meat altogether, however -- the curious philosophical-mystical sect of Pythagoreans. This group is known to history mainly because its founder, Pythagoras, discovered an interesting fact about "the square on the hypotenuse of a right triangle." But the Pythagoreans abstained from all animal food, even fish or eggs or cheese, and also, curiously, from beans (which they considered to be animal in "spirit")!

One other small group, however, deliberately ate a high-protein, nearly all-meat diet -- the professional athletes. Their trainers and wealthy sponsors provided them lavishly with scarce and expensive beef, in the belief that it built muscle-power and endurance. One champion, Milo by name, could literally lift an ox off its feet (he had started practicing with it when it was a calf)!

Abstaining from meat was much encouraged by the Greek Orthodox Church when Christianity finally became the religion of the Greeks, though only monks were expected to go without meat altogether. The rules for keeping the season of "Lent" are much stricter in Greece than in the Roman Catholic Church, and for forty days before Easter, no pious Greek will touch any animal food, even fish (permitted to Catholics), or even eggs or the oil in a can of sardines. As an outsider, though, you could still get your usual lamb dolmas in the tourist restaurants, or the delicious octopus hors d'oeuvres. Don't ask for a thick beefsteak, though -- you'll only get veal!

WILDLIFE

WASATCH WILDLIFE
Rocky Mountain Goats
Mike Henderson

About three years ago, a project to reintroduce Rocky Mountain Goats into the Wasatch Range was initiated. The initial plant was in the Lone Peak area and consisted of ten animals. The results of this project have not been determined due to the inaccessability of the area and the habitat of the Mountain Goat. In general, Mountain Goats frequent crags, steep rocky hillsides and occasionally sides of cliffs.

As club members are often in Little Cottonwood Area, the Forest Service would like your help. If you should see any of these animals (generally seen as white spot against the side of a cliff or hillside), the Forest Service Wildlife Division would like to know about it to help in their study of this reintroduction project.

Also, I would like to know if any club members would be interested in a hike later in the year to possibly photograph these animals. (The hike would probably be rated at 10 or above and the chances of getting close to the Goats might be small.)

This past year a proposed Big Horn Sheep Reintroduction was studied by the Forest Service and the Utah State Division of Wildlife Resources. The proposed project area extends from Millcreek Canyon on the north to Mt. Nebo on the south. These areas have been confirmed as past sheep habitat and the environmental report shows these areas to still be conducive as Sheep habitat. Public hearings were held in Utah County and the response was overwhelmingly in favor of this project.

The project now appears to be almost certain and will probably start in two to three years; but it should be noted that the proposed and unproposed developments in the Wasatch Mountains could seriously deplete the Bighorn range and have a detrimental effect on the reintroduction project.



"I can't believe I skied the whole thing!"
15

Bob Odom Approaching Pfeifferhorn
photo by David Smith

NORDIC TOUR

PARK CITY TO MIDWAY

By Kay Millar

On Sunday, March 25, Buzz and Doti Marden met their band of coffee drinking skiers, and after a delay, caused by Bob Everson's bleeding toe, we were off! The whole group drove to Wasatch Mtn. State Park to plant some cars, then back to Park City and the Guardsmans' Pass road to get skiing at last. However, while following the road vertically for three or four miles we found ourselves slipping extensively. In the debate that followed, regarding proper wax to help eliminate our "slipping" problem, we finally decided by actual vote that purple was our best bet.

We made the top a little after noon and had lunch of the usual goodies and wine made all the more enjoyable by the scenery and the perfect weather which was warm and sunny. A hoard of snowmobiles came around to annoy us, but we found consolation by expressing ourselves with ski poles strategically planted and angled in the snow.

The first half of the run down was sheer delight; long, gentle runs, good snow, no snowmobiles, the steady sunshine, and even an open stream for the thirsty ones. Those who skied out early had lots of time to relax and swim in the warm pool at the Homestead; and some were on their way home when the stragglers came out after five o'clock.

The slow ones were rewarded with several miles of glare ice at the bottom, which was no fun for the skiers and which scratched off the base coat as well as the wax from the skis. (In addition, the wine and the Wylers had given out long before.) However, one consolation was offerings of cold beer by Wick Miller who was immediately appointed hero of the day.

The Mardens deserve special thanks for sharing one of their favorite tours; for all the shuttling in the van; and for including the warm springs swim in the plans. This was a good tour for a wide range of skiing abilities. The 10 to 12 miles was long enough to work out the experienced skiers, and yet gentle enough for the novice.

The sunburned and happy skiers were: Buzz and Doti Marden, Jeanine Wendel, Richard Wagner, George Swanson, Bob Everson, Lyman Lewis, Dave Parry, Wick Miller, Don Carlton, June Zonker, John and Barbara Reid, Kay Millar, Marianne Fraser, Chuck Menz, Randy Baker and Emil Lawton.

STILLWATER

NORDIC TOUR

By Wick R. Miller

Because of the widely held, though erroneous belief that University people are not illiterate, the task of write-up fell to me. In the pre-dawn light at 6:00 A.M., April 8, our trusty crew gathered at the K-Mart parking lot, and were underway ten minutes later. By 8:30 we were skiing into the Uintas.

The weather was crisp but not cold. The wind was slight, and the sun out most of the day. The snow and skiing conditions were perfect, and the distance skied was about 12 to 15 miles. The novices, including this one, came out hardened touring addicts (helped along by the fact there were no steep down hill slopes along the way).

We numbered an even baker's dozen: Milt Hokanson (leader), Dave Smith, Richard Wagner, Rocky and Sharon McDermott, Debbie Hatch, Mike Maack, Mike Shaw, Mike and Karen Bogart, Dave Troechler, Marshall Ralph, and Wick Miller.



"Hey you guys, help me find my contacts!"

Loan Peak by Alexis Kelner

lone peak bulletin

By Dennis Caldwell

Once again it is time to turn our attention toward the mountains, which as the snow recede, are facing the annual spring offensive. Despite the fact that, as a result of our efforts last year, a considerably expanded Lone Peak Wilderness is currently before Congress in the form of Senator Moss' new senate bill and Congressman Owens' house bill to establish this area, we can by no means afford to be complacent. We cannot expect that land coveted by powerful vested interests will be yielded without energetic measures. Opposition to the inclusion of White Pine and American Fork Twins is being rallied both locally and nationally on a massive basis. Persistent efforts are being made to exclude Box Elder Peak, which have gained considerable sympathy in both local and federal government circles. In short, now is the time to reaffirm in the form of communications to Senator Moss and Congressman Owens and their congressional colleagues our support for a Lone Peak Wilderness, large enough to accomplish its intended aim of protecting the watershed and natural resource potential of this land, as well as preserving the intangible but nonetheless important natural attributes that make this the most unique alpine area in Utah.

As concerned citizens with a first hand knowledge of this terrain it is incumbent on us to publicize the benefits to the community expected from the realization of the proposal. In recent years there has developed a wilderness dialectic which in many cases has served to mire both sides of a given question down in largely unrepresentative arguments over this general concept. Among the most universally held misconceptions is the notion that virtually the sole reason for the creation of wilderness areas is low density recreation, back-packing, climbing, cross country skiing etc. Not even within the National Park System, where particular consideration is given to these matters, can it be said that the unsung attributes of wilderness are by any means neglected.

In order to elaborate on this point, we must explore the consequences of a completely wide open development policy on natural resources, recreational as well as economic. Human nature being what it is, we can readily imagine the state that would be reached in a few decades if we were to continue unabated to run through these resources in our accustomed manner without the proper incentives to seek the inevitable alternatives to the present modus vivendi. By establishing such wilderness reserves we provide ourselves with the necessary insurance against resource bankruptcy. To continue with the financial metaphor, a nation which shrinks these reserves to a critically small size is like a person who continually depletes his savings under the mistaken impression that his income is assured for life, only to find both to run out simultaneously. We must agree from the purely economic standpoint that if the wilderness system is not intelligently used in conjunction with a policy aimed at a consumption rate that does not require further depletion, then much of this effort will have been in vain.

A somewhat small area like Lone Peak may not by itself play a crucial role in this grand plan, but when it is remembered that this is but one of many similar tracts throughout Utah and the nation its relative importance cannot be lightly dismissed. Thus, if one unconsciously accepts the recreational ontological basis for the existence of wilderness then it is only a question of time before he is hopelessly entangled in the uneven numerical contest between the wilderness users and the majority of non users, from which follow a torrent of arguments in favor of unlimited development allegedly for the benefit of all the people, to be restricted only by topographical and economic barriers.

This does not by any means suggest that we should spare any adjectives in singing the praises of the Lone Peak Area not only for the "privileged few" who are enriched by traversing its ridges and valleys, but for the many thousands of visitors who merely circumnavigate its boundaries and are treated to the singular pleasure of gazing up into God's country. It is good, however, to maintain a proper perspective on the situation and not allow ourselves to be misled by statistics aimed at establishing the recreational inferiority of wilderness areas.

We have periodically communicated the views of your board of directors to senators and congressmen, but the efforts must be reinforced by considerable participation from club members at large. Accordingly we urge you to write without delay letters to Senator Moss and Representative Owens, who have taken a particularly active interest in Lone Peak, as well as to Senator Bennett and Representative McKay. (The southern part of the proposed area is in his district and it is important that he hear our side of the story.) As a guideline you may wish to discuss any or all of the following points:

- (1) The general philosophy of wilderness and the role areas like Lone Peak are expected to play in the national system.
- (2) The importance of an expanded Lone Peak area for protecting watershed and other resource values and for maintaining a safeguard against excessive development along this important section of the Wasatch Front. (On this point it should be emphasized that conservation-minded organizations do not regard ski resorts with disdain, as evidenced by our large per capita patronage of these areas, but are concerned about the impending oversaturation of local regions of the Wasatch. A detailed exposition of all the existing and committed future facilities on both sides of the range would be useful.)
- (3) The recreational benefits the area affords to both intensive and leisurely sports enthusiasts, as well as its accessibility and visibility from the roads which bound it on three sides.
- (4) The inadequacy of a wilderness purism decreeing that only areas which have never known a pick and shovel and are themselves surrounded by desolate regions are suitable for being conferred with this classification.

(5) The consequences such a small wilderness area would suffer by denying it significant tracts of de facto wilderness which together with the core form an organic whole: in particular, White Pine Canyon, American Fork Twins and Box Elder Peak must be included within the final boundaries (as they are in the senate bill submitted by Senator Moss, with the exception of parts of White Pine, which we now believe should be strongly considered for inclusion in the final boundary, since considerable precedents for converting the jeep road into a trail have come to light. The Owens House Bill contains all of White Pine!)

(6) The principle of excluding contiguous areas for the benefit of special corporate interests; in particular specific comments are in order on the need for the inclusion of White Pine Canyon, both in its own right and as an undeveloped buffer zone (our legislators will be receiving many dissenting letters on this point.) and also on the crucial issue of maintaining American Fork Twins, a vital pendant of the Lone Peak Area, free from any structures.

Send your letters to Senator Moss and Congressman Owens with copies to Senator Bennett, Congressman McKay and Regional Forester Vern Hamre. Otherwise, if you are really ambitious, send separate letters, which are always so much more effective than copies to all of them.

IF ALL THIS SEEMS ENORMOUSLY COMPLICATED, SIMPLY WRITE SENATOR MOSS A FEW LINES IN SUPPORT OF HIS BILL ASKING THAT ALL OF WHITE PINE BE INCLUDED AND, SIMPLER STILL, ENDORSE CONGRESSMAN OWENS' HOUSE BILL AS WRITTEN.

Addresses:

Senator Frank E. Moss
New Senate Office Building
Washington, D.C. 20510

Congressman Wayne Owens
United States House of Representatives
Room 222, Cannon Building
Washington, D.C. 20515

Senator Wallace E. Bennett
United States Senate
New Senate Office Building
Washington, D.C. 20510

Congressman K. Gunn McKay
1421 Longworth Building
Washington, D.C. 20510

Regional Forester Vern Hamre
Federal Building
Ogden, Utah 84401

Wasatch Mountain Club business is conducted only on the first and third Wednesdays of each month. At that time, and only at that time, is the mail opened, new membership applications voted on, dues payments recorded, address changes made, and all other business requiring board action conducted. All board members cannot attend all board meetings and although an effort is made to fill in during a member's absence, some business is held for action until next meeting.

icebreaker kayak and canoe trip



"You tiptoe up on em
while I keep a lookout!"

Ice Breaker Canoe & Kayak Trip
Roger Turnes

On March 23 at the boating party held at the lodge, Odin called, therefore a loyal few ventured forth in order to appease Odin's winter frustrations. Thanks to this wild venture, this year's river trips should some-what be spared from Odin's unpredictable rath. Being somewhat benevolent that Friday night, Odin decreed that we should forthwith, meaning Saturday afternoon descend the upper Provo.

After a somewhat delayed start and a minor detour to a local emporium for some courage, we arrived at the put-in by 4:00 P.M. By putting on all possible protective clothing, gathering all possible courage, and trudging through knee-deep snow, we were then able to begin to loosen winter-softened muscles. As a result of our tardiness, Odin decreed that two should be sacrificed to the chilly waters. As would be expected the trestles became the arms of Odin and grabbed the poor unfortunates.

In the failing light, the take-out was just below the second trestle. Further paddling would have been foolish since ice on the decks of the boats is an ominous sign.

Participants were Roger and Terry Turnes and son Kevin, Joan Snyder, Marty MacKnight, Jim Mason and Conrad Hunsaker.

THIS IS A CALL FOR PICTURES
BLACK AND WHITE GLOSSY!

PICTURES OF HIKING-

BOATING-CLIMBING-

PEOPLE INVOLVED DOING

WASATCH MOUNTAIN CLUB

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MEDIUM ONES-SUBMIT YOURS

FOR CONSIDERATION

TODAY!

where does all the snow go?

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RIVERS AND
FIND OUT IN
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OR RAFT FROM

intermountain
white water

HIP KAYAKS
AND CANOES-
GRUMANN
CANOES

RAFTS, PADDLES,
LIFE-JACKETS,
HELMETS, AND
A COMPLETE
LINE OF
RIVER
RUNNING
SUPPLIES.

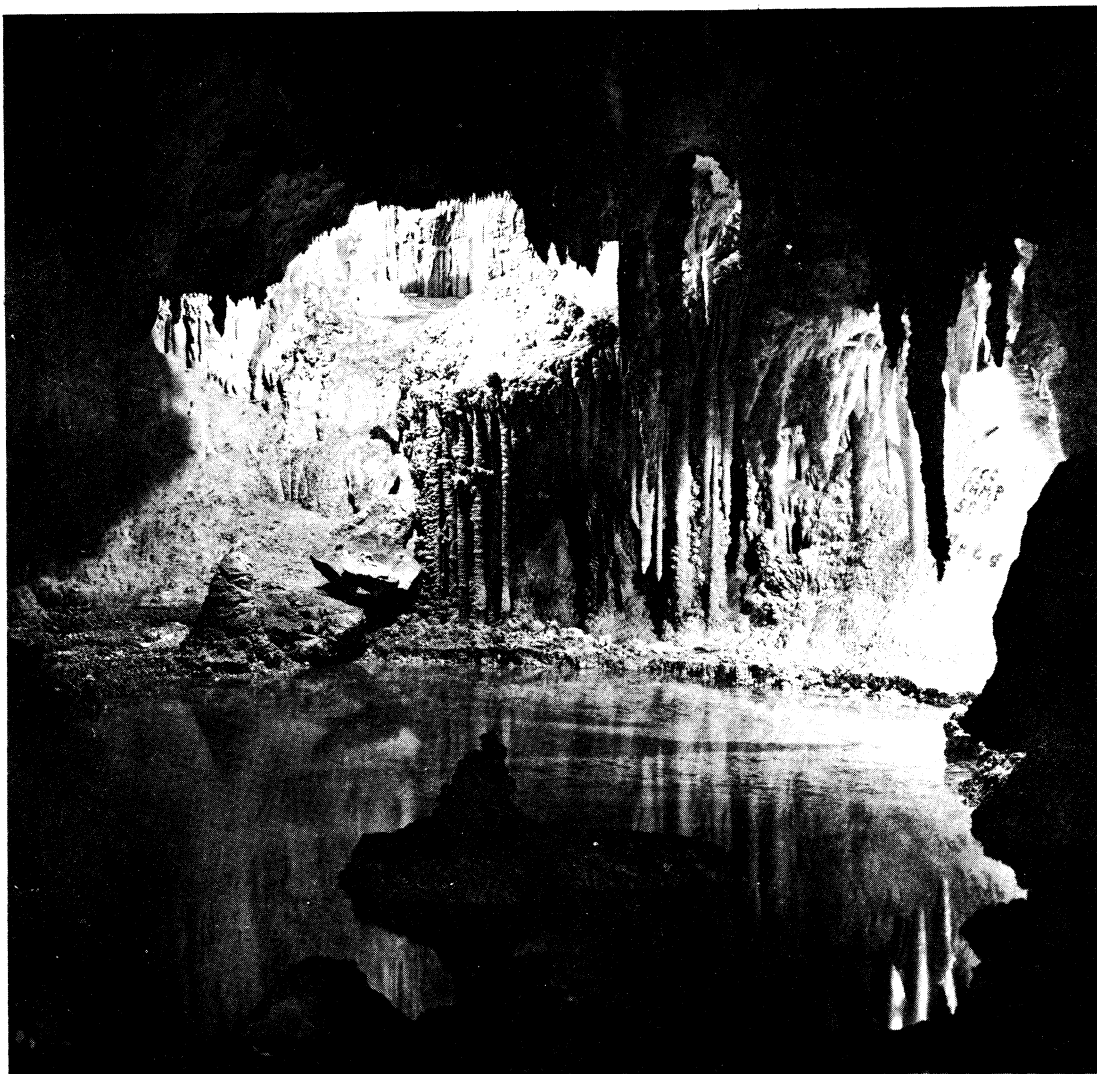
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"Unknown" cave by
a ghost photographer

"See...whtd I say?"

CAVING

THIS IS NOT AN ARTICLE ON CAVE EXPLORING
BY Dale Green

I have been asked to write an article on cave exploring by the new Rambler editor. Although I wrote such an article two years ago, I must decline this time. My reason was published in the February 1973 issue of the NSS News, official publication of the National Speleological Society of which I am a member:

"BE IT RESOLVED, the National Speleological Society will formally oppose public recruiting for new members where new cavers are likely to be created. It will, accordingly, strongly discourage its internal organizations from doing so. It is not the intent of this resolution to discourage recruitment of existing non-NSS cavers, nor specific individuals who are likely to make a net positive contribution to speleology.'

With these words, on 18 August, 1972, the NSS Board of Governors acknowledged the population explosion, an affluent society, and the combined impact of these upon both inherent cave values, scientific and aesthetic, and future of enjoyment of cave exploration."

Although written for guidance of internal organizations, the resolution applies to individual members also and I am in full agreement with its purpose. Most of Utah's caves are small and show the effects of too many visits. Even the most careful, conscientious, conservation minded caver leaves his mark. The best protected cave in the state, Timpanogos Cave National Monument, is also suffering with dust covering and lint hanging from some of the prettiest formations because of heavy traffic.

I do not feel there is any way I can write an article on caving (even this one) without directly or indirectly encouraging or creating new cavers. Since I plan on continuing the Mountain Club's caving activities, I suppose I'm rationalizing by saying I believe there are caves that can be visited without much ill effect (and over half of the trips are cancelled from lack of interest anyway). But, considering the current level of activity, I am certainly not worried about the Club's program creating new cavers. An article encouraging participation might.

This action by the NSS may be a sign of things to come in outdoor clubs. I have seen protests by climbers in other clubs who feel that climbing schools are creating too many new climbers and ruining the sport. At one of our winter socials, I overheard someone comment that a few years ago she brought all of her friends into the Mountain Club for river running. Now she was complaining because last year all trips she wanted to go on were filled before she could sign up. And how many National Parks and wilderness areas have you heard of that now require reservations? A local ski resort is talking about skiing by reservation only. It is beginning to look like sharing what you enjoy will not necessarily increase your own enjoyment.

A California caving publication summed up the situation in a cartoon with Pogo saying "We have met the enemy and he is us."

TAKE NOTHING BUT PICTURES
LEAVE NOTHING BUT FOOTPRINTS
KILL NOTHING BUT TIME

little black mt.

By Ernie and Gerri Abrams



It was a grand and glorious day for hiking. Our little party gathered for one of the first biggies of the season. Some thought it strange to be moving without snowshoes or skis. A little later, after we had climbed above the snow line, some wished they had them. Two-thirds of the way the ladders were urged on by a sign written in the snow saying "KEEP ON TRUCK-ING". Written by an abominable snowman, no doubt. Our trail wound along a ridge line. The wind remained

friendly until we neared the top. At the top the bite of the wind caused a careful search for sheltered lunch stops. It was downhill all the way after that with some glissading.

The intrepid party was led by Carl Bauer. The intrepid partiers were: Marilyn Bateman, Kermit Earle, John Joni, and Roger Jackson, Elmer Boyd, Mike Hendrickson, Ross Pearson, Shelly Hyde, and Ernie and Gerri Abrams.



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3155 Highland Drive
Salt Lake City, Utah 84106
Phone: 363-7150

NAME (Print) _____ TELEPHONE _____

Name of spouse (only if spouse wants membership also) _____

Address _____ ZIP _____

Occupation (Optional) _____

I hereby apply for membership in the Wasatch Mountain Club. I have attended two Club activities as required for membership, such as, hikes, ski tours, cave trips, camping trips, rock-hound trips, or work parties; and I am genuinely interested in the outdoors. Social events such as lodge parties, ski socials, etc. are not included in the definition of club activities qualifying for membership. I agree to abide by all the rules and regulations of the Club as specified in the Constitution and By-laws as determined by the Board of Directors.

I enclose \$ _____ dues and \$4.00 entrance fee. (Please note - from January through August the dues are \$6.00 (spouse \$3.00) plus \$4.00 entrance fee. From September through December, the dues are \$3.00 (spouse \$1.50) plus \$4.00 entrance fee.)

I am specifically interested in the items checked below:

Hiking ☐ Ski Touring ☐ Boating ☐ Mountaineering ☐ Caving ☐
Cycling ☐ Conservation ☐ Writing and editing ☐ Organizing Social ☐
Activities ☐ Lodge ☐ Photography ☐ Other _____

CLUB ACTIVITIES ATTENDED:

1. _____ Date _____
2. _____ Date _____

RECOMMENDED BY: Member _____

Director _____

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Signature of Applicant

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