



WASATCH MOUNTAIN CLUB

# The Rambler

MAY, 1978

# Wasatch Mountain Club

Persons wishing to become members of the WASATCH MOUNTAIN CLUB should request, either by telephone or in writing, an application form from the Club's Membership Director. Upon such notification, prospective members will receive 2 free, consecutive issues of the Rambler, the club's official publication, and a full application form with instructions for joining.

Dues are as follows: \$10.00 Regular (single), \$15.00 Spouse (double) and a \$5.00 initiation fee.

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## CHANGE OF ADDRESS:

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## STAFF:

John Moellmer, Editor  
Alexis Kelner, Managing Editor

Deadline for the Rambler is the 15th. of each month.

Type (double space) your articles schedules, indicate your name and telephone number on your articles, prints, etc. Mail to (or drop by):

WASATCH MOUNTAIN CLUB  
3155 Highland Drive  
Salt Lake City, Utah 84106

or ALEXIS KELNER  
1201 First Avenue  
Salt Lake City, Utah 84103

On mailed matter indicate ATTENTION--RAMBLER EDITOR.

THANKS:

# Club Activities

## May 1978

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HIKING INFORMATION: Members participating in easy or intermediate hiking (rating below 7.0) are generally not required to register with the leader. Unless otherwise stated, advanced hikes (rating above 7.0) do require registration. Adequate equipment is a must for advanced hiking. You can participate in these events only if you have demonstrated your ability on other hiking activities and if you have adequate and well broken-in boots with good Vibram-type

soles and suitable protective clothing. Special equipment, such as an ice axe, may be specified and you are expected to be able to handle such equipment. Remember that these restrictions are set for your safety as well as that of your fellow members.

Children are permitted on hikes with a rating of less than 3.0; however, permission of the leader is required on hikes with a rating between 3.0 and 5.0.

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May 4  
Thursday

EVENING CLIMBING AT STORM MOUNTAIN. Drive 3 miles up Big Cottonwood Canyon to the Storm Mountain Picnic Area. Hamburgers and drinks will be available for a fee.

May 6-7  
Saturday-  
Sunday

SAN RAFAEL KAYAK TRIP. Spend the weekend near the spectacular San Rafael Swell. One day of paddling is planned for this beautiful river. This trip is suitable for beginners in kayaks and canoes. Call Dan Thomas, 561-5667 for details.

May 6  
Saturday

LITTLE BLACK MOUNTAIN. Rating: 4.5. This is the peak behind Schreiners Hospital. Call Carl Bauer for details. 355-3036. He will need a ride.

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Cover: For a number of years Thursday Night Hamburgers have become part of the Thursday Night Climbing tradition. Provision of refreshments has usually been supervised by the Club's entertainment director. The work of cooking and serving was to have been performed by willing volunteers. In many cases that hasn't happened. Some members, when asked to help in the effort have completely refused. It was decided at the last Board of Directors' meeting that cooking of the GDH's will in the future be distributed between the hiking, climbing and entertainment sectors of the club. Please help when asked...or be prepared to settle for catered hamburgers by the local professionals. Mmm..Mmm..Good!

- May 6  
Saturday MT. AIRE. Rating 3.0. An excellant spring hike leading to the summit between Millcreek and Parleys Canyons. Meet at The Movie (Olympus Hills Plaza) at 8:30 a.m. Leader Clint Lewis, 295-8645.
- May 7  
Sunday STORM MOUNTAIN. Rating 7.5. The route will be up infamous Ferguson Canyon. Leader:
- May 7  
Sunday LOOKOUT PEAK. Rating 6.0. A neat hike in the upper Emigration Canyon area. The view from the summit is fantastic in every direction. Meet at the east end of Hogle Zoo parking lot at 9:00 a.m. Leader: Shelly Hyde, 583-0974.
- May 11  
Thursday EVENING CLIMBING AT STORM MOUNTAIN. See May 4 for directions.
- May 13-14  
Saturday-Sunday DELORES RIVER KAYAK TOUR. Intermediate tour through beautiful canyons. We plan a weekend tour from Slickrock to Bedrock. Depending on the water level, a few hardy souls are tentatively planning to do the Upper Cahone to Slickrock stretch containing the famous "Snaggletooth" Rapid on Thursday-Friday, May 11-12, meeting the main group at Slickrock. Please contact Marty MacKnight, 355-3810, in advance if interested.
- May 13-14  
Saturday-Sunday DOLORES RIVER TRIP. Beginner to intermediate trip. There should be plenty of water this year on the Dolores and the scenery is always first rate. Due to some fluctuation of water levels, this trip may be moved up or back by a week. For more information, please call the trip leader, Dave Hart at 583-3228. Do not send a deposit until you have talked to him.
- May 13  
Saturday MULE HOLLOW WALL EXPERIENCE CLIMB. This 500 foot wall involves F4 to F6 climbing on several parallel routes. It is recommended that climbing course graduates participate to gain climbing experience. Register with the leader, Bill Shepard, at 261-2384.
- May 13  
Saturday NORTH PEAK OF THUNDER MOUNTAIN. Rating 11.0. We will follow the usual route up Coalpit Gulch and descend via Bells Canyon. You will need an ice axe. Register with the leader, Sam Allan, 261-2791 (office), 942-3149 (home).
- May 13  
Saturday GRANDEUR PEAK FROM CHURCH FORK. Rating 4.5. A repeat of this popular spring hike. Meet at The Movie (Olympus Hills Plaza) at 8:30 a.m. Leader: Karl Lagerberg, 581-9826.
- May 14  
Sunday FOOTHILL HIKE. Rating Beginner to Intermediate. A pleasant stroll in the foothills. Hopefully, we will have lots of wildflowers. Leader: Carl Bauer, 355-3036. He will need a ride.

- May 14  
Sunday  
REYNOLDS PEAK. Rating 4.5. One of the high points of this hike is the glissade off the peak. Meet at the mouth of Big Cottonwood Canyon at 8:30 a.m. Leader: Walter Haas, 534-1262.
- May 18  
Thursday  
THURSDAY EVENING HIKE. Mt. Olympus Trail to the creek. Meet at 7:00 p.m. at the wide parking area on the west side of Wasatch Blvd. at approximately 5600 South. Note that this is about  $\frac{1}{4}$  mile north of the usual parking area by the rock house. Leader: Dale Green, 277-6417.
- May 18  
Thursday  
EVENING CLIMBING AT STORM MOUNTAIN. See May 4 for directions.
- May 20-21  
Saturday-Sunday  
GRAY CANYON KAYAK PRACTICE. We will spend the weekend sharpening our skills on the 5-mile stretch just above Swasey Rapid. This is suitable for beginner as well as advanced kayakers. Call Jim Mason, 355-3810, for details.
- May 20  
Saturday  
LAMBS CANYON TO ELBOW FORK. Rating 3.5. This hike should provide some excellent scenery and hopefully some spring foliage. Meet at the K-Mart parking lot by the Reagency Theater at 8:30 a.m. Leader:
- May 20  
Saturday  
BIG BEACON MOONLIGHT HIKE. Rating 3.0. This is the first moonlight hike of the year. Be sure to bring a warm jacket and a flashlight. Meet at Hogle Zoo parking lot at 9:30 p.m. Leader: LeRoy Keuhl, 582-6890.
- May 20  
Saturday  
7:30 p.m.  
GALA EVENING AT THE LODGE. The inauguration of a series of efforts to raise funds for the renovation of this grand old building (see the center part of this issue). Don't miss this special event, highlighted by entertainment and prizes. Deadline for ticket purchase is May 17, and the price is \$7.50 per person. Please call Karin Caldwell for details, 581-7168 (office), 942-6065 (home).
- May 21  
Sunday  
TANNERS GULCH SNOW CLIMB AND TRIPLE TRAVERSE. We will climb the avalanche gully, then traverse Dromedary, Sunrise, and Twin Peaks. Ice axe experience will be required. You must register with the leader, Lew Hitchner, 364-0728.
- May 21  
Sunday  
DESERET PEAK. Rating 8.0. This is the highest peak in the Stansbury Range and affords a magnificent view from the summit. The number of participants will be limited. Register with leader, Milt Hollander, 277-1416.
- May 21  
Sunday  
GRANDEUR PEAK FROM THE WEST SIDE. Rating 7.5. The trail follows the sinuous limestone ledge up the west side of the mountain. Meet at The Movie (Olympus Hills Plaza) at 9:00 a.m. Leader: Tom Stephens, 364-2731.

- May 25  
Thursday  
THURSDAY EVENING HIKE. Church Fork Trail. Church Fork is 3.1 miles up Mill Creek Canyon (3800 So.) from Wasatch Blvd. Meet at 7:00 p.m. at the entrance to the picnic area or along the road but not in the Mill Creek Inn's parking lot. Leader: Dale Green, 277-6417.
- May 25  
THURSDAY EVENING CLIMBING
- May 25  
Thursday  
DESOLATION RIVER TRIP needs two car shuttle drivers (must be 21 or over) to ride down to the Green River put-in at Sand Wash and then return the rental vans and trailers to Salt Lake. The time involved would be Thursday night to Friday morning. If you are interested, please call Mary at 277-6307 to discuss the details.
- May 26-29  
Friday-Monday  
DESOLATION CANYON RIVER TRIP. Intermediate. This is a popular trip down the Green River with an ample supply of rapids, scenery, and good times. You must have been on one previous Club trip to qualify. To reserve a place, send a \$20 check to Mary Manley, 3631 S. 23rd E., SLC, Ut. 84109. Please mark your check "For Desolation Trip". Stewart Harvey will be the trip leader.
- May 26-29  
Friday-Monday  
DESOLATION KAYAK TOUR. An intermediate kayak tour on the Green River. Several rapids with lots of waves always make this a great tour. A great way to spend the Memorial Day weekend. Call Bob Meyer, 1-782-5708 or Jim Mason, 355-3810 for details.
- May 27-30  
Saturday-Tuesday  
WHITE RIVER KAYAK TOUR. A beginner tour that is suitable for both kayaks and canoes. This may be your last chance to paddle this beautiful river before it is dammed. Call Dan Thomas, 561-5667, for details.
- May 27-29  
Saturday-Monday  
MOUNTAINEERING TRIP. The destination of this trip will depend on the interests and whims of the participants. Call the Mountaineering Director for information.
- May 27-29  
Saturday-Monday  
MEMORIAL DAY WEEKEND BACKPACK - SALT CREEK (canyonlands). This is an outstanding trip. The number of participants will be limited, and this is a members only trip. Contact leader Don Coleman no later than Tuesday, May 25th, 486-7796.
- May 27-29  
Saturday-Monday  
MEMORIAL DAY WEEKEND. We hope to have an additional trip for this weekend. Anyone willing to lead either a car camp or backpack please call Fran Flowers, 581-9083, as soon as possible. Others contact me no later than May 21.
- May 27-29  
Saturday-Monday  
SAN JUAN RAFT TRIP. Beginner. Bill Viavant has offered to take a small group down the San Juan from Mexican Hat to Clayhills crossing. If you are interested, please send a \$20 deposit to Bill (make check payable to Bill Viavant and

mark it for San Juan Trip). Address is 218 Iowa Street, SLC, Ut. 84102. If you have any questions, call him at 532-4289.

- May 27-??  
Saturday-??  
PALISADES MOUNTAINEERING HIGH CAMP. We will return to the North Palisade area of Kings Canyon National Park in the Sierras for a repeat of last years trip. Several 14,000+ foot peaks are accessible in this area. Ice axes are required. This will be a four or five day trip because of the travel distance involved. For information and registration call the leader, John Gottman, at 328-8066, ext. 359 (work), or 359-4693 (home).
- June 1  
Thursday  
EVENING CLIMBING AT STORM MOUNTAIN. See May 4 for directions.
- June 1  
Thursday  
THURSDAY EVENING HIKE. Mule Hollow Trail. Meet at 7:00 p.m. at the "Storm Mountain Quartzite" geology sign 2.9 miles up Big Cottonwood Canyon from Wasatch Blvd. Park in the main Storm Mountain picnic area or near the sign. Leader: Dale Green, 277-6417.
- June 3  
Saturday  
MOUNT MORIAH. El. 12050. Rating 10 to 12. Moriah is in the northern Snake Range of Nevada. Leave Friday night at 7:00 p.m. Participation open only to club members and by approval of leader, Dale Green, 277-6417.
- June 3  
Saturday  
TWIN PEAKS (Cottonwood). Rating 10.0. This is one of the best advanced hikes our area has to offer. Meet at the mouth of Big Cottonwood Canyon. Leader: Alexis Kelner, 359-5387.
- June 3  
Saturday  
DESOLATION LAKE VIA MILL D NORTH. Rating 3.0. This is a nice hike to one of the more popular lakes in the Wasatch. Meet at the Mouth of Big Cottonwood Canyon. Leader:
- June 3-6  
Saturday-  
Tuesday  
YAMPA KAYAK TOUR. A four day tour through the beautiful canyons of Dinosaur National Monument. This is an intermediate tour that includes the infamous Warm Spring Rapid. Call Al Polumbus, 1-394-5632, for details.
- June 4  
Sunday  
WILDCAT RIDGE BACKWARDS. Rating 18.0. You must be in good shape and have lots of endurance and scrambling ability. It is a long day of almost constant "go", but the scenery is worth the effort. Meet at Petes Rock at 7:00 a.m. Leader: Larry Swanson, 278-3269.
- June 4  
Sunday  
KESSLER PEAK. Rating 6.0. A good intermediate spring hike. Call Fran Flowers for details, 581-9083.
- June 8  
Thursday  
THURSDAY EVENING HIKE. Mill B, North Fork trail to overlook. Meet at 7:00 p.m. at the same place as the June 1st hike. Leader: Dale Green, 277-6417.

- June 8  
Thursday  
EVENING CLIMBING AT STORM MOUNTAIN. See May 4 for direction.
- June 10-11  
Saturday-  
Sunday  
GREEN RIVER - FLAMING GORGE DAM TO BROWNS PARK - RIVER TRIP. Beginner trip. This trip hasn't been run by the club for several years. If you feel adventurous, send your \$20 deposit to Mary Manley, 3631 S. 23rd E., SLC, Ut. 84109. Mark your check "For Green River Trip". (I haven't run it either!).
- June 10-13  
Saturday-  
Tuesday  
YAMPA KAYAK TOUR. Space is limited on this tour. Call Jim Mason, 355-3810, for details.
- June 15  
Thursday  
PROVO RIVER KAYAK TRIP. Spend Thursday evening on the Provo. Hopefully, the water will be enough to do both the upper and lower sections. Plan for a cookout after boating. Meet below the dam at 5:30 p.m. Call Jim Mason, 355-3810, for details.
- June 15  
Thursday  
EVENING CLIMBING AT STORM MOUNTAIN. See May 4 for directions.
- June 17-18  
Saturday-  
Sunday  
HOBACK AND GRANITE CREEK KAYAK TRIP. Spend the weekend on these beautiful intermediate to advanced rivers by Jackson, Wyoming. Great practice for those planning to go on the Selway. Call Brad Rich, 583-2023, for details.
- June 24-25  
Saturday-  
Sunday  
SNAKE RIVER - ALPINE CANYON RAFT TRIP. Water levels at this time of year should be pretty exciting. We will be car camping for this trip. For more details call the trip leader, Bill Yates, 1-723-3853. A \$10 deposit is required. Send it to Bill at 625 W. 6th South, Brigham City, Ut. 84302.

# Help!

by Annie George

Please help the American Women's Himalayan Expedition put a woman on top - of Annapurna!

The expedition leaves Katmandu in August and your donation would be greatly appreciated. Donations of at least \$15 will bring you a post-

card of Annapurna carried by runner from base camp and signed by all the women on the trip. Checks should be sent to AWHE, 846 Lathrop Drive, Stanford, Ca., 94305. Also, Annapurna T-shirts are available as we get them at Timberline Sports. Please support! And thanks!





Sketch of Spring Social at the Kelners' by Rod P. Dixon.

## Socials

by Karin Caldwell

At the conclusion of the winter and spring social season we wish to thank all the hosts, who through much planning and hard work have made it possible for us to gather in pleasant surroundings for a tasty meal. First of all, one must begin the plans for one of these affairs by guessing the number of people that will show up. A look at the past season's extremes in attendance (50 to 135) makes one appreciate this difficulty. Once you have decided on a likely number, just put your teeth together and head

for the supermarket. Don't forget to bring along a few sherpas and high and low altitude porters to carry home all the larder. A day or so later you can practice the dissimulation of stress on the first person who knocks on the door. You surely get ample compensation for all the work when every corner of the house is buzzing with conversation and laughter. Not even the failure of the beer sales to tally with the receipts can fully dampen one's enthusiasm for hosting future functions!

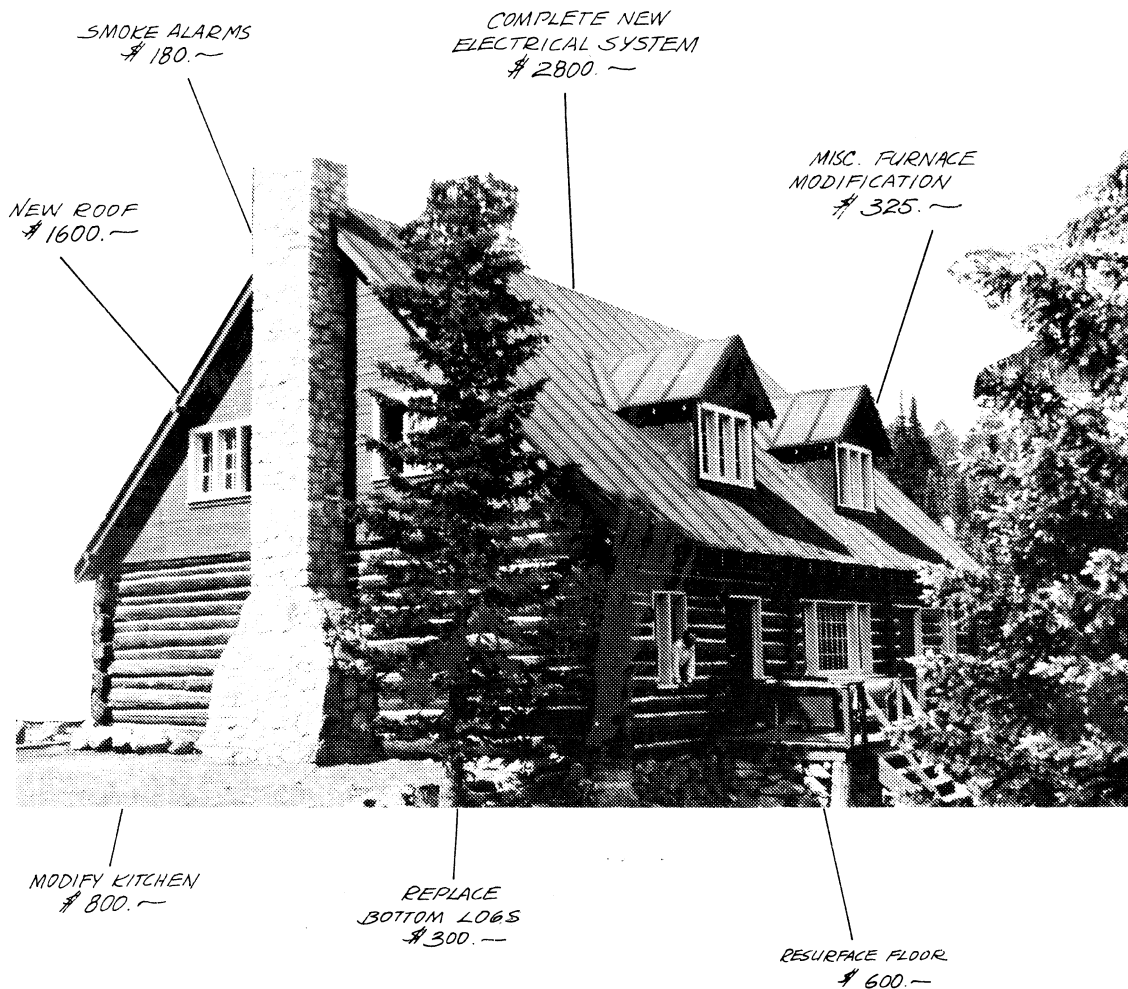
## "Sun Day"—1978

by Emily Hall

The first week in May will be proclaimed Solar Energy Week by Gov. Matheson with Wednesday, May 3, being Sun Day. Take part in the happenings that will be going on all week. Robert Redford is expected on campus Monday to kick it off. There will be an exhibit at the School of Architecture and a "hands on" dis-

play at Utah Technical College, Redwood Road, on Saturday, May 6. Even the Tabernacle Choir will sing "Here Comes the Sun".

This is the first big national recognition of energy savings through the use of the sun. Keep your fingers crossed for clear weather.



Net proceeds from this first annual fund raising activity will be matched dollar for dollar from the W.M.C. treasury. The total will be utilized to rehabilitate and modernize our historic lodge. The annotated lodge photo indicates the estimated funding requirements, together with a listing of the planned projects.

**YOUR LODGE NEEDS YOUR FINANCIAL HELP!**

THE SOCIETY FOR THE PRESERVATION  
 OF THE **WASATCH MOUNTAIN CLUB** LODGE  
 CORDIALLY EXTENDS AN INVITATION TO  
 W.M.C. MEMBERS AND GUESTS TO ATTEND  
 A GALA ELEGANT EVENING SOIREE AT  
 THE W.M.C. LODGE ON SATURDAY,  
**MAY 20, 1978 AT 7:30 PM**  
 THIS GLITTERING EVENT WILL INITIATE  
 THE 1978 SUMMER LODGE SEASON...  
 ACTIVITIES FOR THE EVENING WILL  
 INCLUDE GOURMET DINNER...ENTERTAINMENT...  
 REFRESHMENTS...DOOR PRIZE...SURPRISES...

**MENUE**

BEEF BORGUIGNON  
 RICE  
 JULIENNE BEANS  
 •  
 WALDORF SALAD  
 •  
 CHOCOLATE MOUSSE  
 COFFEE

**PRICE**

ENJOY THIS GALA EVENING FOR A CONTRIBUTION OF  
 ONLY: \$7.50 (by reservation) \$8.50 (at the door)  
 SPACE IS LIMITED...CALL KARIN CALDWELL FOR  
 DETAILS: (home) 942-6065, (work) 581-7168  
 DEADLINE FOR ADVANCE TICKET PURCHASE IS MAY 17.

If you can not attend, a contribution to your lodge  
 should be mailed to the WASATCH MOUNTAIN CLUB,  
 SAVE THE LODGE FUND, 3155 Highland Drive, S.L.C. 84106

**SATURDAY, MAY 20, 1978, 7:30 PM**

The following commercial organizations have already made  
 contributions towards the success of this event:

MOUNTAINEER SPORTS  
 TIMBERLINE SPORTS  
 WASATCH MT. TOURING CO.

# News & Notices

## Attention, Thursday Night Hikers

by Fran Flowers

It was suggested at the last board meeting that responsibility for the preparation of the Thursday night refreshments be split up among the various activity groups participating.

The Thursday night hikes are really not a part of the regular hiking schedule as set up by the hiking committee. They are special events courtesy of Dale Green who does the scheduling and also most of the leading. I do not feel that it is Dale's job to try to round up people to prepare the refreshments, and I don't think that the members of the hiking committee, who are already saddled with the responsibility of getting leaders for the weekend events, should have to do the job.

THE RESPONSIBILITY IS THAT OF THOSE PEOPLE PARTICIPATING IN THE THURSDAY NIGHT HIKE AND EATING THE HAMBURGERS!

May and June are already being taken by the other groups, so July is the hikers' turn. Anyone willing to assume the responsibility for the evenings of July 6, 13, 20, or 27, please contact Fran Flowers at 581-9083. If there are no volunteers there will be no hamburgers!

Note, this will be considered a service activity so if new, prospective members start attending the Thursday night hikes and need a service activity to qualify for membership, this will be a good and much appreciated way to satisfy this requirement.

# From the Board

by Dennis Caldwell

## 1. River Running

In past years a few difficulties have been encountered in maintaining WMC's qualifications to use the rivers as a private group. For a time it almost looked as if the cooperative amortization of equipment and expense sharing would prevent us from being considered as non-commercial, while on the other hand no thought was being entertained about extending to us the same privileges given to the true professionals. So far this has amounted to little more than a war of nerves between WMC trip leaders and NPS subalterns, who have dangled the threat of invoking certain clauses in their regulations to our disadvantage.

Recently we commissioned a member of Jim Lee's law office to look into the matter, and it now appears that at least so far as the National Park Service is concerned we are in the clear on this one: such administrative harassment was never intended by the framers of the regulations. Unfortunately, the main problem of this sport remains unsolved with too many people and too few rivers.

## 2. Lodge

As many of you know, the lodge is nearly half a century old and, to a large degree due to its exposure to a climate far more severe than that of the valley, is suffering from a few geriatric problems, which unfortunately cannot be cured within the framework of our current modus operandi. At the inaugural meeting of the lodge committee a list of necessary maintenance projects was compiled, including rewiring, roofing, floor refinishing, fire extinguishing system, kitchen amenities, and doing something about those @#\$% toilets. This phase would cost 8-10 thousand dollars, even with most of the labor being performed by club members.

Naturally, there is no guarantee that funds can be raised for all these projects, and an order of priorities must be established. Since the electrical situation is most critical, it will be tackled first. Over the next two to three years we hope to make significant headway on the other items. Presently the lodge is being rented out to various groups in the Salt Lake area about half the time. The resulting income has been able to defray the cost of minimal maintenance; but the years have finally caught up and the hour of decision is upon us.

To begin with, a fund raising dinner will be held on May 20 (details elsewhere in this issue) to underscore the lodge situation and to pick up a modest stipend which will be matched from previous donations and outside income to the club. Plans will be formulated later in the year for a swap shop, which is designed to bring income from the outside. Needless to say, voluntary donations from members who feel strongly about the lodge as one of the cornerstones of the club heritage will be much appreciated.

## 3. Membership

During the last several sessions the board has been exploring a few ideas designed to better familiarize new members with the organization. As has been mentioned periodically in this bulletin, WMC is a cooperative institution with no paid professional staff. In order to make it work we must have, in addition to the directors, a substantial pool of individuals willing to take on a variety of tasks. Toward this end we are on the verge of introducing an experimental program in which one of the two activities qualifying a person for membership will be a service function such as participating in a work party or assisting some director in performing a club chore requiring several pairs of hands.

While at first sight this may appear to be a scene out of "Les Miserables", we feel that there are many dividends beyond the obvious ones to be reaped, if the program is administered by directors who would not personally shrink from any of the tasks being meted out and can successfully convey that impression. A poll conducted by our membership director has indicated widespread sympathy for the program on the part of prospective members.

There is certainly no single solution to the problem of growing pains being experienced by all organizations in the West similar to our own; but unless the increased demand for services is paralleled by a growing supply of the service-minded, we cannot hope to thrive in the style to which we have been accustomed. The new membership program is but one of many alternatives which we are prepared to explore in order to maintain our cohesion.



A blizzard stopped the ski tour, but not the gourmets, who retreated to the comfort of the WMC lodge to do their "things". photos by Steve Gersten.

# TRIP Talk talk talk talk

## Gambol? in the Gambols

March 5th Near Summit Park

by Barbara Berntson

A few souls met in a grey rain at the Regency Theatre parking lot, pooled cars and travelled to Parley's Summit where the rain was falling as heavy, fat snowflakes. We met Audrey Stevens at the Timberline mailboxes where the decision was made to tour the hills beyond the highway, in the general direction of East Canyon. We saw no other people and heard no snowmobiles; a peaceful place had been found (likely because of the snowstorm!). As a beginner, I noted with interest Audrey's striptease of several shirts before the tour began. The reason was made abundantly clear at the lunch stop in a pine bower. Some of us were thoroughly wet, inside from sweat and outside from snow moisture, and were soon somewhat chilled with the lack of activity. Audrey, however, was warm and cozy after putting on her shirts. She generously shared some delicious hot spiced wine which helped ease the chills. Before starting back, again her striptease, the shirts being replaced in her day-pack; needless to say a worthwhile lesson! The tranquility of the trip was punctuated by some joyous "Banzai" shouts from Peter Hansen as he skied down a fairly steep trail, his pleasure was so great that he climbed back up to "Banzai" again. At Audrey's invitation, we gathered at her spacious and comfortable home for conversation and refreshments. Fred Zorner, Elmer Boyd, Peter Hansen, John Veranth and Steve Gersten, I'm sure would agree with me and my son Andy that it was indeed a day well spent and one to remember.

## ESCALANTE (Which Turned into Canyonlands Backpack)

March 23-26, 1978  
by Cathleen Flanagan

Although as many as 16 people indicated interest in the March backpack to Canyonlands, only 8 actually made it to the Newspaper Rock rendezvous Thursday evening. In the morning the group was greeted by a solid downpour -- some people awoke, some tried not to, and one cooked breakfast in an unoccupied storm culvert. Fortunately, the weather cleared after a couple of hours and by the time we had driven past the Dugout Ranch (missing a turn and taking an extended tour of the ranch yard) and down (or up) the road to the Bright Angel trailhead at Cathedral Mesa the day was clear and bright.

Leaving our cars parked at the trailhead we alternately hiked and slid down the snow patches, rocks, and red mud that constituted the first portion of the trail. At the bottom we turned north to follow the wanderings of Salt Creek. The dense sagebrush and sandy terrain we encountered there were in sharp contrast to our previous environment. Base camp -- near the creek plus some interesting cliff dwellings -- was reached by mid-afternoon.

Saturday's explorations took us farther north along Salt Creek to the Big and Little Jumps, with intermediate stops at cliff dwellings, the All-American Man, and the Five Faces. Swimming was theoretically on the agenda, but most of the party preferred to hike. Greg, John and Nancy tried (but failed) to make it to Angel Arch; the rest of us investigated cliff dwellings and lolled in the sun.

The trip out Sunday was leisurely. By lunchtime we were back at the

cars and by mid-afternoon we were en route to Salt Lake. The trip ended with a culinary experience at JB's in Price, during which time several canyon freaks agreed that the WMC should definitely arrange more backpacks to the canyon country.

Participants: Nancy Coombs, John Sloan, Greg Janiec, Bob Morse, Ilene Brookoff, Cathleen Flanagan, Earl Cook, Chuck and Ann (sorry we missed you!); Bill Yates, trip leader.

## BACKPACKERS CANOE LOVERS KAYAKERS

Timberline Sports rents nearly everything for outdoor people.

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Canoes  
Stoves  
Backpacks  
Tents  
Sleeping Bags

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3155 Highland Drive  
466-2101

SOLDIER FORK (Upper Mill Creek) Mar.19  
by Michael Treshow

Several days of summer weather had left a consolidated snow pack that easily supported our weight as we walked, skis in hand up Mill D to Dog Lake. But then conscience took hold and we dabbed on our yellow wax to skin northwest up the Mill Creek ridge.

Reynolds Peak was almost on the way so it seemed only logical to stop on top for lunch promptly at noon. From there it was mostly downhill slog to the head of Mill Creek with snow conditions that tested our capacity to turn immersed to the knees in wet ready-mix.

It was then about 5 miles of poling down the snow-packed road to the waiting cars.

PARTICIPANTS: Mike Treshow (leader). David Neal, Yukio Kachi, Steve Gersten, Dave Morris, Chuck Ranney, Nancy Coombs and Paul Rubenfeld.

LAKE BLANCHE  
by Emily Hall

We had the bus to ourselves after the Snowbird employees evacuated in a rush when the bus started swaying and wallowing. (Maintenance problems). But they didn't know what a charmed life we W.M.C. members lead. There were no pin bindings on this trip as we started up the icy surface to Cardiff Pass. The day improved and by the time we reached Monte Cristo Peak it was warm and sunny. Clouds and shadows made photography perfect. Alexis, where were you? We missed running back up the peak for another telephoto shot.

Because of the stable conditions we decided to go down Mineral Fork, and the snow was soft enough to get in plenty of turns. However, on a cold powder day I would still prefer the traditional route to Lake Blanche even though the last part of the trail leaves something to be desired.

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"LOWER" DAYS FORK      April 1, 1978  
by Ellie Ienatsch

"The end of the fork is just around the corner." Elmer Boyd was beginning to sound like a recording. This particular "corner" was a steep embankment obviously leading to more such corners. The gentle spring snow that had followed us up Days Fork all morning had turned to a winter, wind-driven sleet.

Looking at Elmer, I grasped in a moment the essence of the term "Wasatch Mountain Club Leader." With resignation I voted for stopping. My motion was carried by the five others in our party with typical Club graciousness. Even Elmer murmured, "I promised to keep ti this a beginners' tour."

Joe Hall, who had broken trail through the crunchy styrofoam all morning, was first to push off on our return. He and John disappeared only briefly, however, since by that time the styrofoam had t turned glue. As everyone knows, skiers

make it down the mountain well ahead of snowshoers. Why, then, were Bill, Elmer, and Joy hot on our trail each time we stopped to catch our breath? Something there made us consider the fable about the tortoise and the hare.

The snowshoers took a lower route while we skiers, at Elmer's suggestion, stuck to a higher terrain. Elmer said there was a beautiful slope at the end of the trail that we would enjoy descending. It had, he said, a big stretch of open field at the bottom for plenty of stopping room.

The ensuing struggle to descend is best left undescribed. I will say that I'm grateful that that tree I went over was sticking out of the ground only two and a half feet. When I reached the end of the trail, there were the skiers, John and Joe, and the snowshoers, Bill, Joy, and Elmer, rested and waiting. E Elmer gazed sadly up at an olympic-sized vertical cliff to our right. "I don't understand why you didn't come down that nice little hill," he said.



**Sam Allan**

CONGRATULATIONS!

We congratulate the Wasatch Mountain Club for its successful achievement in helping establish the Lone Peak Wilderness Area for the spiritual uplift it will bring to all who enjoy its pristine grandeur.

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# Ramblings

by Dale Green

The following members were recently featured in Salt Lake Tribune articles:

Bill Viavant on the use of computers for teaching;

"Woman's Place is on Top of Annapurna" headlined a half page article with Ann George;

Bob Everson was shown with his Westminster jogging class.

Life member Sam Thomas is recuperating from an operation for detached retina. He has completed his move from New York to the Wasatch.

Dave Hanscom is in training for the Boston Marathon.

Bob and Judy Weatherbee visited SLC for a ski vacation in March. Bob enjoys his job and Judy is "adjusting" to Omaha.

Paul Horton will be working for the Teton Climbing Guides this summer.

Audrey Stevens has been invited to be a porter for the American Women's Himalayan Expedition to Annapurna this August.

Alexis Kelner needs photos of all kinds of Wasatch Mountain skiing during and following WW II. Also needed are photos of the Becker Hill Ski Jump in Ogden Canyon which operated from 1929 - 1934. If you can help call Alexis at 359-5387.

Leon Edwards, 51, former WMC Lodge Director, died Dec. 24, 1977, in Salt Lake City, of a heart attack.

Condolences to Earl T. Hansen whose wife, Annie, died March 12, 1978.

(Please send news items to Dale Green, 4230 Sovereign Way, SLC, Utah 84117, or call Dale at 277-6417).

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WESTWATER. DAVE HART HAS A PERMIT.  
ANYONE INTERESTED IN EITHER RAFTING  
OR KAYAKING, PLEASE, CALL 583-3228

yle Section 4 Monday  
 a top of Annapurna

bid in early  
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and experience. And it  
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**Add Water**

ed is lightweight, freeze-dried. Water  
ded. Melted snow provides the water.  
The food is highly palatable. The  
problem with high-altitude climbing is that  
one wants to eat. And whatever they  
also, must be quick and easy. I mean you  
don't boil up a pot of rice at that altitude. It  
would take all day."

Reaching the summit must be a top  
priority, a first concern.

These women are blessed or cursed.  
Inherent draining, the demands are so  
transport becomes second

The climb will provide a pool of knowledge for women planning future climbs. There are growing numbers of women climbers in the American east especially California, Seattle and in Colorado.

"I think this could be the beginning of a lot of all-women expeditions."

Who goes to the top?

The strongest one. Almost no woman must become the swiftest

"Usually the decision is made by the team approach," says Ariene. The team approach means that the women climb up over each other's backs and the strongest goes on. "Reaching the summit is important. But it's not the all. The concept, the 10 women, that's really a group effort. If they don't reach the summit, it will be disappointing, but it's not a total loss."

are trying to make the best people possible. The most expensive. And there's a lot involved. The fewer the people to take care of." The assembly in Kattah will be done during the 10-day 80-mile march will be done during the monsoon. Plenty of water and lots of

base camp will be established  
the next four to six weeks, five or  
camps will be set up and the team

George, high-altitude climber, has  
to be part of the America

Ann George, high school senior, was chosen not to be part of the party.

...what you can't move...  
...student...  
...professor is an authority on...  
...uses of computers in education...  
...at the college level. He was director...  
...the Association for Computing...  
...Machinery and also directed a pro-  
...gram sponsored by the National...  
...Science Foundation offering con-  
...sulting service to smaller colleges...  
...and universities on academic com-  
...puter use. His current research in-  
...terest is the study of communication

Scientist Viavant . . .  
the future is here

Dr. Robert Everson, left, leads class of Westminster students on jogging exercise.

He teaches importance of physical fitness through a program of exercise and proper

**It's Healthful Food for Thought**

By Tom Wharton  
Tribune Staff Writer

Minister College student Gava Everson lectured intensely to professor Everson's lecture on the importance of being in good physical condition, contemplated his words for a moment, and then joked:

"Instead of cramming for finals to pass this class, we'll all crash dieting."

While crash dieting isn't recommended by Dr. Everson, a physiologist at Western Michigan University, it is a common practice among students.

The program of physical fitness and exercise and proper diet. He grades students on attendance, physical conditioning and a written exam.

A Physiological Expedition led by its

By Tom Wharton  
Tribune Staff Writer  
Creston, Ga.

By Tom Wharton  
Tribune Staff Writer  
Westminster College student Gaya  
Jackson listened intently to professor  
Robert Everson's lecture on the impor-

...Instead of cramming for  
pass this class, we  
dieting."

While crash dieting isn't exactly the goal of Dr. Everson's "Fitness for Life: A Physiological Approach" class at Westminster College, a portion of student grades will be determined by how much each individual's physical condition has improved during the course of the class.

[illegible]

**Purpose of Class**

The purpose of the class, says Dr. Everson, who teaches it along with Tom Steinke, is to give students a chance to stay in top physical condition through a program of proper diet and exercise.

"A lot of courses talk about diet but they don't give you any practical standing about it," says Steinke.

During the course of the class, the students learn to recognize the proper ties for a lack of fitness, the proper what conditions in society. The condition. And the

Students are given statistical and physiological evidence on the effects of not being fit and are given examples which help them understand the importance of fitness.

A blood sample analysis is given to the student to help him determine if he has symptoms of heart disease. Students evaluate their chances of being a heart attack victim and attempt to lower their chances for heart disease.

**Intelligent Choices**

Dr. Everson gives information on their opinions.

**Intelligent Choice**

Grades are based on attendance, improvement of physical condition and a written final exam.

"Students are required a minimum of four workout sessions, while two are start with one activity."

...We try to set up an individual program for every student. Students must get out of the classroom and

...The big motiv...  
the consc...

The big motivation  
concerns...

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