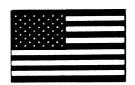
JULY



WASATCH MOUNTAIN CLUB

The Rambler

VOL. 62, No. 7, JULY 1985



ANOTHER RAINY SPRING HIKE Photo by Audry Stevens

HIGHLIGHTS

CITY CREEK CANYON PROBLEMS
SUNBURN
LODGE PARTY JULY 20
OLD TIMERS PARTY JULY 27
GORP REPORT

The Rambler

Earl Cook, Managing Editor

Production: Mary Gustafson

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THE RAMBLER (USPS 053-410) is published monthly by the WASATCH MOUNTAIN CLUB, Inc., 168 West 500 North, Salt Lake City, UT 84103. Telephone 363-7150. Subscription rates of \$12.00 per year are paid for by membership dues only. Second-Class Postage Paid at Salt Lake City, UT.

POSTMASTER: Send address changes to THE RAMBLER Membership Director, 168 West 500 North, Salt Lake City, UT 84103.

CHANGE OF ADDRESS: This publication is <u>not</u> forwarded by the Post Office. Change of address and any correspondence regarding the mailing of THE RAMBLER should be directed to the Membership Director. Allow 45 days for address changes.

Submissions to THE RAMBLER must be received by 6:00 p.m. on the 15th of the month preceeding the publication. Mail or deliver to THE RAMBLER office or the Editor. Include your name and phone number on all submissions.

The right is reserved to edit all contributions and advertisements and to reject those that may harm the sensibilities of WMC members or defame the WMC.

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WASATCH MOUNTAIN CLUB

THE RAMBLER, the official publication of the Wasatch Mountain Club is published monthly by and for its members. Persons wishing to become members and receive THE RAMBLER may request an application form from the Membership Director and may receive 2 consecutive issues by written request and submission of \$3.00 (checks only, payable to Wasatch Mountain Club).

Membership applicants must participate in at least two club outdoor or service activities, verified by the signatures of the activity leader. Yearly dues are \$15.00/single, \$20.00/couple. A \$5.00 initiation/reinstatement fee is charged.

1985-1986 DIRECTORS

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Secretary	Joan Proctor	582-8440		
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	Joanne Miller	583-5160		
Lodge	Alexis Kelner	359-5387		
Mountaineering		521-2021		
	•			
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Ski Touring	George Westbrook	k 94 2-6071		
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Canoeing	Allan Gavere	486-1476		
· ·	Richard Stone	583-2439		
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,	TRUSTEES	20. 0101		
Karin Caldwell 042-6065				

Karin Caldwell, 942-6065 Mike Treshow, 467-8814 Stewart Ogden, 359-2221 Bob Everson, 467-0029 O'Dell Peterson, Trustee Emeri

O'Dell Peterson, Trustee Emeritus Dale Green, Historian

EDITORIAL COMMENTS

BY EARL COOK

The comments expressed in this column are my personl opinions, thoughts and ideas. They do not necessarily represent those of the WMC Board of Directors, WMC Policy or even other WMC members. Those readers who may have thought otherwise misunderstood and I hope I have now clarified this matter.

Those of you who may take exception to what is printed in this column are welcome to write rebuttles for publication in the Rambler.

The WMC Board has informed me that my statements, in last month's Editorial Comments, that "the other local conservation/outdoor organizations have left it up to use (WMC) to oppose the Winter Olympics in the Cottonwood Canyons," were in error. I was told that these other organizations have coparticipated in our publicizing the potential risks to the canyons by holding the Olympics in them.

I apologize to the organizations and their members for slighting their efforts, although no representatives of these organizations have as yet contacted me regarding this matter.

My purpose for the column was to urge WMC members to take responsibilty to publicize our **objections** to siting the Olympics in the Cottonwood Canyons.

Earl Cook

WASATCH MOUNTAIN CLUB BOARD

REPORT

The following items were included in the June WMC Board Meeting:

Fund raising activities (for conservation and lodge funds) are being planned.

A financial committee has been formed to help control the club's finances.

The Board last month approved the representation of the bicycling program on the Board by the Ski Director.

The WMC Board will hold a retreat at the Lodge on July 19-20 to further WMC interests.

The next Board meeting will be July 10.

There were 22 new members, 11 reinstates approved by the Board.

WELCOME

The Rambler and W.M.C. want to welcome the following new club members:

GH (Bert) Bartholoma
Ed Christy
Nancy Christy
Marilyn Curran
Judith Duniphan
Martin Glabe
Al Hallberg
Pamela Hollingworth
Gretchen Kimball
Lucy Lund
Karen Marshall

Donna Martin Vera Novak Frank Prescott Dale Richey Fredrick Scott Bryan Silva Carol Smith Michael Williams Susan Williams Randy Westwood Bryan Wooldridge

We hope you will enjoy our club activities and we look forward to meeting you. Please feel free to volunteer to help where you can.



CHURCH FORK PEAK TRAIL CREW

Trail Clearing Completed!

It was a dark and stormy day, but nonetheless 10 people under Dale Green's direction finished clearing the overgrown trail to Church Fork Peak. June 1st proved to be a rainy/snowy day but didn't daunt the spirit of WMCer's as they finished clearing an old, unmaintained Forest Service trail from the Grandeur Peak Trail to Church Fork Peak, east of Grandeur Peak. The clearing had begun last season and was completed this time. This event was part of the public service program of the WMC, which also includes trail and site clean-up hikes. The Club has scheduled a hike over this trail on August 4 so the members who were not on the trail clearing can reach Church Fork Peak on our "new trail". The trail crew was Bryan Silva, Bryan Wooldridge, John Riley, Wick Miller, Joanne Miller, Mike Monteith, Tom Linnebur, Larry Larkin, Barry Quinn, Earl Cook and Dale Green, crew chief.

Photo by E. Cook

THURSDAY EVENING HIKE INFORMATION

All hikes LEAVE the meeting place at 6:45 p.m. PROMPT. You must arrive in time to sign the liability release form. Late comers are not welcome to join the hike. Form your own group and leave at 7:00 p.m. to hike elsewhere. Hikes are never cancelled for any reason including bad weather: wear appropriate clothing. Boots will be required if the trail is in mud or snow. No dogs. Hikes in Mill Creek Canyon meet in Olympus Hills parking lot at 3900 Wasatch Blvd. just south of the Bagel Nosh. Hikes in Big Cottonwood meet at the "Storm Mountain Quartzites" geology sign, 2.9 miles up the Canyon (r.h. side) from the stop light. Hike leader: Dale Green, 277-6417. No calls, please, between 9:30 p.m. Wednesday and 7:00 p.m. Thursday.

Carefully made. One at a time.

Springbar*. They're the best backpacking tents you can buy because they're the best tents built. Begin by comparing fabric. We use only the best nylons combining lightweight and essential durability.

Compare the frame. No other tent sets up quicker or easier. No guy ropes, no complex parts. Most poles are shock-corded aircraft aluminum or graphite epoxy fiberglass composite. Set up is easy—even in adverse weather conditions, and the Springbar design is famous for its ability to resist high winds.

Springbar backpacking tents give you more convenience features. Like twin doors, twin skylights for extra ventilation and star gazing. All tents are warranted for 10 years, and Kirkham's keeps a complete inventory of parts. You've got quality and service at factory direct prices.



ALL-SEASON SELF SUPPORTING BACKPACKING TENTS

Welcome features like double screened doors and skylights and an extremely roomy fully supported vestibule.

80X. Sleeps 2. Weighs 8 lbs. 9 oz. \$259.50

90X. Sleeps 3. Weighs 9 lbs. 12 oz. \$299.50

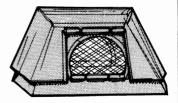


ULTRA LIGHTWEIGHT BACKPACKING TENTS

Large door and netting top provide exceptional ventilation and save weight.

20. Sleeps 1-2. Weighs 3 lbs. 10 oz. \$149.50

30. Sleeps 2-3. Weighs 5 lbs. 10 oz. Rainfly covered vestibule for extra space. \$189.50



TRADITIONAL SPRINGBAR® DESIGN

Designed and built for rugged all season use with full rainfly. Nearly perpendicular walls provide ultimate head and shoulder room.

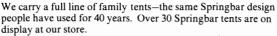
50. Sleeps 2 + gear. Weighs 8 lbs. 1 oz. \$199.50

60. Sleeps 4+gear. Weighs 10 lbs. 9 oz. in 2 equal weight package \$264.50

Single wall tents, designed for 3 season use, are light and easy to set up. Extremely stable, with single/double doors and skylights for ventilation.

9155. Sleeps 2. Weighs 5 lbs. 15 oz. \$124.50

955. Sleeps 2. Weighs 7 lbs. 5 oz. \$154.50







3125 South State Street • Salt Lake • 486-4161 • Open Mon.-Thur. 9:30-7, Sat. to 6, Friday to 9.



WMC B_B_Q SOCIAL _-- WHAT FUEL IS THIS?

photo by E. Cook



EVENTS AT A GLANCE

BACKPACKS					
	July				August
4-7	Deep Creek	13-14	Uintas	3	Canada
4-7	Red Castle	20-21	Notch Lk	17-18	Amethyst Lk
4-7	Canyonlands	27-28	McPheter Lk		•
	-		BICYCLING		
	7	Ve d nesday	s in Mill Creek 6:15 p.m.		
	Jul y				
1	Parleys Can	13	Mt. Bike Ride	22	Parleys Can
6	Big Cottonwood	14	Park City		
8	Emigration Can	15	City Cr		Yellowstone
13	Gourmet Munchies	21	Fairfield	27	Montana
				29	Emigration Can
			BOATING		Aug
	July			11 14	Aug
1-2	Cataract Can		Bear Trap	11 Ma	ain Salmon
4-7	Alpine Can		Main Salmon		
		(CAR CAMPING		_
	Jul y				August
13-14	Uintas			3 -4	Butterfly Lk
			CANOEING		
	July	1.4		25.20	
2	Salt Lk	14	Ut. Lk	27-28	•
13	Clinic	20	Weber Rv	31	Salt Lk
	Th	da F	CLIMBING		
		iursuay Ev	venings at Storm Mountai	.n	A
4-7	July High Comp	20	Dowla's Dda	3-4	August Beartooth Mts
13	High Camp		Perla's Rdg Lone Pk Cirque	9	
13	Olympus	21-20	HIKING	7	N. Cascades
	Jul y		mano		August
4	Maybird Lks	14	Butler Fk	3	Sp Fk Pk
4	Mt Baldy (Albion)	14	Big Water (Deso Tr)	3	Porter Fk
4	Lt Water Pk	20	Red Pine Lk	3	Mt Aire
6	Alta Ridge Run	20	Mariposa Tr	3	W/R Pine Lks
6	Deso Lk	20	Catherine Ps	4	Broads Fk
6	Days Fk	21	Brighton Ridge Run	4	Kessler Pk
7	Pfiefferhorn	21	Mt Raymond	4	Cecret Lk
7	Reynolds Pk	21	Dog Lk	4	Church Fk Pk
7	Red Pine Lk	21	Mt Nebo	10	Maybird Lks
7	Snake Cr Ps	24	Pioneer Pk	10	Greens Bsn
7	Box Elder (Am Fk)	24	Deso Lk	10	Sunset Pk
13	Am Fk Twins	27	Silver Fk	11	White Pine Lk
13	Musical	27	Timp	11	Timp
13	Big Water	27	Honey Comb Cl	11	Thayne Pk
13	Hidden Falls	27	Lk Mary	11	Gobblers Kn
14	Lewis Pk	28	Lk Blanche	11	Dog Lk
14	Lk Lillian/Sundial	28	Hoyt Pk		
14	Dog Lk (Mill D)	28	Grandeur		
		28	Bowman Fk		
			SOCIALS		
_	July				August
7	BBQ	20	Lodge Party	4	BBQ
		27	Old Timer's Party	17	Greek Party

SEASON OUT-OF-TOWN ACTIVITIES

			-
August 24-25	Uinta Backpack, Cuberant Lake	Sandra Taylor	583-2306
Mid-August	4 Day Sawtooth Backpack	Mike Budig	328-4512
Mid-August	Tetons Classic Climb	Bob McCaig	942-2962
August 24-25	Uinta Backpack	Sandra Taylor	583-2306
Late August	Wind River High Camp	Ray Daurelle	521-2021
August/September	City of Rocks Climb	Tom Bonacci	583-8849
Aug 31-Sept 3	Wind River Backpack	Mike Budig/Ken Kelley	328-4512/
	•		942-7730
September 7-8	Naturalist Basin Backpack	Charlie Clapp	262-6422
September 14-21	Yellowstone-Teton Backpack	Mike Budig	328-4512
September 18-24	Grand Canyon Bicycle	Jim Piani	
September 21-22	Zion Car Camp	Peter Hansen	359-2040
September 21-22	La Sal Mts Backpack	Ann Cheves	1-472-3985
September 28-29	Nevada Backpack	Dale Green	277-6417
October 5-6	Zion Car Camp	Sherie Pater	278-6661
October 12-14	San Rafael Backpack	Kuehls	582-6890
October 19-20	Orderville Can Car Camp	John Mason	467-5111
October 19-21	Gr Can Backpack	Russell Patterson	973-6427
November 29-30	So. Utah Backpack Cancelled		

SEASON BOATING SCHEDULE CONTACT APPROPRIATE COORDINATOR FOR DETAILS

August ?	Canoeing in Grand Teton NP
August 30	Canoeing in Yellowstone NP (Shoshoni Lake)
August ?	Canoeing in Westwater Canyon
September?	Canoeing in Labrynth Canyon
September?	Kayak/Raft in Westwater Canyon

A WORD ABOUT W.M.C. HIKES.

The May 1985 Rambler explained the rating system used for hikes, and also gave a list of some of the most common ones. A rating of 1-4 is easy; 5-8 intermediate; 9 and above difficult. A sometimes rating, however, is Watch for the misleading. exposure, rock scrambling, and bush whacking. (If you don't know what they mean, refer to the glossary published in the June 1985 Rambler.) The rating figure will also not tell you if the trail is steep. If you are just getting into hiking,

you may find that a hike's description does not tell you everything you may want to know; if so, don't feel shy about calling the leader ahead of time, to check to see if your abilities are a match for the hike.

Please come to the hike with proper equipment: adequate clothing, foot wear, food, water, and any special equipment required for that hike. You are expected to stay with the group once you have signed the release form. Do not jackrabbit ahead of the group, or pretend that you are "Tigger".

JULY

CLUB ACTIVITIES

Only activities approved by the appropriate WMC Director can be listed in the Club Activities section of of the Rambler. Send your proposed activity, for approval, to the hiking, rafting, skiing, etc. director for inclusion in their activity schedule. Those activities sent directly to the Rambler, without approval, will not be published.

NOTICE: Volleyball, 6:30 p.m., TUESDAYS, at Westminister College, Look for us near the tennis courts off 1700 South. Call Rick Bliss for info, 969-9685

Mon. Jul 1	PARLEYS CANYON <u>BIKE</u> RIDE. Meet Torrey Taylor at the defunct Bagel Nosh on Wasatch Blvd. at 6:30 for a great ride to G.W. Park. Leave at 6:45. Helmets.
Tues. Jul 2	MOONLIGHT <u>CANOEING</u> ON THE GREAT SALT LAKE. Meet at the Timberline Sports parking lot (3155 Highland Drive) at 8:00 p.m. to drive out to the Great Salt Lake for an enjoyable evening canoeing by the light of the full moon. For more information, call Rich Stone 583-2439 or Allan Gavere 486-1476.
Wed. Jul 3	MILLCREEK CANYON <u>BIKE</u> RIDE. Meet Jim Pianni at 6:14 at the Bagel Nosh. Leave at 6:30. Helmets required.
Thur. Jul 4	EVENING <u>CLIMBING</u> AT STORM MOUNTAIN. About 3.3 miles up Big Cottonwood Canyon at about 5-6 p.m. Climbers gather at the boulder in the parking lot and pair off by convenience. Afterward is burgers, beer, and B.S.
Thur. Jul 4	MAYBIRD LAKES HIKE. Rating 5.5. Join Anne Cheves at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 9:00 a.m. for this delightful hike.
Thur. Jul 4	MT. BALDY ABOVE ALBION <u>HIKE</u> . Rating 3.5. Time: 9:00 a.m. Place: the geology sign in the parking lot at the mouth of Big Cottonwood Canyon. Leader: Linda Leigh (262-3063).
Thur. Jul 4	LITTLE WATER PEAK HIKE. Rating is probably a little over 5.0. Meet Wick Miller (583-5160) at 8:47 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.
Thur. Jul 4	THURSDAY EVENING <u>HIKE</u> . Big Cottonwood Canyon. See "Thursday Evening Hike Information" on page 4.
Thur-Sun Jul 4-7	ALPINE CANYON: TEENAGE, ADULT, RAFT/KAYAK TRIP. Boat the entire four days or just the weekend. Launch directly from Elbow Campground and return each night after running the

whitewater in the canyon. Evening swim at Astoria Hot Springs 6 miles north of camp. Potential side trips to Jackson or Teton National Park. Send your \$15 deposit to Bob Meyer, 3190 Holiday Drive, North Ogden, Utah 84404. Phone home 782-5708; work 322-5513, ext. 2564 (free) or 863-2564. Work Party July 1, 6:15 p.m. at new boathouse.

- Thur-Sun Jul 4-7 MOUNTAINEERING HIGH CAMP. Tetons or S Wind River Mountains depending on snow levels. Register with Ray Daurelle, 521-2021.
- Thur-Sun Jul 4-7

 DEEP CREEK MTS. <u>BACKPACK</u>. Travel the Pony Express Trail with you guide, host, and leader, Steve Carr (466-2881). Travel through the west desert to a scenic range near Nevada border. Camp in an alpine setting. Climb Ibapah Peak at 12,101 feet. Depart Wednesday evening.
- Thur-Sun Jul 4-7 RED CASTLE LAKES (UINTAS) <u>BACKPACK</u>. It's a long one (16 miles one way) but the reward is one of the most scenic spots in the Uintas. Ken Kraus (363-4186).
- Thur-Sun Jul 4-7 CANYONLANDS <u>BACKPACK</u>. For those who like it hot! A base camp will be set up near Druid Arch, with day hikes from there. Leaders: Lori Warner (534-0271) and Walley Fort (534-0915).
- Sat. Jul 6

 BIG COTTONWOOD <u>BIKE</u> RIDE. Anyone left in the City for the Holiday can join Terry Rollins at the mouth of Big Cottonwood for a journey to the Brighton General Store. Meet at 8:00. Helmets required.
- Sat. Jul 6 ALTA RIDGE RUN HIKE. Rating about 8.0. The route will be up Grizzly Gulch to the ridge between the two Cottonwoods, to Flagstaff Peak, and then back to Alta. Meet leader Norm Fish (964-6155) at 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.
- Sat. Jul 6 DESOLATION LAKE HIKE. Rating 5.0. Ellie Ienatsch (272-2426) will meet the group at 9:30 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.
- Sat. Jul 6 DAYS FORK TO MINE HIKE. Rating about 4.0. Joanne Miller (583-5160) will meet you at 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.
- Sun. Jul 7

 PFIEFFERHORN HIKE. Rating 10.0. EXPOSURE!! Meet Tom Bonacci (583-3449) at 8:30 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon. Those who survive may purchase beer at the Canyon Inn upon completion of the trip.
- Sun. Jul 7 REYNOLDS PEAK HIKE. Rating about 6.0. Leader Shelly Hyde (583-0974) promises a surprising return. Starting place at 9:30 a.m. is at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.

Sun. Jul 7 RED PINE LAKE HIKE. Rating 5.0. Leader is Chris Moenich (363-7053). 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.

Sun. Jul 7 SNAKE CREEK PASS <u>HIKE</u>. Rating 3.5. Meet at 9:30 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon. Leader is Jim Johnson (466-5942).

Sun. Jul 7

SUMMER SOCIAL. 6:00 p.m. Bar-b-que at Morton Pellatts, 2599
Valley View Avenue (off Holladay Blvd.). Bring meat to BBQ and a
side dish. Drinks and paper goods provided at cost. Socials held rain
or whatever.

Sun. Jul 7

BOX ELDER FROM AMERICAN FORK CANYON HIKE. Rating 9.0.
The hike features EXPOSURE!! and a STEEP TRAIL!! But it also features World Class Glissading. Call George Westbrook at 942-6071.

Sun. Jul 7 MAJOR LODGE WORK PARTY. We will be pouring and smoothing concrete in and around the barbecue and doing some enlargement of parking lot (moving large rocks!) if enough workers appear at the work party. Call Alexis Kelner for details of what to bring, etc. As usual lunch will be furnished. Lodge will remain open through Sunday to finish work or to simply relax (359-5387).

Mon. Jul 8 EMIGRATION CANYON <u>BIKE</u> RIDE. Join Pat Fairbanks at the east end of the Hogel Zoo parking lot at 6:30. Helmets please.

Mon. Jul 8 CATARACT CANYON KAYAK/RAFT TRIP WORK PARTY. WMC boat storage facility, Oakwood Business Storage, 5585 South 320 West, #48, Murray, Utah at 5:30 p.m.

Wed. Jul 10 MILLCREEK BIKE RIDE. Leader, Susan Allen. See July 3 for details.

Thurs. Jul 11 EVENING CLIMBING AT STORM MOUNTAIN.

Sat. Jul 13

Thur. Jul 11 THURSDAY EVENING HIKE. Mill Creek Canyon. See "Thursday Evening Hike Information" on page 4.

Fri-Mon Jul 12-15 CATARACT CANYON KAYAK/RAFT TRIP. (Advanced). Come and run some of the biggest white water on the North American Continent. This year we have had a plentiful snowfall in the Upper Colorado River Basin, which should provide for a reasonably high flow rate at this time of year. Cataract is for those who really get a kick out of the adrenaline rush. This is for qualified advanced river runners. Work party will be Monday, July 8 at the storage facility at 5:30 p.m. Send your \$25.00 deposit to trip leader Gary Tomlinson, 10492 Columbine Way, Sandy, Utah 84070. For more information, contact Gary at 571-5555.

GOURMET MUNCHIES <u>BICYCLE</u> TOUR. An easy ride of about 25 miles. We will be stopping at a variety of speciality food stores (suggestions welcome). When we get back to the park, we will dine

al fresco on some of our acquisitions. Bring an appetite and meet at the 15th East entrance of Sugarhouse Park at 9:30 a.m. Leader: John Peterson, 277-8817. Helmets required.

Sat. Jul 13

MOUNTAIN BIKE RIDE. Bring your own mountain bike or rent one and come explore dirt roads and jeep trails near Mirror Lake Highway. Area will be south of Soapstone Basin. Meet at the bankrupt Bagel Nosh at 7:30 to carpool. Leader: Doyle Dow 278-7616.

Sat. Jul 13

LODGE OPEN WEEKEND. The Lodge is rented through Saturday noon, but will be open for club members through Sunday. Some work will be done, depending on level of enthusiasm by those coming. We need a Lodge host for this weekend. Call Alexis for details: 359-5387.

Sat. Jul 13

EXPERIENCE <u>CLIMB</u>. NORTH FACE OF OLYMPUS. Leader Ray Daurelle, 521-2021.

Sat. Jul 13

AMERICAN FORK TWINS VIA ALBION <u>HIKE</u>. Rating 7.0. The route is past the Snowbird tram, onto the Twins, Red Baldy and down White Pine. There is some rock SCRAMBLING!! and some EXPOSURE!! Prepare a generic car pool at 8:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon; proceed to the White Pine parking lot, where you will pick up your leader, Bob Myers (534-1429).

Sat. Jul 13

<u>CANOE</u> CLINIC. Here is the perfect opportunity for you novice canoers to learn the strokes necessary to make that canoe go straight, or turn when you want it to. Call Rich Stone 583-2439 or Allan Gavere 486-1476 for more information.

Sat. Jul 13

MUSICAL HIKE (CATHERINE PASS FROM BRIGHTON). Pack up your favorite musical instrument and join Carol Kalm (272-0828) for this annual event. We are not sure which one it is, but we think it is the 47th annual. Meet at 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.

Sat. Jul 13

BIG WATER GULCH ABOVE DOG LAKE <u>HIKE</u>. Rating about 5.0 or 6.0. Jay Rentmeister (254-3722) will meet the motly crew at 8:30 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.

Sat. Jul 13

HIDDEN FALLS TO SLC OVERLOOK FAMILY HIKE. Children welcome. Meet Russell Patterson (973-6427) at 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.

Sat-Sun Jul 13-14

UINTAS <u>BACKPACK</u>. The destination has been revised from that listed in <u>last month's Rambler</u>. Ken Kelley (942-7730) will lead the way to Henry's Fork <u>Lake in the eastern Uintas</u>. About 9 miles one way. The group will leave Friday night. Register with Ken.

Sat-Sun Jul 13-14 UINTAS CAR CAMP. Camp at Cliff Hills Campground in the Duchesne Canyon on the south slope of the Uintas. Day hiking to Grandaddy Lake and environs. Register with Tom Foster (363-9959, work phone, day and evening). Sat-Sun Jul 13-14 QUALITY WHITEWATER KAYAKING. Jackson, Wyoming area rivers (Granite Creek, Hoback, Greys, etc.) Call Don Thomas for info, 561-5667. Sun, Jul 14 PARK CITY AREA BIKE RIDE. Join Pat Fairbanks for a leisurely ride from Park City to Peoa, Francis and Kamas. Meet at the Parleys Canyon K-Mart at 9:00 a.m. to carpool to Park City. Leader: Pat Fairbanks, 532-6467. Sun. Jul 14 CANOEING ON UTAH LAKE. Join leader Pete Hovingh exploring new wildlife habitats on Utah Lake. Plan to launch early to avoid the heat of the day. Contact Pete at 359-4791 to register. Sun, Jul 14 LEWIS PEAK NORTH OF KAMAS HIKE. Rating about 6.0. Do a generic carpool at 8:00 a.m. at the K-Mart parking lot (21st S. and Foothill), and then meet the mountain's tucayo, Lyman Lewis (1-649-9632) at Kimball Junction at 8:30. Sun. Jul 14 LAKE LILLIAN AND SUNDIAL HIKE. You may wish to go only as far as Lake Lillian (rating 5.5), or you may wish to follow Clint Lewis (295-8645) past the waterfalls to Sundial (rating 8.5 and EXPOSURE!!). 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon. Sun. Jul 14 DOG LAKE (MILL "D") HIKE. Rating 4.0. Meet Janet Friend (277-8933) at 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon. Sun. Jul 14 BUTLER FORK TO GOBBLERS KNOB HIKE. Rating 6.5. Meet at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 9:30 a.m. Leader is Tom Silberstorf (467-5734). Sun. Jul 14 BIG WATER TO DESOLATION TRAIL TO TERRACES PICNIC GROUND HIKE. A 12 mile hike that will end with a cook out. Bring your favorite food and refreshment; charcoal will be provided. Register with Uta Roth (581-5464) call during the day. Mon. Jul 15 CITY CREEK CANYON BIKE RIDE. Join Sam Kingston in Memory Grove for a pleasant ride up City Creek. Meet at 6:30, leave at 6:45. Helmets required. Tues. Jul 16 BEAR TRAP CANYON KAYAK/RAFT WORK PARTY. WMC boat storage facility, Oakwood Business Storage, 5585 South 320 West, #48, Murray, Utah at 5:30 p.m. MILLCREEK CANYON BIKE RIDE. Led by Jim Pianni. See July 3 Wed. Jul 17 for details.

EVENING CLIMBING AT STORM MOUNTAIN.

Thurs, Jul 18

Thurs. Jul 18 THURSDAY EVENING <u>HIKE</u>. Big Cottonwood Canyon. See "Thursday Evening Hike Information" on page 4.

Fri-Sat Jul 19-20

BOARD <u>RETREAT</u> TO THE LODGE for all Board Members, Coordinators, Board of Trustee Members and partners. The purpose will be to discuss long range goals, what is good and not so good about the Mountain Club, what to do about it, get better acquainted with each other, and have a little fun. Meet Friday evening at 7:00 for a barbecue, stay overnight, have breakfast and meet Saturday morning from 9:00 to 12:00, have lunch, meet again from 1:00 to 3:00 then go on a short hike. There is a party for the general membership on Saturday evening. Please call Bob Wright, 1-649-4194 and sign up.

Sat. Jul 20

WEBER RIVER <u>CANOE</u> AND <u>KAYAK</u> RACE. This is a 3 mile downriver race in the morning and a slalom race in the afternoon. An excellent opportunity to show off your skills and to meet other paddlers. Sponsored by Timberline Sports. Call 466-2101 for more details.

Sat. Jul 20 RED PINE LAKE <u>HIKE</u>. Rating 5.0. Meet Phil Berger (266-8560) at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 8:30 a.m.

Sat. Jul 20

MINOR LODGE WORK PARTY FOLLOWED BY PARTY. Come help us finish up the concrete work then party in the evening. We will need a semi-experienced electrician for some minor wiring of an outdoors overhead lighting system. Call Alexis for details: 359-5387.

Sat. Jul 20

MARIPOSA TRAIL <u>HIKE</u>. Trudy Healy (943-2290) will pursue an easy pace, while looking for Mariposa lillies. The hike is partly without trail. The Forest Service tells us the Mill Creek road should be open by this date; but if not, be prepared for a longer hike. Meet in the NW corner of the Olympus Shopping Center parking lot at 9:00 a.m.

Sat. Jul 20 CATHERINE PASS HIKE. Rating 4.0. For one of the most spectacular views of the Wasatch, join Dennis Hank (261-2749) at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 10:30 a.m. (just for those that like to sleep in).

Sat. Jul 20 EXPERIENCE <u>CLIMB</u>. PERLA'S RIDGE? This is on the south side of Little Cottonwood. Much cooler than the north side. Leader Ray Daurelle, 521-2021.

Sat. Jul 20

LODGE PARTY. 7:30 p.m. Come join us for the rustic pleasures of mountain merriment. Maybe we will be able to dance under the stars on our new patio. Bring a pot-luck. Drink provided at cost. Admission \$1.50.

BEAR TRAP CANYON <u>KAYAK/RAFT</u> TRIP. (Advanced/Class III-IV). This is another alpine river trip located on the Madison River in Montana. This thriller offers some swift technical rapids much like

Sat-Sun Jul 20-21

those of the upper Dolores, but in an alpine setting. Work party will be Tuesday, July 16 at 5:30 p.m. Send your \$25.00 deposit to trip co-leader, Leslie Woods, 456 East 3335 South #14, SLC. Utah 84115. For more information contact Gary Tolmlinson 571-5555

- Sat-Sun Jul 20-21 UINTAS <u>BACKPACK</u>. A short hike, only about 2 miles, from Bald Mountain trail head to Notch Lake. Limit 10. Register with Aaron Jones (262-2547).
- Sun. Jul 21

 BRIGHTON RIDGE RUN HIKE. Rating 8.0. Stay over after the party and leave from the Club Lodge at 9:00 a.m. with Penny Archibald (277-1432). Or if you're coming from the city, do a generic car pool at 8:30 at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.
- Sun. Jul 21 MT. RAYMOND HIKE. Rating 6.5. Climb Mt. Raymond, aka Porter Peak, with Bob Weatherbee (278-663). Meet at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 8:00 a.m.
- Sun. Jul 21 DOG LAKE <u>HIKE</u>. Rating 4.0. Do this old favorite with Denna Wright (1-649-4194 or 1-649-1228). Meet her at 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.
- Sun. Jul 21 MT. NEBO <u>HIKE</u>. Rating 9.0. At 11,928 feet, and overlooking Nephi, Mt. Nebo is the highest peak in the Wasatch. Your favorite guide, Milt Hollander (277-1416) is in charge. Register Friday or Saturday evenings (call before 9:00 p.m.).
- Sun. Jul 21

 FAIRFIELD <u>BIKE</u> RIDE. Leaders: Mike and Jean Binyon. Will meet at 9:00 at the South Jordan Park, 11100 South Redwood Road. This ride of about 55 miles over rolling hills will go through Cedar Fort to Camp Floyd Historic Site in Fairfield. Bring lunch or buy munchies in Cedar Fort. 485-5560 if any questions. Helmet required.
- Mon. Jul 22 PARLEYS CANYON BIKE RIDE. See July 1st for details.
- MAIN SALMON RIVER <u>KAYAK/RAFT</u> TRIP. (Intermediate/Class III). This is the classic "River of No Return". It is a spectacular blend of the alpine terrain of the Snake with the beautiful sand beaches of the Green. And just to add a little variety a hot spring or two to boot. For more information, contact Cal Giddings, 3978 Emigration Canyon, SLC, Utah 84108 or at 583-4271.
- Wed. Jul 24 PIONEER PEAK FAMILY <u>HIKE</u>. Celebrate Pioneer Day high on top Pioneer Peak with Marilyn and Mike Treshow (467-8814). Meet at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 11:00 a.m.
- Wed. Jul 24 DESOLATION LAKE <u>HIKE</u>. Rating 5.0. Meet Lew Choules (486-4554) at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 9:30 a.m.

Wed. Jul 24 MILLCREEK BIKE RIDE. See July 10th for details.

Wed-Sun Jul 24-28

BICYCLE RIDE. IN THE YELLOWSTONE AREA. We plan to stay at our cabin at Henry's Lake, Idaho and do several rides from this point. One ride will be to Quake Lake, then into West Yellowstone and return. Another will be a ride to Virgina City, Montana, a very quaint and scenic frontier town from yesteryear. Most of the roads will have little traffic. Canoeing and fishing is also a possible activity. If you cannot make it for the entire time, you are welcome to come for as long as you can. Call Bob Wright, 1-649-4194 by July 21 for additional information and to register.

Thurs. Jul 25 THURSDAY EVENING HIKE. Mill Creek Canyon. See "Thursday Evening Hike Information" on page 4.

Thurs. Jul 25 EVENING CLIMBING AT STORM MOUNTAIN.

Sat. Jul 27

OLD TIMERS' <u>PARTY</u>. This is our umpteenth annual get-together. Originally started for Club "old timers" this get-together now attracts both old timers and new timers. Come and see slides of past trips and enjoy the Lodge. Bring meat for barbecue and some slides to show. The Lodge will be open from about noon for members and guests. Call Alexis Kelner for details: 359-5387.

Sat. Jul 27 SILVER FORK TO DAYS FORK RIDGE HIKE. Rating about 8.0. Charlie Keller (467-3960) will be at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 8:30 a.m.

Sat. Jul 27 MT. TIMPANOGOS VIA ASPEN GROVE HIKE. Rating 14. Meet Bob Richey (571-2653) at 7:00 a.m. at the K-Mart parking lot at 9000 South.

Sat. Jul 27 HONEY COMB CLIFFS HIKE. Rating 4.0. Queue up at 9:00 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon. Richard Zeamer (355-3751) will be in charge.

Sat. Jul 27 LAKE MARY <u>HIKE</u>. Rating 2.0. For all of you who want to sleep in, and then get out for a short hike, Susan and Ray Wenger (254-2410), at 11:00 a.m., at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.

Sat-Sun Jul 27-28 WHITEWATER <u>CANOEING</u> ON ALPINE CANYON. A real kick in the pants. Register with leader Rich Stone, 583-2439 by Wednesday. Experienced whitewater canoers only.

Sat-Sun Jul 27-28

MOUNTAINEERING HIGH CAMP. LONE PEAK CIRQUE. The climbing here is astounding. (So is the killer backpack up.) Some of us will backpack part way up in the heat after work Friday evening. I'll need a leader for the group that leaves early Saturday morning. Ray Daurelle, 521-2021.

UINTAS FULL MOON BACKPACK. 11 miles and 1,800 feet Sat-Sun Jul 27-28 elevation gain from the Christmas Meadow trail head to McPheter Register with Stephen Negler (451-5892, Limit 10. Farmington). Sat-Sun Jul 27-MONTANA BIKE RIDE. Come and enjoy the mountains of Montana Aug 4 by bicycle. The trip will leave from Missoula and travel via the Swan Valley to Glacier Park. Return will be near Flathead Lake. Panniers only, no sag. Planning meeting July 11 at Pat Fairbanks at 7:00. Call Terry, 467-5088 for further details and information. Sun. Jul 28 LAKE BLANCHE HIKE. Rating 5.5. This's gotta be one of the prettiest spots in the Wasatch. An 8:30 meeting at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon should ensure beating the crowd. Leader Kennita Berger (266-8560). Sun. Jul 28 HOYT PEAK HIKE. Rating about 7.0. Do a generic carpool at 8:00 a.m. at the K-Mart parking lot (2100 South and Foothill), and then meet Lyman Lewis (1-649-9632) at the Park City Golf Course at 8:30. GRANDEUR PEAK HIKE. Rating 4.4. The approach is via Church Sun. Jul 28 Fork. Meet Chuck Gregg (364-6342) at 9:00 a.m. in the NW corner of the Olympus Shopping Center parking lot. Sun. Jul 28 BOWMAN FORK LEISURE HIKE. Ellissa Stevens (485-1147) doesn't plan to break any speed records, and plans to go only as far as the group wants to go. Meet at 9:00 a.m. in the NW corner of the Olympus Shopping Center parking lot. Mon. Jul 29 EMIGRATION CANYON BIKE RIDE. Leader needed. Call Pat Fairbanks, 532-6467. Helmets required. Wed. Jul 31 MILLCREEK BIKE RIDE. See July 3 for details. Wed, Jul 31 MOONLIGHT CANOEING ON THE GREAT SALT LAKE (See July 2 for details). EVENING CLIMBING AT STORM MOUNTAIN. Thurs. Aug 1 THURSDAY EVENING HIKE. Big Cottonwood Canyon. See Thurs. Aug 1 "Thursday Evening Hike Information" on page 4. SPANISH FORK PEAK HIKE. Rating unknown, but difficult. The Sat. Aug 3 peak is in the Wasatch south of Provo. Meet Lauren Holland (467-8645) at 7:15 in the parking lot across from Wendy's at 13th East and Simpson. Sat. Aug 3 PORTER FORK TO ALEXANDER BASIN HIKE. Rating about 5.0. Meet Mark Ibsen (582-7307) in the NW corner of the Olympus

Shopping Center at 9:00 a.m.

- Sat. Aug 3 MT. AIRE HIKE. Rating 4.0 (provided the Mill Creek road is repaired, as promised). Meet Oscar Robison (943-8500) in the NW corner of the Olympus Shopping Center parking lot at 8:30 a.m.
- Sat. Aug 3

 WHITE PINE LAKE TO RED PINE LAKE HIKE. Rating about 6.5.

 Don Hamilton (255-6678) plans to traverse the ridge between the two lakes, so there will be some SCRAMBLING (see June Rambler for Glossary). Meet at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 8:30 a.m.
- Sat-Sun Aug 3-4 MOUNTAINEERING HIGH CAMP. BEARTOOTH MTNS. just north of Yellowstone Park in Montana. The goal is Granite Peak. Call Mark Holt for exact days, 255-4633.
- Sat-Sun Aug 3-4 UINTAS <u>CAR</u> <u>CAMP</u>. Join leader Barbara Richards (484-8097) at Butterfly Lake for a leisurely weekend. Area day hikes to Bald Mountain, and nearby lakes for fishing or flaking out.
- Sat-Sun Aug 3-18

 CANADA 1985. BACKPACK/CARCAMP. Please note the DATE CHANGE to accommodate more participants. A base camp will be established at the Whistlers Campground in Jasper National Park (with hot water and flush toilets). The nearby town of Jasper has such amenities as hot showers, laundromats, restaurants, etc. From there sightseeing/dayhikes and 2 or 3 day backpacks will be taken. Backpacks planned include: Valley of a Thousand Falls to Berg Lake with a spectacular view of Mt. Robson (3 days), Amethyst Lakes/The Ramparts (3 days), Jonas Pass (3 days), Mt. Edith Cavell (2 days or dayhike), and tours to Maligne Canyon and Lake Louise. Transportation charge will be \$150-\$200. For more information or
- Sun. Aug 4 BBQ SOCIAL. See August Rambler for place or call Entertainment Director.

to register, call Dale Green, 277-6417.

- Sun. Aug 4

 BROADS FORK HIKE. Rating about 5. An early morning hike for a view of the Twins. Meet Richard Baker (255-6427) at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 8:00 a.m.
- Sun. Aug 4 KESSLER PEAK HIKE. Rating probably 6.0 or 7.0. Mike Roundy (278-9752) will be at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 9:00 a.m.
- Sun. Aug 4

 CECRET LAKE HIKE. Rating 1.0. Lower your cights for an easy hike with Janet Friend (277-8933) that is sertain to be very csenic. 9:30 a.m. at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon.
- Sun. Aug 4 CHURCH FORK PEAK HIKE. Rating 4.3. This seldom climbed peak is just east of Grandeur. In a blinding rain storm in June the club clearing the trail to the ridge; Barry Quinn (272-7097) was in the work party. 10:00 a.m. in the NW corner of the Olympus Shopping Center parking lot.

THURSDAY EVENING HIKE. Mill Creek Canyon. See "Thursday Thurs. Aug 8 Evening Hike Information" on page 4. Sat. Aug 10 MOUNTAINEERING HIGH CAMP. NORTH CASCADES in Washington near the Canadian border. Christop Schork will spend one to two weeks in the area. He plans to do Mt. Stewart with crampons and rock gear, and the Liberty Bell Crack. The trip may tend toward rock routes. Anyone who can spend any of this time with him should call him at 649-6033 evenings. MAYBIRD LAKES HIKE. Rating 5.5. In Little Cottonwood Canyon Sat. Aug 10 near Red Lake, but not visited as often. Clayton Benton (277-2144) is the leader; meet him at 8:00 at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon. GREENS BASIN HIKE. Rating unknown but easy. Rodger Foltz Sat. Aug 10 (487-0945) will be at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 9:00 a.m. Sat. Aug 10 SUNSET PEAK HIKE. Rating 5.0. This hike provides a spectacular view of the backside of Timp. Meet Chuck Gregg (364-6342) at the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 9:00 a.m. SAWTOOTHS BACKPACK. Register with Mike Budig (328-4512) by Sat-Tue Aug 10-13 August 5, or better still earlier, because there is a limit of 12. Sun. Aug 11 WHITE PINE LAKE HIKE. Rating 5.5. Tom Bonacci (583-3449) is leaving from the geology sign in the parking lot at the mouth of Big Cottonwood Canyon at 8:00 a.m. MT. TIMPANOGOS VIA TIMPONEKE HIKE. Sun. Aug 11 Rating 14.0. miles up and down, but a beautiful hike. Bring your favorite refreshment and food for after hike cook out with Leo Fontaine. Register (566-2532). Leo will provide charcoal and umbrella. Sun. Aug 11 THAYNE PEAK HIKE. Rating 6.0. Meet Gerry Hatch (467-7186) in the NW corner of the Olympus Shopping Center parking lot at 9:00 a.m. Sun. Aug 11 GOBBLER'S KNOB FROM ALEXANDER BASIN HIKE. Rating about 5.0 or 6.0. Art Griffin (363-1996) will meet you in the NW corner of the Olympus Shopping Center parking lot at 9:00 a.m. Sun. Aug 11 DOG LAKE FROM BIG WATER HIKE. Join Joyce Sohler (487-6536) for an easy hike that meets at the NW corner of the Olympus Shopping Center parking lot at 9:00 a.m. (watch out for WMC traffic jam!). RAFT/KAYAK/CANOE Sun-Sat Aug 11-17 MAIN SALMON RIVER (Intermediate). Another chance to run the River of No Return, if you could not get on the July trip. The water will be lower and

wilder, as well as warmer. There will be a maximum of 10 kayakers

and canoeists; the latter must contact Alan Gavere, Canoeing

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Coordinator, 486-1476, to qualify for the trip. There are a minimum of 20 paddle raft positions. Work party date is not yet determined (probably around 5-7 August). For this and other general information, call Chuck Reichmuth, Rafting Coordinator, 483-1542. Send your \$25.00 deposit to trip leader Bill Viavant, P.O. Box 2002. Moab, Utah 84532. For details, contact Bill at 1-259-8898.

Thurs. Aug 15

EVENING CLIMBING AT STORM MOUNTAIN.

Mid-August

MOUNTAINEERING MIXED MEDIA TETONS TRIP. AND HARD ROCK". A weekend of symphony music and day climbing trips. Leader Bob McCaig, 942-2960.

Sat. Aug 17

SIXTH ANNUAL GREEK PARTY. See August Rambler for more details.

Sat. Aug 17

MINOR WORK PARTY. Spend a few hours working on the Lodge, then party in the evening. Call Alexis for work party details: 359-5387. Lodge will remain open through Sunday noon.

Sat-Sun Aug 24-25

MIRROR LAKE HIGHWAY BIKE RIDE. A real favorite, this ride leaves from the Truckstop Cafe in the town of Echo, stops for lunch in Evanston and then up into the Uintah Mountains where we will camp at the Stillwater Campground. The next morning it's up over the Mirror Lake Summit and downhill most of the way into Kamas for lunch and then on back to Echo via Peoa, Oakley and Wanship. Total distance is 155 miles with approximately one half each day. A sag wagon will be provided for a small charge. Meet at the Cafe in Echo at 7:30 a.m. for breakfast and to load the sag. Leader: Rich Stone, 583-2439. Helmets required.

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Wed-Tue Sept 18-24 GRAND CANYON NORTH RIM BIKE RIDE. Limit 18. Co-leaders Jim Pianni 943-8607 and Susan Allen 466-1705. Sag or Panniers will be decided by participants. All roads paved. Altitude gain is from 5000' to 8800' over 67 miles. Total mileage for the five days will be 230-300 miles. Planning meeting August 1 at 7:00 at Jim Pianni's 2826 Willow Wick Drive (8800 South and 2800 East in Sandy). \$45.00 deposit by August 15th. Schedule is available upon request.

Tuesdays

Meet at the Westerner Club for some dancing with the WMC Swingers. Dance instruction by Jim Wood at 7:30. Band starts at 8:30. For more information, call Penny at 277-1432.

RAMBLER HELP NEEDED (TYPIST)

The Rambler needs a person to type the manuscript etc. for each edition. 5-6 hours per month between the 12th and 17th of the month. Oualifications: word processor with letter quality printer, live or work on near North side or downtown, spelling correction softwear, proof reeding. Would like to start 12th of July. Call Earl Cook at 531-6339(home) or 524-8082 (work).



BY RAY DAURELLE

A hike and climb were both scheduled early this season for the same day on Mt. It rained and stormed that Olympus. whole morning. No hikers showed up for the hike. Most of the climbers showed up ready to go in the rain. We did the mountain as a hike rather than a climb due to the weather. This is typical of the They won't let the weather climbers. spoil their fun. You should carry some foul weather gear on every club function. On many hikes and climbs the fastest way down in case of an afternoon storm is to simply finish the trip out.

Any time you'd like a climbing partner of any ability level just call me. I have a list of climbers that would like to be called. For after work climbs and especially when the high camps take climbers out of town, this list will be a convenient way to find partners. For people who have had a class in climbing, but have never gone climbing since, there are climbers who are beginning to lead. They need to practice their leading on easy terrain. This is your cue! Calling them will benefit you both.

Experience climbs are designed for people with minimal technical rock experience. If you're wondering about it, then these were designed for you.

Bob Wall wants a partner for Mt. McKinley in 1986 (546-2251).

HOW DOES YOUR GORP GROW?

GORP: PROGRESS REPORT BY WICK R. MILLER

Many of you have complained about the high price of gorp. The Club has decided to do something about this, by planting a gorp orchard at Marmalade Hill. The Board of Directors sent the Hiking Committee on an exploratory trip (all expenses paid, of course) to Panamint Valley in Southern California. As those of you who are into gorp will recognize, Panamint Valley is better known as "Gorp Valley"; gorp is the crop that has brought countless people to the area, and has made Panamint Valley what it is today. We visited many gorp orchards. We found gorp tasting to be a trying and difficult task: we discovered the trick is to wash your mouth out with wine before trying The orchard that another variety. impressed us most was the one run by Raysons N. Gubber, along with his wife Mr. Gubber seems to have Peaches. inherited his talent from his great-uncle Luther Burbank, who was the first to develop the hybrid gorp and the seedless gorp. What I found most intriguing was a cross between a pomegranate and a gorp, a variety just recently developed by Raysons and Peaches. The fruit is like a popcorn ball of gorp wrapped in a thin skin. The Committee returned home with cuttings of this new variety, as well as with many others. They are now planted and thriving at the Marmalade Hill orchard. By this time next year, we hope to be able to offer our members gorp at cost, and if you have a green thumb, we will have gorp seed.

UPPER CITY CREEK CANYON BACK TO NATURE BY BRUCE BENEDICK

Salt Lake City has an opportunity to preserve an area of natural beauty and at the same time guarantee continual access daily by hundreds of nature lovers. This area is upper City Creek Canyon above Bonneville Blvd. near the state capitol. During the last three years, this dead end road has become a safe haven for pedestrians and bicyclists, as cars have been prohibited. During any given day, hundreds of citizens enjoy this beautiful canyon so close to the heart of the city for family walks, jogging or bicycling. This will all change unless we, as concerned citizens, make our views known to preserve City Creek.

As of Memorial Day, cars are being allowed to use this twisty, narrow one lane road. Bicycles are now prohibited from the canyon every day except Mondays and Wednesdays. Arguments in support of keeping the canyon open for pedestrians and cyclists by excluding cars fall into three categories.

- Excluding cars would allow use of the canyon by the maximum number of citizens.
- There are no equivalent facilities provided for cyclists and joggers if the canyon is closed to them.
- To prevent the impact of car travel and extended visits of picnicers on the environment and the drinking water quality, as this is the watershed for Salt Lake City drinking water.

The new policy allows cars into the canyon under a picnic site reservation system for the approximately thirty picnic sites, and thereby limits the total number of people who could reach the canyon by car. However, by permitting cars it is necessary to prohibit bicyclists, since both cannot safely share the narrow,

steep, windy road. This would turn away close to one hundred cyclists per day. As the policy now stands, pedestrians and cars would be allowed to use the road simultaneously. This is a poor choice from a safety standpoint, because of the narrow construction of the road. Residents who used the canyon five years ago in this fashion repeatedly mention that they felt they were "taking their life in their own hands" to jog with the car traffic. Similar complaints are beginning to be heard in the last weeks even though car travel has been minimal, with only a handful of the picnic reservations being used. Even if one decides that this safety issue can be overlooked, all but a very few pedestrians would agree that car traffic would markedly detract from the enjoyment of the canyon. Allowing cars would therefore stop the use of the canyon by several hundred pedestrians per day, or at the very least, markedly decrease their enjoyment. The loss of use by these two large, diverse groups would not be made up by the relatively smaller number who could use the canyon in cars.

Public support validating this claim has been overwhelming. Earlier this year a petition calling for the closure of not only the upper City Creek Canyon, but also the Bonneville Blvd. drew 1600 signatures in a very short amount of time. At that time the request for closure of the canyon was bogged down over the issue of traffic on Bonneville Blvd. Bonneville Blvd. was subsequently opened to one way traffic and no decision was officially reached over access to the upper canyon which we want addressed now.

We of course sympathize with our handicapped and disabled citizens, and would ask the city to make special exceptions to provide access for them in motorized vehicles if need be.

The second point is that there has been no equivalent alternate facility provided for safe recreational and bicycle use in Salt Lake City if City Creek Canyon is turned over to cars. With striking exception of City Creek, Salt Lake City has not

provided any safe facilities for bicyclists. The city's "bike route" map is admitted to only list commonly used routes of bikers and not facilities designed with their use in mind. The downtown hotels have almost exclusively referred tourists and visiting businessmen to City Creek Canyon in the last three years for jogging. These visitors uniformly return with raving reports of our good fortune to have such a beautiful facility for their use. In none of our other local canyons have any concerns been given in planning for the use of bicyclists and pedestrians, but only cars. It would be a shame to let City Creek follow this same course.

The third point requires foresight from our city government and represents the impact on the environment and the quality of drinking water which comes from the canyon. Although allowing cars in the canyon would decrease the total number of people who could use the canyon, it would change the profile of use by the people, leading to a marked increased impact on the environment. Car use would tend to relatively longer canyon stays, and much more off road use. The longer stays with picnicing car trips inevitably lead to littering, but more importantly, the need for restroom facilities. This is a critical issue in the watershed area for Salt Lake drinking water. Five years ago, when cars were permitted in the canyon, the fecal bacteria levels in the water rose so high that access to the canyon was temporarily closed on several occasions. Since that

time no improvements in restroom facilities near the creek have occurred. The last three years without car traffic and its associated heavy off road use has given the vegetation a chance to make a come back. The canyon is currently a peaceful, lush, green sanctuary of natural beauty which seems far away from the nearby city. Unfortunately the same cannot be said for lower City Creek Canyon, which is already showing the heavy use of cars which can get much closer to its picnic sites.

For all these reasons many citizens have taken the initiative to try and return the policy for City Creek's use to that which we have enjoyed the last three years. The recent opening to cars was a decision of the Department of Public Utilities. It was not based on public input or evaluation of current use patterns, but merely return to the policy of four years ago.

A petition asking the Mayor and the City Council for this action will be filed on June 13, 1985 and contains a few hundred signatures. The Mayor's office and a few of the counsel members appear to be in favor of this action. It is at this critical time when we as concerned citizens must make our desires to save City Creek known by calling our City Councilmen -535-7600; and the Mayor's office -535-7704. Continual support will be needed as public meetings are scheduled and as it comes before the City Council for final decision.

c 1)	WMC CHAMBER MUSIC CONCERT	
¥	Encore! Now is the time for WMC musicians to	
K-b	inventory their repertoires and let Martha	
Ψ	Veranth (278-5826 eves., 321-2125 days) know	
1	what they will play in the WMC Chamber Music	
	Concert on Saturday, September 14. As usual,	
	the \$3.00 admission fee will be waived for	
	performers; however, groups requiring a piano	
L	are encouraged to make a donation to help	
)	defray the cost of the piano rental.	
	8:00 PM, SATURDAY SEPTEMBER 14	



CONSERVATION NOTES

BY MICHAEL BUDIG

Burr Trail Update

Under pressure from Utah's Senators, Governor and all of our Congressmen, except Congressman Monson, hearings to consider paving the Burr Trail were conducted by the National Park Service in southern Utah, but not along the Wasatch Front. In reaction to this, the National Parks and Conservation Association held its own "Citizen's Hearing" at the Unitarian Church on June 3. A transcript was made of the hearing, which will ultimately become part of the official record along with the transcripts of the official hearings.

Although all of Utah's Senators, Congressmen and Governor were invited to the citizen's hearing none of them showed up, although at least one Senator did send an aide to monitor the proceeding. All the Representatives did attend at least one of the three hearings held in southern Utah, which were all heavily supportive of paving the Burr Trail. It was stated that our entire congressional delegation would fight hard to have the Burr Trail paved.

The hearing in Salt Lake was well attended and the audience overwhelmingly supported other alternatives over paving of the Burr Trail.

The following is an excerpt from comments submitted on behalf of the Wasatch Mountain Club:

We are concerned about the negative environmental impacts which would be caused by paving the Burr Trail. In particular, we fear that paving would increase ORV use adjacent to the road, would encourage vandalism of nearby archeological sites and would encourage the growth of heavy industry, including tar sands, in this spectacular primitive area.

We recognize that the economy of southern Utah is very depressed and needs some economic stimulation. However, we contend that the greatest potential for economic prosperity for this region is through tourism. Tourists are and will be drawn to this area by its incredible unique scenic and primitive qualities. qualities will be undermined by paving the The increased mining and Burr Trail. other development which may result could also ultimately have detrimental effects on tourism. Thus, while paving the Burr Trail may provide a temporary shot-inthe-arm for the area's economy, the longterm effect on the region's economy may actually be a negative one.

And even the short-term effect may be a negative impact on nearby areas, such as Hanksville, due to a diversion of traffic from Wayne County to the Burr Trail. This points out the need for regional planning for the whole Colorado Plateau Region. This type of planning is needed in order to determine where money can be best invested to do the most good for the economy of the whole region. In the meantime, we feel that the need for the road has not been proven and that the benefits will not justify the costs. There also has not been adequate consideration for alternative ways of developing the region's economy.

In this regard and in many other areas, we find that the Environmental Assessment which has been completed is inadequate. Many of its assumptions and conclusions are unjustifiable and/or unrealistic. This is especially true for the projection that

paving will increase traffic on the Burr Trail from the current average of 14 vehicles per day to 250 vehicles/day.

The EA also fails to adequately consider the long-term effects paving of the Burr Trail will have on tourism, environmental, wildlife recreational, wilderness and archeological resources. Therefore, we contend that a full Environmental Impact Statement should be required before the Burr Trail should be considered for And the primary objective should be considered by the EIS development of the region's economy, rather than just paving the Burr Trail. Paving of the Burr Trail should just be considered along with other options for improving the region's economy; a full cost/benefit analysis should be given to each option considered.

Unless adequate study and justification can be made for paving the Burr Trail, it must be considered a pork barrel project in an era of enormous federal deficits and this expenditure cannot be supported on either a state or federal level.

Finally, we resent the fact that there was no official hearing in Salt Lake City. It is obvious that the reason for this intentional oversight was that the views of Wasatch Front residents would be counter to the views of those requesting the hearings. But the fact is that most of the funding for paving of the Burr Trail will come from residents of the Wasatch Front and we have a right to be heard as long as this nation remains a democracy.

The following is an excerpt from a letter sent to the Salt Lake City Council on behalf of the Wasatch Mountain Club:

"...we are very concerned over the impacts which hosting the Winter Olympics might have on Big and Little Cottonwood Canyons. Currently, these canyons add a great deal to the quality of life here in Salt Lake City. But the canyons are heavily overused on a yearround basis, making the Wasatch-Cache National Forest the most heavily used Forest District in the nation.

There is a limit on what these canyons can accommodate. The recently released proposed Forest Service Management Plan, the Forest Service projected that the demand for crosscountry skiing, recreation would exceed opportunities to enjoy the experience in the Wasatch-Cache National Forest by the year 1996, and likewise the demand for lift skiing would exceed opportunities by the year 2010. And this is without even considering the effect that hosting the Olympic Games may have in promoting increased crowding in the canyons -- and probably moving the saturation points to even earlier dates.

In addition, holding Olympic events in these canyons would lead to an increase in the number of permanent structures in the canyons, causing increased urbanization in the canyons. This would also have a detrimental effect on Salt Lake City's watershed.

Even though the Winter Games Feasibility Committee (WGFC) have said they will have the proposal for the tunnel from Big to Little Cottonwood Canyon dropped from the bid, this does not close this issue. The fact is that the International Olympic Committee (IOC) has a past history of making significant changes in the siting of Olympic event and siting requirements.

We also note that the WGFC did not rule out the possibility of avalanche snowsheds We feel that the in the canyons. snowsheds would have a strongly detrimental effect on the rustic quality of the canyons which makes these areas equally appealing for a pleasant escape from the winter valley haze and for a summer facility picnic. The snowsheds should be specifically excluded in the bid for the winter games.

The feasibility study points out that existing access to Little Cottonwood Canyon is inadequate by Olympic standards and we seriously doubt that the IOC will allow any of the events of the winter games to be sited in Big or Little Cottonwood Canyon unless there is a way

out of the canyon in the event of a major avalanche. Thus, it is probable that the IOC will require that the tunnel and/or snowsheds be built if any events are scheduled for Big or Little Cottonwood Canyons.

Big and Little Cottonwood Canyons are the most environmentally sensitive of the areas under consideration for the games. Thus, while prohibiting the construction of the tunnel and snowsheds would, by itself, be a very positive step to protect the canyons, the only way to insure that the games will not degridate the quality of these canyons is to stipulate that no events be held in either Big or Little Cottonwood Canyon.

Another issue of major concern to Salt Lake area residents is possible financial liability for the winter games. We believe the games should be required to be self-sufficient. And, certainly, if local residents must assume the risk for the games, we should be given the opportunity to vote on whether we want the games or not.

Another condition which should be placed on any possible bid is that the games be insured against possible natural catastrophe (i.e., no snow, major earthquake, flooding, etc.) to the fullest extent possible.

Finally, we feel that in order to guarantee that there is a full public discussion of the Olympic issue, there should be a public referendum for the residents of Salt Lake City or the whole Wasatch Front. And, unless the games are guaranteed to be self-sufficient, the wording of the referendum should be as to ask whether residents are willing to pay higher taxes if the Olympics run a deficit.

After all, the reality is that unless the games are required to be self-sufficient, the public will be liable for any potential deficit. Judging from past winter games (all had a deficit except Sarajevo and Sarajevo was spared from a deficit only by using its army as expense-free laborers), it seems very possible that the games will have a deficit.

The Wasatch Mountain Club contends that unless these stipulations are added to any bid for the winter games the games will place an unacceptable strain on Salt Lake City's mountain canyons and taxpayers and therefore the Salt Lake City Council should vote against a bid for the winter games."



photo by E. Cook

BOATING DIRECTOR

BY GARY TOMLINSON

With so many river trips scheduled this season, Club members can be selective as to the ones they wish to do. Consequently, many of the trips thus far have not filled to the maximum limit. If you are hesitant about signing up for a trip because you feel it may already be full, think twice this year, and contact the trip leader to find out if this is the case. Most likely you will be able to go on most any trip you wish to.

Remember to apply for September Wastewater Permits. We are seeking all weekend dates in September. Write for a non-commercial river permit application to:

U.S. Department of the Interior Bureau of Land Management P.O. Box M Moab, Utah 84532

If you have any questions regarding the acquisition of, or the paperwork of these permits, please feel free to contact myself or the individual coordinators, we are more than willing to aide you in this endeavor.

FROM THE

HIKING DIRECTOR

FROM THE HIKING DIRECTORS BY JOANNE AND WICK MILLER Rock Scrambling 101

John Veranth is going to conduct a hiking class this fall for all you out there that still don't feel comfortable with rock scrambling and exposure. There will be two sessions one in town and a second the following week somewhere in southern Utah. Watch these pages next month for details.

SIERRA CLUB OUTINGS

SATURDAY-SUNDAY JULY 6-7
Henry Mountains car camp
with day hikes. Visit the
last discovered mountain
range in the continental US.
Hiking will be around 10,000
feet. Register with leader
Jim Catlin by July 1 at
home, 531-7552, or at work,
582-5847.

SATURDAY-SUNDAY JULY 13-14
Backpack to Fishlake
Mountain. Register with
leader Brian Beard at
533-0714 by July 7.

SUNDAY JULY 21

Intermediate hike to Gobblers Knob up Porter Fork and down Alexander Basin. Meet at the geology sign at the mouth of Big Cottonwood Canyon at 8:30. If you have any questions call leader Walt Haas at home, 534-1262 or at work, 581-5617.

SATURDAY JULY 27
Day hike in the Stansbury
Mountains. Register with
leaders Dick and Nina
Dougherty at 583-3421 after
6 PM.

SATURDAY-SUNDAY AUGUST 3-4
Family car camp with day
hikes. Kids welcome.
Register with leader Karen
Brandon at 485-4586
by July 28.

SATURDAY-MONDAY AUGUST 3-5
Backpack to Island Lake
Basin on the North Slope of
the Uintas. Outstanding
fishing guaranteed.
Register with leader Brian
Beard at 533-0714 by July 28.

THE SUN CAN HARM

SUNBURN by Carl Cook

Sunburn! The word doesn't dredge up any fear, does it? Rabies-now that scares people, but sunburn? Most people think that sunburn is only a mildly painful and temporary condition. The truth though is that too much sun can do very bad things to your skin. In fact sunburn is the most common skin problem.

Most skin damage is caused by UV radiation of wavelengths less than 4000 Angstroms (A). Some of the effects of UV radiation on skin are: 1) Skin Cancer - It spreads rapidly and is very serious. Repeated exposure makes it spread even faster. The incidence of skin cancers in the general population is directly related to the amount of yearly sunlight in the area. Such lesions are especially common in sportsmen, farmers, ranchers, and sunworshipers (like WMC members). 2) Premature aging of the skin - Sun exposure prematurely ages your skin by permanently damaging the Elastin. This causes wrinkling of the skin. 3) Sunburn - UV light has been separated into 2 categories, UVA and UVB. If the skin is exposed to the longer UV wavelengths (3,200 to 4,200 A) of UVA, an increase in pigment results, producing a suntan. Following exposure to UVA, the skin thickens and the melanocytes produce melanin at an increased rate. providing some natural protection against further exposure. Sometimes uneven melanin deposition occurs in fairhaired individuals. resulting in freckling. A suntan has a protective value due to the screening effect of the increased pigmentation and the thickening of the outer layer of the skin. It will not however, protect the skin from the aging effects caused by the sun. UVA burns the skin slowly, and triggers photosensitive receptors that cause tanning.

UVB is the major cause of sunburn. Sunburn-producing rays (below 3200 A) are filtered out completely by ordinary window glass and to a great extent by smoke and smog; most are filtered out during the winter months in northern temperate zones, especially in urban Excessive exposure to UVB damages the tissues of the superficial skin An exposure of thirty lavers. minutes produces redness of the skin along with slight swelling. prolonged exposure may cause pain and blistering.

With a mild sunburn you may feel a little sick. The best treatment for sunburn is:

- 1) Take aspirin to reduce symptoms.
- 2) Drink lots of water.
- 3) Use Benzocaines and creams (Aloe vera or Eucerin are the best) on the skin before the sunburn gets bad.

With a moderate sunburn, you may feel quite sick. A moderate sunburn occurs either with a 1st degree sunburn over 75% of the body, or a 2nd degree sunburn anywhere on the body. You can get permanent scarring from 2nd degree sunburn. A moderate sunburn is characterized by chills, fever, headache, nausea, diarrhea, and/or delirium. If a large area of the body surface is affected, weakness and shock may appear.

Sunburn of the lips is often followed by painful herpes simplex infections which may cover most of the surface of the lips.

The treatment for a moderate sunburn is the same as for a mild sunburn, but is more aggressive. Use of a 0.5% Hydrocortisone cream (Bactine) before the sunburn shows up can help prevent some of the symptoms.

The prevention of sunburn is much more important than the treatment. The most effective prevention

measure is to keep from being exposed.

- 1) Clothing should be tightly woven, light colored cotton, with long sleeves. Also wear a hat and gloves.
- 2) Tan wisely and slowly. UVB is only present in significant quantities between 10 AM and 2 PM.
- 3) Proper sunscreens. Baby oil and mineral oil are useless, as are stains and dyes. There are 2 types sunscreens. 1) Physical Reflectors like Zinc Oxide which are a total block and are usually used on the lips, nose, ears, and under the chin; and 2) Chemical Absorbers. Para Amino Benzoic Acid (PABA) is the most widely used. Chemical absorbers do not, however, protect The FDA Sunscreen against aging. Protection Factor (SPF) rating system is widely used. The SPF rating system goes between 5 and 25 but no matter what the SPF rating on the container no SPF is really more effective than 12. The SPF is the ratio of: the time it takes to get a sunburn wearing the sunscreen to the time it takes to get a sunburn without the sunscreen. Sunscreen agents should be applied about 30 to 60 minutes before sun exposure so that perspiration will not wash away the protective chemicals, which take about 30 minutes to bind strongly to the skin. Always reapply sunscreen after swimming. Another factor to consider is the Substantivity (How long before it washes off?). None are good for more than 2 hours. Alcohol based PABA will wash off quickly, so avoid it. Cream based sunscreens are best. Johnson & Johnson is good and so is Coppertone Shade +.

Finally, there are several special considerations:

1) People vary in their sensitivity to sunlight. Blue-eyed, light-haired people are more susceptible to sunburn than are brunettes, and children are more susceptible than adults.

- 2) Drugs can cause photosensitive reactions which cause sunburn to develop faster and to be more severe. Sensitivity to sunlight may also be increased by a number of drugs and other substances. Sulfonamides and their derivatives, oral antidiabetic agents, some diuretics, and most tetracyclines will increase the seriousness of a sunburn while bringing the sunburn on faster. Barbiturates, some soaps and many first aid creams and cosmetics cause photosensitive reactions as well as: some plants (like celery and wild parsnip), some dyes used in lipstick, green soap, and coal tar or coal tar derivatives.
- 3) 95% of UV can penetrate 10 feet of clear water. Sand, granite, and water can reflect 30% of the UV. Old snow reflects 50% UV and new snow reflects 90%. Also, you get 4% more UV for every 1000 feet you gain in elevation.
- 4) Even if a person is shielded from direct light, much UV light can reach him due atmospheric to scattering. This radiation may contribute half of the total UV light and tends to be greater when high. cirrus clouds thin Total UV light on an present. overcast day may be greater than total UV light on a clear day. This can be a particularly serious danger since it is so subtle.
- 5) The skin may remain hypervulnerable to sunlight for several weeks following severe sunburn.

This sunworship of ours is just a fad. Before 1925 people stayed out of the sun. In 1925 an advertising executive who was promoting a product for tanning skin got the idea to show women in bathing suits. This idea caught on and from then on having a tan was fashionable!

LODGE DIRECTOR

NEWS FROM THE LODGE BY ALEXIS KELNER, LODGE DIRECTOR

Much work has been done on the Lodge this summer, most of the work performed during the June 15 Work Party. Our thanks to Susan Allen and Doyle Dow for accomplishing the Herculean task of moving and stowing about six tons of lump coal into the basement. Both looked like Irish coal miners after their effort. Joanne and Wick Miller, Sara and Bill Yates, Bob Myers, super-scrubbed the Lodge's floor and put on a fresh coat of Gym-Seal on it. Alexis remained at the Lodge for the next two days to put on two additional coats of seal onto the floor. Chuck Reichmuth did much badly needed electrical work throughout the day. Kathy Yates and Barbara Carmody brought the kitchen into compliance with health standards after a winter of heavy use; Joan Proctor worked upstairs to make the dormitories more pleasant. Larry Swanson hauled away an Olympian accumulation of clinkers and ashes that were removed in a previous work party by three volunteers (sorry, I lost the names). Gary Burg helped plan the concrete operations for the next major work party.

The Club's Lodge at Brighton is one of the Club's most cherished assets. It is the one asset that is common to all the various recreational "factions" within the Club. It would be nice indeed if more people would attend work parties to help preserve and maintain the structure.

The next series of work parties will concentrate on completing the social area around the barbecue, on the removal and stabilization of the bottom log at the front porch, and some rock rearranging in and about the parking area.

As always, please contact the Lodge Director if you plan to attend the work parties so he can plan for lunches and refreshments.

In the past, it has been Club policy to admit Lodge workers to entertainment parties that may follow work parties. We shall try to continue the tradition in the future.

SAILING - SAILING - SAILING BY VINCE DESIMONE

WMC is considering including sailing as an activity for members. If there is sufficient interest, day sailing trips to local lakes will be planned. We would use member boats like Hobie Cats, Prindles, sabots, Lightenings, wind surfers and other trailerable boats. Instruction would be available for beginners.

Possible later trips would be scheduled if there is interest to such places as San Diego, Puget Sound, the Carribbean and the Mediterranean. These trips are reasonably priced vacations even including a paid crew.

Contact Vince Desimone at P.O. Box 680111, Park City, Utah 84068 or phone 1-649-6805 if you would like to participate or if you own a sail boat.

SALT LAKE AREA YMCA

ADVENTURE EXPEDITIONS

2RC	July 15 - July 19	\$ 178
Wasatch/Uinta Bike Tour 1WU	July 9 - July 12	\$ 105
Zion/Bryce Bike Trek 1ZB	July 15 - July 20	\$ 178
Yellowstone/Grand Teton Bike Tour 1YT	Aug. 10 - Aug. 17	\$ 255
Crater Lake Bike Trek 1CL	Aug. 26 - Sept. 2	\$ 255
Flaming Gorge/Dinosaur Hike/Bike/Raft 1FGD	June 17 - June 21	\$ 168
Arches/Canyonlands Hike/Bike 1AC	July 22 - July 28	\$ 230
Capitol Reef/Bryce/Zion Bike/Hike 1RBZ	July 31 - Aug. 7	\$ 250
Grand Teton Mountaineering Expedition 1GTM	July 22 - July 28	\$ 275
Alaskan Backcountry Expedition 1ABE	July 1 - July 12	\$1095

TEEN OUTDOOR TRIPS

YMCA TEEN ADVENTURE EXPEDITIONS

"Take a walk on the wild side..."

There's a world out there — a world as tiny and magic as a dew sparkled alpine flower — and as dramatic and challenging as a sky searing snow capped peak — a world as quiet and reflective as a desert canyon pothole and as quick lively as a white water river — a world of big skies, immense canyons, glaciers, rivers, mountains, all filled with life — from colorful lichens to soaring eagles, and all inviting us for marvelous opportunities.

This summer teenagers can discover that world with the YMCA'S ADVENTURE EXPEDITIONS. This summer the YMCA offers 13 exciting and diverse trip -- from 4-day introductory trips to two week expeditions, and with varied formats to allow participants to chose the type of trip you would enjoy best.

The Adventure Expedition program is designed to expose teenage youth to the beauty of the national parks throughout the intermountain west and beyond, and to provide opportunities for adventure recreation in the out-of-doors.

The trips have been carefully planned to provide an exciting and enriching experience. The Adventure Expeditions visit the traditional highlights of each area, but the emphasis is on the less frequented backcountry to gain a more quality experience.

The Adventure Expeditions meet the needs of youth by providing them opportunities for adventure activities, and through those activities allow them to establish a connection with the natural world and an opportunity to grow and realize their potential as human beings.

The staff personnel is the finest available, certified in safety, risk management, first aid and possess years of backcountry experience and youth work.

The Adventure Expeditions are divided into five program areas: Rock Climbing and Backcountry Courses, Bicycle Tours, Combination Tours and Expedition Trips.

The Backcountry and Rock Climbing Courses are designed to introduce and instruct enrollees in basic aspects of backcountry travel, multi-day camping, mountaineering and technical climbing.

The <u>Bicycle Treks</u> offer an opportunity to travel by bike through the parks and mountains of the intermountain west.

The <u>Combination Tours</u> give participants the best of both worlds and more -- bike touring, backpacking, and river rafting can be enjoyed on these trips.

The Expedition Trips are for the experienced outdoor adventurer and include mountaineering in the Grand Tetons and an Alaskan Backcountry Expedition this summer, and a New Zealand Expedition scheduled for this December.

This program is in its second season and is the only program of its kind in the intermountain west, offering such diverse adventure activities in this age group.

Ages vary for each trip and range from ages 13-20, and prices average under \$200 for a week long course.

If you're an interested teen or know one contact the Salt Lake Family YMCA at 533-YMCA for more information about this unique Adventure Expedition program.

THRILL-A-MINUTE

Glenwood Canyon Exploratory Trip by Carl Cook

What your club does for you! Risking our lives, getting beaten up by rocks, being terrified for over 10 river miles, and eating supper in Aspen, Colorado. All for you!

Gary Tomlinson, also known as the WMC Boating Director is leading a WMC river trip on the Colorado River east of Glenwood Springs June 29-30. He had never been on that stretch but from all reports it was supposed to be a fun section which the club had never done. This trip was an exploratory river trip to determine the worthiness of this section for a WMC river trip.

We took 2 paddle boats; a 12' Apache and a 13' Campways River Rider. Gary T., Ed Christy, Nancy Inaba, and Leslie Woods were in the 13' boat while Karen Brandon, Susan Lavery, and I were in the 12' boat.

Saturday, June 8, we ran the Colorado just below the Shoshoni stretch. According to the books and kayakers in the area it was a Class III stretch. The river was very high and fast. The rapids were easy and of medium size; fun but not dangerous. We had a good time.

Sunday we decided to do the Roaring Fork which runs between Aspen and Glenwood Springs. The River follows the road so we could scout much of it driving up there. It was fast, but didn't look too bad. According to the book and to local kayakers this section also was Class III. We put on with two kayakers who told us that the river was at flood stage (obvious from the fact that the trees on both sides were under several feet of water), but quite runable. They said "Look out for the bridge just downstream. The river is fast, but should be no problem."

We put in about 20 minutes after they did. The river ripped us away from shore at about 12 miles/hour and we felt like we were going downhill on a roller coaster, far faster than we liked. It took us 6 minutes to do the first mile. Around the next turn, we spotted the bridge and saw the top of the rapid lapping at the bottom of the bridge. We went very far right and had to lie down on the bottom of the boat to make it under.

The next 4 miles were worse, several low bridges with about 8 feet between the supports, big holes, and bigger waves. But the worst were the strainers. The river made a lot of sharp turns and at every turn, logs had piled up and were sticking well out into the current. Several times we had to go frighteningly close.

Then trouble struck the 13' boat. A major valve started rapidly leaking. It didn't take long for the tube to become deflated. Unfortunately, the river was moving so fast we couldn't stop. We tried several times to get over but the few eddies we found were either too small or inside a The 13' boat forest of trees. deflated on the left side and quickly filled up with water. The boat became unmaneuverable. paddlers tried once again to get the boat to shore but couldn't. Four paddlers can't move a boat full of water and bailing didn't help when water would just pour over the side again.

Around the next bend was an island with a log jam against it. "Pull right! Straighten out the boat! I can't turn it!" The boat slammed into the log jam sideways. The paddlers couldn't 'highside' because sticks and branches were sticking out at them everywhere. The boat started to rise up on the downstream side but couldn't because of the

logs pinning it down, so instead the boat folded in the middle crushing the paddlers together. Then it opened up and spit the 4 paddlers out like watermelon seeds. and Leslie wound up under the boat. Ed and Gary about 10' away. The loose and took off boat came Several paddlers felt downstream. branches pulling at their legs as they ripped away from the logjam.

From the other boat we watched helplessly as the 13' boat smashed into the side of the logjam. We saw only 2 people as the boat floated downstream. We tried desperately to catch up with them but to no avail. The other 2 paddlers shot up out of the waters suddenly. Thank God for that!

With a crack of lightning that almost made us jump out of our booties, we were suddenly reminded of the weather. I looked up for the first time since the put-in. No wonder we felt so gloomy, the clear hot sky had been covered with dark clouds and it had started lightning. No rain yet, though it looked eminent.

The river got faster after that and all we wanted at that point was to get out. Two times the 13' boat hit big holes because they couldn't move out of the way. Both times Nancy (an expectant mother) and Leslie went for a swim (a first for Leslie). Finally around the bend we saw a small eddy. Both boats went for it. The 12' boat made it and we climbed out and looked around in time to see the 13' boat go around the next bend. Ed and Gary reached for a branch to stop the boat. It pulled Gary out of the boat so fast he did a head plant on shore. The boat however, didn't even slow down.

I ran downstream along the road to try to find them. Fortunately I didn't have to go far. They had run into a rock bar in the middle of the river. Gary got a lift back to his truck from the sheriff who saw us and was worried about us (not half as worried about us as we were).

Using Gary's winch and the throw rope on the 13' boat we dragged the boat and paddlers across the river to shore. We had only gone 10 miles! When Gary got back to the put-in, he found the kayakers that had put-in before us were gone. They had taken out after about 2 miles.

All of us were OK. We all had a few bruises and scrapes but nothing serious. We analyzed our trip very carefully for what we did wrong. We decided that just because we were experts that didn't mean we were perfect. We should never have been on that river in the first place. We would not have had trouble if the valve blew out, but we never had complete control of our boats either. The river was just too fast. Never again will we attempt a river which is unfamiliar and is flooding. The sheriff who gave Gary a ride back to his truck told Gary that this was the 2nd highest the river had ever been, and that no one tries to run it at this level (regardless of what the kayakers told us). We also learned not to accept a kayakers word for what a rafter can or can not do, especially when we don't know them. Of course the final judgment was ours and we should never have been on that river at that time. The sheriff also added, "It looks like you guys certainly know what you're doing (we had a winch, throwropes, helmets, and showed we knew how to do a self-rescue). Not like the other group who did this river 2 weeks ago (at a much lower level) and almost got themselves killed doing it."

Please note; Gary has assured me that we will not run the same section of the Roaring Fork river on the club trip.

TRIP · TALK talk talk talk

Gray's Canyon Rafting May 4-5 by Frank Kury

The trip was billed as an ideal trip for beginners and about half of the 47 participants were in the beginner category. Information supplied before the trip enabled the new participants to have some idea of what would be required to survive their first river trip, a fact justified by the high survival rate. All who started returned.

The trip began shortly after 6:00 Friday night, a short stop in Price for dinner and we were at the put-in at Swaysey's Rapid before midnight. The moonlight made additional light unnecessary to set up camp. Looking over Swaysey's Rapid under the bright moon was a favorite pastime after setting up camp. The mild roar of the rapids provided a pleasant background music for a quiet night.

The next morning after breakfast, we moved up river to the put in at Nefertiti Rapid. The first time river runners and the first time captains got some instructions before starting Beginners were also shown how the rafts were rigged. That completed, we got under way. Since the put in was only a hundred feet or so above Nefertiti Rapid, there was not a long wait to find out what rafting was all about. The expressions told the story. Going into the rapid the expressions were of uncertainty or of the "what did we get into" variety. Following the brief first rapid, the expressions reflected the semi-surprise of "we actually made it!" The smiles showed it was fun.

Getting through the first rapid enabled the newcomers to relax and look forward to the next rapid.

In the flat stretches, the traditional water fights erupted. If you were dry you weren't on a WMC raft. The commercial trips sharing the river missed out on that fun. Kayakers on the trip were pressed into service as a wine shuttle, running a wine bag back and forth between rafts. The importance of this could classify it as a "public utility" on future trips.

The rest of the day followed a similar pattern: learn a little about the raft, have a water battle, learn a little about the river, have some wine or lunch. All too soon we were back at Swaysey's Rapid, and the take out. There the instruction shifted, deflating the rafts and getting them ready to do the run again Sunday.

We ran the same section of river again Sunday, but there was a difference. It didn't take as long to rig the rafts and get into the water. The beginners were no longer rank beginners. Instead of wondering if they would get through the next rapid, now some were wondering how to get the best "ride". Questions switched to what other trips were planned and what they would be like, etc.

Our thanks to Cheryl Barnes who did an excellent job as trip leader providing instruction and encouragement to the newcomers. As a result of this trip some became new rafters, some new captains, and some are looking at kayaking.





HIKING COURTHOUSE WASH



RAINY HAPPY HOUR IN CANYONLANDS

photo by E. Cook

DESERT HIKING VARIETY

WMC Desert Canyon Hikes by Earl Cook

This spring I participated in 3 WMC desert canyon outings that were similar but quite different in terrain and canyon experiences. The outings were in Arches and Canyonlands National Parks, 2 involving backpacking into a "base" camp.

Spring is a perfect time of year for these hikes and visits to the desert canvons. Relatively cool temperatures are experienced then that can turn beastly hot later in the season. Late September and early Fall can also be a good time of the year to hike these areas. Some problems of too much water causing quick sand in the canyon bottoms can be experienced in the Spring or Fall if there has been a lot of rainfall or runoff.

The first trip was a hike through the upper Courthouse Wash in Arches NP. The day hike began by dropping into a side branch of the wash. This part of the hike was through a relatively narrow canyon with desert varnish striped walls and a sandy (sometimes wet) bottom. The cottonwood trees were just beginning to leaf out with their iridescent light-green leaves.

The side stream intersected the main wash after several miles and we turned up-canyon to hike to the upper end of courthouse wash. The canyon here was wider than the side canyon and began to narrow as we approached its upper end. The striped canyon walls were now overhanging the stream bed and gave a cool-twilight atmosphere out of the warm sun. We reached a point where the canyon reached the desert surface, viewed the snow capped La Sals and retraced our steps. About a half mile from the confluence we stopped at a large water hole for lunch and refreshment.

The wash from the confluence down to the bridge widened with much flood debris and soft, wet walking surfaces. The sun was hot and the 4 miles seemed very long indeed. The upper part of the canyon was much different from the wide-open lower part.

The second desert outing was to the Needles District of Canyonlands N.P. This outing began with a 3 mile backpack to a spring where a base camp was established. From here, day excursions to Druid Arch, Chesler Park, the Joint Trail and Hells Kitchen were made by the group.

Hiking in this part of Canyonlands is over rocky ridges, dropping to stream beds between ridges. Chesler Park is a "meadow" among rocky towers and filled with sage and grass. Druid Arch was reached by hiking up a rocky bottomed narrow stream bed and climbing a high ridge. The Joint Trail is partially through narrow (2 feet wide) cracks in the rocky ridge.

The type of terrain here and the type of hiking it entails is quite different than in Courthouse Wash. The walking is generally on hard surfaces with ups and downs from ridge to ridge. Not the flat, sandy creek bed of Courthouse.

On this trip the weather was much cooler with cloudy skies during the day and downpours of rain during the night. During happy hour and dinner one evening, those of us who chose to remain outside our tents watched the rivulets of water cascade down the rock cliffs and form sprays of rainbow mist as they hit the ledges.

The creek running near camp and only a few inches deep before the storm, rose to 3 feet deep and its rushing water sounded quite ominous. We were camped high enough that no one was washed away.

The unusual amount of rain in this storm was quite an experience in the desert country and illustrated the power of water on the environment. Packing out the next day, we passed water-filled potholes in the rock filled by the rain. The creek level had dropped almost back to its previous level.

The third outing was in Salt Creek Canyon in Canyonlands NP, south of the Needles District of the previous outing.

This trek began by dropping down several hundred feet to Salt Creek Canvon fromthe road passing Cathedral Butte. The canyon bottom is filled with brush and narrow Several miles into the trails. canyon we reached Kirk cabin with Kirk Arch on the western horizon. Another mile and we made a base camp near the flowing creek and in sight of a large cliff dwelling community. The Park Rangers we met here commented that there were Indian evidences around every corner and up every canyon. This proved to be true. Ruins of dwellings, rock art, and potterv shards were found throughout this area in great numbers. I had been in this canyon several years before and discovered more on this trip than I had imagined was there.

The group day-hiked for several miles to a "jump" where the creek forms a waterfall. Along the way we saw a gourd patch still producing gourds, The All American Man painting, the 5 faces rock painting and numerous free standing and cliff dwellings.

The hiking in this canyon was flat along the canyon bottom. Exploring the side canyons for ruins and rock art was very rewarding.

The three outings provided a view of the diversity of desert canyon hiking. Similar in that they were in a low-rainfall desert environment, were through high rocky canyons and showed the beauty and starkness (but habitability) of the desert.

The dissimilarities were that the canyons can sometimes be wide and desolate and others can be narrow and rich in "atmosphere". Hiking over slickrock is fun, hopping from ridge to ridge. Discovering ancient cultural remains and trying to imagine how these people lived where they did is the best thrill of all for me.



SALT CREEK ALL- AMERICAN MAN

Photo by E. Cook

FLAMING GORGE BY BICYCLE

Flaming Gorge Bike Ride June 8-9 by Barbara Carmody

A group of 14 bike riders completed this 158 loop of Flaming Gorge Reservoir. As we were driving to Green River, Wyoming Friday night, we heard that 45 m.p.h. winds were forecast for Saturday. This made most of the group very apprehensive because this is a challenging ride without winds that strong.

The Friday night campsite was at a windswept barren gravel pit. The trip leader had much difficulty trying to explain that this was the best that Green River had to offer and that the Saturday night campsite would be an improvement. He also tried to console the group by explaining that there are very few trees in southern Wyoming and that the area in back of the gravel piles could be used for a restroom and that there were no campground fees to pay.

The trip survived a possible mutiny and all fourteen riders left Green River Saturday morning to begin the ride. The wind was lighter than expected and there was a slight tailwind all Saturday morning. This made for a very fast and pleasant cycling over the rolling hills to Manila, Utah where we stopped for lunch.

After a leisurely lunch in Manila, we rode past Sheep Creek and started up the biggest and longest hill of the trip. After rounding several switchbacks up this steep hill, we were met by the sag wagon and enjoyed a much needed rest stop before we completed the climb to the forested plateau above. This climb was made easier by having spectacular views of the reservoir and the surrounding country. We completed the rest of the climb to the plateau and had a very pleasant ride

through the forest to the Saturday night campsite at Canyon Rim Campground.

The campsite was on a very high forested bluff, and below was a very spectacular view of the reservoir and canyon below. It was a very welcome change from the Friday night campsite. The happy hour, showers, dinner and evening socializing was much appreciated after a hard day of riding.

The Sunday ride began with a long fast descent to the reservoir. We rode across the dam and by the sign that says no services next 60 miles. The wind was light and the temperature was very pleasant cycling. We rode over a series of small hills and then began to climb up several long steep hills to a high plateau where we stopped for lunch and enjoyed the scenic views of the valleys below.

After lunch we began a long gradual descent that lasted for several miles. Along the way we enjoyed seeing a group of wild mustangs running at full speed and cross the road in front of us. During this part of the ride, the wind began to blow very strongly. On the last part of the ride we turned directly into the wind and had to do some very hard riding to the end of the ride in Green River.

Although this was a challenging ride, it was an enjoyable trip because of the light traffic on the roads, the variety of terrain and scenery, and the enjoyable group of riders.

Those present on the trip were: Mike and Jean Binyon, Marilyn Earle, Barbara Carmody, Joe Doolin, Larry Larkin, Sandra Killion, Susan Sharp, Tony Clawson, Stephen Carr, Bob Myers, Walt Shyluk, John Kennington and trip leader Doyle Dow.

Wasatch Mountain Club

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