

MARCH

WASATCH MOUNTAIN CLUB



The Rambler

VOL. 63, NO. 3, MARCH 1986



HIGHLIGHTS

MAIL-IN RESPONSES

NEW BOATING POLICY

WINTER CAMPING

HYPOTHERMIA II

MEMBERSHIP MEETING MAR 12

AVALANCHE INFO PHONE 364 1581

The Rambler

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The right is reserved to edit all contributions and advertisements and to reject those that may harm the sensibilities of WMC members or defame the WMC.

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WASATCH MOUNTAIN CLUB

THE RAMBLER, the official publication of the Wasatch Mountain Club is published monthly by and for its members. Persons wishing to become members and receive THE RAMBLER may request an application form from the Membership Director and may receive 2 consecutive issues by written request and submission of \$3.00 (checks only, payable to Wasatch Mountain Club).

Membership applicants must participate in at least two club outdoor or service activities, verified by the signatures of the activity leader. Yearly dues are \$15.00/single, \$20.00/couple. A \$5.00 initiation/reinstatement fee is charged.

1985-1986 DIRECTORS

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	Richard Stone	583-2439
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Mike Treshow, 467-8814
Stewart Ogden, 359-2221
Bob Everson, 485-8998
O'Dell Peterson, Trustee Emeritus
Dale Green, Historian

The Rambler

MARCH

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NOTICE:

There is an urgent need for backpacks and hiking trips into areas which may qualify for BLM Wilderness designation. See the related article under Conservation Notes.

Some of these trips have already been scheduled as is indicated in the trip description. Leaders are needed for other trips which must be scheduled by mid-May in order to submit comments to the BLM before the June 5, 1986 deadline.

Rambler Thanks

THANKS FOR HELPING PUT OUT THE RAMBLER

By Earl Cook

I am takeing this opportunity to recognize and thank those members who have worked with me to bring you The Rambler during the last year.

David Vickery who has helped assemble it and provided headlines and notices.

Mary Gustafson who has helped assemble it and provided a place to work and a wordprocessor.

Dan Grice who helped in the assembly

Roseann Woodward who helped by overseeing the assembly

Dale Green who singlehandedly took care of the mailing and providing the membership lists.

Carl Cook who typed the manuscripts, wrote numerous articles and gave needed support in many areas

The column article writers: Helene Mayhew, Carol Anderson, Becky Widenhouse.

Jim Youngbauer of Kirkhams in providing us with advertising revenue.

All those who wrote articles and provided photographs.

Many thanks again to all of you for helping to make The Rambler what it is. I am looking forward to working with all of you next year.

EDITORIAL COMMENTS

BY EARL COOK

Another year in the WMC is over and a new one is beginning. We should all give our thanks to the Board members who are retireing for the wonderful job they did. The time and effort given by last year's Board members gave the WMC the most activities yet in all areas of outdoor interests. The new Board will need our continued support and assistance to cause this year to be better yet.

Many thanks to all you members who have contributed to the club during the last year. I have tried to recognize as many of you as possible in the articles in The Rambler. I know I have missed mentioning a number of people and the contributions they have made. I appologize for this and use as an excuse that I did not have sufficient information on this subject.

I ask for help from all members to let me know of prople and their contributions so that I may recognize them in future issues of The Rambler. I still want more contributions to the content of our publication, including photographs. I intend to continue to make The Rambler more responceive to the members by giving them more outdoor information and coverage of club events.

I do need more submissions from the members to do this. Please don't require me to contact you individually asking for contributions, suggestions and ideas of what you want in The Rambler. I want you to send in your articles.

Earl Cook

Cover Photo; Telemarking in the Wasatch
By E. Cook

REPORT

The following items were included in the February WMC Board meeting on February 5.

The computer used for Rambler mailing list and membership lists will no longer be available. Alternative arrangements for these jobs were discussed. The purchase of a club computer was discussed, but no decision was made.

A new carpet was installed in the club offices.

The Hiking Director announced that a new rating for club hikes would be published in April.

The Boating Director presented a new boating policy to the board. It was approved and is now in effect.

The creation of a WMC blood bank was discussed and not approved.

It was established that life memberships in the WMC were still available.

There were 13 new members approved by the board.

WELCOME

The Rambler and W.M.C. want to welcome the following new club members:

Richard Barnum-Reece	Nance Randell
John Fortna	Carol Shaughnessy
Brooke Jennings	Peter W. Smith
Richard L. Kirkland	Jean Spence
Rolf Lange	Terry Tiller
Dan Patch	Michael J. Yourzek
John Philip	

We hope you will enjoy our club activities and we look forward to meeting you. Please feel free to volunteer to help where you can.

EVENTS AT A GLANCE

CLUB ACTIVITIES BY CATEGORY
(See the chronological listing for details)

March
28 Coyote Gulch
28 Negro Bill Can.

BACKPACKING

A
4 Southern Utah
18 Boulder Mail Trail

March
5 Planning Meeting

BICYCLING

April
5 Ramses II

BOATING

March
10 Virgin River Work Party
15 Virgin River Trip
29 Boating Permit Meeting

April
7 Westwater
9 Orientation Meeting
12 Westwater

5 Spring Work Party
17 Safety Seminar
19 Murtaugh

CAMPING

March
11 Snow Camping Meeting
14 King Top Car Camp

22 White Pine Canyon

April
12 Frisco Car Camp

SKI TOURING

March
1 Dog Lake
1 White Pine Lake
1 Soldier Fork
2 Scotts Pass
2 Leader's Choice
2 Leader's Choice
8 Lower Mineral Fork
8 Brighton
8 Maybird
9 Powder Park
9 Deseret Peak
9 Daniels Pass
15 Dog Lake

15 Catherine Pass
16 Lower White Pine
16 White Pine
22 Brighton
22 Twin Lakes Pass
23 Millcreek
25 Moonlight Tour
29 Scotts Pass
29 Red Pine Lake
29 Naomi Peak
30 Desolation Lake
30 Daniels Canyon
30 Gobblers Nob

April
5 White Pine Lake
5 Lower Silver Fork
5 Powder Park
5 Kings Peak
6 Leader's Choice
6 Lower Greens Basin
6 Alpine Loop
12 Lake Mary
12 Red Pine Lake
12 Dogs Fork
13 Gormet

SNOWSHOEING

March
1 White Fir Pass
9 Green's Basin
15 Days Fork

23 Willow Lake
29 Lower White Pine

April
6 Leader's Choice
13 Gormet

SOCIALS

March
2 Sunday Social
12 Election

16 Sunday Social

April
5 Boating Social
6 Sunday Social

VOLLEYBALL

(Tuesday Evenings at South High School, 7:00 pm)

WMC WESTERN DANCE GROUP

(Tuesday Evenings at Westerner Club, 7:00 pm)

SEASON OUT-OF-TOWN ACTIVITIES

- Apr. 19-20 CAPITOL REEF EXPLORATORY BACKPACK. For information call Noel de Nevers at 581-6024 (office) or 328-9376 (home).
- May 10-11 ANNUAL MOTHERS' DAY CAR CAMP AT ARCHES. Call Noel de Nevers (328-9376). Mothers and children welcome.
- May 24-26 SOUTHERN UTAH BACKPACK. Call Mike Budig (328-4512).

1986 EARLY SEASON BOATING SCHEDULE

- April 12-13 Westwater Canyon Advanced Boating (rafts, kayaks, canoes)
- April 19-20 Murtaugh (Snake River) Expert Boating (kayaks, rafts)
- April 26-27 Gray Cy Training Beginners Rafting**
- May 1-4 *Dolores River Advanced Boating (rafts, kayaks)
OR
- May 3-4 *Dolores River Intermediate Boating (rafts, kayaks, canoes)
- May 9-11 *Cataract Canyon Advanced Boating (rafts, kayaks)
- May 17-18 Gray Cy Training Beginners Rafting**
- May 23-26 San Juan Beginners Boating (rafts, kayaks, canoes)

* Date not confirmed as of RAMBLER submission deadline

** Kayaks & canoes might participate, pending coordinators' arrangements

A WORD ABOUT W.M.C. SKI TOURS.

Rating 1.0-5.0: Ski tours no more than 6 miles round trip the terrain is mostly gentle. Participants have to be familiar with their equipment, know herringbone and side step, snowplow and kickturn.

Rating 5.5-8.0: Tours are up to about 10 miles round trip. Participants have to know the tricks of getting uphill and be proficient coming down intermediate slopes and trails.

Rating 8.5 and up: Some of the tours may be very long. Slopes and trails may be narrow and steep. These tours are for advanced skiers. Pins or alpine equipment may be used.

Any tours on the program may be more difficult than their rating, if snow conditions are poor. If "Pieps and Shovel" are required you are expected to know how to search with a Pieps.

AVALANCHE INFO PHONE 364 1581

CLUB ACTIVITIES

Only activities approved by the appropriate WMC Director can be listed in the Club Activities section of the *Rambler*. Send your proposed activity, for approval, to the hiking, rafting, skiing, etc. director for inclusion in their activity schedule. Those activities sent directly to the *Rambler*, without approval, will not be published.

NOTE: All Ski Tours and Snowshoe Tours in Big and Little Cottonwood Canyons meet at the Geology sign at the East end of the parking lot at the mouth of Big Cottonwood Canyon.

NOTE: On all ski and snowshoe tours called "Endangered", and asking participants to bring cameras, please take slides of the areas into which various ski resorts want to expand. Send your best shots to SAVE OUR CANYONS, 1337 Butler Avenue, Salt Lake City, UT 84102. The slides will be used in public meetings and lectures by SAVE OUR CANYONS.

Tuesdays VOLLEYBALL. 7:00 pm at South High School Women's Gym. \$1.00 to cover costs. Call Tom at 467-5734, for information.

Sat. Mar 1 WHITE FIR PASS SNOWSHOE TOUR, A very pleasant tour in Mill Creek Canyon. Meet Joanne Miller, 583-5160, at Bagel Nosh, Olympus Hills Plaza, at 9:00 am.

Sat. Mar 1 DOG LAKE SKI TOUR, 4.5. There are some nice practice hills around Dog Lake. Cassie Badowski, 278-5153, will meet you at 9:30 am at the Geology sign at Big Cottonwood Canyon.

Sat. Mar 1 WHITE PINE LAKE SKI TOUR, 8.0 (Endangered). See one of our treasures which we need to protect. Bring your cameras - see NOTE. PIEPS and shovel are recommended. Meet Gale Dick, 359-5764 at 9:00 am at the Geology sign at Big Cottonwood Canyon.

Sat. Mar 1 SOLDIER FORK SKI TOUR, 9.0. PIEPS and shovel are required. Cars have to be shuttled since the tour starts in Big Cottonwood and ends in Mill Creek. Meet at 8:45 am at Bagel Nosh, Olympus Hills Plaza. Leader is George Westbrook, 942-6071.

Sun. Mar 2 SUNDAY SOCIAL. 6:00 pm at the Marmalade Center, 168 W., 500 N. This is pot luck. Drinks are available at cost. Admission is \$1.00. Member Bob Everson will let us go to Kenya with him via slides.

Sun. Mar 2 SCOTTS PASS SKI TOUR, 4.0. Always popular; as is your guide, Julie Stoney, 467-5111. Meet her at 9:30 am at the Geology sign at Big Cottonwood Canyon.

- Sun. Mar 2 LEADER'S CHOICE SKI TOUR, 4.0 to 6.0. A special fun tour. NO SKINS ALLOWED! This is Ken Kelley's (942-7730) great idea. Meet him at 9:00 am at the Geology sign at Big Cottonwood Canyon.
- Sun. Mar 2 LEADER'S CHOICE SKI TOUR, An advanced tour, possibly Raymond. Call the leader, Rolf Doebbeling, 486-0493 for details.
- Wed. Mar 5 BICYCLE PLANNING MEETING. Meet at 7:30 at Terry Rollins house (1587 Denver St. (440 East)) for a planning session on the 1986 bicycle season. Come prepared with ideas for rides and volunteers for Bicycle Coordinator. Call Terry at 467-5088 or 328-6315 (work) for more information.
- Sat. Mar 8 LOWER MINERAL FORK SKI TOUR, 5.0. You have to cross a few little brooks, otherwise it's easy. Meet Norm Fish, 964-6155, at 9:00 am at the Geology sign at Big Cottonwood Canyon.
- Sat. Mar 8 BRIGHTON TO TWIN LAKE PASS SKI TOUR, 6.0 (Endangered). This is already used as part of Interconnect to downhill-ski from Solitude to Brighton. Take slides of what you are going to lose - see NOTE. PIEPS and shovels are recommended. Meet George Swanson, 466-3003, at 9:00 am at the Geology sign at Big Cottonwood Canyon.
- Sat. Mar 8 MAYBIRD SKI TOUR, 10.0. If the upper slopes aren't wind-blown, this is a most enjoyable tour. PIEPS and shovels are required. Meet Peter Hansen, 359-2040, at 8:30 am at the Geology sign at Big Cottonwood Canyon.
- Sun. Mar 9 GREEN'S BASIN SNOWSHOE TOUR. Finally everybody knows how to get to this hidden spot! Joy Ray (272-6116), ably assisted by Janet Friend, will meet you at 10:00 am at the Geology sign at Big Cottonwood Canyon.
- Sun. Mar 9 SKI TOUR, DANIELS PASS AREA in the lower Uintas, 3.0 to 4.5. Beginning skiers will be quite happy on the first three gentle miles. Then there will be basins for practicing turns. Meet John Veranth, 278-5826, at K-Mart at Parley's Way at 8:30 am.
- Sun. Mar 9 POWDER PARK SKI TOUR, 7.0. We'll never get tired of Powder Park, off Mill D North. Meet Anna Cordes, 363-3390, at 9:00 am at the Geology sign at Big Cottonwood Canyon.
- Sun. Mar 9 DESERET PEAK SKI TOUR, 13.0. A tough, beautiful long tour. PIEPS and shovel are required. Call John Moellmer, 467-7519, to set up time and place to meet.
- Mon. Mar 10 VIRGIN RIVER INTERMEDIATE BOATING TRIP WORK PARTY, at the Boat Storage Center at 5:30 pm.

- Tue. Mar 11 SNOW CAMPING MEETING. 7:30 pm at the Marmalade Hill Center (168 W., 500 N) for all those interested in snow camping.
- Wed. Mar 12 GENERAL ELECTION AND MEMBERSHIP MEETING, 7:30 pm at the Marmalade Hill Center, 168 W., 500 N. This is your chance to vote for board directors and discuss Club policies. Environmental issues will also be looked at and we will have a speaker and slide presentation.
- Mar. 14-16 KING TOP CAR CAMP VIA CAT CANYON (west desert between Delta and Ely). This will be part of the Club's effort to familiarize ourselves with the areas left out by the BLM from their recommended Wilderness Proposal (see article, this RAMBLER, by Mike Budig). Leave Friday afternoon about 4:00 pm. Register with Chris Biltoft, at 1-522-5101, Mon. thru Thur before 5:30, or 364-9252 weekends (or weekday evenings, to leave a message).
- Sat. Mar 15 DAYS FORK TO MEADOW SNOWSHOE TOUR. After a steep start, the trail becomes quite gentle. Meet Doug Stark, 277-8538, at the mouth of Big Cottonwood Canyon at 9:00 am.
- Sat. Mar 15 DOG LAKE SKI TOUR, 4.5. This is a gentle trail but can be fast coming down if it hasn't snowed for a while. Meet Trudy Healy, 943-2290, at the mouth of Big Cottonwood Canyon geology sign at 9:30.
- Sat. Mar 15 CATHERINE PASS VIA BRIGHTON SKI TOUR, 5.5. There are some great powder slopes in this area. Meet Tom Bonacci, 583-3449, at 9:00 at the mouth of Big Cottonwood Canyon.
- Mar. 15-16 RAFT/CANOE/KAYAK RIVER TRIP. The Virgin River is a Class II+ river, and is considered an intermediate trip. Call trip leader, Carl Cook, at 485-4586. Send \$25.00 trip deposit to 403 Kensington Ave., SLC, UT 84115.
- Sun. Mar 16 SUNDAY SOCIAL. 6:30 pm at Waterberry Clubhouse, 5600 S., just west of Van Winkle. Drinks are available at cost. Dinner will be provided for \$4.00.
- Sun. Mar 16 LOWER WHITE PINE SKI TOUR, 4.5 (Endangered). This goes up a road that is gentle and is the canyon that Snowbird wants next. Meet Mike Hendrickson, 942-1476, at 9:00 at the mouth of Big Cottonwood Canyon.
- Sun. Mar 16 WHITE PINE VIA ALTA SKI TOUR, 10.0. This tour has some steep snow. Call Karen or Dennis Caldwell to register at 942-6065.
- Mar. 21-23 LODGE OPEN WEEKEND. Come spend Friday night or Saturday or Sunday morning at the Lodge. Cy Williams (266-6387) has volunteered to act as host. Call him for details of what to bring, etc.

- Sat. Mar 22 BRIGHTON TO MIDWAY SKI TOUR, 7.0. This tour features a long downhill run capped off by soaking in the hottub at the Homestead. To register, call either Ken Kelley (942-7730) or Michael Budig (328-4512) by Wednesday, March 19.
- Sat. Mar 22 TWIN LAKES PASS VIA GRIZZLY GULCH SKI TOUR, 5.5. There are some nice open slopes to practice turns on this tour. Meet Dan Barrell, 467-0489, at 9:00 at the mouth of Big Cottonwood Canyon.
- Mar. 22-23 BACK COUNTRY WINTER CAMP-OUT--WHITE PINE CANYON (PARK CITY). Skiers and snowshoers welcome. Meet at the west end of the parking lot at Park West Ski area at 9:30 am. Reservations required, contact Vince Desimone at 1-645-9344 for information and to sign up. We will go to Vince's sauna or Bob Wright's hot tub Sunday afternoon on our return from the wilds. Participants must attend organizational meeting March 11, 7:30 pm at Marmalade Hill Center, 168 W., 500 N.
- Sun. Mar 23 WILLOW LAKE SNOWSHOE TOUR. A pleasant little road through aspens takes you to Willow Heights - which is Willow Lake. Dave Daurelle, 328-0414, will meet you at the mouth of Big cottonwood at 10.00 am.
- Sun. Mar 23 MILLCREEK CANYON SKI TOUR, 2.0 - 5.0. There are some easy areas in this canyon. Meet Jim Byrne, 582-5631, at 9:00 at Olympus Hills Shopping Center (39th S. & Wasatch Blvd.).
- Tue. Mar 25 MOONLIGHT SKI TOUR, 5.0 - 7.0. This can be a great evening tour, but will depend on conditions. So call George Westbrook by Monday night at 942-6071.
- Mar. 28-30 COYOTE GULCH BACKPACK. Some scrambling with exposure but not too bad. Limit 10. For more details and to register, call Jeff Barrell, 943-2836.
- Mar. 28-30 EXPLORATORY BACKPACK TO MILL CREEK AND NEGRO BILL CANYONS (near Moab). Another trip in our effort to familiarize ourselves with the areas left out of the BLM's recommended Wilderness Proposal (see article, this RAMBLER, by Mike Budig). Call John Veranth, 278-5826. If there is a large response, the group will split up and explore two areas.
- Sat. Mar 29 LOWER WHITE PINE SNOWSHOE TOUR (Endangered). Have a look at the beauty Snowbird wants to ruin by developing this area for downhill skiing. Take cameras for slides for presentations by Save Our Canyons! Trudy Healy, 943-2290, will meet you at Big cottonwood at 9:00 am.
- Sat. Mar 29 SCOTTS PASS SKI TOUR, 4.0. This is a short, easy tour and has a good view at the pass. Meet Robert Wilson, 277-7446, at 9:00 at the mouth of Big Cottonwood Canyon.

- Sat. Mar 29 SPRING BOATING PERMIT PLANNING MEETING & SOCIAL. See article elsewhere in RAMBLER.
- Sat. Mar 29 RED PINE LAKE SKI TOUR, 8.5. We will go to the upper lake. Meet George Westbrook at 8:30 at the parking lot at the bottom of Little Cottonwood Canyon. If there are any questions, call George at 942-6071.
- Sat. Mar 29 NAOMI PEAK SKI TOUR, 12.5. Call Art Griffin to register at 363-1996. This will be a long day.
- Sun. Mar 30 DESOLATION LAKE SKI TOUR, 5.5. Meet Pete Hovingh, 359-4791, at 9:00 at the mouth of Big Cottonwood Canyon.
- Sun. Mar 30 DANIELS CANYON SKI TOUR, 8.0 - 9.0. This is an interesting tour. Meet Lori Warner, 534-0271, at 8:30 at the K-Mart on Parleys way. This is a moderately long day.
- Sun. Mar 30 GOBBLERS NOB VIA BUTLER FORK SKI TOUR, 11.0. Meet Kipp Green, 266-3083, at the Bagel Nosh at 39th S. & Wasatch at 8:00.
- Apr. 4-6 EXPLORATORY BACKPACK IN SOUTHERN UTAH. Call Earl Cook for information at 524-5082 (work) or 531-6339 (home).
- Sat. Apr 5 RAMSES II BIKE RIDE. This will be a 65 mile round trip to see the Ramses II exhibit at BYU. Purchase your tickets (\$6.00) at DATATIX or at BYU. Everyone is responsible for getting their own tickets and it is recommended that you get them early as there have been many sold-out times. Purchase your tickets for noon Saturday, April 5th. We will meet at the Draper Park at 8:30 am. The Draper Park is at 12500 South, 1300 East in Draper. In the event of bad weather, we will meet at the same location at 10:30 am to carpool to BYU. It would be appropriate to bring a pair of long pants to slip over your cycling togs while in the museum. there will be a Sag Wagon to carry your gear if you need it. If you have any questions call John Peterson at 277-8817.
- Sat. Apr 5 SPRING BOATING EQUIPMENT WORK PARTY. Come on and join in doing some work on the boating equipment. Much of the work was done last Fall, and over the winter. There are several tasks which with the aid of many can be accomplished in just a few hours. We'll trade beer and pop for your time. Time: 10:00 am. Place: WMC Boat Shed, 5585 South, 320 West, #48, Murray, UT. For additional information contact Gary Tomlinson at 571-5555.
- Sat. Apr 5 SPRING BOATING SOCIAL. This is the early season social for all boating participants. We will tell tall tales of trips gone by, and back some of them up with slides to prove them. Please bring a pot-luck dish of your choice, and something to barbeque. Drinks will be provided at cost. Also, please

bring any slides you wish to share with the rest of us.
Time: 6:00 pm. Place: To Be Announced in April RAMBLER.
For additional information contact Gary Tomlinson at
571-5555 after March 15.

- Sat. Apr 5 LOWER SILVER FORK SKI TOUR, 3.5. This is a fairly easy tour. Meet Sandy Taylor, 563-2306, at 10:00 at the mouth of Big Cottonwood Canyon.
- Sat. Apr 5 WHITE PINE LAKE SKI TOUR, 8.0. This a really nice tour and has some great skiing in the upper sections. Meet Harold Goeckeritz, 272-6205, at 9:00 at the mouth of Big Cottonwood Canyon.
- Sat. Apr 5 POWDER PARK # 3 SKI TOUR, 7.0. This has a great slope for tele turns. Meet Mike Treshow, 467-8814, at 9:00 at the mouth of Big Cottonwood Canyon.
- Sat. Apr 5 KINGS PEAK SKI TOUR, 10.5 - 18.0. This is the highest peak in Utah. There are some great views along the way. Strong intermediate skiers are welcome to come along. We use the same trail out as in, so you can stop and turn around and head back out without doing the peak. Call Steve Swanson to get the details at 484-5805.
- Sun. Apr 6 LEADER'S CHOICE SNOWSHOE TOUR. The tour will be somewhere in Big Cottonwood and will start around 9:30. Call leader, Joyce Sohler, at 487-6536, for details.
- Sun. Apr 6 SUNDAY SOCIAL. 6:00 pm, place to be determined, see the April RAMBLER or call the Entertainment Director for information. This is pot luck, so bring your favorite dish. Drinks are available at cost. Admission is \$1.00. Bill Zwiebel will show slides of ocean kayaking in Alaska.
- Sun. Apr 6 LOWER GREENS BASIN SKI TOUR, 3.0. This is a nice gentle tour. Call Jim Piani at 943-8607 to learn where and when to meet.
- Sun. Apr 6 ALPINE LOOP HIGHWAY SKI TOUR, 7.0. Bring your camera, there are some great views of Timpanogos from the backside. Meet Leonard Hass, 583-5200, at 8:00 at the shuttle parking lot at 7200 S. & I-15.
- Sun. Apr 6 LEADERS CHOICE SKI TOUR, 7.5 - 10.0. Call John Kennington for details at 942-0693.
- Mon. Apr 7 WESTWATER CANYON ADVANCED BOATING TRIP WORK PARTY, at the Boat Storage Center at 5:30 pm.
- Wed. Apr 9 BOATING ORIENTATION MEETING. An orientation meeting introducing new participants to the WMC boating program will be held. This meeting discusses the WMC boating program,

what you need to do to get involved, and provides a general background to WMC water sport activities. Attendance is mandatory for new participants in the WMC boating program who are not experienced in these types of water sports. Time: 7:30 pm. Place: To Be Announced in April RAMBLER. For additional information contact Gary Tomlinson at 571-5555 after March 15.

- Apr. 11-13 LODGE OPEN WEEKEND. Come spend Friday night or Saturday or Sunday morning at the Lodge. We do need a host, however. Call Alexis Kelner at 359-5387 if you would like to host the weekend or any part thereof.
- Sat. Apr 12 LAKE MARY SKI TOUR, 2.0. This is a short tour. Meet Chris Swanson, 359-3159, at the mouth of Big Cottonwood Canyon at 9:00.
- Sat. Apr 12 RED PINE SKI TOUR, 6.5. PIEPS & shovel are required. Meet Hank Winawer, 277-1997 at the mouth of Big Cottonwood Canyon at 9:00.
- Sat. Apr 12 DOGS FORK VIA ALTA SKI TOUR, 12.0. This has a steep slope at the top but is a great tour. Meet Dan Grice, 583-8280, at the mouth of Big Cottonwood Canyon at 9:00.
- Apr. 12-13 WESTWATER CANYON ADVANCED BOATING TRIP. This trip is for the hardy rafters, kayakers and canoeist wanting to take advantage of the pre-permit season, despite the "cool, clear(?) water." Send your \$25.00 deposit and qualifications to trip leader John Colaizzi, 10492 Columbine Way, Sandy 84070. For additional information, call John at 571-5555. Canoeist must first coordinate with the Canoeing Coordinator for qualification. The work party will be on Monday, April 7 at the Boat Storage Center at 5:30 pm.
- Apr. 12-13 CAR CAMP TO FRISCO. Car camp at the ghost town of Frisco, and, if you are so inclined and if weather permits, climb Frisco Peak, about 60 mi. west of Beaver. For details, and to register, call Aaron Jones, 262-2547.
- Sun. Apr 13 GOURMET SKI TOUR - FORMAL!! Wear your best bib and tucker. Meet Gale Dick, 359-5764, at the mouth of Big Cottonwood Canyon at 9:30. Snowshoers welcome. Bring goodies for 5.
- Mon. Apr 14 MURTAUGH (SNAKE RIVER) ADVANCED BOATING TRIP WORK PARTY, at the Boat Storage Center at 5:30 pm.
- Thu. Apr 17 WATER SAFETY SEMINAR. A water safety seminar will be provided to WMC boating program participants. This seminar will cover the hazards of boating, proper preparation and dealing with them, and present various equipment which improves water safety (and comfort). All persons not familiar with water safety, especially new boating program

participants are encouraged to attend. Time: 7:30 pm.
Place: To Be Announced in April RAMBLER. For additional
information, contact Gary Tomlinson at 571-5555 after March
15.

Apr. 18-20

BOULDER MAIL TRAIL BACKPACK. In the Escalante area, the
trip will go in at Boulder, and come out at Death Hollow.
If you are acrophobic, don't sign up. Come prepared to
float your pack and swim; a wet suit wouldn't hurt.
Vigorous but not long. Call Chuck Ranney (583-1092) after
March 19.

Apr. 19-20

MURTAUGH (SNAKE RIVER) ADVANCED BOATING TRIP. This trip is
only for those silt-crusted veteran kayakers and rafters who
don't care whether they make it to work Monday morning with
all their body parts. Send your \$25.00 deposit and
qualifications to trip leader Larry Hardebeck at 1184 South
1500 East, SLC 84106. For additional information, call
Larry at 583-2465. The work party will be Monday, April 14
at the Boat Storage Center at 5:30 pm.

Apr. 25-27

LODGE OPEN WEEKEND. Come spend Friday night or Saturday or
Sunday morning at the Lodge. We do need a host, however.
Call Alexis Kelner at 359-5387 if you would like to host the
weekend or any part thereof.

ENTERTAINMENT

NOMINATIONS BANQUET

Notes from the Entertainment Committee
by Penny Archibald-Stone

As this term of office draws to a
close, I'd like to express my
appreciation to all those who have made
these last two years on the Board so
enjoyable. It's been a great
opportunity to meet a wide variety of
personalities. Many people have
volunteered or accepted a request to
help make the social events successful.
Thanks again.

The Nominations Banquet was held on
February 21 at the Organ Loft
restruant. About 70 members
attended. Recognitions and awards
were presented to club members who
had served the club admireably during
the last year. The members who
received awards(a ceramic mug with
the club logo) were:

Claude & Julia Stoney--Longest members
Allan & Ilka Allers Olsen---Hiking
Garry Burg--Lodge
Linda Leigh--Entertainment
David Vickery--Rambler
Carl Cook--Boating
and
NORM FISH ---Pa Perry Award
for Outstanding Service to the WMC

Congratulations and Thank You to the
awardees.

COMMERCIAL TRIPS

- March 11 SLIDE PRESENTATION - A special presentation will be given for the Trekking in Nepal trip which departs Nov. 1, 1986.
Place: REI - 1124 Brickyard Rd.
Time: 7:00 pm
Call Julie Stoney at 942-5426 or 467-5111 if you have any questions.
- May 17-June 1 BACKPACKING IN PERU - A VISIT TO THE FAMED SALCANTAY. Price: \$595 plus airfare. A very special trip to the land of the Incas. This will be the most exciting of treks as we venture high into the Andes to Salcantay and end our journey with a visit to Machu Picchu, the incredible city still shrouded in mystery and jungle. Our personal guide will be Robert Randall who makes his home in the Incan village of Ollantaytambo, all breakfasts, dinner at Ollantaytambo, all land transportation, 1 day river trip on the Urubamba River, 8 day trek. For more information contact Shirley Smith or Sue Morgan at Morris Travel 649-1555. Space is limited. A \$150 deposit will confirm your booking.
- June 20-July 8 A CAMPING SAFARI TO NORTHERN TANZANIA. Price: \$1650 plus airfare. Camping beneath the stars in Serengeti and on the floor of the Ngorngoro Crater - game viewing in the world's most prolific wildlife area, visiting the land of the Maasai. If you wish to see the "real" Africa, this is your trip!! The price includes guides, cooks, all food on safari, 3 nights hotel, one in a game lodge, all camping gear and much more. For more information contact Shirley Smith or Sue Morgan at Morris Travel 649-1555. Space is limited. A \$150 deposit will confirm your booking.
- June 12-29 STUDY TOUR OF KENYA, EAST AFRICA. If you would like to track down big game with a camera, drive to within 10 meters of a pride of lions at their kill, visit the ancient ruined city of Gede, see the art work of a Hindu temple, or explore a coral reef in the Indian Ocean, you are invited to participate in the 4th annual Kenya Safari, sponsored by Westminster College of Salt Lake City. The itinerary includes the city of Nairobi, the major game reserves and parks of Samburu, Maasai Mara near the Serengeti Plains, Amboseli beneath Mt. Kilimanjaro, Tsavo National Park, and Mombasa on the Indian Ocean. Of special interest to WMC members is an optional climb of Mt. Kilimanjaro, at 19,300' the highest point on the African continent. The climb would be in lieu of Mombasa and the last two parks, and would cost \$100 more. Cost for the basic trip, which includes round trip air fare from SLC to Nairobi, first class hotels, all

land transport, 3 meals per day except breakfast only in Nairobi, entrances to parks and the National Museum, is \$2950. For further information and a brochure, call or write Dr. Barry Quinn, 488-4191 (home 272-7097), Dr. Mike Popich, 488-4182, or Dr. Robert Warnock, 488-4190, at Westminster College, or Janet Bean at Crossroads Travel, 566-5101.

Nov. 1-15, 1986

TREKKING IN NEPAL. This 15 day trek, an unforgettable Himalayan experience, allows us to enter into some of the worlds highest mountains without contending with extreme altitudes. At 13,500 feet we'll be well within the Annapurna Sanctuary, a glaciated amphitheater where we will have outstanding views of some of the most famous peaks in the Himalayas. Trek from Pokhara through Gurkha Villages familiarizing ourselves with the culture of some of the most distinctive Hill People. Our return from the Annapurna Base Camp will take us a different route where we'll end our trip with a stay in the Gaida Wildlife Reserve. The land cost of this trip will be \$775. Call JULIE STONEY AT WESTERN TRAVEL INC. (801) 942-5426.

-ATTEND-

WMC Membership and Election Meeting

Wednesday, March 12, 1986

Marmalade Hill Center

168 W., 500 N., SLC

Agenda: Election of Board Directors
Discussion of WMC Policies
Discussion of BLM Wilderness

Program: Fred Swanson, Utah Wilderness Coalition
Slide show of "Utah's Hidden Wildlands"
Discussion of BLM Wilderness Proposal
Maps, Environmental Impact Statement Information,
Letter Writing Help.

ESCALANTI ROCK ART EXPLORATION

a guided Memorial Weekend trip



with Fred Blackburn



FRED FANS take note. Spend the holiday weekend with Fred Blackburn, Director of White Mesa Institute, exploring seldom seen ancient rock art in the Escalanti area. Those WMC members who participated in Fred's trip last spring, or who read the Rambler's Trip Talk account of our fast-paced adventures know this is a trip to sign up for quick. Below is the trip plan:

FRIDAY MAY 23 5:00 pm Meet at Anazazi St. Park Museum, Boulder, Ut for orientation to 3 cultures - Anazazi, Kayenta (Virgin River Anazazi), Fremont - led by Larry Davis, Museum curator
CAR CAMP: at Anazazi State Park

SATURDAY MAY 24 8:00am (Leave cars at Museum parking lot, 10 minute car shuttle to trail head.) 7 mile easy backpack to camp near well preserved Barrior Canyon style panel.

SAT - MON MAY 26 Day hikes to explore for Archaic and Freemont rock art for future documentation. Some hikes will be in Narrows and may require short swims, water hiking.

MONDAY MAY 26 Guided trip ends Monday after lunch. Hike out to cars or stay at camp Monday night, hike out Tuesday to avoid Memorial Day traffic.

LIMIT: 10 Call Mary Gustafson to sign up - 359-5645

FEES: \$35 for 3 day guided "outdoor museum" educational experiences Make check to College of Eastern Utah, White Mesa Institute, and mail to Mary Gustafson, 529 10th Ave, SLC, UT 84103. FRED SAYS: tax deductible, as allowed by IRS.

REFUND POLICY: No fees will be returned after MAY 10 unless you find a replacement for your reserved place. You must collect the fee from your replacement.



ABOUT THE TRIP: This is a typical WMC backback trip with the addition of a guided educational opportunity. You are responsible for your own transportation, food, camping gear, water, etc. Water will be available in the canyon creek, but you must purify it. Water may be silty if it rains.





**SALT LAKE COUNTY
SHERIFF'S OFFICE**

BACKCOUNTRY ✓ LIST

KTVX
PUBLIC SERVICE



The Salt Lake County Sheriff's Office and KTVX Public Service wish to remind those using the backcountry of some safety measures that can minimize the chances of an accident.

☐ Remember, there are no absolute rules in the backcountry! You and your companions may have to depend on common sense and judgment based on your awareness and past experiences.

☐ Despite all your planning and preparation, your survival in the backcountry may hinge on one important factor:

YOUR MENTAL ATTITUDE

☐ **PROPER NOTIFICATION** - For maximum trip safety, notify a responsible individual of your plans. Trip details should include:

- ☐ Time of departure.
- ☐ Planned area you are going into.
- ☐ Number in your party.
- ☐ Skill level of individuals.
- ☐ Estimated time of finishing tour.

☐ **AVALANCHE NUMBERS** - The Utah Avalanche Forecast Center will provide daily forecasts for backcountry avalanche conditions as well as mountain weather information:

Salt Lake.....364-1581
Ogden.....621-2362
Logan.....752-4146
Provo.....374-9770

These forecasts are updated at least once daily.

☐ Conditions change rapidly in the backcountry - always take the proper gear to survive an extra day or two.

☐ **ESSENTIALS**

- ☐ Matches (waterproof/flare)
- ☐ Fire Starter (solid fuel, candle)
- ☐ Compass
- ☐ Knife
- ☐ Whistle
- ☐ Clothing Change (socks, gloves, long underwear top & bottom)
- ☐ Ground Cover (closed cell foam)
- ☐ Nylon Cord
- ☐ Wind and Weather Shield (space blanket)
- ☐ Flashlight
- ☐ Minimum 1,000 cc Water
- ☐ High Energy Food (peanut butter, honey, raisins, instant cup of soup)
- ☐ Sierra Cup
- ☐ Signaling Device (mirror)

☐ **AVALANCHE SAFETY**

- ☐ Basic Avalanche Knowledge
- ☐ Shovel (1 per 2 persons)
- ☐ Avalanche Transceiver or
- ☐ Avalanche Cord
- ☐ Knowledge of Use of
- ☐ Avalanche Transceiver
- ☐ Probe Pole

☐ **FIRST AID KIT** - All backcountry travelers should be able to recognize the early signs of hypothermia (odd behavior, slurred speech, uncontrolled shivering) and monitor each other.

☐ **AWARENESS** - Always be alert to your surroundings, change in weather conditions, and the physical condition of your party members.

☐ **PRECAUTIONS**

- ☐ Watch for Landmarks
- ☐ Monitor Avalanche Conditions
- ☐ Observe Wind Changes

**IN CASE OF EMERGENCY PLEASE
NOTIFY THE SALT LAKE COUNTY
SHERIFF'S OFFICE AT:**

535-7055

**OR THE APPROPRIATE EMERGENCY
AGENCY IN YOUR LOCATION.**

**Salt Lake County Sheriff's
Search and Rescue**
Member: Mountain Rescue Assoc.



N. D. "Pete" Hayward
Sheriff, Salt Lake County



CONSERVATION NOTES

by Michael Budig

BLM Wilderness - The Time to Act is Now
The BLM released its draft wilderness Environmental Impact Statement (EIS) on February 5, 1986. The proposal calls for the designation of almost 1.9 million acres as wilderness in 58 different wilderness study areas (WSA's).

In contrast, competing conservationist proposals respectively call for 3.8, 5.1, and 16 million acres of wilderness. The Wasatch Mountain Club is on record in support of the Utah Wilderness Association proposal for 3.8 million acres and also belongs to the Utah Wilderness Coalition which is pushing for 5.1 million acres of wilderness. The 16 million acre wilderness proposal has been proposed by the group Earth First.

The BLM is allowing a 120-day comment period on the 1.9 million-acre proposal. In anticipation of being overwhelmed, conservationists were requesting a longer comment period even before the document was released. The EIS is six volumes consisting of several thousand pages and weighs 18 1/2 pounds. Hearing will be scheduled throughout the state in the early part of May. I will include more comments on the specifics of the BLM Wilderness proposal in the April RAMBLER.

After consideration of public comments, the BLM will make recommendations which will eventually be presented by the

Secretary of the Interior in the form of a recommendation to Congress. Congress will eventually consider the proposal in the form of a bill submitted by one or more of its members.

It will most likely be at least two years or more before any bill is introduced in Congress for Utah BLM Wilderness. This time-frame should not necessarily be considered to be a negative factor however. All BLM lands which technically qualify for wilderness designation must be managed with wilderness protection until a Utah BLM Wilderness bill becomes law. When the bill becomes law, all BLM lands which are not designated as wilderness are then opened up for development. In essence, time becomes a bargaining chip for conservationists which they may play against developers' pressing desire to open areas up for development. As this demand for development grows the bargaining chip becomes more powerful. Thus, it may actually be in the interests of conservationists to delay passage of a wilderness bill until there is enough demand for development in some of these restricted areas that wilderness opponents will have to make more concessions in the wilderness legislation. Time is actually the ally of the conservationist in the current wilderness designation process. The only counter to this is that the BLM has permitted that exceptions be made for many development proposals in Utah's BLM wildlands, including several illegal wilderness intrusions.

Although there is no guarantee that Congress will follow the agency recommendations, past history of wilderness legislation indicates that this is generally true. In a state with very conservative legislators such as Utah, it will be very difficult to add wilderness acreage to the Agency proposal.

WMC members are strongly encouraged to become involved in this process now as it will have a dramatic impact on which lands will be ultimately designated as wilderness. We can participate by familiarizing ourselves with these areas by participating on trips into these areas and by commenting at the hearings and submitting written comments.

Those interested in further information should call me at 328-4512 or Mary Gustafson at 364-9252.

Trip Leaders, Participants Needed

Due to the urgency imposed by the BLM, deadlines for public participation in the wilderness review process, the Wasatch Mountain Club needs to schedule trips into some of the areas the BLM wishes to drop from wilderness consideration before the hearings which are set for early May.

The trips can be in the form of dayhikes or backpacks and everyone is urged to participate. We can provide information to those interested in leading these trips. Those interested should contact me or Mary Gustafson. Among areas which urgently require more attention by conservationists are the following areas which the EIS recommended dropping from wilderness consideration. It should be noted that there were many, many other areas which are also very worthy of wilderness designation, but were dropped by the BLM at an earlier stage of the wilderness review process.

What a Guy

The business section of the January 31, 1986 SALT LAKE TRIBUNE contained an article about a meeting between Snowbird ski resort owner Dick Bass and the Business roundtable of the University of Utah's College of Business. The article reported:

"After the meeting, he told THE TRIBUNE that steepness and snow conditions make Little Cottonwood Canyon an unsafe environment for the growing numbers of cross-country skiers, and the canyon and public would best served by lift and downhill skiing development wherein hazards are controlled or removed."

SPLORE Demonstrates Appreciation

I presented a check for \$500 from the WMC to Special Populations Learning Outdoor Recreation and Education (SPLORE) on January 9, 1985 (see related article in January 1986 RAMBLER). In response to this donation, SPLORE sent us the following letter:

Your timing was impeccable; the board meeting had just started to discuss development, and in you walked. It was nice that all the board members were able to be present as your gift was awarded, because it feels so good to know SPLORE has your clubs trust and support.

As staff members, Patti, Trish and I realize SPLORE's importance every time we participate with our clientele. However, the board is somewhat removed from direct contact, and therefore, enjoyed witnessing your personal confirmation of SPLORE's importance in our community.

Your gift has been designated for the up-coming river scholarship fund. Our scholarship fund continues to grow.

And, we now can say to those who cannot afford to participate, "we now have scholarship money available". This year we hope to serve over 25 people through our scholarship fund.

Patti, Trish and I, the board, and our clientele send a big thanks to all the members of the Wasatch Mountain Club. Hope your winter is a fun one.

The letter was signed by Molly Jo Moore, Development Coordinator for SPLORE.

UWA Responds

The Utah Wilderness Association sent the following letter to WMC President Bob Wright on January 27, 1986:

Dear Bob:

We are writing you to express our thanks for your continuing support of the Utah Wilderness Association. We saw in the January issue of the RAMBLER an article expressing the Wasatch Mountain Club's support for the Utah Wilderness Association and commending us for the work we have done here in Utah. We also understand that the Wasatch Mountain Club will continue its contribution to the Utah Wilderness Association. We are extremely appreciative for that support.

All of us in the conservation community are very busy with many issues. As you know, the BLM wilderness EIS will be released in early February. That issue will require a lot of coordination between the Wasatch Mountain Club, a co-signer if the Utah Wilderness Association Conservationist Proposal, and the Utah Wilderness Association. We will be holding workshops here in Salt Lake City and elsewhere throughout the state about the fragile BLM wildlands and want to coordinate our activities with you.

We have also appealed a decision by the Forest Service to allow AMOCO to build four miles of road and drill an oil

well on a ridge between the Stillwater (Christmas Meadows) and the Main Fork in the Uintas. The proposed well is in road-less terrain adjacent to the High Uintas Wilderness. AMOCO has intervened in the appeal and we expect an arduous task awaiting those of us concerned about the Uintas. We have already spoken with Mike Budig about this project and we will be contacting him in the near future for assistance.

We have been working with the Save our Canyons Committee on issues along the Wasatch Front. This fine effort is largely due to the Wasatch Mountain Club.

Another burning issue is proper management of the areas designated as wilderness in 1984. Mt. Naomi is currently threatened by helicopter hunting of coyotes which surprisingly has the approval of the local Forest Service District Ranger. Forest Service Regulations state predator control of coyotes in wilderness must be directed at the offending animals that prey upon sheep or other livestock. However, the Forest Service is proposing to allow continuation of winter helicopter shooting of coyotes six months after the sheep have gone! There is no way they can determine if they are killing the right coyotes!

We would like to present our BLM slide show to the Wasatch Mountain Club Board and discuss the AMOCO drilling proposal in the Uintas and other issues of mutual concern. With the BLM EIS ready for release in early February, the next few weeks would be an appropriate time to get together. Please let us know when it would be convenient for you to meet.

Again, thanks for your strong support of the Utah Wilderness Association. We look forward to continue working with you on these important conservation issues. We certainly would appreciate it if you would be sure other board members see this letter as well. Again, on behalf of UWA thanks so much!

The letter was signed by Dick Carter, Coordinator, and Gary Macfarlane and George Nickas, Resource Specialists.

PLANNING AND ZONING REPRESENTATIVES by Norm Fish

We need 3 people to be the representatives of the WMC at planning and zoning meetings for Sandy City, SLC, and SL County. Each person would attend any P&Z meeting for his/her city that was reviewing property along the foothills. The representative would be known by the P&Z commission as being concerned about access to the backcountry and would be expected to speak on sensitive property. This person could also be involved in the preliminary planning process therefore receiving early notification and be able to solve problems prior to the hearing.

Sensitive properties might occur every 2 months. How closely the representative worked with the P&Z would determine the lead time notification on hearings. The WMC would like to have as much time as possible to be able to look at the site before the hearing.

My experience has been that P&Z commissions have been very cooperative with persons showing concern early in the process. I expect that with the proper approach, we can assure a right-of-way in all cases.

We need people to help, otherwise we will not be able to continue this project.

Interested people please call Norm Fish at 964-6255.

BLM Wilderness Study Areas (WSAs) Not Included in the Tentative Proposed Action

<u>WSA</u>	<u>Major Reason Not Recommended</u>	<u>WSA</u>	<u>Major Reason Not Recommended</u>
Cedar Mountains	Private inholdings	Mt. Pennell	Intrusions, bison projects, mineral potential
Rockwell	ORV use	Cheesebox	Mineral potential, low primitive recreation values
Conger Mountain	Low primitive recreation val	Mill Creek Canyon	Mineral potential
King Top	Low primitive recreation val	Negro Bill Canyon	Mineral potential
Cougar Canyon	Low wilderness values	Devils Canyon	ORV use
Moquith Mountain	ORV use	Jack Canyon	Mineral potential
The Blues	Mineral potential	Coal Canyon	Mineral potential
Mud Spring Canyon	Mineral potential	Spruce Canyon	Mineral potential
Burning Hills	Mineral potential	Flume Canyon	Mineral potential
Death Ridge	Mineral potential	Winter Ridge	Mineral potential
Carcass Canyon	Mineral potential	Fremont Gorge	Low primitive recreation val
French Spring - Happy Canyon	Mineral potential	Daniels Canyon	Low primitive recreation val

WMC CONSERVATION SURVEY

Name _____ Phone _____

The WMC Conservation Committee would like to identify member conservation concerns. Please indicate below the issues of interest to you (please limit your selection to those of greatest interest) and the level of involvement you desire with your chosen issues. Levels of involvement include: 1. Information only through Rambler articles. 2. Individual involvement through conservation oriented trips, writing letters to officials, etc. 3. Committee meeting attendance, lobbying efforts, writing articles, etc.

CONSERVATION ISSUES

LEVEL OF PARTICIPATION 1.info 2.individual 3.committee

Air Quality Issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water Resource (CUP, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Salt Lake Level/Flood Control	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
River Access/Permits	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Resort Expansion (Snowbird into White Pine)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Big Cottonwood Sewer Pipeline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Helicopter Skiing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Salt Lake Winter Olympics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Backcountry ski access	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wilderness Issues (BLM proposals)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pothunting/Archaeological Site Destruction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coyote Control (1080, helicopter hunting)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Burr Trail Paving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nuclear Issues (Nuclear Dump, Midgetman)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
San Rafael Swell National Park	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Uinta Oil/Gas Leasing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chemical/Biological Weapons Testing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Comments/Suggestions for the Conservation Committee: _____

Please mail in with WMC membership dues or send to Conservation Committee, 529 10th Avenue, Salt Lake City, UT, 84103. Thanks for your help.

STAMP

WMC CONSERVATION COMMITTEE
529 10th Ave.
Salt Lake City
UT 84103

TELEMARK

Telemark Class
by Milton Hollander

Over twenty on-time, eager people met at the geology sign with the tardy group leader in anticipation of the telemark class. Past Club telemark classes had been held with good powder conditions. For this scheduled class, powder snow of any quality was scarce. Temperatures the past few days of mid 40° F had crusted many slopes. The group leader recommended canceling the class unless a ski area slope was utilized. If so, where? Bob Myers came up with a good choice which we followed. For public relation reasons the chosen telemark class area will not be given, but our thanks to the area management. It was an enjoyable sunny beginner-intermediate slope which we all enjoyed even on our back sides.

Our instructors did an excellent job of critiquing their students and everyone advanced their telemarking capabilities. People were reluctant to leave the sunshine and return to the valley fog. Kipp Greene, Ross McIntyre, and several others left for Catherines' Pass after lunch. Many of the remaining participants re-climbed the slope for the umpteenth time until after 2:00 pm, when the class disbanded.

Our special thanks to our instructors: Bob Myers, Mike Treshow, Doyle Dow, and Kipp Greene.

Students were: Garry Borg, Kathy Keck-Redden, Jan Baker, Toni Netelbeek, Don Hamilton, Craig Homer, Ross McIntyre, Frank Ryburn, Ray Duda, Brooks Jennings, Susan Allen, Nancy Neef, David Rumbellow, Carol Beasley, Morton Pellatt, Larry Hardebeck, Cassie Badowsky, Joel Dangerfield, Kevin Plettenberg, and Milton Hollander.

SIERRA CLUB OUTINGS

Salt Lake Sierra Club Group Outings

SUNDAY MARCH 9

Advanced Ski Tour to White Pine Canyon in Little Cottonwood. Pieps and shovel required, skins strongly recommended. Register with leader Walt Haas at home, 534-1262, or at work, 581-5617.

SATURDAY MARCH 15

Intermediate ski tour from Brighton to Alta and back to Brighton. Register with leader Don Dalton at 583-6182.

SATURDAY-SUNDAY MARCH 22-23

Overnight Ski Tour. Ski into a Logan Canyon location and camp in the snow. Start Saturday morning. Bring a bathing suit to stop at Crystal Hot Springs (near Brigham City) on the way home Sunday evening. Register with leader Randy Klein at home, 466-8387 or at work, 263-1600 by March 16.

SUNDAY APRIL 6

Day hike in the west desert. For details call leader Dick Dougherty at 583-3421 after 6 PM.

SATURDAY-SUNDAY APRIL 12-13

Backpack to Devil's Canyon in the San Rafael Swell. Register with leader Sandy Freethey at 485-5989 by April 6.

SATURDAY-SUNDAY APRIL 19-20

CAPITOL REEF EXPLORATORY BACKPACK Upper Muley Twist Canyon one way via Bitter Creek Divide. This will require us to carry water, and may require some rock scrambling with packs. For information call Noel de Nevers, 581-6024 (office) or 328-9376 (home).

HIKING DIRECTOR

BY JOANNE AND WICK MILLER

1986 Hiking and Backpack Season:
Leaders, Please Read
Joanne and Wick Miller, The Hiking
Directorate

The ides of March are Upon Us... Which means the hiking and backpacking season is almost here.

This year the Hiking Committee is trying to block out as much of the season in advance as possible, and hence the requests for volunteers to fill out the form in the centerfold. We are doing this because sometimes it is difficult to contact enough people during the limited time period available to us. The schedule must be in the Editor's hands by the 15th. Thus if you wish to lead a hike in May or early June, the schedule must be in the Editor's hands by April 15, and we must do the calling the first week of April. You can't believe how much time the committee spends on the phone the first week of each month, and still has a hard time getting the schedule completely filled in.

We appeal not only to old leaders, but also newcomers, as well as to old timers who have not led hikes. If you have never led a hike, here is your chance! If you know where the trail is, you too can be a leader, and we need you! A warning to past leaders: if you don't get in touch with us, you still won't escape us because we have your phone number; but please contact us, to make our job easier.

We welcome new ideas for hikes. Please don't think you have to stick to the old "stand-bys". If you have any special hikes, or out of town hikes (Oquirrhs, Uintas, Stansbury Range, for example) that you would like to lead, suggest them.

A word of caution: We had some complaints last year about leaders who didn't know where they were going. They were not numerous, but frequent enough to constitute a problem. Therefore, PLEASE volunteer only for hikes you are familiar with. You must be familiar with the trail and the terrain so that you can describe it accurately to those interested in going.

Once you have volunteered to lead a hike, you will receive a release form to be signed by the participants, along with a "Tips for Hiking Leaders"; these should arrive in the mail about a week before the hike. An additional item this year in the "Tips" is a section called "Participant's Responsibilities", which should be read to the group before each hike or backpack:

"It is your responsibility to be prepared for the hike, with proper clothing, food, and equipment. It is also your responsibility to stay with the group! The leader may, at his discretion, suggest regrouping at a designated point ahead; if so, wait at that point until the rest catch up."

We want this to be read at each hike, so that come August the frequent hiker is sick of hearing it. Leaders were sometimes a bit lax last year in specifying the rules, expectations, and the like.

If you cannot lead the trip you volunteered for, it is your responsibility to get your replacement. Sometimes something extraordinary comes up, and in that case we will attempt to find a replacement, but we hope this would only be in an extraordinary situation.

We must apologize but we lost the list of people who indicated at the hiking party last fall that they wanted to be on the hiking committee. If you were one of them and we haven't contacted you, please give us a call.

**1986 HIKING AND BACKPACK SCHEDULE:
A CALL FOR LEADERS**

Each hiking season the hiking committee spends a lot of time trying to get in touch with potential leaders. So this year we are doing something a little different (something in addition to the usual system) in an attempt to ease our work load, and to also make it easier for the leaders to get their druthers into us. We are trying to work out the schedule as far in advance as we can, so we won't be frantically trying to fill in everything the week before Rambler copy is due (see article, this Rambler). Right now we are working on Spring: April through June. So please fill out the form below with your suggestions for Spring (and beyond, into Summer and Fall, if you know your schedule). We will get back to you to finalize it. (Note that this form is not to take the place of the questionnaire that you got with your renewal application, since that serves a different purpose.)

Thanks for your cooperation. We will run this again in the Summer and in the Fall; but if you can commit yourself now for later in the season, please do!

(Please volunteer only for hikes you are familiar with. See article, this month's Rambler.)

NAME _____

Ph: (home) _____ (work) _____ Best time to call: _____

Hikes and backpacks I suggest leading:

April _____

May _____

June _____

Later in season _____

Please mail to Joanne & Wick Miller, 1404 So. 15th East, Salt Lake City, Utah 84105; or call us at 583-5160

STAMP

WMC HIKING COMMITTEE
JOANNE & WICK MILLER
1404 South 1500 East
Salt Lake City
UT 84105

Yurt Report

Yurt Overnite
by Trudy Healy

The first WMC Yurt Overnite in January 1986 was an absolutely wonderful experience. The Yurt, belonging to the Brighton Ski Touring Center, is located in a huge basin in the Upper White Pine drainage, which runs down to Park West. Although advertised in the RAMBLER, there were only two Club members, Christel Sysaik and Trudy Healy; besides them there was Club applicant John Fortna*, and medical student and X-country racer Albert Whitesell from Minnesota; our guide was Bruce Adams from the Touring Center. It was a small, but very harmonious group.

Christel's husband, Ron, came with us as far as Scott's Pass, a good lunch spot. After following the road to a ridge, a little summit was gained from which a terrific view of impressive Wasatch and flat-looking Uintas was obtained. Looking down into the basin to the north, one could make out the Yurt nestled between aspens and conifers. Skiing down the easterly ridge for a short stretch, we then headed down through the powder into the basin and skied over to the Yurt.

The canvas-covered Yurt is a neat and cozy little place, a very interesting structure with its octagonal skylight, its lodgepole pine supports, beautiful wooden floors, wide double-decker bunks, generous dining table, well-equipped kitchen area and fast-heating, efficient wood-stove. A toilet seat is hung up behind the stove, so that when you take it down to the roomy outhouse, you have something warm to sit on -- great idea!

We dumped our packs. Out then into the beautiful, clear air to ski up and down and all around this most scenic area! The sun was very warm, but the snow

powdery and fast. Ever since leaving the ridge above Scott's Pass, there were no tracks except the ones of animals and our own, which gave a feeling of being in a really remote wilderness.

When the sun went down, it was time to return to the warm Yurt and after 5:00 tea (happy hour), Christel cooked an excellent Greek/German dinner. It was such an enjoyable evening just sitting around, talking and sipping, that nobody thought of getting out the books they had brought.

Next morning Bruce had the fire going and water boiling for breakfast stuff in no time. Again clear and sunny, Bruce gave telemark lessons which were so good, that even Trudy, who had been trying to get the hang of it for over half a century, seemed to understand it.

But then, much too soon, it was time to leave. After packing our bags, the Yurt was made ready for the next group. It was fun to ski down and across the basin, and then to climb up to the dramatic ridge above Thayne's Canyon, and following it to the top. Here a somewhat late lunch was enjoyed in the afternoon sun. A last look at all the sights around, and the group made its way down to Scott's Pass and home to Brighton.

A most enjoyable trip this was and it should be repeated at least once during a ski season. Once the WMC'ers catch on, there will be a stampede!

* Probably a member by now.

BOATING DIRECTOR

BY GARY TOMLINSON

Well boating season is upon us. Our first trip is in the middle of this month. It may seem like we are getting started a little early this year, and that is a correct observation. In the past the Club has missed some of the prime early season boating, so this year we are offering trips early to take advantage of some of this boating. These early season trips are for veteran boaters only. There are beginner training trips scheduled in April and May to introduce novice boaters to the program. Please refer to the beginning training trips listed in the activities section of this RAMBLER edition for more information on them.

NOTE:

We are offering two beginner training trips this season. We will need at least six veteran boaters on each one of these trips to make them a success. These trips are designed to train new boating participants. Veteran boaters wishing to help out on one of these trips should contact the trip leader of the trip they wish to help out on. This one weekend sacrifice of a prime weekend shouldn't bother you much as we are offering additional early season trips which more than make up for it. I encourage all veteran boaters who can donate their time to this worthy cause to do so, just imagine if no one ever taught you, you'd be worrying about other things than your precious boating schedule.

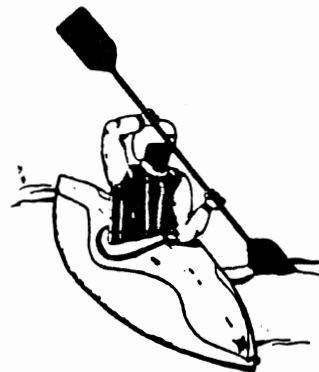
Due to the early start this season, there are numerous activities listed in this RAMBLER edition. The annual spring work party, spring social, boating orientation meeting, and water safety seminar are to be held in April. As of the RAMBLER deadline, I have not

obtained places for the spring social, boating orientation meeting, or the water safety seminar. The April edition of the RAMBLER will list this information. You may also call the boating directory after March 15 for this information if you need it prior to April 1.

NOTE:

Beginners wishing to participate in this years boating season must attend the boating orientation meeting. In addition those intending on rafting, must participate in one of the training trips. It is also strongly encouraged that beginners plan on attending the water safety seminar.

The boating policy has been completely amended this year to incorporate the new structure of one director and four coordinators. There also has been a major change in non-member participation on Club boating trips. Only prospective members shall be allowed to participate on boating activities. We are no longer allowing persons not desiring to join the Club, on our boating activities due to liability reasons. Please refer to the following excerpt from the new boating policy for information on this matter, and on trip qualifications.



Boating Policy

WMC BOATING POLICY EXCERPTS, Adopted 5 February 1986.

2. WMC SPONSORED BOATING TRIPS:

2.1 Trip Sanction and Announcement;

- a. The trip is sanctioned by the coordinator of the primary water craft to be used on the trip or by the boating director.
- b. The trip is listed in the rambler for general sign-up of qualified club members, or prospective club members.

2.2 Membership Qualifying Activity;

Boating activities shall be an acceptable means to fulfill the membership requirement - of attending two club activities prior to acceptance by the Board of Directors - provided that the activities consist of two or more days on WMC sanctioned boating trips. On trips which are two or more consecutive days in length, the prospective member shall be required to completely fill out a WMC application form and submit the proper dues and reinstatement fee, where applicable, to the trip leader PRIOR to departure of the trip. On single day activities, prospective members shall be eligible for trip participation as a qualifying activity. They shall be required to completely fill out and present a WMC application form for signature by the trip leader.

2.3 Qualifications for participating on a club trip are as follows:

- a. BEGINNER - Physical ability, willingness to participate and help out.
- b. INTERMEDIATE - Same as (a) above, plus experience on at least one beginner trip, and the ability to handle intermediate boating situations.
- c. ADVANCED - Same as (a) above, plus experience on at least two intermediate trips, and the ability to handle intermediate and advanced boating situations.
- d. EXPERT - Same as (a) above, plus experience on at least five advanced trips, and the ability to handle the most difficult boating situations.

In addition to these basic criteria, acceptance on any trip may be subject to the discretion of the trip leader and/or the proper coordinator, and/or the boating director.

2.4 Trip Availability;

No person may apply to go on a club trip prior to the mailing date of the Rambler issue in which the trip is announced. A reasonable non-refundable deposit is required at the time of applying to go on a limited participant or extended day club trip. This deposit will be refunded if the participant was placed on the waiting list and was not moved to active status. For club trips which have a limited number of participants, the following signup procedure is on a qualified participant, first-come first-served basis using the following priorities;

- a. Captains or Boatmen first.
- b. Club members or prospective club members.
- c. Club members or prospective club members waiting list.

2.5 Compensation;

WMC boating trips are on a community expense sharing basis. They are to in no way profit any individual participant. All participants will share equally in the community expenses (Club rental rates vary according to the amount of club equipment that is used by a participant as defined in the rental schedule). COMPENSATION to participants for the use of their personal equipment to benefit the entire trip contingent shall be at the discretion of the trip leader and subject to approval by a majority of the trip's participants. Participants owning vehicles which are used in the transportation of a trip will be qualified to be re-imbursed at the going club rate.

HYPOTHERMIA PART II

Hypothermia, Part II
by Carl Cook

This is a continuation of the article which began last month.

CPR, once started, must be continued throughout a the entire rescue effort. If any signs of life are detected, do not do CPR. If neither pulse nor breathing is found after careful examination, CPR must be started. With hypothermia, more time (up to a full minute) should be devoted to the assessment of vital signs. If the setting is such that hypothermia is highly probable and if the patient has obvious signs of hypothermia, then hypothermia should be diagnosed.

Since unconscious or semiconscious victims cannot generate sufficient heat to warm themselves, they must be warmed externally. If warming is too rapid, however, further heat may be lost because of dilation of the peripheral blood vessels. If the person is conscious, he may be given hot drinks, but not alcohol. Alcohol has the effect of opening the peripheral blood vessels which will cause blood to travel from the core where it is needed most to the skin surface, permitting the loss of vital heat needed in the core. This accelerates the afterdrop process. Even after warming begins, the core will continue to cool. Despite the myth of brandy helping a chilled person, alcohol is one of the worst first-aid treatments.

Other Considerations!

A. Handle the patient very gently. Excessive mechanical stimulation may precipitate ventricular fibrillation.

B. Remove wet clothing.

C. Insulate the person from further

heat loss.

D. Add heat; not to warm the patient but rather to stabilize the core temperature and prevent further heat losses. Useful methods of heat addition are:

1) Heated, humidified oxygen or air at a temperature of approximately 105° F. This will prevent further respiratory heat losses and help stabilize heart, lung and brain temperatures. An effective field technique is to boil water and have the victim carefully breathe steam, which heats the heart and lungs rapidly, but will not cause the peripheral blood vessels to dilate.

2) External heat (hot packs, heating pads, etc.) applied to the head, neck, trunk and groin.

3) Rescuer's body heat. The use of a hot shower or bath is not recommended for the field because of the possibility of inducing physical changes in the patient that can not be handled in the field.

E. Administer nothing by mouth until the patient can manage his own airway; then warm, sweet, non-caffeinated drinks are permitted. Do not give coffee, tea or alcohol.

F. Transport to a medical facility as soon as possible. It is important to differentiate possible coexisting disorders (e.g., heart attack, cardiac disease, diabetic coma, insulin shock, drunkenness) from the cold injury and to treat both at the same time.

In the field, other warming methods should be attempted. Obviously, a fire is important for heating fluids, drying clothing, and warming the victim. Any additional heat loss and temperature decline must be prevented. Placing a victim in a sleeping bag may not be sufficient. It will help to surround him with warm bodies. Constant

attention and care are needed once he is in a warm dry place. Some have died of hypothermia when their friends left them in a sleeping bag and went for help. It is more important to continue to care for the person until the body core temperature returns to normal.

How Do I Prevent It?

This is the most important part. Preventive measures, though obvious, are often forgotten. Warm, layered clothing with good hand and foot protection (avoiding constricting wrist bands and tight socks and shoes) should be worn. Warm headgear is particularly important since much heat is lost through the unprotected head.

Preventing heat loss helps prevent hypothermia. The conservation of heat is therefore a major objective. Heat is constantly generated by the human body as a result of the metabolic process. Oxygen combined with fuel produces heat. On cold river trips we always carry candy bars and hot chocolate or hot orange juice in a Thermos.

Exercise is an excellent method of heat production. Running at a slow pace may double heat production. Strenuous exertion, which is possible for only a short time, can elevate heat produced by up to 10 times the basal rate. Although exercise is an important way to prevent hypothermia, energy must be rationed carefully in a survival situation. Panic running or exercise will waste valuable strength. It would be much better to use the energy building a shelter or gathering firewood. Otherwise after a short, excessive period of exertion, exhaustion can result, to be followed by deadly hypothermia.

Get plenty of rest, eat well and frequently. Avoid wind or cold conditions that rob the body of heat. Stay dry. Carry a windbreaker or space blanket. Always have warm and waterproof clothing to prevent severe

cooling or wetness. Most important, take the time to use it. Stop the conditions that cause hypothermia. Sometimes the most rational person is the one who has the courage to turn back from a hike or a climb and seek shelter from a storm. The person who avoids wind, rain, or snow when he or she is not prepared is avoiding the danger of hypothermia. Although mild shivering is a natural response to cold, prolonged or violent shivering is a warning sign. Seek shelter. Although you may have a tent and sleeping bag, it is important to know when to stop. At times, the exercise of hiking with a pack or walking may be the only way to prevent hypothermia. Your body's heat production may drop 50% or more when you stop and permit the core temperature to fall. Therefore, it is essential to make camp or find shelter when your body still has an energy reserve.

Always be alert for symptoms in you and your companions. Be particularly cautious under wet or windy conditions. Apparent exhaustion or drowsiness may be an indicator of hypothermia. The old tale that sleep is fatal in cold conditions is not entirely true. A warm, sheltered person can safely sleep in extremely cold conditions. A decline in body temperature will awaken him. To lie down and sleep in wet, windy, cold conditions without shelter will probably prove fatal.

Nutrition plays a vital part in meeting the body's requirements for fuel to maintain the core temp. For quick energy, carbohydrates are superior. Fatigue also can lead to hypothermia.

Studies illustrate the proper conduct for a person who is immersed in cold water. They estimated that survival time could be increased by one third if a person remained immobile while waiting for rescue. Studies also established that drown-proofing, a technique of conserving swimming strength by keeping the head under

water except for periodic breathing, cooled the body fastest. Drown-proofing is useful for warm water, but not acceptable under cold conditions. Considerable heat is conducted from the body, especially by immersing the head. Several people huddling together, with clothing and life jackets, increase survival time still more. Insulated survival clothing and life jackets are essential for long-term protection in cold water.

REFERENCES:

The Merck Manual, 13th Ed., Merck & Co., Inc., Rahway, N.J., (1977), pg. 1727-1729.

Journal of Emergency Medical Services, October, 1983, Vol. 8, No. 10, pg 32-35.

Wilderness Survival, by Bernard Shanks, Universe Books, NY, NY, 1980.

Wilderness Medicine Course, taught by Ralph Brown, PA, U OF U.

SPRING BOATING PERMIT PLANNING MEETING AND SOCIAL

by Chuck Reichmuth, Rafting Coordinator

Those lucky enough to win river permits this year should be getting the word sometime before mid-March. If you are willing to share your permit with the Club, please inform one of the boating coordinators as soon as you receive notification. The earlier we get the word, the better boating schedule we can have for 1986. The Spring Boating Permit Planning Meeting and Social will be held Monday, March 31, at 7:00 pm, for those persons having permits to share with the WMC. Permittees should contact the coordinators for the meeting location. Hopefully, by the end of the evening, we will be able to have our season's schedule to look at. Adjustments after this date will be difficult to make. The official schedule will be printed in the May RAMBLER.

MEETING

BOATING TRIP LEADERS ORIENTATION & HOT TUB SESSION

by Chuck Reichmuth, Rafting Coordinator

There will be a special, one-time opportunity for those who have never been, to learn about the joys and tribulations of being a trip leader on a WMC river trip. The purpose of the meeting is to acquaint attendees with the basics in the hopes of swaying a few responsible people to serve their Club in yet another endeavor. Information packets will be handed out to the participants. The orientation will be held on Monday, April 7, beginning at 7:00 pm, at Chuck Reichmuth's pad 'n spa, and will be followed by a hot tub session until Morpheus beckons. Attendees will be limited to the first 12 people registering. Those who have been trip leaders, but would like to brush up on the requirements, may attend on a space available basis, if insufficient novices sign up. Register with Chuck at 483-1542, preferably calling before noon.

KAYAKERS POOL PRACTICE

Wednesday 7:30 pm to 9:30 pm through April 30th. Located at South High, 1757 South State. Cost \$3.00. Rentals -- Wasatch Touring \$6.00.

Sunday 6:30 pm to 8:15 pm. University of Utah Pool, Wasatch White Water Affiliation (join \$6.00 & includes NORS). Cost \$2.50 members/ \$4.50 non-members. Rentals \$2.50.

The best place for beginners to start is a class. The University of Utah continuing Education classes fill quickly! The Y.M.C.A. will also have classes, so plan ahead.

Margy Batson - Kayaking Coordinator

WASATCH MOUNTAIN CLUB

PERSONALITIES

Wasatch Mountain Club Personalities
Janet Friend
by Carol Anderson

"Newbies" to the Club find from her a ready acceptance and appreciate her openness and kindness; the seasoned members appreciate her sense of adventure and leadership. But all who have met her must agree that Janet Friend lives up to her name, she certainly is the personification of goodwill with a warm smile seldom missing from the gentle features of her face.

Attending to the needs of Club members comes naturally to Janet, a professional nurse, born and reared in Orange, Massachusetts, in the heat of the Berkshire Hills. "I was, in a sense, born in the woods. I know every big rock and rise in that land I hiked so often as a girl when I lived there." Even now, she returns to Orange yearly, to the area where her family operated a dairy farm, and roams those same forest-covered hills she "befriended" years ago.

At 18, Janet changed her scene dramatically by moving to the Midwest where she attended for the next four years the University of Illinois, graduating in nursing. Then, after some time practicing her profession, she chose to nurse her own children at home while they were young and, also attend to the demands of another type of farm--this time a cattle farm in Appalachia. "I found my farm work less confining than dairy farming. When the children were in school during the day, I'd hike the hills to count the cattle, mend fences, and then I'd just wander



for miles after that."

The mountains of the West naturally lured Janet, this inveterate hiker. After settling here and joining the Club in 1979, she experienced her first backpack--to the Maze with Chuck Raney as leader. And what an introduction she found! "The road into the place was incredibly steep. Then after parking the four-wheeler, we hiked farther down and down. It is, indeed, a maze and scary, at that!" She credits Mell Davis for giving her TLC during this "trial." He was a "father figure to all of us in the group." Typical of a novice, Janet did not have all the equipment she needed for such eventualities as a flash-flood that sent waterfalls cascading over cliffs around the hikers and turning the trails onto flowing streams. She prayed "Lord, if you get me out of this, I'll never go on one of these trips again." But, of course, she went again the next year.

And, thereafter, this intrepid woman has "done" the Grand Canyon via the

Colorado River, the Sawtooths, even the Kali Gandaki Gorge in the Himalayas. She wants to continue her travels, but see the new territories such as Alaska on foot, hike them, see them "from the ground."

With this spirit of adventure, Janet's answer to the following question was inevitable: What person from history would you most like to visit with for a day? "John Wesley Powell. I'd love to talk to him about his expedition down the Colorado." Her second choice? "John Muir...and if I could chose a person from the contemporary period, I'd choose our own Club member Trudy Healy."

When Janet is not venturing into rain-filled ravines or exotic mountain passes, she finds enjoyment in skiing, both cross-country and downhill, and in playing the pipe organ or the piano. In fact, she plays a hot honky tonk piano with a Dixieland group. And, in striking contrast, she has had the opportunity to play the pipe organ in the Tabernacle.

Oil painting, mountain landscapes, of course, also occupies her as does ushering for concerts at Symphony Hall. She has donated her time also to the Club, having led hikes and served on the Board as secretary for two years. Her advice to non-officers of the Club for improving the environment is to become actively involved in conservation issues: "Attend meetings, donate money, sign petitions, help 'in your own tracks' by not littering and setting a good example in the wilderness for children in your care."

Janet's goal is to continue the "adventure of life. Only time and money are my limitations--stamina certainly isn't. Just call me a hiking grandmother." Surely, her friends can call her not only a hiking grandmother buy a rare friend to themselves and to Nature as well.

FOR SALE

FOR SELL, or TRADE for mountaineering ski equipment:

- *Bicycle rack - holds 2 bikes; mounts on most cars -- \$16.
- *Stockman's tent - large, all canvas, pyramid type, 7'X7'X8' -- \$42.
- *Backpack - US Army, WW 2, canvas, leather, steel frame -- \$15.
- *Woodsmen's Cot - folding, tan canvas/wood -- \$12.
- *Crampons - 5 point Samwoo/Eisen, nylon straps -- \$9.
- *Parachute - Unit Mk I, square, canopy only, 180 jumps -- \$230.

If you're interested, contact by postcard (no phone);
Bridge DeNevai, HC2 Box 5, Duchesne, UT 84021...I'll call you.
FOR SALE:

*Wetsuit - 2 piece, sailing jacket and Farmer John pants. Excellent condition. \$125.

*Sportyak II - Very good condition, \$125.

Call Craig at 566-2056 after 5 pm.

- *175 cm Miller Soft Skis & Bindings
- *E. Bauer Down Suit, Large; New Condition
- *SCUBA Gear
- *25" 10 Speed Bike; New Cond. & Auto Bike Rack

Call C. Denton : Ogden
at 782-6514, eves

*New Stubai Ice Axes, all metal shaft with poly hand guard. \$19. each.

Call Bill Rosqvist at (home) 295-0458
(work) 530-3456.

WINTER ON THE RIVER II

Westwater in Winter
by Carl Cook

This is a continuation of the article
in the February RAMBLER.

Suddenly in the middle of a rapid, the blade of my Mohawk paddle dropped into the brown murky water and sank immediately! I grabbed Jeremy's paddle and yelled to him to grab one of the spares, but they were buried at the bottom of the raft under all of our gear. Jeremy had to get to camp before he could get a paddle. That left Phil and Tom as the only paddlers.

Once we were through the rapid we decided to look for a campground. By now it was 5:30 and sunset was at 6:45. As we looked around we realized we had just passed the Little Dolores River, and the next campground was at the end of the canyon. The shear, black walls allowed no stopping for the next eight miles.

We sat quietly in the freezing wind, hunched over as small as we could get. Our arms were tight against our sides and our legs were clamped together.

That was when the wind picked up. Channeled by the steep canyon, the force of the wind seemed to penetrate our wetsuits like thousands of little pins. We couldn't keep our eyes open because the icy spray worked with the strong wind to make our eyes burn whenever we opened them. The wind didn't slow us down much, though, because the river picked up speed, too. It felt as if we were on the downhill slide of a roller coaster.

We set up well in advance of where we thought we needed to be in the rapids, as the river was so strong I was afraid we wouldn't be able to maneuver much

once we got into the rapid. Every rapid was exciting, but also well run. Sometimes the rocks were so close together the raft only had about a foot on each side, but we never went into a hole or even scraped a rock. We never had trouble keeping the raft straight in the fast water in the middle of the river. I was thinking, "This is really intense!" as I was knocked into the middle of the boat. I instantly got first hand knowledge of how cold the water really was when I landed face first in about a foot of water. "Well, it won't be difficult to keep the beer cold", I thought.

In front of me I saw two big rocks through which almost all of the river was channeled. The rock on the left was a little upstream of the one on the right. Almost all the river current hit the upstream bolder and was forced to the right directly into the downstream bolder. When the current hit the downstream bolder all the water was forced back to the left and over the horizon line.

We went in on the right, off the pillow on the downstream bolder and dropped six feet into what looked like the bottom of a washing machine. We filled up with water in the drop and bailed desperately before we got to the next rapid.

This reminded me of the description Ralph, my kayaker friend, had given me of Funnel Falls, one of the three major rapids in the canyon. I also remembered him saying "Don't capsize here, Skull is next", just as it began snowing.

The next two rapids were fairly easy, but they weren't Skull either, and the snow kept getting heavier. This is what's called corn snow out West, more like BB sized ice particles than real snow. It stung our eyes and

unprotected skin because it was being driven into us with a lot of force by the harsh wind.

We silently paddled down the canyon, its steep, black walls intimidating us. We felt very small floating through the canyon all alone. Long ago molten rock had flowed here. The entire canyon was black, but really not much darker than the sky. The walls had a silvery gleam about them that the river had polished into the rocks over the centuries. No longer could we see any colors except gray, silver, and black. It gave me the feeling that we were no longer a part of our world, but somewhere frozen in time. I had suddenly developed a feeling of fatalism.

Tom and Jeremy didn't have glasses and were forced to paddle with their eyes closed, opening them for a few seconds whenever they heard an approaching roar. Jeremy could barely move his fingers. Without gloves his hands were purple and numb. I watched everyone for signs of hypothermia while desperately trying to think of what to do for them. "Very little", I thought, "We couldn't pull over and build a fire; we would just have to keep going until we got out of the canyon."

Despite the ten feet visibility, I recognized Skull ahead. We were already set up for running it. Ever since we ran Funnel Falls, we had started setting the boat up for each rapid as if it were Skull. We weren't about to go into the hole under these conditions if we could help it.

We went into Skull Rapid slightly left of center, we would have to wait until the right moment and power the raft quickly left to avoid the boat-eating hole just below us. It would be close. In fact, it better be close. If we cut left too quickly, we would scrape Skull Rock which looks like the top of a skull but is undercut by the forceful current to a razor sharp edge. If we scraped Skull Rock, we would rip open

the boat from bow to stern and swim the rest of the canyon. We could equate scraping Skull Rock with death!

We took a sharp left around Skull Rock with a deft draw stroke from Phil and took the sneak route on the left side. We accelerated toward the boulders on the left. Before we ran up on the left shore the current swung our bow around, pointed us downstream and pushed us down-river. Out of the corner of my eyes I saw giant, black boulders along the left shore rushing by us at about 80 miles per hour.

"We made it through Skull!", Phil yelled. Suddenly it didn't seem to be snowing so heavily after all. We talked and laughed for the first time that day. It was over so quickly, I never had time to look to the right and see the big hole in Skull or the famous Room of Doom.

The rest of the rapids were fun. Some were fairly intense, but after Skull we were no longer afraid. The lack of fear somehow made the rapids a lot easier. Our success in Skull gave us a sense of achievement and a feeling we had control. "Don't get too self-satisfied yet, we still have about two miles and 6 rapids to go!", I yelled over the roar. "Phil, let's throw him out of the boat", Tom whispered.

I have made several trips down Westwater since that first trip, but I have never and will never forget my first experience in Westwater Canyon.

"That ought to give all of us an adrenalin fix to last a few months," I joked. "I'll say," said Jeremy, "and it'll take me that long just to get warm again!"

Winter Camping

Winter Camping
by Vince Desimone

Winter camping can add a new dimension of pleasure to the outdoors person. While the first reaction of many is negative, those who do go in for this kind of adventure usually will do it again and again. The peacefulness of winter can be experienced in a new way on an overnight trip.

The key to an enjoyable trip is proper planning and cooperation while on a trip. It is not difficult if common sense rules are followed. A meeting to learn how to winter camp, the gear required, and to plan the March 22-23 winter camp-out will be held at the Marmalade Hill Center on March 11. Anyone wishing to come is welcome even if you do not decide to attend the trip.

Following is a brief discussion of information that will help make a winter camp-out more enjoyable.

Packs

There are three types of pack for overnight journeys: the external frame, soft pack, and internal frame pack. Each can be used for skiing. What is important is to have a pack that permits freedom of motion for poling and extension of the arms and that securely fastens the weight in the pack so it does not shift while moving. Soft (body) packs are best for this with internal frame being the next best. Whatever pack is used should have adequate straps, perhaps some extra not normally used in the summer, to secure the pack to the body. There may be times when you will want to walk and straps to fasten the skis to the side of the pack are handy.

Sleeping Bags

On an overnight trip any warm sleeping bag is acceptable. Down is still the lightest and least bulky but picks up body moisture and gradually loses its insulating value on longer trips of several days. A vapor barrier in the sleeping bag can help the bag keep dry and full of loft. However, with this system the body moisture stays inside with the body and can become uncomfortable. Synthetic materials used for insulation work better in the winter, however they tend to be bulky. Because winter nights can be tediously long when you are cold, this is an important area in which to prepare. One way to be sure you remain warm at night is to wear insulated quilted clothing inside the bag. The clothing should be loose to provide lots of air spaces for warmth and for comfort while sleeping. I usually use warm-up pants and vests that are also used while moving around camp in the evening and mornings. Weight is an important consideration, so consider ways you can use articles for more than one purpose.

Clothing

Clothing can be the same as that you normally use when cross country skiing on a very cold day. It is advisable to have a second change of clothes with you in case you get wet and also to provide added layers of warmth should it get colder than you anticipated. Remember in order to layer clothing, some items need to be larger than you normally wear.

Sleeping Pad

A sleeping pad is essential for winter camping in order to insulate you from the cold snow below. Pads should be doubled or of adequate thickness to keep body heat from being lost. A moisture barrier is very important to prevent moisture from below soaking

your pad or sleeping bag and reducing the insulating value.

Shelter

Tents are the quickest and easiest form of shelter. Snow caves require more energy to build but offer greater protection and warmth. Tents should be self-supporting like the tunnel or dome type using internal supports. Tents requiring stakes or support ropes are not recommended since it is difficult to get good fastening in snow. Plan to have moisture collect in the form of frost when you wake up. It is hard to prevent it. A ground cloth will help keep frost/moisture down. Snow is a good insulator. Snow caves or trenches will stay warm even on the coldest nights. This form of shelter will be discussed in a later article.

Cooking

A quality stove is essential in winter. Self pressurizing stoves can work well in cold weather. Since these stoves require some heat to make the fuel flow they are sometimes difficult to start. Cartridge stoves using propane or butane usually do not work well when cold. Whatever stove is chosen should be tested in cold conditions before a trip to learn cold weather operating characteristics. The same parts & utensils used for summer camping can be used in winter.

Nutrition

A backcountry ski trip demands a lot of energy. The number of calories burned on a trip is over 4000 a day and can be much more when days are cold and skiing is strenuous. A skier must eat plenty of food, especially those with high caloric values, in order to maintain body strength and warmth. The energy that supports you for a day of skiing, hauling a pack, and keeping you warm at night is largely provided by the food you eat that same day. Don't worry about your weight! I've never known anyone who has gained weight on a backcountry ski trip--usually the opposite is true.

At least 50% of the food should be carbohydrates such as pastas, starchy vegetables, grains, cereals, fruits, and candy with nuts and honey. Fats should be emphasized since they provide more calories per pound than any other food group. Margarine, butter, nuts, peanut butter, cheese, salami and canned fish are good fat sources. Protein is of less importance on short trips and can be obtained from meats, cheese and milk products.

Fluids

The body loses tremendous amounts of moisture through respiration because warm air from the lungs carries a lot of moisture.

Drinking several quarts of water each day is essential. A skier can slowly dehydrate himself and not realize it. Dehydration can result in reduced ability to resist cold, reduced coordination and energy, and can contribute to hypothermia.

If you drink a lot you will be warmer! But caution! Alcoholic beverages have the opposite effect. They tend to cause a loss of moisture and ultimately have a chilling effect. Drink fluids before and during a trip. Keep an eye on the color of your urine. It's a good clue you're not getting enough liquid if your urine is dark.

Water

While we may have plenty of potential liquid around us in the winter, it is one of the most important things we will occupy our time with on a trip. First we should carry adequate water with us for each day when the trip starts. Water treatment in winter is the same as summer once you have the water. If a stream or lake is available that is a good source when properly treated. Often it will be necessary to melt snow for water. This is a slow and fuel consuming process. Melted snow water never tastes as good. It is easy to "burn" water in a pot.

The taste and the speed of melting can be improved by adding a little water to the pot before heating. Juice mixes, cocoa, coffee, or tea can help hide the pan taste. Keep in mind that tea and coffee are diuretics and contribute to headaches, fatigue, and dehydration.

Miscellaneous

Many small items must be brought to make the trip easier and more enjoyable. Things like candles, waterproof match containers, plastic trash can liners that are used for storing backpacks, clothing and food to keep them dry during the night. I have used these trash bags as impromptu raincoats when an unexpected wet snowfall occurred. A hole can be cut in the bottom for the head and in the sides for arms. If large enough it can cover the backpack as well as your body while skiing. Keeping dry is one of the most important things for staying warm in cold conditions. Down booties are also appreciated when not skiing.

Emergency

Matches are an important item to carry. They should be carried in several different places in waterproof containers. Solid fuel fire starter, compass, knife, and whistle also are desirable items to have in an emergency kit. An avalanche shovel is essential for rescue and also is useful in setting up camp.

A repair kit containing enough items to fix broken equipment is important. Duck tape, sewing needle, strong thread, twine, screws & screwdriver, vice-grips (also serve as pot holders), extra ski tip & basket, and bailing wire all are good to have along.

In Conclusion

This article has attempted to give a broad overview of winter camping. More detailed discussion will be given at the planning meeting or by getting one of several good books on the subject.



Skateing Party in Park City

photo: By E. Cook

The WMC may have added another interest to the club's activities.

ICE SKATEING A number of members participated in this sport at the

Sunday Social held at Vince Desmone's in Park City. If the floods don't stop maybe we can schedule some moonlight skate tours at the Resort.

Wasatch Mountain Club

APPLICATION FOR MEMBERSHIP/REINSTATEMENT and RAMBLER SUBSCRIPTION QUALIFICATION FORM

1
PLEASE
PRINT
PLAINLY

NAME: _____ PARTNER'S NAME _____
(Only if he/she desires membership)
STREET ADDRESS: _____ APT.#: _____ TEL: _____
CITY: _____ STATE: _____ ZIP: _____
(no ZIP, No Rambler)
OCCUPATION: (Optional) _____

The Wasatch Mountain Club's membership-year is March 1 to February 28. Those joining in January and February are granted a leeway to join for the next membership year beginning in March.

REINSTATEMENTS (for former members): A \$5.00 reinstatement fee must be paid instead of the entrance fee. The dues listed below apply.

2
CHECK ONE ☐ I hereby apply for ☐ NEW MEMBERSHIP
☐ REINSTATEMENT in the Wasatch Mountain Club.

INSERT YEAR ☐ For the membership year _____ (insert year), enclosed are my dues as follows:
(Checks ONLY: cash NOT accepted. Your cancelled check is your receipt.)

4
CHECK ☐ Single Membership: \$20.00, of which \$12.00 is for a year's subscription to the Rambler and \$5.00 is the entrance/reinstatement fee.
☐ Couple Membership: \$25.00, of which \$12.00 is for a year's subscription to the Rambler, \$5.00 is partner dues (non-subscribing), and \$5.00 is the entrance/reinstatement fee.

5
CHECK ONE ☐ I ☐ DO ☐ DO NOT wish to receive the Rambler. Subscriptions are not deductible from the dues. I am 18 years of age or older.

NEW MEMBERS: QUALIFYING ACTIVITIES: (Valid for 1 year) Signature of
APPLICATION _____ DATE: _____ Recommending
NOT VALID ☐ 1. _____ LEADER: _____
UNLESS ☐ 2. _____ DATE: _____ LEADER: _____
THESE ARE COMPLETED!

I agree to abide by the Wasatch Mountain Club rules and regulations as specified in the Constitution and Bylaws and as determined by the Governing Board.

NOT VALID UNLESS SIGNED 7 ☐ Applicant's Signature _____ Return Form WASATCH MOUNTAIN CLUB
and Dues 168 West 500 North
Check to: Salt Lake City, UT 84103

I am willing to serve the Wasatch Mountain Club in the following areas:
____ Organizing social activities(6); ____ Trail Clearing(7); ____ Lodge Work(8);
____ Conservation(9); ____ Assisting with the Rambler(10).

PLEASE
RECHECK
THAT STEPS
1 THRU 7
ABOVE ARE
COMPLETE

LEAVE BLANK: _____
Receipt #: _____ Date Received _____ Amount rec'd _____
(Less entr./reins.)
Board Approved _____

WASATCH MOUNTAIN CLUB
168 WEST 500 NORTH
SALT LAKE CITY, UTAH 84103

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