

WASATCH MOUNTAIN CLUB

NOVEMBER

# The Rambler

VOL. 64 NO. 10 NOVEMBER 1987



Dick Dougherty, Cynthia Campbell, Aaorn Jones, Don Seeley, Ann Wechsler, Leigh Brown, Maureen Kurtz, Donna Smedley, Jack Winter, and Don Ashton at Frisco, Utah, October 3, 1987. Photo by Jerry Hatch.

## HIGHLIGHTS

SKI TOUR SEASON STARTS!  
ENERGY FOR WINTER SPORTS  
POETRY HIKE REVIEW

# The Rambler

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The right is reserved to edit all contributions and advertisements and to reject those that may harm the sensibilities of WMC members or defame the WMC.

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## WASATCH MOUNTAIN CLUB

THE RAMBLER, the official publication of the Wasatch Mountain Club is published monthly by and for its members. Persons wishing to become members and receive THE RAMBLER for two months upon written request to the Membership Director, 168 West, Fifth North, Salt Lake City, Utah, 84103 and payment of \$3.00. Checks are to be made payable to the Wasatch Mountain Club. There is a \$10.00 charge for returned checks.

Membership applicants must participate in at least two Club outdoor or service activities, verified by the signatures of approval from the activity leaders. Yearly dues are \$25.00 single, \$35.00 couple. A \$5.00 initiation/reinstatement fee is charged.

1987-1988

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# The Rambler

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## WASATCH MOUNTAIN CLUB

### ARTICLE II PURPOSE

The purpose shall be to promote the physical and spiritual well being of its members and others by outdoor activities; to unite the energy, interests and knowledge of students, explorers and lovers of the mountains, deserts and rivers of Utah; to collect and disseminate information regarding the Rocky Mountains in behalf of science, literature and art; to explore and picture the scenic wonders of this and surrounding states; to foster awareness of scenic beauties; and to encourage preservation of our natural areas including their plant, animal and bird life.

## WASATCH MOUNTAIN CLUB BOARD

# REPORT

October 7.

By law revisions were discussed. Hank Winawer, Dale Green, and Karin Caldwell will draw up requirements for life membership.

The club received a letter from 'Splore thanking us for the use of the lodge.

Dale Green reported on arrangements for phone and mail service the club could make were we to decide to give up our office space. Chris Biltoft will investigate renting an office near the UWA offices.

The trail and tree day was a success, with over 50 club members participating.

The new heater has been installed at the lodge, and the new fire escape is partially installed.

The new boating trailer has not yet been delivered as promised. Action is being taken to get the project finished as soon as possible.

The information director will invite the Utah Wildlife Leadership Coalition to give a presentation at the next board meeting.

The next board meeting will be Wednesday, November 4.

# WELCOME

The Rambler and W.M.C. want to welcome the following new club members:

Kathy Anglesey  
Ren Barney  
Janet Bungler  
Jeannie Ellison  
Suzi Green  
Jeff & Lisa Jones

Howard Leaman  
Randak Rathjin  
Gina Rieke  
Richard Sherman  
Lydia Kay Summerall

We hope you will enjoy our club activities and we look forward to meeting you. Please feel free to volunteer to help where you can.



FROM THE

# PRESIDENT

by Hank Winawer

## DICK AND JANE: A MODERN VERSION

Dick and Jane like the outdoors. They hike and camp often. Hike Dick hike. Camp Jane Camp. Dick likes to lead Jane on hikes. Jane does not like to follow. Jane is independent. She tells Dick to gather the camping gear and shove it (into the trailer.) Dick complies. They drive many, many miles to be in the wilderness. At the trailhead, Dick and Jane unload the trailer. They set up camp. Dick cooks. Jane rests. Dick and Jane eat. Dick cleans the pots. Jane says, "Isn't camping fun?" Dick only wants to relax and finish his needlepoint. Dick misses the good old days.

In the morning, they decide to explore the countryside. Jane carries the heavy gear. Dick follows. Dick doesn't like to follow and would prefer to carry his share. They agree to hike side by side and split the load. Dick and Jane stay on the trail and pick up refuse left by careless hikers. Now they really enjoy the outdoors even more and agree that hiking and camping is real fun. Both are leaders in hiking, camping, conservation. Dick and Jane lobby to save and protect what they love. Hike Dick hike. Camp Jane camp.

## TRAIL AND TREE DAY

On September 26 about 50 zealous WMC volunteers cleared trails, built a Buck and Pole fence and planted trees to prevent erosion in some of the more popular hiking areas in the Wasatch. The following photos show the results of efforts on the Lake Mary trail.

Afterwards, we convened at a restaurant in Sandy and rewarded ourselves with billions and billions of slices of pizza. I figured that we each burned up an average of 5,000 calories "on the trail" and consumed 7,500 calories worth of pizza. Oh well, you can't win them all. The mountains at least, came out ahead on this one. Thanks to our Conservation Directors, the Forest Service, and to all those who participated in this activity.



WMC crew constructing buck & pole fence,  
Sept 26, 1986. Photo by Hank Winawer.

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# EVENTS AT A GLANCE

(See the Chronological Listing for Details)

<u>Nov</u>		<b>BIKING</b>	<u>Dec</u>
8 Grantsville	15 Pineview		
<u>Nov</u>		<b>BOATING</b>	<u>Dec</u>
7 Work Party	24 San Juan Work Party		9 Permit Party
14 Social	26 San Juan		
<u>Nov</u>		<b>MOUNTAINEERING</b>	<u>Dec</u>
21 End of Season Party			
<u>Nov</u>		<b>SAILING</b>	<u>Dec</u>
11 Sea of Cortez			
<u>Nov</u>		<b>SKI TOURS</b>	<u>Dec</u>
7 Leader's Choice	28 Twin Lakes		5 Leader's Choice
8 Leader's Choice	28 Silver Fork		5 Desolation Lake
14 Lower Silver Fork	29 Mt Wolverine		6 Catherines Pass
15 Scotts Pass			6 Greens Basin
15 Lower Greens Basin			12 Catherines Pass
21 Telemark Clinic			12 Silver Fork
21 Scotts Pass			12 Beartrap
22 Leader's Choice			12 Ogden Valley
22 Point Supreme			13 Lake Katherine
26 Catherines Pass			13 Leader's Choice
			13 Mt. Reynolds
<u>Nov</u>		<b>SHOWSHOE TOURS</b>	<u>Dec</u>
29 Leader's Choice			5 Leader's Choice
<u>Nov</u>		<b>SOCIALS</b>	<u>Dec</u>
26 Thanksgiving Dinner			25 Christmas Dinner
		<b>VOLLEYBALL</b>	
	(Tuesday Evenings at South High Women's Gym, 7:00 pm)		

## A WORD ABOUT WMC SKI TOURS

- NTD** (Not too difficult): Terrain is mostly gentle. Participants should be able to do a kick turn, snowplow, and descend a slope by traversing. Usually no avalanche danger.
- MOD** (Moderately difficult): Proficiency climbing and descending intermediate slopes is required. Pies and shovels may sometimes be suggested or required. If a Pieps is carried, this implies knowledge of how to search for a buried companion.
- MSD** (Most difficult): Strenuous. Usually involve long ascents, steep or narrow descents. Pieps and shovel always required.

ALL SKI AND SNOWSHOE TOURS START AT 9:00 A.M. AT THE GEOLOGY SIGN, LOCATED AT THE EAST END OF THE PARKING LOT AT THE MOUTH OF BIG COTTONWOOD CANYON UNLESS OTHERWISE NOTED.

# CLUB ACTIVITIES NOVEMBER

Only activities approved by the appropriate WMC Director can be listed in the Club Activities section of the *Rambler*. Send your proposed activity, for approval, to the hiking, rafting, skiing, etc. director for inclusion in their activity schedule. Those activities sent directly to the *Rambler*, without approval, will not be published.

- Tue. Nov 3      VOLLEYBALL. 7:00 pm at South High Women's Gym. (17th South and State) Cost \$1.00. Call Jim for information at 943-3321. Some instruction available.
- Sat. Nov 7      LEADER'S CHOICE SKI/HIKE TOUR (NTD). I don't know the weather, so this tour might be a leader's choice hike. If you're unsure about what gear to bring (skis or hiking boots), call Mike Hendrickson (942-1476) before showing up at 9 a.m. at the geology sign, mouth of Big Cottonwood Canyon.
- BOATING WORK PARTY. We need to go through our equipment and see what to replace for next season. We will also be moving to a different shed inside the fenced yard to accommodate our trailer. Meet at the WMC Boat Storage Shed, 5585 South, 320 West, #49 at 10:30 am. For any additional information call Jeff Barrell at 943-2836. Show up and help out.
- Sun. Nov 8      LEADER'S CHOICE SKI/HIKE TOUR (NTD). Perhaps this will be a ski tour to a high elevation, or a hike at a lower elevation. In either case, meet Bonnie Baty (487-0178) at 9 a.m. at the geology sign. Give Bonnie a call if you need further information.
- GRANTSVILLE BIKE RIDE (MOD). This 68 mile ride is over mostly flat to rolling terrain. Lunch at a restaurant. Meet Elliott (969-3976 after 6:00 pm) in the Salt Lake Community College parking lot at 4545 South Redwood Road (1700 West) at 10:00 am.
- Tue. Nov 10      VOLLEYBALL. 7:00 pm at South High Women's Gym. (17th South and State) Cost \$1.00. Call Jim for information at 943-3321. Some instruction available.
- Nov 11-15      SCUBA DIVING IN THE SEA OF CORTEZ. La Paz, Baja California, Mexico. Cost \$340. Contact Vince Desimone at 1-649-6805 for details and reservations.  
Wed.-Sun.
- Tue. Nov 10      VOLLEYBALL. 7:00 pm at South High Women's Gym. (17th South and State) Cost \$1.00. Call Jim for information at 943-3321. Some instruction available.
- Sat. Nov 14      LOWER SILVER FORK SKI/HIKE TOUR (NTD). Beve Henry (486-1607) is the leader for this leisure-class tour. Meet him at 9 a.m. at the geology sign.
- RIVER RATS SEASON ENDER PARTY!! This annual event is the time to relive the great moments, see some great slides, and party down! We'll put-in at the WMC lodge around 6:30, have a great potluck supper (boaters always eat well), and paddle downstream. Please bring only your greatest slides as we

don't want to bore people to sleep. Take-out that night or sleep over. There will be a \$1 charge (for the lodge) and bring some food if you want to eat. BYOB or purchase soft drinks at cost.

Sun. Nov 15

SCOTT'S PASS SKI/HIKE TOUR (NTD). Guy Benson (359-6028) will meet you at 9 a.m. for a trip to Scott's pass.

LOWER GREENS BASIN SKI/HIKE TOUR (NTD). Jim Frese (882-5222) will lead you through the mountains of snow to lower Green's Basin, a delightful spot for contemplating man's place in the Wasatch. Meet him at the usual time and place (9 a.m., geology sign).

PINEVIEW BIKE RIDE (MOD). This 42 mile ride east of Odgen is a casually paced tour of the beautiful mountain valley surrounding Pineview Reservoir. The terrain is mostly flat to slightly rolling, with only a couple very short hills. Map holders will be helpful as the course is circuitous. Plan on a late lunch. Meet Elliott (969-3976 after 6:00 pm) in the west parking lot of the State Capitol building at 9:00 am, or in Huntsville, on the northeast corner of Huntsville's Town Park (200 South, 7500 East) at 10:15 am.

SUNDAY SOCIAL 6:30 pm at the Park West clubhouse (Park City area next to the swimming pool at the lower part of the complex.) Sandy and Jay Niederhauser will be your hosts. Pot luck dinner, soft drinks at cost. BYOB. Cost \$1.00.

Tue. Nov 17

VOLLEYBALL. 7:00 pm at South High Women's Gym. (17th South and State) Cost \$1.00. Call Jim for information at 943-3321. Some instruction available.

Sat. Nov 21

TELEMARK CLINIC. If you're just beginning to ski on skinny skis, or you just want to work out the early-season kinks in your technique, this clinic might help. Ellie Ienatsch is the organizer, and has recruited instructors to help skiers of all ability levels. For more information, call Ellie at (272-2426). Meeting time is 9 a.m. at the geology sign, mouth of Big Cottonwood Canyon.

SCOTT'S PASS SKI TOUR (NTD). Scott's pass again? Well, it is a good tour for getting flabby telemark muscles in shape for more strenuous tours to come. Martin Gregory (582-2403) is the leader. Meet him at 9 a.m., geology sign.

MOUNTAINEERS END OF SEASON/SLIDES A' LODGE. Keep the psyche going and relive your past glories. Bring a few slides and some good stories. BYOB, a protein for the grill, salad to be provided, and a side dish if you will. If you party too hearty or the snow's too deep, bring your bag and stay for some sleep. 6:30 pm at the LODGE. Be there and it will be gnarly. P.S. a buck is due for the lodge fund, too.

Sun. Nov 22

LEADER'S CHOICE SKI TOUR (MOD). Ken Kelley (942-7730) wants the freedom to go where the snow is best. By this time, the snow will be great everywhere, so meet Ken at 9 a.m. at the geology sign to help him decide where to ski. Pieps and shovel suggested.



- Sun. Nov 22      **POINT SUPREME SKI TOUR (MOD).** Kathy Muhlhausen (466-7749) is no dummy. She knows that to get the best snow, you have to go high. Point Supreme has rarely let her down, so meet her at 9 a.m. at the geology sign. Pieps and shovel suggested.
- Tue. Nov 24      **SAN JUAN BOATING TRIP WORK PARTY.** All participants for the Boating Trip must met at the WMC Boat Storage Center at 6:30 pm (5585 S., 320 W., # 49).
- VOLLEYBALL.** 7:00 pm at South High Women's Gym. (17th South and State) Cost \$1.00. Call Jim for information at 943-3321. Some instruction available.
- Thu. Nov 26      **THANKSGIVING DAY SKI TOUR TO CATHERINE'S PASS (MOD).** Give thanks to the snow gods at Catherine's Pass with Fred Zoerner. Meet Fred at the geology sign at 10 a.m. for a beautiful tour under clear skies before chowing down a big meal. You should have plenty of time to join the WMC Thanksgiving Day Party at Cassie Badowsky's house at 3 p.m. Fred lives in Reno, so if you have any questions, contact Dan Grice at 561-2458.
- THANKSGIVING DAY DINNER.** A traditional Thanksgiving feast and celebration will take place at the home of Cassie Badowsky. Cassie will prepare turkey and dressing. Please call her to let her know you're coming and what accoutrements you would like to bring. You're invited to stop by at 3:00 pm to begin celebrating this special holiday. Sit down dinner at 5:00 pm. Cassie's home is at 2845 East 5495 South, SLC. RSVP 278-5153.
- Nov 26-29      **SAN JUAN FAMILY BOATING TRIP.** (Weather may not permit). Send  
Thu-Sun      \$25.00 deposit to Carl Cook (2189 Atkin Ave., SLC, UT 84109). Call Carl at 485-4586 for more information.
- Sat. Nov 28      **TWIN LAKES PASS/PATSY MARLEY PEAK SKI TOUR (MOD).** Plan to have extremely tired legs when you return from this Karen Perkins ski tour. Karen likes to ski until there is no undisturbed snow to be seen on a slope. Join her at 9 a.m. at the geology sign. Her phone number is (272-2225). Pieps and shovel suggested.
- SILVER FORK SKI TOUR (MOD).** Hopefully, Silver Fork will have enough white fluffy stuff to make a very enjoyable day of skiing. Rob Rogalski is the leader. Meet him at the geology sign at 9 a.m. or call him at (942-8142) for more information. Pieps and shovel suggested.
- Sun. Nov 29      **MAYBE MOUNT WOLVERINE SKI TOUR (MOD+).** If there is sufficient snow, plan to put tracks across the entire face of Mt. Wolverine with Dan Grice (561-2458). Meet Dan at 8:30 a.m. (just to be different) at the geology sign. Pieps and shovel suggested.
- BEGINNER SNOWSHOE TOUR (NTD).** Call Doug Stark (277-8538) for information on trip location, meeting place and time, and snowshoe rental locations. Why not enjoy this winter in the mountains on snowshoes? No special skills are required.

- Tue. Dec 1      VOLLEYBALL. 7:00 pm at South High Women's Gym. (17th South and State) Cost \$1.00. Call Jim for information at 943-3321. Some instruction available.
- Sat. Dec 5      LEADER'S CHOICE SKI TOUR (MOD). John Kortbawi wants to ski where the snow is best, so meet him at 9 a.m. at the geology sign or call him at (272-8136) to get his ideas. Pieps and shovel suggested.
- DESOLATION LAKE SKI TOUR (NTD+). The trail to Desolation Lake is not steep, but sometimes it is challenging. Gary Lindstrom will lead you to the Lake when you meet him at 9 a.m. at the geology sign. His phone number is (532-1259).
- EASY TO MODERATE SNOWSHOE TOUR. Call Joy Ray (272-6116) for more information.
- Sun. Dec 6      CATHERINE'S PASS FROM BRIGHTON SKI TOUR (MOD). Jim Elder (943-3321) is the leader of this tour that is the favorite of many skiers. Meet him at 9 a.m. at the geology sign (where else?).
- GREENS BASIN SKI TOUR (NTD+). Chris Biltoft (359-5645) is the leader, 9 a.m. is the time, the geology sign is the place.
- Tue. Dec 8      VOLLEYBALL. 7:00 pm at South High Women's Gym. (17th South and State) Cost \$1.00. Call Jim for information at 943-3321. Some instruction available.
- Wed. Dec 9      BOATERS CHRISTMAS AND PERMIT PARTY. This is an important event for all WMC Boaters or prospective boaters. This is the time when we prepare to apply for next years permits. In addition, we might as well make a party out of it. Starting at 6:30 pm, we will have a pot luck, BYOB, and HBO Bio (where we sit around the TV and watch movies of rivers just done). The permit party will be at the home of Carl Cook and Karen Brandon at 2189 Atkin (2830 South, 2189 East). Hope to see you there.
- Sat. Dec 12      CATHERINE'S PASS AGAIN SKI TOUR (MOD). Join Rodger Foltz (487-0945) for a delightful ski tour to the pass.
- SILVER FORK FROM TWIN LAKES PASS SKI TOUR (MOD+). A favorite ski tour for many, including George Swanson (466-3003) who will lead the group to the upper bowl of Silver Fork. 9 a.m., geology sign. Pieps and shovel suggested.
- BEARTRAP SKI TOUR (MOD). Larry Stewart (485-7818) Plans to ascend via Willow and ski the upper slopes of Beartrap before returning through Willow gulch again to avoid the brush in lower Beartrap. Pieps and shovel suggested.
- OGDEN VALLEY OVERNIGHT SKI TOUR. Cindy Cromer (355-4115) has a time-share condominium in Ogden Valley and has offered it as a location for this ski adventure. Ski tours of all levels of difficulty can be found there, Cindy says. Join Cindy for a Potluck dinner Saturday evening, stay overnight, and ski on Sunday. Call her for more information.

Sun. Dec 13

**LAKE KATHERINE SKI TOUR (NTD).** Kenny Strong (546-1344). Catherine? Kathrine? Whatever, Ken will lead you there. Meet him at 9 a.m. at the geology sign.

**LEADER'S CHOICE SKI TOUR (MOD).** Ken Kelley (942-7730). Where are you skiing, Ken? Some secret spot, no doubt. Meet Ken at 9 a.m. at the geology sign to discover his secret. Pieps and shovel suggested.

**MT. REYNOLDS SKI TOUR (MOD).** This is the mountain above Dog Lake. Larry Larkin (521-0416) will search for the best snow and ski with the best turns. Pieps and shovel suggested.

Fri. Dec 25

**CHRISTMAS DAY DINNER** and tree decoration at the Lodge. Join us for a traditional Christmas celebration at the Lodge. You may want to start the day with cross country skiing and then wind up at the lodge for hot drinks and tree decorating. Then we'll have a traditional sit-down Christmas dinner with all the trimmings. The dinner will be a coordinated potluck, so please call Cassie Badowsky at 278-5153 to RSVP, and to discuss what dish & decorations you will bring. Lodge open at 2:00 pm. Dinner at 5:00 pm.

## SEASON OUT-OF-TOWN ACTIVITIES

Jan 22-26

Yellowstone Ski Tour.



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FROM THE



## INFORMATION DIRECTOR

by Chris Baierschmidt

For any Everett Ruess fans out there - I was listening to KRCL radio the other day when I heard some good news about a Ruess exhibit coming to Salt Lake City. According to the broadcast, Everett's brother Waldo, who lives in California, discovered a treasure chest of Everett's work in a backyard shed of his home. Artists Thomas Carlyle and Stuart Steinhardt restored twenty five of the linocut blocks found with the works, which will all be on exhibit throughout the state for the next two years. The first exhibit runs Oct 23 to Nov 23 in the Atrium Gallery of the Salt Lake City Public Library, 209 E. 500 S. The exhibit is sponsored by the Library, the Southern Utah Wilderness Alliance and the Utah Arts Council. The exhibit is free.

Everett Ruess was a western artist-poet-wanderer who, as a young man, disappeared while traveling near Escalante, Utah in 1934. His body was never found, although there are several theories about his untimely death - such as murder by roving thieves or cattle rustlers, or perhaps an accidental fall down some narrow ravine. He has become somewhat of a folk hero in the state, partly because of his art which portrays the desert he so dearly loved.

\*\*\*\*\*

For those interested in learning more about the Utah Wildlife Leadership Coalition, membership committee chairman Dick Cloward sounds real enthusiastic about telling the WMC members more about his group when he makes a presentation before the WMC Board during the Nov 4 meeting. Meetings start at 7:30 pm and he's set to arrive by 8 pm, along with a representative - not yet chosen - from a member organization of the coalition with a philosophy similar to our own. The Utah Wildlife Leadership Coalition approached our

club in September regarding a \$25 membership. At issue is not the money as learning more about the coalition before we become card carrying members. The coalition works a lot with legislation for hunters, although their list of member organizations includes the Utah Audubon Society, the Canyonlands Wildlife Federation, the Cache Valley Wildlife Federation, and the Utah Wildlife Federation.

\*\*\*\*\*

Finally, a semi-gripe. I went on a hike up Gobbler's Knob the other week with a small group from the WMC. While club president Hank Winawer did a great job as leader - keeping small bands together at certain points - I was a little miffed at the lead pack. I spent the way up with an 18 pound baby on my back midway between pack one and two. I happened to catch up with pack one when they were holding, as they called it, a "one minute scenic breather." They even were using watches to time the stop. Once the minute was up, they were on their way. I guess I was more puzzled than angry. It made the hike feel like a race. Granted, those were my feelings and not anyone's intention. The group did stop at points indicated by Hank and they were more than cordial about waiting for less speedy hikers. I must be an "old fart," because I'm more interested in looking at the splendors around me than rushing to the top, and I want others on a hike to feel that they also have more than a minute to stop to smell the wildflowers.

The incident reminded me of a column I had recently read in another organization's newsletter. The writer of the column had visited Yellowstone and hated it. Couldn't understand why there wasn't a television set in her motel room or why she had to wait around for Old Faithful to "blow off some steam." The part of the column which really bothered me, however, was her one line about the Tetons. "Why bother to get out of the car to look at them," she wrote. "You spend an hour driving by them on the way back from Yellowstone, anyway." Maybe next year, she should take her family to Lagoon.



FROM THE

## SKI·TOURING DIRECTOR

by Dan Grice

Will it snow? I have no crystal ball. The best I can do is plan ski tours and make many pilgrimages to the snow temple to pray.

Arranging ski tours is too big a job for just one person. Fortunately, Elli Ienatsch, Anna Cordes, and John Kortbawi have volunteered to help this season on the ski committee. Leader's will probably hear from one of them before winter ends. If you want to volunteer for a ski tour, you can call me at 561-2458 and I will see that your special tour gets into the schedule.

Cindy Cromer has offered her time-share condominium in Ogden Valley as the location for a Potluck dinner and overnight ski trip December 12-13. Join her for Saturday dinner and a Sunday of skiing in Ogden Valley. Tours of all excitement levels are available in the area. Call Cindy for more information at (355-4115).

The dates for the Yellowstone ski weekend are January 22nd to 26th. We will stay in the Snowlodge at Old Faithful for 3+ days of skiing the trails around geysers and through herds of bison. For more information, call Dan Grice at 561-2458.

Correction: In the October Rambler, I typed a name incorrectly. Tom Bonacci was the member whose help on the ski committee last year is appreciated.

## SPEAKERS BUREAU NEEDS YOUR HELP

Karen Perkins is working with other conservation groups and the Forest Service to put together a speakers bureau to teach "no trace" outdoor skills to the public. If you can help out, either with ideas, materials, or as a speaker, please contact Karen at 272-2225.

### **BIKE & SKI TUNE UP SPECIAL**

**BIKE TUNE** ..... \$17<sup>00</sup>

**SKI TUNE** ..... \$17<sup>00</sup>

**BIKE & SKI TUNE** ..... \$30<sup>00</sup> both

**WILD ROSE  
702 THIRD AVENUE  
533-8671**

Offer Expires November 21

# LODGE DIRECTOR

## BE A LODGE HOST THIS YEAR

by Carol Kalm

Lodge rentals are going very well - so well, in fact, that there are no weekend dates still available in January, February or March. We have saved a number of weekend dates for use by members, but we need volunteer lodge "hosts" for each day or weekend. The host is responsible for obtaining and returning the key and is in charge of making sure that the lodge is left in good condition. There is a \$1 per day per person lodge use fee for member overnight usage, payable to the lodge host. Following is a list of upcoming open times. Please call me at 272-0828 to volunteer for one or more dates.

### November 26-29 (Thanksgiving)

December 11	-	December 13
December 25	-	January 3
January 9 noon	-	January 10
January 30 noon	-	January 31
February 6 noon	-	February 7
February 13 noon	-	February 15
February 27 noon	-	February 28
March 5 noon	-	March 6
March 18 noon	-	March 20

## THANKS!

from Alexis Kelner

The Lodge Committee and the membership of the Wasatch Mountain Club would like to extend their appreciation to the numerous individuals who enthusiastically participated in the Oct 3, 10, and 11 work parties at the lodge:

Tom Stevenson	Chuck Reichmuth
John Kennington	Neil Hinckley
Susan Allen	Dave Nelson (Assist)
Leona Cahn	Kathy Klein
Bill Sanders	John Veranth
Marge Biggs	Bill Yates
Andy Childs	Leigh Hancie
Kay Johnson	Debbie Read
Paul Ohlendorf	Bob Myers
Vince Desimone	Harold Goeckeritz
Randy Klein	Ken Loretto (Assist)
Ren Barney	Sarah Yates
Milt Hollander	Barbara Ainslie
Lance Harries and Halley	

If anyone's name has been left off, please accept my apology. During an enthusiastic work party so many things are going on it is difficult to keep track of everyone who attends.

## WEST DESERT PETROGLYPH TRIP

This trip to the hills around the Desert Range Experimental Station is sponsored by the Utah Rock Art Research Association. It takes place November 6-8. For more info, call Dorte Woodruff at 277-5526.

## DENALI GROUP FORMING

Persons interested in forming an Alpine mountaineering group with a long range (2-years) goal of Denali - please call David Minix at 967-3864.

## FROM THE

# BOATING DIRECTOR

by Jeff Barrell

As the boating season draws to a close, I'd like to reflect upon the past season and see how we did. Rivers were way low this year and we had more technical rapids and wimpier water than past few seasons. The Club had 12 out-of-town trips for a total of 31 river days. The permit rivers done were Westwater, Lodore, Desolation, and San Juan. Other rivers included Dolores, Alpine, Gray Canyon, and the Payette River, which was a new river for many Club members. We're going back to the Payette again next season.

There were two injuries on river trips this year; a broken foot and a broken foot and ankle. The latter was serious enough to require an emergency flight to Salt Lake from Moab. The Club had a river rescue course taught by Ken McKarthey. The 14 participants learned knots, rope systems, throw rope techniques, and river situations. This course was so popular and worthwhile we will offer it again next season.

This was my first year as boating director and I wish to thank the coordinators (Carl, Randy, Cathy, and Mike) who helped organize trips, played trip leader, and wrote Rambler articles. I also wish to thank all the trip leaders for their time and effort. Without these people, river trips would not have gone. Thanks also to you who are always helping out, applying for permits and showing beginners the "ropes". I've learned many things this year and have had fun working with many "river" people.

## FROM THE CANOEING COORDINATORS

by Randy and Kathy Klein

We are fortunate to have many of the country's finest rivers for whitewater boating located within a day's drive of Salt Lake City. For

those of you who may yearn to canoe/kayak some more distant waters once in a while, we are trying to determine if there is any interest in paddling some Appalachian rivers next spring. We're thinking of taking a week (or more?) in April to paddle rivers from Georgia to Pennsylvania (plus the additional days to drive out and back). Possible rivers are the Chattooga, Ocoee, Nolichucky, French Broad, Cumberland, New, Gauley, Cumberland, Youghiogheny, etc. These rivers are all Class III and/or more difficult, but there are less difficult rivers nearby in many cases. If we have enough vehicles for shuttles, we may be able to split into two groups on some days.

I have started to contact paddling clubs in the Southeast to see if any of their experienced members are interested in paddling with us to ease our scouting chores. If any of you WMC members have contacts back east, or information that may help us plan the trip, please call us. Anyone who is interested in hearing more about the trip as the plans develop should also call Randy or Kathy Klein at 466-8387.

## LETTER TO THE EDITOR

### WHO WOULD RUIN THE ENVIRONMENT?

Editor:

Unknowingly, some of my sister hikers have made it hard to enjoy the natural smells associated with the forest. As their body temperature rises from the exertion of the hike, their perfume wafts behind them permeating the air space of the hikers behind her. There are very few women or men who enjoy the same scent and because of the narrow trails there is little escape. I mention this in the hope that realizing the invasion, it might be eliminated.

Clari Powers



# CONSERVATION NOTES

by Chris Biltott and Mary Fleming

## The Clear Creek Episode

Utah's newest State Park straddles I-70 passing through Clear Creek Canyon southwest of Richfield. The largest known Fremont village was unearthed during recent construction of this new freeway segment. Unfortunately, the village and several other Native American shrines were left unidentified in the superficial archaeological survey performed prior to construction. The Five Finger Knoll Village and Spiderwoman Hill were reduced to rubble for road fill, and rock art panels were shot at or bulldozed in acts of wanton vandalism. A few courageous local citizens risked becoming targets by protesting these acts when school children found scrapings of artifacts. The State belatedly created the Park as an epitaph for what was once there. Apologists on the Park staff now try to protect the remaining rock art and put the best possible light on what happened there.

The Clear Creek episode is a stark reminder of our society's ambivalent attitude towards Native Americans and their cultural heritage. We condone looting of this heritage as artifacts are whisked away for sale or concealment in private collections. We tolerate acts of vandalism as expressions of anger, fear, or frustration. Meanwhile, groups such as the Utah Rock Art Research Association attempt to document the heritage before it is lost. Barbaric elements of dominant cultures can claim a historic role in the destruction of the symbols of the cultures they have subdued. In the long, slow struggle towards a more humane society we must learn to control our destructive impulses. Perhaps the Park at Clear Creek will help remind us to respect the culture of the Ancient Ones and their descendants.

## Hope for the Deepes

Senator Garn has included a provision in the Senate Interior Appropriations Bill for a Deep Creeks land exchange between The Nature Conservancy, the BLM, and local landowners. This exchange plus other BLM Wilderness Study Area boundary alignments will make the Deep Creeks an eminent candidate for wilderness designation.

## How Much Solitude Is Enough?

Solitude has a new plan. Claiming pressure from an increasingly competitive ski market, Solitude plans a major expansion "to provide an outstanding total skiing experience for the local Salt Lake residents and families while expanding to offer facilities which are attractive to tourists in Utah." The Plan includes major realignment of its parking lots and lift system, a crossing from Honeycomb across Twin Lakes Basin to Grizzly Gulch, and a new hotel, lodge, and condo complex. Lifts on 188 acres in Grizzly Gulch, mostly on private land, would interconnect Big and Little Cottonwood Canyons. The 5-story hotel and other 3-story buildings would require a 12 acre land exchange with the Forest Service because no new construction is allowed on this FS land. Solitude has also withdrawn plans for expansion into silver Fork Canyon.

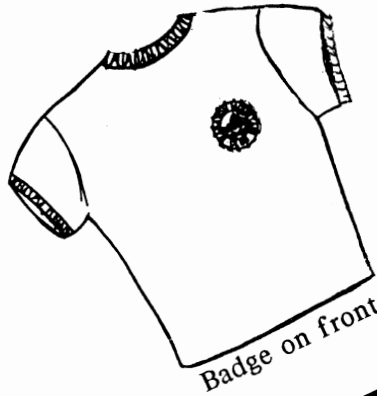
Solitude's overnight lodging plan is contingent on a sewer "operated and maintained by the Solitude Improvement District to serve primarily the Solitude Ski Resort," and approval by the Forest Service and Salt Lake County. This raises questions to be addressed in the Canyons Master Plan. Solitude claims "a legitimate public demand to stay overnight in Big Cottonwood Canyon." Is it more desirable to develop this lodging, or favor an efficient mass transit system between the Canyons and lodging facilities in Salt Lake and Park City? Would Solitude's expansion force other resorts into comparable expansion? How much expansion are we willing to tolerate? Public input to the Master Plan is crucial to answering these questions. The Solitude Plan is available for review at Solitude or in the Bear West offices, the Boston Building, Suite 1000, in downtown Salt Lake.

## Trail and Tree Day

The Club and Forest Service once again combined forces for a successful day of tree planting and trail maintenance in the Wasatch Canyons on 26 Sept. Major work was done in Broads Fork, Church Fork, Furgeson Canyon, and on the Lake Mary Trail. Douglas Fir saplings donated by Paul Rokich were planted. Many thanks to Club and FS volunteers.



**\* IF YOU'VE GOT IT, FLAUNT IT \***  
**ON A WMC TEE OR SWEAT SHIRT**



**COLORS**  
 All Royal Blue on:  
 \* White  
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 \* Red  
 Cardinal Red  
 Maroon  
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**ALL PROFITS GO TO THE WMC GENERAL FUND**

## STATE HEARINGS ON LEGAL DUMPING OF CARCINOGENS

by Randy Klein

The Utah Solid and Hazardous Waste Committee is appointed by the Governor to make regulations to protect the public from carcinogenic and toxic materials. Presently, however, this committee is recommending (as prompted by the Utah State Department of Health) that regulations on some of these materials be loosened to the extent that the protection of public health they provide is, in effect, being eliminated.

Current Utah statutes require that any waste containing detectable solvents that are being used for their dissolving properties be treated as hazardous chemicals. Federal laws are much less strict, ridiculously loose in fact. Federal laws allow that fully 10 percent of such a liquid waste must be solvent before it is regulated. The U.S. Environmental Protection Agency (EPA) has been quoted as saying that their regulation has created "major loop holes" in environmental laws. The EPA is moving to close the loop holes and has proposed more realistic regulatory levels for these solvents. But new EPA legislation may take a long time to be passed by Congress, and there is no guarantee what the new laws will say. Meanwhile, the State of Utah is moving quickly to void its own legislation so that potential polluters may discharge huge quantities of carcinogenic and toxic solvents to our surface and ground waters if they so desire, just as they may do (unfortunately) in most of the nation.

As an example of the logically flawed and health damaging nature of the "10 percent solvent rule" that the State wants to enact, it would allow 99,999,999 parts per billion (ppb) of benzene (or any other solvent being used as a solvent) to go totally unregulated in a waste liquid. By contrast, the EPA now recommends that 70 ppb should be regulated as hazardous, and only 5 ppb is safe to drink. Documents published by the Utah State Department of Health list many cases where the concentrations of solvents in Utah groundwater already

greatly exceed safe levels for drinking water according to EPA's recent recommendations. The State of Utah has data showing that benzene concentrations are already 15,000 ppb or greater in ground water at multiple locations in the state. Similar figures can be quoted from official Utah State Department of Health documents for solvents such as methylene chloride, trichloroethylene, chloroform, carbon tetrachloride and others. Regulating solvents by their health effect concentrations or by the current Utah rule of detectability would prevent this type of problem from occurring.

This rollback of Utah legislation to be as loose as Federal laws is spawned by a bill that became a Utah statute earlier this year (House Bill 57). This law says that Utah may not have environmental laws more strict than Federal laws unless good reason can be shown for the more strict laws. Apparently cancer related deaths and birth defects are not good reasons to the Committee appointed by Governor Bangerter. How can they purposely look the other way as carcinogens are dispersed into the environment? Because the U. S. Environmental Protection Agency (EPA) has a loophole in their regulations does not mean that Utah should perpetuate the mistake.

### WHAT CAN YOU DO ?

1) Write a letter regarding the HB57 proposed rule making (by Nov. 15) to:

Brent Bradford, Executive Secretary  
Utah Solid and Hazardous Waste Committee  
288 North 1460 West  
PO Box 16690  
Salt Lake City, UT 84116-0690

2) Write a similar letter to the editor of your local newspaper

3) Attend public comment hearings November 19 and/or 20 to voice your opinions, or just to show up and be another angry body in the room; you don't have to speak. The meetings are 6:30 pm on the 19th and from 10 am to 3 pm on the 20th in the Commission Chambers, room N-111, North Building of the new County Government Center, 2001 S. State St.

4) For more information or to get involved, call Cindy King at 467-6387.

There are two very important issues here to be discussed. First, the State plans to eliminate an important environmental regulation in spite of what most people would think to be compelling proof that the law is required for public health protection. Second, House Bill 57 should be seen for the terrible law that it is, and pressure should be put on the State legislators to repeal it. Don't sit by and let pressures from industry and Governor Bangerter demolish environmental legislation in Utah. The purity of our drinking water is too valuable to ignore.

## PROGRAM ON SAN RAFAEL REEF

*Deseret News* environmental reporter Joe Bauman will discuss proposed parks and wilderness areas in Utah's San Rafael Reef region in a slide show and discussion on Tuesday, November 17. The free public program, which is sponsored by the Southern Utah Wilderness Alliance, will begin at 7:30 pm at the First Unitarian Church, 569 South 1300 East in Salt Lake City.

Bauman is author of the newly released *Stone House Lands* (University of Utah Press), an evocative look at the human and natural history of the San Rafael Reef. This prominent geologic feature is the eastern rampart of a larger uplifted area called the San Rafael Swell. Conservation groups have proposed wilderness designation for much of the federally owned undeveloped lands within the San Rafael Swell.

In his program, Bauman will show slides of the San Rafael region, including many from his book. He will also discuss the controversial issues surrounding these lands, such as wilderness, off-road vehicle use, and a proposed National Park suggested by some local residents to promote tourism.

## TRAILHEAD ACCESS REPORT

by Trudy Healy

### SALT LAKE CITY

Neil Hinckley, Group leader

On September 21, 1987, eight members of the Trailhead Access Committee met at Neil Hinckley's house. With the help of various maps donated by the SLC Planning and Zoning Commission, a number of trails and trailhead locations were discussed, and desired trails and/or trailheads not yet shown on the maps were drawn in.

After an hour's discussion, Brent Wilde and Gary Heintz of the SLC P&Z joined the meeting. Since our main concern is foothill trails, Mr. Wilde talked mostly about that. We learned that once a neighborhood is built up, there is no way to gain easement (through someone's living room or tennis court?) No one was watching and all access to Perkins Peak for instance, is lost. There is a possibility that a new trail could be constructed on the steep slope up from Emigration Canyon. The time to gain easements for trailheads and trails is at the time plots are laid out and this will be done by SLC P&Z from now on. In some cases the City will purchase vacant lots for access.

Mr. Heintz then went over the maps with the group, discussed them and made all the additions and changes desired and noted them on the maps.

We are very grateful to Messrs. Wilde and Heintz to give so much of their time. They want our input as much as we want their co-operation.

Here are a few City trailheads that were discussed:

PENCIL POINT and "H" JOGGING TRAIL. The City has obtained an easement at the mouth of Carrigan Canyon. There will be a little space for parking, and like all City trailheads, there will be signs, maybe a picnic table or two, a play field, and playground

equipment.

**PARLEY'S POINT and DINOSAUR CAVE.**  
The City will have to acquire a building lot at 1600 S. for access.

**BIG BEACON.** P&Z will contact Pioneer Trails State Park about permission to park cars for access to the southern (the traditional) approach. The Georges Hollow approach will be looked into - due to some construction it's a bit messy right now. By coordinating with the State Arboretum it may be possible to connect the two trails for a very pleasant round trip.

**VAN COTT, DRY, AND SPRING CANYONS, MORRIS RESERVOIR, and access to UPPER AVENUES** are secured.

**ENSIGN PEAK** from Capitol Hill. The City is negotiating with private owners for trailhead access.

**UPPER CITY CREEK.** There are more days now for bicycles, fewer for cars. It is open for walkers, hikers, joggers, and cross country skiers (in season) every day. The historic trails, North Fork to Rudy's Flat and from a little beyond the Gate at Upper Rotary Park to Little Black, will probably be restored. Otherwise there will be no trail construction or development of any kind.

\*\*\*\*\*

## **SALT LAKE COUNTY CANYONS**

John Riley, Group leader

Monty Young has taken responsibility for making an inventory of trails originating in Little Cottonwood Canyon and Tom Silberstorf is doing the same for Big Cottonwood. So far, no attention has been given to trails in Millcreek, Parley's and Emigration Canyons.

Contact has been made with Cal Schneller and Paul West of County Planning and Zoning. Arrangements were made with County Development Services, Helen Christensen, to receive notification of the agenda for County P&Z meetings. Thus, advance notice will be available for pending actions in the canyon areas of the county.

\*\*\*\*\*

## **SALT LAKE COUNTY FOOTHILLS**

Tom Walsh, Group Leader

Tom met with the staff of Salt Lake County Development Services on October 8. This department seems to be less eager to secure access than the City P&Z. Development actions were discussed and maps of trailhead access were studied. Notice of zoning and planning are being sent to Tom.

He researched other map sources; the best one he found is a hydrological map, which shows all canyons big and small, which if reproduced, could be a great help to all the trailhead access committees. However, this map does not show ownership.

\*\*\*\*\*

## **SANDY**

Dave Minix, Group leader

It was assumed that access to Bell's Canyon - one of the most important trailed canyons - is in Sandy, but it is in the County. (So it is really in the domain of John R. or Tom W!) Dave talked to the Secretary of the Bell's Canyon Irrigation Company, but the result of this conversation was rather negative. Its president is Mr. John Larkin; Dave is going to talk to him. Public opinion input might be effective, he thinks. Dave also talked to Forest Service, State, County, and Sandy people. He reports that all are enthusiastic and willing to help.

## **CONFERENCE ON HAZARDOUS WASTES**

The Second Intermountain Conference on Hazardous Wastes will be held November 7 at the Newman Center in Salt Lake City, 9 am to 4 pm. Reserved spaces to attend the conference are limited; call the Utah Environment Center at 583-0220. There will be workshops and panel discussions. Topics to be discussed during the day include air quality and hazardous waste incinerators, water quality, transportation of hazardous wastes, etc.

# ENTERTAINMENT

In order to help us plan the type of social activities you would like to see offered by the Wasatch Mountain Club, please answer the following:

WHAT SUGGESTIONS DO YOU HAVE FOR DIFFERENT TYPES OF PARTIES THAT YOU WOULD LIKE TO SEE WMC DOING (other than what we already presently offer):

WHAT KINDS OF PARTIES DO YOU MOST ENJOY/PREFER?

DO YOU PREFER LIVE BANDS OR DISC JOCKEYS AT DANCE PARTIES? (or does it not matter to you?)

WOULD YOU LIKE TO VOLUNTEER TO PLAN A FUNCTION OF YOUR CHOICE?

IS THERE A BAND OR ENTERTAINER THAT YOU WOULD LIKE TO SUGGEST FOR CLUB ACTIVITIES?

WOULD YOU BE WILLING TO PAY MORE FOR BETTER BANDS, ENTERTAINMENT?  
(more than the usual \$5.00 entry fee)

HOW FREQUENTLY WOULD YOU LIKE TO SEE SUNDAY SOCIALS PLANNED?

- WOULD YOU BE WILLING TO HOST A SUNDAY SOCIAL? If so, please give you name and phone number.
- DO YOU HAVE AN INTERESTING SLIDE PRESENTATION YOU WOULD LIKE TO SHOW AT A SUNDAY SOCIAL? If so, please give you name, phone number, and the nature of your slide presentation.

ANY OTHER SUGGESTIONS YOU WOULD LIKE TO MAKE TO MAKE THE WMC SOCIAL ACTIVITIES EVEN MORE SUCCESSFUL AND ENJOYABLE:

PLEASE FILL OUT THIS QUESTIONNAIRE

MAIL TO:  
Entertainment Directors  
Wasatch Mountain Club  
168 W. 500 N.  
Salt Lake City UT 84103

THANKS FOR YOUR INPUT!

ENTERTAINMENT CO-CHAIRMEN:  
Cassie Badowsky  
Elissa Stevens  
Joan Stevens

## ENERGY FOR WINTER SPORTS

by Kathleen Dailey, RDCD

Now that the seasons are changing, it's time to review the energy demands of winter sports. A good level of physical fitness should be accompanied by a well planned energy supply to meet the demand. Cross country skiing is most probably the best activity for enhancing one's cardio-respiratory endurance. Practiced on a regular basis it has great potential for building muscular strength and endurance and improving body composition.

If you spend 4-8 hours skiing in a day's tour, you need conscious planning to meet the energy demands so you can still have some to spare in order to enjoy your favorite apres ski event! A 125 pound adult skiing at 5 mph on level ground (which I don't think exists in Utah) can burn 480 calories in one hour. To determine your own energy demands, use these formulas:

### APPROXIMATE CALORIES BURNED

3 mph (on level surface):

$.049 \times \text{wt in lbs} \times \text{minutes in action}$

8 mph (or climbing):

$.104 \times \text{wt in lbs} \times \text{minutes in action}$

One should not expect to meet these demands only by following a planned menu on the day of the tour. Energy needs for a day's ski tour are best met by a normal everyday diet which contains at least 50-60% of the total calories in the form of carbohydrates, 30% of the calories from fat and 10-15% from protein. A carbohydrate-loading diet (70-80% of the calories from carbohydrates and only 10-12% from fats OR an increase from 350 gms to 500 gms of carbohydrates and a comparable decrease in fat intake) is often used by marathoners or triathletes to store excessive amounts of glycogen within the muscle tissues. This can provide the same benefits before a long cross country ski tour. If the tour is to be especially long or strenuous, extra carbohydrates and water for two or three days before the event would be beneficial.

skiing relies primarily upon glycogen stores within the muscle tissues for its fuel. At moderate intensities, a major portion of the fuel is provided by stored fatty acids as well. Frequent training can improve one's ability to access this fat-burning capability, improve glycogen storage capabilities, and thus prevent glycogen depletion. During the tour, glycogen depletion can be prevented by planned stops to refuel and maintain energy and fluid levels. Continue your high carbohydrate meals for one or two days after the tour in order to replace the glycogen stores and prevent fatigue. A package of gorp that is readily available in your pocket or hanging from a belt is much more likely to be consumed than one that is stored deep in the pack on your back.

Water should be easily reached at all times. Although the risk of heat stress is not a worry, water remains the most essential nutrient to the sports participant. This may be forgotten when the temperature drops. The amount of water needed will vary with work intensity, temperature and diet. One suggestion to assure adequate consumption is: about one quart of water for every 1000 calories consumed. About one fifth of this requirement is contained within the foods we eat. During continuous exercise, try to consume about 400 ml (1 1/2 cups) of fluid every 15-20 minutes. Another suggestion is to see that you pass clear urine at least once or twice a day.

Plain water is best for fluid replacement. Cola beverages and fruit juices are hypertonic, and therefore cannot adequately meet the body's needs. When they are used, they should be followed by an equal volume of water. On a cold day, one should avoid eating snow. Alcoholic beverages are risky sources of energy or fluid on a ski tour. Alcohol tends to dehydrate the body and may disturb judgement and coordination. Peripheral vasodilation can occur, sending cooled blood from the extremities to the body's core, and leading to hypothermia.

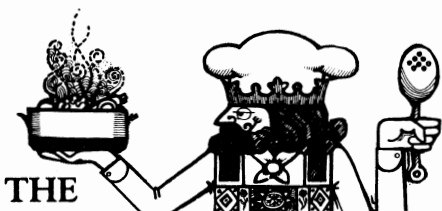
Because it is an endurance sport, cross country

## SNACK FOODS FOR CARBOHYDRATE LOADING OR FOR A DAY'S SKI TOUR

Bagels, Muffins, Dried fruits and nuts, Apples, Pears, Oranges, Bananas, Gorp, Trail mixes, Raisins, Dates, Nut breads, Fruit leathers, Tortillas, Pocket breads.

## PICNIC MENU FOR A DAY'S SKI TOUR

Hot Lentil Soup in thermos  
Hard Roll or Bagel  
Pita Bread filled with meats or cheese and vegetables  
Apple, Pear, or other fruit.  
Oatmeal & Raisin Cookies  
Water, Tea, or Juice



## GRUBBY GOURMET

by Roseanne Woodward

Party season is around the corner, and Grubby wants you to be a hit. Shrimp impresses everyone, and this one is quick and easy.

### SHRIMP & CHEESE IN CREAM CHEESE SPREAD

1 8 oz package cream cheese, room temp  
7 oz can tiny shrimp, rinsed & well drained  
1/4 cup mayonnaise  
2 tablespoons fresh lemon juice  
1 teaspoon chopped fresh parsley  
1/2 teaspoon dried dill weed  
1/2 teaspoon salt

Beat all ingredients until well blended. Serve with crackers. Feel free to drop Grubby's name, if anyone asks.

## SKY CALENDAR FOR NOVEMBER

by Ben Everitt

### MOON

Full Moon	Nov. 5
Last Quarter	Nov. 13
New Moon	Nov. 20
First Quarter	Nov. 27

Yours truly spent a few nights sleeping beneath the October full moon somewhere among the canyons that drain the southern slopes of Mt. Hillers. Such beautiful weather for October! And the sky was at its best. At first dark the Milky Way was overhead, stretched out above the Waterpocket Fold and the Burr Trail. If I believed that the sky fortells the future, I might have thought, looking at that bright ribbon of stars, that it paved the way to Bullfrog, and my dreams might have been troubled by the whine and roar of Winnebagos, trucks towing 30 foot motorboats, and bus loads of Californians on their way to Lake Powell. But opening one eye, I found only the night wind in the sagebrush and moonlight on the red sand.

### PLANETS

The configuration of the planets is much the same as reported for October, except that our old friend MARS will reappear in the morning sky, preceding the sun just before dawn. MERCURY also pops up in the morning in November, being at its farthest from the sun (highest in the sky) on November 12.

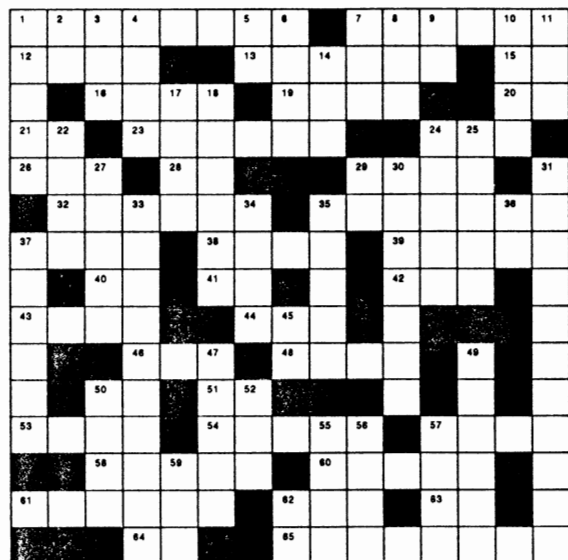
### STARS

If you go to the Sea of Cortez, tell me if CANOPUS still graces the southern sky. The third brightest star in the sky, bright yellow Canopus can only be seen from south of the 30th parallel. It is approximately the same longitude as Sirius, but much farther south. In November, it should be visible above the southern horizon before dawn.



# CRYPTIC CROSSWORD (Rating MSD)

For those not familiar with cryptic crosswords, each clue generally conceals at least two hints to the solution. Commonly, one hint is the complete word and the other hints give parts which make up the whole word. Examples taken from recent Guardian crosswords are: "Princess's flower a terrible thing" - DISASTER (DI'S ASTER); "When 't chicken was cooked she was there (7,5)" - KITCHEN WENCH (an anagram of "When 't chicken"); "Problem for model" - POSER (a poser is both a problem and a model); "Flower with removable ship in it" - BLOSSOM (can take out steamship (SS) and still be left with "bloom").



by APTERYX

## Across

1. Skifield - a contradiction in terms.
7. He failed to hold back the brine in 970 BB (before Bangerter).
12. "A far croonin' is" ... a great distance away.
13. Moonlight canyon in Southern Utah.
15. Gaseous state.
16. ...Berenices - or the state of the legislature?
19. Bird flown by politicians?
20. Worshipped on car hoods in Egypt? Turns 15 back to front.
21. Refugee. (abbr)
23. Moon won't fight about North Carolina.
24. Saves time in the summer, briefly.
26. Tibetan boat talk.
28. In that place.
29. Samuel's son.
- 32, 35. Fizz imperils 18, 47.
37. PM magazine takes to the Isles.
38. Perpetually on Timpanogos, even messed up.
39. Algonquin takes to the west to find better mountains.
40. Ordinary but accepted biblical translation.

41. Printer's measure.
42. Allowed in tennis.
43. Jack up the price of a walk.
44. "Go Utes" is no longer in.
46. Prayed to by all Celtic boaters.
48. Care upset in a trial of speed.
50. Hindu god converts 26 to 27 - same thing.
51. This state sounds unwell.
53. Alta messed up and salted.
54. Transparent transposition found in decathlon.
57. Scots 3.
58. Pass into Yosemite.
60. Rigel stirred when Hogel bred the only one.
61. Gulch or gunned? Heaven preserve it, the FS won't.
62. Time for Greek character to arrive.
63. Mercurial symbol.
64. Note this clue well.
65. Greedy cat, and Co?

## Down

1. Talk about the Irish - a dry beach near Salt Lake.
2. Belonging to.
3. From 50 to 100 in a Swiss body of water.
4. Tough county.
5. Half dead bird.
6. Nevada town cries in the hunting season?
7. This French word fits here.
8. Mate partially consumed, starting at the head.
9. Evil doctor.
10. Bitter to buy a Sears lawnmower from her.
11. Period in which this won't pass in Utah.
14. Bridger.
17. Moa bones lie near Negro Bill. There's a lot of incest here.
- 18, 47. Industrious worker before a single high bench, threatened by 32, 35.
22. Snow or Gene.
24. Dear old place is south, but northwest of the real thing.
- 25, 49. Resort where dragons cringe.
27. Palindromic and paradisiacal form of transport.
29. First class, albeit brief, means of impregnation.
30. University more courageous than the Y could reside in this town - and in Colorado, or in Nevada, dammit!
31. Resource planning in Utah is myopic.
33. It takes this to change things much.
34. No-one messes with me - though changing one letter makes the highest mountain in the Wasatch.
35. Grandma's hopes for supercollider dealt mixed up blow.
36. Abbreviated alcoholic aftermath.
37. Utah's is smaller than Africa's (but has more ORVs).
45. Uncertain Mesopotamian city.
47. See 18.
49. See 25.
50. She and Molly each have one.
52. Pale amber does a meadow make.
55. Real tarn lies hidden here.
56. A trained one can take a polygraph.
57. "Chopper" chopped off and then chopped up lands near American Fork.
59. Doing this in Utah is way off track (abbr).
62. This is easy, for example.



## AMERICAN RED CROSS

The American Red Cross regularly holds Basic First Aid and CPR classes for the general public twice a month. Courses are eight hours each and are taught either on a Saturday or on Tuesday and Thursday evenings. Cost is \$15 for each class. Red Cross is located at 555 Foothill Blvd. or call 582-3431 for more information. The November schedule is shown below:

### CPR

10/27 Tues 6:30-10:00  
10/29 Thur 6:30-10:00

11/7 Sat 8:30-4:30

11/14 Sat 8:30-4:30

11/17 Tues 6:30-10:00  
11/19 Thur 6:30-10:00

### BASIC FIRST AID

10/24 Sat 8:30-4:30

11/10 Tues 6:30-10:00  
11/12 Thur 6:30-10:00

11/21 Sat 8:30-4:00

DO SOMETHING PRODUCTIVE THIS WINTER. LEARN FIRST AID AND CPR.

# TRIP · TALK

## FRISCO CAR CAMP

October 3-4  
by Jerry Hatch

There is something fascinating about ruins. Where once a bustling city of four thousand inhabitants stood, there is now nothing but sage brush, broken walls, and huge rusting mining machines. The passing of Frisco, Utah seems to hint at the passing of all our works. Nature will in the end triumph.

Eleven campers under the leadership of Aaron Jones headed south on Friday evening. We drove until 12:45 when we stopped out in the middle of a huge flat basin. I was so tired that I pitched my tent in the road. Aaron commented the next morning "Gads, Jerry. One drunk rancher and it would have been all over for you." Oh well, what is life for if not to live a little dangerously.

The next morning we drove up into the Wah-Wahs. The Wah-Wahs are a rather typical low desert range, but there was a surprising amount of water in the canyons. The canyons were wonderfully green, and pasture-like, with an occasional huge Ponderosa Pine standing as a lonely sentinel in this forgotten Eden.

The entire area was heavily prospected and there is a great deal of abandoned mining equipment and buildings. Unlike the mines in the Wasatch, most of the mining buildings in the Wah-Wahs are still standing and are in reasonably good shape. I do not think that this will continue to be true much longer. Enjoy the Old West before it fades away.

After exploring the mine at the base of the Wah-Wahs we climbed to the top through a vast forest of cedar. It was warm work but the view from the top was spectacular. To the northwest we could see the Sevier Dry Lake, and in the west the Snake Range.

That evening beneath a dusty desert moon we cooked dinner (my stove blew up - still living dangerously), and after dinner we sat around Jack Winter's bonfire and talked. The strange Frisco kilns were truly unearthly in the moonlight, and they added an eerie ambience to the evening's activities.

During the night Ann Wechsler was awakened by a large unwelcome guest. A very large, curious coyote wandered up to the door of the kiln in which Ann was sleeping and gave her a most unpleasant surprise.

A more pleasant surprise was Aaron's champagne brunch the next morning. There amongst the ruins we feasted on croissants, fresh strawberries, honeydew melons, sweet rolls, and champagne. Aaron offered us a toast - "May there be champagne for our real friends, and real pain for our sham friends."

After touring the Frisco City cemetery we drove around the mountain to the ghost town of Newhouse. There was not much left, but Dick Dougherty and the other amateur geologists had a good time poking through the mine dump. It was a nice end to an exciting trip.

Trip participants were Jack Winter, Dona Smedley, Dick Dougherty, Maureen Kurtz, Leigh Brown, Ann Wechsler, Jerry Hatch, Cynthia Campbell, Agnes Greenhall, Don Ashton, Don Seeley and Aaron Jones.

## POETRY HIKE

September 12, 1987  
by Vince Desimone

A spirited group hiked to a peak overlooking the beautiful autumn colors in Lambs Canyon and Parleys Canyon. Poems humorous and serious, romantic and sad, continually flowed.

Those on the trip & just a few of their poems were: Linda Wilcox (*The destruction of Sinna Church*, Byron & Weathers, Hardy), Cherry Wong (*Somebody has to*, Shel Silverstein), Mary Doyle (*The Table Turned*, Wordsworth, & Macavity, T. S. Elliot), Claire Turner (*Why Nobody Pets the Lions at the Zoo*, Cardi), Bob Johnston (*Ronald Reagan*, Bob Johnston, *i am so glad & very*, e.e. cummings), Joyce Davis (*Eye Spiders*, anon.), Marc Davis (*Who Skipped Rope*, anon.), Mary Ann Glasgow (*Octopus*, Ogden Nash, *Termite*, anon), Durant Gullick (*Reaching Forty*, Durant, *Dogs Death*, John Updike), Jerry Hatch (*buffalo bill's defeat*, e.e. cummings), Le Haney (*The Rooster Crowed at Midnight*, Ann Pace), Vince Desimone (*The Cremation of Sam McGee*, Robert Service, *Reincarnation*, anon.), and Kristi Green shared original poems *Divorce*, and the following *A Poem For The Hike*

### A POEM FOR THE HIKE

by Kristi Green

I'm writing "a poem for the hike" today  
I wish I had Something Important to say  
About life, or happiness, beauty, or truth,  
The peace of old age, or the freedom of youth  
But poems about Something Important should sound  
Immense, philosophical, deep, and profound,  
So before I start writing I probably ought  
To spend a few days lost in ponderous thought.

But I just have an hour! So maybe instead  
I'll write about rhubarb, or things that are red,  
Something quite trivial - gophers, or gum,  
Or lightbulbs, or clothes pins - no, that would  
be dumb.

I could make it personal...tell how I feel  
At night when I look at my kids, and I kneel  
Alone by their beds, while they sleep, and they  
sigh...  
but what if I read it out loud, and I cry?!

Or what if I write about problems and pain...  
I pour out my soul, and I try to explain  
Why I need more affection, or time, or money -  
And they laugh, and it isn't supposed to be funny?

Or what if they don't, and it is? Oh, shoot!  
What if I think that my poem is a hoot -  
It's clever, and cute, and I'm pleased and I'm  
proud,  
And I giggle and grin when I read it out loud,  
And I snicker, and snort, and I stumble - what if.  
And one point I practically fall off a cliff,  
And I'm wiping the tears from my eyes - and  
meanwhile  
They all just sit there, and don't even smile?

Suppose I come up with a topic - let's see,  
What form would be best for my topic and me?  
A sonnet? A ballad? I don't want a song,  
And limericks are silly, and odes are too long,  
And Haiku is harder than everyone thinks,  
And whenever I try to write free verse, it stinks.

And what about grammar, and syntax, and  
rhyming,  
And rhythm and phrasing and tempo and timing?  
And simile, metaphor, unity, stress,  
And contrast, and balance, and mood? and I guess  
I'd better have images, viewpoint, and style  
And levels of meaning - this may take a while!

I'm writing a poem for the hike today,  
I wish I could think of something to say -  
Something that hasn't already been said,  
That's worth being written, and worth being read -  
"Something Important"? Hell, at this rate,  
I figure that "Something At All" would be great!

It's driving me crazy! Vince and the rest  
Of the hikers I'm sure will be all at their best,  
With wonderful poems, and perfect recall...  
And I will just sit there, with nothing at all!  
I wish I was finished. I wish I could start.  
I wish I could come up with one little part -  
A couple of lines - I wish I was dead.  
I wish I was going bike riding instead.

## THE YELLOWSTONE BIKE RIDE

Aug 14-16

by Chuck Howisey

When in Yellowstone National Park, not even nasty, black storm clouds will stop eleven intrepid Wasatch Mountain Club bike riders.

We started our Saturday morning on a 70-mile loop ride just outside the park. We knew we were bound to get wet. However, when you have scenery as beautiful as that in Yellowstone, what's a little rain anyway? Of course, we did end up getting wet after lunch, but we still all had a blast (and eventually dried off).

Day two was a ride inside the park and as spectacular as the first day's ride. I am sure I can speak for everyone who was on this bike trip in saying that trip leader Bob Wright really knows how, and where, to lead a bike trip. The only sad thing about the excursion was that it was too short of a stay in such a place of beauty. This is why I am planning an extended bike ride throughout Yellowstone Park next summer. So mark your 1988 calendars for a 5- to 6-day Yellowstone bike tour around Pioneer Day weekend.

## GREEN'S BASIN HIKE

August 15, 1987

by M. McGregor

Trip talk is repetitious, so here's some trip talk along with propaganda. The weather was cloudy and cool but not too wet as 8 of us went to Green's Basin and back. We went up on the old road from the north and down on the tail to the west. On the way up we passed many complete car-campers; at the Basin we figured out why the Hotel Utah is closed. And on the way down we looked at an old engine that was used to work a mine.

Getting to the old road requires searching and bushwhacking or crossing the cabin area. We used a trail that leads to the last cabin on the road and may have been on private property for a few yards. I wish I knew what was what

when it comes to access in the canyons. Many of the places I go to contain private property or mining or no trespassing or "for sale" signs. How are we supposed to get on the Green Basin road or the Beartrap trail, Silver Fork road, or the Maxfield trail without risking friction with other land users? Some club members are working on this issue and I wish them an immensity of success in favor of the public.

We made it without hassle, this time. Martin McGregor, Mary Ann Losee, Julie Roderick, Kell Davenport, George Healy, Randy Long, Ken Kraus, Mendel Cohen were the witnesses.

## RED PINE LAKE

Sept. 6

by Randy Long

Red Pine Lake was the destination for an intermediate hike. About 14 intrepid hikers (or is that "nature lovers"?) met at the mouth of Big Cottonwood Canyon and carpooled to the trailhead.

We regrouped at the White Pine/Red Pine trail junction, and again at the Maybird trail junction, and ate lunch at the main lake while enjoying the scenery. There was one tent by the lake, but it didn't detract from our experience.

Most started back but six of us - Karl, Bruce, Ellie, Jim, Martin, and myself went on to the Upper Red Pine Lake and enjoyed the truly pristine wilderness and serenity. We could not be persuaded by Karl to push on to the Pfeiferhorn.

This was the second hike I have led for the club and I intend to volunteer for more next year. It is a rewarding experience.

Participants included Sharon Allhands, Mike Gasihler, Jerry Hatch, Rick ?, Karl Lagerburg, Martin McGregor, Jim McGregor, Susan Mickelson, Bruce Nibley, Kathleen Romanofski, Elliot Sontag, Doug Stark, and Hank Winawer.

## MOONLIGHTING

Catherine's Pass  
September 9, 1987  
by Clari Powers

A group of 23 eager, adventuresome hikers assembled in Big Cottonwood Canyon for the Moonlight Hike to Catherine's Pass at 6:00 pm on September 9th. It was warm and breezy as we started up the path by the WMC lodge. We were surprised at how much the water in the lakes had dwindled. A few flowers were visible and the tree colors were changing from green to yellows and reds. We reached our destination just in time for a spectacular sunset. A few ridge runners reached Sunset Peak and were silhouetted against the sky. We shared snacks, drinks and a few good stories before the cold began to urge us on our way. We picked our way carefully with the help of moonlight and flashlights down the path and reached our cars by 10:00. It was a new, delightful experience for several of us and one many of us will look forward to repeating in the future, thanks to our fine leader, Paul Barron.

Those that shared this experience were Karen Marshall, Eugene Woodridge, Cherry Wong, Janet Hough, Jerry Hatch, Clark Murray, Louise Rausch, Kathleen Romanofski, Clint Lewis, Ralph Toporoff, James Reichert, Lisa Whicker, Joan Proctor, Charlie Clapp, Barbara Richards, Steve Swan, Collene O'Brien, Monty Young, Barbara Johnson, Joan Auger, Monika Berger, and Clari Powers.

## CORRECTION

The SAN JUAN RIVER trip talk appearing in the August *Rambler* was written by Chuck Reichmuth.

## TRIP TALKS WANTED

It's easy to be a published author! When you go on one of the great ski tours coming up this winter, and the trip leader asks if anyone wants to write up the trip for the *Rambler*, raise your hand! Trip talks are fun to write - they do not have to be long or formal. Trip talks should be typed double space, or at least very neatly written.

Send in your photos, too. Photos can be black & white or color prints. Photos of people, in focus, with high contrast print well. Photos need not be accompanied by a trip talk. Photos will be returned to you, if you so request.

Include your name & phone number on all submissions, and mail them to:

The Wasatch Mountain Club  
168 West 500 North  
Salt Lake City, UT 84103

ATTN: RAMBLER

## CLASSIFIED ADS

### AD POLICY

Members may place classified ads for used sports equipment free of charge. Other classified ads require a \$5.00 donation to the WMC for up to 20 words with \$.20 per word over 20. Words of 2 letters or less will not count as a word.

Send your ad (with a check enclosed if it is not a used sports equipment ad) before the 13th of the month to Sue DeVall, 11730 South 700 West, Sandy UT 84070 or call Sue at 572-3294 for information.

The Rambler cannot accept any ad that is inconsistent with the purposes of the WMC, or that offends the sensibilities of club members.

### ROOMATE WANTED

Looking for easygoing WMC ROOMATE. Prefer M/F age 25-35 to share Midvale (1300 E, 7200 S) 2 bedroom 2 bath apt. \$190 + utilities. Chuck. 561-9652 H, 467-8800 W

### SERVICES

OUTDOOR EQUIPMENT REPAIRS. Reasonably priced. Fast Service. Specialized designs & retrofits. Call Sue DeVall at 572-3294 or at REI 486-2100.

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PS Form 3526, Dec. 1985

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# WASATCH MOUNTAIN CLUB

## APPLICATION FOR NEW MEMBERS/REINSTATEMENT FOR PREVIOUS MEMBERS RAMBLER SUBSCRIPTION QUALIFICATION FORM

(Please read carefully and fill out completely, your signature is required)

APPLICANT'S NAMES: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ DAY PHONE: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_

I hereby apply for ☐ NEW MEMBERSHIP ☐ SINGLE membership in the WMC.  
☐ REINSTATEMENT ☐ COUPLE

I ☐ DO wish to receive The Rambler (the WMC publication). Subscription price  
☐ DO NOT is not deductible from the dues. I am 18 years of age or older.

Enclosed is \$ \_\_\_\_\_ for \_\_\_\_\_ year (Mar 1 to Feb 28) dues and application fee.  
➡➡ Make checks payable to Wasatch Mountain Club (CHECKS ONLY) ⬅⬅

Remit : \$30.00 for single membership (\$25.00 dues and \$5.00 application fee.  
\$40.00 for couple membership (\$35.00 dues and \$5.00 application fee.  
(\$12.00 for The Rambler subscription is included in the above rates.)

YOU MUST COMPLETE THE FOLLOWING FOR MEMBERSHIP CONSIDERATION. THE ACTIVITIES DATES  
MUST HAVE BEEN WITHIN ONE YEAR OF THIS APPLICATION.

QUALIFYING ACTIVITY	DATE	SIGNATURE OF RECOMMENDING LEADER
1. _____	_____	_____
2. _____	_____	_____

I agree to abide by all the rules and regulations of the WMC  
I am willing to serve the WMC in the following areas: (Please check)  
( ) Service Proj: ( ) Lodge Work: ( ) Conservation: ( ) Rambler: ( ) Thurs Nite  
( ) Hike Leader: ( ) Boat Leader: ( ) Ski Leader: ( ) Social Assist

APPLICANT'S SIGNATURE: \_\_\_\_\_



MAIL APPLICATION AND CHECK TO: MEMBERSHIP DIRECTOR  
WASATCH MOUNTAIN CLUB, 168 WEST 500 NORTH, SALT LAKE CITY, UT 84103



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Receipt #: \_\_\_\_\_ Date Received: \_\_\_\_\_ Amount Recv'd: \_\_\_\_\_  
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