

# The Rambler

WASATCH MOUNTAIN CLUB

JULY



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# The Rambler

Pat Beard; managing editor

ADVERTISING: Jill Pointer  
ART: Kate Juenger  
CLASSIFIED ADS: Sue deVall  
MAILING: Rose Novak and Mark McKinzie  
PRODUCTION: Pat Beard, Geoff Freethey, Sandy Freethey,  
Steve Krueger, Jill Pointer, Magdaline Quinlin  
SKY CALENDAR: Ben Everitt  
TYPING COORDINATOR: David Vickery  
TYPISTS: Diane Little, Phyllis Papan, Clari Powers

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IF YOU DID NOT RECEIVE YOUR RAMBLER: Contact the Membership Director to make sure that your address is in the Club computer correctly.

IF YOU WANT TO SUBMIT AN ARTICLE: Articles, preferably typed double spaced, must be received by 6:00 pm on the 15th of the month preceding publication. Mail or deliver to the WMC office or to the Editor. Include your name and phone number on all submissions.

IF YOU WANT TO SUBMIT A PHOTO: We welcome photos of all kinds: black & white prints, color prints, and slides. Please include captions describing when & where the photo was taken, and the names of the people in it (if you know). We will return photos if you ask us to.

DEADLINE: Submissions to THE RAMBLER must be received by 6:00 pm on the 15th of the month preceding the publication. Mail or deliver to THE RAMBLER office or to the Editor. Include name and phone # on all submissions.

## THE RAMBLER

THE RAMBLER, the official publication of the Wasatch Mountain Club is published monthly by and for its members. Persons wishing to become members may receive THE RAMBLER for two months by writing the Membership Director, 888 South 200 East, Suite 111, Salt Lake City, UT, 84111 and enclosing \$3.00. Checks are to be made payable to the Wasatch Mountain Club. There is a \$10 charge for returned checks.

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Cover Photo Photo by C. T. Walsh

## WMC PURPOSE

(Article II of the WMC Constitution)

The purpose shall be to promote the physical and spiritual well being of its members and others by outdoor activities; to unite the energy, interests and knowledge of students, explorers and lovers of the mountains, deserts and rivers of Utah; to collect and disseminate information regarding the Rocky Mountains in behalf of science, literature and art; to explore and picture the scenic wonders of this and surrounding states; to foster awareness of scenic beauties; and to encourage preservation of our natural areas including their plant, animal and bird life.



FROM THE

# PRESIDENT

by John Veranth

The club is having another successful year. This is entirely due to the efforts of individuals who volunteer to lead trips, who serve as directors and coordinators, and who take on projects and get things done.

One new project is an "idea" that has been around for some time for the local environmental groups to get together, buy a suitable building, and sublease space to the various groups for offices while having the benefits of shared space for conference rooms etc. A building is currently available, and Alexis Kelner is pulling together a first-rate committee of club members including a real estate agent and a lawyer to see if the deal is feasible. Meanwhile, Rudy Lukez of the Sierra Club is polling other organizations regarding moving into a shared building. This project would likely require a long-term financial commitment by the club. If anyone has strong opinions pro or con, make your views heard.

Several weeks ago, Dennis Caldwell, Chris Biltoft, and I met with the Forest Service district ranger and his staff to discuss local trails. Along with other topics, we discussed the situation at these trailheads:

**Mount Olympus:** The forest service has an easement, recorded in 1934, for a trail between the road and the forest service land. A house was built on the original route and the trail was relocated. The current owner has posted a sign asserting that permission to cross "may be revoked." The Salt Lake Ranger district has requested legal assistance to resolve this matter.

**Deaf Smith - Little Willow Canyon** A chain-link gate was recently erected at the mouth of this narrow canyon. The landowner has stated that he is sympathetic to the hikers passing through but objects to people going up the canyon for beer parties. The Forest Service offered to set up a meeting with the owner to look at alternatives.

**Bells Canyon** Several possible routes have been studied over the years and all would require acquiring easements from one or more landowners to insure permanent access to the canyon. We pointed out that this problem had been studied for years and the problem will only get more difficult to solve as development increases. The Forest Service agreed to schedule a meeting with UDOT, Sandy City, and county planning try to come up with a proposed action. The WMC will be taking a strong role in obtaining political and financial support for securing a dedicated trailhead soon.

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# EVENTS AT A GLANCE

|                      |                       |                        |  |                       |                      |
|----------------------|-----------------------|------------------------|--|-----------------------|----------------------|
| <u>July</u>          |                       | <b>BACKPACKS</b>       |  | <u>Aug</u>            |                      |
| 3 South Snake Range  | 14 Uintas             | 20 Ruby Mountains      |  | 3 Uintas              |                      |
| 3 Beartooth Mts      | 20 Wind Rivers        | 21 Amethyst Lake       |  | 8 Yellowstone         |                      |
| 4 Jarbidge Mts       | 20 White Cloud Mts.   | 21 Pacific Crest       |  |                       |                      |
| <u>July</u>          |                       | <b>BIKING</b>          |  | <u>Aug</u>            | <u>Sept</u>          |
| 7 Oakley Rodeo       | 15 Lehi               | 22 RAGBRAI XVIII       |  | 3 Sea to Sea III      | 7 Southern Idaho     |
| 9 City Creek Canyon  | 17 City Creek Canyon  | 25 Emigration Canyon   |  | 5 Smith-Morehouse     | 14 Duck Creek        |
| 10 Planning Meeting  | 18 Emigration Canyon  | 28 Parleys Canyon      |  | 25 Tour de Tummies    |                      |
| 11 Emigration Canyon | 20 Brian Head         | 29 Golden Spike        |  |                       |                      |
| 14 Cache Valley      | 21 North Ogden Canyon |                        |  |                       |                      |
| <u>July</u>          |                       | <b>BOATING</b>         |  | <u>Aug</u>            |                      |
| ?? Arkansas          | 11 Alpine Canyon WP   | 23 Desolation Cn WP    |  | 6 Alpine Canyon WP    | 19 Westwater         |
| 10 Hell's Canyon     | 14 Alpine Canyon      | 27 Desolation Canyon   |  | 7 Westwater Canyon WP | 27 Westwater WP      |
| 10 Main Salmon WP    | 16 Main Salmon        | Aug 5 Ledore Canyon    |  | 11 Alpine Family      | Sept 2 Westwater     |
|                      |                       |                        |  | 11 Westwater          | Sept 8 Rescue Course |
|                      |                       |                        |  | 14 Westwater WP       |                      |
| <u>July</u>          |                       | <b>CLIMBING</b>        |  | <u>Aug</u>            |                      |
| 5 Gate Butte         | 12 Lisa Falls         | 14 Pfeifferhorn        |  | 20 Wind Rivers        |                      |
| <u>July</u>          |                       | <b>HIKES</b>           |  | <u>Aug</u>            |                      |
| 1 Cecret Lake        | 8 Lone Peak           | 22 Little Water (Kids) |  | 1 Nature Hike         | 12 Lake Solitude     |
| 1 Lake Lillian       | 11 Nature Hike        | 22 Greens Basin        |  | 2 Mill Creek          | 12 Mt Watson         |
| 1 Flagstaff Peak     | 12 Big Cottonwood     | 22 Timpanogos          |  | 3 Gobblers Knob       | 12 Little Water Peak |
| 1 Neffs-Thaynes      | 14 Mt Naomi           | 22 Honeycomb Cliffs    |  | 4 Cecret Lake         | 12 Mt Nebo           |
| 4 Gobblers Knob      | 14 Red Pine Lake      | 24 White Fir Pass      |  | 4 Emerald Lake        | 12 Silver Gance Lake |
| 4 Twin Lakes Pass    | 14 Cascade Peak       | 24 Cottonwood Mines    |  | 4 Highway Cleanup     | 12 Hayden Peak       |
| 4 Mineral Fork       | 14 Cassie's Beatout   | 24 Mt Majestic         |  | 5 Mineral Fork        | 15 Nature Hike       |
| 4 Little Water Peak  | 14 Lambs Canyon       | 25 Nature Hike         |  | 5 Park City Overlook  | 18 Catherine Pass    |
| 5 Mill Creek         | 15 Cascade Peak       | 26 Big Cottonwood      |  | 5 Kessler Peak        | 18 Brighton Ridge    |
| 6 Reynolds Peak      | 15 Stansbury Ridge    | 28 Dromedary Peak      |  | 5 White Pine          | 18 Doggie Hike       |
| 7 Reynolds Peak      | 15 Lake Katherine     | 28 Bowman Fork         |  | 8 Nature Hike         | 19 Twin Lakes        |
| 7 Mt Nebo            | 15 Mt Baldy           | 28 Twin Lakes Pass     |  | 9 Big Cottonwood      | 19 Days Fork         |
| 7 Lake Lackawaxen    | 15 North Willow       | 28 Mt Wolverine        |  | 11 Amethyst Lake      | 19 Lake Blanche      |
| 7 Maybird Lakes      | 18 Nature Hike        | 28 Millcreek Ridge     |  | 11 Scotts Bowl        | 19 Bullion Divide    |
| 7 Dale Peak          | 19 Mill Creek         | 29 Mt Evergreen        |  | 11 Alexander Basin    |                      |
| 8 Mt Superior        | 21 Donut Falls        | 29 Sunset Peak         |  | 11 Maybird Lakes      |                      |
| 8 Mt Evergreen       | 21 White Pine Lake    | 29 American Fk Twins   |  |                       |                      |
| 8 Days Fork          | 21 Sundial Peak       | 29 Devils Castle       |  |                       |                      |
| 8 Broads Fork        | 22 Musical Hike       | 29 Mt Timpanogos       |  |                       |                      |
| <u>July</u>          |                       | <b>LODGE</b>           |  | <u>Aug</u>            |                      |
| 28 Work Party        |                       |                        |  | 4 Work Party          |                      |
| <u>July</u>          |                       | <b>SOCIALS</b>         |  | <u>Aug</u>            |                      |
| 1 Sunday Social      | 15 Sunday Social      | 28 Old Timer's Party   |  | 4 Social              | 18 Family Potluck    |
| 14 The Coffeehouse   | 23 Playreading Social |                        |  | 5 Social              |                      |
|                      |                       | <b>VOLLEYBALL</b>      |  |                       |                      |

Monday Evenings, 6:30 at Fairmont Park

## PROSPECTIVE MEMBERS

- are welcome on ALL club activities, with these exceptions:
- 1) Thursday Evening Hikes are for members only. However, prospective members may attend if the hike is their second qualifying activity for membership and they submit their dues check and application form to the leader before the hike.
  - 2) Boating trips are for members. However, prospective members may attend a weekend trip if they use the trip as their qualifying activity (each day counts as one activity.)
  - 3) A trip leader may choose to limit a trip to members, especially if there is limited space.

**WMC HIKES:** The hike rating indicates the difficulty of the hike. Hikes rated under 5 are easy, 5-8 are intermediate, above 8 are difficult. A hike may be more difficult than the rating would suggest. Watch for the terms "exposure", "rock scrambling", "bush whacking", and "steep". If you have any questions about a particular hike, feel free to call the leader ahead of time. Please come to the hike with proper equipment: adequate clothing, footwear, food, water, and any special equipment required for that hike. You must sign the liability release form to participate in any hike, and you are expected to stay with the group during the hike.

**WMC BIKE RIDES:** Rides are rated Not Too Difficult (NTD), Moderate (MOD), or Most Difficult (MSD). NTD rides will generally be less than 30 miles. MOD rides will be 30 to 50 hilly or up to 60 flat miles. MSD rides will be over 50 hilly or 60 flat miles. On all but newcomer rides, riders must bring their own water, food, tire repair tools, extra tubes, repair knowledge, sunscreen, and money. Consider wearing protective gear. Helmets may be required on some rides.

**THURSDAY EVENING HIKE INFORMATION:** These hikes are for members only except prospective members may use them as the second and final qualifying activity for membership provided their dues check and application are submitted to the leader prior to the hike. Meet at 6:30 pm: all hikes leave the meeting place at 6:45 p.m. **PROMPT!** All participants must sign the liability release form. Hikes are never cancelled for any reason including bad weather, so wear appropriate clothing. Boots will be required if the trail is in mud or snow. No dogs. Hikes in Mill Creek Canyon meet in Olympus Hills parking lot at 3900 Wasatch Blvd. just south of the defunct Bagel Nosh. Hikes in Big Cottonwood meet at the Storm Mountain Quartzites geology sign, 2.9 miles up the canyon (rh side) from the spotlight. Leader: Dale Green.

# CLUB ACTIVITIES

Only activities approved by the appropriate WMC Director can be listed in the Club Activities section of the *Rambler*. Send your proposed activity, for approval, to the hiking, rafting, skiing, etc. director for inclusion in their activity schedule. Those activities sent directly to the *Rambler*, without approval, will not be published.

June 30-July 4  
Sat.-Wed.

CIRQUE OF THE TOWERS MOUNTAIN CLIMBING. Terry Coulter (485-9623) will lead this old club favorite. The Cirque offers everything from fishing to climbing to suit almost anyone's climbing preference from 5.4 to 5.9. Sorry the listing didn't make last month's *Rambler* deadline but if you are interested in another trip to the cirque, call Tony at 363-9891.

Sun. July 1

CECROT LAKE HIKE. Rated 1.2. Bee Lufkin plans to make this an easy morning stroll, so come along! Meet Bee (583-8249) at the mouth of Big Cottonwood Canyon at 10:00 A.M.

LAKE LILLIAN HIKE. Rated 5.7. Lake Lillian? Actually we're just being sneaky; Lillian is Blanche's little sister, located a few hundred yards to the southwest. Leslie Woods, (484-2338), invites everyone going on the hike to a barbecue at Barb's afterwards. So if you're interested, bring something to grill, a side dish to share, plus your own beverages. Call Leslie for information on the hike and barbecue. The hike will start at 8:30 A.M. at the Hillside Plaza Shopping Center (7000 S. 2300 E.).

FLAGSTAFF PEAK HIKE. Rated 4.3. Chuck Gregg plans to bring his son on this hike, and he invites you to bring your teenager along with you. (Why are we accused of not having any family activities?) Be aware that this is a somewhat steep hike, but a lot of fun. Meet Chuck, (364-6342) at the mouth of Big Cottonwood Canyon at 9:30 A.M.

UP NEFFS CANYON DOWN THAYNES HIKE. Rated 7.3. The trail up Neffs follows along a steep surging stream, and up near the saddle there is a warm, drowsy meadow, which lies beneath exotic Japanese watercolor-like pinnacles. Meet Allen and Ilka Olsen (272-6305) at 8:00 A.M. at the Bagel Nosh in the Olympus Hills Shopping Center.

SUNDAY SOCIAL. Chrystal Sysak would like new and old members to get together for a fun backyard affair. Bring an hors d'oeuvre to share, your own bottle, and \$5.00. She will serve a light German meal. She needs to know how many Bratwurst to buy so RSVP ASAP. Chrystal's number is 943-0316. She lives above Wasatch Blvd. between Big & Little Cottonwood Canyons. Turn East on 7800 South (Honeywood Cove Dr.), then turn right (south) on Top of the World Drive and go to 8275.

Mon. July 2

VOLLEYBALL. 6:30 in Fairmont Park. Easiest entry and parking is to turn west off 1100 East/Highland (they merge) onto Ashton Ave (2310 South) and go straight into the park. For information, call Doug at 269-1833.

July 3-8  
Tue.-Sun.

SOUTH SNAKE RANGE BACKPACK. This will be very strenuous and incredibly scenic. Don Seely plans to visit Mts Lincoln, Washington, Pyramid,

Baker, and Jefferson Davis with many options for side trips. The South Snake Range is just south of Great Basin National Park. There is a limit of 12 on this trip so don't wait too long. Call Don at 581-5688.

July 3-8  
Tue.-Sun.

●BEARTOOTH MOUNTAIN RANGE BACKPACK. The Beartooths are north of Yellowstone. Backpack in the Granite Peak Basin. Mark McKinzie (486-4986) will be leading this pristine adventure. There will be a 12 person limit so do not procrastinate.

Wed. July 4

GOBBLER'S KNOB VIA BOWMAN FORK HIKE. Rated 9. This is one of the classic hikes of the Wasatch. From Bowman Fork the trail climbs up to White Fir Pass and then around to Baker Spring. It then crosses the face of the Knob, and goes up the south flank of the mountain to the summit at 10,246 feet. Meet Duke Bush (466-1148) at the Bagel Nosh in the Olympus Hills Shopping Center at 9:00 A.M.

TWIN LAKES PASS HIKE. Rated 3.4. Eldon Madsen says that children accompanied by a responsible adult are welcome. (See - yet another family hike!) If you'd like a nice, relatively easy hike, with family and friends, join Eldon (485-7236) at 9:30 A.M. at the mouth of Big Cottonwood Canyon.

MINERAL FORK TO THE MINES HIKE. Rated 5-7, depending on how far up the hike goes. The stream banks in lower Mineral Fork are covered with thimbleberries and wild raspberries. The trail itself is verdant with tangled growths of chokecherries and ninebark. This would be a wonderful place to escape from the heat and noise of the Fourth. Meet Dennis Talboe (485-6023) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

LITTLE WATER PEAK HIKE. Rated 4.8. This is the peak above Dog Lake to the northeast. This is a quaking aspen hike. Its mood is gentle and sunlight dappled, the high canopy of leaves in eternal motion. Sometimes, in the afternoon winds, you can hear the soft creaking of straining wood from the older trees. Meet Duane Call (485-2980) at 9:00 A.M. at the Bagel Nosh in the Olympus Hills Shopping Center.

July 4-8  
Wed.-Sun.

JARBIDGE WILDERNESS BACKPACK. We will try again this year without the 5,000 Rainbow Coalition folks overrunning the place! The plan is to start in noon Wed from Camp Draw 12 miles south of Jarbidge and come out there noon Sunday. Camp Draw takes us up the North Mary's River, over Cougar Pass and down Cougar Creek. We will loop up the East Fork of the Jarbidge River on our way out. Side trips to Cougar Peak and maybe Matterhorn Peak from Cougar Pass and out toward God's Pocket Peak are planned. Call Fred Zoerner at 702-786-2165 or Mitzi Hultin at 702-747-5507 for registration and rendezvous info. This will be a joint trip with the Reno area Sierra Club.

Thu. July 5

THURSDAY EVENING HIKE. Mill Creek Canyon. This will be a moonlight hike. Bring snacks, your favorite beverage, a jacket, and a flashlight. Plan to be back at the cars by 10:30. Meet at 6:45 P.M. and leave at 7:00 P.M. Otherwise, the "Thursday Evening Hike Information" on page 4 is correct.

THURSDAY EVENING CLIMBING. Gate Butress. (If anyone is in town; don't count on burgers unless you want to cook them yourself).



Fri. July 6

REYNOLDS PEAK VIA BUTLER FORK MOONLIGHT HIKE. Rated 5.2. Under the full moon the aspen covered hills, meadows, and pine groves are tinted from darkest black to lightest gray. The wilderness has a vastly different appearance at night. You are much more conscious of sounds and scents, and you have a heightened awareness of the presence of wildlife. Meet Gene Wooldridge (973-8073) at 7:30 P.M. at the mouth of Big Cottonwood Canyon.

Sat. July 7

REYNOLDS PEAK VIA BIGWATER HIKE. Jesse Hutt says that "the variation in terrain makes this trail especially pleasing on a July morning." It is a very gentle, mostly shaded trail, which winds its way through ravines filled with aspen and spruce. Jesse (521-5723), will meet you at the Bagel Nosh in the Olympus Hills Shopping Center at 9:00 A.M.

MT NEBO SOUTH PEAK VIA ANDREWS RIDGE HIKE. Rated 11.7. Nebo is the tallest mountain in the Wasatch, and from the top you can see for hundreds of miles to the west, north, and south. Also on top is a rusty sign erected by the WMC in 1922. This hike is one of only three hikes, regularly scheduled by the club, which has an elevation gain of over 5,000 feet. Due to the distance from SLC, the car pooling starts at 6:00 A.M. Call Cassie Badowsky (278-5153 evenings) to register.

LAKE LACKAWAXEN HIKE. Rated 2.5. Last year when I first saw this lake, I was surprised that the club didn't visit it more often. At lunch we sat on a boulder which jutted out into the lake and watched a sizeable colony of green newts lounging in the shallow water. I was fascinated! Meet Mary Jean Cherenzia (582-2602) at 9:30 A.M. at the mouth of Big Cottonwood Canyon.

MAYBIRD LAKES HIKE. Rated 6.0. Randy Long writes that in the Maybird cirque "there are impressive auto-sized rocks which extend all the way up the canyon to the Pfeiferhorn ridge." It's a dramatic sight and Randy would like you to see it. Join Randy (943-0244) at 9:30 A.M. at the mouth of Big Cottonwood Canyon.

DALE PEAK ALPENGLOW AND MOONLIGHT HIKE. While everyone else is trying to sleep, come join us on a moonlight creep (with apologies to blues singer Willie Dixon). If you understand the historical antecedents of this doggerel and even if you don't, you are welcome on a journey to pay homage to the celestial body that inspired countless generations of poets, lovers, and coyotes. Meet Aaron Jones (467-3532) at 7:00 P.M. at the east end of Hogle Zoo. Be sure to bring warm clothes, a flashlight, and community consumables. Rating is about 3.5, with some risk of exposure to lycanthropes.

July 7-8  
Sat.-Sun.

OAKLEY RODEO BIKE WEEKEND (MOD). This ride, an overnigher sponsored by the Bonneville Bicycle Touring Club, will include a sag wagon, western barbecue supper on Saturday night, rodeo ticket, dance, fireworks after the rodeo, breakfast on Sunday (cooked by the town) and a commemorative patch. The ride will start from Salt Lake City (45 miles one way) or from Park City (20 miles one way), your choice. Total cost, \$21 each and a limit of 200 riders! Pre-registration is required. Call John Peterson (277-8817) for more details.



Sun. July 8

MT SUPERIOR VIA CATHERINE HIKE. Rated approx. 14. Norm Pobanz would prefer to tackle this crag from the north. He tells me that this will really help to alleviate the exposure problem. Meet Norm (266-3703) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

MT EVERGREEN HIKE. Rated 2.8. It is about this time of year that summer finally gets serious up in the Brighton area. The last of the snow recedes, and bright yellow glacier lilies and other high alpine blooms take its place. Brent Greenhalgh (583-1831) will set a leisurely pace. Please meet him at 9:30 A.M. at the mouth of Big Cottonwood Canyon.

DAYS FORK EARLYBIRD HIKE. Rated 4.6. When the tops of the pines are touched with the glow of morning, and Reed and Benson Ridge stands bright and distinct above you, then you'll know why you bothered to get up so early. Thomas Berg (272-4743) asks that you bring a breakfast snack and meet him at the mouth of Big Cottonwood Canyon at 8:00 A.M.

BROADS FORK HIKE. Rated 4.6. Doug Stark (277-8538) would like to make this a leisurely paced hike. You can stop at the bridge, watch the clear water frenziedly tumble over the big cobbles, and listen to one of nature's most euphonic sounds. Meet Doug at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

LONE PEAK TURTLES ONLY HIKE. Even with a rating of 13.3 this hike is within the ability of many of us slower folks, even if we are run ragged by the fast people who usually make this trip. This time lets leave the fast people behind to do their thing and we'll do ours in our own good time. Be prepared for a 5:30 A.M. start and some exposure in reaching the summit, or enjoy almost the same view with no exposure only 100 yards short of the peak. Call Charles Lesley at 364-2486 for meeting location.

Mon. July 9

VOLLEYBALL 6:30 in Fairmont Park. Easiest entry and parking is to turn west off 1100 East/Highland (they merge) onto Ashton Ave (2310 South) and go straight into the park. For information, call Doug at 269-1833.

MONDAY NIGHT BIKE RIDE (NTD). City Creek Canyon. Meet Sam Kingston (355-8043) at the large parking lot, northeast corner of the Capitol complex at 6:30. This popular scenic ride ascends 7.2 miles to Rotary Park. Helmets required.

Tue. July 10

MAIN SALMON BOATING WORK PARTY. Meet at Jeff & Candy's place at 5429 South, Woodcrest Drive (about 17th East) at 6:00 pm for all who are going on the July 16-22 trip.

POOL SIDE BIKE PLANNING MEETING (NTD). Meet at Lois Shipway's condo (3653 South 1300 East #8, 277-6875) at 6:30 PM for swimming or 7:30 PM for the meeting and bring your ideas for new road and mountain bike rides for the Club. Munchies and beverages provided. Park on 13th East or Murphy Lane (3600 South).

July 10-15  
Tue.-Sun.

HELL'S CANYON ADVANCED BOATING TRIP (Class IV). Call Ed Christy (968-9665) for information about this scenic Idaho river trip.

Wed. July 11

ALPINE CANYON BOATING WORK PARTY. Meet at the WMC Boat Storage Center at 5:30 pm at 4317 S. 300 W., # 8. Located just north of ZIM's for all who are going on the July 14-15 trip.

WEDNESDAY NIGHT BIKE RIDE (NTD). Emigration Canyon. Meet Ceil Meade (572-2035) across the street from the Hogle Zoo parking lot (do not park in the Zoo lot) at 6:30 PM. This 17 mile round trip ride climbs to the top of Little Mountain.

WEDNESDAY NIGHT NATURE HIKE. Mill Creek Canyon. These are stop and smell the posies pace. Meet at the Bagel Nosh in the Olympus Hills Shopping Center at 6:30 P.M.

Thu. July 12

THURSDAY EVENING HIKE. Big Cottonwood Canyon. See "Thursday Evening Hike Information" on page 4.

THURSDAY EVENING CLIMBING. At Lisa Falls. Lisa Falls is about 2.5 miles up Little Cottonwood Canyon marked by a sign on the left and just before a sharp right turn in the road.

Sat. July 14

IDAHO LOTTERY BIKE RIDE (MSD). This 83 mile loop begins in Logan and tours the northern part of picturesque Cache Valley. We'll stop for lunch in Preston. Before leaving Idaho, we'll visit the How Sweet It Is Bake Shop, pop into The Owl for refreshments, and visit Bonnie and Clydes, to try our luck in winning Idaho's Lottery. The course is mostly over flat and straight country roads - so this ride has the potential of being relatively fast. Meet Elliott (968-7357) at the Park & Ride off I-15 at 5300 South (West side) at 8:00 AM to carpool, or in Logan at Woodruff Elementary (615 S 1000 W), at 9:45. Helmets required. Mountain bikes are not appropriate on this ride.

MT NAOMI HIKE. Rated 6.0. This peak is located in the far less heavily hiked Logan area. It is a moderate hike with fine views of the northern region of the state. Call Fred Duvall, 1-782-5565 to register.

RED PINE HIKE. Rated 5.3. Barbara Jacobsen, (943-3715) invites all the happy hikers back to her home for a backyard barbecue and party! Please bring a food dish to share with the group, something to throw on the grill, and a beverage of your choice. If you can't stay and barbecue, just come for a cool one and to rest. Meet at 8:30 A.M. at the Hillside Plaza Shopping Center (7000 S. 2300 E.)

CASSIE'S BEATOUT HIKE: LAKE HARDY TO RED PINE. If you have been avoiding the usual beatout because of that portion of upper Bells that eats hikers for breakfast, this one is for you. With spectacular views and the usual possibility of mountain goat sightings, this pristine area is a rare treasure. The rating is about 13.5. Leader Cassie Badowsky would like to start at 7:30 A.M. Call in advance to register at 278-5153.

LAMBS CANYON TO MILLCREEK HIKE. Rating approx 3-5. The club often hikes to the Lambs Canyon saddle from Elbow Fork, but very rarely from the Lambs Canyon side. Once again, the hiking committee's leader of intrepid but easy hikes, Mr. Duane Call, will be your guide. Meet Duane (485-2980) at 9:00 A.M. at the Bagel Nosh in Olympus Hills Shopping Center.

Sat. July 14

**NORTH RIDGE OF THE PFEIFFERHORN CLIMB.** A 5.5 ridge scramble that may or may not be roped depending on the exact route chosen and the preference of the participants. Call Jim Highsmith 582-0902 for further details. Registration by July 12 is required!

**JORDAN RIVER TRAIL CONSTRUCTION.** Meet at 400 South and the Jordan River (1200 West). Access trail off of 900 West and 400 South or 400 South and Redwood Road. Trail construction from 400 South to 500 South.

**THE COFFEEHOUSE** returns to the WMC lodge. This evening of coffee and music will begin at 7:30 P.M. and I hear that some WMC members will be among the performers. Bring a cushion and \$1.00. Call Guy Benson for details at 359-6028.

July 14-15  
Sat.-Sun.

**ALPINE CANYON (SNAKE RIVER) BEGINNING BOATING TRIP** (Class II). The Club has volunteers willing to teach rowing and canoeing skills to beginners and kayaking to novice level Club members. This trip is not designed for kayakers who have never been on a river. Call Jeff Barrell (278-3510) to reserve a spot or if you are willing to lead the trip.

July 14-15  
Sat.-Sun.

**ERICKSON BASIN IN THE UINTAS BACKPACK.** Chris Venizelos has a busy time planned starting with Saturday packing in to Island Lake and the next day to Big Elk Lake. Sounds like a great weekend. For the skinny on this one call Chris at 355-7236.

Sun. July 15

**LEHI BIKE RIDE (NTD).** Meet leader Jim Piani (272-3921) at 9400 South & Highland Drive at 9:00 for a spin over to Draper then around the point of the mountain to the town of Lehi and back.

**STANSBURY RIDGE RUN HIKE.** Rated 12. Donn Seeley envisioned this as sort of a distant beatout (if the unique is what you seek - see Seeley). This should be a real adventure, and keep in mind that the 12 rating is approximate, since this is definitely an exploratory hike. Call Donn at 581-5668 to register.

**LAKE KATHERINE HIKE.** Rated 3.0. Lake Katherine is a lovely little glacier lake, located within easy hiking distance of the Brighton parking lot. Your leader, Cherry Wong (272-4353) says that "tried and true, lets get an early start." Meet her at at 8:30 A.M. at the mouth of Big Cottonwood Canyon.

**MT BALDY HIKE.** Rated 4.1. Here's another hike we don't do very often. I suspect that we climb the other Mt. Baldy (in the Uintas) far more often than we climb this one, so...why not try something different? Meet Karen Perkins (272-2225) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

**NORTH WILLOW LAKE IN THE STANSBURYS HIKE.** Rated 4.5. Once again...ahem...we need a leader. North Willow Lake is located almost immediately to the north of South Willow Lake, (logically) but few people know where it is. If one of you Tooeteites, (Tooeteers?) or Stansbury Parkers could help us out it would be greatly appreciated. Please call me at 467-7186. (Tooeteleanians?) The hike will meet at the truck stop at the Tooete exit of I-80 at 9:00 A.M. (Tooeteopolitans?)

- Sun. July 15      **CASCADE PEAK HIKE.** Exploratory. Howard Wilkerson, one of the great adventurers of the hiking committee, plans to do a little exploring on this Utah county peak. This is your chance to see a little bit of the country between Timpanogos and Nebo. Call Howard at 277-1510 for details.
- SUNDAY SOCIAL.** Join Tom and Maurita Stevens at their home for a Mexican feast. The fun will start at 5:00. The cost will be \$5.00 and soft drinks will be provided. The Stevens live at 4434 Park Hill Drive; to get there, take Wasatch Blvd. to 4500 South and turn east (this becomes Brockbank), follow this street up the hill to Park Hill. Turn left and go to 4434 (next to a vacant lot). If you get lost, call 272-8532.
- Mon. July 16      **VOLLEYBALL** 6:30 in Fairmont Park. Easiest entry and parking is to turn west off 1100 East/Highland (they merge) onto Ashton Ave (2310 South) and go straight into the park. For information, call Doug at 269-1833.
- July 16-22  
Mon.-Sun.      **MAIN SALMON BOATING TRIP** (Class III). Jeff Barrell (278-3510) will lead this trip through central Idaho down "The River of No Deposit, No Return." The Main should still have plenty of water left. \$45.00 Deposit Required early. See Work Party on July 10.
- Tue. July 17      **CITY CREEK CANYON BIKE RIDE** (NTD). See July 9th write-up for details.
- Wed. July 18      **WEDNESDAY NIGHT BIKE RIDE** (NTD). Emigration Canyon. Meet Rich Gregersen (467-6247) across the street from the Hogle Zoo parking lot (do not park in the Zoo lot) at 6:00 PM. This 17 mile round trip ride climbs to the top of Little Mountain. Helmets required. Dinner at a nearby valley location will follow.
- WEDNESDAY NIGHT NATURE HIKE.** Mill Creek Canyon. These are stop and smell the posies pace. Meet at the Bagel Nosh in the Olympus Hills Shopping Center at 6:30 P.M.
- Thu. July 19      **THURSDAY EVENING HIKE.** Mill Creek Canyon. See "Thursday Evening Hike Information" on page 4.
- July 20-22  
Fri.-Sun.      **BRIAN HEAD MOUNTAIN BIKE WEEKEND.** Ride the scenic roads and trails of the high Dixie National Forest at Brian Head and Cedar Breaks National Monument. Elevation 7,000 - 11,000 in beautiful redrock and forest country just four hours from Salt Lake City. Guided and self-guided rides for all ability levels. Car camping plus rustic or deluxe lodging at super rates. Register now with Ken Kraus at 363-4186. Limit 20 persons.
- July 20-24  
Fri.-Tue.      **WIND RIVER BACKPACK.** The glorious, wild country of western Wyoming appeals to Eldon Madsen, and he invites you to join him on a foray into some of the best of it. Call Eldon at 485-7236 to register.
- July 20-24  
Fri.-Tue.      **WHITE CLOUD MOUNTAINS BACKPACK.** This should be a very special experience. Leaving Friday, this is a 28 mile loop, recommended for experienced packers only. There is a seven person limit on this trip. Call Philip Giles at 466-5220.

July 20-24  
Fri.-Tue.

RUBY MOUNTAINS BACKPACK. This will be moderately paced, so experienced packers only please. The route will be via the Crescent Lake trail to Dr. Ruby mountain. For more info and reservations call Steve Carr at 261-5787.

July 20-24  
Fri.-Tue.

DEEP LAKE HIGH CAMP MOUNTAIN CLIMBING. This area of the Wind River Range offers several classic climbs, great camping, and OK fishing. There will be a 12 person limit on this trip so register early. Call Tony Thompson 363-9891. A leader is needed for this trip.

Sat. July 21

NORTH OGDEN CANYON BIKE RIDE (MOD). This 39 mile ride goes from Pleasant View (West of North Ogden) into the Pineview Valley and features a double climb of STEEP North Ogden Canyon (2,938 feet over 7.6 miles). It's important riders thoroughly inspect their bikes and tune their brakes beforehand, as the descent off the summit is not only steep, but has a lot of sharp switch-backs. We'll stop for lunch in Huntsville at the Shooting Star Saloon. Meet Elliott (968-7357), at the Park & Ride off I-15 at 5300 South (West side) at 8:00 AM to carpool, or in Pleasant View at Shady Lane Park (3100 North 600 West), at 9:00. Helmets required.

DONUT FALLS HIKE. Rated 1.2. What is the easiest hike that the club does? Probably this one, and the best thing is that it has a spectacular destination, with the stream tumbling down through an enormous hole in the rock. Meet Brent Greenhalgh (583-1831) at 9:30 A.M. at the mouth of Big Cottonwood Canyon.

WHITE PINE HIKE. Rated 6.3. There is a wonderful lunch spot on the south side of the lake. You can watch the clouds gambol above the cliffs while sitting in a grassy, hummock filled meadow, criss-crossed by sun spangled rivulets. Meet Dennis Holland (486-9990) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

SUNDIAL PEAK HIKE. Rated 9.9. Above and beyond Lake Blanche towers the club's logo. This magnificent pinnacle stands amidst valleys cut and striated by ancient glaciers. It is both a spectacular peak, and a spectacular hike. Be forewarned, this hike involves serious exposure. Meet Marc Hutchinson at the mouth of Big Cottonwood Canyon at 8:30 A.M.

July 21-22  
Sat.-Sun.

AMETHYST LAKE IN THE UINTAS BACKPACK. Enjoy a splendid weekend in the High Uintas. Backpack in 9 miles on Saturday and either fish, relax, or climb a peak on Sunday. Please call leader Aaron Jones (467-3532) no later than Monday July 16th. As usual Aaron promises unrepentable fun.

July 21-Aug 4  
Sat.-Sat.

PACIFIC CREST TRAIL BACKPACK. Kira Kilmer will lead 2 four-day high alpine trips on the well-marked Pacific Crest trail in the Ross Lake area of northern Washington state. Great views west to the high Cascades. No technical climbing. Should be sunny, days in mid-60's. About 8 miles per day with packs. Call 364-5044 to register for planning meetings. Hikers may get together to drive up for just one of the loops, (one week with drive time).

Sun. July 22

LITTLE WATER TRAIL TO THE BEAVER POND KIDS HIKE. Join Wick Miller and his trusty scouts Michael and Tiger (ages 4 and 5) who will set

pace and blaze trail. The destination could be further if there is enough interest. This is as close to a guaranteed fun hike as you can get. Meet at the Bagel Nosh in the Olympus Hills Shopping Center at 9:30 A.M. Call Wick at 1-649-1790.

Sun. July 22

MUSICAL HIKE. Carol Kalm-Stearns invites everyone who plays an instrument (portable) who can sing to join her for another festival of music in a mountain setting. All levels of musicianship are welcome at this informal happening. Please bring music suitable for combinations of "C" instruments. In the past we have had flutes, violins, recorders, kazoos, guitars, and a bassoon. The hike is rated easy. Meet at 9:30 A.M. at the Bagel Nosh in Olympus Hills Shopping Center. Bring water, munchies, appropriate foot gear, and personal music paraphernalia. For details, call Carol at 272-0828.

GREENS BASIN HIKE. Rated 2.5. Wasn't in Bergmann who liked wild strawberries? I know that I do. It's about this time of year that the basin fills with the most flavorful strawberries in the world. If you'd be interested in sampling some join Gary Burg (485-4911) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

TIMPANOGOS VIA ASPEN GROVE HIKE. Rated 11.6. This is the optimum time for wildflowers on Timp. You can see and smell Coneflowers, Cinquefoil, Bluebells, Mullen, Eggs and Butter, and just about every other type of wildflower. Meet Jim Sweeney (4854334) at the Park and Ride at 5300 South and I-15 (west side) at 8:00 A.M.

HONEYCOMB CLIFFS HIKE. Rated 4.6. This hike is not as rugged as it sounds - it is a fairly moderate hike, with some scrambling up at the top. The cliffs are located between Honeycomb Fork and Brighton. Meet Joe Gates (943-0957) at the mouth of Big Cottonwood Canyon at 9:00 A.M.

TENNIS ROUND ROBIN for intermediate (3.0-4.0) players from 4 to 6 P.M. Call Carol Beasley for information and to register at 484-6617.

July 22-28  
Sun.-Sat.

RAGBRAI XVIII (Iowa) BIKE RIDE (riding=MOD, party's=MSD). For info on any possible last minute additions call John Peterson at 277-8817.

Mon. July 23

DESOLATION CANYON BOATING WORK PARTY. Meet at the WMC Boat Storage Center at 6:00 pm at 4317 S. 300 W., # 8. Located just north of ZIM's for all who are going on the July 27-31 Desolation Canyon trip.

FAMOUS ANNIVERSARY, PLAYREADING, AND SOCIAL. Enjoy a playreading of "The Night Thoreau Spent in Jail" on the anniversary of this significant event in American History. Readers are needed for about fifteen speaking parts and a fee of \$4.00 is required to purchase a copy of the play. Individuals interested in a role may call Aaron Jones at 467-3532. The social will be at Jerry Hatch's home at 1160 East 1300 South starting at 6:30 P.M., with the playreading starting at 7:00 P.M. The cost of the social will be \$3.00. Jerry may be reached at 467-7186.

Mon. July 23

VOLLEYBALL 6:30 in Fairmont Park. Easiest entry and parking is to turn west off 1100 East/Highland (they merge) onto Ashton Ave (2310 South) and go straight into the park. For information, call Doug at 269-1833.

Tue. July 24

**WHITE FIR PASS HIKE.** Rated 3.1. Meet one of the club's premier rain forest experts, Dr. Diane Davidson, for an intellectually stimulating hike. If any of you are interested in bugs, Diane is an entomologist and ant expert. (And you thought the club was only interested in flowers). Meet Diane (521-0072) at the Bagel Nosh at Olympus Hills Shopping Center at 9:00 A.M.

**COTTONWOOD MINE LOOP HIKE.** Rated intermediate exploratory. This will be near Snake Creek Pass. Martin McGregor, another of the club's great explorers, plans to hike up toward Lake Mary, around Dog Lake, and back to Brighton. This will be an unusual hike, very near our main stomping grounds. Meet Martin (967-9860) at the mouth of Big Cottonwood Canyon at 9:00 A.M.

**MT MAJESTIC HIKE.** Rated 5.0. The entire top of this peak is covered with Prickly Currant and raspberries. These are very edible, folks, if you can beat the squirrels to them. So if you hustle, you can augment your lunch with some of nature's finest delicacies. Meet Mike Wren (521-3905) at the mouth of Big Cottonwood Canyon at 9:00 A.M.

Wed. July 25

**WEDNESDAY NIGHT BIKE RIDE (NTD).** Emigration Canyon. See July 18th description.

**WEDNESDAY NIGHT NATURE HIKE.** Mill Creek Canyon. These are stop and smell the posies pace. Meet at the Bagel Nosh in the Olympus Hills Shopping Center at 6:30 P.M.

Thu. July 26

**THURSDAY EVENING HIKE.** Big Cottonwood Canyon. See "Thursday Evening Hike Information" on page 4.

July 27-31  
Fri.-Tue.

**DESOLATION CANYON BOATING TRIP (Class III).** Janet Embry will coordinate this popular river trip. To sign up or if you have any questions call Janet at 322-4326. See Work Party on July 23.

Sat. July 28

**BREAKFAST CLUB BIKE RIDE (MOD).** Beat the truckers to breakfast at the Cafe at the top of Parleys Canyon. It's all downhill back home. Meet Kathy Hoenig and Ellen Jenkins at Eastwood Elementary School (Wasatch Blvd & 33rd South) at 8:00 AM. For more information call Kathy at 486-8525.

**RIDGE HIKE FROM THE TOP OF MILLCREEK CANYON TO DESOLATION LAKE AND BACK VIA DOG LAKE.** Long, but fairly easy, est. rating 7.0. This is the more challenging way to get to Deso. It is also an interesting hike: on the east side of the ridge there are huge slabs of stone whose cracks are filled with indian paintbrush. Meet Susan Allen and Bob Myers (485-9209) at 9:00 A.M. at the Bagel Nosh in the Olympus Hills Shopping Center.

**DROMEDARY PEAK HIKE.** Rated 11.6. This one does sound like a bit of an adventure. To quote Doug Blount: "Not too tough a climb, particularly if we don't get lost." For any of you who are not yet a little intimidated, I would remind you that there is also a certain, shall we say, aura of exposure about this hike. All you basically bold folks, who are still interested, need to meet Doug (582-0737) at the mouth of Big Cottonwood Canyon at 8:00 A.M.



Sat. July 28

BOWMAN FORK VIA ALEXANDER BASIN HIKE. Rated 4.2. This is a "heavy" 4.2 because the beginning is steep, and it tends to be up and down for a long way. Still, it is a very interesting hike which wanders in and out of pine glens and meadows on the north flank of Gobblers Knob. There should be lots of flowers and numerous fine vistas. Meet Ann Cheves (466-5474) at the Bagel Nosh in the Olympus Hills Shopping Center at 9:00 A.M.

TWIN LAKES PASS HIKE. Rated 3.4. If you folks are really nice to Randy, he may reveal the contents of his pack on this hike. Meet always conscientious and well prepared Randy Long (943-0244) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

MT WOLVERINE - TUSCARORA HIKE. Rated 5.7. On this hike you can often hear the mysterious barking of the shy pika. There are also many berry laden bushes, which attract the occasional Stellars Jay. Meet Monty Young (255-8390) at 9:00 A.M. at Hillside Plaza Shopping Center (7000 S. 2300 E.)

LODGE WORK PARTY. Starts at 10:00 A.M. or come after other activities. Lunch provided. The lodge is located at the trail head to the Lake Mary trail at Brighton. See "From the Lodge Director" elsewhere in this issue for more details, or call Vince Desimone 1-649-6805.

OLD TIMER'S PARTY AT THE LODGE. Karin Caldwell says "Bring a steak, a side dish to share, and your best trip slides." She will have the coals going at 6:00 P.M. and plans to eat at 7:00. Soft drinks will be available, but BYOB. The cost is \$2. By the way, those of you who aren't "old-timers" are also invited.

Sun. July 29

GOLDEN SPIKE MONUMENT BIKE RIDE (MSD). This 80 mile ride goes from Brigham City to the Golden Spike Historical Site, and return via Tremonton, Deweyville and Honeyville. We'll cycle past Thiokol's rocket museum, dissect the Blue Springs Hills, and tour the Bear River Valley. The terrain is mostly flat to rolling, but does include several modest climbs. We'll stop for lunch at the Bear's Den, however, it's important riders bring energy foods for the road, as the lunch stop will be at the 62 mile point. This ride tends to be hot, so be sure to bring sun screen and two large water bottles. Meet Elliott (968-7357), at the Park & Ride off I-15 at 5300 South (West side) at 8:00 AM to carpool, or in Brigham City at Rees-Pioneer Park (8th West Forest Street), at 9:00. Helmets required. Mountain bikes are not appropriate on this ride.

MT EVERGREEN HIKE. Rated 2.5. This is one of the finest of the Thursday night hikes with panoramic views of Silver Lake, Twin Lakes, and the Brighton basin. I remember one evening watching the sun shine through a myraid of raindrops - a sunshower! I can't guarantee rain, but I can guarantee a nice hike. Meet Glen Varvil (583-9344) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

SUNSET PEAK HIKE. Rated 4.9. This is a spectacular but not too difficult hike. From the top there are fine views of Lake Catherine, Lake Martha, and Lake Mary. To the south is the great massif of Mt Timpanogos and the green checkered fields of Heber Valley. Janet Coskey (943-7956) will meet you at the mouth of Big Cottonwood Canyon at 9:00 A.M.

Sun. July 29

AMERICAN FORK TWINS HIKE. Rated 9.0. These are the twin peaks which tower above Snowbird. I have, oddly enough, climbed this mountain, and while the exposure is not very frightening, it is a challenging scramble up a rocky, loose, scree filled gully to get to the top. Meet Mark Swanson (487-0917) at the mouth of Big Cottonwood Canyon at 8:00 A.M.

DEVIL'S CASTLE HIKE. Rated 5.0. This is another one of those "not for the timid" hikes. The exposure on this hike is supposed to be very impressive, (I wouldn't know). What I do know is that a certain club person suggests that this is best hiked with a change of underwear. So all you fearless folks, meet your fearless leader, Marv Hamilton (363-2083) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

MT TIMPANOGOS TURTLES ONLY HIKE. Here is a chance to try a long hike, rated 11.6, paced slow enough to be within the capacity of many who only do moderate hikes as a rule. The leader, Charles Lesley, insists upon keeping the group together so the slowest member of the group sets the pace. If you prefer to hike ahead of the group, please, this hike is not for you. We will ascend from Aspen Grove and end at Timpooneke. An alternative of about a 9.8 rating bypassing the summit will be available for those who prefer a shorter hike. We will leave Denny's at 45th South & I-15 at 6:00 A.M. (Breakfast eaters should be there at 5:30 A.M.) Register by calling 364-2486.

Mon. July 30

VOLLEYBALL 6:30 in Fairmont Park. Easiest entry and parking is to turn west off 1100 East/Highland (they merge) onto Ashton Ave (2310 South) and go straight into the park. For information, call Doug at 269-1833.

Wed. Aug 1

WEDNESDAY NIGHT NATURE HIKE. Mill Creek Canyon. These are stop and smell the posies pace. Meet at the Bagel Nosh in the Olympus Hills Shopping Center at 6:30 P.M.

Thu. Aug 2

THURSDAY EVENING HIKE. Mill Creek Canyon. This will be a moonlight hike. Bring snacks, your favorite beverage, a jacket, and a flashlight. Plan to be back at the cars by 10:30. Meet at 6:45 P.M. and leave at 7:00 P.M. Otherwise, the "Thursday Evening Hike Information" on page 4 is correct.

Fri. Aug 3

GOBBLERS KNOB MOONLIGHT HIKE. Rated 7.7. According to Gene, the Knob got its name because wild Turkeys would congregate up on top, and the miners would go after them for fresh meat. So if you hear a ghostly gobble in the moonlight...you'll now know why. This hike will meet at 7:00 P.M. at the mouth of Big Cottonwood Canyon, and we still need a leader. Please call Jerry Hatch at 467-7186 if interested.

Aug 3-5  
Fri.-Sun.

UINTAS BACKPACK. Hikers and fisherpersons welcome. (Wooly Worms and Hares Ears recommended.) Leader Rip Johnson 944-9740.

August 3-19  
Fri.-Sun.

SEA TO SHINING SEA BIKE RIDE (STAGE 3). Phone Bob Wright, 1-649-4194 for information on any last minute additions.

Sat. Aug 4

ADOPT-A-HIGHWAY CLEANUP. Have you seen the signs on the highway between the I-215 Knudsons Corner interchange and the mouth of Big Cottonwood Canyon? The WMC has adopted this section of highway to keep clear of trash. Please bring a pair of gloves. Cold pop will be provided.

After the cleanup, the group is invited to the Lodge in Brighton for all the pizza you can eat. A hike is scheduled for the afternoon to Lake Catherine. Prospective members - this is a qualifying activity for membership. Meet at 9:00 A.M. at the west end of the Park and Ride lot at Big Cottonwood's mouth. If you are late, please do not join the group until you obtain a red safety vest. Leaders: Aaron Jones, 467-3532, and Dale Green, 277-6417.

Sat. Aug 4

**CECRET LAKE HIKE.** Rated 1.2. This will be a very short hop with Ruth Hoppe up to the mysterious waters of Cecret Lake. It should be a lot of fun for those of you who like really easy hikes. Meet Ruth (484-5558) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

**EMERALD LAKE HIKE.** Rated 8.0. Trek through shimmering quakies to get to this high alpine viridescent lake. This is the time of year when the flowers are radiantly blooming in the Timpanogos wilderness area. Meet Fred Nash (943-6906) at 8:00 A.M. at the 72nd South and I-15 Park and Ride.

**DESOLATION TRAIL HIKE.** Rated substantial. Bob Myers wants to do the whole thing, (i.e. this will not be a good hike for wimps; but then few of Bob's are). The hike will start at the Guardsman's Pass Road and end (considerably later) at the Mill Creek Inn. Please call 485-9209 to register.

**JORDAN RIVER TRAIL CONSTRUCTION.** Meet at 500 South and the Jordan River (1200 West). Access trail off of 900 West and 400 South or 400 South and Redwood Road. Trail construction from 500 South to 600 South.

**LODGE WORK PARTY.** Starts at 10:00 A.M. or come after other activities. Lunch provided. The lodge is located at the trail head to the Lake Mary trail at Brighton. See "From the Lodge Director" elsewhere in this issue for more details, or call Vince Desimone 1-649-6805.

**SATURDAY NIGHT SOCIAL.** Remember last year's "Leo/Virgo Birthday Party"? Well - this is a repeat only it's for anyone who has ever had a birthday!! Come join the fun at Barbara Jacobsen's backyard barbecue. Destination is 1386 East McCormick Way (7340 South). Go east on 70th South (which is Fort Union Blvd.) to the 1700 East stop light, turn south and go to the stop sign. From that point, signs and balloons will be posted. If you get lost, call Barbara's "hot line" for help (943-3715). This barbecue is POTLUCK so bring a dish to share (no not that kind), something to grill, and BYOB - NO SOFT DRINKS WILL BE AVAILABLE. Party starts around 6:00 P.M. until ??? Cost \$1 to cover cost of paper products.

Sun. Aug 5

**SMITH-MOREHOUSE PICNIC BIKE RIDE (NTD).** Casually paced 33 mile ride following the Weber River up scenic Smith and Morehouse Canyon. (It's a gentle incline of 875 feet over 12 miles.) We'll rendezvous at the end of the pavement for a picnic lunch. Meet Elliott (968-7357), at the K-Mark/Regency to carpool at 9:00 AM, or in Kamas at Kamas Park (100 East 1st South), at 10:00 AM. Helmets required.

**MINERAL FORK TO THE PASS HIKE.** Rated 7. What a marvelously hidden away place Mineral Fork is! The trail is overhung with chokecherries and Ninebark, and repeatedly crosses a tumultuous stream. At this time of year the undergrowth is thick with wild raspberries and thimbleberries, both

of which are delicious. Meet Howard Wilkerson (277-1510) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

Sun. Aug 5

PARK CITY OVERLOOK HIKE. Rated 3.5. This trail has very nearly been lost to a natural condominium development. Don't complain to the zoning commission though - the beavers have squatter's rights. (Since beavers can't climb trees, see if you can figure out how the trees got cut off so high). Meet Dick Honn (582-1944) at the Bagel Nosh in Olympus Hills at 8:00 A.M.

KESSLER PEAK HIKE. Rated 7.4. Kessler is the mountain of mystery. There are about seven different, interesting ways to reach the summit. On one trail there is the ruin of an old stone cabin. On another trail one of the finest fossils I've ever seen was found. I don't know which trail Chuck Gregg intends to use, but whichever one he uses, it'll be a good hike. Meet Chuck (364-3642) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

WHITE PINE TO RED PINE HIKE. Rated 7.5. The committee assures me that there is no significant exposure on this hike, which makes me think that I might really enjoy it. This is a good chance to see the "two Pines" from an unusual vantage point. Meet Sandy Blackburn (268-4655) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

SUNDAY SOCIAL. Vince "Paisano" Desimone usually holds a social during the Park City Arts Festival, and it's always fun. I wasn't able to get in touch with him by the *Rambler* deadline to confirm it, so watch next month's issue for more info, or call me, Marc Hutchison, at 355-3227.

Aug. 5-10  
Sun.-Fri.

CANYON OF LEDORE BOATING TRIP. Class III, through Triplet falls and Hell's Half Mile! Guaranteed sunshine, perfect cfs, and NO WIND! Grand finale: Perseid meteor shower. Send \$25 deposit to Donna Kramer by July 15, or call 272-0418 after July 6th. (2977 Morningside Dr., SLC 84124)

Mon. Aug 6

VOLLEYBALL 6:30 in Fairmont Park. Easiest entry and parking is to turn west off 1100 East/Highland (they merge) onto Ashton Ave (2310 South) and go straight into the park. For information, call Doug at 269-1833.

ALPINE CANYON BOATING WORK PARTY. Meet at the WMC Boat Storage Center at 6:00 pm at 4317 S. 300 W., # 8. Located just north of ZIM's for all who are going on the August 11-12 family trip.

Tue. Aug. 7

WESTWATER CANYON BOATING WORK PARTY. Meet at the WMC Boat Storage Center at 5:30 pm at 4317 S. 300 W., # 8. Located just north of ZIM's for all who are going on the August 11-12 Westwater trip.

Wed. Aug 8

WEDNESDAY NIGHT NATURE HIKE. Mill Creek Canyon. These are stop and smell the posies pace. Meet at the Bagel Nosh in the Olympus Hills Shopping Center at 6:30 P.M.

Aug. 8-12  
Wed.-Sun.

BACKPACK IN YELLOWSTONE. This will be a moderately strenuous loop through the south west corner of Yellowstone. The trail is fairly level. Featuring a layover day in Backer Canyon with swimming in hot springs and geysers. There is a 7 person limit. Call Kyle Williams at 298-2184.

- Thu. Aug 9      THURSDAY EVENING HIKE. Big Cottonwood Canyon. See "Thursday Evening Hike Information" on page 4.
- Sat. Aug 11      AMETHYST LAKE HIKE. Rated 7-8. This High Uinta lake is located at the foot of Ostler Peak. This is a lovely lake, far less visited than our local Wasatch lakes, but we recommend that you bring along a little insect repellent, (or big insect repellent if you have any). Meet Norm Pobanz (266-3703) at the Regency Theatre parking lot on Parleys Way at 7:00 A.M.
- Sat. Aug 11      SCOTTS BOWL AND JUPITER HILL HIKE. Exploratory, but probably around 5-6. This is both new and old country for the club; new in that we haven't hiked here before; and old in that many of you have often seen this area - covered with six and a half feet of powder. Meet Ken Kelley (942-7730) at the mouth of Big Cottonwood Canyon at 9:00 A.M.
- ALEXANDER BASIN HIKE. Rated 3.3. This is a steep hike up to a sheltered ravine much favored by does and their fawns. The trail tunnels through dense undergrowth and patches of royal blue penstemon. Meet Tom Stephens (272-8532) at the Bagel Nosh in the Olympus Hills Shopping Center at 8:00 A.M.
- MAYBIRD LAKES HIKE. Rated 6.0. There are some places which are inexorably linked in my mind with summer. These shallow, pellucid lakes, mirrors of the Pfiefferhorn, seem to contain a certain essence of summerness. They are where you go to escape the heat of the dog days and revel in the coolness of the upper alpine world. Meet Kathy Anderson (277-4652) at the mouth of Big Cottonwood Canyon at 9:00 A.M.
- Aug. 11-12      ALPINE FAMILY BOATING TRIP (Class II). Nancy Inaba (968-9665) will  
Sat.-Sun.      lead this popular family trip. Send \$25. deposit to Nancy at 2495 West 3965 South, West Valley City, UT 84119.
- Aug. 11-12      WESTWATER BOATING TRIP (Class III). Liza Poole (547-9400) will lead  
Sat.-Sun.      this overnight WW. Send \$25. deposit to Liza at 925 N. 1475 E., Layton, UT 84040. See Work Party on August 7.
- Sun. Aug 12      LAKE SOLITUDE HIKE. Rated 2.9. Leah Mancini (582-7912) says that this is "a nice, cool shady hike past the new lift and up to the mines and the lake. Meet Leah at the mouth of Big Cottonwood Canyon at 8:00 A.M.
- MT WATSON IN THE UINTAS HIKE. Rated 4-5. The view from the top of Watson - c'est magnifique! You can see the heads of four river drainages, the Bear, the Duchesne, the Provo, and the Weber from up there. This would be an excellent way to make a first acquaintance with the Uintas. Meet Chris Venizelos, (work 251-6254, home 355-7236 after 9:00 P.M.) at 7:30 A.M. at the Regency Theatre parking lot on Parleys Way.
- LITTLE WATER PEAK VIA LITTLE WATER HIKE. Rated 4.8. YAHH!...UMPH!..thump,thump - there is no question about it, the mountain bikes are becoming a bit of a bother on Big Water, so we are shifting our operations eastward to Little Water. This is still a quiet lovely trail, and Evelyn Clayton (H 485-4974, W 578-7004) will meet you at the Bagel Nosh in the Olympus Hills Shopping Center at 8:30 A.M.

Sun. Aug 12

**NORTH PEAK OF MT NEBO HIKE.** Rated 9.1. Back in the early twenties when the club put the sign on top of the south peak of Nebo, that peak was considered the highest point in the Wasatch. We now know that the north peak is a few feet higher. Meet Paul Sheya (277-2902) at the Dennys at 4500 South and I-15 at 7:00 A.M.

**SILVER GLANCE VIA WHITE PINE EXPLORATORY HIKE.** (MSD) Tom Walsh seems to be able to plan hikes most of us couldn't even imagine. Silver Glance is located behind the ridge above White Pine, and getting there should be challenging (to say the least). Who knows, maybe this will become a club classic, and you will have had the satisfaction of having been one of the first to go on it. Call Tom (969-5842) to register.

**HAYDEN PEAK TURTLES ONLY HIKE.** Rated 7.0. This Uinta hike is a little more challenging than Mt. Watson, but the pace will be leisurely enough to accommodate most of those who usually do only easy hikes. There is a tiny bit of exposure a little before reaching the summit; however the view is great even if you turn around early. Meet Charles Lesley (364-2486) at the Regency Theatre parking lot on Parleys Way at 7:00 A.M.

Mon. Aug 13

**VOLLEYBALL** 6:30 in Fairmont Park. Easiest entry and parking is to turn west off 1100 East/Highland (they merge) onto Ashton Ave (2310 South) and go straight into the park. For information, call Doug at 269-1833.

Tue. Aug 14

**WESTWATER CANYON BOATING WORK PARTY.** Meet at the WMC Boat Storage Center at 5:30 pm at 4317 S. 300 W., # 8. Located just north of ZIM's for all who are going on the August 19 Westwater trip.

Wed. Aug 15

**WEDNESDAY NIGHT NATURE HIKE.** Mill Creek Canyon. These are stop and smell the posies pace. Meet at the Bagel Nosh in the Olympus Hills Shopping Center at 6:30 P.M.

Sat. Aug. 18

**ALBION BASIN TO CATHERINE PASS HIKE.** Rated about 3. This is another hike with a very knowledgeable leader. If you want to know about botany or Africa, you can't afford to miss this one. The flowers should be nice too. Meet Barry Quinn (272-7097) at the mouth of Big Cottonwood Canyon at 9:30 A.M.

**BRIGHTON RIDGE RUN HIKE.** Rated "a hardy 8 or 9." This is a good opportunity to get every possible view, from every possible peak above Brighton. There is a spectacular boulder field just below the Snake Ridge. Cameras are a must. Meet Art Griffin (363-1996) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

**DOGGIE HIKE TO BAKER SPRING.** Rated about 5.0. This is a new one for the dogs. Baker Spring, where Fido or Fifi can find refreshment after their snuffle through the flowers, is located down near the bottom of Gobblers Knob. If your dog would be interested, join Leigh Cowley (467-9802) at 9:00 A.M. at the Bagel Nosh in the Olympus Hills Shopping Center.

**FAMILY POTLUCK BARBEQUE AND SOCIAL AT THE LODGE.** The genesis of this was at the last Mothers Day Car Camp at Arches National Park.

Watch next month's *Rambler* for more details. If you want to help, or have good ideas, call Marc or Susan Hutchison at 355-3227.

Sun. Aug 19

WESTWATER BOATING TRIP (Class III). Larry Hardebeck (467-7120) will lead this overnighiter. Send \$25. deposit to Larry at 2530 E. 2900 S, SLC, UT 84109. See Work Party on August 14.

TWIN LAKES PASS VIA GRIZZLY GULCH HIKE. Rated 2.5. This hike goes up past the rapidly vanishing ruins of Michigan City, and affords point blank views of Wolverine, Sunset Peak, Millicent, and several other peaks. There will be possible sightings of Golden Eagles and Turkey Vultures. Meet Margo Markowski (363-1996) at 8:30 A.M. at the mouth of Big Cottonwood Canyon.

DAYS FORK TO THE MINE HIKE. Rated 4.6. What connection is there between Bridgewater Massachusetts and the stark rugged alpine wilderness of upper Days Fork? There is one, and if you'd like to find out what it is, join Amy Morton (467-6129) at 8:30 A.M. at the mouth of Big Cottonwood Canyon.

LAKE BLANCHE HIKE. Rated 5.7. It seems to me that Lake Blanche at one time must have been a great deal larger than it is now. The evidence for my guess is the series of old ruined dams that edge the lake. Meet Gary and Sonia Coullard (521-4611) at 9:00 A.M. at the mouth of Big Cottonwood Canyon.

BULLION DIVIDE HIKE. Rated about 12. This is another Tom Walsh special. Call 969-5842 for details.

Sat. Aug. 25

TOUR DE TUMMIES BIKE RIDE (NTD). Details forthcoming in August *Rambler*. Leader, John Peterson.

Mon. Aug. 27

WESTWATER CANYON BOATING WORK PARTY. Meet at the WMC Boat Storage Center at 6:00 pm at 4317 S. 300 W., # 8. Located just north of ZIM's for all who are going on the September 2-3 Westwater trip.

Sept. 2-3  
Sun.-Mon.

WESTWATER CANYON BOATING TRIP (Class III). We have arranged for a full moon, plan on great food, and are working on prime weather for this laid-back overnight trip on Westwater over Labor Day Weekend. Send \$25 to Craig Homer at 3364 Sunnybrook Dr., SLC, UT 84119 before August 7 to secure a spot on the trip. Call Craig at 968-1195 with any questions. Note the Work party on August 27.

Sept. 7th-9th  
Fri.-Sun.

SOUTHERN IDAHO BIKE RIDE (NTD/MOD). Colors turn vivid earlier in Southern Idaho and should peak this weekend. We'll ride 34 miles over gently rolling terrain alongside the Portneuf River as it courses through the valley to Soda Springs. There, we'll pick up supplies and picnic at Hooper Springs Park before heading back to Lava Hot Springs via US 30. This 24 mile return has one 2.5 mile climb of 5% over Fish Creek Pass followed by a 4 mile descent into town. For the ambitious souls there is an additional loop of 22 miles past a large reservoir and through the old Mormon settlement of Chesterfield. After the ride there are state-run hot springs to soothe those aching muscles, then dinner at the Royal Hotel. Meet Frank & Joyce Luddington (277-4564)



at 9AM on Saturday morning at the Royal Hotel in Lava Hot Springs. Fine accommodations exist for campers next to the river and nearby at the Royal Inn, a turn-of-the-century B&B Inn, for luxury lovers. But call us early for reservations; they only have 8 rooms.

Sept. 8

JOHN MUIR'S (BELATED) BIRTHDAY PARTY. Watch for details in future *Ramblers*.

Sept. 8-9  
Sat.-Sun.

ADVANCED RIVER RESCUE COURSE AT WESTWATER CANYON (Class III). A prior river safety course (or demonstrated equivalent knowledge) is required to attend this course. Ken McCarthy will cover advanced rope systems, lining of rafts, swimming and throw bag practice in full current and waves, kayak rescue of swimmers, flipping of rafts, swimming with and righting of rafts, rescue of a pinned raft, and selected first aid situations. The course fee is \$35.00. Call leader Jim Brown for approval to attend the course at 359-0754. A \$60.00 deposit is required.

Sept. 14-16th  
Fri.-Sun.

DUCK CREEK BIKE RIDE (MOD). Details in August *Rambler*. Leader Bob Geer.

## FUTURE OUT OF TOWN ACTIVITIES

July ??-??

ARKANSAS INTERMEDIATE TO ADVANCED BOATING TRIP (Class II-IV). Randy Klein will lead this trip to the Arkansas River in Colorado. Date is uncertain at this time due to uncertain water levels. Call Randy at 485-3360 to participate or if you have any questions.

August 15-18

WIND RIVER EXPLORATORY BACKPACK. Leader Debby Mills. More info in future *Ramblers*.

Sept 1-3

BACKPACK IN THE UINTAS. Call Mike Hendrickson (942-1476) for details.

Sept 1-3

BACKPACK IN THE UINTAS. Henrys Fork to Kings Peak (the highest point in Utah). Leaders: Barbara Jacobsen and Leslie Woods. Call 943-3715 for details.

Sept 12-16

BACKPACK IN THE SELWAY BITTERROOTS. NOT canoe. Leader Mike Budig. Call 328-4512 for details.

## BOATING TRIPS PLANNED FOR THIS YEAR AT A GLANCE

| LAUNCH DATE | RIVER (Segment)  | CLASS | LEADER          | PHONE    |
|-------------|------------------|-------|-----------------|----------|
| July ?      | Arkansas         | II-IV | Randy Klein     | 485-3360 |
| July 11     | Hell's Canyon    | IV    | Patty Giffin    | 277-1168 |
| July 14     | Alpine Beginner  | II    | Jeff Barrell    | 278-3510 |
| July 16     | Main Salmon      | III   | Jeff Barrell    | 278-3510 |
| Aug 5       | Ladore Canyon    | III   | Donna Kramer    | 272-0418 |
| Aug 11      | Alpine Family    | II    | Nancy Inaba     | 968-9665 |
| Aug 11      | Westwater Canyon | III   | Liza Poole      | 547-9400 |
| Aug 19      | Westwater Canyon | III   | Larry Hardebeck | 467-7120 |
| Sept 2      | Westwater Canyon | III   | Craig Homer     | 968-1195 |
| Sept 8      | Westwater Canyon | III   | Jim Brown       | 359-0754 |
| Sept 15     | Westwater Canyon | III   | Craig Sturm     | 272-0828 |
| Sept 23     | Westwater Canyon | III   | LEADER NEEDED   |          |
| Sept 29     | Westwater Canyon | III   | Marlene Egger   | 277-2894 |

We need a leader for the trip listed as "Leader Needed". If you are both qualified and willing to lead it, or if you have any schedule changes or additions to make, call Carl Cook at 485-4586 as soon as you can.



## CONSERVATION NOTES

by Janet Friend  
Be a Friend of B.L.M.

It seems this "public land" that nobody wanted 40 years ago is now coming to the attention of everybody. All of us have the deed to this land, but it has only been used by miners, cattle grazers, and woodsmen through the years. Without us really noticing it, a lot of the land has been "used up." Erosion, mine refuse, logging scars, and over-grazing have all left traces of abuse. Wildlife has been destroyed and driven off many areas and watershed values ignored. So now maybe the landlord, us, should wake up and take an interest. The BLM agents have given in to the cattle and timber industry, probably because no one else seemed to care or object to some of these third world type operations, until now!

In the past few years the general public and outdoor clubs have worked with the National Forest Service and National Park people in

preserving lands, but the millions of acres of BLM public lands have gone without much interest. There is much to see and experience in the 270 million acres of federal land that is run by the BLM in this country.

The BLM is recognizing the public's increasing interest now, and will move toward conservation of wildlife resources. Both nongame as well as game animals will be considered, along with recreation. Try to visit some of the easily accessible areas this summer and bring your binoculars!


Incidentally, the WMC voted to endorse the "Wildlife Manifesto" which was written by a Salt Lake group this spring, and was in the last Rambler, printed in part. It advocates giving better care to our "living room."

## ENTERTAINMENT

by Marc Hutchison

We need volunteers to organize the annual Chamber Music Party. If you enjoyed this in the past and want to help do it this year, call me at 355-3227.

A member of the Club has suggested that we arrange carpooling for lodge activities. This sounds like a good idea to me, but I'd like to know what you think. We could have everyone interested in carpooling for a given activity meet at the parking lot at the mouth of Big Cottonwood Canyon, say, half an hour before the beginning of the activity. What do you think? Call me if you have any feedback.



**Windows**  
Charles Lesley  
364-2486  
**Washed**  
Commercial  
Residential

## FROM THE LODGE DIRECTORS

by Vince Desimone & Kathy Klein

### WORK PARTIES SCHEDULED JULY 28 AND AUGUST 4

Our "second home" needs continuous work to keep it in good condition, clean and presentable for use by members and guests. No special skills are needed in order to participate in Lodge work parties. There are always plenty of things to be done and you can work where you feel you have the most talent and interest. Work parties start at 10 A.M. and continue as long as participants wish. Lunch is provided for workers. Most tools are provided; however, if you have a special hammer, rake or other tool, then bring it along.

Work parties are really a lot of fun and are satisfying. It's easy to get to know Club members when working along side of them.

Some of the tasks to be done include: general cleanup, trash pick up, raking, cultivating the flower garden planted last year, weeding, window cleaning, painting, masonry. Other tasks for the summer include: finishing the room above the kitchen, railing construction along the stairs, construction of picnic benches and tables, roofing repairs, finishing sheetrock and painting the loft area, glazing broken windows, repairing beds and other tasks identified by Club members.

If you are interested in helping out with any of the projects please contact Vince Desimone at 1-649-6805.

If you wish to schedule use of the Lodge for private functions contact Kathy Klein 272-8059. The club makes the lodge available at cost to non-profit community groups if sponsored by a club member.

### New Members:

The Wasatch Mountain Club welcomes these new members. We wish you great fun, new friends and learning.

Betty Cook  
Jim Bungen  
Sarah Marsden  
Mike O'Dell  
Jim Danna  
J. Lade Heaton  
Dave Burt  
Debbie Keighton  
Steve Keighton  
Marcia W. Reese  
Holly Flanders  
John Harrington  
Wayne Paige  
Randy Scott  
Carl M. Decker  
Richard Stack  
Margaret Magee  
Cheryl Coultas  
John Gerlitz  
Michael Eisinbug  
David L. Harrison  
Joanne Williams  
Ricky M. Jones

Marlys Heimerl  
Kris Robinson  
Barton D. Kale  
Howard Saxion  
Darcy Saxion  
Scott Adkins  
Susan Adkins  
Richard H. Keller  
JoAnn O. Keller  
Betty McElroy  
Jeff Nichols  
Gabriel Woodruff  
Jonathan Byrd  
Launce Gouw  
Mark Ryan  
Mark Jones  
Ronald Thole  
Angela Hensley  
Sondra Fraser  
Carol Milliken  
Pat Fields  
Eleanor Goodall  
Bryce Nickisch

## THANKS TO EARTH DAY WORKERS!

Many thanks to those who ran the booth and helped out in other ways. They are:

Cynthia Anderson  
Pat Beard  
Keith Johnson  
Vicky Platt  
Greg Lahr  
John Riley  
Laura Schroder  
Duane Call  
Tony Ackerman

Karen Perkins  
Diane Little  
Louise Rausch  
Gene Woodridge  
Jeff Barrell  
Bill Baronowski  
Clark Partridge  
Jerry Hatch

## FROM THE

# BOATING DIRECTOR

by Jeff Barrell

Have you noticed lately that the boating shed resembles the bedroom of a six year old child? When returning gear at midnight after a long day, it is easy to overlook a disaster and put stuff wherever it fits. The next group however, will be searching days for the griddle or repair kit or whatever. If you don't know where it belongs, ask somebody who might know. If the item is broken, don't put it away or it will go out on the next trip. Label broken gear and leave it on or in the desk and make a note in the trip log.

As you can tell, the Club needs help maintaining and purchasing equipment. John Wendling has been helping me out in addition to coordinating rentals. Equipment is a big job and we can always use more help. For example, we need to retrofit the oar frame from the 13' Riken to the 14' Achilles and rig this new oar rig with dry boxes, coolers, floors, etc. This won't happen until this fall if there are no volunteers before then. The Club also needs new pots and pans, stoves, a rain fly, but I haven't had time. So instead of bad-mouthing Club equipment, you should be volunteering to set things up better.

There are willing helpers out there: I want to thank those who helped patch up the #5 raft last May. There is plenty of life left in those old Apaches, and we still use them on popular trips like Gray Canyon and Alpine, and also for rentals. Rafts can last a long time if taken care of. Most important is washing out sand between the tubes and the floor. This ritual is performed at the take out with people splashing the rafts and also each other. The real objective is to wash everything down to the bottom side first. Then to really remove the sand, you've got to tip the raft nearly upside down, then reach with your hand between the tube and the floor. Now, feel all that sand down there? That can really eat up a raft in just a few years if not removed right here. Run some water along the side and with

help from your hand, 90% of that sand can be washed out. It is best to dry the raft before folding it up, but don't let it set in the hot sun too long or the pressure in the tubes will reach an explosive point (yes, it can and has happened). Hint: release some air to drop the pressure.

Well, enough for this equipment tutorial and we will see you downstream.

## FROM THE KAYAKING COORDINATOR

by Marlene Egger

"How would you rate that rapid?" asked the one, innocently. "Oh, class II--it really wasn't very hard," said the other. "Why did you swerve in the middle?" continued the one. "Because there was a rock!" "If you had to swerve, it wasn't class II," concluded the first.

There is a tendency for experienced boaters to downgrade rapids. Big Falls on the Canyon the the Payette (S. Fork) is now commonly "acknowledged" to be class V, not VI, Skull on Westwater is rated IV, but it is popularly objected that the move itself is only II+.

The International Scale of River Difficulty can be found in most books on river running. Stohlquist (1982, Colorado Whitewater) cites it to distinguish class II, III and IV. In class II, "passages are clear and wide" although "some maneuvering is required." In class III, "there are numerous high, irregular waves, rocks, eddies, and rapids with passages that are clear (although they may be narrow and require expertise in maneuvering.)" In class IV, rapids are "long and powerful", waves are "irregular," there are commonly "dangerous" rocks and "boiling" eddies, and "passages are difficult."

Stohlquist also includes a very helpful scoring system with which 11 factors affecting the success and safety of a run are scored 0-3 or 0-6. These scores are summed and divided into 7-point intervals translating to the International Scale. This system was originally prepared circa 1957 by the Guidebook Committee of the American Whitewater Association. It appears to represent the upper bound of justifiable ratings of rapids, particularly because safety and rescue factors can raise a rating by a class and a half. Hence, it is a useful reference in assessing and discussing technical difficulty and safety issues with newcomers or novices.

As I implemented its criteria, here are scores of some familiar rapids. Nefertiti on Gray Canyon: 8(II-), Stone House on Gray Canyon: 12(II), Marble Canyon on Westwater: 18(III), SOB on recent Yampa trip: 20(III+), Funnel Falls on Westwater: 21(III+), Surprise on the Canyon of the Payette (S. Fork): 22(IV-), Skull on Westwater: 24(IV), (below) Bridal Veil Falls on the Provo: 25-27(IV), Staircase on the Payette (lower S. Fork): 27(IV). Temperature, water levels, and new strainers would change these scores somewhat. Try it: the exercise itself is as informative as the resulting score.

Hazards can change suddenly, especially on narrow rivers. WMC boaters recently scouted the lower Provo late on a Saturday, went back Monday morning, and found a new river-wide strainer, apparently beaver-cut. One afternoon, we came around a bend in the class II section to find active log removal in progress, with a chest-high rope across the river and no warning upstream. The rope wasn't there on the morning run.

It behooves the river runner to ask questions of people who are familiar with the river and its current status, not just rely on written ratings or an expert's summary "you can do it." And nothing beats a careful scout.

## FROM THE CANOEING COORDINATOR

by Randy Klein

A second work party was held on May 19th to repair ailing paddle rafts. After six and a half hours, portions of the V tape were cleaned and re-glued on Apache raft number 5. V tape protects the seam where the floor meets the tubes. It was apparent that the rafts are not always stored in a clean, dry fashion, and this is hard on the V tape and the raft material. Apache number 3 still needs similar repairs.

The following method works well when cleaning rafts, and will extend the life of the rafts. After the raft has been cleaned with bailing buckets full of water in the river, place it upside down on coolers, drop boxes, or other available gear. Crawl under the raft with a full 5 gallon bucket and a 1 gallon bucket. Splash water and use your fingers on the V tape area. You will remove additional sand from this area that was not removed down at the river. Allow the raft to dry fully before rolling it up. If it is raining, designate 2 or 3 people to return to the shed during the week on a sunny evening to finish the job. Care of Club gear is the responsibility of everyone.

Thanks to Paul Hill, Bob Sherer, and Jim Elder for their help. Additional thanks to Janet Embry for staying for the whole session. And mega-thanks to Dave Ulrich (member applicant) who not only stayed for the whole session, but who also supplied knowledge, equipment, and materials for making the repairs.

Note that there will be an advanced river rescue course taught September 8-9 at Westwater. Check the activities calendar for details, or call Jim Brown at 359-0754.



# TRIP · TALK

## PEAK TO PEAK SPRINT

June 2, 1990

by Tom Walsh

Why would anyone want to make a difficult hike like Broads Fork Twin Peaks any harder by throwing in a high altitude sprint on snow? The originator of this hike, Peter Hanson, would probably answer "Because it seemed like a good idea at the time." The three club members who did the hike this June could not articulate any better reasoned answers than Hanson's.

It seemed like fun to hike an 11.8 rated peak and then sprint about one quarter mile from the eastern peak, down the saddle, scramble over several rock outcroppings, then stagger up the final slope to the western summit. If fatigue from the hike itself plus the sprint weren't enough, the thin air at 11,330 feet made respiration a matter of desperate gasping.

Monte Young, Doug Blount and I met at 8:00 at Hillside Plaza, then squeezed into Monte's Colt for a lurching ride to the trailhead. (Ya gotta work on that carburetor Monte!) After some confusion about which trailhead was the right one, we set off on a smart pace. The Broads Fork meadow had just emerged from under the winter show cover so the brush was not yet leafed out.

Just a few yards from the picnic rock in the meadow the snow pack became solid. At this point we encountered ski tracks which were with us all the way to the headwall of the Broads Fork cirque. It was kick stepping all the way, swinging ice axes like walking sticks. Our steps were shallow on a surface of 2 or 3 inches of new snow from a storm the day before. Occasionally plunging knee deep into the snow provided a challenge for the leader setting the kick steps. As we got closer to the headwall post-holing deep into the snow on every step really got to be tiresome. We puffed like coal burning locomotives. On a rest stop to admire the near perfect turns of the some fanatical skier, we saw a lone hiker across the cirque. Chris accepted the invitation to join our group.

From the headwall along the sharp ridge which was partly snow covered, we moved deliberately toward the summit massif, testing each step and sounding the snow cover for depth and stability. Near the eastern summit a cliff band forced us to go down and around then back up through a couloir to get the final ridge run. What a great feeling it was to scramble over the last rocks realizing the summit was just steps away. At the top we immediately put on our hats and wind layers before settling down for lunch.

After lunch and relaxation we felt so lethargic we did not want to face the dreaded prospect of the sprint. But it had to be done - after all that was why we were there. Chris and I set out for the other summit, setting steps well leeward of the corniced snow. We tested each step to assure that it was safe. At the western summit we drew a line to mark the finish line where we planned to flop and gasp for air.

The "sprint" would actually be more like a rapid shuffle, because it would be done crouched low to the snow. Carrying ice axes for safety also would make it difficult to move very quickly.

Competitors for this year's sprint were Chris and Tom. On your mark, get set, GO! By the first third of the distance we were winded, but got a momentary break when we encountered some rock outcroppings to be scrambled over. It felt good to pause to catch a breath. Unfortunately pressure from the competition would not allow any lingering. We moved as fast as possible trying to skim over the set steps and avoid post-holing. The last upward slope to the western summit was torture. What a relief to flop on the finish line and concentrate on nothing but pumping air into sore lungs.

The best time for the sprint was 3 minutes 10 seconds followed closely by Chris at 3:12. The record time of 2:02 set by Peter Hanson remained secure for another year. You better not relax Peter, next year your record is going down!

Participants were Monte Young, Doug Blount, Tom Walsh and non-member Chris Flansburg.

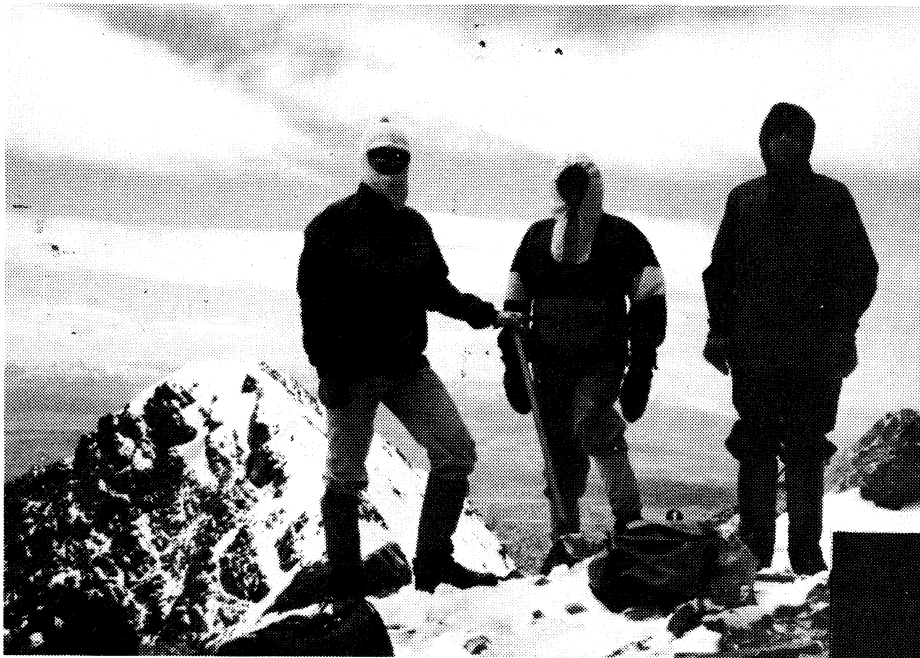


Photo by Chris Flansburg

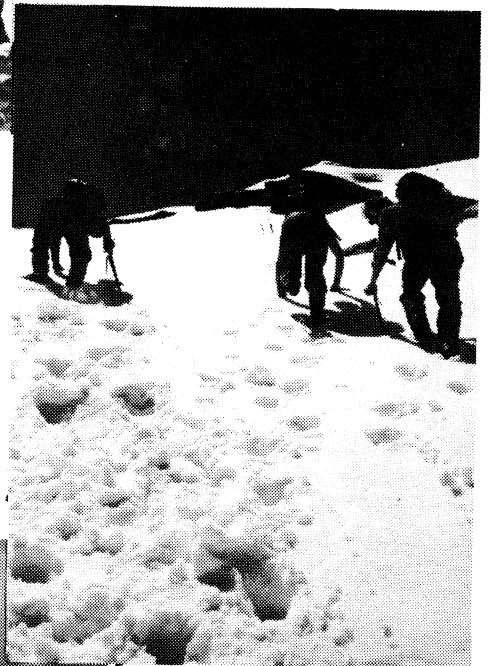


Photo by C. T. Walsh



Photo by C. T. Walsh



Photo by Leslie Woods

## **HANK'S ANNUAL MT RAYMOND VIA HIDDEN FALLS HIKE**

by Marc Hutchison

Hank Winawer says that this is his favorite hike and I can see why. Mt Raymond is east of Mt. Olympus and somewhat higher, so the view from the top is fabulous. There is more to a great hike than just a summit, and this one is no exception.

We began on the steep Butler Fork trail along a stream full of spring runoff and under trees dripping melting snow from a late spring storm. We reached the Desolation Trail and followed it into the great wooded amphitheater of the Mill A Basin. Leaving the Desolation, we took a branching trail to Baker Pass, a saddle on the ridge between Raymond and Gobbler's Knob, where we paused to look down the other side into Millcreek Canyon. We didn't stay long, though, because of the chilly wind coming over the pass, but turned west and started up the ridge to the Raymond summit. The first part of the ridge is mildly exposed scrambling but before long we came to an old snow cornice and made our way up along that.

On reaching the top, we stopped to enjoy the view, eat lunch and take some photos. Instead of retracing our steps, we continued west down a steep incline still covered with a thin layer of that late spring snow I mentioned before. This was slow going for several of us, but finally we all made it down and again stood on the Desolation Trail, but on the other side of the mountain from where we left it. We followed the Desolation to the Mill B North Fork Trail, which we followed down to Hidden Falls and the road. Along the way we saw wildlife (a grouse chick?), wandered through a grove of ancient pines, and stopped to admire the view by some spectacular cliffs. A fine hike indeed.

Wanderers included: Hank Winawer, Stan Fleming, Michael Eisenberg, Gudrun Anderson, Carolyn Clark, Norm Fish, Louise Rausch, Leslie Woods, Phyllis Robison, and Marc Hutchison.

## FOOL CREEK PEAK, CANYON RANGE

by Howard Wilkerson  
April 1, 1990

Fool Creek Peak, 9712 feet, is the highest peak (I think) in the Canyon Range east of Delta, Utah. The Canyon Range is linearly connected with the somewhat higher Pavant Range to the south. The principal motivation for doing the hike on the above mentioned date is of course we must do Fool Creek Peak on April Fool's Day.

Contrary to what was printed in the June Rambler "trip talk" column, Fool Creek Peak was the first hike of the season.

We met Sunday morning at the 45th South Denny's at 6:00 a.m., all the worse because of the time change to daylight savings time. Since it was April Fool's weekend, I of course had to mistakenly be there on Saturday also, thinking it was April 1. Charles almost had a 6:10 a.m. wake-up call, until I back calculated the date.

Parking in Oak Creek Canyon, we followed Charles at his wonderful relaxed pace up North Walker Canyon to the main ridge, with a trail all the way. On the ridge we were soon kicking steps in the excellent snowpack, following the ridge to the peak. The view, as anticipated, was outstanding -- we could see the ranges out to the west of Delta and into Nevada, the Wasatch Plateau, and the Tushars stood out nicely.



## JULY SKY CALENDAR

by Ben Everitt

### MOON

|               |          |        |
|---------------|----------|--------|
| Full Moon     | July 7   | Aug 6  |
| Last Quarter  | July 15  | Aug 13 |
| New Moon      | July 21* | Aug 20 |
| First Quarter | July 29  | Aug 28 |

\* eclipse

### MOONRISE

(times for 40 N, 112 W)

|          | MDT      |
|----------|----------|
| Saturday |          |
| July 7   | 9:00 PM  |
| July 14  | 12:15 AM |
| July 21  | 5:15 AM  |
| July 28  | 2:15 PM  |
| Aug 4    | 7:30 PM  |

Source: Astronomical Almanac for 1990

Note on moonrise times: Add an hour for each day later than the given date, and another hour if you are in the mountains.

**SOLAR ECLIPSE:** A strong solar eclipse is predicted for July 22 (the evening of July 21, Utah time.) This one is again strategically located so that any interested party may easily view it. The path of totality begins at sunrise in Helsinki, sweeps northwestward across Novaya Zemlya and along the north coast of Siberia, thence across the Bering Sea to the Pribiloff Islands, and ends at sunset in the Pacific Ocean 2000 miles from anywhere. It will apparently be visible as a partial eclipse at sunset in the Pacific Northwest or in the late afternoon in Alaska.

## RASH TRIP ON THE SALMON

June 4-9  
by Janet Embry

Mike Budig suggests an adequate trip report says "these people went and came back so it must have been a successful trip." If I stop there, however, you will never know that though we encountered tons of poison ivy, none of us reacted to it. River guide Mike did develop diaper rash from wearing his wet suit and Sue had similar symptoms on her feet.

You'll never know that the beach camp at Lantz Bar isn't nearly as nice as the rocky one. The rocky one is also closer to Chris and Floyd who offer coffee, cake and stories from their Forest Service perch in the middle of Frank Lantz's orchard.

You'll never know that we walked back to the beach camp to talk to the River Manager who was traveling with his summer permit checkers and training a new oarsperson.

You'll never know that the bathtub has been supplemented by a masonry hottub (look for the white pvc pipe against the rocks) and that camping at Barth Hot Springs is almost worth dragging the equipment up a very steep foot path.

You'll never know that tarps and paddles can be supplemented by solar blankets to make a lovely sauna (Barth is too hot to sit in) or that those who didn't furnish building materials had to supply massages.

You wouldn't know that a strong bowpaddler with an alert captain can save a paddleboat slipping into the hole at Big Mallard or that there is movie footage of Mike taking the oar rig sideways through the hole at the top of Elkhorn. You couldn't tell which rock was christened "Wild Rose" and/or "Martin" when the paddle boat slid over the top, slipped into the hole behind it and left Sue in the water. She says wearing that wetsuit and helmet all week was worth it for those few seconds when she really needed protection.

You wouldn't know that trip leader Joan stole all the watches to help those of us having trouble kicking into river time.

You wouldn't know that some of us got up before breakfast to follow day hike leader Ken who promised us big wild life and could not deliver either animal sightings or a party. Someone had had a party - we noticed a pile of relatively fresh bones on the way back, one we hadn't seen on the way out.

You wouldn't know that notwithstanding that lack, we did see a moose, mountain sheep, mink, golden eagles, maybe a bald eagle, an osprey flying off with a fish in its mouth (cursed by Ken who thinks all fish in all rivers belong primarily to fishermen even if they don't get their poles out all that often) and wild but domestic geese (at Buckskin Bill's), not to mention the rodents who consumed the tassel on Joan's hat and portions of Janet's socks before collapsing in the rinse water.

You wouldn't know that the paddle boat got fresh meat (Joan) just as we hit the rechristened "Dead Meat Rapids" (the maps insist on miscalling them Dried Meat) the last day. Or that Carol learned what she need not bring the next time.

You wouldn't know how important it may become to bring the shuttle agreement on the river or that Carol made a great save by chatting up people at Vinegar Creek which led us to our van at Spring Bar.

You wouldn't know that Steve walks on trails and over rocks as smoothly and calmly and steadily and seemingly effortlessly as he captains, drives and explains laws of simultaneity and the Goldilocks effect.

You wouldn't know how important it is to get up when you're called the day Ken cooks if you want breakfast or how nice it is to have him in camp because he's willing to do the extra work to make things comfortable.

You wouldn't have this advance notice that the hot spring pool on the Payette is still there and still quite wonderful.

You might not believe that Mike really can be quite a patient river guide or know that Joan is a delightful trip leader even if they were the "weak links" when we were trying to get moving out of Hot Springs Campground Sunday morning.

But then all you may really need to know is that Joan Hadly (Trip Leader), Mike Budig (River Guide), Carol Milliken, Steve Negler, Ken Workman, Janet Embry and Sue Martin left for the Main Salmon and all returned.

## GREY'S CANYON #1

by Kyle Williams  
May 5-6, 1990

Happy hour was into full swing at Swasey's Sandbar Lounge. The Grey's Canyon #1 group had caught Eric Rozendaal in the upside-down position of a "Dry Roll" (for 16 hours he never rolled back up but periodically a hand reached out of the sand for chips and beer so I guess he was OK. Hang in there, Eric!) and pressed the smooth hull of his Dancer into a buffet table, graced with guacamole dip, banana bread and the requisite spam. Melodies of lost and hoped-for love drifted from a guitar, across the sand and lodging in the cliffs above. Later released by the eroding winds, they would haunt future visitors forever. . .

Ah, life on the river! Under the bluest skies you've ever seen (no we weren't in Seattle), kayaks, oar rigs, canoes, paddle boats, and inflatable giraffes plied the awesome waves (class 0.5 at this water level) of the Green River. Channel 4 News was recording the event for posterity. (Aired May 16 if you happened to catch it.) We all were media stars, famous for about 4 seconds, except for Jim Elder, trip leader, who got star billing during his river safety discourse.

As this was a beginning trip, safety was focused on setting habits to carry us through a lifetime of river running. Of particular importance was the skill of pulling the paddle boat out of the river after the mutiny (Apparently for lack of bounty. That'll teach me to not bring enough beer next time.). We also practiced swimming rapids, throwing a rescue line and cooperating with a rescuing kayaker to get to shore. Handy to have around, those "river slime" types. Thanks!

The paddle boat crew also competed for the "most obnoxious" award, later presented to Jeff Nichols for outstanding performance of tasteless humor and personal attacks which offended all but the most hardened of us. Great job, Jeff!

Cinco de Mayo was celebrated in grand style with boat-size burritos and Jon Byrd wowing us with flamenco guitar licks. Bitchin, dude!

A special thanks to all the experienced boaters who came along to help us novices mature a bit. Like parenting, rest assured your advice was not in vain.

Fantastic trip. Good food, great friends, perfect weather. The only grey spot was Sunday as the van crew listened as Kevin Johnson of Phoenix downed the Jazz in the closing seconds of the playoffs. (Female lament: "Do we have to listen to that static again?"

Participants: Gabriel Woodruff, Launce Gouw, Keith Chan, Jon Byrd, Diane Deane, Eric Rozendaal, Steven Susswein, John Veranth, Jason Kato, Renee Trask, Betty McElroy, Ann Childs, John Childs, Jeff Nickels, Kyle Williams, Jim Elder, John Harrington, Holly Flanders, Wayne Paige (all three from Channel 4), Peggi Hathaway, Randy and Kathy Klein, Tim and Liza Poole, Janis Huber, Mike Dege, Marlene Egger, Larry Stewart.

## VOLUNTEERS WANTED FOR THE JORDAN RIVER TRAIL

by Milton Hollander

Several retiree members of the Wasatch Mountain Club have enjoyed assisting in working on the Jordan River Trail. An infusion of fresh younger blood is being sought (not literally) to help move this project along. Pruning loppers or saw and gloves, and a will to help are all that is required. Six selected Saturdays are scheduled from 9:00 A.M. to 1:00 P.M. during July thru October which will be listed in the *Rambler* schedule. For more information call Becky 533-4496 at the Jordan River State Park, and to RSVP prior to work date.



## YAMPA TRIP

by Marlene Egger

May 17-20, 1990

Against substantial odds, Ken Workman got a Yampa permit this year, for the third year out of the last four. He enlisted the assistance of John Childs as trip coordinator ("Who is the leader?" "You are!"). 18 adventurers signed up.

"The stats": The water was low, 2400 cfs, or 4.95 feet on the new river gauge downstream of the put-in. (1-1/2 feet on the old one.) The Green added about 800 cfs. During our trip, there were still Forest Service outhouses at the camps, but these are being closed this year. There were nine kayakers, nine rafter/rowers, and there were no endos.

We got to the put-in at 2:00 a.m. Thursday, in fine WMC tradition. En route, Phyllis Robinson regaled us with stories of her 1967 Yampa run with the club's old black Army surplus rafts, and the events which led to their being painted silver. Warm Springs rapid was formed by a flash flood in 1965. The water was higher in those good ol' days, our boating equipment was less tekkie, and a bowline broke as the raft with all the food and sleeping gear was being lined through the new rapid. Even though its black and water-filled shape was essentially invisible against the muddy waves, a J-rig rescued it downstream, and WMC members survived to boat another day and update the boating equipment.

The water was orders of magnitude lower on our 1990 trip, making the kayakers surf-hungry, although the water temperature contributed incentive not to tip over. After a 24 mile paddle to Harding Hole camp, Phyllis treated us to her pre-frozen chili on tortilla chips with sour cream, an easy meal for the tired kitchen crew.

Day two offered an 18 mile paddle to Box Elder 2 camp, which had an oozy shoreline in this low water. Warm Springs came at about sixteenth mile, after we were properly sedated by flat water. The kayakers executed a warm-

up roll at the top, glasses promptly smearing hopelessly by their first wetting in two days. Warm Springs required class III- to IV- moves, depending on who ran it. John set the pace by running it three times and playing in every hole. The rock forming the high-water hole was completely out of water, but a pourover upstream of it provided an intimate encounter to one of the oar rigs. This reporter was watching about ten supercarp in a pool at the bottom during this event, but can vouch for the glazed eyes of both participants and audience, some parties even kissing their sleeping bags before bed that night. To celebrate, Donna Kramer (who was NOT the rower with the rock fetish) organized a 4-course Chinese dinner.

Day three (Saturday) involved a mere nine mile jaunt to Jones Hole, and we stopped at an old Indian granary on the way. The bull snake story: Ann Childs was following John down the path from the granary, when suddenly all was not sand under John's foot. He stopped, but Ann didn't, and by the time the bull snake finished wrapping itself around his body, it took Ann, Larry, and Craig Sturm to pull it off, and we have a picture, too. (There is more bull to this story than the snake, but the readers will be spared.)

On Sunday, we encountered the best rapids of the lot. Moonshine was low to some and washed out to others. SOB was a genuine kayaker's III, maybe even III+, the thrill of the second year kayakers. The surf addicts were John, Larry, Jeff Barrell, Mark McKenzie and your reporter, with occasional forays by others. We did find the warm spring on river right between miles 202 and 203, and we squeezed all 18 adventurers into it.

The wildlife sightings included many geese, two bighorn sheep ewes and two lambs, peregrine falcons the morning after Harding Hole, blue herons, a sandhill crane, a golden marmot, several racers, garter snakes, and the (4 foot) bull snake, an otter, a muskrat, dippers, owls, a nest of phoebes? at the granary, a couple thousand trout at the fish hatchery above Jones Hole, a backpacking billy goat, homo sanctimonious (alias "Dick": he reportedly encouraged some of our members in



using the new switchback, not the old one, possibly with more enthusiasm than was strictly required), and the ubiquitous "7-year" cicadas, like popcorn overhead.

On the human side, this trip was graced by no less than 8 experienced or novice rowers: Bill Adams, Mike Budig, Emil Golias, Bob Grant, Donna Kramer, Phyllis Robinson, Maralyn Smith and Craig Sturm. Many of these also profited by Emil's lusty leadership of the paddle raft, because he had everyone rotate as captain: Bill (through Warm Springs), Tom Munn, Phyllis, Maralyn, Craig, and of course, Emil. Kayakers included Jeff, Donna and Brian Bastin, John, Ann, myself, Mark, Larry, and Ken. There were no flipped rafts, and a few inconsequential kayaker swims, and the kayakers were always attentive to the loading and unloading of the rafts.

We offer special thanks to Ken for being the permittee and designated "responsible person", John for enduring the financial and management headaches traditional for the coordinator, and Jeff for going back home to pick up the crucial two spare life jackets.



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### **MOUNTAIN BIKING? WE DO IT!!**

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### **KNOWLEDGE AND PRICES?**

FIND SOMEONE WHO RIDES OR RACES A MOUNTAIN BIKE AND ASK THEM ABOUT US.

### **PARTS AND ACCESSORIES?**

WE'VE GOT LOTS OF THEM. NOT JUST BREAD AND BUTTER SHIMANO, BUT TRICK STUFF LIKE COOK BROS., BULLSEYE, WTB, SALSA, EXOTIC WHEELS AND A WALL FULL OF KNOBBY TIRES.

### **REPAIRS? WE DO THEM RIGHT!!**

AND USUALLY OVERNIGHT. NEED A WHEEL BUILT TODAY OR A QUICK TUNE BEFORE A TRIP TO THE DESERT? GIVE US A CALL. WE DON'T HIRE SALESMEN, EVERYONE WHO WORKS HERE IS A MECHANIC. WE LOVE BIKES AND THE PEOPLE WHO RIDE THEM.

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# EVERYTHING YOU WANTED TO KNOW ABOUT GIARDIA LAMBLIA BUT WERE AFRAID TO ASK [AND MORE]

Submitted by Mike Roundy,  
whose son is in Med School

Geographic Distribution: World-wide.

Life Cycle: Trophozoite - cyst - trophozoite.  
Habitat: small intestine. Minimum infective  
dose for man: 10-25 cysts.

Disease (Giardiasis): Incubation period: 1-4  
weeks, average 9 days. Asymptomatic in  
approximately 50% of infected individuals.  
Usually mild to moderate diarrhea with  
spontaneous recovery in about 6 weeks. Also  
severe disease with malabsorption in gut and  
debilitation of host.

Symptoms During Acute Infection: Sudden  
onset of explosive, foul-smelling, watery  
diarrhea without blood or pus. Intestinal gas  
and abdominal cramps. Steatorrhea: greasy,  
frothy stools that float on toilet water.  
Anorexia and nausea sometimes accompanied  
by vomiting. Weight loss, generalized  
weakness, chills and low grade fever.

Diagnosis: Demonstration of Giardia lamblia  
in stool specimens. Duodenal aspiration often  
successful if Giardia not found in feces.  
Enterotest, string capsule. Biopsy of upper  
small intestine. Serologic test for antibodies in  
serum. Enzyme linked immunosorbent assay  
(ELISA) for Giardia antigen in feces.

Treatment: Quinacrine HCl, 100 mg tid after  
meals x 5 d (pediatric dose, 2 mg/kg tid after  
meals x 5 d for maximum 300 mg/d).  
Alternatives: metronidazole (Flagyl) or  
furazolidone.

Epidemiology: Modes of transmission: Fecal-  
oral route; person-to-person; waterborne;  
venereal transmission among gay population,  
"gay bowel syndrome", anal-oral route.

Reservoir hosts: Beaver and possibly other  
animals.

Prevalence: 1.5-20% in various US  
populations. 3-4 times higher in children than  
in adults. High prevalence in day care centers.

Risk factors: Poor hygiene, poor sanitation,  
crowding. Interference with gastric barrier to  
infection, e.g., gastric resection. Immuno-  
deficiency. Bacterial or fungal over-growth in  
small intestine. Institutionalization, particularly  
mentally retarded persons. Travel to endemic  
areas, e.g., Leningrad. Drinking inadequately  
treated surface water; from lakes, streams, or  
shallow wells, e.g. hiker's diarrhea.  
Homosexual practices.

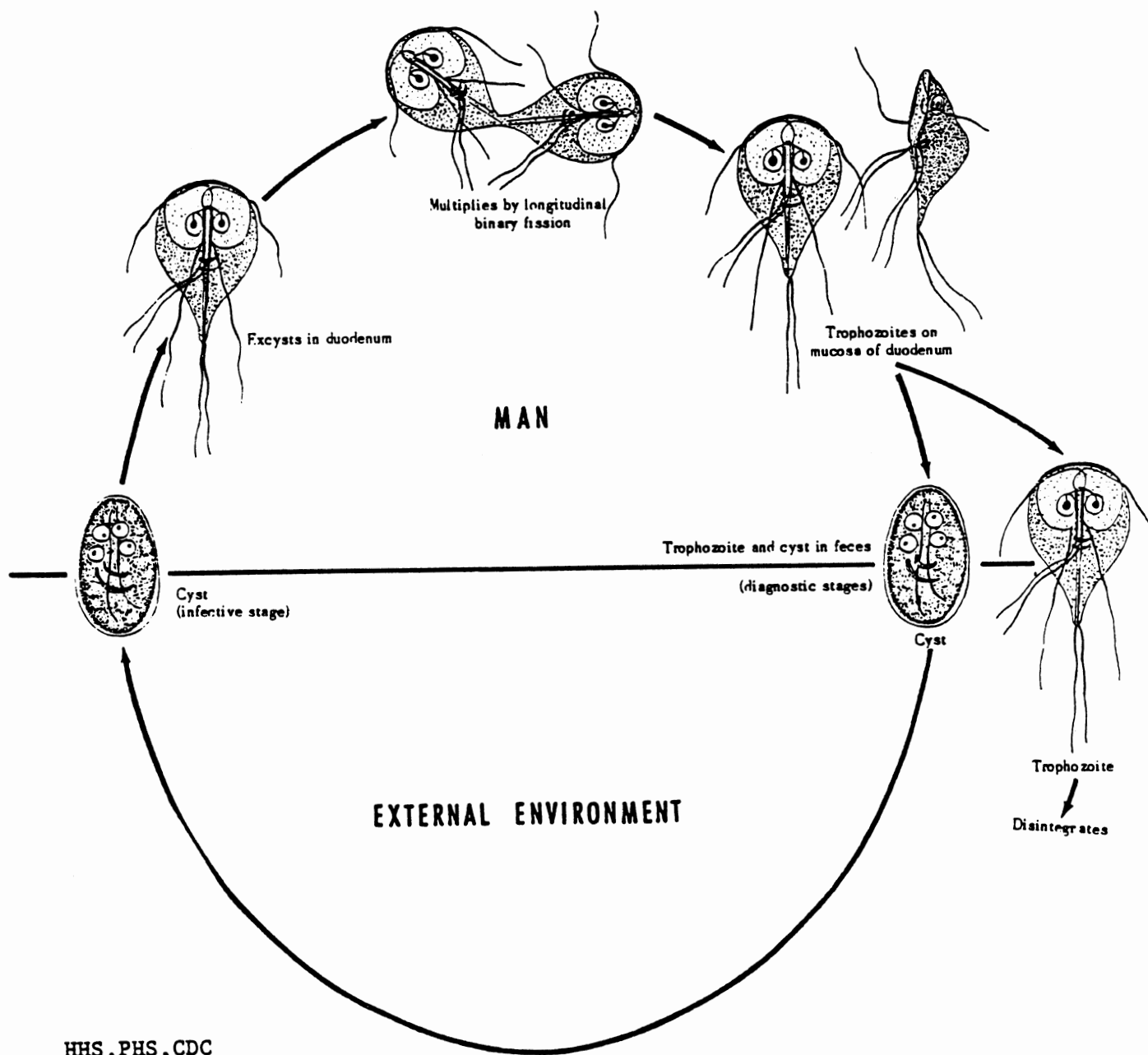
Waterborne epidemics: 53 outbreaks and  
20,000 cases in 26 states (1965-81).  
Contamination of community or other surface  
water supplies by cysts in human or animal  
feces (primarily beaver). Inadequate water  
treatment. Cysts viable and infective in water  
up to 16 days. Chlorination alone generally  
ineffective in killing Giardia cysts (requires  
more Cl<sub>2</sub> than necessary for coliform bacteria  
and longer contact time; dependent on  
temperature and pH of water). Cysts removed  
by filtration (requires scrupulous maintenance  
of filters). Both filtration and disinfection  
recommended. Emergency disinfection of  
water: No disinfectant currently available that  
is entirely satisfactory; halazone tablets  
probably best choice of disinfectant for now.  
Recent study at CDC indicated that water from  
hot water heater is probably safe to drink.

## PREVENTION AND CONTROL

1. Avoid uncooked vegetables and fruits that  
cannot be peeled. Drink only water that is  
free of Giardia cysts (see above).
2. When camping, use halazone tablets or boil  
your water but neither of these are totally  
reliable.
3. Don't drink mountain stream water.  
Besides Giardia, it's full of bacteria (animals  
are shitting in the upstream water!)

LIFE CYCLE of—

## Giardia lamblia



HHS, PHS, CDC

## WESTWATER CANYON

12-13 May 1990

by Janet Embry

Kathy looked around as we were ready to push off from lunch at Little D and said "it's so nice to see everyone prepared for the weather." We were all wet suited, all helmeted, all life jacketed, all ready. Randy had it almost right when he said "that was because the trip leader had badgered us into it." Actually I don't remember being badgered. He said it only once...but made it sound very much like a condition of joining the trip. Perhaps it was that same air of authority that convinced Chet he really did want to trust us with his practically new minivan.

Three oar rigs, a paddle boat, and four kayakers meant lots of cargo space on this trip...maybe even enough for real chairs instead of the torture straps Patti brought along as "nonchair." For a minute there it looked like we might be running with two empty oar rigs, a barge and a paddle boat. Gene got up and going quickly at the put in (maybe it was just the boom box reveille). Whatever it was, he had much of the gear loaded on his raft before the others were even inflated. This was Gene and Nancy's first trip with the Club, but not the last; Gene is scheduled to lead a trip and has volunteered to teach in the Alpine training course. Rich brought his rig along to warm up for Middle Fork at the end of the month.

There might have been some intent toward punishment in giving the paddle raft third position. But since we'd been tangling with the oar rigs all morning Tony convinced the river guide that we ought to run first...right after the kayakers (all of whom we promptly passed). So...there might have been a little problem following instructions. Later we were in Marble Canyon where Janet bounced up and over but not out. Then later there was Staircase Rapid where Chet bounced up but into the raft. Mike got his turn at Funnell Falls. When we were through he innocently asked "is there a lens for my glasses up there?" (There was!) Mike kept his seat through Skull Rapid after being regaled with tales of its horrors and the added dangers of the Room of

Doom (he seemed to prefer the old name - Dead Sheep Eddy). At a water level of 3,000 cfs, it didn't quite live up to his anticipation. It was a little more lively than it looked when we used Clamshell Rock to twirl us going through.

Tom had to roll twice in Skull. His guides (Patty and Kathy) accepted partial responsibility - it was his first run through and he seemed to lose his concentration when they screamed at him. Patty also got to blow her signal whistle - sort of (pretty puny, Patty) when a wave turned Larry's kayak into a javelin which speared Kathy just under the ribs. It slowed her for a while but she caught her breath enough to paddle the rest of the way to Big Horn Sheep campground. We made camp and battled gnats until the bats came to our rescue. Kathy wandered off to the PU and then yelled for a flashlight. She wanted to inspect the beaver she'd interrupted.

The Westwater winds kicked up early Sunday, giving us another chance to work vigorously...all the way to the take out. Kathy generously allowed Jim her kayak, which, when he'd finally stripped down enough to get in, he repaid by hanging back hoping she'd sort of let him keep it for the day. No such luck. She reclaimed it right after she'd had a chance to stick her nose into a swallow's nest. The raft moved right up under it, expertly placed by Chet in his first try at captaincy. Meanwhile Rich allowed Boatswain's Mate Dan to add an oar rig to his rating while Randy discovered it's the second day at the oars that breaks the back.

On a rare pause in surfing Patty shouted "I hope you all have taken the time to notice how beautiful it is here." Duly noted.

Participants: Tony Ackerman, Mike Bollenbacher, Jim Dana, Janet Embry, Dan Giffin, Patty Giffin, Gene Jarvis, Nancy Jarvis, Chet Kaslikowski, Kathy Klein, Tom Schild, Larry Stewart, Richard Stone, fearlessly led by Randy Klein.

## **PUBLIC HEARING ON BEAR-BAITING**

to be held in Vernal, August 15, 1990

by Lynette Brooks

The Utah Wildfile Manifesto group and the Utah Wilderness Association would like to see a large environmental turnout at the Utah Wildlife Board Bear, Cougar, and other Furbearers public hearing.

The emphasis of the arguments will not be to stop bear hunting in Utah, but will be against the practice of "bear baiting" - a practice in which donuts, raw meat, etc. are used to attract bears. The use of dogs in bear hunting will also be discouraged. The Utah Wildlife Board responds to public comments, and a large anti-baiting group may be able to stop the practice.

The hearing is August 15, 1990, in Vernal. Car pools or vans are being arranged, so let us know early if you can attend. If you would like more information about the hearing, or about hunting in Utah, please call Rhett or Lynette Brooks at 266-1708 after 6:00 P.M.

## **BOY SCOUTS MINIMUM IMPACT CAMPING PRESENTATIONS**

by Randy Klein

This Spring, Mountain Club volunteers and U.S. Forest Service staff jointly prepared and presented a series of presentations on minimum impact camping and backcountry skills to meetings of Boy Scout and Varsity Scout leaders. 14 of the 22 districts in the Great Salt Lake Council requested and received presentations and a 6 page handout addressing many aspects of backcountry activities. The presentations were very well received, and the program will hopefully continue on an annual basis, due to the high turnover rate of scouting leaders. Booths were manned for Scout-a-rama and the Earth Day Fair. Future events in which we will participate will be Jamborall, the University of Scouting, and training of the Camp Tracy Staff.

Thanks to the following Club volunteers: Ken Workman, Tom Walsh, Tony Ackerman, Beth Gardiner, Eric Rosendal, John Wendling, Brian Sanders, Dave Daurelle, Dauphne Randall, Liza Poole, Randy Long, Martin Gregory, and Aaron Jones. Also thanks are due to the hard work of Nancy Krebs and Kim Vogel of the Salt Lake Ranger District, Wasatch-Cache National Forest.

## **MEMO FROM THE UTAH WILDERNESS ASSOCIATION**

FROM: Margaret Pettis, editor, Utah Wilderness Association Review.

TO: Members of the WMC

I ask your help with an important venture we have initiated in the current issue of our Review: a Utah wildlife inventory conducted by the users/visitors of Utah's backcountry. We are asking our membership and yours to be on the alert this hiking season for several wildlife species whose occurrence is becoming more and more rare. With these sightings we can devise a better picture of what is, or at least is being seen, "out there."

We are gearing this data toward the August 15 meeting of the Utah Wildlife Board in Vernal, at which time new harvest levels will be set for Utah lions, bear, and furbearers. Population dynamics and estimated numbers of any given species are frequently vague. Given the limited DWR staff in the field, we feel Utahns can provide some invaluable data of our own.

Send your observations to the Utah Wilderness Association, 455 East 400 South #306, SLC UT 84111, before August 10 (then continue to add to the list thereafter) so we may serve as a clearinghouse for the reports. We already have some submissions! Thanks for working together on this exciting project that can only help Utah wildlife.

We'd sure appreciate your help!

## CLASSIFIED ADS

### AD POLICY

Members may place classified ads for used sports equipment free of charge. Other classified ads require a \$5.00 donation to the WMC for up to 20 words with \$.20 per word over 20. Words of 2 letters or less will not count as a word.

### NOTICE!

Send your ad (with a check enclosed if it is not a used sports equipment ad) before the 13th of the month to Sue DeVall, 11730 South 700 West, Sandy UT 84070 or call Sue at 572-3294 for information.

The Rambler cannot accept any ad that is inconsistent with the purposes of the WMC, or that offends the sensibilities of club members.

### PETS

ADORABLE SCOTTY TERRIER for adoption to the right person. 5 years old, neutered, male. Call Carol 484-6617.

### HOUSING

WANTED: 1 or 2 adults to share a big house on a 7 acre horse farm in Draper. \$360 for one, \$240 for 2. Share utilities. Pets welcome. Call Sue at 572-3294.

### RED CARPET TRAVEL

Let us help you with all your vacation and travel plans. Call Pam at 562-2032. Travel the Red Carpet Way.

### USED EQUIPMENT

BELL BIKING HELMET. Hard cover, medium size. \$20. Call Elizabeth 355-7810.

NORTH FACE 3 MAN TENT, 3 season. \$50. Call Pat 322-1507.

CLIMBING GEAR. Essentially a complete rack. Friends (cams), nuts, tricams, hexes, etc., pile padded gear sling. \$250/best offer. Tom 582-8652. Leave a message.

MAEMOT 2-1 LEADER ROPE SYSTEM. 8.5 mm \$100. Troll sit harness with chalk bag with locking beaner \$30. 1 size / #1 friend wire stoppers, rope racks, all sizes with rack harness. Call Jeff 966-7629 H or 488-4666 W.

MT BIKE. Ross 18" 1987. Suntour index shifting. Blue and white, excellent cond. \$150. Call Shepherd 466-9311 evenings.

2 HIGH QUALITY WOOD PADDLES. Laminated construction, T grip, inlaid tip, 54" & 62". Wide sugar island (square) tip 7 7/8". \$25 each. 272-7678.

RAFTS: 10' Avon, \$600. 2 person Avon \$250. Or make offer. 1-773-5601. Mary.

CAMP TRAILS ELITE INTERNAL FRAM PACK. Very adjustable, convenient pockets. 6500 cubic inches. Used twice. \$110 or best offer. Dana 582-3748.



## WASATCH MOUNTAIN CLUB

Membership applicants must participate in at least two Club outdoor or service activities, verified by the signatures of approval from the activity leaders. Yearly dues are \$25.00 single, \$35.00 couple. A \$5.00 initiation/reinstatement fee is charged.

### 1990-1991 GOVERNING BOARD

|                |                       |            |
|----------------|-----------------------|------------|
| President      | John Veranth          | 278-5826   |
| Secretary      | Jim Elder             | 943-3321   |
| Treasurer      | Cynthia Anderson      | 359-8823   |
| Membership     | Julie Ann Jones       | 278-4753   |
| Boating        | Jeff Barrell          | 278-3510   |
| Conservation   | Janet Friend          | 268-4102   |
|                | Keith Johnson         | 268-2453   |
| Entertainment  | Marc Hutchison        | 355-3227   |
| Hiking         | Jerry Hatch           | 467-7186   |
|                | Gene Wooldridge       | 973-8073   |
| Lodge          | Vince Desimone        | 1-649-6805 |
|                | Kathy Klein (Rentals) | 272-8059   |
| Mountaineering | Tony Thompson         | 363-9891   |
| Publications   | Pat Beard             | 596-8099   |
| Ski Touring    | Norm Fish             | 964-6155   |
| Information    | Barbara Jacobsen      | 943-3715   |
|                | Aaron Jones           | 467-3532   |
| COORDINATORS   |                       |            |
| Bicycling      | Rich Gregersen        | 467-6247   |
|                | Nance Randall         | 485-1483   |
| Canoeing       | Randy Klein           | 485-3360   |
| Kayaking       | Marlene Egger         | 277-2894   |
| Sailing        | Vince Desimone        | 1-649-6805 |
| Rafting        | Lidia DiLello         | 943-3321   |
|                | Jim Elder             | 943-3321   |
| Volleyball     | Doug Stewart          | 269-1833   |

### TRUSTEES

|                 |                  |
|-----------------|------------------|
| Karin Caldwell  | 942-6065         |
| Dale Green      | 277-6417         |
| Milt Hollander  | 277-1416         |
| Alexis Kelner   | 359-5387         |
| O'Dell Peterson | Trustee Emeritus |
| Dale Green      | Historian        |

# WASATCH MOUNTAIN CLUB

APPLICATION FOR NEW MEMBERS/REINSTATEMENT FOR PREVIOUS MEMBERS  
RAMBLER SUBSCRIPTION QUALIFICATION FORM

**DO NOT USE THIS FORM TO RENEW YOUR MEMBERSHIP**

Please read carefully and fill out completely. Your signature is required.

APPLICANT'S NAMES: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ DAY PHONE \_\_\_\_\_ BIRTH DATE \_\_\_\_\_

I hereby apply for ☐ NEW MEMBERSHIP ☐ STUDENT  
☐ SINGLE membership in the WMC  
☐ REINSTATEMENT ☐ COUPLE

I ☐ DO  
I ☐ DO NOT wish to receive the *Rambler* (the WMC publication). Subscription price  
is not deductible from the dues.

Enclosed is \$ \_\_\_\_\_ for one year's (Mar 1 19\_\_ to Feb 28 19\_\_) dues and application fee.  
\*\*\* Make checks payable to Wasatch Mountain Club (CHECKS ONLY) \*\*\*

Remit: \$20.00 for student membership (\$15.00 dues and \$5.00 application fee)  
\$30.00 for single membership (\$25.00 dues and \$5.00 application fee)  
\$40.00 for couple membership (\$35.00 dues and \$5.00 application fee)  
(NOTE: These rates include the \$12.00 for the *Rambler* subscription)

YOU MUST COMPLETE THE FOLLOWING FOR MEMBERSHIP CONSIDERATION  
THE ACTIVITY DATES MUST HAVE BEEN WITHIN ONE YEAR OF THIS APPLICATION  
qualifying activity \_\_\_\_\_ date \_\_\_\_\_ signature of recommending leader \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

I agree to abide by all the rules and regulations of the WMC. I am 18 years of age or older.

I am willing to serve the WMC in the following areas: (please check)

☐ Service Project ☐ Lodge work ☐ Conservation ☐ Rambler ☐ Thurs Night Hikes  
☐ Hike Leader ☐ Boat Leader ☐ Ski Leader ☐ Social Assist

I found out about the WMC from \_\_\_\_\_

APPLICANT'S SIGNATURE: \_\_\_\_\_

MAIL APPLICATION AND CHECK TO: MEMBERSHIP DIRECTOR  
WASATCH MOUNTAIN CLUB  
888 SOUTH 200 EAST, SUITE 111  
SALT LAKE CITY, UTAH, 84111

LEAVE BLANK

Receipt #: \_\_\_\_\_ Date Received: \_\_\_\_\_ Amount Recv'd: \_\_\_\_\_  
(or check #) (less application fee)  
Board Approval Date \_\_\_\_\_ (Rev 7/88 Pub 6/90)

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\_\_\_\_\_ COUPLE

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(or check #) (less application fee)  
Board Approval Date \_\_\_\_\_ (Rev 7/88 Pub 6/90)



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## Your Only Store When You're Heading For the Great Outdoors.



Here's a sampling of the Spring and Summer items that we have available for you:

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- The North Face
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- Patagonia
- Royal Robbins
- Columbia
- Gramicci
- Sierra Designs
- Big Dog
- Kokatat
- Marmot
- Moonstone

### FOOTWEAR

- Asolo
- Vasque
- Merrell
- Fabiano
- Hi-Tec
- Danner
- Technica
- Nike
- Pivetta
- Joseph Seibel
- Koflach
- Teva
- Birkenstock
- Timberland

### SUNGLASSES

- Ski Optics
- Vaurnet
- Style Eyes
- Jones
- Ziari

### PACKS

- Dana Design
- Kelty
- Lowe
- North Face
- Camp Trails
- Jansport
- M.E.I.

### TENTS

- Springbar®
- Eureka
- North Face/Windy Pass

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- Slumberjack
- Everest Elite
- Marmot
- North Face

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Manufacturers of quality products for the great outdoors.

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All made right at our factory/store, so we're able to pass along factory direct pricing to you.

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THE SALT LAKE COUNTY  
SHERIFF'S OFFICE AT:

**535-5855**

OR THE APPROPRIATE EMERGENCY  
AGENCY IN YOUR LOCATION.

WASATCH MOUNTAIN CLUB  
888 SOUTH 200 EAST, SUITE 111  
SALT LAKE CITY, UT 84111

**7/90**

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