The Rambler

October 2001

The Monthly Publication of the Wasatch Mountain Club

Mark your
Calenders!!
General Membership
Meeting
7:00 PM Wednesday,
October 17th

Featuring a slide show by Dr. Paul
Zuckerman highlighting his travels in the
Southwest. Join him on a tour of Chaco Canyon,
Canyon de Chelley, Havasupai, Grand Canyon and
more! Door Prizes and Refreshments
See page 8 for more details

Adopt-a-Highway Cleanup
Saturday October 20th
Don't let "our" highway be ugly!!!
See page 9 for details



Near tragic accident and the dramatic rescue!

See page 19

Volume 80, Number 10

City, UT 84105-2443

THE WASATCH MOUNTAIN CLUB **GOVERNING BOARD 2000-**2001PRESIDENT AND DIRECTORS

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www.wasatchmountainclub.org

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Historian, Mike Treshow, (582-0803) The right is reserved to edit all contri-butions and advertisements, and to reject those that may harm the sensi-bilities of WMC members or defame the WMC.

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COMMERCIAL ADVERTISING: The Rambler encourages and supports your products and services through pre-paid, commercial advertisements.

Advertisements must be camera ready and turned into the advertising coordinator no later than the 10th of the month prior to publication.

Prepayment is necessary for single month advertisements and invoicing and net 30 for repeat advertisements.

Full Page: \$95/month Half Page: \$50/month Quarter Page: \$30/month Business Card: \$15/month

Contact Jaelene Myrup (583-1678) for information or to place an ad.

Getting on WMC club email lists.

Send an email to:

majordomo@haas.dsl.xmission.com with the text (not in the header section):

Subscribe wmc-bike (for the bike list)Subscribe wmc-hike (for the hike list)Subscribe wmcclimb (for the climbing list)Subscribe wmc-ski (for the skiing/snowshoeing list)

Boating List: Contact Bart Bartholoma at bartbartholoma@netscape.net

WMC Purpose: (Article II of the WMC Constitution)

The purpose shall be to promote the physical and spiritual well being of its members and others by outdoor activities; to unite the energy, interests, and knowledge of students, explorers, and lovers of the mountains, deserts, and rivers of Utah; to collect and disseminate information regarding the Rocky Mountains in behalf of science, literature and art; to explore and picture the scenic wonders of this and surrounding states; and to foster awareness of our natural areas including their plant, animal, and bird life.

Moving? Please call the WMC office or send your new address to the Membership Director. Allow 45 days for address changes.

Missing your Rambler? Contact the Membership Director to make sure the WMC has your correct address. Replacement copies are available, while they last, at the WMC office during office hours.

How to submit trip talks:

- 1. Email them to: wmc@xmission.com <mailto:wmc@xmission.com>. You can email your pictures too!
- 2. Submit the trip talk, on a 3.5" disk, to the club office (1390 South 1100 East in Salt Lake City). Use Microsoft Word and Arial, 10 point for all submissions. Label the diskette with your name and identify which file(s) are submissions. Enclose a hard copy in case your diskette cannot be read. The deadline is 6:00 p.m. on the 10th of the month.

How to submit pictures: The same way you submit trip talks. Photos of all kinds are accepted. Make sure each photo is labeled with the photographer, date, and names of people. Unless a S.A.S.E. is provided, photographs will be left in the red bucket outside the WMC office door.

How to submit to the Marketplace:

- 1. Email ads to: wmc@xmission.com use the subject line "marketplace".
- 2. Submit an ad, on a floppy disk, to the club office (1390 South 1100 East in Salt Lake City).

When are ads due? The 10th of each month.

How much do I pay for the ad? Advertising rates are \$5.00 for up to 20 words and \$0.20 for each additional word per month. Please specify the number of months you want to run the ad.

Is there a charge for members? Prepayment must accompany your submission. There is no charge for WMC members placing ads for used, recreational gear or for private and non-commercial and not-for-profit activities.



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WMC member references: Bill Habel, Tina Martin, Cindy McCormick BIG QUALITY in much smaller sizes!

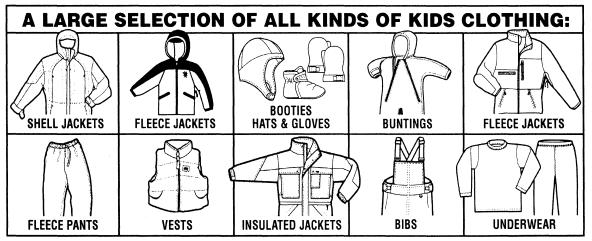
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WASATCH MOUNTAIN CLUB ACTIVITIES

What activities can be listed in The Rambler? Only activities approved by the appropriate WMC director. Direct submissions to the Editor are NOT accepted.

How do I submit my activity to the club?

Send your proposed activity for approval to the appropriate director for inclusion in their activity schedule. Activities sent directly to the Rambler are not accepted.

What are some of the rules and regulations?

- 1. **Dogs and children** are not allowed on WMC activities, except when specifically stated in the activity description.
- 2. **Car pool rates:** Gas plus \$0.15/mile, shared by everyone in the vehicle (including the driver) on 2WD roads, OR gas plus \$0.25/mile on 4WD roads.

Notice to Non-Members: Prospective members must attend, and have trip organizers sign, two qualifying activities (not including socials) prior to submission of an application for membership. Most WMC activities are open to prospective members as one of the two qualifying activities for membership, except when specifically stated in the activity description. Weekend outings count as both qualifying activities.

***Participation in any WMC activity can be dangerous. It is your responsibility to evaluate your own preparedness and ability to safely participate in any activity.

Rating Difficulty Range:

0.1-4.0 ' Not Too Difficult (NTD)' lightly strenuous

4.1-8.0 ' Moderate (MOD)' Moderate to very strenuous

8.1-11.0 'Most Difficult (MSD) 'Very strenuous, difficult

11.1+ 'Extreme (EXT) 'Very strong, well-seasoned hikers.

Other Factors:

B 'Boulder fields or extensive bushwhacking

E ' Elevation change in excess of 5,000 feet

M 'Round trip mileage in excess of 15 mi.

R 'Ridgeline hiking or extensive route finding

S 'Scrambling

X 'Exposure

W' Wilderness area, limit 14

WHAT ARE 10Es?

The 10 Essentials are:

Map/compass, flashlight, pocketknife, matches/ firestarter, sunscreen/bugspray, sunglasses, candle, first aid kit ,extra clothes, food and water.

OCT 5 - 6 FRI - SAT FAMILY CARCAMP: SAN RAFAEL SWELL (NTD-MOD). Randy Long (943-0244) plans a partially exploratory carcamp to the north part of the San Rafael Swell this weekend. You'll camp at the San Rafael campground Friday night. On Saturday, you'll hike up either Calf or Pine Canyon. The area is spectacular and the hiking should be easy. Randy must return to Salt Lake Saturday night, ending the club activity, but

everyone else is welcome to stay longer on their own. Bring your children and preparations for remote area camping. Call Randy to register.

OCT 6 SAT DAY HIKE: RED PINE LAKE (MOD). Tom Silberstorf (255-2784) will meet you at the Little Cottonwood Canyon Park & Ride at 9:00 am for a hike on a gorgeous trail to Red Pine Lake.

OCT 6 SAT DAY HIKE: TWIN LAKES PASS FROM GRIZZLY GULCH (NTD). Bob Reed (313-1946) will meet you at the Little Cottonwood Canyon Park & Ride at 9:30 am for a hike to Twin Lake Pass from the Alta side.

OCT 6 SAT DAY HIKE: CHIPMAN PEAK VIA LAKE HARDY (MSD). Cassie Badowsky (278-5153) plans a moderate-paced hike to Chipman Peak today. She says really strong (fast) hikers will not enjoy the pace. Group size is limited to 10. Call Cassie to register.

OCT 6 SAT DAY HIKE: LONE PEAK (MSD 14.4). Meet Jan Uhlir (355-0480) at 7:00 AM at the Big Cottonwood Park & Ride for a genuine MSD today with an elevation gain of 5643 feet over a five mile uphill route. Jan will probably take you up the Jacobs ladder route which starts at Corner Canyon, and could require ten to twelve hours to complete, thus the early start. Lone Peak is visible from North Salt Lake to Provo, and is the centerpiece of the Lone Peak Wilderness Area. Bring the 10 essentials and make sure your flashlight has fresh batteries in case you return part way in the dark. You might even need snowshoes and an ice axe, but probably not.

OCT 7 SUN AFTERNOON HIKE: BIG MOUNTAIN (NTD). Meet Dee Husebye (467-2449) at 12:00 noon at the Parley's Way Kmart parking lot to carpool to the trailhead at Big Mountain Pass. Dee plans to hike south on the trail from the pass. She says it is gorgeous, plus there should still be lingering fall color to enjoy.

OCT 7 SUN AFTERNOON HIKE: ORGANIZER'S CHOICE (NTD). Dave Purdy (467-4888 ext 213 M-F 8-5 or 518-5180; the latter number might change, however) has a late afternoon organizer's choice hike planned for today. Call him to register.

OCT 7 SUN DAY HIKE: BASE OF TRIANGLE PEAK (MSD). Starting in Neffs Canyon on a trail and continuing on an off-trail ridge run to the base of Triangle Peak near the head of Norths Fork. Returning along the same ridge, we will avoid the superb bush whacking route that we enjoyed last year. A steep, challenging, long, but rewarding hike to unfrequented locale with spectacular vistas. Vertical: 3,400 ft, length: approx.. 6 miles, half of which is off-trail. Call leaders Allen & Ilka Olsen with questions at 272-6305. Meet @ Skyline High @ 8:30 am.

OCT 7 SUN DAY HIKE: SANTAQUIN PEAK (M0D). All you folks looking for something different: this is it. Santaquin is the rocky top of Loafer Mountain, which lies between Spanish Fork Cyn and the Nebo Loop. Not many people up there, and we haven't done an official hike to it in 3-4 yrs. So this is a rare opportunity. Meet at the Park & Ride at 7200 S at 8:30 a.m., or the Park & Ride at Orem Center St. (exit 274) at 9:00ish. Pete Mimmack (801-377-2330).

OCT 13 SAT DAY HIKE: CLAYTON PEAK (MOD 4.7). Janet Friend (268-4102) will meet you at the Big Cottonwood Park & Ride at 9:00 am for a pleasant trek to Clayton Peak today.

OCT 13 –14 SAT THRU SUN: 8th ANNUAL BRUNEAU DUNES SKI TRIP (NTD-MOD+) The traditional start to the ski season! The sand dunes are about 450 feet at a 35 degree angle. You don't need climbing skins and almost any wide rock skis will work. Fancy bindings with many parts are not advised. The sand does not damage P-tex bases. The park, which is about a 4 hour drive west on I-84 (exit 112), has solar heated showers, a major regional astronomical observatory, lush grassy camping grounds; shade trees, and built-in fire-pits & shelters. You must bring money for the campground fee, car camping gear, food & beverages, and a potluck dish for the Saturday night party. Bring skis, poles, gaiters to repel boot grit, plus an Arabic looking costume. You should also give some thought to an Arabic sounding moniker. Call organizer Edgar Webster (583-9398) to discuss sand skiing equipment,

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and carpooling.

OCT 13 - 15 SAT - MON
BACKPACK: Canyonlands, Needles
District (NTD-MOD). Robert Turner
(turner@mill.econ.utah.edu or 5398147) plans to drive down Friday
evening, carcamp that night, then
backpack in Saturday morning to a to a
backcountry campsite in Lost Canyon.
We'll probably move to a site in
Elephant Canyon on Sunday. A variety
of day hikes will be possible from both
sites. We'll pack out and drive home on
Monday. Group size is limited to 7
participants. Call Robert to register.

OCT 13 SAT DAY HIKE: SHOW AND GO (NTD). Note: Show and Go hikes are for WMC members only. Meet companion hikers at 9:30 am at Skyline High for an easy Show and Go hike today. Decide where you want to go, then carpool to the trailhead.

OCT 13 SAT DAY HIKE: DESOLATION LAKE PEAK VIA BEARTRAP (MSD) Meet Mohamed Abdallah (466-9310) at the Big Cotton Wood Canyon Parking Lot at 9:00 AM. You'll hike to Desolation Lake Peak starting at Beartrap Fork and coming down Mill D. This will require a car shuttle. Bring the 10 essentials.

OCT 13 SAT DAY HIKE: BRIGHTON TO SUNSET PEAK SHOW AND GO (MOD 4.5). Note: Show and Go hikes are for WMC members only. John Styrnol won't be able to lead this hike today as originally planned, but if you still want to go, meet fellow hikers at the Big Cottonwood Canyon Park & Ride at 9:00 am. You'll hike to Sunset Peak via Lake Mary, Lake Martha, and Lake Catherine. Or you could just join Janet Friend on her hike: same meeting time and place, different destination.

OCT 13 SAT DAY HIKE: DROMEDARY PEAK (MSD 13.9). Meet Jan Uhlir (355-0480) at 7:45 am at the Big Cottonwood Canyon Park & Ride for today's hike to Dromedary Peak (11,107 feet) from Broads Fork. Elevation gain is 4800 feet. Plan on about 9-10 hours of hiking. Bring all the essentials, including a flashlight with fresh batteries. In case of early snow, you might need snowshoes and an ice axe; most likely you won't, though.

OCT 13 - 15 SAT - MON BACKPACK: SOUTHERN UTAH ORGANIZER'S CHOICE

(MOD). Ben Everitt (272-7764) is planning a backpacking trip somewhere in Southern Utah. To find out what he has in mind and to register, give Ben a call.

OCT 14 SUN DAY HIKE: LONE PEAK (MSD

14.4). Jan Uhlir (355-0480) repeats his October 6 Lone Peak hike. Meet him at 7:00 AM at the Big Cottonwood Park & Ride. Plan on a hike of 10-12 hours and 5600+ feet of elevation gain over a five mile route. Bring the 10 essentials and make sure your flashlight has fresh batteries in case you return part way in the dark. If we get early snow,

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Copper Canyon Trek, Jan. 31-Feb. 8, \$1375 Belize Sea Kayak, Feb. 22-March 2, \$1675 Whale Watch Baja, Jan. 21-26, \$1225 Baja Sea Kayak, Jan. 13-19, \$1175

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you might need snowshoes and an ice axe; most likely you won't, though.

OCT 14 SUN DAY HIKE: ORGANIZER'S CHOICE (MOD). Meet Leslie Woods (266-3317) at the Big Cottonwood Canyon Park & Ride at 9:00 am for an invigorating fall hike of her choice. Be prepared with the standard essentials.

OCT 14 SUN DAY HIKE: SALT LAKE OVERLOOK LOOP (NTD/MOD). Mary Fox (581-1566) plans to do an old favorite with a new twist (loop, actually). Instead of taking the standard trail to the right, she's going up the Deso Trail towards Thaynes Peak for a mile of steep climbing then over to the Overlook and back down the usual way. This new route probably adds more than a mile of strenuous hiking. Some could do the usual NTD route if they prefer and sign out at the car while the others do the loop. After the hike, Mary plans on coffee/tea and bagels, for those so inclined, at Eienstein's in Olympus Cove. Meet Mary at 9:00 am at Skyline High.

OCT 14 SUN AFTERNOON HIKE: DOG LAKE (NTD). Meet Brenda Leatham (583-3414) at 1:00 pm at Skyline High for a hike to Dog Lake. Dogs are not only invited, they are encouraged to come; otherwise, the dog Brenda is borrowing to bring will probably be sad and lonely.

OCT 17 WEDNESDAY 7:00 General membership Meeting and Slideshow. Zion Lutheran Church, (1070 Foothill Blvd) Please come to this important and fun evening. Club business will be discussed (now don't run off, it's not that bad!) including a discussion of whether to increase club dues to recover from the higher costs of completing the lodge water project. And, we will feature a slide show by WMC member Paul Zuckerman

highlighting his travels in the Southwest. Tour with Paul to the great canyons of the Ansazi: Chaco Canyon, Canyon de Chelly, Three Turkey Canyon, Grand Canyon, Badolier Canyon, as well as Havasupai, Monument Valley, and Bryce. Discussion of maps, routes, trails and what to eat on the way there. We will offer refreshments, door prizes, window prizes, and secret trap door prizes (you must be present to win, winner must take possession from dealer stock, no purchase necessary, void where prohibited)

OCT 19 -21 FRI-MON MTN BIKE AND HIKING TRIP: CANYONLAND NEEDLES DIST. (NTD+/MOD) NOTICE: THIS TRIP IS FULL. THERE IS A WAITING LIST. Join Debi "Bomber" Bouchard (568-6514 or dbouchard@networld.com) & Larry "O-man" Ovaitt (562-5081 or pterpan@qwest.net) for the 2nd annual biking & hiking trip to the Needles District of Canyonlands. We have reserved a large group campsite (15 people/3 cars) at Split Top, near several spectacular hiking and biking trails. The game plan is to head down Friday after work, set up camp, and play around the campground. We'll mountain bike a 17-mile loop that starts at Elephant Hill on Saturday, and hike or bike (your choice) on Sunday. The campsite has potable water (i.e. drinkable), vault toilets, and fee showers nearby. Everyone shares cost of campsite and driving expenses, bring your own food. Bring all essential gear, for a safe backcountry biking/hiking/camping trip (rescue is a long way off). This trip counts as two qualifying activities for new members. Call or e-mail Debi or Larry to register for this exciting trip.

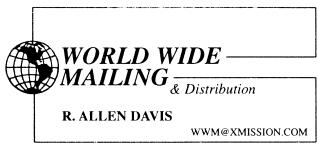
VERY IMPORTANT!!!!! DON"T MISS
THISSSSSSSS!!!! We want "our" highway to look
nice!!

October 20 Sat ADOPT-A-HIGHWAY CLEANUP Organizer: Randy Long 943-0244

Meet: Big Cottonwood Park and Ride at 10:00 AM

A fun, easy service project. Work gloves are required and bring your children to help (over 12 please). We will pick up litter along Wasatch Blvd. Late comers must get orange vest from organizer before starting.

OCT 20 SAT DAY HIKE: PFEIFFERHORN (MSD 9.8). Meet Jan Uhlir (355-0480) at 8:30 AM at Little Cottonwood Park & Ride for a hike to the Pfeifferhorn via Red Pine. The Pfeifferhorn (11,326 feet) offers fantastic summit views, alpine terrain and some exposed scrambling. It is the classic triangular shaped peak on the divide between Maybird Gulch, Hogum Fork and Dry Creek. It is 4½ miles and 3700 feet in elevation gain from trailhead to summit. Plan on eight hours or so. Bring all the standard essentials. You might even need snowshoes and an ice axe if we get a lot of early snow.



2575 South 2700 West, West Valley City, Utah 84119 Bus.(801) 973-4057 Fax (801) 973-4073 OCT 20 SAT DAY HIKE: Carl Bauer-Wick Miller Memorial Hike to NOTCH PEAK (MOD). Jerry Hatch (583-8047) will meet you at 6:30 am at the 123rd So Park & Ride. The early start is necessary, because driving to the House Range and this hike up one of the most spectacular mountains in the West will take most of the day. Jerry plans to stop in Delta on the return home for a convivial meal, and some well-earned rest.

OCT 20 /21 SAT-SUN Service Fun Trip to The Southern San Rafael Reef. This time if the year on the desert is too nice to miss. Plan on working with the Price River BLM office on Saturday helping to keep our Utah desert so that our WMC members can always enjoy it. We will work on projects in the Southern San Rafael Reef. On Sunday we will explore slot canyons or go up on the reef depending on conditions. Call Will McCarvill 942-2921 for details.

OCT 20 SAT DAY HIKE: SHOW AND GO (NTD/MOD). Note: Show and Go hikes are for WMC members only. So, you'd rather go hiking than deer hunting today? Meet like-minded companion hikers at 9:00 am the Big Cottonwood Park & Ride, then decide if you want to split into NTD and MOD groups and where you want to go.

OCT 20 SAT FAMILY DAY HIKE RESCHEDULED TO SAT OCTOBER 27. Note that Randy Long's City Creek Twins hike, originally scheduled in the September Rambler for October 20, has been rescheduled to Saturday, October 27 due to a conflict with the October 20 Adopt-a-Highway cleanup.

OCT 20 SAT BOATING: END SEASON WORK PARTY (I) ALL BOATERS: It's time to DO YOUR SHARE and help winterize the equipment and clean up the boat shed. These are the club assets which allow you to enjoy the boating activity throughout the boating season. Please attend this very important event that keeps our equipment ready for next years river enjoyment. Meet at 9:00 AM at the boating shed (300 W off of 3900 S, just North of Zim's, shed #8) If the weather is at all questionable the morning of the work party, check with Bret. Often the date has to be rescheduled because of rain. (Boating End of Year Party is this evening at the lodge. See "End of Year Party" below. Bret Mathews 801-273-0315 bmathews@enterasys.com

OCT 20 SAT END SEASON LODGE PARTY (VIII) All past, current and future WMC boaters and their families are cordially invited to our traditional end-of-the-season festivities, scheduled for 6:30 p.m. at the WMC Lodge. We will commence the evening's events with a potluck, please bring a dish for 5-7 to share and your own beverages. In the interest of not adding any additional trash to our already full landfills, PLEASE BRING YOUR OWN PLATE, BOWL, AND UTENSILS. Yes, it is OK to make a bit of extra effort and do our part to be environmentally correct! Once we have finished dining, have given out any "recognition" awards, and have sufficiently socialized, there will be dancing for the balance of the evening. If you have not boated with us in the past, please join us - we're a friendly and fun group of people!. Lori Major 801-424-2338 arivergoddess@yahoo.com Zig Sondelski 801-292-8332 zgsonde@ppco.com

OCT 21 SUN AFTERNOON HIKE: SHOW AND GO (NTD). Note: Show and Go hikes are for WMC members only. This one is for the late risers in the club or those who are busy with others things on Sunday mornings. Meet at 1:00 pm at Skyline High and choose where you want to hike.

OCT 21 SUN DAY HIKE: PILOT PEAK (MSD). Carol Masheter (466-5729) plans to do Pilot Peak today, subject to sufficient high clearance 4WD vehicles and reasonably decent weather. The hike is all off trail and has a lot of loose rock. People with knee, ankle, or other joint problems are advised NOT to do this hike. The actual hike takes 8 to 10 hours. The drive to the start of the hike takes about 3 hours, plus the return drive, so we're talking about a long day. If folks want to, Carol can add a trip to the Silver Swan Buffet in Wendover. Call Carol to register. Bring all the essentials.

OCT 21 SUN DAY HIKE: SHOW AND GO (NTD/MOD). Note: Show and Go hikes are for WMC members only. How about a nice hike with friends today? Meet at 9:30 am at Skyline High, divide into NTD and MOD groups if you wish, and decide where you want to hike.

OCT 26 -28 FRI-SUN CLIMBING: INDIAN CREEK: We will be tackling the world's premiere crack climbing area. With classics like Super Crack of the Desert, Incredible Hand Crack, and Bunny Slope there will be plenty of climbs for you to try. With all those splitter cracks to try you better practice up on you hand jamming technique and your hand taping technique. We will be leaving SLC after work on Thursday due to the 5.5 hr. drive to get there. Call Curtis Turner (304-0661) or Email (cturner99@earthlink.net) for information and registration. HELMETS ARE RECOMMENDED. Rating: 5.9 and up with very few 5.9s.





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OCT 27 SAT DAY HIKE: FRARY PEAK

(MOD). Dale Woodward (435-615-8479) will meet you at 9:00 am at Skyline High for carpooling to the trailhead on Antelope Island. Call Dale if you have questions.

OCT 27 SAT MOONLIGHT HIKE: ORGANIZER'S CHOICE (NTD-MOD). Zig

Sondelski will meet you at Butler Elementary at 7:00 pm for an October moonlight hike. Bring the essentials, including a flashlight.

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OCT 27 SAT FAMILY DAY HIKE: CITY CREEK TWIN PEAKS (NTD). Randy Long (943-

0244) will take you to the City Creek Twin Peaks today via the Bonneville Shoreline trail. Meet at the This Is the Place State Park Amphitheater parking lot at 10:00 am. Bring your children, food, water and rain gear. This is an easy 2 mile hike.

OCT 27 SAT DAY HIKE: BEARTRAP FORK TURTLE HIKE (NTD). Join Janet Friend (268-4102) for a leisurely paced turtle hike up Beartrap fork. Hares are welcome, too, to lead the way and count eagles. Meet Janet at the Big Cottonwood Park & Ride at 9:00 am.

OCT 27 SAT DAY HIKE: Box Elder Peak (MSD 10+). Jan Uhlir (355-0480) will take you to Box Elder peak in the north fork of American Fork canyon today. Meet him at 7:15 a.m. at the Big Cottonwood Park & Ride to car pool for the ride to the trailhead. Box Elder Peak is situated between Lone Peak and Timpanogos; the summit view is magnificent. One way mileage is about 3½ miles. Be prepared to scramble part of the way up a scree covered ridge. The elevation gain is about 4000 feet. Call Jan for further information. Bring all the essentials, including a flashlight with fresh batteries. You might need snowshoes and an ice axe if there is a lot of early season snow.

OCT 27 SAT HALLOWEEN PARTY

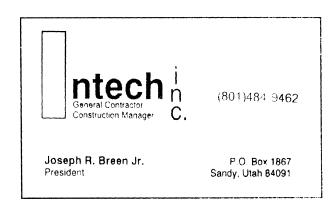
COME DRESSED IN YOUR HALLOWEEN COSTUME AND ENJOY A POTLUCK DINNER/ROCK AND ROLL DANCE AT THE WMC LODGE. POTLUCK TO BEGIN AT 6:30 P.M. COST \$5.00 MEMBERS-\$7.00 GUEST. BRING A POTLUCK DISH TO SHARE, AND YOUR OWN PLATE AND SILVERWARE. PRIZES WILL BE GIVEN FOR BEST COSTUMES. MUSIC BY ROB SNOW . ANY QUESTIONS CALL HOLLY 278-5638

OCT 28 SUN DAY HIKE: SHOW AND GO (NTD/MOD). Note: Show and Go hikes are for WMC members only. Not much luck getting organizers for the easier hikes in October, so here's another Show and Go. Meet at 9:00 am at the Big Cottonwood Park & Ride, choose your destination and group.

OCT 28 SUN AFTERNOON HIKE: SHOW AND GO (NTD). Note: Show and Go hikes are for WMC members only. Another for the late snoozers: Meet at 1:00 pm at the Big Cottonwood Park & Ride and decide where you want to hike.

OCT 28 SUN DAY HIKE: PFEIFFERHORN (MSD 9.8). Jan Uhlir (355-0480) repeats his Pfeifferhorn hike of October 20 today (see that date for the hike description). Meet Jan at 8:30 AM at the Little Cottonwood Park & Ride. Plan on eight hours or so; bring all the standard essentials. You may need snowshoes and an ice axe.

NOV SKI BACKCOUNTRY: EARLY BIRD SPECIAL (MOD- MSD) For the benefit of those who never really stop thinking about skiing and would like to add more 'character' to those rock skis. If early winter storms seem to be hitting the Wasatch Mountains, call



Edgar Webster to see if a trip is feasible at 583-9398 or email: shredgar1014@yahoo.com

NOV 3 SAT DAY HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. Okay, here's the deal on November hikes. We want to continue providing hikes, but since the weather is very iffy, we've decided to make them show and go hikes or snowshoes, depending on conditions. (We coordinated this with the Winter Sports director.) Today's outing will meet at 9:00 am at the Little Cottonwood Park & Ride. Come prepared for the conditions, then decide where you want to go and what you want to do. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 4 SUN AFTERNOON HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. In the interest on non-discrimination, this afternoon Show and Go is offered for our morning-challenged members. Meet your companions at 1:00 pm at the Big Cottonwood Park & Ride, properly prepared for today's conditions. Choose your destination and enjoy! Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 4 SUN DAY HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. Today's Show and Go will meet at 9:00 am at the Big Cottonwood Park & Ride. Look out your window this morning, come prepared for the conditions, meet your companions and decide on your activity and destination. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 10 SAT HARVEST FESTIVAL AND DANCE @ THE WMC LODGE

Thanksgiving style potluck dinner. Includes turkey and coffee. Please bring a covered dish potluck item--salads, vegetables, deserts, and of course plate and silverware. The dinner will begin at 6:30 and dancing will follow. Music by Bart Bartholoma cost \$5.00 Questions call Jeanine 364-1873

NOV 10 SAT DAY HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. Meet your companions at 9:00 am at Skyline High, prepared for the conditions of the day. Decide on the day's activity and destination. Split into NTD and MOD groups if you wish. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 11 SUN DAY HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. Meet your companions at 9:00 am at the Little Cottonwood Park & Ride, prepared for the conditions of the day. Decide on the day's activity and destination. If you wish, you can split into NTD and MOD groups. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 11 SUN SKI BACKCOUNTRY: SCOTTS PASS (NTD) Yo! The first ski trip of the year. Join the organizer for what has sort of evolved into a first day tradition. Check the November Rambler for details.

NOV 11 SUN AFTERNOON HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. Meet your companions at 1:00 pm at the Little Cottonwood Park & Ride. Decide on the day's activity and destination. Split into NTD and MOD groups if you wish. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 17 SAT DAY HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. Meet your companions at 9:00 am at the Big Cottonwood Park & Ride, prepared for the conditions of the day. Decide on the day's activity and destination, and split into NTD and MOD groups if you wish. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 17 SAT SNOWSHOE: Welcome to the fifth annual WMC snowshoe kickoff at Scott's Pass. Meet the snowshoe community for the first outing of the season. Check the November Rambler for details.

NOV 18 SUN SKI TOUR: UPPER REACHES OF THE UINTAS (NTD+). In the winter, the Mirror Lake Highway is not maintained past the Soapstone turnoff, 14 miles east of Kamas. The highway is usually closed by the first of December. It is quite a treat to drive to the summit and tour in the high country before the road is closed. You should take general touring or light metal-edged skis. Call to register (583-4721) and for meeting time/place & info.

NOV 18 SUN AFTERNOON HIKE OR SNOWSHOE: SHOW AND GO (NTD). Note: Show and Go activities are for WMC members only. Meet your companions at 1:00 pm at Skyline High, prepared for the conditions of the day. Decide on the day's activity and destination, and split into NTD and MOD groups if you wish. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 18 SUN DAY HIKE OR SNOWSHOE: SHOW AND GO (NTD/MOD). Note: Show and Go activities are for WMC members only. Meet your companions at 9:00 am at Skyline High, prepared for the conditions of the day. Decide on the day's activity and destination, and split into NTD and MOD groups if you wish. Bring the ten essentials. When appropriate, be aware of avalanche danger.

NOV 22 - 25 THU - SUN FAMILY CARCAMP: CAPITOL REEF NATIONAL PARK (NTD-MOD). Want to do something different this Thanksgiving? Join Bob Cady (274-0250) for carcamping in Capitol Reef. You'll camp in the Fruita campground; nearby Spring Canyon and Cohab Canyon offer potential hikes. Bring your children, a dish for Thanksgiving Dinner and money for camping and park entrance fees. Call Bob to register.

JAN 10-14 THUR - MON BALDY KNOLL YURT (Advanced backcountry skiing) Spend the long weekend at Baldy Knoll Yurt on the west side of the Tetons and explore expansive telemark slopes. Drive up Thursday evening, spend Thursday night in a motel, ski in Friday morning and spend three nights at the yurt, then return on Monday. A non-refundable \$85 deposit will be necessary to reserve your place. If you are interested in signing up for this trip, call Brad Yates or e-mail: bnyslc@earthlink.net

FEB "AVOID THE OLYMPICS" SKI TOUR: BRITISH COLUMBIA (MSD-SKI MTN) Canadian peaks and hot springs. One week hut trip with the Canadian Alpine Club and one week visiting local ski areas around Nelson, BC.

Longer days, cold, winter snows. Edgar Webster says: "Expect the best skiing of your life". Call Edgar (583-9398) for more information

FEB 22 -24 FRI - MON COMMISSARY RIDGE YURT (Advanced backcountry skiing) Spend the long weekend at Commissary Ridge Yurt on the west side of the Tetons and trim turns on Beards Mountain. Drive up Friday evening, spend Friday night in a motel, ski in Saturday morning and spend two nights at the yurt, then return on Monday. A non-refundable \$57 deposit will be necessary to reserve your place. If you are interested in this trip, call Winter Sports Director Mike Berry (583-4721) or e-mail: mberry@attglobal.net

FEB 2002 TREKKING IN PATAGONIA: Escape the Olympics for 3-4 weeks of trekking and exploring in the Patagonian Andes in Southern Chile and Argentina. Highlights include a 10 day trek on the Torres del Paine circuit, 5 days of trekking in Parque de los Glaciares, and possibly rafting the Rio Futalafu and sea kayaking in Tierra del Fuego. This is NOT a guided tour; it's a group of fellow adventurers traveling independently. Estimated costs are \$25-\$50/day, plus airfare. Contact Steve at (435) 647-9833 or steve_susswein@hotmail.com

NON-WMC EVENTS

These events are not sponsored by the WMC!!!

OCT 18-22 THUR-TUE MOUNTAIN BIKE: 16th ANNUAL MOAB CANYONLANDS FAT TIRE FESTIVAL Website: (http://hometown.aol.com/eracerhd/fatfest.htm) For more information or to get on the mailing list, e-mail: eracerhd@aol.com

BULLETIN BOARD

Did you know

The WMC Lodge can be rented on a full- or half-day basis. Full-day rate is \$250.

Contact Julie Mason at 278-2535

Wasatch Mountain Club Needs You to Volunteer

Alan Brennan has agreed to serve the club this year as Lodge Director. Thanks, Alan. It's alot of work, keeping the historic old building in shape, and working on the improvements we are making, and he needs your help!

We need five or more volunteers to help on each of the following lodge construction

projects:

Installing insulation
Installing sheetrock and wallboard
Painting and staining
Removal of Goodrow Annex

Experience is helpful, but not required! Instruction and meals will be provided.

We need material: Construction materials such as insulation, sheetrock, bathroom fixtures, lights and paint are needed to help our funds go farther. If you can contribute some of these, have surplus materials you think we might use, or know of companies that could be approached for material contributions, please call: Zig Sondelski 801 292-8332,299-6623 or email zgsonde @ppco.com.

From the Winter Sports Director

WMC Yurt Trips: Skiers/ Snowshoers...

The days are getting shorter, and the peaks will be dusted with snow in a matter of weeks. If you are a WMC club member interested in running a yurt trip (other than the Tetons), the following criteria applies:

- Choose your favorite mountain range and mongolian set-up
- Call the operator and secure reservation with <u>your</u> funds
- Sign-up old and new friends and get the money back
- The WMC will list your trip in the fall Ramblers
- Look forward to a memorable experience!

Please call: Mike Berry (583-4721, eve.) or mberry@attglobal.net. Experience is helpful, but not necessary. (Note: The WMC cannot guarantee the financial or logistical success of your trip).

BOATING DIRECTOR'S MESSAGE

If you want to find out about trips not listed in the Rambler, please sign up for the boaters e-mail list. (<u>bartbartholoma@netscape.net</u>) We list both WMC sanctioned trips and non WMC private trips organized by club members. This e-mail is for information only, a listing on it in no way implies Wasatch Mountain Club sponsorship of any given boating trip.

We need volunteers to be on the organizing committee for the end of the season party. We need help with Entertainment, Food, Pictures and Slides, People to sit at the sign up desk, Clean up help. Call Lori Major 424-2338 or Zig Sondelski 292-8332.

IMPORTANT DATE! Keep October 20, 2001 open for the end of season work party at the shed during the day and the end of season boating party at the lodge that night. Come and party with your boating friends at the lodge one more time before the snow flies! Find out who gets the boating awards, see pictures, slides, eat, dance, and be merry. We are still accepting awards nominations. While there will only be one prize for each category, we want to read from a David-Letterman-like Top Ten list for each one. These awards can go to any Wasatch Mountain Club member on a boating trip. Non club trips can be nominated, but will be counted at 25% less than a club trip. Only club members, who are members at the time of the end of the year boating party, are eligible for nominations.

- 1. Broken Paddle Award, This award goes to the club member or members who do the most memorable unthinking, we dare not say dumb, stunt. The criteria is rather undefined so feel free to nominate for any "accomplishment".
- 2. Swimming King and Queen, These awards will be counted only on WMC sanctioned trips, as more difficult rivers on private trips may have an advantage for these prizes. Only unintentional swims will count. The beginners' trip will not count for these awards.
- 3. River Hat Award, This award has many criteria, while we will only give an award for the top hat, we need to have the nominations in pictorial form so we can show the top ten at the end of the year boating party. Things to look for are; Unusual Colors, Unusual Shapes, Most decorated hat, Flashiest hat, Most flattering hat, Strangest yet still functional hat, Most unflattering hat, Oldest hat, We may have a separate helmet award so send those nominations in also.

These awards are designed to be fun and to remind us of the fun time we had during the summer at our end of the year lodge party. Any of this years boating pictures you think would be good for a slide or overhead show, even if not a nomination, will be appreciated.

Send in those nominations and pictures! Lori Major or Zig Sondelski

THIS YEARS BOATING ACTIVITIES:

RIVER

DATES

(#DAYS)			
OCT			
20 / 1 day	End season work - Shed Bret Mathews	801-273-0315	bmathews@enterasys.com
20 / 1 day	End season party - Lodge Lori Major	801-424-2338	arivergoddess@yahoo.com

ORGANIZER

TELEPHONE

EMAIL

LODGE DIRECTOR'S MESSAGE

The construction at the lodge is well underway and club members should be very impressed at the Hallowe'en party. A lot of work has been done by a small number of very dedicated members. I know that not all of the membership is in favor of the investment that's been made, but all the members stand to benefit greatly in the long run. The lodge is a symbol of the club, and identification of who we are. I will continue my efforts at having more entertainment events scheduled at the lodge, and of making improvements geared to a more comfortable environment for all of us who make use of the lodge.

I would like to recognize the efforts of all those who have worked hard this summer, both on general maintenance and on the construction effort. I'd also like to urge all those who have not been involved to get involved, and come on up for a couple hours during work weekends to just lend a small hand. I don't have the names of all the folks who worked the weekend of Sept. 7/8/9, but here is a partial list of those who spent some hours of their time at the sheetrock work party: Red Butler, Frank Bernard, Dale Woodward, Dudley McIlhenney, Robert Turner, Kathy McKay, Vince Desimone and Vinnie Neilson. Thanks for the continued effort. For all those whose names I've missed, remember to sign the release form that is made available during the work parties. For anyone who has questions or concerns about the lodge, feel free to contact me at 801-651-0939 or owltuna@hotmail.com. Thanks, Alan Brennan

MARKETPLACE

NEW WMC HISTORY BOOK!!!

ONWARD and UPWARD, by Michael Treshow and Jean Frances

A true labor of love, Mike and Jean have created a masterpiece of local history that every WMC member will want to add to their nightstand collection. From the early days of the 20s and 30s when hikers still yodeled, to the thrilling account of my climb on Mount Owens (see page 134!) this fantastic book chronicles the organization of the club, the early members and escapades (remember the old WMC bus?), the quirks, and strength of character that established the WMC as we know and love it today. **EARLY BIRD SPECIAL, ONLY \$10,** hurry before the price goes up to \$15 this Fall!, contact Gloria Watson (466-9016)

Nukeproof Ti mountain bike 17", w/ white bros. fork, XT front/rear derailleur, specialized crank, specialized clipless pedals, Titec hellbent riser bar. A true classic, this one is frame

#118, handmade in MI. \$3200/bo (never raced on, excellent condition)

Redfeather Blackhawk snowshoes **w**/bindings and large crampons (which are worth \$60 alone) \$85

Hart 177 downhill skis w/Geze bindings, excellent condition \$250

AS Extreme BC boots, great condition, size 10 womens \$150.00

Look PP296 road bike pedals, used 2X \$100

Fischer SCS 180 skate skis w/NNNR3 bindings, used 4X, excellent condition \$200

Alpine NNNII skate ski boots, size 10 womens, good condition \$30

Sears car roof rack \$60.00

Telephone number 801-466-6321 Joni (11-01)

WANTED TO BUY: Gently-used gear for camping in extreme cold. Sleeping bags, down or fleece jackets and pants, camp booties, mittens, etc. Sizes needed: Women's Medium and Men's Large. Call 333-5515 or 519-9257 or Email cdw_mmn@yahoo.com. (11-01)

SKI and Fishing Boat For pleasure! Outboard, fiberglass, takes gasoline, 115 HP, 16 footer Glastron 1981 with water skis, 3 life jackets on a 1981 trailer. Good Condition! Will take \$3600.00 or best offer. Call Cindy 444-2820 or Leslie 444-0315 (11-01)

For Sale: Parabolic Alpine skis. K2 Merlin III. Length 188cm. Salomon 850S Pulse bindings. Excellent condition. Freshly tuned. Price: \$315. Call Ira at 944-5946 (12-01)

CROSSPOINT CONDO RENTAL:

1 bedroom, garage, air, washer/dryer, cable, pool, clubhouse, gym, tennis, fireplace, no smoking \$580 435-649-6805 or vincedesimone@yahoo.com

For Sale. Specialized Stumpjumper, front suspension mountain bike. Excellent condition. \$400.00 281-2939 (12-01)

Another Book!!

"The Lady in the Ore Bucket" by Charlie Keller (longtime WMC member!!)

The place names, physical traces, and artifacts remaining in the 3 Wasatch canyons tantalize with what they suggest, but do not tell, about the history of settlement and development in the canyons. Charles Keller has extracted a wealth of information to create *The Lady in the Ore Bucket*, a fascinating history of the lumber, mining, and hydropower industries built from the rich natural resources of the canyons. The book is alive with details concerning the personalities, politics, pacts, and peregrinations of local leaders from the white settlement in 1847 through the early 1900s, and will delight any reader with an interest in the magnificent canyons that open onto the Wasatch Front. Available in hardcover from bookstores everywhere!

TRIP TALKS

Teamwork By Peter Mimmack

We join the Club and share our recreation for many reasons: friendship, introductions to new places, safety. While we generally focus on the happier aspects of our trips, having well-prepared companions who can work together is perhaps the most valuable benefit of the Club. When a crisis strikes, there is no substitute for teamwork.

Fourteen of us drove to the trailhead for Hayden Pk on August 19th. Thirteen drove back. One flew home.

It was a beautiful day and we made it to the first cliffband without any trouble. We found a small chimney to get most of us through, while others found alternate routes. We then proceeded up and across a boulder field to the ridge line. The ridge provided fairly easy access to the last knob of the peak. We thought this was going to be our final challenge of the day, and it did take a false start before finding a route that most of us were comfortable with. But soon, all who wished to summit were lunching at the top and admiring the starkness of the land above treeline. We also had a bird's eye view of the Mill Hollow Fire southeast of Kamas, especially the long plume of smoke that stretched for 20 miles.

The 1st half of the trip down was uneventful, but as usually happens on such a large hike, we ended up hiking in several smaller groups. When we got back to the main boulder field, 5 of us were together, with another 5 a quarter of a mile behind us. I happened to be in front, but since we were crossing a boulder field, each of us was picking his or her own route. Unfortunately, Jan Brain picked a route that was more dangerous than he realized.

I heard a very loud rockslide behind me and turned to see something I hope I never see again: a friend cartwheeling down a 40 degree slope. The sight was so shocking, that it took half a moment to register as real. But then I knew without thinking that I was closest to him and that the priority was to simply get down there, wherever that ended up being. I was far enough ahead that I could descend fairly quickly without dropping additional rocks onto him. The next shock was a pleasant one: he had come to a stop in a seated position, was alert, and had his hand compressing the only wound that had occurred. "Jan, are you OK?" "Yes, but my head hurts and my neck doesn't move very well. I think I can make it down." At that point, I think I was more disoriented than he was, because a person surviving that serious a fall should be far more badly injured. His scalp wound was still bleeding profusely, but they tend to do that, and nothing else was out of place. Nonetheless, I wasn't going to let him move, and took a position just below him so I could ensure he wouldn't slide any farther. Carol Masheter and Don Martin arrived quickly, took an inventory of first aid gear, applied a kerchief as a compress, and then we waited for Cheryl to arrive.

If you do get into a situation like this, it's nice to have a medical professional along, and very comforting if she's an EMT. Cheryl did her evaluation, and the essence of the conversation was, "I hear a crunching

sound when I turn my neck this way." "So don't do that, sit still, we're calling LifeFlight". Although I did have a cell phone, I didn't know if we could get a signal so far from any town, nor if the batteries were strong

enough to last an entire phone call (NB: check every week!), nor if it is true that even non-registered phones can call 911. So while I went about answering these questions, Cheryl briefed Steve Carr and Don on exactly what to tell the 911 operator. That trip proved unnecessary, but we were glad that we had enough personnel to have been able to safely send 2 people back to the parking lot to begin the rescue. We were able to reach 911, give them detailed descriptions of Jan's condition and our location (turns out that they do load the chopper differently depending on the medical needs), and then proceeded to stabilize Jan further.

Everyone provided additional jackets and thermal wear. Barb Hanson got a gold star for having a stiff foam pad which Cheryl recognized would make a perfect cervical collar. Jan felt instant relief from it, and we secured it around his neck with duct tape from Carol's ski pole. While we did this, the rest of the group returned to the ridge to try to find or create a landing pad for the chopper. I had been involved in another rescue several years ago and learned that pilots want an absolutely level surface to set down on. Of course, 'level' to a hiker is very different from 'level' to a pilot, so those efforts went for naught, but this is the kind of potentially useful activity that takes time and can be done while waiting for a rescue. You just don't know what is going to be necessary, and you don't have much time once they are onsite.

Then we sat back and waited. "So, Jan, what happened up there." "Well, I was walking around a boulder that was so large I assumed it wouldn't move. But it was just as loose as this gravel we keep kicking down. When I touched it, it started sliding, and I couldn't avoid sliding with it. All I could think was, 'This is not good. This is not going to have a good ending. I'm probably going to die.' Then I fell over backwards for what felt like 15' before landing on my head with a crunch. From there, it was just tumbling until I stopped right here." 'Here' was a fairly good place to stop, as another 30' downslope was a cliffband that was above at least 100' of open scree, and that much extra tumbling would have made the situation much worse.

There's nothing quite like seeing a helicopter flying in toward you, knowing that you are the reason so much effort is being made. It brings a very sobering focus to the mind. Included in that focus was the realization that our situation was not good. We were about 11,500' ASL and about 100' down from the ridge line, with wide open exposure to the west. This meant that finding us was relatively easy, with people on the ridge being obvious reference points and those of us huddled with Jan being in the open. But it also meant that all the air sweeping eastward from the large system over Utah was pushing air directly at us, then up 1500' from the valley floor and over the ridge line. The plume from the Kamas fire was as long as ever. And a squall was dropping virga just off to our northwest. When we later asked the medic how the winds were, he tersely replied, "squirrelly".

So the pilot made a general fly-by, then circled once to fly toward us from farther south along the ridge, then circled again to see if the winds were the same on a subsequent pass. Evidently this gave them enough info to realize they had to plan carefully, so they flew down to the trailhead to prepare. Not evident was how bad they thought it was.

Carrie Clark was down in the parking lot by now. "We were just about to leave at 3:45 when a ranger strolled by and said nonchalantly, 'They're about to do a Life Flight rescue. Someone fell off Hayden Peak. Want to watch?' I almost threw up, figuring it had to one of us." When the chopper landed, everyone went over to the field to find out what they could. Carrie continues, "When the skies darkened and the lightning was threatening, just after the first reconnaisance, the pilot was white as a sheet, and kept saying 'This is bad; this is bad.' He informed us he was running out of fuel, too."

They could have waited for Search and Rescue to arrive, but realized it would be 2 hrs after that before they could get to us. So they decided they would bring a medic up to us, have him evaluate the situation, and take it from there. Up they came, making the same long approach from the south, then another, slower pass at eye level in hopes that our location would allow them to winch the medic directly to us. A good hard look proved that inadvisable, so they went up to the ridge, nose into the wind and winched the medic 15' to the relatively level ground of the ridge above us. By now, Steve and Don knew the best route from the ridge to us, and carefully walked the grey-haired gentleman down. I reached out my hand for him and said,

"Good to see you." To this he replied, looking at this very tentative perch we were on, "Thanks, but I can't say I'm happy to be here."

We got him in place directly in front of Jan, he looked at the work Cheryl had done, did a quick evaluation, and said there was nothing more he needed to do except figure out how to get him off of there. Kudos to Cheryl. There were three exit possibilities, but 2 were almost impossible under the circumstances. The immediate area wasn't flat enough to lay down a Stokes litter and put Jan into it. The terrain wasn't stable enough to haul Jan up to a flat spot. Jan was already in a seated position, so the most practical choice (albeit with greatest risk of further neck injury) was to put him into a climbing harness and lift him out directly. Jan was fine with that, so we told the pilot of our plan and went to work hooking Jan up.

With four of us working, each at a different point relative to Jan, nobody had to move in order to get the job done. The medic never even removed his pack, as I could get into it easily to pull out the harness, helmet and carabiners. It all went very smoothly, and the medic clearly appreciated the help. He returned the favor by offering us his climbing rope to use while downclimbing to my pack, which had been blown 30' downslope by propwash. He asked that we please return the rope, and at this, Don spoke up to say that he worked at IHC, knew the Life Flight director and would be sure to return it. He added that he worked in the legal department and could certify that this rescue was being done by the book! We really had all the bases covered, and I think we put the medic at such ease that he forgot that it was his call to bring the chopper back up. When he did call down to ask their status, the pilot replied that he was just waiting for the word.

So one last time we waited for the helicopter to arrive, hanging out on the mountainside with our new friend. He asked Jan his age, and finding out they were about the same age, scolded him for not knowing better. A few laughs later and the helicopter was nearing the ridgeline, so I asked him if there was anything he needed to tell us before the noise level got too loud. We had heard him talk about taking them out in a chair, so we thought they might be lowering a basket of some sort and need help getting Jan into it. Once again, our friend snapped back into "task mode" and realized he needed to get us out of the way. The word 'chair' was apparently a euphemism for "hanging your butt out over infinity", designed to keep a victim relaxed. The support mechanisms were simply the harnesses they were both wearing, and the escape route was a secure hook at the end of a cable. No need for extra people around, so we moved off to the nearest rocky area, just out of range of the direct propwash.

So the line came down, the pilot was able to hold the chopper quite steady, and it only took a couple attempts to get the hook to the medic and have him secure the connection. Jan reports that that "Click!" was one of the highlights of the day. Pull the line taught, take on the extra weight, lift them off the ground, ease the craft slowly up and west to prevent any swinging into the ridge, and start the descent into the valley. Before they got below eye level, the pair twisted a bit on the cable, and now looking back at us, Jan waved goodbye. Cheryl caught it on film, and we all waved back.

An event like this calls for evaluation. So, how did we rate? I think "Excellent" sums it up nicely.

From Cheryl's official incident report: "The group was great...there were 7 of us there to help Jan. Everyone worked in good teamwork and all should be commended. The cell phone and the blue foam pad saved the day. Because the group was well prepared (we'd had a 10E's check earlier in the trip even :-) we had plenty of first aid supplies and warm clothing for Jan."

Granted, Cheryl and I were at the center of it all and may be considered biased, but the medics told Jan that they had never seen such competent temporary care given to an accident victim. And that the calmness and professionalism of the entire group made the rescue much easier than it could have been.

Finally, the most touching evaluation comes from an incident that Carrie reports took place at the trailhead.

"A bystander lent us his binoculars; we sat and watched the entire process for 2 hrs. The guy was so impressed with the way this was handled that he wants to join WMC now." To me, this was the best demonstration of the power of teamwork, that a chance observer could recognize how well the group worked together. I am very proud to have been a part of it, and very happy to be a member of this Club.

Epilog: I talked with Jan 48 hrs after the accident. Nothing was broken, and he'd been released from the hospital as soon as they could sew up his wounds. He didn't sleep at all that first night, and not much more the 2nd. Too much pain? Too much trauma? Nope, too

much excitement over being alive after a life-threatening experience. Does he plan to take it easier in the future? Nope, just more carefully. In fact, he is looking forward to going back up on Hayden and walking down under his own power. As he said to the hospital staff that night, "Of course I'm going to work tomorrow. Why should I waste a vacation day when I can use it to go hiking?"

Reflections on a Mountain Rescue Carol Masheter

After a fine scramble up Hayden Peak (around 12,400 feet elevation), on August 19, 2001, our descent began as usual. Wasatch Mountain Club members picked their way down the towers to the ridge connecting Hayden and Agassiz in small groups at their own pace. I was hiking on the solid rock of this connecting ridge, heading for the spur many of us had hiked up from the Highline Trailhead earlier in the day. I noticed that Pete and Jan, and perhaps others, were below the ridge on angle of repose rock and soil. Suddenly Jan disappeared! I heard a loud crash and saw several large rocks bouncing down the mountain. I screamed "Rock! Rock!" as loud as I could to warn people below. Dust from the rock fall blew up slope. Eerie silence followed. I had a sickening feeling that at least one person had been injured. I have no formal training for such emergencies, unless earning a first-aid badge in Girl Scouts 45 years ago counts. I feared that I would find badly injured people and panic, freeze, or faint -- or, worse, do the wrong thing. Yet I had to go see if I could help.

I picked a careful route to avoid triggering another rock fall, first along the ridge to the left (south) of where I last saw Pete and Jan, then angled back and down toward them, along a horizontal V path. I saw Pete and Jan, now to my right, perhaps 100 feet away. Jan was sitting, his back toward me, his left hand clutching his scalp. Pete was standing in front of Jan, facing me. Below them were more loose rock and a cliff band. I didn't even want to think about the consequences of another slide, which could sweep us over that cliff band. To my relief, Pete was not injured. As I moved closer, I could see that the back of Jan's head, neck, and the left side of his face were drenched with blood. I greeted them as reassuringly as I could and put my hand on Jan's left shoulder.

Jan expressed concern about the bleeding. I assured him that I would work on that, but I was more concerned about possible head and neck injuries. Jan suggested we stop the bleeding, and then he would walk out. He added that his neck made a crunching noise, but he could move it, which must mean it was not broken, right? and started to demonstrate. I quickly said, "Please, don't do that. Being able to move does not mean nothing is broken. I want Cheryl (Soshnik)'s professional opinion before you move anything. While we're waiting, I'll help you with this bleeding." (Cheryl is an RN and EMT,

and ran the Park City ambulance service for several years).

By now, Don Martin had scrambled down to us. We took inventory of our first aid materials. Even my largest sterile gauze squares looked inadequate, so I pressed my folded bandana on Jan's bleeding scalp. That didn't cover all the lacerations, so I pressed another next to the first. I thought: press hard enough to stop the bleeding, but if his skull or neck is fractured, but don't press too hard and cause a more serious injury. Though not the ideal sterile dressing, the bandanas formed a wet bandage as I had hoped, and the bleeding stopped within 15 minutes.

Jan was lucid and calm as he told us what had happened. He was easing past a large rock above him, when it started sliding toward him. Jan grabbed the rock with both hands but could not stop it. He fell backwards about 15 feet onto his head. Jan thought, "This is not good; this could kill me." As he tumbled among the falling rocks, he could see his own blood flying in all directions. I could only imagine the strength he needed to remain calm during his fall, and afterwards, sitting here, undoubtedly in considerable pain.

As I worked and Jan talked, Pete and Don handed me materials. We were able to work as a team without moving Jan or ourselves and risking more rock fall. I asked Jan the usual mental status questions, what is the day and date, where are you? He patiently answered them correctly. I wiped blood from Jan's face and neck to be sure I was not missing additional major bleeds. Don suggested Tylenol and water. I had heard that for head injuries medications can interfere with mental status assessment, increase bleeding, and/or induce drowsiness. I also had heard that people with head injuries should be kept awake. I did offer Jan water, because I was concerned about dehydration. The rest of Jan's body appeared uninjured -- no obvious displaced fractures or major lacerations -- but I was concerned about less obvious fractures, internal injuries, and internal bleeding, which I was not trained to detect safely. I decided not to tape anything to Jan's head in case Cheryl and other professionals needed to examine or treat his injuries. However, no tape meant I had to hold the bandanas on Jan's head to keep the strong gusts of dusty wind from blowing away the makeshift wet bandages.

It seemed like a long time before Cheryl arrived, but it was only about 15 minutes. I felt relieved to turn over the decision making to her with her extensive training and experience. I also was relieved that she agreed with most of my decisions except for giving Jan water. Cheryl was central organizing us further and delegating tasks. Don volunteered to be courier and brought Barb Hansen's closed cell pad and others' warm clothing from the ridge to our precarious position with Jan. Steve Carr and Don offered to hike out for help if we could not call 911 using Pete's cell phone. People on the ridge looked for the biggest and most level place for Life Flight's helicopter to land. Pete and others located the best place near Jan in case the rescuer(s) needed to work on him. Luckily, we were able to contact 911 with Pete's phone, even though it was unregistered and had a low battery. Cheryl made an effective neck brace from Barb's pad and my duct tape. We covered Jan with borrowed clothes and a red tarp when he began to shiver. Then we waited for Life Flight.

Every car and plane sounded like an approaching helicopter. Finally, Cheryl spotted the real thing. The usually annoying whappa-whappa was never more welcome. However, the winds were erratic, a thunderstorm was approaching, and, we later learned from Carrie Clark, the 'copter was low on fuel, and the pilot was nervous about the conditions. Several times, the 'copter approached us (elation!), hovered, was buffeted by the wind, and flew away (bummer!). Finally, the pilot lowered rescuer Jake by cable onto the ridge, and Club members guided him down to us. Jake was calm and professional, but he did not like being on such an unstable slope. Jake complimented Cheryl's improvised neck brace and said he could not improve it. High praise, indeed! After hearing Cheryl's report on Jan's vital signs, Jake checked Jan's shoulders and pelvis for stability. Jake said that the best option, insurance-wise, was to lower a Stokes and lift Jan in it in a lying-down position, but the "squirrelly" winds would make that difficult. Because Jan was already in a sitting position and his neck was stabilized. Jake recommended lifting him in a sitting position using a body harness, though Jake could not guarantee that the pilot could perform this lift either. If not, some of us would need to spend the night on the slope with Jan until a ground rescue could be initiated the next morning. Hoping for the best, four of us buckled Jan into the harness without moving him. Jake put goggles on Jan, but omitted the helmet, because it hurt Jan when Jake tried to put it on. We cleared away the borrowed clothing and tarp and moved off to the side, as Jake instructed. Then we waited for the pilot to return and attempt the lift.

Again, luck was with us. Jake and Jan clipped into the lowered steel cable, the 'copter lifted them and performed a "short haul," flying with them dangling below. Classy guy that he is, Jan waved to us as he took the flight of his life. The 'copter landed, loaded both Jan and Jake, and flew directly to LDS Hospital. Pete and Don were able to recover Pete's daypack, which got swept further down the slope by prop wash. Then we all picked our way down to the trailhead. We used more teamwork to lower packs with cord Jake loaned us and to spot each other down a steep cliff band.

Each of us has rough edges, but today we worked smoothly and efficiently as a team. All involved put their egos aside, remained calm, and helped however they could. Though the rescue seemed to take a long time, it took only three extra hours. So many things could have gone wrong. Jan's injury could have been worse. Jan could have become agitated and/or uncooperative, which can happen with head injuries. More people could have been seriously injured in the rock fall. Others could have panicked and gotten hurt or hurt others. Pete's cell phone might not have worked. Life Flight might not have been able to lift Jan. The 'copter could have crashed in the gusty winds. The threatening thunderstorms might have soaked and chilled us, adding the threat of hypothermia. We were truly fortunate.

I apologize in advance to anyone who was involved if I have misrepresented his or her role in this rescue. I hope that this perspective from a novice first responder is helpful to others. Out of respect and gratitude to my fellow Club members and the Life Flight crew who risk their lives daily, I have committed myself to getting more training as a wilderness first responder.

And to sum it all up....

Dear Club Members,

Yesterday I was hiking with the group which had signed up to go on the Hayden Peak climb, and I took a fall which could have killed me, but I was very lucky. The purpose of this letter is to thank everyone on that trip who helped me so much, each in their own way, until I was Life-Flighted to the hospital. The group stayed together, and formed a very cohesive unit, which then proceeded to give me the best temporary care until the rescue personnel arrived.

Many thanks to the following people: Steven Carr, Steven Clark, Barbara Hansen, Don Martin, Carol Masheter, Peter Mimmack, and Cheryl Soshnik. Special thanks to Carol, who was the first to arrive at the accident scene, and immediately started making quick, and good assessments. For those of you who know Cheryl, (and this is quite a few) you can just imagine how she took charge, using her nursing and EMT knowledge and experience, and focusing on the task at hand. Thank you Pete, for having a cell phone. Which enabled us to get help much sooner. Thank you everyone else, (and if I left anyone out, I apologize) for forming a group which made it easier for the helicopter to find us. They even tried to make a landing pad!

Medical people, both those assigned to the life-flight unit, and those in the hospital, all commented that the temporary care I had received was the best they had ever seen-especially the way Cheryl had stabilized the cervical section of my spine. My main concern while I was waiting to be rescued was a possible broken neck. Tests did not confirm this and my injuries consist mainly of bruises and abrasions, and head lacerations. I am recovering nicely. One again, my deepest gratitude to all of you.

Most Sincerely, Jan Brain

For lots of details visit this great site prepared by Cheryl! http://www.users.gwest.net/~scheryl12/WMCMtHaydenRescue/index.html



WOULD YOU LIKE TO LEAD?

All of the club's activity leaders are volunteers. You can be a leader too-just check off the activities you want to lead, and we'll give you a call. Help your club and have fun too!

Hiking:	easy day hikem báckpáck	oderate day hike	cadvanced day hikeca	ar camp
Boating:	trip leader	instruction	equipment	sailing
Skiing:	NTD tour	MOD tour	MSD tour	out-of-town trip
Climbing:	Wasatch climb	out-of-town trip	winter mountaineer	ing
Bicycling:	road bike tourm	ountain bike tour	camping tour	
Other outings:	sñowshoe tour	caving	other	
		WOULD YOU LIKE TO	SUPPORT?	
	of it is important to our o		ome of this work is critical to t ust fun. You can let us know	
Conservation:	air & water quality iswilderness	suestelephone	treetrail clearing	trailhead access
Socials:	social host	party assi	stancelodge host	
Rambler: support	word processing	mailing	advertising	computer
Lodge:	general lodge repair	skilled lod	ge work	
Information:	public relations	membersh	ip helprecruiting	instruction
Would you like to	participate on an activiti	es committee? Which o	ne?	: V.
ls there a specia	I trip or activity that you v	vould like to lead?		
How can we use PHONE: EMAIL:	to reach you?			

Wasatch Mountain Club New Member/Reinstatement of Previous Members Application Do not use this form for regular, annual membership renewal.

Name(s)					· · · · · · · · · · · · · · · · · · ·	
			(Last)			
Street Address			City		State	Zip
Check phone number to						
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WASATCH MOUNTAIN CLUB (WMC)

Applicant Agreement, Acknowledgment of Risk, and Release from Liability

VOLUNTARY PARTICIPATION: I acknowledge that my participation in any WMC activity is voluntary. No one is forcing me to participate.

ASSUMPTION OF RISK: I am aware that WMC activities involve risks, and could result in injury, illness, death, and damage or loss of property. These dangers include but are not limited to: the hazards of traveling in remote areas without medical services or care, the forces of nature, the inherent dangers involved in participation in sports, wilderness travel, and social activities, and the negligent actions of other persons or agencies. I understand that all activities should be considered "exploratory," with the possibility of unexpected conditions and route variations. The WMC is not, nor does it provide, a professional guiding service. In order to partake in the enjoyment and excitement of WMC activities, I am willing to accept the risk and uncertainty involved as being an integral part of the activity. I acknowledge this risk, and assume full responsibility for any and all risks of injury, illness, death, or damage and loss to my property.

I verify this statement by placing my initials here:

PREPARATION: I understand that it is my responsibility to evaluate the difficulty of any activity I participate in, and decide whether I am prepared by having the experience, skill, knowledge, equipment, and the physical and emotional stamina to safely participate.

RELEASE OF LIABILITY AND PROMISE NOT TO SUE: I agree that I, my heirs, and personal or legal representatives hereby do release and hold harmless from all liability, and promise not to bring any suit or claim against the Wasatch Mountain Club, its leaders, directors, agents or representatives for any injury, illness, death, or damage and loss to property resulting from my participation in any WMC activity even if they negligently caused the injury or damage.

LEGAL FEES: Should it become necessary for WMC, or someone on their behalf, to incur attorney's fees and costs to enforce this agreement, I agree to pay WMC reasonable costs and fees thereby expended, or for which liability is incurred.

INSURANCE: I certify that I have sufficient insurance to cover any bodily injury or property damage that I may incur while participating in any WMC activity. If I have no such insurance, I certify that I am capable of paying for all such expenses and liabilities.

My signature below indicates I have read this entire document, understand it completely, understand it affects my legal rights, and

Signature:	Print Name:
Address:	
Phone:	Date:
WITNESS: I certify that	has alleged to me that he/she has read and understands this document.
Witness signature:	Print Name:
Address:	
Phone:	Date:
	Email:



The first view of Life Flight, with Baldy and Reid in the background 4 of 20 49,949 Kb



Jake arrives on the scene, is impressed with our makeshift cervical collar, and decides that a seat harness rescue will be used for the rescue. $_{10 \text{ of } 20}$ $_{36,083 \text{ Kb}}$

All Rescuc photos From Cheryl Soshnik's website

Check the Web at www.wasatchmountain club.org.

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