

Volume 88, Number 7 The Wasatch Mountain Club 1390 S. 1100 E. #103 Salt Lake City, UT 84105-2443 (801) 463-9842

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WMC office during office hours.

The Rambler encourages and supports your products and services through pre-paid commercial advertisements. Please send an e-mail to WasatchMountainClub@gmail. com for information or to place an ad. Prepayment is necessary for single month advertisements and invoicing and net 30 for repeat advertisements.

Full Page: \$95/month Half Page: \$50/month Quarter Page: \$30/month Business Card: \$15/month

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#### **Cover Photo:**

A rainy beginners' hike ~Photo by Alex Rudd

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#### FROM THE PRESIDENT

The summer season is here and the activity directors are doing a great job scheduling trips. As always their job is made easier when people volunteer with their favorite trips.

Last month we created a new position of "Information Technology Director" (doesn't that sound like corporate jargon?) to recognize the increasing importance of the web site and email systems to the club. Hardy Sherwood is the first holder of this position and has been enthusiastically working on website improvements.

Recent board meeting discussions have included the transition to a foundation to own and maintain the lodge (see the Appeal for Volunteers) and the recurring issues regarding

trip liability.

Feedback question of the month: Are dues too low, too high, OK, or don't you really care? If you care let me or one of the board members know.

John Veranth, President



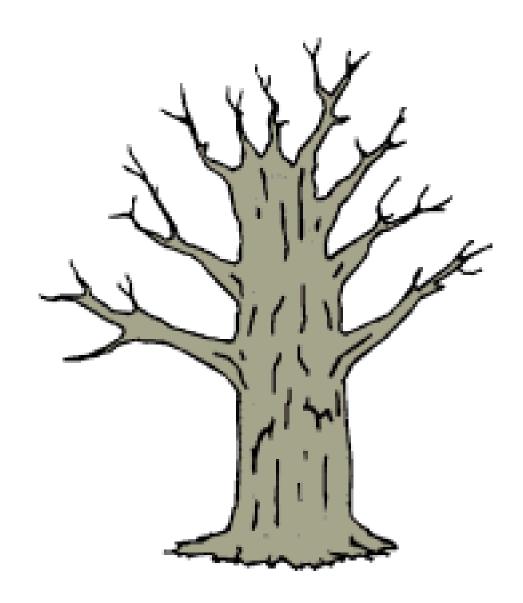
#### **WMC Purpose**

(Article II of the WMC Constitution)

The purpose shall be to promote the physical and spiritual well-being of its members and others by outdoor activities; to unite the energy, interests and knowledge of students, explorers and lovers of the mountains, deserts and rivers of Utah; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature and art; to explore and picture the scenic wonders of this and surrounding states; to foster awareness of scenic beauties; and to encourage preservation of our natural areas including their plant, animal and bird life.







#### APPEAL FOR THE LODGE

John Veranth, President

The key to the future of the lodge will be having enough volunteers who love the old building and are willing to generously donate time, skills, and money. The lodge needs to be managed by people who are dedicated to the cause. If you want to really influence the future of the lodge volunteer to be a trustee for the lodge foundation.

Without a high level of support from individuals the new foundation will not be able to function. So, if you care about the lodge but have not been active recently you need to step forward and identify yourself. Give Bob Myers a call 801-466-3292 or email robertmeyers47@gmail.com. We are looking for both brains (office and professional skills) as well as muscle so consider what you can do for the lodge.

# I'm Never Too Busy For Any of Your Referrals!

If you know someone that's thinking about a move, please consider referring them to me. I'll take good care of their real estate needs.



Knick Knickerbocker, GRI

Cell: (801) 891-2669

email: Knick.Sold@comcast.net

Remember to call your WMC activity director and volunteer to organize an activity.



CHAPMAN 1414 E. Murray Holladay Rd. Salt Lake City 801-278-4414

# **Boating Message**

Don Urrizaga

I have received inquiries about our club boating gear rental fees, for club and non-club trips, so the complete list is on the next page.

		•	
June 17 – 23	Class III+	Main Salmon, ID	Don Urrizaga, don_urrizaga@yahoo.com
June 26 – July 2	Class III	Yampa Service Trip	Dudley McIlhenny, contextny@aol.com
July 3 – 6	Class II	Payette, ID	Rick Thompson, gone2moab@hotmail.com
Aug 2 – 9	Class IV	Cataract Canyon	Robert Cady, rcady@xmission.com
Sep 24	Class III+	Rogue	Bruce Beck, bbeck7@gmail.com
TBD	Easy	Pink Flamingo	TBD

## WMC Boating Equipment Rental Rates - 2009

#### Definitions:

WMC Trip: trip listed in the Rambler.

Non-WMC Trip: trip NOT listed in the Rambler.

#### Daily Trips (Split Mt. / Alpine Canyon / Payette ...)

\$12.00 per person per day for paddle boaters

\$1.00 per person per day for cook gear

Inflatable Kayaks (duckie) rates – same as the "Multi-Day Trip" IK rates.

#### Multi-Day Trips+ (on-river camping - Lodore / Yampa / San Juan ...) +

<u>ITEM</u>	WMC Trip	Non-WMC Trip
Self-bailing paddle boat	\$50.00 per day	\$60.00 per day
Oar Boat	\$55.00 per day	\$70.00 per day
Inflatable Kayak – single*	\$15.00 per day	\$20.00 per day
Inflatable Kayak - double*	\$25.00 per day	\$30.00 per day

<sup>\*</sup>see "The Rules" #2 below

#### Non-WMC Member Surcharge

Non-WMC member on a WMC Daily or Multi-Day trip - \$20.00 for the trip

#### Other Equipment:

Life Jackets: \$3/day per person

Katadyn Filter: \$6/day (see Attachment H for instructions)

Satellite Phone: WMC Trip \$6/day, \$2/minute

Non-WMC Trip \$7/day, \$3/minute

#### "The Rules"

- Rates apply to each day on the river (not travel days).
- Inflatable kayaks can only be rented by the trip if the river is a class I or II.
   Otherwise, boats must be rented to individuals (using the Private Rental form) and they will be subject to screening based on skills just like any other boater.
- 3. On WMC trips, maximum damage liability is \$40 per person.
- 4. On non-WMC sanctioned trips, renter is responsible for ALL loss and damage.
- 5. Only WMC members may pick up, return, and be responsible for gear.
- 6. WMC trips have first priority on equipment over non-WMC trips.
- 7. If a trip participant brings his/her own paddle boat/oar boat and it is used to transport group equipment/people, it is suggested the participant be reimbursed at 50% of the WMC rate.
- 8. Miscellaneous gear (when no oar rig/paddle boat/IK is being rented), \$10 minimum charge. If substantial amount of gear (Partner stove or the PU) then \$10 per river use day. WMC trips use standard equipment form with limited liability, non-WMC trips use Private Rental form with full liability.
- 9. 2009 Equipment Coordinator is Bret Mathews Home-801-273-0315, Cell 801-558-1173

<sup>+</sup> Every 5th day is free (i.e. buy 4, get the fifth day free)

It is recommended that WMC multi-day trips rent the satellite phone.

#### The WMC Lodge

The WMC lodge is tucked away in a grove of evergreens at the top of Big Cottonwood Canyon. It is used for a variety of WMC social functions but can also be rented out for personal use on a full- or half-day basis. Renovation to the lodge included the installation of flushing toilets and a shower. Running water! The two dormitory-style rooms on the second floor provide sleeping accommodations for about 20 people. Go to www.wasatchmountainclub.org/lodge/ Lodge pictures.htm to view pictures of the infamous lodge. The kitchen contains a stove and refrigerator, but—you guessed it—it is not stocked with food, utensils or other culinary items. All users of the lodge are expected to clean up the lodge after use. Contact Dave & Susan Rabiger at (801) 964-8190 for reservations.

The Lodge needs constant tender loving care, and WMC members have come to the rescue since 1929. Come donate your carpentry skills or just help clean. Call Bob Myers at (801) 485-9209 or send an e-mail to caretakerwmc@yahoo.com to volunteer. Ask for a list of very specific items that need your attention and the hand tools and equipment needed to get the job done. You need not be a member to volunteer. (Warning: Associating with WMC members and participating in WMC activities can become addicting. Improved health, positive attitudes, and long-lasting friendships are also possible side effects.) We look forward to seeing you at the Lodge!

Please give back and keep your eyes open for upcoming WMC Service Days. The most up-to-date activities are posted on the website (see inside front cover).

Please give back and come help the lodge on the following WMC Service Days. Seeing how there is still a lot of snow in the mountains, at least one of these dates will be filled with shoveling snow off the lodge roof and its surrounding area. Other minor interior and exterior repairs may also occur. If you are physically unable to help out, feel free to bring drinks or treats up to the laborers! Thanks so much in advance for your help!

Single sturdy lodge seeking multiple hard-working hands for great company. Enjoys long days filled with sunshine, sweat, and an occasional deep cleaning. If interested, contact either Lodge co-director.

#### **Lodge Service Days:**

(See right-hand page)

Contact Lodge Director to schedule a service day or see if you can help out!

Contact: Robert Myers, Lodge Director 801-466-3292 (H) 801-381-0575 (C)

#### **Directions to the Lodge**

Drive up Big Cottonwood Canyon (7200 S) to Brighton Ski Resort. Drive to back of the BIG parking lot (near the Brighton Manor Motel). Walk up the hill directly behind the motel past the boulders, bearing left across the stream and up the trail through the trees (100 yards). Wear walking shoes and carry a flashilght for the hike down.

# WMC Lodge Rental Rates (Day: a 24-hour period) WMC Members

October 1 - May 31: \$250/day June 1 - September 30: \$300/day Weddings and/or Receptions: \$400/day

#### Non WMC Members

October 1 - May 31: \$350/day
June 1 - September 30: \$400/day
Weddings and/or Receptions: \$550/day



# Summer Lodge Work Parties

Robert Myers

All Club members are cordially invited to participate in the monthly work parties which strive to maintain and operate the Club Lodge located at Brighton. There are always some small or large task going on with the lodge and the Club's volunteers have been an important element in its survival. The June work party will deal with cleaning up the building and initiating the goal for the summer work.

Currently the Club Board is making the effort to move the building into a foundation status which will enable us to gain a charitable 501(C) 3 status with the Internal Revenue Service (IRS), lower our property taxes and provide that the building will be preserved for the future generations. This transition to a charitable status is a monumental task and a subcommittee has been meeting and discussing with all the various parties about where we are going with this effort, concerns they may have and any aberrations about losing control of the building, but it must be done. The lodge subcommittee is currently looking for one or two interested additional persons who might desire to serve as Trustee of this new foundation. The basic requirement is a willingness to be involved in a new charitable organization which seeks to preserve and maintain the Wasatch Mountain Club Lodge.

ast year the major goal of painting the exterior siding, windows and trim was accomplished. This year we would like to begin dealing with the logs--giving them a new paint job, rechinking the logs to sustain their weather tightness and thus completing the painting of the exterior. This is a big task and you can help us do a portion of this work by volunteering and coming up to Brighton to help us spruce up the old building.

ummer schedule for Club Work Parties:

🖈 June 13th, Saturday - First Work Party for the Season

★ July 19th, Sunday - July Work Party

\*August 22nd - Come Work & Stay for the Old Timers/Newcomer Party in the Evening

\* September 26th - Saturday, September Work Party

🖈 October - yet to be decided - gathering of firewood

or more information you can contact Robert Myers at 801-466-3292





# Are you a Wilderness First Responder?

Get the essential training for anyone who spends time in the outdoors. Be prepared to offer medical assistance when you are hours from definitive care

This course is approved by Utah State Parks and Recreation This is an accepted course for:Guides, Wilderness Therapy Staff, Boat Crew Permits, and many others!

<u>DATES</u>: June 1-5 on a residential basis <u>LOCATION</u>: Big Cottonwood Canyon <u>INCLUDES</u>: Instruction, Texts, Meals, & Lodging

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#### MARKETPLACE

This space is reserved for those members placing ads for used and recreational gear or for private and non-commercial and not-for-profit activities. To submit an ad, e-mail it to wasatchmountainclub@gmail.com by the 10th of each month prior to publication. Non WMC members \$5.00 up to 20 words, \$0.20 per additional word.

\* \* \* \* \* \* \* \* \* \*

2 tents for sale: Nylon Pack Tent, \$15 each. Each used for 5 nights. Lightweight flame resistant nylon taffeta; 5 ft wide, 7 ft long including 2 ft "V" back extension. Center height is 3 ft 5 in. Two 3 pc aluminum poles and pin stakes; Nylon screen door with aluminum zipper and Velcro closures; Rear screen window; Outside storm flaps with tie closures; Polyethylene guy ropes; Brand: Sears, Model #677402. Packing weight 2lbs. 15 oz. *Contact: Roger Upwall 801-466-0219* 

**Fly Fishing Rod** \$10.00 Never Used. *Contact: Roger Upwall* 801-466-0219

Broads Fork
Look at that water flow!
~ Photo by Alex Rudd



# Hiking Message

Hello hikers -

July is a great month for hiking activities. We have a good spread of hikes throughout the whole month. A big thanks to all our volunteer hike organizers. Some may notice, however, that we are short on MSD and EXT hikes. Each month, the hiking directors solicit hikes from about 125 WMC members who have volunteered to organize hiking activities. So, if you don't see your favorite hike on the calendar and you'd like to volunteer, Julie and Alex are constantly looking for activity leaders. Their info is in the front of the rambler or under the hiking tab on the webpage.

This month our very popular beginner/newcomers hike series continues with a weekend hike on Sunday the 12th and a weeknight beginner hike on Wednesday the 29th. These trips have co-leaders who are spread throughout the group to accomodate a wide range of hiking abilities. Any club member who would like to be part of this supportive hiking team is welcome.

June 6th was National Trails Month this year. In case you may not have participated in service projects, remember you can help on any outing. Take some clippers and trim the overgrowth or just pick up any trash you may see along the way. We as the WMC use the outdoors plenty; we need to give back some, too.

Thanks and see you on the trail!

Al Rudd and Julie Kilgore



#### At Home Yoga Practice Guide for Hikers

**Brooke Bartlett - Yoga for Hikers Instructor** 

Before you put on your socks and lace your shoes, practice the following yogic stretches. Remember that yoga poses are deepened through breathing. Inhale to extend the spine, and exhale to move deeper into the pose. Spend at least five breaths in each pose, breathing slowly and deeply through the nose.

#### 1. Seated Hip-Opener

If your hips are especially tight, sit with your hips on a folded blanket. Put the soles of your feet together. Make a wide diamond with your legs by pushing your feet as far away from your body as possible while keeping the soles of the feet together. Inhale to stretch the crown of your head toward the ceiling while holding on to your ankles. Thread your arms through your legs, wrapping the palms of your hands on top of your feet. Fold forward and takes five deep breaths. Enjoy the stretch to your lower back, hips, and hamstrings!

#### 2. Downward Facing Dog

Begin on your hands and knees. Rotate your palms outward so that the index fingers are parallel. Push your hips back toward your heels, and then rise onto the balls of your feet, keeping a slight bend in your knees. Tilt your hips toward the ceiling and root your hands into the floor to push your chest toward your thighs. You will resemble an upside-down V as you elongate your back and stretch your calves and hamstrings.

#### 3. Runner's Lunge

Open your hips and stretch your thighs using this lunge pose. From Downward Facing Dog, step your right foot in between your hands. Make sure that your front knee is stacked neutrally above your ankle. Lengthen your back leg by pressing your heel toward the back wall.

#### 4. Warrior 2

This warrior pose stretches the inner hips while strengthening the muscles in the outer hips. From the lunge pose, turn your back foot out 90 degrees and place it onto the floor. Press the outer edge of your back foot into the floor, and engage the quads of that same leg to support the knee. Inhale to bring your arms straight out from your shoulders and your head straight toward the ceiling. Exhale to bend your front leg. Keep your weight centered over your hips rather than over your front leg.

#### 5. Pigeon Pose

Yoga practitioners often have a love/ hate relationship with Pigeon Pose because, well, it hurts so good! From Warrior 2, cartwheel your hands back to the floor on either side of your front leg. Set your front leg down on the mat so that your knee is bent approximately under your chest and your heel is near the opposite hip. Square your hips to the floor, and flex your toes to protect the ligaments in your knee. Inhale to extend your spine. Exhale and walk your hands forward on the floor as far as you need to feel an intense stretch in your thighs, psoas, groin, abdomen, chest, and shoulders.

\*\* Repeat the Down Dog/ Warrior 2/ Pigeon series with the left leg.

#### 6. Reclining Hip Opener

One more inner hip and front of hip opener! Place your feet and legs into the same position as in the first pose. Lie onto your back while keeping your legs in the wide diamond position. Press your outer ankles into the floor to raise your hips about an inch or two off of the floor. You will feel your hips open as you contract your glutes.

For more information contact: The Yoga Cottage a Community Studio 41 East 7720 South Midvale, UT 84047 801-568-0332 www.ouryogacottage.com



## Beginners' Hike

Alex Rudd

The first newcomers' / beginners' hike was May 16th. These hikes are designed to introduce people not only to the WMC but also to hiking as an activity. Between the advertisement and listing in The Rambler, along with a little blurb in The Salt Lake Tribune, this hike was a great success with a total of 26 participants. It was organized by Alex Rudd and co-led by Beth Conat. Long time member Knick Knickerbocker also came and helped lead and guide the group along. The chosen destination that day was Willow Lake. There was still some lingering snow but it was all well consolidated, and with the warm springtime temperatures it was very nice. Everybody made it to the lake where we all enjoyed some snacks, conversation, getting to know new people, and a brief visit to an old cabin site. We met Gary Meyer's photography hike group at the lake where we all joined in on some great photos--one of which was last month's Rambler cover photo. As the hiking directors, Julie Kilgore and I are planning to have at least one or more of these trips per month this hiking season. There seems to be huge need for beginner / introductory activities, especially in hiking where it can be confusing for new folks to figure out where they 'fit' into the club. If anyone is interested in helping organize or co-lead any of these, please contact either of us. Also, if anyone out there just wants to participate to get into hiking you can contact us or the organizer of the trip. See the inside front cover for contact info. Photo by Alex Rudd



Top: Alex Rudd Bottom: Knick Knickerbocker ~ Photos by Tanya Schlabaugh



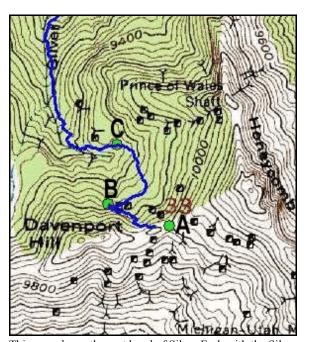


#### FAINT TRAILS IN THE WASATCH

#### 33. Silver Fork - Richmond & Teresa Mines

When the mining boom took off in 1869-70 the prospectors swarmed up Grizzly Gulch, then crossed the divide and entered the upper reaches of Silver Fork. The first claims filed over there were the Antelope and the Davenport in June of 1870. The following month brought a flood of claims that included the Teresa, the Wellington, and the Richmond. It was at the Wellington mine where the miner's meeting was held on 17 August and the decision was made to construct a road down Silver Fork to the Big Cottonwood toll road. The three men on the committee to contract for the road were Archibald Livingston, Thomas W. Bates and Jeremiah Richardson. Livingston was a teamster who was hauling much of the lumber and supplies for Mill F. While his name was on a number of claims during the 1870 year, most in the vicinity of Mill F, his interest probably had more to do with the road than the mines. Bates was a civil and mining engineer who would become heavily involved in mines at Keslers Peak and would give his name to the tiny, short-lived community of Batesville near the mouth of the South Fork. Richardson was a miner who had more interest in the Silver Fork area than his two partners on the road committee. He was one of the four locators of the Teresa Lode, sharing that honor with Wellington Sprouse who had given his name to the Wellington mine. Also, it is believed Richardson was a brother-in-law of Sprouse, since his wife was the former Theresa Sprouse who, in turn, gave her name to the newly located Teresa Lode.

The Richmond claim was almost at the same place as the Teresa, their discovery points being only about one hundred feet apart. Of course this caused a great deal of litigation over the years that followed, but in the first few years of the two mines' existence this did not appear to be much of a problem. They were located on the steep south slope of the Silver Fork east bowl, not far below the crest of the divide between Big and Little Cottonwood Canyons. Their first access was by way of a trail that came down from the pass between Grizzly Gulch and Silver Fork, but they quickly received access via a road that followed a circular path around the bowl to meet the Silver Fork road at Rices Flat. This road became very important due to events that transpired during the late summer of 1871 when a group of men from Illinois formed the Hawkeye Mining and Smelting Company of Utah and began building a smelter at the small community of Silver Springs. To ensure a supply of ore the



This map shows the east bowl of Silver Fork with the Silver Fork road/trail entering from the top. Point C is the location of Rices Flat, or Algiers. The Teresa mine is at point B. As a point of reference, A is U. S. Mineral Monument No.1, located in the pass between Grizzly Gulch and Silver Fork. The Teresa trail runs between A and B, while the Teresa road runs from B to C, connecting to the Silver Fork road at the flat

company took a three-month option and bond on the Richmond mine and began working it. Almost immediately two other Chicago men bought the option from the Hawkeye company and the mine from the former owners. There was a bit of collusion involved here because the president of the company, whose signature appeared on the deed, was reported to have been sick in bed at the time, and almost immediately thereafter the secretary of the company resigned and left the territory. To correct this apparent complicity, the new owners of the mine sold half of it back to the Hawkeye company and took a mortgage on the property to cover the purchase price.

Meanwhile the Hawkeye smelter was completed in the incredibly short time of less than two months and began operating using ore brought down on the new road. While it was successful in producing bullion, its owner was not quite as successful in paying its suppliers and workers. Law suits were filed to recover moneys due, but unpaid. They came from business men in the city who supplied materials and tools, the Mill F operator who supplied lumber, Big Cottonwood Canyon miners, businessmen and residents who provided land, charcoal, ore, labor and even cash advances to the workers. There were so many that the court finally combined them into one great lien upon the company. Since the company had no assets to satisfy the claims, the U.S. Marshal was ordered to sell the property at public auction, which he did, selling the Richmond mine to a Salt Lake City merchant who was one of the injured parties, and the smelter, tools, supplies and facilities to

various miners and residents. Of course this put an end to the Hawkeye company's short lived operations, but did not end the troubles it had caused. The two men from Chicago held possession of the Richmond mine and refused to give it up to the new owner. They also sold the mortgage to a Salt Lake City bank, who in turn sued the now defunct Hawkeye company for its payment. Again the mine went on the auction block and was sold to another Salt Lake City banker who became a third party who claimed the right to the property.

Meanwhile the Walker Brothers became involved in the Teresa mine. Astute businessmen as they were, they tried to resolve the apparent conflict caused by the close Teresa mines, both very obviously working the same ore body. This below the Teresa, hidden by the trees. caused much legal maneuvering to



proximity of the Richmond and Torses mines both years obviously dump is the level area right of center with the trail going up to the left. The road leaves the mine dump to the left, then drops into the trees. The Richmond mine cannot be seen, it being

determine who actually owned the vein common to both mines. What it did accomplish was to combine forces of the three presumed owners of the Richmond. It was a matter of 'the enemy of my enemy is my friend.' The case finally came down to the dates of the original claim notices posted at the discovery sites. The Teresa notice was posted a few days before the Richmond notice, so the Teresa was the senior claim. In an attempt to get all parties together peacefully, the Walkers drafted an agreement that gave each party a share in a newly formed Richmond and Teresa Mining Company, which took over both mines. Thereafter the mines entered an era of peaceful coexistence and were worked both by the new company and by leasers in the years that followed.

The Teresa trail still exists. It starts a short distance, about four-tenths of a mile, west from the pass between Grizzly Gulch and Silver Fork, goes down a steep traverse and makes one short switchback before



A hiker descends the road traversing the Silver Fork bowl from the Teresa mine to Rices Flat.

reaching the mine. It can be followed today, but it is becoming very faint. At one place it crosses a gully that has become deeply eroded, introducing a challenging obstacle to easy passage. The foot of the trail, at the mine, has been cut away by twentieth century miners who worked the dump, thereby obliterating most, if not all of the artifacts that might have remained. This trail was the place where one of the locators of the Teresa mine, J. C. Smith, lost his life. In December of 1871 he was working at the mine when he decided to go to Alta to get more candles. While climbing up this trail he triggered an avalanche that carried him some four hundred feet down the slope and buried him.

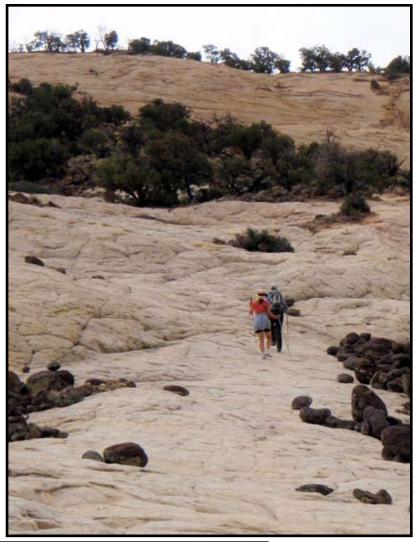
The road from the mine to Rices Flat also can be followed, although there are portions that are quite faint. This road was used by leasers in the middle of the last century which probably for its survival to this date.

. . . . . . . Faint Trails by Charles L. Keller . . . .



Top Left: Beth Ebling perfecting her sand skiing technique - Grand Staircase of the Escalante

Bottom: Louise Rausch trying to get a view of Lower Calf Creek Falls and the teeny weeny people below, without falling over the edge of the cliff. ~ Photos by Cheryl Soshnik





Top Right: Diane
Dedrickson and
Louise Rausch hike
the slickrock above
Upper Calf Creek
Falls, trying to
escape before the
big black clouds
overhead opened up
on us. Yes, we made
it; the downpour
began in earnest
while we were in the
cars drving back
home.

~ Photo by Cheryl Soshnik

> Memoríal Weekend Car Camp

> organized by John Veranth



Ridgeline to Pfeifferhorn ~ Photo by Alex Rudd



Pfeifferhorn Summit Group ~ Photo by Alex Rudd





Top Left: Upper Bells Reservoir with South Thunder Mountain

Below: Dave Armitage on Chipman Pk

Summit

~ Photos by Alex Rudd



# On South Thunder Mountain Summit

Left: 3 princesses, L-R: Lana Christensen, Anne Perry, Christine Pilgram

Below: Robert & Matt

~ Photos by Alex Rudd









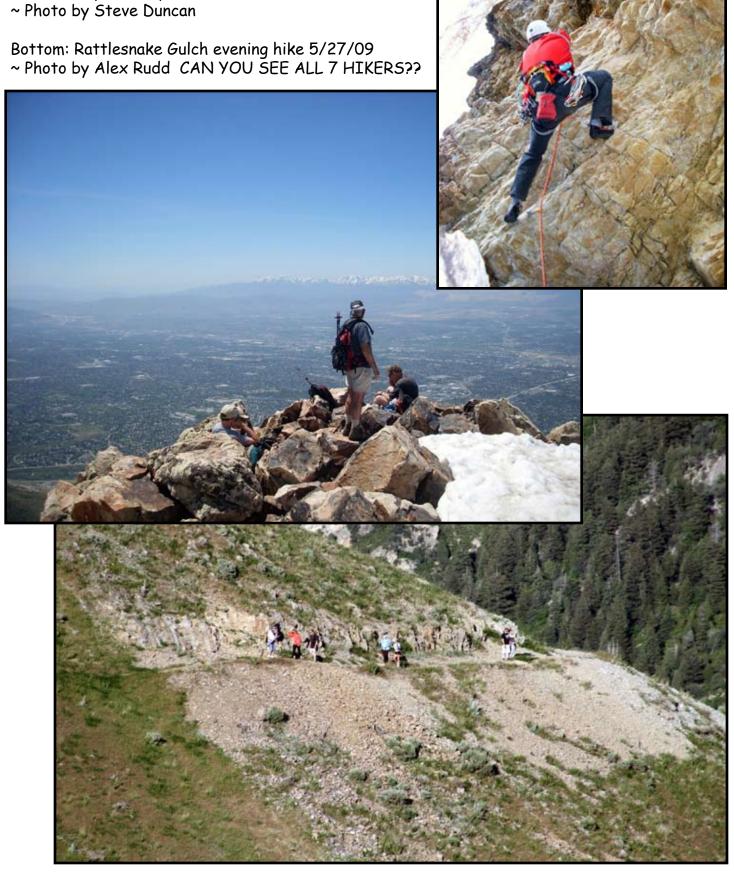
# Beginners' Hike to Burch Hollow

~ Photos by Alex Rudd



Right: "Vince" leading 5.10+ Dead Drunk on the Ambush Wall  $\sim$  Photo by Steve Duncan

Middle: The group relaxing on Mount Olympus including Donn Seeley, Bob Myers and Steve Carr ~ Photo by Steve Duncan





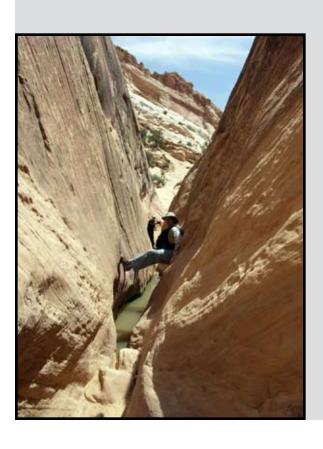
# SAN RAFAEL SWELL 5/2009

Top Left:
Bob Myers, Sally James in background
Upper Chute Canyon

Bottom Left:
Bob Grant chimneys over a puddle in
Dang Canyon while Roger Young looks on.
Ding Dang Loop Hike

Bottom Right: From left: Sally James, Bob Myers, Jerry Stott, Susan Allen, Julie Colonna-Stott Ding Dang Loop Hike

~ All photos by Donn Seeley





#### **WASATCH MOUNTAIN CLUB ACTIVITIES**

Only activities approved by the appropriate WMC director can be listed in The Rambler. Direct submissions to the Editor are NOT accepted. To submit your activity to the club, login to the WMC website and click on "Volunteer to Organize An Activity". The appropriate director will approve and/or edit this event for inclusion in both the web calendar and Rambler submissions. The deadline is 6:00 p.m. on the 10th of the month.

#### **Rules and Regulations:**

- 1. **Dogs & Children** are not allowed on WMC activities, except when specifically stated in the activity description.
- 2. **Car pool rates:** Gas plus \$0.15/mile, shared by everyone in the vehicle (including driver) on 2WD roads, OR gas plus \$0.25/mile on 4WD roads.

**Notice to Non-Members:** Most WMC activities are open to prospective members except when specifically stated in the activity description.

Find out about unofficial activities on our email lists. Activities formed with these lists are for members only. Lists are to be used only for the scheduling of outdoor activities. Any use of this service for any other purpose, such as advertising, SPAM, jokes, etc, will result in the loss of privilege. To subscribe: Once logging into the website, click on "Email Lists" on the left-hand side. Then follow the online instructions. (Boaters: E-mail the Boat Director—inside front cover—for more information.)

**Group size limits in wilderness:** Some National Forest ranger districts limit the size of gropus hiking in wilderness areas. For such hikes, the hike listing will indicate the maximum number of participants (not including the organizer). Please help our organizers on hikes with group size limits by arriving promptly and being understanding if you cannot be accommodated on the hike because of a limit.

#### **Activity Difficulty Rating**

0.1-4.0 > Not Too Difficult (NTD)

**Lightly Strenuous** 

4.1-8.0 > Moderate (MOD)

Moderate to Very Strenuous 8.1-11.0 > Most Difficult (MSD)

Very Strenuous, Difficult

11.1+ > Extreme (EXT)

Very Strong, Well-Seasoned Hikers

B > Boulder fields or extensive bushwhacking

E > Elevation change > 5,000 feet

M > Round trip mileage > 15 miles R > Ridgeline hiking or extensive route finding

S > Scrambling

X > Exposure

W > Wilderness area, limit 14

Be kind. When you carpool up local canyons, please give the driver \$1.50 or \$2.00 to help with gas and the wear and tear on the vehicle.

#### **Directions to Meeting Places**

Mill Creek Canyon Park and Ride Lot: Between 3800 S and 3900 S on Wasatch Blvd (3555 E), between the I-215 freeway and Wasatch Blvd along 3900 S. It is on the northwest corner of the intersection. You can ONLY enter it from the west-bound lanes of 3900 S. To get to the Mill Creek Canyon Rd from the Park and Ride lot without making a U-turn, go west (right) on 3900 S, proceed under the freeway, then turn north (right) at the next available street, which is Birch Dr; proceed north to Upland Dr (across from Skyline High School); go east (right) under the freeway and across Wasatch Blvd to the Mill Creek Canyon Rd (3800 S).

**Skyline High School:** 3251 E 3760 S (Upland Dr). From the intersection of Wasatch Blvd and the Mill Creek Canyon Rd (3800 S), go west under the I-215 freeway, then turn north (right) into the entrance opposite Birch Dr (3330 E). **Butler Elementary:** 2700 E just south of 7000 S

**Big Cottonwood Canyon Park and Ride Lot:** At the northeast corner of the Big Cottonwood Canyon Rd and Wasatch Blvd. at the mouth of Big Cottonwood Canyon.

**6200 Park and Ride Lot:** 6450 S Wasatch Blvd. Go two lights east and south on 6200 S from the I-215 overpass and turn east (left) onto Wasatch Blvd; the lot is immediately on your left. Sometimes used as an overflow lot for access to Big Cottonwood Canyon.

**Ft. Union Lot #4:** 200 yards west of Big Cottonwood Canyon Park & Ride, near the Porcupine Pub & Grille (which is located at 3698 Ft. Union Blvd).

**Little Cottonwood Canyon Park and Ride Lot:** 4323 E Little Cottonwood Canyon Rd. On the north side of the intersection of Little Cottonwood Canyon Rd and Quarry Rd at the mouth of Little Cottonwood Canyon.

**Utah Travel Council Parking Lot:** About 120 E 300 N. Go east from the intersection of State St and 300 N and turn south (right) into the first parking lot.

**Parleys Way K-Mart Parking Lot:** 2705 Parleys Way. From Parleys Way, turn north into the parking lot; or from Foothill Drive, turn west on Stringham Ave (2295 S) and then south into the lot.

# **ACTIVITIES LISTING**

See online Calendar for updated and additional events and trips.

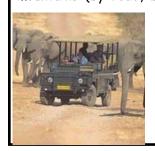
#### 2-Day Grand Teton Climb

Julie Kilgore is planning a two-day Grand Teton climb the weekend of August 15th through Exum Mountain Guides. There are several slots open that weekend and I would love some WMC company! If other WMC members would be interested in joining me, send me an e-mail (jk@wasatch-environmental.com). I'll give you the general run-down, the web link for detailed info (including training requirements), and the contact info needed to RSVP. -Julie

# Beauty and the Beast Hrica Hdventure

Sept 15 - 26, 2009

South Africa: Join Salt Lake based Denny Vanden Akker (WMC member and Africa Tour Operator) to scenic Cape Town, South Africa, then on to selected private game reserves where you will find yourself surrounded by wildest Africa yet enveloped in absolute luxury and comfort. Experience the grandeur of Cape Town and its majestic mountains (by road, bicycle, and hiking) including Cape Point, Table Mountain, and the vibrant



Wed

Waterfront teeming with restaurants, museusm, an apristine beaches. Then, on to private game lodges including individual chalets, twice daily (and night) game drives in open-air 4x4s where await the big five and plentiful (elephant, rhino, leopard, lion, cape buffalo), as well as hundreds of various other wild game and birds. From Cape Town to the bush, you will experience the best of what Africa has to offer. For details, contact Denny @ nakker4travel@ gmail.com or (801) 277-3368 in Salt Lake City.

Date	Activity
Jul 1	Evening Hike – Organizer's Choice, Mill Creek Canyon – ntd
Wed	Meet: 6:15 pm at Skyline High School (3151 E 3760 S)
	Organizer: Mark Bloomenthal 801-842-1242 markbloomenthal@yahoo.com
	There will be a prompt 6:30 pm departure.
Lul 4	Don Like Mill Creek Conven and

#### Jul 1 Dog Hike – Mill Creek Canyon – ntd

Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Tom Silberstorf 801-255-2784

Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.

#### Jul 1 Canoe – Evening Paddle On The Jordan River – flat water

Wed Meet: 6:00 pm at To be announced

Organizer: Marjorie Gendler 801 712-7890 gendler 801@aol.com

Unwind after work with an easy float. If you haven't paddled the Jordan before, you are in for a surprise at how delightful it is. We do different sections, so check the website or call on Tuesday to learn the put in location. Call if weather is questionable. Canoes and all kinds of kayaks welcome.

#### Jul 2 Climb – Storm Mountain

Thu

Meet: 6:00 pm at Big Cottonwood Canyon, 2.85 miles up canyon from the neon sign

Organizer: Steve Duncan 801 474-0031

Come join us for our Thursday evening climbing. Climbers of all ability levels are welcome. If you are new to the sport we have a lot of awesome climbers who are willing to show you the ropes. If you are hardcore we can always use more ropeguns. A climbing harness is necessary and climbing shoes make for a more enjoyable time. Helmets are strongly recommended. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement. Contact the climb leader or Clark Richards (801-272-5642) cgrichards@aol.com or Peter Campbell (733-0313), wmc-alpinist@hotmail.com if you have questions.

#### Jul 2 Evening Hike - Organizer's Choice, Big Cottonwood Canyon - ntd

Thu

Meet: 6:15 pm at Big Cottonwood Canyon Park & Ride

Organizer: Heidi DeMartis 801-942-8088 There will be a prompt 6:30 pm departure.

#### Jul 2 Day Hike - Weekday - ntd

Thu

Organizer: Norm Pobanz 801-266-3703

Join Norm's Thursday group for a nice weekday adventure. he will pick a location suitable for conditions. Norm plans on exploring some new areas this year so call for meeting time and place details. these trips usually end up in two groups, an NTD and a MOD.

#### Jul 2 Dog Hike – Mill Creek Canyon – ntd

Thu

Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Cathy Mooney 801-486-9200

Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Also, regardless of the leash law and day of the month, please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.

#### Jul 2 Mountain Bike - Ketchum/Stanley Idaho Area - mod

Thu – Jul 6 Mon

Meet: 5:00 pm at Registration required

Organizer: Gina and Tim Rau 801-703-7590 gina\_@hotmail.com

Come join us for some mountain biking in the Ketchum, Stanley area over the 4th of July weekend. We reserved two campsites at the Alturas Lake campground which is on the north side of Galena Summit. The campsites are reserved Thursday through Sunday nights. Space at the campsites for people and cars are limited, so RSVP is required and carpooling necessary. We will lead MOD+ riders and will break into groups so that those wanting to ride at a more leisurely pace can do so. We will send more details as the date gets closer RSVP gina\_rau@ hotmail.com or Gina 801-703-7590.

#### Jul 3 Fri Boat - 4th Of July River Party - ntd+

– Jul 6 Mon

Meet: 8:00 am at Boat Shed (4340 South, 300 West)

Organizer: Rick Thompson gone2moab@hotmail.com

The clubs annual 4th of July Payette extravaganza will start by driving up to Boise on Friday, July 3rd, and setting up camp in the very nice Hot Springs forest service group campsite. Saturday we will do two day runs on the Main Payette and after dinner trek over to Crouch to join in on their raucous 4th of July festivities, a party that must be experienced to be believed. Sunday we will move on to the beautiful and invigorating Cabarton section, maybe capping the day with an optional run down the more advanced South Fork. Then we will drive home on Monday. This is one of the most fun trips of the year, and a perfect intro to white water, with car camping, an insane country hoedown, and a mellow but active river. These are great ducky venues, get your ducks in a row in advance, to try an adventurous step beyond the paddle rafts. Whatever your craft of choice, sign up early, as this trip fills up quickly. The planning meeting for this trip will be held one week earlier, on Wednesday June 24, @ 700pm at the boat shed, which is at 4340 south Commerce Dr. (300 west) on the north side of Zims, just up from the McDonalds.

#### Jul 3 Fri Hike - Colorado Rockies/sangre De Cristos - mod+

#### – Jul 6 Meet: Registration Required

Mon

Organizer: Jane Koerner 435-750-0051 mtspirit50@hotmail.com

Rendezvous with Jane Koerner, who has done 100s of peaks in the Colorado Rockies over the years and is spending the summer there. Exact location of this peakbagging venture to be determined in June -- probably the Sangre de Cristos, which usually open up sooner than any other range in the state. To sign up for this trip, you must have prior mountaineering and altitude experience. We will be reaching altitudes above 13,000 feet. To inquire, etc., call 435-760-6778 (c) after Memorial Day weekend.

#### Jul 3 Fri Day Hike - Gobblers Knob Via Butler - mod+ - 9.0 mi Loop - 3166' ascent

Meet: 9:00 am at Big Cottonwood Canyon Park & Ride

Organizer: Liz Cordova 801 486-0909 liz1466@live.com

Gear up for the holiday weekend with a great hike--this one is a long walk with lots of ambiance. Loop up to Baker Pass and out past Dog Lake. Bring lunch and lots of water.

#### Jul 3 Fri Day Hike - Brighton Lakes - ntd

Meet: 9:15 am at Big Cottonwood Canyon Park & Ride

Organizer: Uli Hegewald 801 487-6841

Uli will lead this slow-paced hike to the three sister lakes - Mary, Martha, and Catherine

#### Jul 4 Day Hike - Deseret Peak - mod - 10.0 mi Out & Back - 3600' ascent

Sat

Meet: 8:00 am at Parleys Way former Kmart lot (2703 Parleys Way)

Organizer: Ray Duda 801 255-0085

Meet Ray to arrange a car pool to the trailhead for this Stansbury Range hike to Deseret Peak.

#### Jul 4 Evening Hike – 4th Of July Fireworks – mod – 6.2 mi Out & Back – 2610' ascent

Sat

Meet: 6:00 pm at Skyline High School (3151 E 3760 S)

Organizer: Elliott Mott 801-969-2846 elliott887@msn.com

This is an evening hike from Church Fork to Grandeur Peak to watch the 4th of July fireworks across the Salt Lake Valley. Be sure to bring warm clothing, snacks and a good flash light for the hike back to the trail head.

#### Jul 4 Day Hike - Silver Fork - ntd

Sat

Meet: 9:00 am at Big Cottonwood Canyon Park & Ride

Organizer: Tom Mitko 801 277-7588 pro1dragon@aol.com

Tom will lead this hike up Silver Fork towards the back side of the ridge that leads to Mount Superior.

#### Jul 5 Day Hike - Eisenglass Mine Hike, Bountiful - ntd

Sun

Meet: 9:00 am at Call for directions to meet at Bill's house, then carpool to the trailhead

Organizer: Bill Goldberg 801 209-2881 abelgian@msn.com

Join Bill for an easy paced 3-1/2 hour hike in the Bountiful area. After the hike, join Bill at his Bountiful residence for a backyard afternoon social.

#### Jul 5 Hike – Ntd/mod Show N Go – ntd+

Sun

Meet: 9:00 am at 6100 South & Wasatch Park & Ride

Organizer: N/A N/A

Members who would like to get together for a hike can meet at the 6100 South Park&Ride to pick a destination the fits the condition of the day and the mood of the group.

#### Jul 7 Mountain Bike – Park City Area Tuesday Evening Ride – mod

Tue

Meet: 6:00 pm at Rail Trail Parking lot

Organizer: Nick Calas 435.649-3544 nickcalas84060@yahoo.com

Round Valley and Lost Prospector if dry. Meet at the Rail Trail Parking lot east of the El Chubasco lot off Prospector Ave on the Right be ready to ride at 6! Mod to Mod +.

Date	Activity		
Jul 7	Evening Mountain Bike – Park City Area – mod		
Tue	Meet: 6:00 pm at announced weekly		
	Organizer: Vince Desimone (435) 649-6805 vincedesimone@yahoo.com		
	Vince Desimone and Nick Calas will be leading the summer Park City area rides. Join the WMC bike email list		
	for each week's meeting location or contact Vince for details.		
Jul 7			
Tue	Meet: 6:15 pm at Big Cottonwood Canyon Park & Ride		
	Organizer: Steve Carr 801-261-5787		
	There will be a prompt 6:30 pm departure.		
Jul 8	Evening Hike – Organizer's Choice, Little Cottonwood Canyon – ntd		
Wed	Meet: 6:15 pm at Little Cottonwood Canyon Park & Ride		
	Organizer: Constance Modrow 801-954-8324		
	There will be a prompt 6:30 pm departure.		
Jul 8	Canoe – Evening Paddle On The Jordan River – flat water		
Wed	Meet: 6:00 pm at To be announced		
	Organizer: Marjorie Gendler 801 712-7890 gendler801@aol.com		
	Unwind after work with an easy float. If you haven't paddled the Jordan before, you are in for a surprise at how		
	delightful it is. We do different sections, so check the website or call on Tuesday to learn the put in location. Call if weather is questionable. Canoes and all kinds of kayaks welcome.		
Jul 9	Climb - Gate Buttress		
Thu	Meet: 6:00 pm at Little Cottonwood Cottonwood Canyon,1.25 up canyon from the neon sign		
	Organizer: Steve Duncan 801 474-0031		
	Come join us for our Thursday evening climbing. Climbers of all ability levels are welcome. If you are new to		
	the sport we have a lot of awesome climbers who are willing to show you the ropes. If you are hardcore we can		
	always use more ropeguns. A climbing harness is necessary and climbing shoes make for a more enjoyable		
	time. Helmets are strongly recommended. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement. Contact the climb leader or Clark Richards (801-272-5642) cgrichards@aol.com or		
	Peter Campbell (733-0313), wmc-alpinist@hotmail.com if you have questions.		
Jul 9	Day Hike – Norm's Thursday Group – ntd		
Thu	Meet: 5:00 pm at Registration required		
	Organizer: Norm Pobanz 801-266-3703		
	Join Norm's Thursday group for a nice weekday adventure. he will pick a location suitable for conditions. Norm		
	plans on exploring some new areas this year so call for meeting time and place details. these trips usually end		
11.0	up in two groups, an NTD and a MOD.		
Jul 9 Thu	Evening Hike – Organizer's Choice, Mill Creek Canyon – ntd		
ma	Meet: 6:15 pm at Skyline High School (3151 E 3760 S)		
	Organizer: Mohamed Abdallah 801-466-9310		
11.0	There will be a prompt 6:30 pm departure.		
Jul 9 Thu	Dog Hike – K9's Choice, Mill Creek Canyon – ntd		
ma	Meet: 6:15 pm at Skyline High School (3151 E 3760 S)		
	Organizer: Mike Stone 435-647-6327 mwstone@gmail.com		
	Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Also, regardless of the leash law and day of the month,		
	please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well.		
	The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.		

BE PREPARED! ALWAYS TAKE THE 10 E'S AND CHECK THE LOCAL WEATHER CONDITIONS! WHAT ARE THE 10 E'S? MAP/COMPASS, FLASHLIGHT, POCKETKNIFE, MATCHES/FIRE-STARTER, SUNSCREEN/BUG SPRAY, SUNGLASSES, CANDLE, FIRST AID KIT, EXTRA CLOTHES, & FOOD AND WATER

#### Jul 10 Hike/car Camp - Car Camp / Backpack To Wyoming - ntd+

Fri – Jul Meet: 2:30 pm at 8200 S 1300 E Cottonwood Hills Condo Clubhouse

12 Sun

Organizer: Sonya Lloyd 801-448-3480 sonya.lloyd@gmail.com

Family & dog friendly car camp to my old stomping grounds and a mountain lake, Lake Alice (appx 8500 ft elevation). Can backpack or bike in about 2 miles to camp at lake or car camp at trailhead. Fishing available for Bonneville Cutthroat. Possible canoe available. Bring clothes to swim. Drive time from SLC: 2.75 hrs highway, about 1.5 hrs dirt road. Tall 4WD recommended to ford a creek or we can leave your car on one side of Hobble Creek. Will leave Friday afternoon and return late Sunday night. For more info, contact me.

#### Jul 10 Road Bike - A Few More Hills Of Park City - mod - 25.0 mi Loop - 2500' ascent

Fri

Meet: 9:00 am at Park City Library (1255 Park Ave)

Carpool: 8:15 am at Parleys Way former Kmart lot (2703 Parleys Way)

Organizer: Cheryl Soshnik 435 649-9008 csoshnik@yahoo.com

We're working our way up the hills of Park City - I'll have 4 or 5 picked out for today's ride. The nice thing about doing these hills is that you are never far from our start/stop point, so you can pick the number of hills you want to tackle. Don't worry if you're not a fast climber...I'm not either. Friday rides are social...we'll regroup at the top of each hill.

Jul 11 Trail - Maintenance - ntd

Sat

Organizer: Chris Biltoft 9801-364-5729 biltoftc@yahoo.com

More details to come.

#### Jul 11 Conservation - Hike, Flagstaff Lift Impact Mod - Loop - 2000' ascent

Sat

Meet: 9:00 am at Big Cottonwood Canyon Park & Ride

Organizer: Mary Ann Yates 801 278-2423 bnyslc@earthlink.net

Alta Ski Resort is exploring installing a ski lift to the top of Flagstaff Mountain. We will be looking at the proposed alignment and other impacts that would occur if this were to happen. This is a steep hike with some off trail hiking. We will finish the hike around 2 pm.

#### Jul 11 Dog Hike – Upper Millcreek – ntd

Sat

Meet: 12:30 am at Skyline High School (3151 E 3760 S)

Organizer: Tom Silberstorf 801-255-2784

Tom will lead this afternoon doggie hike to one of the trails in the upper part of Mill Creek Canyon.

#### Jul 11 Hike - Wolverine Cirque/Brighton Ridge - msd - Loop

Sat

Meet: 8:00 am at Big Cottonwood Canyon Park & Ride

Organizer: Julie Kilgore 801 244-3323 jk@wasatch-environmental.com

This hike will start at Silver Lake, hike to Twin Lakes dam, ascend the boulders of Mount Millicent, and follow the ridge to Wolverine Peak. From here, a MOD group can descend to Twin Lakes Pass and circle back to the dam, and an MSD group can hike to Tuscararo Peak and as many Brighton Ridge peaks as conditions will allow. In support of Trail Maintenance Day, come prepared to pick up pack out more than we pack in.

#### Jul 11 Road Bike – Weekend Epic #2: Huntington Canyon And Scofield – mod+ – 88.0 mi Out & Back – 3800'

Sat – ascen

Jul 12 Sun

Meet: 5:00 pm at Registration required

Organizer: Robert Turner 801-467-1129 r46turner@sisna.com

We'll camp Friday and Saturday nights at a National Forest campground in Huntington Canyon. Saturday, we'll ride up the canyon and back. Last year our course took us up and down, up and down, up and down... This year I'm tweaking it so we will do all the uphill the first half of the ride, leaving nothing but downhill all the way back. Sunday morning we'll pack up and start for home, but stop to ride part of the Energy Loop scenic byway from Highway 6 to Scofield reservoir and town and back before returning home. Contact Robert for more details and to register.

Date	Activity
Jul 11	Service Hike – Upper Millcreek Trails Maintenance
Sat	Meet: 8:00 am at Skyline High School (3151 E 3760 S)
	Organizer: Chris Biltoft 801 364-5729 biltoftc@yahoo.com
	We will work on a new section of trail that the Forest Service wants to complete this year. Please wear long pants and good boots, and bring work gloves, water, and a lunch. We will be done by 1:30-2 PM. The Forest Service will provide tools. Call or e-mail for details.
Jul 11 Sat	Day Hike – Cardiff Fork To Cardiff Fork Pass – mod – 7.0 mi – 2500' ascent
	Meet: 8:00 am at Big Cottonwood Canyon Park & Ride
	Organizer: Brett Smith 801 580-2066
	Join Brett for a hike into an area rich in mining history. There are several mines along the Cardiff Fork Road and Brett can share many of their stories.
Jul 12	Hike - Lake Blanche - mod - 6.0 mi Out & Back - 2720' ascent
Sun	Meet: 9:00 am at Big Cottonwood Canyon Park & Ride
	Organizer: Cindy Crass 801 530-7331 cjcrass@cnmlaw.com
	Cindy will set a moderately relaxed pace for all to enjoy this nice spring hike to Lake Blanche.
Jul 12	Day Hike – For Beginner And Leisure Hikers – ntd
Sun	Meet: 9:00 am at 6100 South & Wasatch Park & Ride
	Organizer: Linda and Don Frady 801 943-1871 lindakosky@msn.com
	Linda and Don will co-lead this hike geared towards leisure hikers and people new to hiking.
Jul 12	Day Hike – Lamotte Peak – msd – 11.0 mi – 4000' ascent
Sun	Meet: 5:00 pm at Registration required
	Organizer: Judy Zachary 801-466-6134 yajeez@gmail.com
	Ascend 12,720 foot Lamotte Peak, the highest peak in the western Uintas. It is about 10-11 miles RT with a 4000' elevation gain. On the way up, we will follow a trail for 4.2 miles and then ascend a couloir on the west side that leads to the summit. On the way back we will follow the northwest ridge and then bushwhack almost back to the start. Participants must be comfortable with bushwhacking, high altitude, and 400' of loose dirt/rock. But, there is no exposure. Expect an early start. Carpool from SLC to the Christmas Meadows trailhead off of the Mirror Lake Highway. Drive time is not quite 2 hours 1 way. Email Judy to register.
Jul 12	Turtle Hike – Birds And Flowers At Brighton – ntd – Out & Back
Sun	Meet: 9:00 am at Big Cottonwood Canyon Park & Ride
	Organizer: Martha Veranth 801 278-5826 veranth@xmission.com
	If you want to hike at a pace that lets you enjoy birds and flowers, meet Martha and John Veranth at the mouth of Big Cottonwood Canyon to carpool up to Brighton. Bring bird and flower field guides. Probable hike destination: Lake Solitude or Twin Lakes Pass.
Jul 12	Mountain Bike – Mid-mountain Trail – mod-
Sun	Meet: 9:45 am at Park City Mountain Resort Parking Lot
	Carpool: 9:00 am at Parleys Way former Kmart lot (2703 Parleys Way)
	Organizer: Thomas Hughes 801 652-3308 tmhughes1@comcast.net
	Join Tom Hughes for this Park City favorite. Meet at the Park City Mtn. Resort parking lot at 9:45. We will car shuttle from there up to a Mid Mountain trailhead in Deer Valley and ride 5 to 7 miles of the trail at a moderate pace. This trail follows the 8,000 foot contour, has little climbing, and is quote: one of the most dramatic and scenic in the region. Total distance will be 12 to 15 miles. To carpool from SLC meet at the (former) Parley's
1.1.4.4	Kmart at 9:00. Contact Tom for questions or directions.
Jul 14 Tue	Mountain Bike – Park City Area Tuesday Evening Ride – mod
Tuc	Meet: 6:00 pm at Rail Trail Parking lot
	Organizer: Nick Calas 435.649-3544 nickcalas84060@yahoo.com
	Round Valley and Lost Prospector if dry. Meet at the Rail Trail Parking lot east of the El Chubasco lot off Prospector Ave on the Right be ready to ride at 6! Mod to Mod +.

Date	Activity		
Jul 14	· · · · · · · · · · · · · · · · · · ·		
Tue	Meet: 6:00 pm at announced weekly		
	Organizer: Vince Desimone (435) 649-6805 vincedesimone@yahoo.com		
	Vince Desimone and Nick Calas will be leading the summer Park City area rides. Join the WMC bike email list for each week's meeting location or contact Vince for details.		
Jul 14	Evening Hike – Organizer's Choice, Mill Creek Canyon – ntd		
Tue	Meet: 6:15 pm at Skyline High School (3151 E 3760 S)		
	Organizer: Tony Barron 801-272-8927		
	There will be a prompt 6:30 pm departure.		
Jul 15	Evening Hike – Organizer's Choice, Big Cottonwood Canyon – ntd		
Wed	Meet: 6:15 pm at Big Cottonwood Canyon Park & Ride		
	Organizer: Knick Knickerbocker 801-272-2485		
	There will be a prompt 6:30 pm departure.		
Jul 15	Dog Hike – Mill Creek Canyon – ntd		
Wed	Meet: 6:15 pm at Skyline High School (3151 E 3760 S)		
	Organizer: Tom Silberstorf 801-255-2784		
	Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.		
Jul 15	Canoe – Evening Paddle On The Jordan River – flat water		
Wed	Meet: 6:00 pm at To be announced		
	Organizer: Marjorie Gendler 801 712-7890 gendler801@aol.com		
	Unwind after work with an easy float. If you haven't paddled the Jordan before, you are in for a surprise at how delightful it is. We do different sections, so check the website or call on Tuesday to learn the put in location. Call if weather is questionable. Canoes and all kinds of kayaks welcome.		
Jul 16	Road Bike – Ragbrai Across Iowa – mod – 445.0 mi Shuttle		
Thu –	Meet: 5:00 pm at Registration required		
Jul 27 Mon	Organizer: Cheryl Soshnik 435 649-9008 csoshnik@yahoo.com		
WOT	Each year, a car or two of WMC members travels to lowa, to spend a week bicycling across the state with 10,000 of their closest friends. We have a bus that we meet at the beginning of the ride, which travels the route for sag support and to carry your gear. This is RAGBRAI's 37th year, and the 15th year that Team Spirits has rolled across the state. If you are interested in joining "Team Spirits" for the week, please contact me for more information, carpooling options, and trip costs.		
Jul 16	Day Hike - Norm's Thursday Group - ntd		
Thu	Meet: 5:00 pm at Registration required		
	Organizer: Norm Pobanz 801-266-3703		
	Join Norm's Thursday group for a nice weekday adventure. he will pick a location suitable for conditions. Norm plans on exploring some new areas this year so call for meeting time and place details. these trips usually end up in two groups, an NTD and a MOD.		
Jul 16	Evening Hike – Organizer's Choice, Little Cottonwood Canyon – ntd		
Thu	Meet: 6:15 pm at Little Cottonwood Canyon Park & Ride		
	Organizer: Heidi DeMartis 801-942-8088		
	There will be a prompt 6:30 pm departure.		

#### Jul 16 Dog Hike - K9's Choice, Mill Creek Canyon - ntd

Thu

Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Jean Acheson 801-633-5225 jeanacheson@comcast.net

Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Also, regardless of the leash law and day of the month, please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.

#### Jul 17 Hike - Colorado Rocky Peakbagging/san Juans Or Elks - mod+

Fri - Jul Meet: Registration Required

22 Wed

Organizer: Jane Koerner 435-750-0051 mtspirit50@hotmail.com

Join peripatetic Colorado Rocky peakbagger Jane Koerner on these dates or any other for an outing in a pristine, uncongested area. Jane is spending most of the summer in the mountains she has hiked for more than 30 years. Exact location of this particular venture not determined yet, but probably one of the Western Slope ranges (the San Juans or Elks). To sign up for this trip, you must have prior mountaineering and altitude experience. We will be reaching altitudes above 13,000 feet. Your efforts will be rewarded with wildflower and wildlife viewings, and few encounters with humans. To inquire after Memorial Day, call 435-760-6778 (c).

#### Jul 17 Raft - Snake River Alpine Canyon - class III - 10.0 mi Shuttle

Fri – Jul Meet: 5:00 pm at Registration required

19 Sun

Organizer: David Rabiger 801 964-8190 drabiger@utah.gov

WMC members, friends, and family are welcome to join us for a day trip down Alpine section of Snake River Friday July 17 with day hikes planned for Saturday. We have a Gros Venture group camp site reserved in GTNP. Bring your own boat or rent. This is a family oriented trip. Please notitfy me if you plan to come, Dave 801 964 8190 or email drabiger@utah.gov

#### Jul 17 Road Bike - Heber Valley To Woodland - mod+ - 40.0 mi Out & Back - 2000' ascent

Fri

*Meet:* 9:00 am at Meet at Fishing Parking Lot on left side of River Road. Take Hwy 40 from Park City past Jordenell. turn right at light toward Midway on River Road. First left is the parking lot.

Organizer: Gene Thibeault 435 654-0091 gtbow@hotmail.com

We will ride up past Jordenell to Woodland via Lower River Road and return via Bench Creek Road.

#### Jul 18 Family Hike - Mormon Pioneer Trail - mod - 4.0 mi Shuttle

Sat

Meet: 9:30 am at Skyline High School (3151 E 3760 S)

Carpool: 9:30 am at we'll need to set up a car shuttle for this hike.

Organizer: Randy Long 801 733-9367

hike a portion of the actual pioneer trail. from Mormon flat to the top of emmigration canyon. you'll travel through a meadow where they actually camped. along the way enjoy the forest, stream, beaver dams, and see an old earthen dam. Randy will continue the theme of trail service day, so there will be trash pick up along the way.

#### Jul 18 Day Hike - Willow Lake - ntd - 1.5 mi Out & Back - 600' ascent

Sat

Meet: 9:00 am at Big Cottonwood Canyon Park & Ride

Organizer: Cindy Wolfe 801 943-4808

Cindy will lead this pleasant short hike through the aspen groves to Willow Lake. Moderate elevation gain that would be good for beginning hikers.

#### Jul 18 Day Hike - Alexander Basin To Gobblers - msd- - 8.0 mi Loop - 4000' ascent

Sat

Meet: 9:00 am at Skyline High School (3151 E 3760 S)

Organizer: Karen Perkins 801-272-2225

Karen will lead one of her favorite Millcreek hikes that will begin up the steep trail into Alexander Basin with a loop to Gobblers, down Bowman, then back through Alexander Basin.

Date	Activity		
Jul 19	Lodge Work Party – July Maintenance – ntd		
Sun	Meet: 10:15 am at WMC Lodge		
	Carpool: 9:30 am at Cottonwood Park & Ride at 6200 S. & Wasatch Blvd.		
	Organizer: Robert Myers 801 466-3292 robertmyers47@gmail.com		
	Summer work party to clean the lodge up and start the summer projects. Work for everyone, lunch provided; just bring work gloves, work clothes and sunscreen. Temperature will be lower at Brighton so dress for the occasion. The lodge will be rented for a wedding on Saturday and we may need to be flexible with when we start. Please call for more information. The building will be available for an overnight stay on the night of the work party (Sunday). Call to arrange. For more information, call Robert at either (H)801-466-3292 or 801-651-9965 for more information.		
Jul 19	Day Hike – Catherine's Pass From Brighton – ntd+ – 5.0 mi – 1850' ascent		
Sun	Meet: 9:00 am at Big Cottonwood Canyon Park & Ride		
	Organizer: Lynette Brooks 801 523-6225 lerkbrooks@yahoo.com		
	Lynette will lead this MOD hike at a comfortable pace so the group can enjoy the scenery and conversation.		
Jul 19	Day Hike - Neff's Canyon To Porter Fork - mod+ - 9.0 mi Shuttle - 3600' ascent		
Sun	Meet: 5:00 pm at Registration required		
	Organizer: Knick Knickerbocker 801 272-2485 Knick.Sold@comcast.net		
	We will go up Neff's Canyon to saddle looking into Big Cottonwood Canyon and then take an old faint trail east along ridge and come down Porter Fork. Car shuttle will be needed. Limit of 9 for WMC members only. Must register with organizer Knick Knickerbocker. Contact Knick by phone at 801-272-2485 or email knick.sold@comcast.net		
Jul 19	Conservation – Adopt A Highway Cleanup (intervention)		
Sun	Meet: 9:00 am at 6200 South & Wasatch Park & Ride		
	Organizer: Kyle Williams 801 652-8110 1959.kyle@gmail.com		
	I was driving our little stretch of road today and it looks like it needs a trim. Please join me for a quick litter cleanup before you head out for the rest of your day. it may be a warm day, but with a good crew, we can be done in an hour before it gets too hot. Our stretch is the road from I-215 (6200 S) to the mouth of Big Cottonwood canyon. We all drive it several times a week, so we all have a vested interest in helping it feel good about itself. Yes, I know, it needs to be responsible for it's own happiness, but we do owe it a bit of love now and again. Bring gloves and bottle of water, wear good walking shoes. Call Kyle (801)652-8110 if you have questions/		
Jul 19	Road Bike – Leader's Choice Sunday – mod		
Sun	Meet: 10:00 am at Call organizer for trip destination		
	Carpool: 9:00 am at Parleys Way former Kmart lot (2703 Parleys Way)		
	Organizer: Marcia Hansen 801 486-5724 hansen5200@msn.com		
	Depending on temperatures and weather, a 30 - 50 mile ride, typically in the Park City area. Watch the website for more details on the ride.		
Jul 21 Tue	Evening Mtn Bike - Park City Area - mod		
	Meet: 6:00 pm at announced weekly		
	Carpool: 5:20 pm at Parleys Way former Kmart lot (2703 Parleys Way)		
	Organizer: Vince Desimone 435 649-6805 vincedesimone@yahoo.com		
	Vince Desimone and Nick Calas will be leading the summer Park City area rides. Join the WMC bike email list for each week's meeting location or contact Vince for details.		
Jul 21	Evening Hike – Organizer's Choice, Big Cottonwood Canyon – ntd		
Tue	Meet: 6:15 pm at Big Cottonwood Canyon Park & Ride		
	Organizer: Brett Smith 801-580-2066		
	The second like a consequent 0,000 area described		

There will be a prompt 6:30 pm departure.

#### Jul 22 Conservation Meeting/social - Wilderness Volunteers Presentation

Wed

Meet: 7:00 pm at REI Salt Lake City

Organizer: Zig Sondelski 801 292-8332 zig.sondelski@gmail.com

Join Dave Pachenco, program manager for Wilderness Volunteers who has led over 30 volunteer service projects, to learn about volunteer opportunities throughout the US, including AK & HI. Projects are a week long, limited to 12 people, cost \$259, include all meals, have activity ratings, are well detailed (see web site below) and work with public land agencies (NPS, BLM, NFS, etc) in the outdoors on trail maintenance, habitat restoration, construction and more. Meet new people, make a difference you can see, deduct all of your expenses, learn a new skill and explore new lands. Previous participants include Tom Walsh, Dudley McIlhenny and Zig Sondelski if you would like first hand information.

#### Jul 22 Evening Hike - Organizer's Choice, Mill Creek Canyon - ntd

Wed

Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Pam Miller and Anne Polinsky 801-381-7942 or 801-466-3806

There will be a prompt 6:30 pm departure.

#### Jul 22 Canoe – Evening Paddle On The Jordan River – flat water

Wed

Meet: 6:00 pm at To be announced

Organizer: Marjorie Gendler 801 712-7890 gendler 801@aol.com

Unwind after work with an easy float. If you haven't paddled the Jordan before, you are in for a surprise at how delightful it is. We do different sections, so check the website or call on Tuesday to learn the put in location. Call if weather is questionable. Canoes and all kinds of kayaks welcome.

#### Jul 23 Climb - Ferguson Canyon - mod+

Thu

Meet: 6:00 pm at See below

Organizer: Kelly Sweat 801 589-6979

From Wasatch Blvd. turn East on Prospector Drive (7535 S.)Turn left on Timberline (7780 S.)Park at the gate that blocks access to a dirt road on the East. Come join us for our Thursday evening climbing. Climbers of all ability levels are welcome. If you are new to the sport we have a lot of awesome climbers who are willing to show you the ropes. If you are hardcore we can always use more ropeguns. A climbing harness is necessary and climbing shoes make for a more enjoyable time. Helmets are strongly recommended. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement. Contact the climb leader or Clark Richards (801-272-5642) cgrichards@aol.com or Peter Campbell (733-0313), wmc-alpinist@hotmail.com if you have questions.

#### Jul 23 Road Bike - Emigration Canyon And Big Mtn - msd- - 38.0 mi Out & Back - 3300' ascent

Thu

Meet: 9:00 am at Mtn Dell Exit #134 above the UDOT shed

Carpool: 8:30 am at Parleys Way former Kmart lot (2703 Parleys Way)

Organizer: Donna Fisher 435 649-0183 dlfisher@utahbroadband.com

Meet at 9 a.m. at the Mtn Dell Exit #134. We'll ride up Little Mtn and then down to the Zoo. If we feel like it we can then tackle Big Mtn.

#### Jul 23 Day Hike - Norm's Thursday Group - ntd

Thu

Meet: 5:00 pm at Registration required

Organizer: Norm Pobanz 801-266-3703

Join Norm's Thursday group for a nice weekday adventure. he will pick a location suitable for conditions. Norm plans on exploring some new areas this year so call for meeting time and place details. these trips usually end up in two groups, an NTD and a MOD.

#### Jul 23 Evening Hike – Catherine Pass – ntd

Thu

Meet: 6:15 pm at Little Cottonwood Canyon Park & Ride

Organizer: Brett Smith 801-580-2066

There will be a prompt 6:30 pm departure.

Date	Activity
Jul 23	Dog Hike – K9's Choice, Mill Creek Canyon – ntd
Thu	Meet: 6:15 pm at Skyline High School (3151 E 3760 S)
	Organizer: Mike Stone 435-647-6327 mwstone@gmail.com
	Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Also, regardless of the leash law and day of the month, please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.
Jul 24	Car Camp – Wind River Mountains – mod- – 4.0 mi Out & Back – 300' ascent
Fri – Ju	Meet: 5:00 pm at Registration required
26 Sun	Organizer: Randy Long 801 733-9367
	go for a car camp in 'big country'. visit the headwaters of the gren river. camp will be at green river lakes campground. a day hike along the highline and clear creek trails to a natural bridge. on the same hike you'll see green river lakes, square top mountain, clear creek falls, slide creek falls, and clear creek natural bridge. all of that in 4 miles each way with just 300 ft elevation gain.
Jul 24	Day Hike – Tuscarora-wolverine – mod – Loop
Fri	Meet: 8:30 am at Big Cottonwood Canyon Park & Ride
	Organizer: Liz Cordova 801 486-0909 liz1466@live.com
	From Brighton, loop to Catherine's Pass and along the ridge to Twin Lakes Pass. Out via Silver Lake.
Jul 25	Day Hike - Lake Blanche - mod - 6.0 mi Out & Back - 2700' ascent
Sat	Meet: 8:00 am at Big Cottonwood Canyon Park & Ride
	Organizer: Pam Miller 801 381-7942 pmiller@npsstore.com
	Pam will lead this hike to Lake Blanche near the base of Sundial Peak, the emblem of the Wasatch Mountain Club
Jul 25	Climb – Maple Canyon
Sat –	Meet: 5:00 pm at Registration required
Jul 26 Sun	Organizer: Steve Duncan 801 474-0031 duncste@comcast.net
Suii	Come climb the unique conglomerate rock of Maple Canyon. I've reserved the group campground for Saturday, fee to be shared among the group. There are hiking opportunities in the canyon also.
Jul 25	Hike – Saturday Sunset – ntd
Sat	Meet: 5:00 pm at We will meet at the small parking lot across the road (Sunnyside Drive) from the east end of the Hogle Zoo parking lot.
	Organizer: Jerry Hatch 801- 583- 8047
	Unusual hike to a forested ridgeline with panoramic views of the Wasatch mountains at sunset. Please bring water and (just in case) a flashlight.
Jul 26	Day Hike – Mineral Fork Photo Op – ntd
Sun	Meet: 9:00 am at Big Cottonwood Canyon Park & Ride
	Organizer: Cal Osburn 801 944-4574
	Cal will lead this leisurely paced photography hike to Mineral Fork. No camera required for hikers who just want to enjoy the day and the company. Beginners are welcome.
Jul 26	Day Hike - Maybird Lakes - mod - 5.0 mi Out & Back - 2000' ascent
Sun	Meet: 9:00 am at Little Cottonwood Canyon Park & Ride

Tom welcomes families with children 15 years of age and older to join him on this hike to this pair of lakes nestled in the shadow of the Pfiefferhorn

Organizer: Tom Silberstorf 801 255-2784

Date	Activity
Jul 26	Road Bike – Leader's Choice Sundays – mod
Sun	Meet: 10:00 am at Please contact Leader for specifics. Meeting time also subject to change.
	Carpool: 9:00 am at Parleys Way former Kmart lot (2703 Parleys Way)
	Organizer: Marcia Hansen 801 486-5724 hansen5200@msn.com
	Depending on weather and temperatures, a 30 - 50 mile ride, typically in the Park City area. Please watch the website for more details.

#### Jul 26 Turtle Hike - Timpanogos Via Aspen Grove - msd - 12.0 mi Out & Back

Sun Meet: 5:00 pm at Registration required

Organizer: Bruce Moore 801-573-8443 bhmoore@xmission.com

If you've wanted to tackle Timp at a slower pace, with plenty of time for photographs and conversation, this hike will be an MSD at a Turtle pace. Slowing it down means those joining this group should plan to be hiking 12 to 14 hours. Bruce will limit the group to 10 to 12 like-minded hikers. Call to register and get meeting details.

#### Jul 28 Evening Mtn Bike – Park City Area – mod

Tue *Meet:* 6:00 pm at announced weekly

Carpool: 5:20 pm at Parleys Way former Kmart lot (2703 Parleys Way)

Organizer: Vince Desimone 435 649-6805 vincedesimone@yahoo.com

Vince Desimone and Nick Calas will be leading the summer Park City area rides. Join the WMC bike email list for each week's meeting location or contact Vince for details.

#### Jul 28 Evening Hike - Organizer's Choice, Big Cottonwood Canyon - ntd

Tue Meet: 6:15 pm at Big Cottonwood Canyon Park & Ride

Organizer: Mike Nordstrom 801-943-6610 There will be a prompt 6:30 pm departure.

#### Jul 29 Evening Hike - Beginner's / Newcomer's - ntd- - Out & Back - 600' ascent

Wed Meet: 6:15 pm at Big Cottonwood Canyon Park & Ride

Organizer: Pam Miller / Anne Polinsky 801-381-7942 / 801-466-3806 pmiller@npsstore.com

Pam & Anne will be hosting this beginner's and newcomer's weeknight hike. They plan on going to willow lake. These hikes are geared towards people new to hiking or just new to the wasatch mountain club. There are two leaders to ensure someone is always at the back so nobody is forgotten or left behind and that all quesions or concerns are addressed. Meet at 6:15 for a 6:30 departure.

#### Jul 29 Evening Hike - Organizer's Choice, Little Cottonwood Canyon - ntd

Wed Meet: 6:15 pm at Little Cottonwood Canyon Park & Ride

Organizer: Julie Kilgore 801-244-3323
There will be a prompt 6:30 pm departure.

#### Jul 29 Dog Hike - Mill Creek Canyon - ntd

Wed Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Tom Silberstorf 801-255-2784

Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.

#### Jul 29 Canoe – Evening Paddle On The Jordan River – flat water

Wed Meet: 6:00 pm at To be announced

Organizer: Marjorie Gendler 801 712-7890 gendler 801@aol.com

Unwind after work with an easy float. If you haven't paddled the Jordan before, you are in for a surprise at how delightful it is. We do different sections, so check the website or call on Tuesday to learn the put in location. Call if weather is questionable. Canoes and all kinds of kayaks welcome.

Date Activity
Jul 30 Climb
Thu Meet: 6

Thu

Sun

Sat

Climb - Lisa Falls

Meet: 6:00 pm at Little Cottonwood, 2.8 miles upcanyon from the neon sign

Organizer: Clark and Holley Richards 801 272-5642

Come join us for our Thursday evening climbing. Climbers of all ability levels are welcome. If you are new to the sport we have a lot of awesome climbers who are willing to show you the ropes. If you are hardcore we can always use more ropeguns. A climbing harness is necessary and climbing shoes make for a more enjoyable time. Helmets are strongly recommended. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement. Contact the climb leader or Clark Richards (801-272-5642) cgrichards@aol.com or Peter Campbell (733-0313), wmc-alpinist@hotmail.com if you have questions.

Jul 30 Day Hike - Norm's Thursday Group - ntd

*Meet:* 5:00 pm at Registration required *Organizer:* Norm Pobanz 801-266-3703

Join Norm's Thursday group for a nice weekday adventure. he will pick a location suitable for conditions. Norm plans on exploring some new areas this year so call for meeting time and place details. these trips usually end up in two groups, an NTD and a MOD.

Jul 30 Evening Hike - Organizer's Choice, Mill Creek Canyon - ntd

Thu Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Mark Bloomenthal 801-842-1242 markbloomenthal@yahoo.com

There will be a prompt 6:30 pm departure.

Jul 30 Dog Hike - K9's Choice, Mill Creek Canyon - ntd

Thu Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Jean Acheson 801-633-5225 jeanacheson@comcast.net

Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Also, regardless of the leash law and day of the month, please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.

Jul 31 Canyoneering - -the Subway In Zion - mod-

Fri – Meet: 4:00 pm at Registration Required Aug 2

Organizer: Rick Thompson gone2moab@hotmail.com

The SUBWAY in Zion is a magical place of beauty, adventure and fun- if you've never done it, but always wanted to, this is your chance. We will be driving down friday afternoon, doing the Subway one day and its charming sister canyon, Orderville, the second day, for an epic double-header weekend. Classified as "semi-technical", no rappelling is required in either canyon, but there are some scrambling obstacles along the way in each canyon that will test your mettle, making for a high energy day full of hiking, climbing and swimming. this trip is full.

Jul 31 Road Bike - Browns Canyon Loop - mod - 35.0 mi Loop - 1800' ascent

Fri Meet: 9:00 am at Hwy 248 and Round Valley Drive

Carpool: 8:15 am at Parleys Way former Kmart lot (2703 Parleys Way)

Organizer: Cheryl Soshnik 435 649-9008 csoshnik@yahoo.com

Today's ride goes from the outskirts of Park City to Kamas, Peoa, and back up Browns Canyon. To get to this meeting area, From I-80 take the Hwy 40 Exit; Go 4 Miles to the Kamas/Park City Exit, turn Right at the end of the off ramp. You will see the new stop light at Round Valley Drive. There is a large parking area on the Right.

Aug 1 Day Hike - Brighton Lakes - ntd+

Meet: 9:15 am at 6100 South & Wasatch Park & Ride

Organizer: Doug Stark 801 277-8538

Doug will lead this hike at a leisurely pace to check out the wildflowers in the Brighton lakes area.

Date	Activity
Aug 1	Dog Hike – Tom's Choice – ntd
Sat	Meet: 12:30 am at Skyline High School (3151 E 3760 S)
	Organizer: Tom Silberstorf 801 255-2784
	Tom will select a Millcreek Canyon destination for an afternoon hike. Well mannered dogs and teenagers are welcome.
Aug 1	Day Hike - Day-bright Loop - mod+
Sat	Meet: 9:00 am at Big Cottonwood Canyon Park & Ride
	Organizer: Steve Duncan 801 474-0031 duncste@comcast.net
	Up Days Fork and out Silver Lake at Brighton this is a great ridge hike with views of both Big and Little Cottonwood Canyons. We saw at least 10 moose on this hike last year.
Aug 2	Day Hike – Timpanogos Via Timpooneke – msd – 18.0 mi
Sun	Meet: 5:00 pm at Registration required
	Organizer: Carol Masheter 801-466-5729 or 801-493-9114
	Join Carol for a trek to Mount Timpanogos, the second-highest summit of the Wasatch Mountains. Carol for an early start and meeting place
Aug 2	Day Hike – Summer Ponds Loop – mod
Sun	Meet: 8:00 am at Big Cottonwood Canyon Park & Ride
	Organizer: Karen Perkins 801-272-2225
	Karen will lead the group up Mill B South [Blanche] and down Mineral. A pretty hike in the summer because of the ponds along this loop.
Aug 4	Evening Mtn Bike – Park City Area – mod
Tue	Meet: 6:00 pm at announced weekly
	Carpool: 5:20 pm at Parleys Way former Kmart lot (2703 Parleys Way)
	Organizer: Vince Desimone 435 649-6805 vincedesimone@yahoo.com
	Vince Desimone and Nick Calas will be leading the summer Park City area rides. Join the WMC bike email list for each week's meeting location or contact Vince for details.
Aug 4	Evening Hike – Organizer's Choice, Big Cottonwood Canyon – ntd
Tue	Meet: 6:15 pm at Big Cottonwood Canyon Park & Ride
	Organizer: Robert Sweeten 801-278-1007
	There will be a prompt 6:30 pm departure.
Aug 5	Evening Hike – Full Moon Stroll, Little Cottonwood Canyon – ntd
Wed	Meet: 6:15 pm at Little Cottonwood Canyon Park & Ride
	Organizer: Mark Bloomenthal 801-842-1242 markbloomenthal@yahoo.com
	We'll probably be down before the full Moon is up, but it's nice to know it's there. Be ready for a prompt 6:30 pm departure.
Aug 5	Dog Hike – Mill Creek Canyon
Wed	Meet: 6:15 pm at Skyline High School (3151 E 3760 S)
	Organizer: Tom Silberstorf 801-255-2784
	Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Please bring a leash in case circumstances arise where it is product. This bike is open to the dog loss as well. The bike will be load at a turtle page. There will be a prompt

BE PREPARED! ALWAYS TAKE THE 10 E'S AND CHECK THE LOCAL WEATHER CONDITIONS! WHAT ARE THE 10 E'S? MAP/COMPASS, FLASHLIGHT, POCKETKNIFE, MATCHES/FIRE-STARTER, SUNSCREEN/BUG SPRAY, SUNGLASSES, CANDLE, FIRST AID KIT, EXTRA CLOTHES, & FOOD AND WATER

needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt

6:30 pm departure.

#### Aug 6 Climb - Storm Mountain

Thu

Meet: 6:00 pm at Big Cottonwood Canyon, 2.85 miles upcanyon from the neon sign

Organizer: Vickie Ashby 801 450-7432

Come join us for our Thursday evening climbing. Climbers of all ability levels are welcome. If you are new to the sport we have a lot of awesome climbers who are willing to show you the ropes. If you are hardcore we can always use more ropeguns. A climbing harness is necessary and climbing shoes make for a more enjoyable time. Helmets are strongly recommended. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement. Contact the climb leader or Clark Richards (801-272-5642) cgrichards@aol.com or Peter Campbell (733-0313), wmc-alpinist@hotmail.com if you have questions.

#### Aug 6 Day Hike - Norm's Thursday Group - ntd

Thu

*Meet:* 5:00 pm at Registration required *Organizer:* Norm Pobanz 801-266-3703

Join Norm's Thursday group for a nice weekday adventure. he will pick a location suitable for conditions. Norm plans on exploring some new areas this year so call for meeting time and place details. these trips usually end up in two groups, an NTD and a MOD.

#### Aug 6 Evening Hike - Organizer's Choice, Mill Creek Canyon - ntd

Thu

Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Mohamed Abdallah 801-466-9310

# There will be a prompt 6:30 pm departure. Aug 6 Dog Hike – K9's Choice, Mill Creek Canyon – ntd

Thu

Meet: 6:15 pm at Skyline High School (3151 E 3760 S)

Organizer: Mike Stone 435-647-6327 mwstone@gmail.com

Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Also, regardless of the leash law and day of the month, please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be lead at a turtle pace. There will be a prompt 6:30 pm departure.

#### Aug 8 Trail - Maintenance - ntd

Sat

Organizer: Chris Biltoft 801-364-5729 biltoftc@yahoo.com

More details to come.

#### Aug 8 Day Hike - Red Pine Lakes - mod - 7.0 mi Out & Back - 2300' ascent

Sat

Meet: 8:00 am at Little Cottonwood Canyon Park & Ride

Organizer: Pam Miller 801 381-7942 pmiller@npsstore.com

Join Pam for this hike to one or both of the Red Pine lakes.

#### Aug 8 Day Hike - Leaders Choice - msd

Sat

Meet: 8:00 am at Little Cottonwood Canyon Park & Ride

Organizer: Mohamed Abdallah 801 466-9310

Mohamed will select a destination appropriate for his condition after a month of travel

#### Aug 8 Backpack - Ruby Dome - msd - Out & Back

Sat – Aug 10 Mon

Meet: 5:00 pm at Registration required

Organizer: Donn Seeley 801 706-0815 donn@xmission.com

At 11,387 feet, Ruby Dome is the highest summit in the Ruby Mountains in eastern Nevada. The Rubies are dramatic and rugged, with deep glacial valleys, hundreds of lakes and herds of bighorn and mountain goats. We will pack in to a high camp with water, then go cross-country to the peak, packing out on the last day. The route will be strenuous and exploratory with scrambling on high ridgetops and possible exposure.

Sat

Sun

#### Aug 8 Family Hike – Sugarloaf Peak – mod-

Meet: 10:00 am at Little Cottonwood Canyon Park & Ride

Organizer: Randy Long 801-733-9367

Randy will tackle this peak via cecret lake in albion basin. This was one of RAndy's first hikes. There is a slight scramble near the top. But this is one of the easiest 11,000 foot peaks. Children are welcome, adolescents preferred.

#### Aug 9 Dog Hike – Bald Mountain And Bench Lake In The Uintas – mod

*Meet:* 8:30 am at Parleys Way former Kmart lot (2703 Parleys Way)

Organizer: Chris Venizelos 801-554-3697 cvenize@xmission.com

Join Chris on his annual Uinta Mountain hike. First Bald Mt.(11,943 ft,2.8 RT miles). Then Bench Lake (5 RT miles) in the Weber River Drainage. After hiking, we will get a bite to eat in Kamas or Oakley. Plan to be back in Salt Lake about 6:30 PM. Initial meet at Parleys Way K-Mart, but we can meet others in Park City or Kamas. Well behaved dogs are welcome!

#### Aug 9 Hike – Mt Timpanogos – msd

Sun Meet: 5:00 pm at Registration required

Organizer: Michael Budig 801 328-4512 mbudig@blazemail.com

Always spectacular Mt Timpanogos- the best dayhike in the Wasatch. Pre-registration required- please contact trip organizer Michael Budig by email

#### Aug 9 Hike – Artist's Hike – ntd

Sun Meet: 8:30 am at Skyline High School (3251 E 3760 S)

Organizer: jalene myrup 801 583-1678

hike to a nice place near the top of millcreek canyon. use watercolors, pastels, camera, clay, pencil and pad to create your masterpiece. bring a light lunch and the 10 E's. plan on returning around 12 0r 1 p.m.

#### Aug 9 Day Hike - Bear Trap To Desolation Lake Overlook - mod - 4.0 mi Out & Back - 2000' ascent

Sun Meet: 9:30 am at Big Cottonwood Canyon Park & Ride

Organizer: Tom Silberstorf 801 255-2784

Tom will lead this Big Cottonwood Canyon hike at a relaxed pace hike.

#### Aug 11 Evening Mtn Bike – Park City Area – mod

Tue *Meet:* 6:00 pm at announced weekly

Carpool: 5:20 pm at Parleys Way former Kmart lot (2703 Parleys Way)

Organizer: Vince Desimone 435 649-6805 vincedesimone@yahoo.com

Vince Desimone and Nick Calas will be leading the summer Park City area rides. Join the WMC bike email list for each week's meeting location or contact Vince for details.

#### Aug 13 Climb - To Be Announced

Thu Meet: 6:00 pm at To Be Announced

Organizer: Mark and Louise Sargent 801 467-6513

Come join us for our Thursday evening climbing. Climbers of all ability levels are welcome. If you are new to the sport we have a lot of awesome climbers who are willing to show you the ropes. If you are hardcore we can always use more ropeguns. A climbing harness is necessary and climbing shoes make for a more enjoyable time. Helmets are strongly recommended. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement. Contact the climb leader or Clark Richards (801-272-5642) cgrichards@aol.com or Peter Campbell (733-0313), wmc-alpinist@hotmail.com if you have questions.

#### Aug 15 Hike – Yellowstone/absaroka Loop – mod+

Sat –

Meet: Registration Required

Aug 21 Fri

Organizer: Michael Budig 801 328-4512 mbudig@blazemail.com

Moderately Strenuous backpack- about 40 miles (with about 3000 feet of elevation gain)- up Slough Creek in the Northeast corner of Yellowstone National Park and into The Absaroka Mountains in Gallatin National Forest. The loop concludes with a hike down the Buffalo Plateau Trail back to the starting point with an optional dayhike up Lookout Mtn. Leave town on Friday, August 14 to start hiking of the following day and finish on Friday, August 21, 2009. Contact trip organizer Michael Budig by email to register or ask questions.

#### Aug 16 Day Hike - Lone Peak - msd - 13.0 mi Out & Back - 5700' ascent

Sun

Meet: 5:00 pm at Registration required

Organizer: Donn Seeley 801 706-0815 donn@xmission.com

We'll beat the summer heat with an early start. Call for details. Limit: 9.

#### Aug 20 Climb - Challenge Buttress Area

Thu

Meet: 6:00 pm at Big Cottonwood Canyon, 2.85 miles upcanyon from the neon sign

Organizer: Peter Campbell 801 733-0313 wmc-alpinist@hotmail.com

Come join us for our Thursday evening climbing. Climbers of all ability levels are welcome. If you are new to the sport we have a lot of awesome climbers who are willing to show you the ropes. If you are hardcore we can always use more ropeguns. A climbing harness is necessary and climbing shoes make for a more enjoyable time. Helmets are strongly recommended. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement. Contact the climb leader or Clark Richards (801-272-5642) cgrichards@aol.com or Peter Campbell (733-0313), wmc-alpinist@hotmail.com if you have questions.

#### Aug 22 Lodge Work Party - August Maintenance - ntd

Sat

Meet: 9:15 am at WMC Lodge

Carpool: 8:30 am at Cottonwood Park & Ride at 6200 S. & Wasdatch Blvd.

Organizer: Robert Myers 801 466-3292 robertmyers47@gmail.com

Summer work party to continue the work on the summer projects. Possible some routine housekeeping and cleanup. Work for everyone, lunch provided; just bring work gloves, work clothes and sunscreen. Temperature will be lower at Brighton so dress for the occasion. The lodge will be open for an overnight stay either Friday or Saturday night, call to arrange. For more information, call Robert at either (H)801-466-3292 or 801-651-9965 for more information.

#### Aug 22 Hike - Hogum Divide - msd-

Sat

Meet: 8:00 am at Little Cottonwood Canyon Park & Ride

Organizer: Julie Kilgore 801 572-9838 jk@wasatch-environmental.com

Hike to Maybird Lakes, then "rock dance" up the boulders to the Divide for an incredible view of Thunder Ridge. Test your feel for a little exposure as we work our way a short distance along the Hogum ridge before dropping back down to Maybird.

#### Aug 22 Road Bike – Weekend Epic #3: Mirror Lake Loop – mod+ – 117.0 mi Loop – 5170' ascent

Sat – Aug 23

Meet: 5:00 pm at Registration required

Aug 2

Organizer: Robert Turner 801-467-1129 r46turner@sisna.com

This will be a supported overnight loop trip. Saturday, we'll ride from Wanship via Chalk Creek to a campground on the Mirror Lake Highway. In camp, we'll enjoy sun-showers and a Dutch oven dinner. Sunday we'll ride over Hayden and Bald Mountain passes, then down, down, down to Kamas and back to Wanship. Now I just have to figure out how to get us over the 7 ½ miles of loose dirt road we had to ride on Saturday last year. Anyone want to drive SAG? Call Robert for more details and to register.

#### Aug 22 Car Camp - La Sal Mountains - mod

Sat – Aug 23

Meet: 5:00 pm at Registration required

Sun

Organizer: Jerry or Donn 801 583-8047 or 801-706-0815

View the magnificent Moab desert country from some of the tallest mountains in Utah. Another meticulously directed Donn Seeley car camp (with Jerry Hatch as co-organizer).

#### Aug 22 Family Hike – Stewart Falls On Timpanogos - Good For Beginners – ntd – 2.0 mi

Meet: 10:00 am at 90th south trax park n ride lot

Organizer: Randy Long 801-733-9367

this is a very enjoyable hike to a big waterfall on the beautiful and famous mt. timpanogos. remember some extra money for the american fork canyon access fee.

#### Aug 28 Canyoneering - -the Subway In Zion - mod-

Fri - Meet: 4:00 pm at Registration Required

Aug 30 Sun

Sat

Organizer: Rick Thompson gone2moab@hotmail.com

Due to popular demand, (the annual but unposted august 1-2 trip was completely filled by January 1), I have decided to schedule a second Subway/Orderville trip to Zion this summer. So if you've heard about the fabulous Subway in Zion for years, but have never had the opportunity to do it, (note- the idea of this trip IS to take people who have never done it before) here is your chance. Whether you see it as the perfect introduction to canyoneering, the ideal way to experience the backcountry of Zion, or the ultimate tandem of two unbelievable day hike adventures, this is your trip. In addition to the Subway, we will be doing a similar hike, the incomparable Orderville canyon, which like the Subway, involves an all day hike, some serious scrambling, and some swimming; a couple of fun high energy days. We will be driving down after work, on Friday Aug 29, doing the two hikes Saturday and Sunday, and then returning home Sunday night. This trip is also now full.

#### Sep 12 Trail - Maintenance - ntd

Sat

Organizer: Chris Biltoft 801-364-5729 biltoftc@yahoo.com

More details to come.

#### Sep 22 Raft - Rogue River Raft And Kayak Trip - class IV

Tue – Meet: 9:00 am at Boat Shed (4340 South, 300 West)

Sep 30 Wed

Organizer: Bruce Beck 801 359-0220 bbeck7@gmail.com

Raft and kayak trip. Contingent on sufficient water flow and experienced applicants.

#### Sep 22 Car Camp – Grand Canyon North Rim 6 Days

Tue - Meet: 5:00 pm at Registration required

Sep 27 Sun

Organizer: Aaron Jones 801 467-3532 ajonesmvp@msn.com

Note: This trip has been extended to six days. The north rim of the Grand Canyon offers forests and vistas with a variety of hikes. Creature comforts such as restaurants, bars, and showers are available. The leader has a campsite reserved that will accomodate three tents, two cars, and six people. Any additional campsites should be reserved ASAP.

#### Sep 23 Car Camp - Grand Canyon North Rim

Wed – Sep 27

Meet: Registration Required

Sun

Organizer: Aaron Jones 801 467-3532 ajonesmvp@msn.com

The north rim of the Grand Canyon offers forests and vistas with a variety of hikes. Creature comforts such as restaurants, bars, and showers are available. The leader has a campsite reserved that will accommodate two tents, two cars, and six people. Any additional campsites should be reserved ASAP.

#### Sep 26 Lodge Work Party - September Maintenance - ntd

Sat

Meet: 9:15 am at WMC Lodge

Carpool: 8:30 am at Cottonwood Park & Ride at 6200 S. & Wasatch Blvd.

Organizer: Robert Myers 801 466-3292 robertmyers47@gmail.com

Summer work party to continue the work on the summer projects. Possible some routine housekeeping and cleanup. Work for everyone, lunch provided; just bring work gloves, work clothes and sunscreen. Temperature will be lower at Brighton so dress for the occasion. The lodge will be open for an overnight stay either Friday or Saturday night, call to arrange. For more information, call Robert at either (H)801-466-3292 or 801-651-9965 for more information.

# Date Activity Sep 26 Hike – Bullion Divide Backwards Plus Or Minus A Peak Or Two – msd Sat Meet: 7:30 am at Little Cottonwood Canyon Park & Ride Organizer: Julie Kilgore 801.244-3323 jk@wasatch-environmental.com Always wanted to bag several of the highest peaks of Salt Lake County? This hike starts at Albion Basin campground, picks up the ridge to Sugarloaf, then works across the ridgeline for 6 to 8 peaks (depending on the group) before exiting at the White Pine trailhead. Come prepared for a long day, some scrambling, boulder

# hopping, and ridgeline exposure. Sep 26 Canyoneering – Rappeling Class – ntd+

Sat Meet: 9:00 am at Dogwood, BCC

Organizer: Rick Thompson gone2moab@hotmail.com

Learn to rappel, and open the door to all kinds of new experiences and places. With proper instruction it is safe and easy- your fears are quickly banished. Whether you have never done it, did once long ago and are not sure you remember, or are looking into technical canyoneering and have heard horror stories about triple digit free rappels (on an 8 mil rope?) this is a great opportunity to learn not only how to do it, but also to be comfortable and safe on rope. Dogwood is the first picnic area in Big Cottonwood Canyon, just 1 mile up the canyon, on the right. Park on the highway to avoid a picnic area use fee, walk thru the site, up canyon, and follow a trail 50 yards past the last table to the climbing wall. A harness, helmet, a locking carabiner and descending device are needed, I have a few extras for folks who do not have and are unable to beg, borrow, or steal one, no need to buy before you try- for a 5\$ rental fee i will supply all 4 of the essential pieces of equipment, but you need to make those arrangements with me in advance. A pair of leather gloves is a good idea as well.

#### Hike - Multi-sport Trip To Nepal - mod

Thu – Meet: Registration Required

Oct 1

Oct 21 Wed Organizer: Bob Norris 801-943-6039 bobnepal@comcast.net

Join Bob Norris for a multisport adventure in Nepal in October. It will involve trekking, white water rafting and a jungle adventure in the Royal Chitwan Game Reserve. This will allow you to experience several of the delights

of this amazing country! Price will depend to some extent on the number of persons, but will surely be less than you expect. For general questions or for a detailed trip description contact Bob Norris at 8019436039 or email

Designers of the WMC web site

bobnepal@comcast.net

# THE ART OF BRAND BUILDING WE CREATE SALES TOOLS THAT BUILD YOUR BRAND Logos, Brochures, Web design/programming, Brochures/prints, Packaging. For more information contact: Henri de Baritault WMC member 801-694-6449 email@accentonartistry.com

www.AccentOnArtistry.com

#### WASATCH MOUNTAIN CLUB (WMC) MEMBERSHIP APPLICATION

(Do not use for renewals.)

Please read carefully and completely fill out bo	oth sides of the page. Pri	nt legibly, please.
I am applying for membership as: Sin	igle Couple	
Name: Applicant 1:		Birth date:
Name: Applicant 2:		Birth date
Address:		
City, State, Zip		
Applicant 1: Main phone:	email ac	ddress:
Applicant 2: Main phone:	email ac	ldress:
our address list to WMC-Board approved wild stipulation that they do not continue to use the the "Members Only" area but not made availab Only" area and provided to Board-approved or organizations.	erness and/or conservation list or provide it to other ple to other organizations rganizations, or (3) not ha	With your permission, we also occasionally release on organizations for one-time mailings under the You may opt to (1) have your address published on s, (2) have your address published on the "Members ave your address on the WMC roster nor given to other to been notified that your application has been accepted,
	f privacy from the menu	under Club Preferences. If you do not have computer
If you would like a printed copy of the membe If you are a member and do not have computer Director and that list will be provided to you.		wnload a pdf file. membership roster, please contact the Membership
Membership dues: \$40.00 for single membership (Annua \$55.00 for couple membership (Annua \$25.00 for student membership (Annu Student members must be full-time stu	al dues \$50.00 plus \$5.00 al dues \$20.00 plus \$5.00	O paper application fee)
Enclosed is \$ for application fee payable to Wasatch Mountain Club.	e and first year's dues. C	Check or money order only. Please make checks

#### WASATCH MOUNTAIN CLUB (WMC)

#### Applicant Agreement, Acknowledgement of Risk and Release from Liability

VOLUNTARY PARTICIPATION: I acknowledge that my participation in all WMC activities is voluntary. No one is forcing me to participate. I agree to abide by the rules of the WMC.

ASSUMPTION OF RISK: I am aware that WMC activities involve risks, and may result in injury, illness, death, and damage to or loss of property. These dangers include but are not limited to: the hazards of traveling in remote areas without medical services or care, the forces of nature, the inherent dangers involved in participation in sports, wilderness travel, and social activities, and the negligent actions of other persons or agencies. I understand that all activities should be considered exploratory, with the possibility of unexpected conditions and route variations. The WMC is not, nor does it provide, a professional guide service. In order to partake in the enjoyment and excitement of WMC activities, I am willing to accept the risk and uncertainty involved as being an integral part of the activity. I acknowledge this risk, and assume full responsibility for any and all risks of injury, illness, death, or damage to or loss of my property.

PREPARATION: I understand that it is my responsibility to evaluate the difficulties of any WMC activity I participate in, and decide whether I am prepared by having the experience, skill, knowledge, equipment, and the physical and emotional stamina to participate safely.

RELEASE OF LIABILITY AND PROMISE NOT TO SUE: I agree that I, my heirs, personal or legal representatives hereby do release and hold harmless from all liability, and promise not to bring any suit or claim against the WMC, its activity organizers, directors, agents or representatives for any injury, illness, death or damage and loss of property resulting from my participation in any WMC activity even if they negligently caused the injury or damage.

LEGAL FEES: Should it become necessary for the WMC, or someone on their behalf, to incur attorney fees and costs to enforce this agreement, I agree to pay the WMC reasonable costs and fees thereby expended, or for which liability is incurred.

INSURANCE: I understand that the WMC strongly recommends that I maintain insurance sufficient to cover any injury, illness or property damage that I may incur while participating in WMC activities. In the event of injury, illness or death related to any WMC activity, I recognize that I, or my estate, will bear the full cost of my evacuation or recovery, and any related medical care that I may need. I acknowledge that the WMC carries no insurance whatsoever for any participants in WMC activities.

My signature below indicates I have read this entire document, understand it completely, understand it affects my legal rights, and agree to be bound by its terms. I certify I am at least 18 years old.

Signature 1	Print Name 1	
Signature 2	Print Name 2	_Date:

Mail completed application to:

Membership Director Wasatch Mountain Club 1390 South 1100 East #103 Salt Lake City, UT 84105-2443

# REI COMMUNITY CALENDAR ANNOUNCEMENTS

CONTACT: Celeste Eppler EMAIL: <a href="mailto:ceppler@rei.com">ceppler@rei.com</a>
PHONE: (801) 486-2100 ext. 207

#### SANDY REI (10600 S 230 W)

# Bike Maintenance 101 - Thurs, Jul 9 @ 7pm (Also Thurs, Jul 23 @ 7pm @ REI SLC)

Learn to keep your bicycle in good working order.

#### Orienteering - Thurs Jul 16 @ 7pm

The thinking sport. Navigation with map and compass. Join Ed White of the local orienteering club O-Utah for a fun and informative hour of orienteering.

# Patagonia-South America's Land of Wind, Ice, & Furious Skies - Tues, Jul 23 @ 7pm (Also Tues, July 28 @ 7pm at REI SLC)

Come see Dave Smith's presentation and slideshow of his most recent trips to the southern most tips of Argentina and Chile. He will share images and stories from natural wonders such as the Perito Moreno Glacier, Mount Fitzroy, and the Torres del Paine National Park.

#### SALT LAKE CITY REI (3285 E 3300 S)

#### Intro to Mountain Biking- Thurs, Jul 9 @ 7pm

Learn how to get started in mountain biking with John Higgins. Learn about styles of mountain biking, equipment, basic skills (in theory), and where to ride. 90 mins.

# <u>Africa - Safari & Humanitarian Experience</u> <u>Tues, Jul 14 @ 7pm</u>

Ben Nolte, MS, MBA, the founder of Adventure Giving™ (AdventureGiving.org) and Big Amazon Fish®, takes us for a virtual tour of East Africa's Kenya, its wildlife, its people, and its adventures. In this presentation, Ben describes the wildlife, culture, adventure, and humanitarian opportunities for those who visit the safari lands of Africa. Ben hopes that many people traveling to Africa desire the complete African experience and will add a day of humanitarian mission to their safari expedition when they go.

#### Living Among Wolves - Mon, Jul 20 @ 7pm

Thayer, at age 50, was the first woman to trek solo to the magnetic North Pole w/o a dogsled or snowmobile. She was also the first woman to walk across the Sahara Desert, a journey of 4,000 miles, in 1996. Thayer was named "One of the Great Explorers of the 20th Century" by National Geographic and National Public Radio. She also lived amongst wild wolves in Canada with her husband and husky-wolf dog Charlie. Encounters with

grizzly bears and storms were only a few of the many obstacles she endured during her yearlong stay with the wolves. Her upcoming presentation at REI SLC will not only chronicle the struggles, but the rewarding moments Thayer experienced during this adventure.

She has written three best sellers: Polar Dream, Walking the Gobi, and Three Among the Wolves. To find out more about Helen and her adventures, visit www.helenthayer.com.

#### (SLC REI CONTINUED)

# Wilderness Volunteers: Giving Something Back in 2009 Wed, Jul 22 @ 7pm

Join Dave Pacheco, Program Manager for Wilderness Volunteers, as you explore volunteer opportunities in the High Uintas Wilderness, Grand Staircase-Escalante Nat'l Monument, and Glen Canyon Nat'l Rec Area amongst others. Visit www.wildernessvolunteers.org for more info

#### **COMMUNITY / VOLUNTEER / CLASSES**

#### Nat'l Geographic/REI GPS Navigation Day Sat, Jul 18 9am-2:30pm

Learn how to use your GPS units in conjunction with mapping software. Pre-registration is required in person or by phone 801-486-2100. Tuition is \$25 for REI members.

#### Basic Wilderness Life Support - Sat, Jul 25 9:30-4:30

Created for all outdoor enthusiasts, the Basic Wilderness Life Support® certification is a one day course designed to help you prevent and treat injuries and illnesses common in outdoor activities. Developed at the University of Utah, School of Medicine the course will teach you to prepare for your outing, assess injuries and scene safety, decide whether to evacuate or treat a patient, and methods of evacuation. The curriculum was developed from our advanced course used to train medical professionals and will be taught by one of our certified instructors. The course includes morning lectures at REI and an afternoon outdoors (weather permitting) participating in hands on scenarios. At the end of the day you will receive your BWLS certificate. Tuition is \$95. Please contact REI's customer service department at 801-486-2100 to register or visit www. bwls.org.

BE AWARE! CHECK ONLINE AT
WWW.REI.COM
FOR CONTINUALLY UPDATED
EVENTS, AS WELL AS
CHILD-FRIENDLY EVENTS!!!





Lodge Work Party - Sat, July 13th

9am - whenever Time to clean up the lodge from winter and get it in rental shape. Right now, the WMC rents the lodge whichs helps us enjoy get-togethers there and pay for the lodge upgrades and maintenance.

#### Flagstaff Lift Impact Hike - Sat, July 13th

9am - 2pm Alta Ski Resort is exploring installing a ski lift to the top of Flagstaff Mountain. We will be looking at the proposed alignment and other impacts that would occur if this were to happen. This is a steep hike with some off trail hiking. We will finish the hike around 2 pm.

Visit us online at www.wasatchmountainclub.org