



Volume 90, Number 3
The Wasatch Mountain Club
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COVER PHOTO:

January 24, 2010 Snowshoe

**(front to back) Christel Sysak,
Lynette Brooks, Michael Mauritz,
Frank Ryburn and Robert Turner**



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* * * * *

**NEW SNOWSHOES FOR SALE - MSR \$104. Contact
vincedesimone@yahoo.com or Vince at 435 649 6805**

WMC Purpose

(Article II of the WMC Constitution)

The purpose shall be to promote the physical and spiritual well-being of its members and others by outdoor activities; to unite the energy, interests and knowledge of students, explorers and lovers of the mountains, deserts and rivers of Utah; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature and art; to explore and picture the scenic wonders of this and surrounding states; to foster awareness of scenic beauties; and to encourage preservation of our natural areas including their plant, animal and bird life.

From the President

by John Veranth

Item 1 - By the time you read this, the annual election meeting will have taken place and the officers and directors will be ready to begin a new year. The nominating committee did a great job of providing a full slate of well-qualified candidates for all openings. With the large number of continuing members, we have a strong board with a lot of experience.

I am looking forward to another year as President to continue working on some of the issues that affect the future of the club. These issues include:

- 1) Demographic changes and how to meet evolving current member needs.
- 2) Who will be the next generation of trip leaders?
- 3) Impact of land management and liability trends on organizing trips.
- 4) Communicating by paper and electronic media in the 21st century.
- 5) Long term maintenance, financing, and management of the lodge.
- 6) How do we focus on our core outdoor recreation values and eliminate distractions?



I think the board made progress in addressing all these issues last year, but the lodge transition took up most of my available effort. Now the WMC Foundation has been incorporated, and a separate group of volunteers has stepped up to serve on the foundation board. There are a lot of remaining issues, but I am confident we are moving in the right direction on the lodge.

The heart of the WMC is the outdoor trips and I plan to do more trip organizing this year. The WMC depends on volunteers to have successful activity programs, so help out the directors and coordinators. Organizing is one way to be sure that your favorites are scheduled.

Item 2- Directors and Coordinators. You can assume the nominating committee slate from last month will be elected when preparing the board list for the March Rambler. Coordinators: You can list incumbents for March and change in April after the new board votes on the 2010 coordinators.

The WMC Lodge

The WMC lodge is tucked away in a grove of evergreens at the top of Big Cottonwood Canyon. It is used for a variety of WMC social functions but can also be rented out for personal use on a full- or half-day basis. Renovation to the lodge included the installation of flushing toilets and a shower. Running water! The two dormitory-style rooms on the second floor provide sleeping accommodations for about 20 people. Go to www.wasatchmountainclub.org/lodge/Lodge_pictures.htm to view pictures of the infamous lodge. The kitchen contains a stove and refrigerator, but—you guessed it—it is not stocked with food, utensils or other culinary items. All users of the lodge are expected to clean up the lodge after use. Contact Dave & Susan Rabiger at (801) 964-8190 for reservations.

The Lodge needs constant tender loving care, and WMC members have come to the rescue since 1929. Come donate your carpentry skills or just help clean. Call Bob Myers at (801) 485-9209 or send an e-mail to caretakerwmc@yahoo.com to volunteer. Ask for a list of very specific items that need your attention and the hand tools and equipment needed to get the job done. You need not be a member to volunteer. (Warning: Associating with WMC members and participating in WMC activities can become addictive. (Improved health, positive attitudes, and long-lasting friendships are also possible side effects.) We look forward to seeing you at the Lodge!

Please give back and keep your eyes open for upcoming WMC Service Days. The most up-to-date activities are posted on the website (see inside front cover).

Please give back and come help the lodge on the following WMC Service Days. Seeing how there is still a lot of snow in the mountains, at least one of these dates will be filled with shoveling snow off the lodge roof and its surrounding area. Other minor interior and exterior repairs may also occur. If you are physically unable to help out, feel free to bring drinks or treats up to the laborers! Thanks so much in advance for your help!

Single sturdy lodge seeking multiple hard-working hands for great company. Enjoys long days filled with sunshine, sweat, and an occasional deep cleaning. If interested, contact either Lodge co-director.

Lodge Service Day:
None listed in March

Contact Lodge Director to schedule a service day or see if you can help out!

Contact: Robert Myers, Lodge Director
801-466-3292 (H) 801-381-0575 (C)

Directions to the Lodge

Drive up Big Cottonwood Canyon (7200 S) to Brighton Ski Resort. Drive to back of the BIG parking lot (near the Brighton Manor Motel). Walk up the hill directly behind the motel past the boulders, bearing left across the stream and up the trail through the trees (100 yards). Wear walking shoes and carry a flashlight for the hike down.

WMC Lodge Rental Rates (Day: a 24-hour period) WMC Members

October 1 - May 31: \$250/day

June 1 - September 30: \$300/day

Weddings and/or Receptions: \$400/day

Non WMC Members

October 1 - May 31: \$350/day

June 1 - September 30: \$400/day

Weddings and/or Receptions: \$550/day



Hiking Directors' Message

PRE-SEASON HIKING/CAMPING/BACKPACKING PLANNING PIZZA PARTY

Saturday, March 6th, Rocky Mountain Pizza

Join your hiking directors for an organizers' planning party and pizza! Whether you are a well seasoned veteran organizer or thinking about organizing your first activity, come share your thoughts and ideas as we launch the 2010 hiking/camping/backpacking season. Some of the discussion items we'd like to go over include:

- Review Policies for Organizers
- Review Policies for Participants
- Ideas for managing large and/or diverse groups
- Suggestions for clear descriptions of activities
- Post-Activity feedback to hiking directories
- Increasing backpack/car camp activities
- Establishing slow-pace low-impact hikes
- Promotion ideas for WMC activities

We've reserved a room from 5:30 to 7:30 at Rocky Mountain Pizza Company which is located at 3977 South Wasatch Boulevard. Pizza on us. Beverages available for purchase. **Please RSVP to Julie or Alex by e-mail or voice mail so the restaurant can arrange the appropriate meeting space and quantity of pizza.**



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Boating Director's Message

We had our Boating Permit and Pizza Party on the 14th of January. It was a productive and fun social outing. We had a large turnout of eager permit seekers doing their part to make this season a huge success.

It is time NOW to reconvene and proclaim the spoils of our efforts; to reassemble, to plan, list, schedule, and create this year's boating calendar. Bring your multitude of hard earned river permits. Also, bring thoughts and plans to organize and lead on Non-permit Rivers.

*****Time and Place: Thursday, March 11th, 6:30PM** at the Mount Olympus Presbyterian Church (3280 East 3900 South). We will provide pizza and beverages. (No alcohol is allowed in the church.) Be sure to sign up for the club's boater email notification system by sending a SUBSCRIBE message with your name and address to Bret Mathews bretmaverick999@yahoo.com.

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What are the "10 E's"?

The "10 E's" are essential gear that you should always carry. This list of essential gear has its origin with The Mountaineers, a famous Seattle hiking and mountaineering club. As stated in their book *Mountaineering, The Freedom Of The Hills*: "You won't use every one of these items on every trip, but they can be lifesavers in an emergency, insurance against the unexpected." Lists vary and this list isn't perfect, but it's very good. Yes, there really are more than 10 items on the list, but hey, the name's catchy.

1. water
2. extra food
3. extra clothing/insulation
4. rain & wind protection
5. sun protection: sun glasses, sun screen, lip balm, sun hat
6. compass & maps or GPS & knowledge of their use
7. flashlight & spare batteries
8. first aid kit & insect repellent
9. emergency kit: whistle, matches or small lighter, candle or fire starter tabs, light weight reflective emergency bag or space blanket
10. pocket knife

What should you do with the 10 essentials?

Based on the observation that there is no crystal ball giving infallible weather predictions, the professional meteorologists don't have one either and that conditions in the mountains are incredibly changeable the WMC recommendation is to:

- Put the 10 essentials in your pack.
- Always keep them in your pack.
- Always bring your pack.

Yes, that means you should not remove your rain jacket from your pack because you're "sure" it won't rain today. Nine times out of ten you'll be right. The 10th time you might get hypothermia.

Some other gear to think about.

1. high-top boots (for rocky or off-trail hikes)
2. poly-fleece clothing for warmth
3. extra fleece cap, mittens, and neck gaiter for warmth
4. a cell phone for emergencies
5. a water filter (on long hikes)
6. wind jacket and wind pants
7. gaiters (for snow or gravel)
8. toilet paper, trowel or sand-stake, zip-lock bags to pack out toilet paper



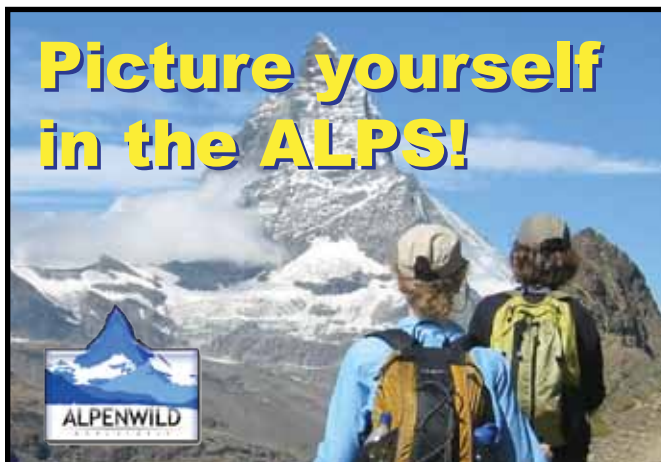
Brett Smith's snowshoe to White Pine Lake 2-6-10. Some participants: Brett Smith, Kerry Quinn, Dan Smith, Julie Kilgore, Tom Mitko, Matt Mitko, Mohamed Abdallah, Deidre Flynn, Larry Hall, Dave, Janet and Henry. Photo by Knick Knickerbocker.



Julie, Cassie and Heidi on ridgeline above Willow Heights.

Clark coming off top of Powder Park 1





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ARTIST'S HIKE - LITTLE WATER TRAIL

(Submitted by Joelene Myrup)

On August 10, 2008, three eager hikers showed up for a hike at the top of Millcreek Canyon. Gusty winds and broken tree branches were all over the streets in the valley, but once we reached the top of the canyon, this all subsided. The temperature at the top was in the 60's and 70's, which was refreshing.

The Little Water Trail was wide with a few bikers and dogs on it. Water was abundant in the streams and ponds, while the vegetation was thick and bright green. Abundant cone flowers, fire weed, pines and aspens were thriving.

Craig and Jaelene took many photos of sun poking through the spruces and bright green moss growing on the dead tree trunks laying in the stream. After we descended, Craig showed us his new sterilized water back pack.



**Hikers: Craig Ord, Jeff Sandstrom
and Jaelene Myrup, leader**

If you're a prospective member, feel free to join one or two activities to see if you like it! Please be sure to notify the activity organizer ahead of time.

CONSERVATION NOTES

Will McCarvill & Kyle Williams

There is still no news yet from the Forest Service on the proposal from Solitude to take over Silver Fork. Rumor has it we should see it in the next month or so.

You need to make one more push in March to get your input into the Wasatch Canyons Tomorrow Process. For those who have been asleep for the last year or in a coma Envision Utah has been facilitating the process to come up with the vision on what the Wasatch Canyons will look like in 20 years. There have been two open houses so far getting the public's input on what it values: one last May and another last November. The results of surveys conducted at these open houses and via the internet have been used to shape the final outcome. There will be one more series of open houses for the public to weigh in on this final version. Tentatively the schedule is: Tuesday March 23 at West High and Sandy City Hall; Wednesday March 24 at Cottonwood High and Alta High.

You will need to watch the WMC web site for details as they are confirmed or go to the Envision Utah web site.

It is essential that you make this last commitment to get your views expressed as you will have to live with the outcome for the next 20 years. The WMC supports:

Use fees for all the canyons to support measuring, maintenance, and enforcement if the fees stay in the canyons.

Use fees that will also be used to support better mass transportation within the canyons.

Constraining ski areas to their current boundaries but allow more intensive use within those boundaries summer and winter.
Prioritizing protection of watersheds, natural resources, and recreation areas by transferring development rights or purchasing properties for conservation.
Balancing diverse and high quality recreational experience with protecting and enhancing the natural beauty of the canyons.

After this last series of open houses Envision Utah will prepare a report with recommendations that will go before Salt Lake County Planning and then to the Council for approval, or rework. Pending the specific details of this report, you will be asked to appear at Planning Commission meetings and hearings as well as contacting the Council to support or rejection. So it is not over until the final vote.

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When a Hike is More Than Just a Walk in the Woods

(Submitted by Julie Kilgore)

You don't need to travel to far off lands for extreme hiking adventures. We have plenty of 'em right here in the Wasatch. You've seen the EXT designations in the Rambler write-ups. You may have (should have) looked up the EXT definition in the Rambler or on the WMC web page. One of the WMC hike ratings table lists an EXT is anything rated over 11 (that's a really, really, big number for hike ratings!)

Some EXTs are traditional hikes you will see year after year, like the Wildcat Ridge and the Beat-out. Some EXTs are variations of hikes that are already challenging - just a lot harder. Maybe Twin Peaks from Deaf Smith, or Lone Peak from Bells.

Of course for all hikes, it's important to know your fitness level, skill set, and the pace you are comfortable with. To participate in an EXT hike, it's critical. Typically EXT hiking groups are made up of members who have demonstrated to the organizer the skill and fitness that is appropriate for the activity. "It's pretty common for EXT hikes to be committing," says Walt Haas, one of WMC's well-known EXT organizers. "There are few or no good ways to bail out if you decide that you are in over your head."

It's more than just how far and how fast. "EXT hikes often include exposure, which basically means that the best view of the scenery is straight down and the consequences of slipping are quite serious," advises Walt. "Mutual support and cooperation are usually more important on an EXT hike. Commonly, for example, you are in an environment where it is easy for one person to kick a rock down on another's head. It is also common to be in a place where rescue would take hours if somebody got seriously hurt."

Mike Hannan, another EXT organizer, would like to see an expansion of the traditional EXT activities to include the Cold Fusion Couloir and the Cottonwood Ridge as regular outings. But there are only a handful of WMC members who organize these types of hikes. More EXT organizers are needed as these trips are becoming more popular. So if you already are an EXT person, or would like to talk to one, come to the organizers pre - season planning party March 6 (see Rambler schedule).

PHOTOS: - top left - Site unknown, nearest hiker is Anne Perry, photo by Eric Ghanem, submitted by Walt Haas; top right - RICH, CLASS IV SECTION ON CONTINENTAL DIVIDE, submitted by Brad Yates; bottom - PFEIFFERHORN SUMMIT, THE BEATOUT, 5-30-09, submitted by Alex Rudd.

*****22 days total with almost everything included from airport pick-up to drop-off for less than \$1,000 + airfare to Lima. Trekking off the beaten path in Cordillera Huayhuash (Touching The Void) to a maximum altitude of 5,100m (16,730 ft). I'd like to get a reasonable number for a private trip (probably late June to early July time frame, to be determined by the group) but with a lesser number we would join a scheduled departure date with others. I found good flight times on Orbitz for \$750 round trip including taxes and fees. Check out the itinerary and their website and call or e-mail me for questions and to register.

Steve Duncan duncste@comcast.net 801-474-0031

What To Do If Someone is Buried in an Avalanche

Survival Rate of a Person Dug Out from Under Snow in 15 mins is 93%

With adequate equipment and training before a ski tour; there are steps to follow that can seriously reduce the chance of an avalanche incident turning into a tragedy.

Time is of the essence. It is essential that members of the avalanche victims party search immediately with the resources at their disposal. If a rescue is alerted at the outset, the fastest they will be at the scene on average is 30 minutes. This is half the victims survival chance.

- A buried victim has a 93% survival chance if dug out in 15 minutes
 - 89% of avalanche victims are male, in their 20's and $\frac{3}{4}$ of victims are experienced backcountry recreationists.
 - In 90% of avalanche incidents, the victim or someone in the victim's party triggers the avalanche.
 - Nearly 20% of people avalanched will die before the avalanche stops.
 - 60% of avalanche victims who died whilst buried were showing something on the surface.
- If someone in a party is buried the following steps can be taken.

What to Do in an Avalanche:

1. Shout AVALANCHE! to warn members of the group of the immediate threat.
2. Keep a keen eye on the casualty as they are carried down the slope, paying particular attention to the last seen point.
3. When the avalanche stops, stay calm. Ascertain if there is further avalanche danger before venturing onto the slope.
4. Establish escape routes (safe directions to ski, run etc . . . if another avalanche threatens).
5. As part of a large group: If there's no mobile phone coverage, send someone immediately for help, providing it is safe for them to travel alone.
6. Post one member as guard in a safe location away from the avalanche path to sound alarm.
7. Do a quick visual search of the avalanche debris, looking for surface clues - a glove (is there a hand in it?), a ski pole, ice axe . . . , beginning with the last seen point. Mark any clues. The victim is likely to be buried in the trajectory marked out by these clues. This can narrow down the search area.
8. It is important that no rescuers leave anything on the search area or contaminate the site with food, urine . . . in the event that avalanche search dogs are called in.
9. Ensure every party member on the surface turns their transceiver to receive, or turns it off if they are not involved in the search.
10. Using beacons requires practice. Homing in on a buried signal involves moving in increasingly smaller search patterns around the area of the signal.
11. Once the buried signal has been pinpointed, within a few meters, probe systematically until the victim is located.
12. Leave the probe in and dig to the victim.
13. The immediate priority is to uncover the victims head and chest.

It is important that there is a designated leader of the search operation if the group is large and there are multiple burials.

WASATCH MOUNTAIN CLUB ACTIVITIES

Only activities approved by the appropriate WMC director can be listed in The Rambler. Direct submissions to the Editor are NOT accepted. To submit your activity to the club, login to the WMC website and click on "Volunteer to Organize An Activity". The appropriate director will approve and/or edit this event for inclusion in both the web calendar and Rambler submissions. The deadline is 6:00 p.m. on the 10th of the month.

Rules and Regulations:

1. Dogs & Children are not allowed on WMC activities, except when specifically stated in the activity description.
2. Car pool rates: Gas plus \$0.15/mile, shared by everyone in the vehicle (including driver) on 2WD roads, OR gas plus \$0.25/mile on 4WD roads.

Notice to Non-Members: Most WMC activities are open to prospective members except when specifically stated in the activity description.

Find out about unofficial activities on our email lists. Activities formed with these lists are for members only. Lists are to be used only for the scheduling of outdoor activities. Any use of this service for any other purpose, such as advertising, SPAM, jokes, etc, will result in the loss of privilege. To subscribe: Once logging into the website, click on "Email Lists" on the left-hand side. Then follow the online instructions. (Boaters: E-mail the Boat Director—inside front cover—for more information.)

Group size limits in wilderness: Some National Forest ranger districts limit the size of group hiking in wilderness areas. For such hikes, the hike listing will indicate the maximum number of participants (not including the organizer). Please help our organizers on hikes with group size limits by arriving promptly and being understanding if you cannot be accommodated on the hike because of a limit.

Activity Difficulty Rating

0.1-4.0 > Not Too Difficult (NTD)	B > Boulder fields or extensive bushwhacking
Lightly Strenuous	E > Elevation change > 5,000 feet
4.1-8.0 > Moderate (MOD)	M > Round trip mileage > 15 miles
Moderate to Very Strenuous	R > Ridgeline hiking or extensive route finding
8.1-11.0 > Most Difficult (MSD)	S > Scrambling
Very Strenuous, Difficult	X > Exposure
11.1+ > Extreme (EXT)	W > Wilderness area, limit 14
Very Strong, Well-Seasoned Hikers	

Be kind. When you carpool up local canyons, please give the driver \$1.50 or \$2.00 to help with gas and the wear and tear on the vehicle.

Directions to Meeting Places

Mill Creek Canyon Park and Ride Lot: Between 3800 S and 3900 S on Wasatch Blvd (3555 E), between the I-215 freeway and Wasatch Blvd along 3900 S. It is on the northwest corner of the intersection. You can ONLY enter it from the west-bound lanes of 3900 S. To get to the Mill Creek Canyon Rd from the Park and Ride lot without making a U-turn, go west (right) on 3900 S, proceed under the freeway, then turn north (right) at the next available street, which is Birch Dr; proceed north to Upland Dr (across from Skyline High School); go east (right) under the freeway and across Wasatch Blvd to the Mill Creek Canyon Rd (3800 S).

Skyline High School: 3251 E Upland Drive (3760 S). From the intersection of Wasatch Blvd and the Mill Creek Canyon Rd (3800 S), go west under the I-215 freeway, then turn north (right) into the entrance opposite Birch Dr (3330 E).

Butler Elementary: 2700 E just south of 7000 S

Big Cottonwood Canyon Park and Ride Lot: At the northeast corner of the Big Cottonwood Canyon Rd and Wasatch Blvd. at the mouth of Big Cottonwood Canyon.

6200 Park and Ride Lot: 6450 S Wasatch Blvd. Go two lights east and south on 6200 S from the I-215 overpass and turn east (left) onto Wasatch Blvd; the lot is immediately on your left. Sometimes used as an overflow lot for access to Big Cottonwood Canyon.

Ft. Union Lot #4: 200 yards west of Big Cottonwood Canyon Park & Ride, near the Porcupine Pub & Grille (which is located at 3698 Ft. Union Blvd).

Little Cottonwood Canyon Park and Ride Lot: 4323 E Little Cottonwood Canyon Rd. On the north side of the intersection of Little Cottonwood Canyon Rd and Quarry Rd at the mouth of Little Cottonwood Canyon.

Utah Travel Council Parking Lot: About 120 E 300 N. Go east from the intersection of State St and 300 N and turn south (right) into the first parking lot.

Parleys Way K-Mart Parking Lot: 2705 Parleys Way. From Parleys Way, turn north into the parking lot; or from Foothill Drive, turn west on Stringham Ave (2295 S) and then south into the lot.

ACTIVITIES LISTING

See online Calendar for updated and additional events and trips.



Date	Activity
Mar 2 Tue	<p>Snowshoe Park City Environs Mod/msd</p> <p><i>Meet:</i> 10:00 am at Disseminated via snowshoe email list</p> <p><i>Carpool:</i> 9:15 am at Parleys Way former Kmart lot - 2703 Parleys Way</p> <p><i>Organizer:</i> Vince DeSimone (435) 649-6805 vincedesimone@yahoo.com</p> <p>Vince will organize a Tuesday Group this year. Meet at 10:00 AM every Tue and go to places in the Park City area where snowshoes are the best means of travel. Expect a normal, healthy pace with friendly conversation. For meeting location and last minute details, join the WMC snowshoe email list for automatic notices/updates for all Tuesday snowshoe trips throughout the winter. You will feel welcome and comfortable. Vince prefers cyberspace for questions/info. The club recommends that you wear a transceiver and know how to use it. Carpool from SLC from the Parley's Way Kmart parking lot at 915 am.</p>
Mar 2 Tue	<p>Foothills Evening Hike – ntd+ – Out & Back – Moderate pace</p> <p><i>Meet:</i> 4:30 pm at 383 Colorow Drive</p> <p><i>Organizer:</i> Liz Cordova 801 486-0909 liz1466@live.com</p> <p>Foothills evening dog hikes in Red Butte Canyon on Tuesdays. Meet in Research Park at 383 Colorow (between Huntsman and the Arboretum) at 4:30 PM. Note that we will meet at 5:30 PM starting March 16. Bring suitable footwear for icy or muddy conditions. Dogs welcome!</p>
Mar 3 Wed	<p>Alpine Ski Tour - Al's Morning Madness – mod+ – Fast pace</p> <p><i>Meet:</i> 5:00 pm at Registration required</p> <p><i>Organizer:</i> Alex Rudd 801 971-9245 rudd94@gmail.com</p> <p>This semester I have wednesday mornings off, so I'm trying to get a mid - week group going. These trips will be short but intense. Generally start times of 7 am and ending by 11. Backcountry skiing is preferred, but snowshoe or yaktrax hiking are also a possibility, depending on conditions. Contact organizer as the activity / destination can change every week.</p>
Mar 4 Thu	<p>Rock Climb - Momentum Climbing Gym – ntd-</p> <p><i>Meet:</i> 6:00 pm at Momentum Climbing Gym</p> <p><i>Organizer:</i> Peter Campbell 801 733-0313 wmc-alpinist@hotmail.com</p> <p>Come join us for our Thursday evening gym climb. This is a great way to improve your skills, gain confidence, and keep in great climbing shape. Climbers of all ability levels are welcome. Momentum is offering discounts for club members. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement.</p>
Mar 4 Thu – Mar 7 Sun	<p>Kayak/canoe Las Vegas- Black Canyon Of The Colorado River – flat water – 13.0 mi</p> <p><i>Meet:</i> 5:00 pm at Registration required</p> <p><i>Organizer:</i> Rick Thompson gone2moab@hotmail.com</p> <p>Get away from the cold, snow, and smog, dig out your Tevas, swim suit and T shirts, and come paddle/float a piece of the Colorado River, from natural hot tub to hot tub. See how long you can last in the 130 degree temps of Sauna Cave. Putting in at the foot of Hoover Dam, just south of Vegas, we will spend three days floating, camping and hiking and kicking back, while only going 13 miles downstream. Scramble up side canyons to great natural hot springs, stop when you find a nice pool or when it starts to look like a canyoneering trip- if you decide to push for the top it can get pretty interesting. Driving down Thursday March 4, launch Friday morning, take off river at noon Sunday and drive home Sunday evening. Sea kayaks or canoes available on location, or BYO. This trip is full, with a waiting list.</p>

Mar 4 Snowshoe: The Cottonwoods – ntd+

Thu *Meet:* 9:30 am at Fort Union Lot #4 (just west of the ‘Porcupine’ and across the street on the north side of the road)

Organizer: Norm Pobanz 801 266-3703

Norm will organize a “Thursday Group” this year, leaving at 9:30 AM. They go to places in the Cottonwood Canyons area where hiking and snowshoeing is an adventure. Join the “over the hill” bunch and expect a pace suitable to all and a destination determined at the time of departure. To confirm the outing (ie. In case of bad weather and possible road restrictions), discuss equipment, or to suggest a destination, call Norm ahead of time.

Mar 6 Alpine Ski Tour, – mod – Moderate pace

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Will Mc Carvill 801-942-2921 lizandwill@msn.com

Show and go. Destination pending snow conditions and group composition. Bring transceiver, probe poll, shovel and know how to use them. Avalanche awareness is required.

Mar 6 Alpine Ski Tour, Tele/at, Yo Yo – mod – Out & Back – Moderate pace

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Karen Perkins 801 272-2225 karenp@xmission.com

Organizers are Leslie Woods, Polly Wiessner & Karen Perkins. We do laps [yo,yo], in moderate terrain, generally, on the north side of BCC. We attempt to avoid known avalanche chutes & terrain traps. Exact location of the tour will be decided by group consensus at the meeting place, but in a year like this one, we might go to 2 or 3 safe spots the entire season! Beacons, shovels, probes, skins & either tele or AT gear + knowledge of their use required. Not a beginning tour; we keep a reasonable but steady moderate pace. Maximum group size of 12.

Mar 6 Hike - Spring Canyon Overlook – mod

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Julie Kilgore 801 244-3323 jk@wasatch-environmental.com

Join Julie Kilgore for this nice loop hike above Foothill Boulevard. Bring Yak Trax for possible icy conditions along the ridge, though this area gets little to no foot traffic.

Mar 6 Season Planning Party

Sat *Organizer:* Julie or Alex 801 244-3323 or 801 971-9245 jk@wasatch-environmental.com or rudd94@gmail.com

Join your hiking directors for an organizers planning party and pizza! Whether you are a well-seasoned veteran organizer or thinking about organizing your first activity, come share your thoughts and ideas as we launch the 2010 hiking/backpacking/car camping season. Please RSVP by e-mail or voice mail so the restaurant can arrange for the appropriate gathering space and quantity of pizza. Pizza on us. Beverages available for purchase.

Mar 6 Snowshoe: Millcreek Canyon – ntd

Sat *Meet:* 9:00 am at Skyline High School - 3231 E Upland Dr (3760 S)

Organizer: Mary Ann Yates 801 278-2423 marlos@xmission.com

Mary Ann is leading a snowshoe in Millcreek today. The destination will depend on the snow conditions.

Mar 6 Hike Season Planning/pizza Party!

Sat *Meet:* 5:30 pm at Rocky Mountain Pizza Company 3977 South Wasatch Boulevard Next to Dans 5:30 to 7:30

Organizer: Julie or Alex 801 244-3323 or 801 971-9245 jk@wasatch-environmental.com or rudd94@gmail.com

Join your hiking directors for an organizers planning party and pizza! Whether you are a well seasoned veteran organizer or thinking about organizing your first activity, come share your thoughts and ideas as we launch the 2010 hiking/camping/backpacking season. Pizza on us. Beverages available for purchase. Please RSVP to Julie or Alex by e-mail or voice mail so the restaurant can arrange the appropriate meeting space and quantity of pizza.

- Mar 6 Sat Snowshoe: Organizer's Choice – mod**
Meet: 9:00 am at Skyline High School - 3231 E Upland Dr (3760 S)
Organizer: Liz Cordova 801 486-0909 liz1466@live.com
 Liz will choose the destination and she likes to hike in the sun. Meet her at Skyline at 9am. Bring Yak Trax or Microspikes just in case.
- Mar 6 Sat Break Into The Backcountry, Slow – ntd – Out & Back – 1000' ascent – Slow pace**
Meet: 5:00 pm at Registration required
Organizer: Jim Berry 801-560-5601 jamesberry7899@comcast.net
 Easy open glade skiing/boarding. The pace will be set to the slowest member of the group. All slope angles will be less than 30 degrees. ~1000' vertical ~4 hrs. Bring transceiver, probe poll, shovel and know how to use them. Email or call Jim for preregistration and meeting time & place.
- Mar 6 Sat Learn To Ice Climb Clinic Provo Canyon – msd**
Meet: 7:00 am at stairway to heaven trail head, provo canyon. directions provided with pre-registration
Organizer: Christine Pilgram 801-942-2323 pilgramhome@gmail.com
 1/2 day clinic on learning to ice climb in Provo Canyon at Stairway to Heaven ice fall in the Bridal Veil Falls area. Learn to single pitch climb with ice axes and crampons. Basic climbing/belay skills are preferred. A learn to lead and place ice screw demo is available for those interested. Pre-registration is required. Group size is limited to 10 participants. Participants must provide ice climbing boots, crampons, harness, helmet. Please contact leader with questions regarding locations for gear rentals. Cost for the clinic is \$20 for members \$30 for non members. Please contact Christine Pilgram for more information. 801 634-5481
- Mar 7 Sun Nordic Ski Tour Lily Lake Wine Tour – ntd – Loop – Moderate pace**
Meet: 8:30 am at Parleys Way former Kmart lot - 2703 Parleys Way
Organizer: Bob Cady 801 274-0250 rcady@xmission.com
 We will do a loop around the Lily Lake Ski trails (north slope of the Uintas on the Mirror Lake Highway), then stop at the warming hut for a fire, some wine, cheese, fruit, sandwiches, whatever, before returning to the cars. BYOB
- Mar 7 Sun Snowshoe: Organizer's Choice – mod**
Meet: 9:00 am at 6200 South & Wasatch Park & Ride
Organizer: Deirdre Flynn and Mohamed Abdallah 801 466-9310 deirdre.flynn@marriott.com
 Mohamed and Deirdre will pick a location suitable for the conditions. Bring your 10E's, beacon, shovel, and probe.
- Mar 7 Sun Road Bike: Farmington/Layton – ntd+ – 38.0 mi Out & Back**
Meet: 9:00 am at Weather Bureau, 2240 West North Temple
Organizer: Elliott Mott 801-969-2846 elliot887@msn.com
 This Sunday morning spin takes full advantage of the no traffic Legacy Highway Trail with an option of turning around in Farmington for a 38 mile out-and-back ride or looping farther north to Layton for a 59 mile event. We'll be riding on paved surfaces over mostly flat easy rolling terrain, and as such, this course is a great way to get some effortless miles on the legs in advance of warmer weather riding; also, this ride features no mandatory pace or compulsory pace line -- so plan on a recreational ride at the speed you enjoy riding. Layton riders will rendezvous at Einstein Bagels for brunch/lunch/coffee before returning, and Farmington riders can regroup at a convenience store before turning around. Meet Elliott (801-969-2846) at the Weather Bureau located at 2240 West North Temple, in Salt Lake City at 9:00AM.
- Mar 7 Sun Afternoon Snowshoe: Millcreek – ntd**
Meet: 1:00 pm at Skyline High School - 3231 E Upland Dr (3760 S)
Organizer: Cathy Mooney 801 486-9200 cathy@cathymooney.com
 Meet Cathy at 1pm for a snowshoe in Millcreek. Meet her at Skyline.
- Mar 7 Sun Day Hike - Big Beacon – ntd – 1.5 mi Out & Back – 2140' ascent – Slow pace**
Meet: 5:00 pm at Registration required
Organizer: John Veranth 801 278-5826 veranth@xmission.com
 Usually a good early-season hike but it depends on the weather. So, registration required.

- Mar 9 Snowshoe Park City Environs Mod/msd**
 Tue *Meet:* 10:00 am at Disseminated via snowshoe email list
Carpool: 9:15 am at Parleys Way former Kmart lot - 2703 Parleys Way
Organizer: Vince DeSimone (435) 649-6805 vincedesimone@yahoo.com
 Vince will organize a Tuesday Group this year. Meet at 10:00 AM every Tue and go to places in the Park City area where snowshoes are the best means of travel. Expect a normal, healthy pace with friendly conversation. For meeting location and last minute details, join the WMC snowshoe email list for automatic notices/updates for all Tuesday snowshoe trips throughout the winter. You will feel welcome and comfortable. Vince prefers cyberspace for questions/info. The club recommends that you wear a transceiver and know how to use it. Carpool from SLC from the Parley's Way Kmart parking lot at 915 am.
- Mar 9 Foothills Evening Hike – ntd+ – Out & Back – Moderate pace**
 Tue *Meet:* 4:30 pm at 383 Colorow
Organizer: Liz Cordova 801 486-0909 liz1466@live.com
 Foothills evening dog hikes in Red Butte Canyon on Tuesdays. Meet in Research Park at 383 Colorow (between Huntsman and the Arboretum) at 4:30 PM. Note that we will meet at 5:30 PM starting March 16. Bring suitable footwear for icy or muddy conditions. Dogs welcome!
- Mar 10 Alpine Ski Tour - Al's Morning Madness – mod+ – Fast pace**
 Wed *Meet:* 5:00 pm at Registration required
Organizer: Alex Rudd 801 971-9245 rudd94@gmail.com
 This semester I have wednesday mornings off, so I'm trying to get a mid - week group going. These trips will be short but intense. Generally start times of 7 am and ending by 11. Backcountry skiing is preferred, but snowshoe or yaktrax hiking are also a possibility, depending on conditions. Contact organizer as the activity / destination can change every week.
- Mar 11 Rock Climb - Momentum Climbing Gym – ntd-**
 Thu *Meet:* 6:00 pm at Momentum Climbing Gym
Organizer: Peter Campbell 801 733-0313 wmc-alpinist@hotmail.com
 Come join us for our Thursday evening gym climb. This is a great way to improve your skills, gain confidence, and keep in great climbing shape. Climbers of all ability levels are welcome. Momentum is offering discounts for club members. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement.
- Mar 11 Snowshoe: The Cottonwoods – ntd+**
 Thu *Meet:* 9:30 am at Fort Union Lot #4 (just west of the 'Porcupine' and across the street on the north side of the road)
Organizer: Norm Pobanz 801 266-3703
 Norm will organize a "Thursday Group" this year, leaving at 9:30 AM. They go to places in the Cottonwood Canyons area where hiking and snowshoeing is an adventure. Join the "over the hill" bunch and expect a pace suitable to all and a destination determined at the time of departure. To confirm the outing (ie. In case of bad weather and possible road restrictions), discuss equipment, or to suggest a destination, call Norm ahead of time.
- Mar 11 Boating Meeting/social/permit And Pizza Party – flat water**
 Thu *Meet:* 6:30 pm at Mt. Olympus Presbyterian Church (3280 East, 3900 South)
Organizer: Don Urrizaga 435-884-0147 don_urrizaga@yahoo.com
 We had our Boating Permit and Pizza Party on the 14th of January. It was a productive and fun social outing. We had a large turnout of eager permit seekers doing their part to make this season a huge success. It is time NOW to reconvene and proclaim the spoils of our efforts; to reassemble to plan, list, schedule, and create this year's boating calendar. Bring your multitude of hard earned river permits. Bring thoughts and plans to organize and lead on Non-permit Rivers. Time and Place: Thursday, March 11th, 6:30PM @ the Mt. Olympus Presbyterian Church (3280 East, 3900 South). We will provide pizza and beverages. (No alcohol is allowed in the church.) Be sure to sign up for the club's boater email notification system by sending a SUBSCRIBE message with your name and address to Bret Mathews bretmaverick999@yahoo.com

Mar 12 Canyoneering 201- North Wash – mod

Fri – *Meet:* 5:00 pm at Registration required

Mar 14 *Organizer:* Rick Thompson gone2moab@hotmail.com
Sun

The 201 indication, for those who haven't figured it out, is a statement that this is a post North Wash trip, not for first timers. So you've done the basic NW and you're ready for the next step- something a little more technical and difficult? This is it. The usual NW guidelines and gear are in play, leaving afternoon Friday the 12th, home Sunday the 14th, two canyons each day.

Mar 12 Nordic Ski Tour: North Routt Coureur Des Bois (co/wy) – msd – Loop – Fast pace

Fri – *Meet:* 5:00 pm at Registration required

Mar 15 *Organizer:* Michael Berry 801 583-4721 mberryxc@earthlink.net
Mon

The Steamboat Springs (CO) Nordic Council sponsors the 45k cross-country ski race/tour (6th Annual) towards Wyoming and back. The event starts in the historic Hahn's Peak community. The unique route is groomed for one day only and traverses the Continental Divide through the Routt and Medicine Bow National Forests. Alternate activities include gentle ski touring in the Rabbit Ears Pass area (see photo gallery on Club website, Nov. 2009), or a visit to the Strawberry Park Hot Springs. Reasonable room rates are available at the Western Lodge in downtown Steamboat. The Old Town Pub provides good burgers and microbrew. The driving distance via U.S. 40/ Vernal is the same as for Jackson Hole. NTD to MSD. Please contact organizer by MARCH 5th to register (www.steamboatxcski.org).

Mar 13 Alpine Ski Tour, Tele/at, Yo Yo – mod – Out & Back – Moderate pace

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Karen Perkins 801 272-2225 karenp@xmission.com

Organizers are Leslie Woods, Polly Wiessner & Karen Perkins. We do laps [yo,yo], in moderate terrain, generally, on the north side of BCC. We attempt to avoid known avalanche chutes & terrain traps. Exact location of the tour will be decided by group consensus at the meeting place, but in a year like this one, we might go to 2 or 3 safe spots the entire season! Beacons, shovels, probes, skins & either tele or AT gear + knowledge of their use required. Not a beginning tour; we keep a reasonable but steady moderate pace. Maximum group size of 12.

Mar 13 Snowshoe: Organizer's Choice – ntd

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Gena Cecala 801 865-6569 gena@vspring.com

Gena will be choosing an NTD destination that you are sure to love.

Mar 13 Break Into The Backcountry, Slow – ntd – Out & Back – 1000' ascent – Slow pace

Sat *Meet:* 5:00 pm at Registration required

Organizer: Jim Berry 801-560-5601 jamesberry7899@comcast.net

Easy open glade skiing/boarding. The pace will be set to the slowest member of the group. All slope angles will be less than 30 degrees. ~1000' vertical ~4 hrs. Bring transceiver, probe poll, shovel and know how to use them. Email or call Jim for preregistration and meeting time & place.

Mar 13 Snowshoe: Up Willow, Down Beartrap – mod – Loop

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Cassie Badowski 801 278-5153 cassie@hesstravel.com

Cassie knows where to find fun and this weekend she has chosen a great trip: up Willow and down Beartrap. Meet her at 9am at the 6200 S Wasatch park and ride. Don't forget your 10E's, beacon, probe, and shovel.

Mar 13 Car Camp- Boulder Open Weekend – ntd

Sat – *Meet:* 5:00 pm at Registration required

Mar 14 *Organizer:* John Veranth 801 278-5826 veranth@xmission.com
Sun

By mid-March the Escalante canyons are well into the hiking season. From a base camp in Boulder we will do day hikes in the GSE National Monument. Difficulty and destinations based on the interests of participants.

Mar 14 Alpine Ski Tour, Tri Canyons – msd – Moderate pace

Sun *Meet:* 5:00 pm at Registration required
Organizer: Mark Borges 801 363-4504 mborges@xmission.com
Backcountry skiing/boarding. Some parts might be steeper than 38 degrees and/or in the trees. ~4500 vertical ~7hr. Bring transceiver, probe, shovel and know how to use them. Avalanche awareness, excellent skiing skills and preregistration is required. Email or call Mark.

Mar 14 Road Bike: Farmington/Layton – ntd+ – 38.0 mi Out & Back

Sun *Meet:* 9:00 am at Weather Bureau, 2240 West North Temple
Organizer: Elliott Mott 801-969-2846 elliot887@msn.com
This Sunday morning spin takes full advantage of the no traffic Legacy Highway Trail with an option of turning around in Farmington for a 38 mile out-and-back ride or looping farther north to Layton for a 59 mile event. We'll be riding on paved surfaces over mostly flat easy rolling terrain, and as such, this course is a great way to get some effortless miles on the legs in advance of warmer weather riding; also, this ride features no mandatory pace or compulsory pace line -- so plan on a recreational ride at the speed you enjoy riding. Layton riders will rendezvous at Einstein Bagels for brunch/lunch/coffee before returning, and Farmington riders can regroup at a convenience store before turning around. Meet Elliott (801-969-2846) at the Weather Bureau located at 2240 West North Temple, in Salt Lake City at 9:00AM.

Mar 14 Snowshoe: Maybird – mod

Sun *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride
Organizer: Shane and Jacqueline Bode 801 647-2917 shanejaq@msn.com
Join first time leaders Shane and Jacqueline Bode on a snowshoe to Maybird. This is a beautiful and rewarding destination in Winter. Bring your 10E's, shovel, probe and beacon.

Mar 14 Snowshoe: Greens Basin – ntd

Sun *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride
Organizer: Jim Piani 801 733-0627 jvpiani@burgoyne.com
Jim is heading to Greens Basin at 9am today. Meet him at the 6200 S Wasatch park and ride.

Mar 16 Snowshoe Park City Environs Mod/msd

Tue *Meet:* 10:00 am at Disseminated via snowshoe email list
Carpool: 9:15 am at Parleys Way former Kmart lot - 2703 Parleys Way
Organizer: Vince DeSimone (435) 649-6805 vinedesimone@yahoo.com
Vince will organize a Tuesday Group this year. Meet at 10:00 AM every Tue and go to places in the Park City area where snowshoes are the best means of travel. Expect a normal, healthy pace with friendly conversation. For meeting location and last minute details, join the WMC snowshoe email list for automatic notices/updates for all Tuesday snowshoe trips throughout the winter. You will feel welcome and comfortable. Vince prefers cyberspace for questions/info. The club recommends that you wear a transceiver and know how to use it. Carpool from SLC from the Parley's Way Kmart parking lot at 915 am.

Mar 16 Foothills Evening Hike – ntd+ – Out & Back – Moderate pace

Tue *Meet:* 5:30 pm at 383 Colorow Drive
Organizer: Liz Cordova 801 486-0909 liz1466@live.com
Foothills evening dog hikes in Red Butte Canyon on Tuesdays. Meet in Research Park at 383 Colorow (between Huntsman and the Arboretum) at 5:30 PM. Bring suitable footwear for icy or muddy conditions. Dogs welcome!

Mar 17 Alpine Ski Tour - Al's Morning Madness – mod+ – Fast pace

Wed *Meet:* 5:00 pm at Registration required
Organizer: Alex Rudd 801 971-9245 rudd94@gmail.com
This semester I have Wednesday mornings off, so I'm trying to get a mid-week group going. These trips will be short but intense. Generally start times of 7 am and ending by 11. Backcountry skiing is preferred, but snowshoe or yaktrax hiking are also a possibility, depending on conditions. Contact organizer as the activity / destination can change every week.

Mar 18 Rock Climb - Momentum Climbing Gym – ntd-

Thu

Meet: 6:00 pm at Momentum Climbing Gym

Organizer: Peter Campbell 801 733-0313 wmc-alpinist@hotmail.com

Come join us for our Thursday evening gym climb. This is a great way to improve your skills, gain confidence, and keep in great climbing shape. Climbers of all ability levels are welcome. Momentum is offering discounts for club members. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement.

Mar 18 Snowshoe: The Cottonwoods – ntd+

Thu

Meet: 9:30 am at Fort Union Lot #4 (just west of the 'Porcupine' and across the street on the north side of the road)

Organizer: Norm Pobanz 801 266-3703

Norm will organize a "Thursday Group" this year, leaving at 9:30 AM. They go to places in the Cottonwood Canyons area where hiking and snowshoeing is an adventure. Join the "over the hill" bunch and expect a pace suitable to all and a destination determined at the time of departure. To confirm the outing (ie. In case of bad weather and possible road restrictions), discuss equipment, or to suggest a destination, call Norm ahead of time.

Mar 20 Alpine Ski Tour, Tele/at, Yo Yo – mod – 4.0 mi Out & Back – 2000' ascent – Moderate pace

Sat

Meet: 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Karen Perkins 801 272-2225 karenp@xmission.com

Organizers are Leslie Woods, Polly Wiessner & Karen Perkins. We do laps [yo,yo], in moderate terrain, generally, on the north side of BCC. We attempt to avoid known avalanche chutes & terrain traps. Exact location of the tour will be decided by group consensus at the meeting place, but in a year like this one, we might go to 2 or 3 safe spots the entire season! Beacons, shovels, probes, skins & either tele or AT gear + knowledge of their use required. Not a beginning tour; we keep a reasonable but steady moderate pace. Maximum group size of 12.

Mar 20 Rappeling Class- Canyoneering – ntd

Sat

Meet: 1:00 pm at Dogwood Picnic area, BCC

Organizer: Rick Thompson gone2moab@hotmail.com

Learn to rappel, and open the door to all kinds of new experiences and places. With proper instruction it is safe and easy- your fears are quickly banished. Whether you have never done it, or did once long ago and are not sure you remember, this is a great opportunity to learn not only how to do it, but also to be comfortable and safe on rope. Dogwood is the first picnic area in Big Cottonwood Canyon, just 1 mile up the canyon, on the right. Park on the highway to avoid a picnic area use fee, walk thru the site, up canyon, and follow a trail 50 yards past the last table to the climbing wall. A harness, helmet, gloves and descending device are needed, I have a few extras for folks who do not have and are unable to beg, borrow, or steal one, for a 5\$ rental/equipment replacement fee, but you need to make those arrangements with me in advance, as there is a limited number available.

Mar 20 Break Into The Backcountry, Slow – ntd – Out & Back – 1000' ascent – Slow pace

Sat

Meet: 5:00 pm at Registration required

Organizer: Jim Berry 801-560-5601 jamesberry7899@comcast.net

Easy open glade skiing/boarding. The pace will be set to the slowest member of the group. All slope angles will be less than 30 degrees. ~1000' vertical ~4 hrs. Bring transceiver, probe poll, shovel and know how to use them. Email or call Jim for preregistration and meeting time & place.

Mar 20 Snowshoe: White Fir Pass – ntd – Slow pace

Sat

Meet: 10:00 am at 3900 S Wasatch

Organizer: Ellen Jenkins 801 293-9198 ellenjenkins@yahoo.com

Ellen will be leading a slow paced snowshoe to White Fir Pass today. Please meet her at the 3900 S Wasatch Blvd park and ride at 10am.

Mar 20 Snowshoe: Powder Park I – mod – Loop

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Cassie Badowski 801 278-5153 cassie@hesstravel.com

Cassie is headed to Powder Park 1 at 9am. This is a different Powder Park than the snowshoers usually go to, so come and discover a new area if you've never been! Or re-discover the trail if you have. Meet Cassie at the 6200 S Wasatch park and ride.

Mar 21 Alpine Ski Tour, Tri Canyons – msd – Moderate pace

Sun *Meet:* 5:00 pm at Registration required

Organizer: Mark Borges 801 363-4504 mborges@xmission.com

Backcountry skiing/boarding. Some parts might be steeper than 38 degrees and/or in the trees. ~4500 vertical ~7hr. Bring transceiver, probe poll, shovel and know how to use them. Avalanche awareness, excellent skiing skills and preregistration is required. Email or call Mark.

Mar 21 Road Bike: Farmington/Layton – ntd+ – 38.0 mi Out & Back

Sun *Meet:* 9:00 am at Weather Bureau, 2240 West North Temple

Organizer: Elliott Mott 801-969-2846 elliot887@msn.com

This Sunday morning spin takes full advantage of the no traffic Legacy Highway Trail with an option of turning around in Farmington for a 38 mile out-and-back ride or looping farther north to Layton for a 59 mile event. We'll be riding on paved surfaces over mostly flat easy rolling terrain, and as such, this course is a great way to get some effortless miles on the legs in advance of warmer weather riding; also, this ride features no mandatory pace or compulsory pace line -- so plan on a recreational ride at the speed you enjoy riding. Layton riders will rendezvous at Einstein Bagels for brunch/lunch/coffee before returning, and Farmington riders can regroup at a convenience store before turning around. Meet Elliott (801-969-2846) at the Weather Bureau located at 2240 West North Temple, in Salt Lake City at 9:00AM.

Mar 21 Snowshoe: Organizer's Choice – ntd – Slow pace

Sun *Meet:* 10:00 am at 6200 South & Wasatch Park & Ride

Organizer: Beth Conat 801 518-9338 bethy01c@msn.com

Meet Beth at 10am for a slow paced snowshoe today. She will pick a destination suited to the conditions.

Mar 21 Snowshoe: Broads Fork – mod

Sun *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Mike Budig 801 328-4512 mbudig@blazemail.com

Join Mike for a snowshoe up Broads Fork. Meet at the 6200 S Wasatch park and ride at 9am. The club recommends that you bring your 10E's, beacon, shovel, and probe.

Mar 21 Stansbury Island Day Hike – mod – 4.0 mi Loop – 2300' ascent – Moderate pace

Sun *Meet:* 9:00 am at Utah Travel Council Lot - 110 E 300 N

Organizer: Donn Seeley 801 706-0815 donn@xmission.com

You can expect some fine views and fun scrambling on this trip to the gem of the Great Salt Lake. We may tackle the craggy high point of the island, or we may go lower, depending on the conditions. The route will be off-trail and steep, with some possibility of exposure; tough boots are recommended.

Mar 23 Snowshoe Park City Environs Mod/msd

Tue *Meet:* 10:00 am at Disseminated via snowshoe email list

Carpool: 9:15 am at Parleys Way former Kmart lot - 2703 Parleys Way

Organizer: Vince DeSimone (435) 649-6805 vinedesimone@yahoo.com

Vince will organize a Tuesday Group this year. Meet at 10:00 AM every Tue and go to places in the Park City area where snowshoes are the best means of travel. Expect a normal, healthy pace with friendly conversation. For meeting location and last minute details, join the WMC snowshoe email list for automatic notices/updates for all Tuesday snowshoe trips throughout the winter. You will feel welcome and comfortable. Vince prefers cyberspace for questions/info. The club recommends that you wear a transceiver and know how to use it. Carpool from SLC from the Parley's Way Kmart parking lot at 915 am.

Mar 23 Foothills Evening Hike – ntd+ – Out & Back – Moderate pace

Tue *Meet:* 5:30 pm at 383 Colorow Drive

Organizer: Liz Cordova 801 486-0909 liz1466@live.com

Foothills evening dog hikes in Red Butte Canyon on Tuesdays. Meet in Research Park at 383 Colorow (between Huntsman and the Arboretum) at 5:30 PM. Bring suitable footwear for icy or muddy conditions. Dogs welcome!

Mar 24 Alpine Ski Tour - Al's Morning Madness – mod+ – Fast pace

Wed *Meet:* 5:00 pm at Registration required

Organizer: Alex Rudd 801 971-9245 rudd94@gmail.com

This semester I have wednesday mornings off, so I'm trying to get a mid - week group going. These trips will be short but intense. Generally start times of 7 am and ending by 11. Backcountry skiing is preferred, but snowshoe or yaktrax hiking are also a possibility, depending on conditions. Contact organizer as the activity / destination can change every week.

Mar 25 Rock Climb - Momentum Climbing Gym – ntd-

Thu *Meet:* 6:00 pm at Momentum Climbing Gym

Organizer: Peter Campbell 801 733-0313 wmc-alpinist@hotmail.com

Come join us for our Thursday evening gym climb. This is a great way to improve your skills, gain confidence, and keep in great climbing shape. Climbers of all ability levels are welcome. Momentum is offering discounts for club members. There is an annual \$15 climbing fee to cover the cost of rope and anchor gear replacement.

Mar 25 Snowshoe: The Cottonwoods – ntd+

Thu *Meet:* 9:30 am at Fort Union Lot #4 (just west of the 'Porcupine' and across the street on the north side of the road)

Organizer: Norm Pobanz 801 266-3703

Norm will organize a "Thursday Group" this year, leaving at 9:30 AM. They go to places in the Cottonwood Canyons area where hiking and snowshoeing is an adventure. Join the "over the hill" bunch and expect a pace suitable to all and a destination determined at the time of departure. To confirm the outing (ie. In case of bad weather and possible road restrictions), discuss equipment, or to suggest a destination, call Norm ahead of time.

Mar 26 Introduction To Technical Canyoneering – mod-

Fri – *Meet:* 5:00 pm at Registration required

Mar 28 *Organizer:* Rick Thompson gone2moab@hotmail.com

Sun The North Wash is a great place to get started and learn some of the basics of canyoneering, with something for everyone in these wonderful southern utah sandstone slots. We will drive down Friday after work, and do canyons Saturday and Sunday, returning home Sunday night. If this is your first trip, you need to have taken one of the club rappelling classes as a prerequisite.(there will be another on March 20) The trip is half full already, with people who were overflow for this same trip in October. This trip is intended for those who have not already been to North Wash yet.

Be Prepared! Always take the 10 E's and check the local weather conditions! What are the 10 E's? Map/Compass, Flashlight, Pocketknife, Matches/Fire-Starter, Sunscreen/Bug Spray, Sunglasses, Candle, First Aid Kit, Extra Clothes, & Food and Water

Mar 26 Nordic Ski Tour: Kings Peak (march 27th) – msd – 32.0 mi Out & Back – 4500' ascent – Fast pace

Fri – *Meet:* 5:00 am at Henrys Fork TH

Mar 27 *Organizer:* Larry Swanson 801 583-4043 swanson.l@att.net
Sat

The 37th KPT, hosted by Steve and Larry Swanson, will convene on Friday night (March 26th) at the Henry's Fork Snow-Parking area and get under way very early on Saturday morning. We meet for car pooling (optional) at the K-Mart (now closed) parking area on Parleys Way about 5:00pm and leave NLT 5:30 pm for Evanston and JB's restaurant which is just a couple of long blocks from the first exit to Evanston (#3) on the right side as you approach town. It is next to the Days Inn. Registration is not required. Headlamps are mandatory (double check that they work and that the batteries are fresh). Lots of water (2-3 lt) and protection from facing directly into the sun for most of the day are also important. Standard backcountry touring gear is best. Climbing skins are often handy but not essential. We generally leave the skis at Gunsight Pass and climb the peak on foot so Vibram-type soles on your boots are usually helpful if the snow is hard. It will be a long day as we start before dawn and usually end after dark. It's not at all necessary to summit however to enjoy the ski touring in this lovely, gentle drainage and normally at least 2/3 turn around short of the peak. Elkhorn crossing is a good scenic NTD destination used by many. Gunsight Pass, 5 miles farther, is MOD+ and gives wonderful views. Gunsight Pass is the standard turn around place for most and for ALL those that arrive after 2:00pm. The summit is MSD+ chiefly because of the length of the day and the steep climb of the peak at the end. Mandatory turnaround is 4:00 pm no matter where you are on the route. We carry out ALL waste paper including TP so carry a plastic bag and plan for it. For additional information call Steve at 801-272-5750 or Larry at 801-583-4043. We will start out no matter what the weather as the trip to the basin is sheltered and makes a nice ski tour even in stormy weather. We want everyone to go up and back down on the same route (the creek route is normal) for safety reasons so check with Larry or Steve if you plan to leave extra early or ski in the night before for a higher camp.

Mar 27 Potluck And Sing Along

Sat *Meet:* 6:30 pm at 1738 So. 2100 East

Organizer: Patti O'Keefe & Hilary Bertagnole Patti at 424-9215 or Hilary at 467-4433.

"SPRING-ALONG" SING-A-LONG & POTLUCK, definitely NTD. Need a break from the wintry blahs? Bring a snack or drink to share and join the gang for a rousing night of song, socializing and general silliness! The fun starts at 6:30 PM and lasts until ??? Dust off the old vocal chords (and any musical instruments tucked away in your closet) and bring them to 1738 So. 2100 East. (Two-story white home is sorta hidden behind large shrubs—look for the white picket fence; park along 21st East & walk down the driveway.) Co-hosted by Patti O'Keefe & Hilary Bertagnole. Need more encouragement?? Call Patti at 424-9215 or Hilary at 467-4433.

Mar 27 Alpine Ski Tour, Tele/at, Yo Yo – mod – Out & Back – Moderate pace

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Karen Perkins 801 272-2225 karenp@xmission.com

Organizers are Leslie Woods, Polly Wiessner & Karen Perkins. We do laps [yo,yo], in moderate terrain, generally, on the north side of BCC. We attempt to avoid known avalanche chutes & terrain traps. Exact location of the tour will be decided by group consensus at the meeting place, but in a year like this one, we might go to 2 or 3 safe spots the entire season! Beacons, shovels, probes, skins & either tele or AT gear + knowledge of their use required. Not a beginning tour; we keep a reasonable but steady moderate pace. Maximum group size of 12.

Mar 27 Snowshoe: Gourmet – ntd

Sat *Meet:* 10:00 am at 6200 South & Wasatch Park & Ride

Organizer: Mark Jones, Holly Smith, Knick Knickerbocker 801 486-5354

It's time for the annual gourmet snowshoe. Rated NTD for exercise and EXT for kitchen skills. Join your fellow club members for an easy snowshoe followed by an afternoon of fine dining - a highlight of the snowshoeing season. Meet at 10am and carpool to the Willow Lake trailhead. Bring a gourmet dish to share and don't forget the wine to toast the coming of Spring. Black tie and costumes are optional. Skiers are welcome, too! Your hosts are Mark Jones 486-5354, Holly Smith 272-5358, and Knick Knickerbocker 891-2669.

Mar 27 Snowshoe: Pre-gourmet Ridge Run – mod

Sat *Meet:* 8:00 am at 6200 South & Wasatch Park & Ride

Organizer: Mohamed Abdallah 801 466-9310 agm1144@yahoo.com

Join Mohamed for his pre-gourmet snowshoe ridge run. Get an early start so that you can work up an appetite before meeting up with the gourmet snowshoers at Willow Lake.

Mar 27 Break Into The Backcountry, Slow – ntd – Out & Back – 1000' ascent – Slow pace

Sat

Meet: 5:00 pm at Registration required

Organizer: Jim Berry 801-560-5601 jamesberry7899@comcast.net

Easy open glade skiing/boarding. The pace will be set to the slowest member of the group. All slope angles will be less than 30 degrees. ~1000' vertical ~4 hrs. Bring transceiver, probe poll, shovel and know how to use them. Email or call Jim for preregistration and meeting time & place.

Mar 28 Alpine Ski Tour, Tri Canyons – msd – Moderate pace

Sun

Meet: 5:00 pm at Registration required

Organizer: Mark Borges 801 363-4504 mborges@xmission.com

Backcountry skiing/boarding. Some parts might be steeper than 38 degrees and/or in the trees. ~4500 vertical ~7hr. Bring transceiver, probe poll, shovel and know how to use them. Avalanche awareness, excellent skiing skills and preregistration is required. Email or call Mark.

Mar 28 Road Bike: Farmington/layton – ntd+ – Out & Back

Sun

Meet: 9:00 am at Weather Bureau, 2240 West North Temple

Organizer: Elliott Mott 801-969-2846 elliot887@msn.com

This Sunday morning spin takes full advantage of the no traffic Legacy Highway Trail with an option of turning around in Farmington for a 38 mile out-and-back ride or looping farther north to Layton for a 59 mile event. We'll be riding on paved surfaces over mostly flat easy rolling terrain, and as such, this course is a great way to get some effortless miles on the legs in advance of warmer weather riding; also, this ride features no mandatory pace or compulsory pace line -- so plan on a recreational ride at the speed you enjoy riding. Layton riders will rendezvous at Einstein Bagels for brunch/lunch/coffee before returning, and Farmington riders can regroup at a convenience store before turning around. Meet Elliott (801-969-2846) at the Weather Bureau located at 2240 West North Temple, in Salt Lake City at 9:00AM.

Mar 28 Road Bike /mtn Bike Free Pizza Planning Meeting

Sun

Meet: 5:30 pm at Rocky Mtn Pizza --3977 S. Wasatch Blvd (Olympus Hills shopping center)

Organizer: Marcia Hansen 801 486-5724 hansen5200@msn.com

WMC will supply the pizza, you're on your own for beverages! We'll be talking about single day mountain/road rides plus rides for beginning riders and multi day self-contained touring rides. Please come and help us plan for a great biking season! If you have questions, please call Marcia Hansen, 801-486-5724 or Barb Hanson, 801-485-0123 (after March 20).

Mar 28 Snowshoe: Big Cottonwood Leader's Choice – mod

Sun

Meet: 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Brett Smith 801 994-1832 brettsmith459@yahoo.com

Brett will choose a destination in Big Cottonwood for this MOD snowshoe today. Meet him at 9am at the 6200 S Wasatch park and ride. Bring your 10E's, beacon, probe, and shovel.

Mar 28 Snowshoe: Organizer's Choice – ntd

Sun

Meet: 9:00 am at 6200 South & Wasatch Park & Ride

Organizer: Tom Mitko 801 277-7588 pro1dragon@aol.com

Tom will be leading the NTD trip of his choice today. Meet him at 9am at the 6200 S Wasatch park and ride.

Mar 28 Silver Island Range Day Hike – mod+ – 8.0 mi Loop – 3100' ascent – Moderate pace

Sun

Meet: 8:00 am at Utah Travel Council Lot - 110 E 300 N

Organizer: Donn Seeley 801 706-0815 donn@xmission.com

We'll go exploring in this ferociously rugged string of mountains that runs north from Wendover. There's so much to see here -- when you look up there are jagged spires and cliffs, and eye-filling vistas of the vast white salt flats, while at your feet you may see cubical iron crystals like black dice, or fossil shells in yellow iron pyrite. Any route will be cross-country and steep with scrambling and some possibility of exposure; tough boots are recommended. We may attempt Volcano Peak, or try some exploratory route on Graham or Campbell Peak.

Mar 28 Day Hike Fool's Peak – mod+

Sun *Meet:* 5:00 pm at Registration required
Organizer: Alex Rudd 801 971-9245 rudd94@gmail.com
Celebrate upcoming April fool's day with a trip to Fool's peak. This peak is located in the canyon range, east of Delta so there is about a 2 hour drive. Come prepared for hiking and snowshoeing. There will also be prizes for the best or most foolish costume. Meeting time of 7 am due to driving distance. Meeting place to be determined closer to event date. Contact organizer to register.

Mar 30 Snowshoe Park City Environs Mod/msd

Tue *Meet:* 10:00 am at Disseminated via snowshoe email list
Carpool: 9:15 am at Parleys Way former Kmart lot - 2703 Parleys Way
Organizer: Vince DeSimone (435) 649-6805 vinedesimone@yahoo.com
Vince will organize a Tuesday Group this year. Meet at 10:00 AM every Tue and go to places in the Park City area where snowshoes are the best means of travel. Expect a normal, healthy pace with friendly conversation. For meeting location and last minute details, join the WMC snowshoe email list for automatic notices/updates for all Tuesday snowshoe trips throughout the winter. You will feel welcome and comfortable. Vince prefers cyberspace for questions/info. The club recommends that you wear a transceiver and know how to use it. Carpool from SLC from the Parley's Way Kmart parking lot at 915 am.

Mar 30 Foothills Evening Hike – ntd+ – Out & Back – Moderate pace

Tue *Meet:* 5:30 pm at 383 Colorow Drive
Organizer: Liz Cordova 801 486-0909 liz1466@live.com
Evening dog hike in Red Butte Canyon area. Meet at 383 Colorow Drive in Research Park promptly at 5:30, or the alternate trailhead at 5:45 PM. I'll send the trailhead address out via the hike email list. Plan for muddy or icy conditions. As always, dogs welcome!

Mar 31 Alpine Ski Tour - Al's Morning Madness – mod+ – Fast pace

Wed *Meet:* 5:00 pm at Registration required
Organizer: Alex Rudd 801 971-9245 rudd94@gmail.com
This semester I have wednesday mornings off, so I'm trying to get a mid - week group going. These trips will be short but intense. Generally start times of 7 am and ending by 11. Backcountry skiing is preferred, but snowshoe or yaktrax hiking are also a possibility, depending on conditions. Contact organizer as the activity / destination can change every week.

Apr 3 Alpine Ski Tour, Tele/at, Yo Yo – mod – Out & Back – Moderate pace

Sat *Meet:* 9:00 am at 6200 South & Wasatch Park & Ride
Organizer: Karen Perkins 801 272-2225 karenp@xmission.com
Organizers are Leslie Woods, Polly Wiessner & Karen Perkins. We do laps [yo,yo], in moderate terrain, generally, on the north side of BCC. We attempt to avoid known avalanche chutes & terrain traps. Exact location of the tour will be decided by group consensus at the meeting place, but in a year like this one, we might go to 2 or 3 safe spots the entire season! Beacons, shovels, probes, skins & either tele or AT gear + knowledge of their use required. Not a beginning tour; we keep a reasonable but steady moderate pace. Maximum group size of 12.

Apr 3 Break Into The Backcountry, Slow – ntd – Out & Back – 1000' ascent – Slow pace

Sat *Meet:* 5:00 pm at Registration required
Organizer: Jim Berry 801-560-5601 jamesberry7899@comcast.net
Easy open glade skiing/boarding. The pace will be set to the slowest member of the group. All slope angles will be less than 30 degrees. ~1000' vertical ~4 hrs. Bring transceiver, probe poll, shovel and know how to use them. Email or call Jim for preregistration and meeting time & place.

Apr 3 Slow Pace/low Impact Hike - Stansbury Island – ntd+ – Out & Back – Slow pace

Sat *Meet:* 9:30 am at Utah Travel Council Lot - 110 E 300 N
Organizer: Randy Long 801-733-9367
Randy Long will follow this nice trail packed with scenery on the second largest Great Salt Lake island. Bring lunch, water, rain gear, and maybe an insulated parka. It's quite a drive to the trail head so meet for a car pool and pitch in \$7 or \$8 for gas.

Apr 4 Road Bike: Farmington/Layton – ntd+ – 38.0 mi Out & Back

Sun

Meet: 9:00 am at Weather Bureau, 2240 West North Temple

Organizer: Elliott Mott 801-969-2846 elliott887@msn.com

This Sunday morning spin takes full advantage of the no traffic Legacy Highway Trail with an option of turning around in Farmington for a 38 mile out-and-back ride or looping farther north to Layton for a 59 mile event. We'll be riding on paved surfaces over mostly flat easy rolling terrain, and as such, this course is a great way to get some effortless miles on the legs in advance of warmer weather riding; also, this ride features no mandatory pace or compulsory pace line -- so plan on a recreational ride at the speed you enjoy riding. Layton riders will rendezvous at Einstein Bagels for brunch/lunch/coffee before returning, and Farmington riders can regroup at a convenience store before turning around. Meet Elliott (801-969-2846) at the Weather Bureau located at 2240 West North Temple, in Salt Lake City at 9:00AM.

Apr 7 Alpine Ski Tour - Al's Morning Madness – mod+ – Fast pace

Wed

Meet: 5:00 pm at Registration required

Organizer: Alex Rudd 801 971-9245 rudd94@gmail.com

This semester I have wednesday mornings off, so I'm trying to get a mid - week group going. These trips will be short but intense. Generally start times of 7 am and ending by 11. Backcountry skiing is preferred, but snowshoe or yaktrax hiking are also a possibility, depending on conditions. Contact organizer as the activity / destination can change every week.

Apr 9 Canyoneering- North Wash 201 – mod

Fri –

Apr 11

Sun

Meet: 5:00 pm at Registration required

Organizer: Rick Thompson gone2moab@hotmail.com

The 201 indication for those who haven't figured it out, is a statement that this is a post North Wash trip, not for first timers. So you've done the basic NW and you're ready for the next step- something a little more technical and difficult? This is it. The usual NW guidelines and gear are in play, leaving afternoon Friday the 9th, home Sunday the 11th, two canyons each day. There will be some water, wetsuit recommended

Apr 9 Organizer's Choice Car Camp - Moab Area – mod

Fri –

Apr 11

Sun

Meet: 5:00 pm at Registration required

Organizer: Jerry Hatch and Donn Seeley 801-583-8047 donn@xmission.com

Jerry Hatch and Donn Seeley are heading out to Moab again. Last year's Moab trip featured an exploratory hike through tall sandstone fins, scrambling up a ramp and through a tiny slot, crossing above a huge pour-off and climaxing with a 10-foot-long snake petroglyph, an arch and a natural bridge. This year we'll try to do even better!

Apr 16 Party Social: Sing-a-long

Fri

Meet: 6:30 pm at Rocky Mountain Pizza restaurant: Wasatch Blvd at 3900 South

Organizer: Fred Tripp 435-649-4507 fredgtripp@gmail.com

APR 16 FRI SOCIAL: SING-A-LONG, definitely NTD. A fun evening of song, socializing and enjoying good food. The festivities begin at 6:30 PM and last until 10 or so. Stretch your vocal chords (and bring any musical instrument that you'd like to play) and join the singers at a new venue: the Rocky Mountain Pizza restaurant located in the Olympus Hills Shopping Center on Wasatch Blvd at 3900 South. Pizza, salads, subs, calzones, beer and soft drinks are available for purchase. This is not a potluck. Questions? Need encouragement? ..or would like more information call Fred Tripp at 435-649-4507 (email at fredgtripp@gmail.com) or Patti O'Keefe at 801-424-9215.

Apr 17 Hike To Houndstooth – msd- – 6.0 mi Out & Back – 3000' ascent – Moderate pace

Sat

Meet: 8:30 am at 6100 South & Wasatch Park & Ride

Organizer: Julie Kilgore 801 244-3323 jk@wasatch-environmental.com

This hike will somewhat follow the ridge to the base of the Houndstooth, with a short scramble through a chute that leads to the top. This is a VERY STEEP hike with plenty of bushwhacking, but is probably the least miserable route to that familiar granite outcrop between Big and Little Cottonwood Canyons.

Apr 24 House Range Car Camp – msd- – Loop – Moderate pace

Sat – *Meet:* 5:00 pm at Registration required

Apr 25 *Organizer:* Donn Seeley 801 706-0815 donn@xmission.com

Sun We'll find a route to the top of Swasey Peak, the high point of the House Range, in the West Desert north of Notch Peak. We'll also explore the cliffs and towers of Howell Mountain and Death Canyon, and perhaps make a side visit to the trilobite mine. You can expect exploratory cross-country travel (except for the occasional broad wild-horse trail) in steep and rugged terrain, with a chance of scrambling and perhaps a little exposure.

May 7 Canyoneering - The Swell – mod-

Fri – *Meet:* 5:00 pm at Registration required

May 9 *Organizer:* Rick Thompson gone2moab@hotmail.com

Sun No northwash requisite for this trip, the only requirement for this trip is that you have attended a WMC rappelling class (see March 20). Adventurous first timers welcome. Eardley Canyon involves a rigorous hike up a steep ridgeline, followed by a careful scramble down a steep loose gully. While not a classic slot per se, there are 5 raps into pools, which are a lot of fun, and, weather depending, may require wetsuits, though if its hot, the pools are short, so you might get by OK if you tend to run warm. After the canyon we will pack up and head further into the Swell, to do a Baptist Draw/Chute loop, which can also have water, though it is often dry. Leaving afternoon Friday the 7th, home Sunday the 9th. This trip is now full, but i will put some names on a waiting list in case there are cancellations.

May 14 Arches Family Car Camp

Fri – *Meet:* 5:00 pm at Registration required

May 16 *Organizer:* Noel de Nevers 801-581-6024 Noel.deNevers@ utah.edu

Sun This is our annual Family Mother's Day Car Camp and General Spring Celebration (one week late because someone beat me to the reservation for the Mother's Day Weekend). We have the large group campground reserved for Friday and Saturday nights. Bring your kids and grandkids! E-mail or call or Noel de Nevers (Noel.deNevers@ utah.edu) 801-581-6024 for information and reservations. We are limited to 10 cars and 50 people; don't come without a reservation!

May 15 Hike From Lukla To Tangboche. – mod – 25.0 mi Loop – 6000' ascent

Sat – *Meet:* 5:00 pm at Registration required

Jun 6 *Organizer:* Bob Norris 801 943-6039 jamesnorris6039@comcast.net

Sun Join Bob Norris for a multi-sport adventure in Nepal. Involving trekking the Khumbu, white water rafting and a visit to the Chitwan National game Preserve on the Indian border, the trip will give you a good idea of cultural, climatic and geographic diversity of this amazing country. We will leave in mid-May and return in early June. Exact dates will be determined by needs of those going. For general questions, a detailed trip description, or a dvd of this trip done in 2008, contact Bob Norris. 801-943-6039 bobnepal@comcast.net.

Jun 26 Day Hike: Mt. Nebo – msd – 8.0 mi Out & Back – 3500' ascent – Moderate pace

Sat *Meet:* 8:00 am at REI sandy - 230 W 10600 S Ste 1700 Sandy, UT 84070

Organizer: Tanner Morrill 801-809-0173 tannermorrill@yahoo.com

Mt. Nebo via North Route-- This beautiful hike is 6-8 Hours. Past the saddle, the last 500 ft. of this hike are strenuous. The summit ridge is exposed and requires two hands for climbing. Recommended: 10Es & at least 40 oz of water. Elevation: 11928 Distance RT: About 8 miles.

Jul 10 Hike: Mt Elbrus Russia Mountaineering – ext – Out & Back – 5000' ascent – Fast pace

Sat – *Meet:* 5:00 pm at Registration required

Jul 24 *Organizer:* Zig Sondelski 801 292-8332 zig.sondelski@gmail.com

Sat A repeat of the 2009 mountaineering trip to Mt Elbrus organized by Svetlana Litvinenko will be done in July 2010. Mt Elbrus, at 18,513', is the highest point in Europe and is one of the "seven summits". Having climbed it last July, I would describe it as an EXT backpack with crampons and ice ax on a flagged and well-travelled route. It was an easier route and shorter but much higher hike than Mt Whitney, my previous high peak. Following the Mt Elbrus climb, there will be an option to climb Lenin Peak in Kyrgyzstan at 23,406'. A meeting will be held in January for anyone interested, curious, wanting to learn more, see a slide show or talk with the 2009 group. For further information and details, phone or email Zig Sondelski.

Aug 1 **John Muir Trail Backpack – msd – 212.0 mi Shuttle**

Sun – *Meet: 5:00 pm at Registration required*

Aug 31 *Organizer: Michael Budig (801) 328-4512 mbudig@mail.com*

Tue
This will be about a 3 week 212 mile backpack on the John Muir Trail in the spectacular High Sierras of California- starting in Yosemite and finishing near Mt Whitney. Exact dates to be determined, I will have to apply for the permits in February. This trip will require some organizing and caching of food- and the permit application process starts in February. So registration will be required by February 15.

Aug 17 **White Water Rafting-grand Canyon – class V – 200.0 mi**

Tue – *Meet: 5:00 pm at Registration required*

Sep 5 *Organizer: Bob Cady 801 274-0250 rcady@xmission.com*

Sun
We are looking for a 2-3 experienced boatmen and a few additional passengers for a trip down the Grand Canyon. We will contract with a professional company for logistics (rafts, food, river gear, and transport of such). Send river resume to me to apply. There will be a \$200 deposit (non-refundable unless we can replace you) due by March 1.

Packing a Pulk for Winter Camping

Do any of you know what it takes to camp in the snow! Aside from the fact that all your gear is much bulkier than in summer (thicker jackets and sleeping bags, sturdier tent for snow loads, etc.) there is also the fact that winter camping gear is much heavier than summer equipment. Yet, it's still possible to go backcountry camping in winter with the help of a little something called a pulk.

If you've been downhill skiing you've probably seen ski patrol members practicing with pulks used to carry injured skiers off the slopes. The concept for winter backpacking/cross-country ski-camping is the same, except the pulk is used to carry your gear instead of a person (gear which, hopefully, should be lighter than an adult!). Some "experts" think it's best to use a pulk with rigid poles to help you keep your balance, though poles can also help with traction on tricky ascents. Unfortunately if you're going somewhere without decent snow covering the ground you're out of luck - pulks are only meant to glide across snow and ice.

You can purchase a pulk online or get instructions for building your own - a basic pulk can be constructed from a child's sled and some rope. Many pulk-packers (is that a real term?) choose to carry some gear (like things that can't get wet or frozen) on their backs while towing a pulk behind.

WASATCH MOUNTAIN CLUB (WMC)
MEMBERSHIP APPLICATION
(Do not use for renewals.)

Please read carefully and completely fill out both sides of the page. Print legibly, please.

I am applying for membership as: _____ Single _____ Couple

Name: Applicant 1: _____ Birth date: _____

Name: Applicant 2: _____ Birth date _____

Address: _____

City, State, Zip _____

Applicant 1: Main phone: _____ email address: _____

Applicant 2: Main phone: _____ email address: _____

PRIVACY INFORMATION: The WMC defaults to publish name, phone and email on website “Member’s list” area. This information is only available to active members on the web site. With your permission, we also occasionally release our address list to WMC-Board approved wilderness and/or conservation organizations for one-time mailings under the stipulation that they do not continue to use the list or provide it to other. You may opt to (1) have your address published on the “Members Only” area but not made available to other organizations, (2) have your address published on the “Members Only” area and provided to Board-approved organizations, or (3) not have your address on the WMC roster nor given to other organizations.

YOU NEED TO TAKE THE FOLLOWING ACTION: Once you have been notified that your application has been accepted, log in to the WMC site and select your level of privacy from the menu under Club Preferences. If you do not have computer access or need help, please contact the Membership Director to make your preferences known.

If you would like a printed copy of the membership roster, you may download a pdf file.

If you are a member and do not have computer access and would like a membership roster, please contact the Membership Director and that list will be provided to you.

Membership dues:

\$40.00 for single membership (Annual dues \$35.00 plus \$5.00 paper application fee)

\$55.00 for couple membership (Annual dues \$50.00 plus \$5.00 paper application fee)

\$25.00 for student membership (Annual dues \$20.00 plus \$5.00 paper application fee)

Student members must be full-time student, age 30 and under.

Enclosed is \$_____ for application fee and first year’s dues. Check or money order only. Please make checks payable to Wasatch Mountain Club.

WASATCH MOUNTAIN CLUB (WMC)
Applicant Agreement, Acknowledgement of Risk and Release from Liability

VOLUNTARY PARTICIPATION: I acknowledge that my participation in all WMC activities is voluntary. No one is forcing me to participate. I agree to abide by the rules of the WMC.

ASSUMPTION OF RISK: I am aware that WMC activities involve risks, and may result in injury, illness, death, and damage to or loss of property. These dangers include but are not limited to: the hazards of traveling in remote areas without medical services or care, the forces of nature, the inherent dangers involved in participation in sports, wilderness travel, and social activities, and the negligent actions of other persons or agencies. I understand that all activities should be considered exploratory, with the possibility of unexpected conditions and route variations. The WMC is not, nor does it provide, a professional guide service. In order to partake in the enjoyment and excitement of WMC activities, I am willing to accept the risk and uncertainty involved as being an integral part of the activity. I acknowledge this risk, and assume full responsibility for any and all risks of injury, illness, death, or damage to or loss of my property.

PREPARATION: I understand that it is my responsibility to evaluate the difficulties of any WMC activity I participate in, and decide whether I am prepared by having the experience, skill, knowledge, equipment, and the physical and emotional stamina to participate safely.

RELEASE OF LIABILITY AND PROMISE NOT TO SUE: I agree that I, my heirs, personal or legal representatives hereby do release and hold harmless from all liability, and promise not to bring any suit or claim against the WMC, its activity organizers, directors, agents or representatives for any injury, illness, death or damage and loss of property resulting from my participation in any WMC activity even if they negligently caused the injury or damage.

LEGAL FEES: Should it become necessary for the WMC, or someone on their behalf, to incur attorney fees and costs to enforce this agreement, I agree to pay the WMC reasonable costs and fees thereby expended, or for which liability is incurred.

INSURANCE: I understand that the WMC strongly recommends that I maintain insurance sufficient to cover any injury, illness or property damage that I may incur while participating in WMC activities. In the event of injury, illness or death related to any WMC activity, I recognize that I, or my estate, will bear the full cost of my evacuation or recovery, and any related medical care that I may need. I acknowledge that the WMC carries no insurance whatsoever for any participants in WMC activities.

My signature below indicates I have read this entire document, understand it completely, understand it affects my legal rights, and agree to be bound by its terms. I certify I am at least 18 years old.

Signature 1 _____ Print Name 1 _____ Date: _____

Signature 2 _____ Print Name 2 _____ Date: _____

Mail completed application to:

Membership Director
Wasatch Mountain Club
1390 South 1100 East #103
Salt Lake City, UT 84105-2443

REI COMMUNITY CALENDAR ANNOUNCEMENTS

CONTACT: Celeste Eppler EMAIL: ceppler@rei.com
PHONE: (801) 486-2100 ext. 207

SANDY REI (10600 S 230 W)

INTRO TO TRIATHLON – Thurs., March 4th, 7:00 pm

If you are interested in triathlon, this clinic is perfect for you! Join Dave Pruetz, a USA Triathlon Certified Coach, a Kona Ironman World Championship Triathlete, and an ISSA Certified Fitness Trainer, as he covers basics of the sport of Triathlons. He will discuss equipment and apparel needs, training, nutrition, and strategies.

BIKE MAINTENANCE 101 - Thurs., March 11th, 7:00 pm

If you ride a bike, you need this class! In this presentation you'll learn how to lube a chain, fix a flat tire, and other adjustments to your bike. No experience necessary!

BACKPACKING BASICS – Thurs., March 25th, 7:00 pm

REI will take the mystery out of backpacking. We will cover the basics of gear, including how to choose the right pack and select the proper clothing and footwear to keep you comfortable. No experience necessary!

HANDS-ON BIKE MAINTENANCE WORKSHOP – Sat., March 27th, 9:00 am -1:00 pm

Certified shop tech will teach YOU how to perform the basic adjustments on YOUR OWN BIKE! We provide the tools and stands; all you need is to bring your bike. We do prefer that you have basic bike maintenance knowledge, or that you attend one of our free Bike Maintenance 101 classes before hand. Class size is limited to 5 students. Cost is \$95 for REI members and \$115 for non-members. Pre-registration is required at <http://www.rei.com/stores/81>

STORE EVENTS - REI MEMBERS ONLY GARAGE SALE EVENT, Sat. March 20th, 9:00 am

For great deals on used and returned gear, REI Garage Sales are the place to shop! Save 30-60% of retail prices. All items are non- returnable and non-dividendable. Entry when doors open is determined by random lottery.

SALT LAKE CITY REI (3285 E 3300 S)

GPS BASICS – Thurs., March 4th, 7:00 pm

Participants will receive a basic overview of a GPS unit; to include setup, capturing waypoints, working with coordinates, and waypoint navigation.

7 EASY RAPTORS YOU CAN IDENTIFY RIGHT NOW! – Tues., March 9th, 7:00 pm

Join Jen Hajj of Hawk Watch International to learn about 7 different local raptors that you can identify almost without fail. Appropriate for adults and youth 10 or older. For more information about Hawk Watch International see www.hawkwatch.org.

THE EVOLUTION OF SNOW SAFETY AT ALTA – Tues., March 16th, 7:00 pm

Come join Onno Wieringa's presentation and learn about Alta's snow safety program. Onno Wieringa began his career in 1972 with Alta's Ski Patrol. Prior to coming to Alta, he was on the ski patrol at Bridger Bowl near Bozeman, MT. In 1978 he was named Alta Snow Safety Director, the position he maintained until he became President and General Manager of Alta Ski Area in 1988.

CONNECTED AND CONSERVED LANDS IN A TIME OF CHANGING CLIMATE – Thurs., March 18th, 7:00

Join us as Wild Utah Project conservation's staff explores case studies and challenges of connecting wildlife core areas. For more information call Wild Utah Project at 801-328-3550.

4 SUMMITS - 4 STATES – Tues., March 23rd, 7:00 pm

Join SLC native Dave Smith as he discusses and shares photos from his efforts to climb the tallest mountains in four Western states. During the summer of 2009 Dave attempted to climb Mount Hood in OR, Wheeler Peak in NM, Kings Peak in UT, and Mount Rainier in WA. The first three climbs were all in preparation for climbing Mount Rainier, the 4th highest mountain in the US. Did Dave succeed and what was his experience like on each of these state high points? Focus will be on Dave's images, motivation and experience in his attempts.

HOW TO GET STARTED IN BICYCLE COMMUTING – Tues., March 30th, 7pm

Lou Melini will get you started to transport yourself by bicycle. What you need to get started, bike selection, route selection, and how to enjoy a safe bike commute.

GPS INTERMEDIATE CLASS – Mon., March 8th, 6:00-8:30 pm at Salt Lake City location

REI GPS expert to teach you how to use your GPS unit. Should have basic familiarity with your GPS unit or have attended REI's GPS Basics presentation. Advance registration required at www.rei.com/saltlakecity or contacting REI SLC customer service at 801-486-2100. Cost for REI members is \$20.00, non-members is \$35.00.

**WASATCH MOUNTAIN CLUB
1390 SOUTH 1100 EAST
SALT LAKE CITY, UT 84105**

**PERIODICALS
POSTAGE PAID
SALT LAKE CITY,
UTAH**

"KNOW BEFORE YOU GO" by checking snow and weather conditions at <http://www.avalanche.org/~uac/> or 1-888-999-4019. Before you participate in any WMC winter sports activity, please review the Winter Sports Policy located on the club website www.wasatchmountainclub.org. Before entering avalanche terrain, the club recommends you attain backcountry 'safe travel' and 'avalanche awareness' education AND attain and learn to use a transceiver, probe and shovel. Organizers are expected to keep the group together and use proper backcountry etiquette.

Visit us online at **www.wasatchmountainclub.org**