

# **The Rambler July, 2012**

**The Monthly Publication of the Wasatch Mountain Club**



Volume 91, Number 7

The Wasatch Mountain Club  
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## FRONT COVER:

**DONN SEELEY'S  
CEDAR MOUNTAINS HIKE  
APRIL 29, 2012**

**The group just before the scrambling starts. L-R: June Wang, Steve Carr, Will McCarvill, Steve Duncan, Kathy Bell, Fred Schubert, Stanley Chiang and Sue Frehse.**

**MORE PHOTOS ON PAGE 10**

**WE ARE IN NEED OF A NEW SOCIAL DIRECTOR(S)**

### WOULD YOU LIKE TO:

- ❖ **Support a great cause**
- ❖ **Show your talent and energy**
- ❖ **Experience a sense of pride in your accomplishment**
- ❖ **Have an incredible amount of fun while doing the above**

**WHAT BETTER WAY TO GIVE BACK TO YOUR CLUB THAN BY INVESTING IN ITS SOCIAL ACTIVITIES. IT'S A GREAT WAY TO GET INVOLVED WITH THE CLUB!**

**PLEASE CONTACT ANY OF THE BOARD MEMBERS IF YOU ARE INTERESTED. WE LOOK FORWARD TO HEARING FROM YOU!**

People join the Wasatch Mountain Club because they like to go backpacking, biking, road biking, mountain biking, rafting, white water rafting, kayaking, canoeing, climbing, rock climbing, ice climbing, indoor climbing, canyoneering, mountaineering, hike, hiking, moonlight hike, day hike, evening hike, leisurely hike, turtle hike, car camp, trek in Nepal, back country skiing, snowshoeing, avalanche education, making snow caves, doing trail maintenance, supporting conservation issues, preserving the Wasatch Mountain Club Lodge, socializing, making dutch oven meals, going to movies, attending potlucks, and enjoying barbecues. It does not matter if you are new in town, newly single, recently retired, just moved here, want to social network, or just meet new people there is a good chance you will enjoy one of the activities they organize. Some activities are pretty tame and others are very adventurous. Club members typically enjoy outdoor non-motorized recreation and, by organizing trips, are willing to share what they know with you. Many of the outdoor activities they do are in the Wasatch Mountains near Salt Lake City, UT. So if you have a sense of adventure, check us out!

# Wasatch Mountain Club Foundation Lodge



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\*Reduced day usage price available between Memorial Day and Labor Day midweek. Sundays are based on availability.

## BOATING MESSAGE

Director: Don Urrizaga

**Max and Lauara Snyder  
enter Chittam Rapid on  
the Main Salmon in 2006**

June 27 – 30	Yampa	Class III	Alan Mayo <a href="mailto:alan_mayo@hotmail.com">alan_mayo@hotmail.com</a>
July 1 - 7	Main Salmon	Class III	Carroll Mays <a href="mailto:cam502005@gmail.com">cam502005@gmail.com</a>
July 4 – 8	Payette, ID	Class III	Rick Thompson, <a href="mailto:gone2moab@hotmail.com">gone2moab@hotmail.com</a>
July 18 - 24	Main Salmon	Class III	Alan Mayo <a href="mailto:alan_mayo@hotmail.com">alan_mayo@hotmail.com</a>
August 5 - 11	Desolation Canyon	Class III	Robert Cady, <a href="mailto:rcady@xmission.com">rcady@xmission.com</a>
Sept 14 - 16	Alpine Canyon	Class III	Marilyn Smith <a href="mailto:marilynasmith@msn.com">marilynasmith@msn.com</a>
TBD	Pink Flamingo	Easy	Cindy Crass <a href="mailto:dohenyrose27@gmail.com">dohenyrose27@gmail.com</a>

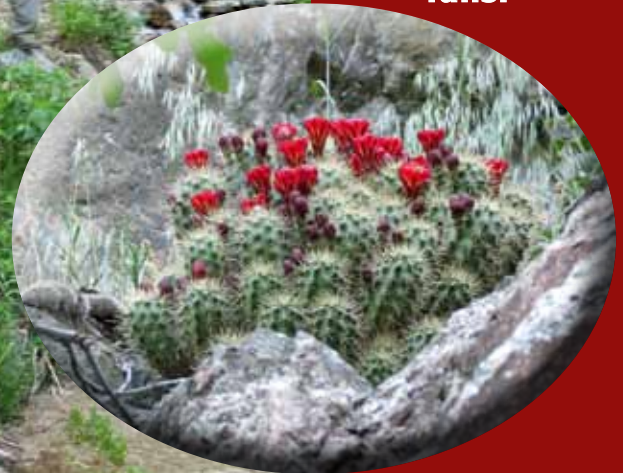
## Julie Kilgore's Ghost Falls Hike

**May 21, 2012**

**We were  
surprised to see  
this beautiful  
cactus in bloom,  
tucked up in the  
rocks near the  
falls.**

**The  
group  
at  
Ghost  
Falls**

*Photos by Julie Kilgore*

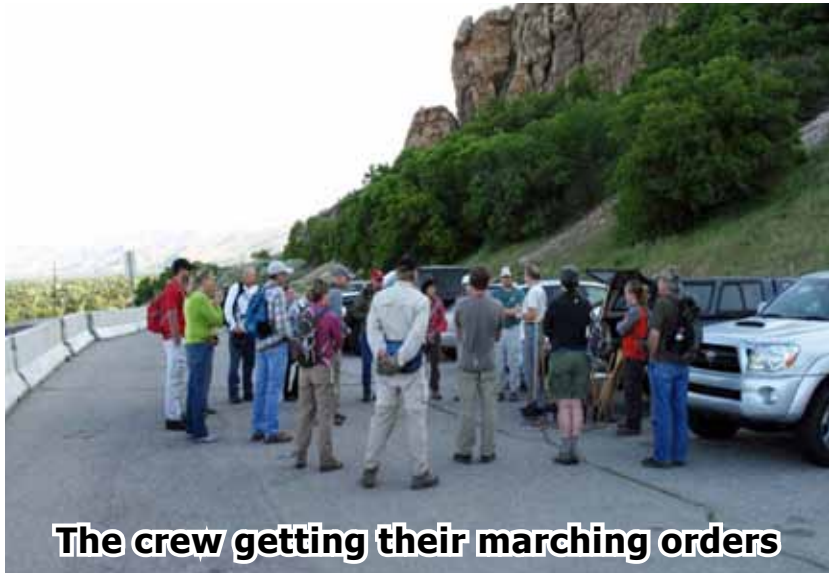


## TRAIL MAINTENANCE – May 12, 2012

By Dave Andrenyak, Trail Maintenance Coordinator

On Saturday May 12th, Wasatch Mountain Club members and other volunteers continued building a new section of the Bonneville Shoreline Trail (BST). This new section will link the Mount Olympus trail and the Neff's Canyon trail. The work involved removing rocks, roots, stumps, trees and other vegetation from the trail path. The new trail surface was smoothed out and graded. About 300-linear feet of new trail was constructed. Brett Smith, Marv and Kathleen Stoddard of the BST Association supervised the work. The participants were Elliot Mott, Alisa Brown, Joel Brown, Knick Knickerbocker, Dan Rutledge, Julia Hart, Joe McDonald, Quintin Barney, Jeff Stowell, Sharon Kern, Tiff Dodge, Patricia Caramar, Bruce Christensen, Ifeta Blagojevic, Hal Wallace, Bob Jennings, Cheryl Krusko, Brett Smith, Marv Stoddard, Kathleen Stoddard, and Dave Andrenyak. A tremendous team effort resulted in a productive day.

**Back to Front: Knick Knickerbocker, Ifeta Blagojevic, Cheryl Krusko and Dan Rutledge**



**The crew getting their marching orders**



**Bob Jennings  
and Joe McDonald**



**Photos by Elliott Mott and Dave Andrenyak**



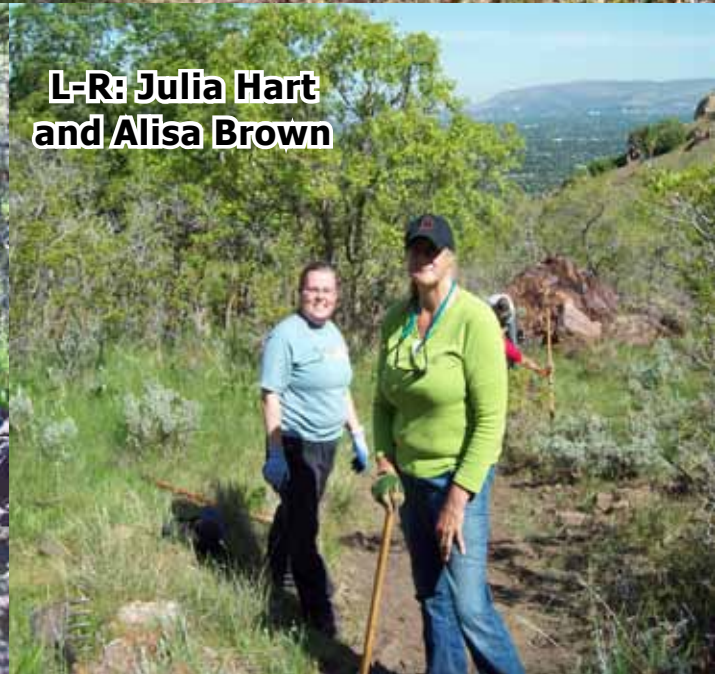
**Back to front:  
Brett Smith,  
Tiff Dodge and  
Elliot Mott**



**Bruce Christensen**



**L-R: Sharon Kern, Marv Stoddard,  
Hal Wallace and Kathleen Stoddard**



**L-R: Julia Hart  
and Alisa Brown**



**L-R: Joe McDonald  
and Jeff Stowell**



**L-R: Joel Brown  
and Quintin Barney**

## Hiking Directors Message by Julie Kilgore

### New WMC Downloadable/Uploadable Hiking Database Launched



The "WMC Hike Ratings" link on the club website now has a new information tool for club hikers! WMC member Dan Smith has developed an "expanded ratings database," adding new trails and new trailheads, updating the previous data tables, and providing the data in various formats for hikers to use:

- The hike data is provided on the club webpage as various PDF files sorted by Name, Ascent, Location, Rating or Steepness.
- The data is also available on the club web page as an Excel file format.
- Clubbers can also download GPX or KML files from the club web site. GPX files can be uploaded to GPS devices and the KML files can be viewed in Google Earth.

The "expanded ratings database" does not replace the official WMC Hike Ratings table devised by Dale Green, but instead builds on it. As part of the effort to update the club hike data, several of us met with Dale Green to gain a better understanding of the system Dale used to develop in the original WMC hike ratings table in the 1950's (the 1993 revision is available on the WMC website). Dale provided some interesting and surprising background information about the hike ratings we clubbers use to this day.

"When I first became Hiking Director, more years ago than I care to remember, a common request was to improve the method of informing hikers of the hike's overall difficulty. "Easy, Medium and Hard" didn't cut it. After some research it was decided to use energy consumed as a guide. This was not an original idea. I was aided by an old WWII U.S. Army manual obtained during my military service. The manual's purpose was to determine how many calories an infantryman needed per day. It contained many graphs obtained from treadmill and actual field physical activity by measuring oxygen consumption. From the graphs and text, I made the compromise that an ascent of 1,000 feet consumed the same energy (calories) as walking 3.5 miles horizontally."

Dale reminded us that the hike ratings were meant mainly for beginning to intermediate hikers and that the rating system only works if the individual hiker moves at a pace that matches his or her own heart, lungs and muscles ability to move along the trail. Dale says "you should be able to hold a conversation of 4 to 5 word sentences without a problem. If a hiker has to stop to catch his/her breath, is gasping for air, or getting dizzy,

they are doing it wrong!"

Dale maintains that steeper trails are not harder than more gradual trails; you just have to SLOW DOWN. "You shouldn't maintain the same number of paces per minute used on an easy trail as when transitioning to a steeper trail," says Dale. "Here is a rating example for two 1,000 foot-high hills, one with a steep one-mile round trip to the top, and one with a gentle three-mile round trip to the top. Using the rating system, the former has a rating of 1.3. The latter has a rating of 1.9. The steeper trail used considerably less energy than the gentler trail. But, many would feel that the steeper trail should be rated higher because they didn't SLOW DOWN."

In the 1950's, Dale calculated the distance for his hike ratings table by personally walking many of the trails with a measuring wheel. Dan has been hiking many of them with three GPS units strapped across his chest. And the results have been amazingly consistent!! Both the Dale Green hike ratings table and the Dan Smith hike ratings database are available on the club website. The new database will be continually be updated, especially during the summer of 2012. To submit new data inputs for the database or consideration for additional hikes, contact Dan at [danielsmith814@gmail.com](mailto:danielsmith814@gmail.com).

*Dennis Goreham's*

*June 6, 2012*

*Up Broads Fork and Down Mill B South*

Jim Kucera: We (Dennis Goreham, Dave Kinnecom and I) went up Broads Fork, followed the ridge east over unnamed peak, Sunrise and Dromedary Peaks, then down Mill B South (Lake Blanche).

*Photos by Jim Kucera*



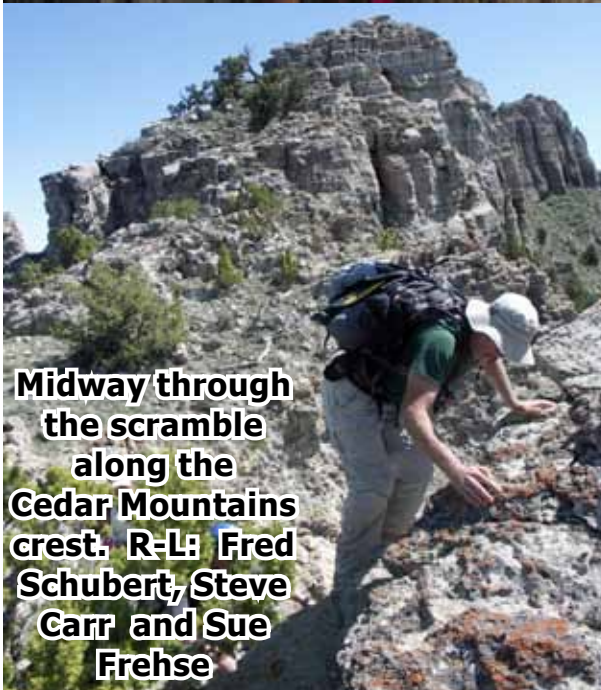
*Donn Seeley's*

**Thrashing through the tumbleweed cemetery in the slot at the start of the hike; leading to trailing: Steve Duncan, Steve Carr, Kathy Bell, June Wang, Stanley Chiang, Fred Schubert and Sue Frehse.**

**Slabs and pinnacles along the crest. L-R: Stanley Chiang and Kathy Bell**

*Photos by Donn Seeley and Steve Duncan*

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**Midway through the scramble along the Cedar Mountains crest. R-L: Fred Schubert, Steve Carr and Sue Frehse**



**Squeezing through an opening in the cliff band. L-R: Will McCarvill and Steve Carr**



**April 29, 2012**



**After traversing the cliff bands, but before the crest narrows. L-R: Will McCarvill, Stanley Chiang, Kathy Bell, Fred Schubert, Sue Frehse, Steve Carr and June Wang.**

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**REMEMBER:** There is also a "Gear Swap" area online where you can post what you are looking for, or place something that you want to sell or get rid of. It seems to be more up-to-date most of the time, due to the hard copy of the Rambler only being produced once a month.

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# KNICK KNICKERBOCKER'S LOOKOUT MOUNTAIN

Almost to  
our final  
high point  
after hiking  
along the  
ridge line  
behind  
Teresa

## HIKE

Ridgeline in  
view in the  
background

**Knick: Starting at Killyon Canyon Trailhead there were 16 of us today hiking 9 round trip miles with 2,900 feet of elevation gain.**

View from our final destination

June 3, 2012

On  
our  
way  
back  
down

We took our time to sit and have a bite of lunch, chat and enjoy the 360 degree views

*Photos by Knick Knickerbocker*

**Antelope Island Ride, May 5, 2012.**  
**L-R: Rob, Dave, Mark and Chris.**  
**Not pictured: Robert and Kathy.**



**East-West Valley Loop to Draper, May 15, 2012.** L-R: Rob, Chris, Laila, Gloria and Bob. Not pictured: Robert.



## Robert Turner's May and June Bike Rides

**Elberta-Eureka-Vernon Ride, June 2, 2012.**  
**L-R: Gene, Connie, Dave, Katie, Kneel and Diane.** Not pictured: Robert and Jim.



**Grantsville-Tooele-South Mountain Ride, June 6, 2012.** L-R: Kneel, Kismet, Phil, Bob, Rick, Gloria and Robert. Not pictured: Jans.



*Photos by Robert Turner*

# Coyote ~~Gulch~~ GULP!



**L-R: Luke, Rick, Jennifer, Julia, Catherine and Margie**

After being postponed, finally on May 17th five of WMC's fearless were able to embark on another adventure with Rick Thompson, and make the infamous Coyote Gulch a reality.

Without fully comprehending exactly what I was subjecting myself to, I knew I was efficiently packed, sufficiently prepared, and excited to finally embark on an expedition that I'd only heard stories about. We met as a group and after quick introductions we were loaded and headed south with Red Well trailhead marked as the end of our day's driving. You can imagine my surprise when we turned off the main road and entered the "25 plus" miles of "wash-board" dirt road that I'd only heard about! Yikes! Talk about a teeth rattling, dust throwing, rock dodging thrill ride! Rick was an amazing co-pilot as he critiqued my driving skills and abilities. He insisted that the faster I went, the less rattling and jarring we would incur, and as always, Rick was right!

Once at Red Well trail head we set up camp for the first time. The wind was incessant and it made for a really long night. I don't think anyone really slept much, and once the morning broke, we were all ready to begin our decent down into the canyon. Within just a few minutes, Rick let us get a quick taste of what a "slot canyon" was. We dropped our packs, trudged through the soft sand, into one of nature's majestic sandstone layers, and marvel at its mere existence. The backpacking was fun and not terribly difficult, however, by mid-afternoon, keeping my hiking boots dry became futile. We had crossed the stream back and forth so many times, that I decided it was more fun to just splash across, rather than try to hop rocks or balance on logs. After backpacking about eight miles we reached Jacob Hamblin Arch. We staked our claim, set up camp, and made dinner. We were able to get water here, delivered in a constant trickle right out of the rocks, and had the use of an honest to goodness bathroom complete with toilet seats! Once we were through with dinner and had rested a bit, Rick and Jen put their skills to work and made the breathtaking climb to the top of Jacob Hamblin Arch. As Rick ascended up the side, he paused to share a profound Rick-ism; "Just because Rick does it, doesn't mean you should," and with that, they continued on, while the rest of us watched on in sheer astonishment. As we took down camp Saturday morning, I was feeling a little victorious because now my backpack was going to be a little lighter, seeing as how I had used up some of my food. Unfortunately, I couldn't have been more wrong. It seemed heavier, because I was now packing about five pounds of extra sand that had blown through, filling up my tent and every spare crevasse that lay therein, when a sand storm blew through Friday evening! With backpacks mounted, we began a new day with renewed energy and anticipation for more adventure. It wasn't long before we were crossing under Coyote Bridge and pausing for pictures. We were on the scout for some Indian ruins and were eager to climb up and explore them. After leaving Coyote Bridge, Rick was certain there were Indian pictographs in the area and we just needed to keep

walking. Soon we saw them! We trudged up a huge sandy hill, unanimously deciding the pictographs were fake! Such disenchantment, but the fearless five and Rick continued backpacking on, determined to find more Indian ruins that Rick had knowledge of. It didn't take long. Within just a few hundred yards we were undertaking yet another climb up to some more ruins, with beautiful pictographs off to the side. As the breeze blew through the dwelling, I was humbled and overcome with wonder, amazement, and appreciation for those that once dwelt there among the beautiful red rock. I marveled as we witnessed artifacts and remnants of a life gone by and found myself trying to comprehend what life would have been like, living up on that ridge.

Little did we know Rick was about to outdo himself! He had been told of this place called "The Black Lagoon" and he was determined we were going to find it! He began up a trail but quickly lost the group in part because we were too tired to take a trail to nowhere, and in part due to the fact that the trail was lined with poison ivy! All of us were stalling, not wanting to carry our backpacks anymore, and not sure Rick really knew what he was talking about. Within about five minutes, we heard the "Rick Wahoo" and knew that he had struck pay dirt. We all scrambled over downed trees, across stagnant black ponds with funky yuck growing out of them, through poison ivy, around canyon walls, into an opening that housed the most crystal clear, beautiful lagoon and Rick swimming right in the middle. Within seconds, we'd all jumped into this beautiful oasis! It was absolutely magnificent. Colorful dragonflies fluttered past, and the cool water was absolutely rejuvenating, until it was realized that we were swimming with leeches. Yuck! Never-the-less; still completely worth it. On our way back to the main trail, we got our lesson in poison ivy. Yes, it can stay on your clothes, so be careful not to touch them. Yes, it can take a few days before you break out. Yes, this is what it looks like when you do break out! UGH!

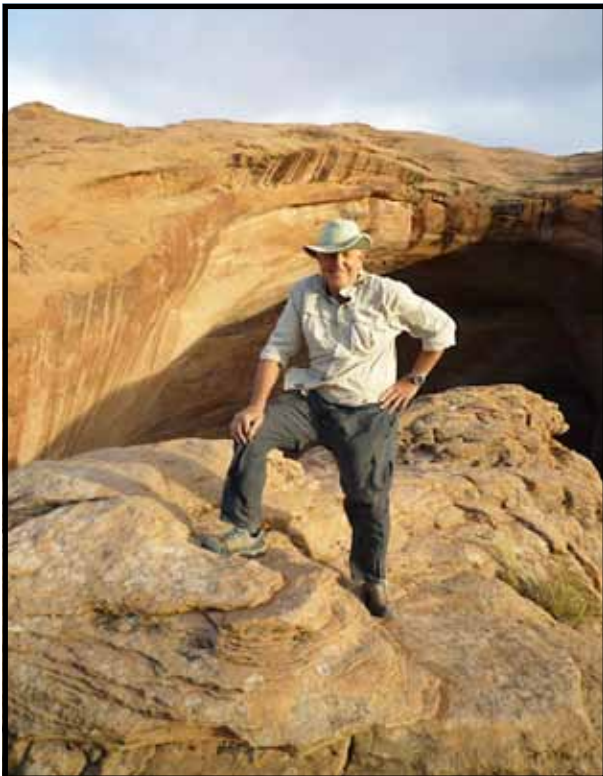
Yet, Rick and the fearless five continued on. In the stream, out of the stream, in the stream, across the stream, out of the stream, through the sand, in the stream, out of the stream, up the sandstone, down the sandstone, in the stream, and through the sand..... We came upon a waterfall and a few of us decided to walk under it, though the water level was down a bit. It was fun to feel the water crashing down on our heads, and exciting to duck behind it for a quick reprieve. We made it our evening destination and set up camp. We made dinner and relaxed for a bit before Rick, Luke, Jen, and I decided to hike down to the Escalante River and see Stevens Arch. We were pushing dusk, so though we didn't have enough time to climb up into the arch, Rick pointed out how you would get to it, and shared stories of those WMC members who have done it. The floods that had come through recently changed the route to get down to the Escalante River, so we had fun climbing under huge boulders, with the stream crashing below, and scooting across ridges that looked so unforgiving, given one wrong step. In reality, it was just a walk in the park.

We began our ascent out of the canyon Sunday morning at 7:00 a.m. Again, we found ourselves lumbering through loose sand and questioning the method to Rick's madness. I remember asking Rick before we started about what time we were expected to reach the "drop vehicle." His reply: "By about 10." It was at this point anxiety crept in and I began to wonder if he meant 10 a.m. or 10 p.m. Regardless, there was only one way out, and that was to continue backpacking, putting one foot in front of the other. Eventually, we reached the "Crack in the Wall." Rick and Jen had already scaled the crack and were waiting way up on top for us to hook in our packs, so they could pull them up. While they were hoisting them up, we got to climb up the crack. It was exhilarating to look down and back and see how far we had come. Stevens Arch had been monstrous just an hour before and now it looked like a child's tiny toy block. We laughed and made jokes as Rick and Jen pulled our backpacks up. His brand new rope protector didn't stand a chance against the rugged stone and our gigantic packs, and after a few backpacks it was shredded almost into two pieces.

We laughed harder as I sacrificed my Nalgene water bottle, trying to prevent the rope from getting chewed up. We couldn't believe it when the rope started to burn through my water bottle!

Rick made friends as he volunteered to hoist up the gear from other hikers (not in our group), not to mention the 5 bucks they promised to pay once we all reached the cars. Once we were all up the crack and back together again, we continued on our way to the "drop car", except no one could see it. We walked and walked. We went up plateaus and searched the horizon for the parking lot, but to no avail. We were lost! It quickly became my fault because my Suburban was the color of sand, rather than bright red. Then it was Rick's fault because we had no GPS coordinates. We were going to be the first WMC group to perish out in the

desert, plain and simple. With despair and exhaustion setting in, we stopped to eat a snack. We knew Rick was starting to suffer from delirium because he was trying to convince us that a bush looked like a car. He had no takers. In one last desperate panoramic search of the horizon, off to the right, I spotted shiny things, no mistaking, that were vehicles! Alas, we were saved, and had veered too far left after leaving the "Crack in the Wall." With our vehicle in our sights, it was a hot, long, walk across plateaus and sand in full on sun. Rick leading the way, Jen and I following a few yards back, Margie a few yards behind us, and Luke and Julia just a few yards behind Margie. We ascended the sandy hill to the parking lot, where water bottles in the cooler were waiting. I couldn't wait to get my boots off: I couldn't wait to experience air conditioning, and I couldn't wait for cell phone service! I was thrilled we had been spared a hot, sweltering death. As we reached the car, Rick showed me his watch: it was 10:00 a.m.! We made it! We really had made it by 10! WOW! Once we had all convened at the car, we were back on the washboard road, as Rick still had a few more things in the agenda worth seeing. It was just a short drive over to Dance Hall rock, where we took the time to rock out to music, compliments of Rick's phone. We picked up the other vehicle and proceeded onto another adventure; we were off to go play in some more slot canyons, Peek-A-Boo and Spooky. We tackled Peek-A-Boo first. The initial climb into the canyon was the most technically challenging part, but with some assistance, and a hand from Rick, we all made it up and continued our amazing hike over and through the serpentine curves, tunnels, arches, and occasional choke stones. The narrowness and twists make Peek-A-Boo mysterious. As we reached the top of Peek-A-Boo, we hiked a few hundred yards, following the Cairns that guided us to the top of Spooky. We descended down and, though it was similar to Peek-A-Boo, the walls became darker in color, and quickly got narrower. We encountered several blockages, which required Rick's assistance to get us through the holes and down to the bottom. We encountered sections that were 10 to 12 inches wide, forcing us to navigate the crevasses sideways. We spent about three hours in total, scraping and scrambling, climbing and crawling through the stunning slot canyons, and climbing back up to the trailhead to begin the trek home. No good backpacking trip can end without a stop at the greasiest, most delicious, small town burger joint! With Escalante in our sites, and the thought of real food on our taste buds, we were rewarded for our multi-day backpacking efforts by stopping to order the most divine cuisine ever! We said "goodbye" to those that were going their separate ways, and for the remaining four, we bailed for Salt Lake City arriving approximately at 8:30 p.m. After such a fun trip, it was hard to believe that it was over and even harder to say "goodbye" to each other, and the friendships that had been developed during our time at Coyote Gulch. (By Catherine Bee).



**Margie climbing, while Rick and Catherine watch**

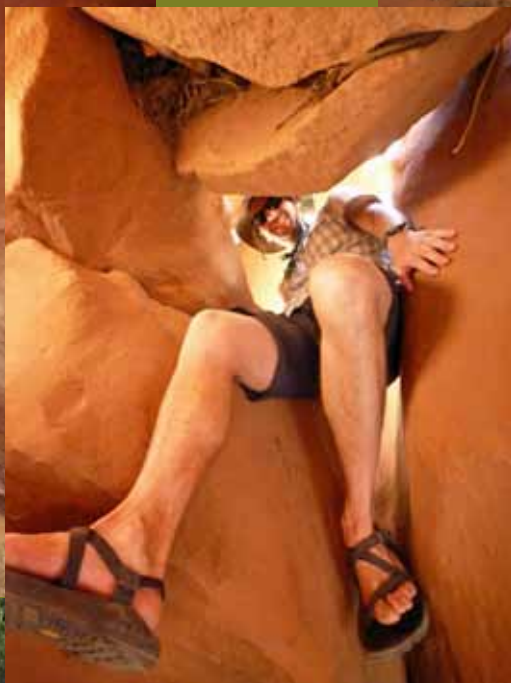


**Rick on top of Jacob Hamblin Arch**

**Jen in Spooky**



**Luke,  
downclimbing  
in Spooky**



**Catherine  
in a Spooky  
pinch**



**Rick on a  
wooden bridge**

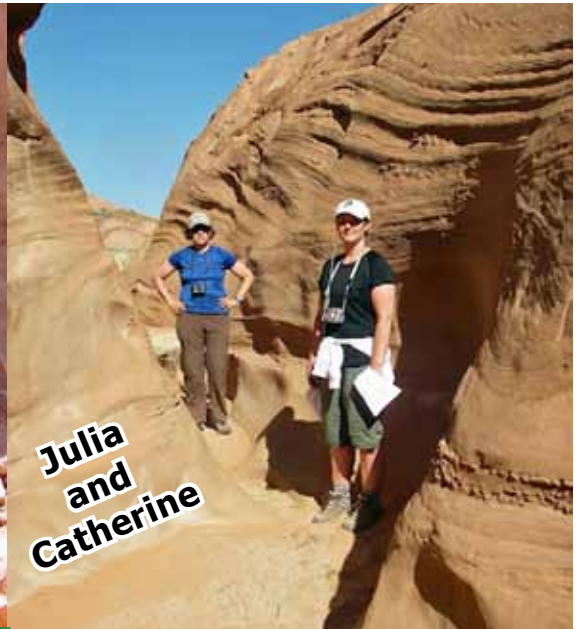


**Jen sliding in**



*Photos by Jennifer  
Angell, Margie  
Gendler and  
Catherine Bee*

Checking out the Indian Ruins



Julia and Catherine



At Coyote Natural Bridge

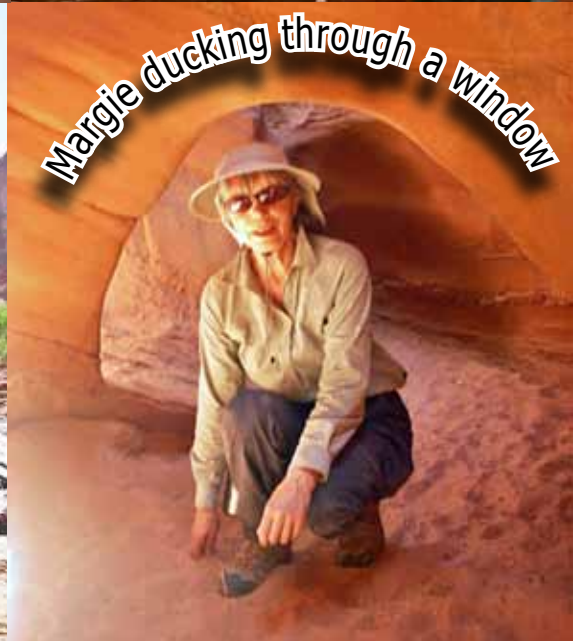


Rock spotting, Catherine at a slide/dropoff



Jen and Julia

Poles are useful



Margie ducking through a window

## BECOME A WMC MEMBER

You can join or renew online or download a membership or renewal application. Go to [www.wasatchmountainclub.org](http://www.wasatchmountainclub.org)  
Questions? Email or call. We're happy to answer.

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# CHARLES KELLER'S ALTA NORTH SLOPES FAINT TRAILS HIKE

## Historical Sites From The Early Days Of Mining



**May 19, 2012**



**Charles showing old  
historic photos of  
what used to be!**



**Above Alta and Snowbird ski area at  
the top of Little Cottonwood Canyon**



**Thanks Charles  
for sharing  
your vast  
knowledge  
of this area**

*Photos by  
Knick Knickerbocker*



The group in West Jordan

# Elliott Mott's Copperton Park Bike Ride



Katie on the road



Kevin on the road



May 13, 2012

Photos by  
Elliott Mott



Shirley and Tom

The group taking a break  
at Copperton Park. L-R:  
Tom, Gena (standing), June,  
Shirley, Katie and Kevin.

## FAINT TRAILS IN THE WASATCH

### 66. Relief Mine and Toledo trails

When the Toledo-Utah Silver Mining and Smelting Company ended its operations and put the company's assets up for sale, its property included only three claims: the Fuller, where the deep shaft and most operations were based; the Michigan, which included the Toledo tunnel started by Henry Samson several years earlier, and the Relief. The last named, while it was part of the Toledo-Utah company's holdings, did not play an important role in the company's operations. It was first recorded in October of 1870 by four men, including Charles Read, who was a partner in the Clasbey and Read store that began operations in Central City, then moved up to Alta City when that place became the major metropolis of upper Little Cottonwood Canyon. Charles Read's name appeared on numerous early mining claims, probably as a result of his providing sustenance and means to the prospectors out on the slopes in exchange for his name on their claims. Two months later none other than John M. Haskell, a name that has appeared several times in the previous articles leading up to this one, bought one-fourth of the claim and immediately filed a new claim notice. It is not clear why he did that other than to place him and his chosen associates on the claim notice. He went on to buy the rest of the shares from the original locators, then transferred the claim to the Toledo-Utah Silver Mining & Smelting Company after it was formed. The company did some work on this claim because by September 1873 it had been developed by two shafts, the main incline shaft being 205 feet deep. The tunnel shown in Figure 1 was done later; possibly in the early twentieth century when the claim was worked by leasers.



Fig. 1. Two slender rails protrude from the collapsed tunnel on the Relief claim. The Relief trail runs above the tunnel, seen where white rocks have accumulated at the upper right corner of the photo. Soil and debris washed down from a dump above is seen in the background. The view is to the west southwest. The rails have been digitally enhanced for this image.

Part of the trail serving this mine also served the Toledo mine, as will be seen. In the early days of its operation the trail went down to Central City, using the Goodspeed trail for its final descent. In Figure 2 the label F is the location of the collapsed tunnel shown in Figure 1. From the mine the trail (A) headed in an easterly direction for about a third of a mile before crossing Emily Gulch. It then turned down the slope to join the Goodspeed Trail (B) about a quarter mile above Central City. While this may appear to be a circuitous route, it must be remembered that the lower slopes below the trail are fraught with cliffs and the Goodspeed trail used one of the very few reasonable descents in that area. After the horse tramway was installed between Wasatch at the mouth of the canyon and Alta, the trail was extended to continue in an easterly direction (C) toward Alta City, although the extension may well have been made to serve the Toledo mine's needs.

Today the Relief trail has become one of the true Faint Trails in the Wasatch. Early in the summer, before the grasses grow too high, it can be seen crossing the Goodspeed trail where the latter also serves as a modern hiking trail to shortcut the big switchback in the Emily road. Heading in a westerly direction it goes above a mound of rock with a power pole on top. The junction with the branch that went down to Central City is on the west side of the mound. The trail has completely disappeared where it crossed Emily Gulch due to frequent flooding, but can be picked up again on the other side.

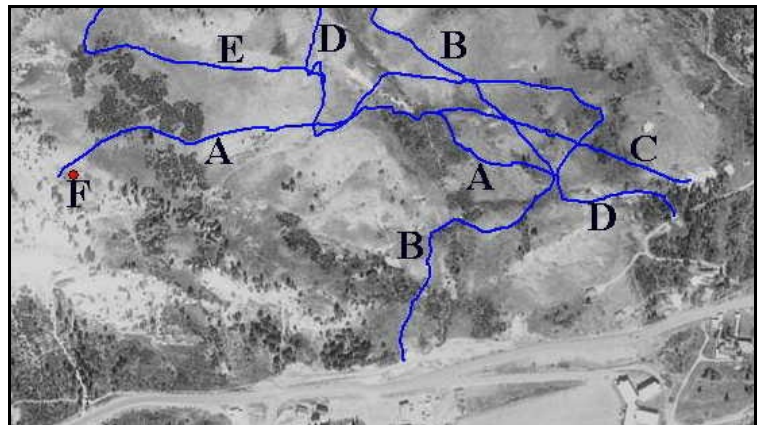


Fig. 2. The trail serving the Relief mine is shown here. A is the original trail heading east across the slopes before dropping down to join the Goodspeed trail, B. Later the trail was extended to go down toward Alta City, segment C. Point F is the location of the collapsed tunnel shown in the first figure. The Emily road, D, and Cardiff Pass trail, E, are shown for reference.

Except for a short section where it has been overrun by the Emily road, it can be followed the rest of the way to the mine without too much trouble.

Going in the easterly direction the trail, after crossing the Emily road, runs into a dense aspen thicket, but can be picked up again on the east side. It disappears when it reaches an area of previous workings, which are on the Braine claim. There were a number of old roads and trails in this area, any one of which might have been used for the rest of the way to Alta City.

Before leaving the Toledo-Utah company's mines and trails, there are a number of things that can be said about the trails coming down from the Toledo mine. Figure 3 shows the trails of interest, as well as a number of roads and other trails for reference. While this map appears rather cluttered, the fact is that the north slopes above Alta are overrun with old roads and trails, making it difficult or impossible to plot many of them on a single map or aerial photograph with any amount of clarity.

From the Toledo shaft there is a trail going down a descending traverse from the shaft (b in the figure), past the cabin site (c) and down past the lower tunnel (d). It can be followed today, although it becomes less evident by the year, being on a steep slope with lots of rock and soil coming down. This trail may have been used by pack animals, but for heavy ore hauling with ore boats, the trail went in a westerly direction from the shaft for a short distance, then turned to go straight down the slope. The deep groove left by this traffic can still be seen.

The trail went past the lower tunnel and across a relatively flat area. When it reached the next steep slope, where the Cardiff Fork trail/road makes a big loop to ease the grade, the ore boat trail again went directly down the slope. Actually, the trail split and there are two well pronounced tracks, one of which has been followed by hikers, creating a shortcut trail bypassing the longer, but less steep grade on the road. Below that slope the trail splits again, the lower, older branch going directly toward the bottom of the canyon. It can be followed for some distance, but then disappears in an area that has seen much mid-twentieth century development. It would have had to turn in a southeasterly direction to meet the Goodspeed trail only a short distance above its base. However, this portion of the trail has managed to remain hidden.

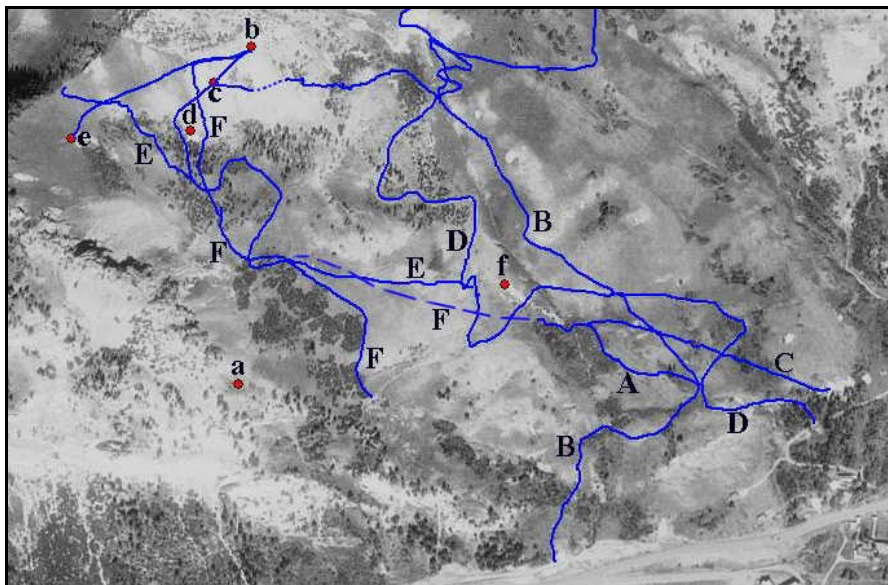


Fig. 3. Roads, trails and sites of interest relative to the Toledo mine, many of them described in previous articles, but shown here for reference. A and C are trails shown in Figure 2. B is the Goodspeed trail, D the Emily road, E the Cardiff Fork trail/road, and F the Toledo drag trails described in the text. Sites are: a - Relief mine tunnel, b - Toledo shaft, c - Toledo cabin and tunnel, d - Toledo lower tunnel, e - General Welles mine, f - Toledo tunnel.



Fig. 4. View toward northeast with the Toledo dump in the middle distance. The slope in the foreground shows the deep grooves left by two drag trails used by the Toledo-Utah company. The Cardiff Pass trail/road makes a climbing traverse on the right. Hikers have used the left drag trail as a short cut, avoiding the big loop on the road.

the Relief mine before reaching Emily Gulch. This trail was certainly used for mines other than the Toledo, such as the General Welles, Manitoba, Frederic and Crown Prince to name a few..

**Bret Mathew's**  
**Green River**  
**Beginners**  
**Boating Trip**



**Prepping boats  
before launching**

**May 18-20, 2012**



**Group relaxing after  
Saturday's dinner**



**Irene Yuen giving a foot  
massage to Donnie Benson**

**Checking out the Petroglyphs  
at the mouth of the Price River**



**Lunch on the river is delightful**



**Part of the group running one of the rapids**

**Lori Major in Swasey's Rapid**



**A "boatipeed"???**

*Photos by Bret Mathews,  
Carl Harline, Dave Egbert  
and Irene Yuen*

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**Constance Modrow  
hiking past a  
window in the  
rough country  
north of Old  
Woman Wash**

**L-R: Constance Modrow & Jerry Hatch**

**A sizable pothole in  
Old Woman Wash**

**May 5-6, 2012**

**Jerry Hatch  
preparing to  
squeeze under a  
little natural bridge**

**Bizarre erosion associated with a fun  
little natural bridge in a nameless  
tributary of Old Woman Wash**

**A forest of hoodoos in  
Farnsworth Canyon**

*Photos by Donn Seeley*

**Deborah Askew in the  
narrows of Farnsworth Canyon**

# Welcome New Members

Ruth Jones

Jeff Weissgerber

Bob Hayden

Sally Castleman

Jennifer Schoellerman

Hana Beaman

Travis Hansen

Jesse Aragon

Jason Brown

Sonia Hult

Larry Nilssen

Linda Prosperie

Lola Zufelt

Tanya Tayebi

Lynette Seeborn

Balentino Perez

Debbie Olson

Rebekah Bartlett

Greg Cornelius

Nora Boydstun

Kelly Christensen

Michael Krellner

Kristin Thomas

Matthew Farquhar

Jamie Reynolds

Aaron Elggren

Jola Lelinsk

Katy O'Banion and John Merryweather

Nicholas and Debra Miller

Robert and Denis Talbert



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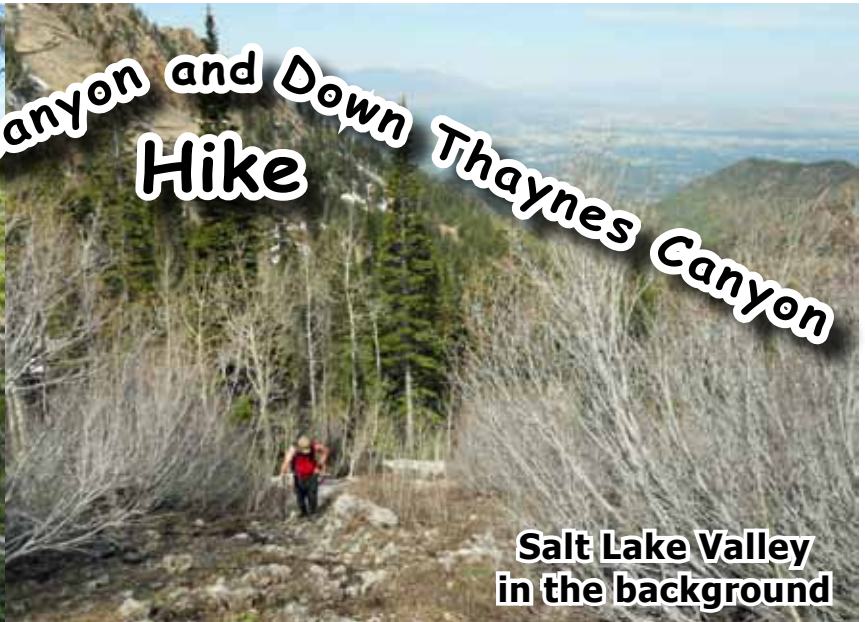
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# Knick Knickerbocker's Up Neffs Canyon and Down Thaynes Canyon Hike



On the  
way up  
Neffs



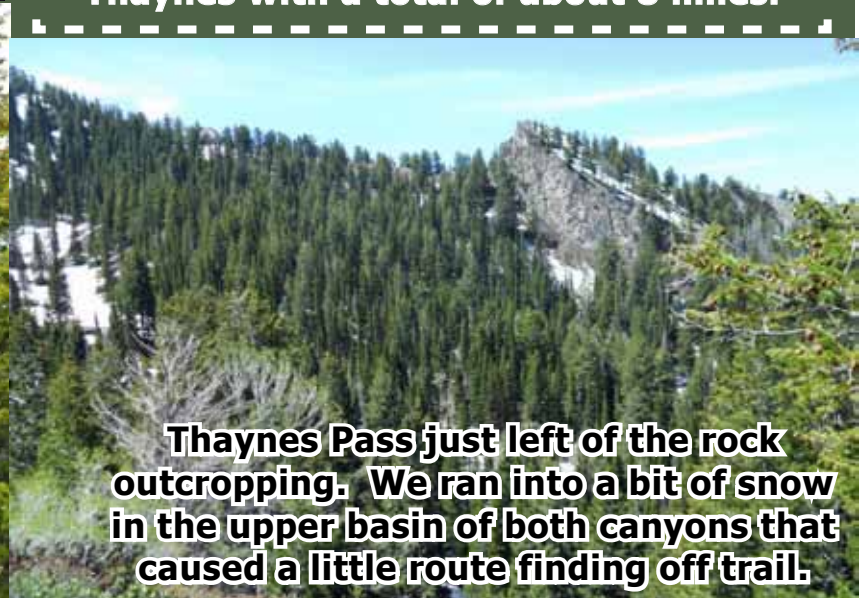
Salt Lake Valley  
in the background

Knick: Seven of us today hiked up Neffs  
3,400' elevation gain and came down  
Thaynes with a total of about 8 miles.

Erin and Knick



Photos by  
Knick Knickerbocker  
and Stanley Chiang



Thaynes Pass just left of the rock  
outcropping. We ran into a bit of snow  
in the upper basin of both canyons that  
caused a little route finding off trail.

We ran into another 4 WMC  
members at the pass where  
we all had lunch. The group:  
Teri Jenkins, Christiane Fauron,  
Steve Duncan, Joe Herring,  
Knick Knickerbocker, Shane Bode,  
Jacqueline Bode, Deirdre Flynn,  
Mohamed Abdalah, Erin  
McCormick and Stanley Chiang.



May 20, 2012



**June 1, 2012**



**Giving New Meaning  
to Backside Fridays!**

*Photos by  
Dave Rumbellow*

**Anna  
Cordes**

**BACKSIDE  
FRIDAY**

**BIKE RIDE**

**TO**

**LOST  
CREEK**

**RESERVOIR**

**Participants: Dave  
Rumbellow, Mary  
Settle, Dennis Jensen,  
Jim Church, Skip  
Sedivec, Karen Perkins,  
Robert Myers, Fred  
Rubinfeld, Dale Gilson  
and Anna Cordes.**

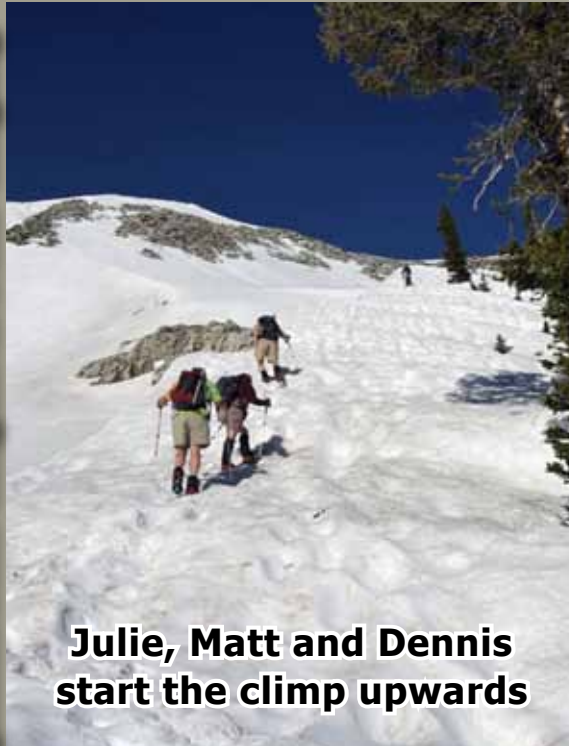
### **WMC Purpose (Article II of the WMC Constitution)**

The purpose shall be to promote the physical and spiritual well-being of its members and others by outdoor activities; to unite the energy, interests and knowledge of students, explorers and lovers of the mountains, deserts and rivers of Utah; to collect and disseminate information regarding the Rocky Mountains on behalf of science, literature and art; to explore and picture the scenic wonders of this and surrounding states; to foster awareness of scenic beauties; and to encourage preservation of our natural areas including their plant, animal and bird life.

**Alex Rudd and Julie Kilgore's**

# **THE BEATOUT**

**(White Pine Canyon to Bells Canyon)**



**Julie, Matt and Dennis  
start the climb upwards**

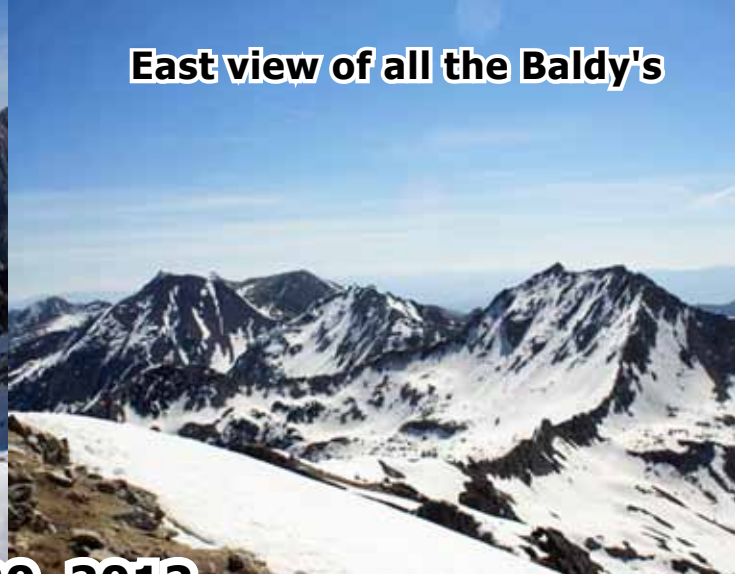


**Climbing up the  
pfeifferhorn**

**Maybird**



**East view of all the Baldy's**



**May 20, 2012**

**West Destination**



**Toward Chipman**



**Lightning Ridge, South Thunder**



**Julie, Dennis and Matt  
on their final approach  
to the first summit**



**Heading back down**



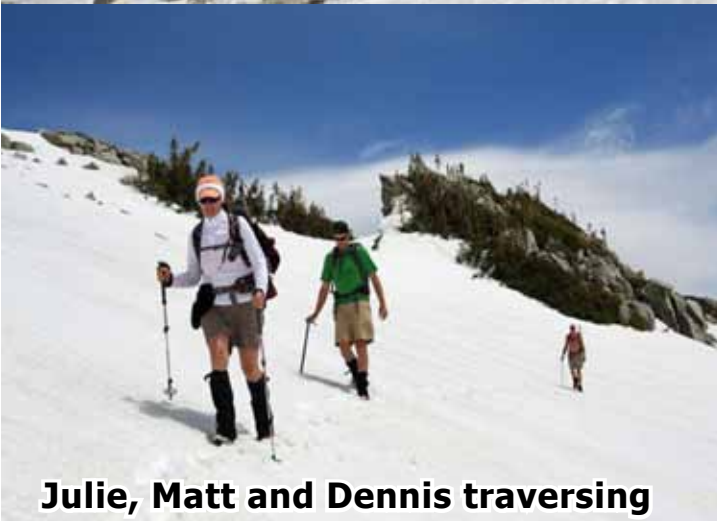
**Julie**



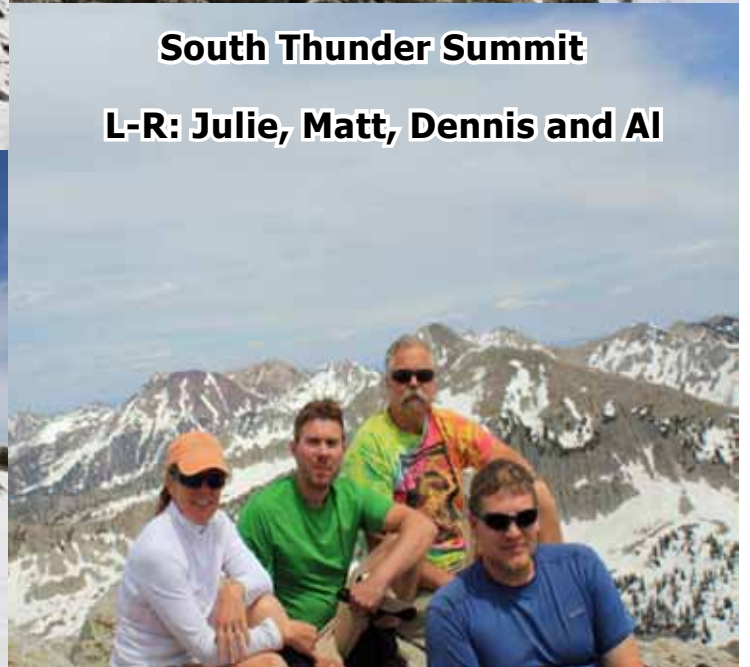
*Photos by  
Alex Rudd*

**South Thunder Summit**

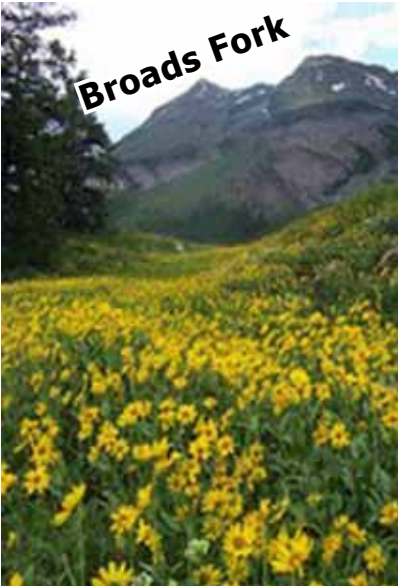
**L-R: Julie, Matt, Dennis and Al**



**Julie, Matt and Dennis traversing**



**Broads Fork**



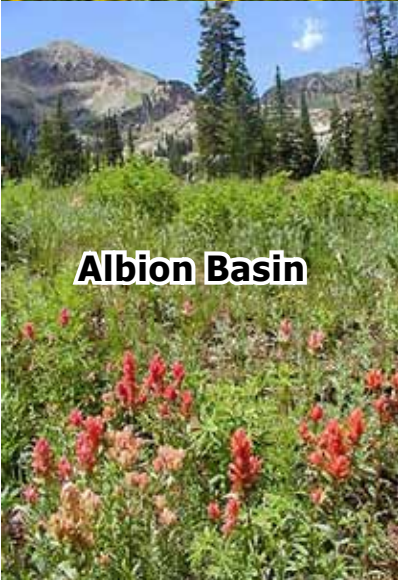
## Flora of the Central Wasatch Mountains

The Wasatch Mountains are profuse with wild flowers during a few months of the year. Some of the species only occur here in the higher mountains. Others can also be seen further down the canyon where they bloom earlier in the year. Wild flowers usually cover the mountainsides from April to September. The area above Brighton is a great place to see wildflowers. It is located at the top of Big Cottonwood Canyon at over 9,000 feet. There are many trails in this area to wander around for hours. The lakes and peaks provide a nice background. Cardiff Pass is a nice place to visit when it is covered in wild flowers.

**Cardiff Pass**

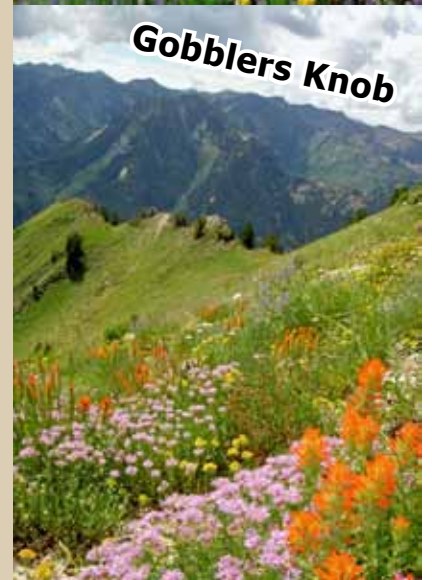


**Albion Basin**



Albion Basin is a favorite place to many people for viewing wild flowers. It is located at the top of Little Cottonwood Canyon above the ski resorts of Alta and Snowbird. The elevation here is over 9,000 feet and almost 10,000 feet at Secret Lake. The best time to visit Albion Basin is during July and August. You will probably find different flowers each time you go there. Secret Lake is located below the cliffs of Devils Castle and Sugarloaf Peak. It is a special place that was spelled as "Secret" on an early map drawn by a miner who was prospecting for the precious metals to be found in the metamorphic rock of the area. (From Summitpost.org)

**Gobblers Knob**



**Trail to Lake Mary and Lake Catherine**



**Lake Blanche**



**Mt. Wolverine**



**Devil's Castle and Sugarloaf Peak**

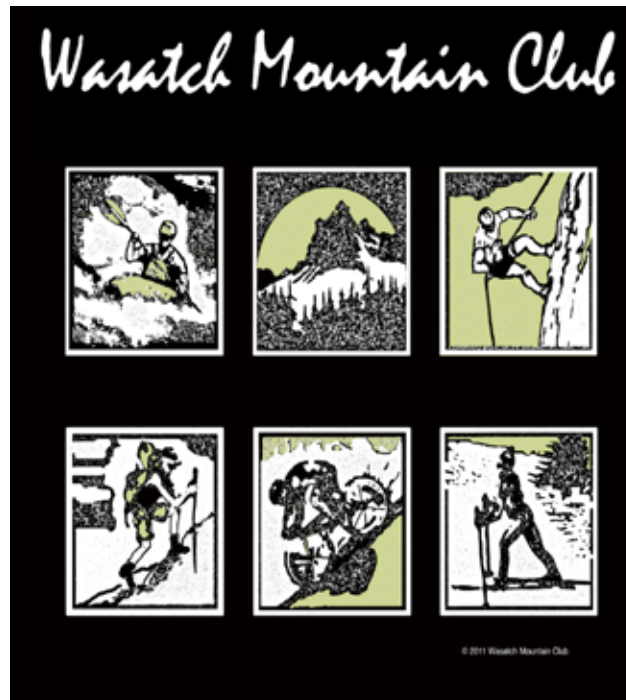


# BY POPULAR DEMAND !!

## The WMC T-Shirts Are Back – This Time In Lighter Colors

If you have, or saw, the black T-Shirts we sold last year, the design and shirt styles remain the same. That is, the **Original Design** (Below) Is On The Back, and The Club Name Is On The Front.

(The design was created by club member, Susana Jacobson.)



### However

Instead of a black shirt (background), we have the **women's** cut available in **Frosty Sky** (very pale blue) and the **men's** shirts in **Serene Green** (pale moss).

Watch for the shirts to be sold at meeting locations for Club activities, or contact Phyllis Anderson (801) 733-4806,

Michelle Butz (801) 842-9646, or Anne Polinsky (801) 466-3806.

## STILL A BARGAIN AT \$15.00 EACH!!!

# Cheryl Soshnik's Bike Touring Overnighter to Wasatch Mountain State Park



**Barb Hanson, Dana Morgan and Cheryl Soshnik at the top of Deer Crest**

Cheryl: We had 17 bike tourers that left from 7 different starting locations: 2 places in SLC, Sandy, Provo, Jeremy Ranch, Mayflower, and Wanship. People traveled from 25 to 60 miles to all congregate at Wasatch Mountain State Park on Saturday afternoon. We had several new to touring participants: Dana Morgan, Kevin Earl, and Jennifer Angell. If folks missed our June Overnighter, stay tuned because we will probably be doing another one at the end of August. The trip was a joint effort organized by myself and Lou Melini (from the Bonneville Cycling Club).



*Photos by Angie Vincent and Cheryl Soshnik*

**Anna Cordes setting up her tent for the night**



**Zig Sondelski, Kevin Earl and Dave Rumbellow**

**June 9-10, 2012**



**Lou and Julie Melini headed up to Guardman's Pass for the trip back home from the state park to SLC.**



**Gathered around the fire at the end of a long day of riding. Everyone came in from different directions to meet at Wasatch Mountain State Park in Midway.**

**Don Vincent heading up the only steep hill of his Saturday route going from Deer Valley Snow Park up to Deer Crest Summit**

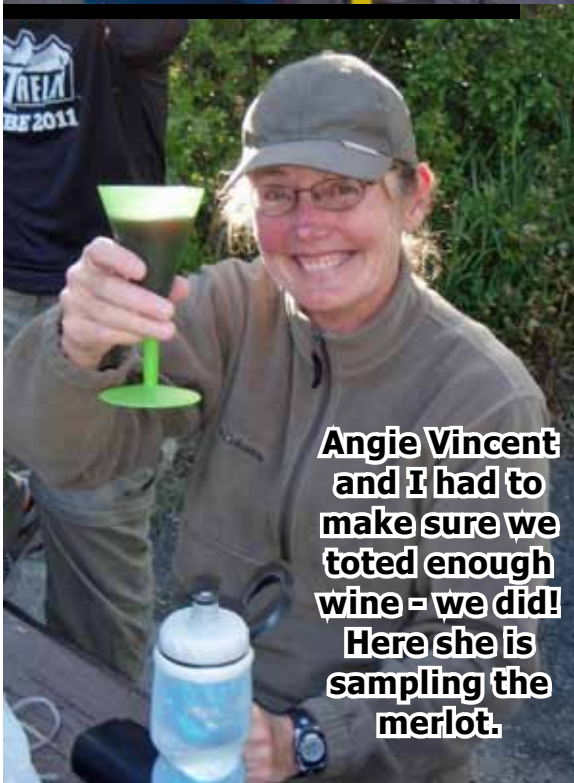


**Cheryl almost to the top!**

**Rob and Dean biked the longest distance - 60 miles from Sandy up Provo Canyon**



**This was Kevin Earl's first bike tour and he did great!**



**Angie Vincent and I had to make sure we toted enough wine - we did! Here she is sampling the merlot.**



**Lou Melini has dinner for him and Julie just about ready to go!**



**Elliot, Adrienne,  
Steve, Irene and  
Carol ascending the  
trail to Hickman  
Pass**

# **Elliott Mott's Slate Rock Peak Hike**



**Gretchen, Irene, Carol, Adrienne, Kristine, Leslie,  
Steve and Elliot as we contour around the rolling  
hills and open canyons looking in the direction of  
Slate Rock Peak**



**June 10, 2012**

**Kristine, Adrienne, Gretchen, and Steve**

**Elliott: Slate Rock Peak is a nondescript summit in the Stansbury Mountains southwest of Grantsville, and hiking it presents a fun change of pace to trekking the Wasatch. Much has changed since I last led this hike; most notable was a significant decrease in the deer herd. The mountain was once crisscrossed with well-defined game trails that were absent on Sunday. I can't speak for the group but I only saw five deer; certainly, deer tracks and other animal sign was greatly diminished from years' past, and all the signs hunters typically leave behind were missing too. Otherwise, it was a fantastic day to be outside. Wonderful clear blue skies and perfect hiking temperatures in the 60's. It was a great group.**

**The group at Hickman Pass with Deseret Peak in the background. L-R: Kristine, Adrienne, Carol, Leslie, Irene, Gretchen, Steve and Stanley**



*Photos by Stanley Chiang and Elliott Mott*

**L-R: Adrienne, Irene, Kristine, Carol, Leslie, Stanley, Steve and Gretchen taking a break along the way**



**Most of the group at lunch on Slate Rock Peak. L-R: Stanley, Adrienne (facing away), Gretchen, Steve, Leslie and Kristine**



**Group heading back to Hickman Pass**



**Our group enjoying a short break before we make the final ascent back to Hickman Pass**



## 16 STEPS TO BUILD A CAMPFIRE

1. Split dead limb into fragments and shave one fragment into slivers.
2. Bandage left thumb.
3. Chop other fragments into smaller fragments.
4. Bandage left foot.
5. Make structure of slivers (include those embedded in hand).
6. Light Match.
7. Light Match.
8. Repeat "a Scout is cheerful" and light match.
9. Apply match to slivers, add wood fragments, and blow gently into base of fire.
10. Apply burn ointment to nose.
11. When fire is burning, collect more wood.
12. Upon discovering that fire has gone out while out searching for more wood, soak wood from can labeled "kerosene."
13. Treat face and arms for second-degree burns.
14. Re-label can to read "gasoline".
15. When fire is burning well, add all remaining firewood.
16. When thunderstorm has passed, repeat steps.



# WASATCH MOUNTAIN CLUB ACTIVITIES

Only activities approved by the appropriate WMC director can be listed in The Rambler. Direct submissions to the Editor are NOT accepted. To submit your activity to the club, login to the WMC website and click on “Volunteer to Organize An Activity”. The appropriate director will approve and/or edit this event for inclusion in both the web calendar and Rambler submissions. The deadline is 6:00 p.m. on the 10th of the month.

## Rules and Regulations:

1. **Dogs & Children** are not allowed on WMC activities, except when specifically stated in the activity description.
2. **Car pool rates:** Gas plus \$0.15/mile, shared by everyone in the vehicle (including driver) on 2WD roads, OR gas plus \$0.25/mile on 4WD roads.

**Notice to Non-Members:** Most WMC activities are open to prospective members except when specifically stated in the activity description.

**Find out about unofficial activities on our email lists. Activities formed with these lists are for members only. Lists are to be used only for the scheduling of outdoor activities. Any use of this service for any other purpose, such as advertising, SPAM, jokes, etc, will result in the loss of privilege. To subscribe: Once logging into the website, click on “Email Lists” on the left-hand side. Then follow the online instructions. (Boaters: E-mail the Boat Director—inside front cover—for more information.)**

**Group size limits in wilderness:** Some National Forest ranger districts limit the size of group hiking in wilderness areas. For such hikes, the hike listing will indicate the maximum number of participants (not including the organizer). Please help our organizers on hikes with group size limits by arriving promptly and being understanding if you cannot be accommodated on the hike because of a limit.

## Activity Difficulty Rating

0.1-4.0 > Not Too Difficult (NTD)	B > Boulder fields or extensive bushwhacking
Lightly Strenuous	E > Elevation change > 5,000 feet
4.1-8.0 > Moderate (MOD)	M > Round trip mileage > 15 miles
Moderate to Very Strenuous	R > Ridgeline hiking or extensive route finding
8.1-11.0 > Most Difficult (MSD)	S > Scrambling
Very Strenuous, Difficult	X > Exposure
11.1+ > Extreme (EXT)	W > Wilderness area, limit 14
Very Strong, Well-Seasoned Hikers	

**Be kind. When you carpool up local canyons, please give the driver \$1.50 or \$2.00 to help with gas and the wear and tear on the vehicle.**

## Directions to Meeting Places

**Mill Creek Canyon Park and Ride Lot:** Between 3800 S and 3900 S on Wasatch Blvd (3555 E), between the I-215 freeway and Wasatch Blvd along 3900 S. It is on the northwest corner of the intersection. You can ONLY enter it from the west-bound lanes of 3900 S. To get to the Mill Creek Canyon Rd from the Park and Ride lot without making a U-turn, go west (right) on 3900 S, proceed under the freeway, then turn north (right) at the next available street, which is Birch Dr; proceed north to Upland Dr (across from Skyline High School); go east (right) under the freeway and across Wasatch Blvd to the Mill Creek Canyon Rd (3800 S).

**Skyline High School:** 3251 E Upland Drive (3760 S). From the intersection of Wasatch Blvd and the Mill Creek Canyon Rd (3800 S), go west under the I-215 freeway, then turn north (right) into the entrance opposite Birch Dr (3330 E).

**Butler Elementary:** 2700 E just south of 7000 S

**Big Cottonwood Canyon Park and Ride Lot:** At the northeast corner of the Big Cottonwood Canyon Rd and Wasatch Blvd. at the mouth of Big Cottonwood Canyon.

**6200 Park and Ride Lot:** 6450 S Wasatch Blvd. Go two lights east and south on 6200 S from the I-215 overpass and turn east (left) onto Wasatch Blvd; the lot is immediately on your left. Sometimes used as an overflow lot for access to Big Cottonwood Canyon.

**Ft. Union Lot #4:** 200 yards west of Big Cottonwood Canyon Park & Ride, near the Porcupine Pub & Grille (which is located at 3698 Ft. Union Blvd).

**Little Cottonwood Canyon Park and Ride Lot:** 4323 E Little Cottonwood Canyon Rd. On the north side of the intersection of Little Cottonwood Canyon Rd and Quarry Rd at the mouth of Little Cottonwood Canyon.

**Utah Travel Council Parking Lot:** About 120 E 300 N. Go east from the intersection of State St and 300 N and turn south (right) into the first parking lot.

**Parleys Way K-Mart Parking Lot:** 2705 Parleys Way. From Parleys Way, turn north into the parking lot; or from Foot-hill Drive, turn west on Stringham Ave (2295 S) and then south into the lot.

# ACTIVITIES LISTING

See online Calendar for updated and additional events and trips

## Date Activity

### Jul 1 **White Water Rafting Main Salmon River – class III**

Sun – *Meet:* Registration required

Jul 8 *Organizer:* Carroll Mays 801-560-0421 cam502005@gmail.com

Sun  
Winding its way through more than two million acres of the River of No Return Wilderness in central Idaho is a river corridor, deeper than the Grand Canyon, of exceptional beauty, thrilling whitewater, calm pools, warm springs, white sand beaches, and traces of American history unlike any other river in North America. The Main Salmon River is one of the WMC's favorite rafting trips. We will leave Salt Lake City in the early morning on June 30, drive to the put-in at Corn Creek, rig boats, spend the night, and launch the next morning on July 1. We will take seven leisure days to raft down to Spring Bar. We will camp at Spring Bar, de-rig and load, and drive home on the morning of the 8th.

### Jul 1 **Upper Millcreek Dog Hike – ntd – Slow pace**

Sun *Meet:* 8:00 am at Skyline High School - 3151 E Upland Dr (3760 S)

*Organizer:* Tom Silberstorf 801-255-2784

The road should be open by now and Tom is anxious take this hike along a new trail that starts from the parking lot at the top of Millcreek Canyon. It's a much better trail than the Great Western that also runs through this area. Bring the teenagers if they'll get rolling this early on a Saturday morning.

### Jul 1 **Day Hike - Exploratory Days Fork To St. Louis Tunnel – mod+ – Out & Back – Moderate pace**

Sun *Meet:* 8:30 am at Big Cottonwood Canyon Park & Ride

*Organizer:* Knick Knickerbocker 801-891-2669 Knick.Sold@comcast.net

Want to do a little exploring off trail in Days Fork? Then come join Knick Knickerbocker (801-891-2669 or knick.sold@comcast.net) and others on this hike to the St. Louis Tunnel on west side of Days, just below the Reed and Benson Ridge. Be prepared for some bush whacking and steep off trail fun excursion to a VERY interesting destination. By the way - bring a flashlight or headlamp. There was a faint trail a few years ago, let's go find it. Come prepared for views you haven't seen before. Plan to meet Knick at Big Cottonwood Park-n-Ride by 8:30 am.

### Jul 1 **Mountain Bike Snowbasin – mod+ – Moderate pace**

Sun *Meet:* Registration required

*Organizer:* Jennifer Ritter 801-359-4955 hypercorrection@gmail.com

We will ride the upper course for the Mt Ogden 50/100K. This means a lot of climbing and awesome views. If we have the energy, we will ride the Forest Service trails below snowbasin. Expect to ride 3-4 hours. This ride tends to be hot, so we will start the ride at Snowbasin at 8:30 am. Email or call Jennifer to register for the trip - and to learn about carpool/parking information. Hypercorrection@gmail.com 801 359 4955 (landline)

Hiking is one of the WMC's most popular activities. Join us for fabulous hikes up to mountaintops, alpine lakes or forest loops. Or come with us on a backpack or car camping trip. Hikes are organized at different levels of difficulty and cover different distances so everyone can find the right level of enjoyment. Hike organizers are all WMC members and volunteers.

Jul 1 Sun	<p><b>Road Bike: Downtown Parks Tour – ntd – 21.0 mi Loop</b></p> <p><i>Meet:</i> 9:00 am at Sugarhouse Park, 1500 East 2100 South, Salt Lake City</p> <p><i>Organizer:</i> Elliott Mott 801-969-2846 <a href="mailto:elliott887@msn.com">elliott887@msn.com</a></p> <p>This social ride showcases several downtown parks. Our itinerary is to spin through Liberty Park, pedal over to Jordan Park and visit the International Peace Gardens. Next, we'll ride into town touring Pioneer, Brigham Young, City Creek, and Memory Grove Parks before stopping for lunch at the Cucina Deli in the Avenues. While at Jordan Park we'll stroll through the numerous fruit and produce vendors at their Farmer's Market – one of Salt Lake City's largest outdoor farmer's markets – and a Sunday alternative to the Saturday event at Pioneer Park. Riders should plan on an easy paced social ride of about 21 miles and only two teeny-tiny short hills to climb. Bike locks are recommended. Meet Elliott Mott (801-969-2846) inside Sugarhouse Park near the 15th East entrance at 9:00 AM.</p>
Jul 1 Sun	<p><b>Flat Water Paddle On Jordan River From Utah Lake – flat water</b></p> <p><i>Meet:</i> 10:00 am at Utah Lake. See directions above.</p> <p><i>Organizer:</i> Margie Gendler 801-712-7890 <a href="mailto:gendler801@aol.com">gendler801@aol.com</a></p> <p>This is an easy, pretty paddle on the stretch from Utah Lake. It is totally flat and suitable for any type of boat. Perfect for beginners. To reach the put in, take I-15 exit 279 for Lehi, Route 73. This is Main Street. Go right (west). Go straight through the traffic circle and continue straight to a traffic light at 2300 West. Turn left (south). The road is 9550 West but marked at the light as 2300 West, the address for the street going north. The road bears to the right and becomes North Saratoga Road. Cross over the River to a park on the left. Take the second park entrance. We will meet at the put in and do a shuttle to 9600 North. Bring your lunch, as once on the river we will stop at Willow Park for a picnic and then continue on to the takeout.</p>
Jul 2 Mon	<p><b>Draper Evening Hike – ntd – Moderate pace</b></p> <p><i>Meet:</i> 5:30 pm at Ballard Equestrian Center, 1600 East Highland Drive (about 13700 South where Highland Drive bends and runs east/west)</p> <p><i>Organizer:</i> Jack Earnhart 801-580-2122 <a href="mailto:earnhart.jack@yahoo.com">earnhart.jack@yahoo.com</a></p> <p>Jack will pick a trail that is suitable for the group.</p>
Jul 3 Tue	<p><b>Evening Hike: Full Moon Katherine's Pass – ntd</b></p> <p><i>Meet:</i> 6:15 pm at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Dahna Chaitanya 801 261-1522</p> <p>Here's your chance to do this club favorite on a full moon evening. Dahna promises to do a detailed scientific study to determine if people really do get loony. (Each participant will be assigned either to the test or control group.) There will be a prompt 6:30 pm departure.</p>
Jul 3 Tue	<p><b>Evening Mountain Bike-park City – mod – Out &amp; Back – Moderate pace</b></p> <p><i>Meet:</i> Disseminated via the Bike email list</p> <p><i>Organizer:</i> Nick Calas 435-714-2374 <a href="mailto:nickcalas84060@yahoo.com">nickcalas84060@yahoo.com</a></p> <p>Check the list serve for last minute updates. Will plan to ride around Park City. Tuesday evening rides are MOD to MOD+ in pace. Plan to meet and start riding by 6pm.</p>
Jul 3 Tue	<p><b>Road Bike: Evening Road Ride – ntd – 20.0 mi</b></p> <p><i>Meet:</i> 6:00 pm at Sandy Amphitheater, 9400 S and 1300 E</p> <p><i>Organizer:</i> Dave Sturgeon 937-321-9780 <a href="mailto:dgsbike@gmail.com">dgsbike@gmail.com</a></p> <p>NTD enthusiasts, take note! (And everyone interested in new rides!) Dave Sturgeon is offering three evening NTD rides this month (thanks, Dave!). They will be 15 to 20 mile rides starting in Sandy that will explore the Sandy, Draper and Riverton areas. Join Dave to enjoy these new rides! Come find out what area he will be exploring tonight!</p>

Jul 3 Tue	<b>Road Bike: Tuesday Tours: Tba – mod – Moderate pace</b> <i>Meet:</i> Disseminated via the Bike email list <i>Organizer:</i> Robert Turner 801-467-1129 r46turner@gmail.com Due to rider request, mid-week rides will alternate between Tuesdays and Wednesdays. They will be announced via the bike email list. This week's ride will be on Tuesday, but we could ride on Wednesday, the 4th, instead (or also) if enough of us are around. Send me your ride suggestions and offers to organize one of these rides. July, of course, is hot, so we'll ride up canyons or head for higher elevations to ride this month. These are social rides. Ride at your own pace between stops, but we will regroup several times along the way.
Jul 4 Wed – Jul 8 Sun	<b>Rock Climb In Lone Peak Cirque – msd</b> <i>Meet:</i> Registration required <i>Organizer:</i> Stephan Fowler 801-942-6552 shiveringman@comcast.net Trad climbing extravaganza. Hike up to the LP cirque, camp for a couple of nights and climb some great routes. LP routes are full-on, multi-pitch trad routes, requiring 5.7 lead skills. Parties of 2 are strongly encouraged. Trip will be limited to 8 climbers.
Jul 4 Wed – Jul 8 Sun	<b>4th Of July River Party- White Water Rafting – class III</b> <i>Meet:</i> 8:00 am at Boat Shed - 4340 S 300 W <i>Organizer:</i> Rick Thompson gone2moab@hotmail.com The clubs annual 4th of July Payette extravaganza will start by driving up to Boise on Wednesday, the 4th of July. We will proceed directly to set up camp in the very nice Hot Springs forest service group campsite, and then head over to Crouch to join in on their raucous 4th of July festivities, a wild party that must be experienced to be believed. Thursday we will do two day runs on the Main Payette. Friday we will paddle a new section of the river that we have never done before, and Saturday we will run the beautiful high alpine and somewhat more rambunctious Cabarton section of the North Fork. Then we will drive home on Sunday. Because the 4th falls on a Wednesday, this years trip involves one extra day, which will give us a chance to do one more day of paddling, but which then also will entail taking two vacation days, instead of just the normal one. This is one of the most fun trips of the year, and a perfect intro to white water, with car camping, an insane country hoedown, and a mellow but active river. These are great ducky venues, get your ducks in a row in advance, to try an adventurous step beyond the paddle rafts. Whatever your craft of choice, sign up early, as this trip fills up quickly. In an effort to open this experience to some folks who haven't been there before, this year I am going to reserve some spots for Payette newbies. The planning meeting for this trip will be held a week earlier, on Wednesday June 27th @ 700pm at the boat shed, which is at 4340 South Commerce Dr. (300 west) just up the street from the McDonalds. A \$50 nonrefundable deposit will be required to get your name on the list for this trip.
Jul 4 Wed – Jul 8 Sun	<b>Bitterroot Range Car Camp – msd – Moderate pace</b> <i>Meet:</i> Registration required <i>Organizer:</i> Donn Seeley 801-706-0815 donn@xmission.com We'll do three long day hikes in the Darby / Hamilton area, checking out different parts of the very long and very interesting Bitterroot Range in western Montana. We'll look for early flowers and check out the views from high passes, then come back to camp for fine dining and relaxation. This trip is exploratory.
Jul 4 Wed	<b>July 4th Evening Hike, Mill Creek Canyon – ntd</b> <i>Meet:</i> 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S) <i>Organizer:</i> Mark Bloomenthal 801-842-1242 markbloomenthal@yahoo.com There will be a prompt 6:30 pm departure.

- Jul 4 Wed Hike- Gobblers Knob Via Butler Fork – mod – 8.3 mi Out & Back – 3100’ ascent – Moderate pace**  
*Meet:* 8:00 am at 6200 South & Wasatch Park & Ride  
*Organizer:* David Andrenyak 801-582-6106 andrenyakda@aim.com  
 Happy Independence Day. The hike features great views and wildflowers. The route follows the west branch of Butler Fork to the Desolation Trail, then west to Baker Pass, and up the well defined track to Gobblers Knob. The plan is to meet at 8:00 am and depart at 8:15 am.
- Jul 4 Wed Day Hike To Castle Lake And Yellow Pine Lakes -- Western Uintas – mod+ – 10.0 mi Out & Back – 3000’ ascent – Moderate pace**  
*Meet:* 8:00 am at Jeremy Ranch Park and Ride in Park City off I-80, Exit 141 North side of the freeway  
*Organizer:* Stanley Chiang 801-381-1247 nutrition\_man2@yahoo.com  
 This is a repeat of a hike that had too much snow covering the upper part of the trail back in April. Get away from the July 4th crowds and join this Western Uintas hike. We will start from the Yellow Pine Trailhead just outside of Kamas from Mirror Lake Highway. We’ll hike to beautiful Castle Lake and visit Yellow Pine Lakes on the way back. There are some nice views of the Western Unitas higher up. Should be back at the Park and Ride no later than 5:30 that evening.
- Jul 5 Thu Evening Dog Hike: Mill Creek Canyon – ntd**  
*Meet:* 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S)  
*Organizer:* Jean Acheson 801-633-5225 jeanacheson@comcast.net  
 Well mannered dogs along with their well mannered owners are welcome. The dog-less are welcome as well. This hike is geared for all levels of hiking ability and will be conducted at a leisurely pace so we can enjoy the evening. Please bring water for yourself and any accompanying four-footed friends. Also, regardless of the leash law and day of the month, please bring a leash in case circumstances arise where it is needed. There will be a prompt 6:30 pm departure.
- Jul 5 Thu Evening Hike: Organizer’s Choice, Big Cottonwood Canyon – ntd**  
*Meet:* 6:15 pm at 6200 South & Wasatch Park & Ride  
*Organizer:* Knick Knickerbocker 801 891-2669  
 There will be a prompt 6:30 pm departure.
- Jul 6 Fri Backside Friday Road Bike – mod**  
*Meet:* Disseminated via the Bike email list  
*Organizer:* Cheryl Soshnik 435-649-9008 csoshnik@yahoo.com  
 Join us every Friday for scenic, low traffic social road rides in Summit, Wasatch and Morgan Counties. Distances range from 30 to 50 miles -- sometimes there are hills! Join the WMC Bike list for the announcements of the weekly destinations and meeting locations. We are always looking for trip organizers. Call Cheryl or Donna Fisher (435.649.0183) if you would like to organize one of the Friday rides.

The Wasatch Mountains are a wonderful playground for climbers. We have some great ice climbing in the winter, snow climbs on local peaks in the spring and early summer and lots of rock climbing. The club hosts a weekly rock climb at local crags on Thursdays. We do a number of out of town trips each year to destinations such as the City of Rocks in Idaho, the Tetons, Indian Creek in Southern Utah, and the San Rafael Swell area. Climbs are listed in the Rambler and on this web site. We also have a climber’s email list that you can join to get additional climbing information.

**Jul 7 Sat Day Hike To Grandview Peak From Affleck Park – msd- – 15.0 mi Out & Back – 3500’ ascent – Moderate pace**

*Meet:* 8:00 am at Meet under the I-80 bridge next to the UDOT garage at the exit that leads to State Road 65 / Mountain Dell Recreation Area

*Organizer:* Stanley Chiang 801-381-1247 nutrition\_man2@yahoo.com

This is a repeat of the Grandview Peak hike that was snowed out on Memorial Day weekend due to a blizzard. We will hike to infrequently visited Grandview Peak above City Creek Meadows overlooking Davis and Salt Lake County. We will start at the Mormon Pioneer Trail on UT SR 65 near Affleck Park and then follow a trail heading towards Lookout Peak, but take a side trail that meets up with the Great Western Trail at Hardscrabble Pass. From there we'll travel above City Creek Meadows to meet the ridgeline for Grandview Peak. There is some easy scrambling the last half-mile to Grandview Peak and the trail is nice all the way. Expect a long day (at least 10 hours). Bring plenty of water and food.

**Jul 7 Sat Slow Pace Hike - Mormon Pioneer Trail – ntd+ – 4.0 mi Shuttle – 1500’ ascent – Slow pace**

*Meet:* 9:30 am at Millcreek Park and Ride, 3900 South Wasatch Boulevard

*Organizer:* Randy Long 801-733-9367

This hike goes from Mormon Flat up to the top of East Canyon Road through several enjoyable meadows, dense forests, beaver dams, an old earthen dam, and maybe a small stream. Be sure to bring food, water, sturdy hiking boots, and rain gear.

**Jul 7 Sat Hike: Tuscarora-wolverine From Brighton – mod – 6.0 mi Loop – 2100’ ascent – Moderate pace**

*Meet:* 8:30 am at Big Cottonwood Canyon Park & Ride

*Organizer:* Liz Cordova 801-486-0909 liz1466@live.com

The Brighton Lakes (Mary, Martha, little Phoebe, little Dog and Catherine) on the way up to the ridge from Catherine's Pass to Twin Lakes Pass. Out via Twin Lakes and Silver Lake. You can also see Cecret Lake and Lake Solitude on the way. Flowers should be spectacular on this one. Not too slow, not too fast... just right. Meet at 8:30 a.m.

**Jul 7 Sat Day Hike Millcreek Bowman Trail – ntd – 3.5 mi Out & Back – 1500’ ascent – Moderate pace**

*Meet:* 9:00 am at Skyline High School - 3151 E Upland Dr (3760 S)

*Organizer:* David Rabiger 801-964-8190 drabiger@utah.gov

Day Hike Millcreek Bowman Trail to White Fir Pass. Enjoy a quick AM hike to White fir pass. Escape the heat with shade and water to cool your path. Meet Skyline High east parking lot. The hike may be extended if the depending on group desire.

**Jul 7 Sat Road Bike: Bikes And Trains Tourist Ride – ntd – 20.0 mi Shuttle – Slow pace**

*Meet:* 8:30 am at Salt Lake UTA Central Station. 600 West 350 South. Park in lots on the east side of 600 West.

*Organizer:* Anna Cordes 801-573-5592 cordesa@q.com

Bring any bike, a lunch, and a STRONG TOURIST ATTITUDE to visit the S & S Shortline Train Park in Farmington with an option to continue to Roy. We will ride from the Salt Lake UTA Central Station to Farmington to reach the Train Park that operates two different train rides, a snack bar, and a museum. We may need to wait in line to ride the trains, so anticipate spending some time at the Park to relax, visit the museum, and eat an early lunch. We will stop at the Farmington Harmons before going to the Park and you can buy lunch items there if you desire. After lunch, some tourists may want to return to Salt Lake via bike or FrontRunner. The more intrepid tourists will continue to Roy along the Denver & Rio Grande Western Trail. Expect a slow pace as we will have numerous street crossings and will be sharing the trail with other users including children and pets. In Roy, we have the option to exit the trail to check out the highly rated Hole donut shop. The trail ends in Roy where you can return to Salt Lake by FrontRunner or by bike. MILEAGE: SLC to Train Park (22 miles); SLC to Roy (42 miles). Terrain is flat. COST: \$5-6 per Shortline Train Ride, no charge to visit the museum. \$3.45-\$5.10 for FrontRunner. Money for lunch/snacks. Bike locks are also recommended. REGISTRATION by July 5th for this event is requested.

Jul 8 Sun	<p><b>Cache County Hike - Old Ephraim's Grave – mod+ – 12.0 mi Loop – 1855' ascent – Slow pace</b></p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Pam Lofgreen 801-455-9671 plogreen@msn.com</p> <p>This Logan Canyon classic takes us to the final resting spot of Old Ephraim, an infamous grizzly bear with an appetite for sheep, cattle, and big game. The 1,100 pound bear was the last known grizzly in Utah. An 11-foot monument marks the 1923 burial site. The route follows a combination of singletrack and dirt road (1-mile) that wander through forests and lush meadows. The rating system makes this a MOD hike, but I hiked it solo last summer and found it to be at the high end and strenuous, so I've changed it to MOD+. Families with older teens are welcome.</p>
Jul 8 Sun	<p><b>Slow Pace Hike White Pine Lake – mod – 10.0 mi Out &amp; Back – 2670' ascent – Slow pace</b></p> <p><i>Meet:</i> 8:30 am at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Tom Silberstorf 801-255-2784</p> <p>White Pine is a beautiful lake that sits between Red Baldy and White Baldy. This hike would be good for families with strong healthy teenagers who can go the distance.</p>
Jul 8 Sun	<p><b>Day Hike To Flagstaff Peak And Down Green's Basin – msd – 9.0 mi Loop – 3200' ascent – Moderate pace</b></p> <p><i>Meet:</i> 8:30 am at Big Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Steve Glaser 801-272-4552 glasersteve@yahoo.com</p> <p>We will go up Day's Fork and tag Flagstaff Peak, then follow the ridge to the east and attempt to descend through a series of meadows to Green's Basin. Steve has done this successfully once before, but isn't certain he can find the route again, so this is semi-exploratory. Expect some bushwhacking.</p>
Jul 8 Sun	<p><b>South Ridge Of Mount Timpanogos Hike – ext – Fast pace</b></p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Brad Yates 801-278-2423 bnyslc@earthlink.net</p> <p>This route starts at Sundance Ski Resort, climbs to the top of the Arrowhead lift and follows the south ridge. Traversing a number of sub peaks on the way to the main Summit, the decent will be via the Aspen Grove trail. The pace will be fast due to the distance to be covered. The route does have some scrambling but mainly class II hiking..</p>
Jul 9 Mon	<p><b>Draper Evening Hike - Burnham Loop Approach To Ghost Falls – ntd – Loop – Moderate pace</b></p> <p><i>Meet:</i> 5:30 pm at Ballard Equestrian Center, 1600 East Highland Drive</p> <p><i>Organizer:</i> Julie Kilgore 801-244-3323 jk@wasatch-environmental.com</p> <p>This hike will pass the silica pit to Canyon Hollow and connect to the Burnham Creek Loop on the way to Ghost Falls. Much of this hike is in a watershed area so no dogs on this one.</p>
Jul 10 Tue	<p><b>Evening Mountain Bike-park City – mod – Out &amp; Back – Moderate pace</b></p> <p><i>Meet:</i> Disseminated via the Bike email list</p> <p><i>Organizer:</i> Nick Calas 435-714-2374 nickcalas84060@yahoo.com</p> <p>Check the list serve for last minute updates. Will plan to ride around Park City. Tuesday evening rides are MOD to MOD+ in pace. Plan to meet and start riding by 6pm.</p>
Jul 10 Tue	<p><b>Evening Hike: Organizer's Choice, Mill Creek Canyon – ntd</b></p> <p><i>Meet:</i> 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S)</p> <p><i>Organizer:</i> Anne Polinsky 801 466-3806</p> <p>There will be a prompt 6:30 pm departure.</p>

- Jul 10 Tue Road Bike: Tuesday Tours: Tba – mod – Moderate pace**  
*Meet:* Disseminated via the Bike email list  
*Organizer:* Robert Turner 801-467-1129 r46turner@gmail.com  
 This week's ride will be on Tuesday (most likely). The ride will be announced via the bike email list. If you have a ride in mind you like, let me know and we'll do it. Heck, I'll even let you organize it. This month is a good time to ride canyons or head to higher elevations to beat the heat. This is a social ride. Ride at your own pace between stops, but we will regroup several times along the way.
- Jul 11 Wed Biking Meeting/social: Flat Tire Repair**  
*Meet:* 6:30 pm at Millcreek Community Center, Meeting Room C, 2266 East Evergreen Avenue (3435 South), Salt Lake City  
*Organizer:* Elliott Mott 801-969-2846 elliott887@msn.com  
 Flat tire repair is a skill every cyclist should master and this clinic will show you how. We'll remove a wheel from off a bike, break-down the tire-tube and put it all back together. We'll discuss the interrelationships of tires, tubes, rim strips, spoke nipples, stems and inflation devices because some combinations work better than others; in addition, we'll go over the basic tools and supplies riders should carry on their bike, and review simple but important precautions cyclists can take to minimize the chances they will flat. Meet in Meeting Room C at the new Millcreek Community Center located at 2266 East Evergreen Avenue (3435 South) in Salt Lake City at 6:30pm. Come early if you'd like to socialize or grab a meal from the center's cafe before the clinic starts.
- Jul 11 Wed Mid-week Msd Hike - Broads Fork Twin Peaks North Ridge – msd – 10.0 mi Out & Back – 5100' ascent – Moderate pace**  
*Meet:* 7:00 am at Big Cottonwood Canyon Park & Ride  
*Organizer:* Dennis Goreham 801-550-5169 dgoreham@gmail.com  
 Lets do the north ridge of Broads Fork Twin Peaks, named the Robinson Route in Hiking The Wasatch. Plan for a fairly long day with a bunch of scrambling and exposure. Maybe a little snow left coming down the normal route so bring an ice axe. We will leave from the Big Canyon park and ride at 7:00 am.
- Jul 11 Wed Evening Hike: Organizer's Choice, Big Cottonwood Canyon – ntd**  
*Meet:* 6:15 pm at 6200 South & Wasatch Park & Ride  
*Organizer:* John Oliver 410 336-0056  
 Please note the change of meeting place. There will be a prompt 6:30 pm departure.
- Jul 11 Wed Evening Dog Hike: Mill Creek Canyon – ntd**  
*Meet:* 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S)  
*Organizer:* Tom Silberstorf 801-255-2784  
 Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be conducted at a turtle pace. There will be a prompt 6:30 pm departure.
- Jul 12 Thu Rock Climb - Pentapitch – mod**  
*Meet:* 4:30 pm at Gate Buttress Parking Area - Drive 1.25 miles up Little Cottonwood Canyon parking at either the lot on the left or along side the right side of the road.  
*Organizer:* John Butler 801-718-4166 john@utahman.com  
 Fine Yosemite-like granite and several stellar multi-pitch climbs. Mostly trad but a few sport routes in the .11 - .12 range. Long approach, so an early start is warranted.

Jul 12 Thu	<p><b>Movie Night Social</b></p> <p><i>Meet:</i> 6:00 pm at Pier 49 Pizza (next to the movie theater). Theater and restaurant are located close to corner of Simpson Av. (2250 S) and Highland Dr. (1230 E).</p> <p><i>Organizer:</i> Craig Anderson 801-487-2352 canders11238@yahoo.com</p> <p>Join Craig and others for a light meal and a movie at Sugar House Movies 10 on Thursday, July 12th, at 6:00 pm. We will select a movie while dining. Seeing a movie costs only \$2.00 at this theater. See you at the movies.</p>
Jul 12 Thu	<p><b>Evening Hike: Organizer's Choice, Little Cottonwood Canyon – ntd</b></p> <p><i>Meet:</i> 6:15 pm at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Robert Sweeten 801 278-1007</p> <p>There will be a prompt 6:30 pm departure.</p>
Jul 13 Fri	<p><b>Backside Friday Road Bike – mod</b></p> <p><i>Meet:</i> Disseminated via the Bike email list</p> <p><i>Organizer:</i> Cheryl Soshnik 435-649-9008 csoshnik@yahoo.com</p> <p>Join us every Friday for scenic, low traffic social road rides in Summit, Wasatch and Morgan Counties. Distances range from 30 to 50 miles -- sometimes there are hills! Join the WMC Bike list for the announcements of the weekly destinations and meeting locations. We are always looking for trip organizers. Call Cheryl or Donna Fisher (435.649.0183) if you would like to organize one of the Friday rides.</p>
Jul 14 Sat	<p><b>Day Hike: Maybird Lakes – mod – 7.5 mi Out &amp; Back – 2000' ascent</b></p> <p><i>Meet:</i> 9:00 am at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Elliott Mott 801-969-2846 elliott887@msn.com</p> <p>This hike visits the pretty little lakes situated in the drainage immediately west of Red Pine below the Pfeifferhorn. Plan on a round trip hike of about 7.5 miles and a little over 2,000 feet of climbing. Bring a lunch to enjoy at Maybird Lakes before returning. Meet Elliott (801) 969-2846 at the park and ride located at the mouth of Little Cottonwood Canyon at 9:00am.</p>
Jul 14 Sat	<p><b>Hike Lone Peak Via Old Mill Trail – ext</b></p> <p><i>Meet:</i> Registration required</p> <p><i>Organizer:</i> Chuck James 801-209-0725 jamesgang1971@comcast.net</p> <p>The group will meet at the 9800 South Bell canyon Trailhead (end of hike) and carpool over to the Big willow trailhead. Chuck will be hiking up the little used Old Mill Trail then ascend the north Boulder field to the summit. He will then go down the east side to the upper reservoir then down Bells Canyon. This is a long day and a formidable hike, so please call Chuck to reserve a spot.</p>
Jul 14 Sat	<p><b>Organizer's Choice Hike – ntd</b></p> <p><i>Meet:</i> 8:45 am at Big Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Jerry Hatch 801-300-6439 or 801-583-8047</p> <p>Join Jerry for one of his favorite hikes in Big Cottonwood Canyon.</p>
Jul 14 Sat	<p><b>Family Hike - Twin Lakes From Brighton – ntd – 3.0 mi Out &amp; Back – 900' ascent – Slow pace</b></p> <p><i>Meet:</i> 9:30 am at Solitude Nordic Center near the boardwalk that leads to Silver Lake</p> <p><i>Organizer:</i> Larene Wyss 801 266-2636 lwyss@utah.gov</p> <p>This hike is open to anyone but is particularly good for members with kids or those interested in a more relaxed pace. Larene will meet near the trailhead to allow maximum start-stop flexibility.</p>

Jul 15 Sun	<p><b>Hike -mt. Millicent To Wolverine Ridge – mod – Loop – Moderate pace</b></p> <p><i>Meet:</i> 9:00 am at Big Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Barb Gardner 801-803-2926 inthemtns55@gmail.com</p> <p>This hike begins at Brighton's Silver Lake parking lot, up to Twin Lakes dam, up the boulders of Mt. Millicent, along the ridge to Wolverine and Patsey/Marley, down to Twin Lakes Pass, with a stop by Mount Evergreen on the way back down to Twin Lakes dam.</p>
Jul 15 Sun	<p><b>Canoeing Cutler Marsh – flat water – 5.0 mi</b></p> <p><i>Meet:</i> 9:00 am at Cutler Marsh Marina - West of Logan on Valley View Hwy(Rt. 30)</p> <p><i>Organizer:</i> Luke Johnson 801-755-7575 huckleberry78@msn.com</p> <p>Cutler Marsh is a beautiful wetland maze nestled in the Cache Valley. I will be canoeing the Little Bear River Canoe Trail if the markers are still up. If they are not there, I will spend the day exploring and stopping for a nice place for lunch. My dog Koda will be joining me and others are welcome to bring their own dogs as well</p>
Jul 15 Sun	<p><b>Hike White Baldy From Red Pine – msd – 9.0 mi Out &amp; Back – 3700' ascent – Moderate pace</b></p> <p><i>Meet:</i> 7:00 am at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Julie Kilgore 801-244-3323 jk@wasatch-environmental.com</p> <p>The Red Pine approach to White Baldy requires a lot of fun boulder scrambling above the lakes, but not the ridgeline exposure involved from the White Pine side. Anticipate about an 8-hour day.</p>
Jul 15 Sun	<p><b>Hike - Catherine's Pass – ntd – Moderate pace</b></p> <p><i>Meet:</i> 9:15 am at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Michelle Butz 801-842-9646 michebutz27@gmail.com</p> <p>Summit Sunset Peak, then loop around and come out by the camp ground. Lazy 9:15 meet time. Depart 9:30 sharp Water; food/snacks, 10 E's.</p>
Jul 16 Mon	<p><b>Draper Monday Evening Hike - Suncrest Trailhead To Traverse Ridge – ntd – Moderate pace</b></p> <p><i>Meet:</i> 5:30 pm at Ballard Equestrian Center, 1600 East Highland Drive</p> <p><i>Organizer:</i> Julie Kilgore 801-244-3323 jk@wasatch-environmental.com</p> <p>Let's explore the old road the runs along the top of Traverse Ridge. Dogs ok.</p>
Jul 17 Tue	<p><b>Evening Mountain Bike-park City – mod – Out &amp; Back – Moderate pace</b></p> <p><i>Meet:</i> Disseminated via the Bike email list</p> <p><i>Organizer:</i> Nick Calas 435-714-2374 nickcalas84060@yahoo.com</p> <p>Check the list serve for last minute updates. Will plan to ride around Park City. Tuesday evening rides are MOD to MOD+ in pace. Plan to meet and start riding by 6pm.</p>
Jul 17 Tue	<p><b>Family Hike To Secret Lake – ntd- – 1.5 mi Out &amp; Back – 420' ascent – Slow pace</b></p> <p><i>Meet:</i> 6:15 pm at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Tanner Morrill 801-809-0170 tannermorrill@gmail.com</p> <p>Beat the heat: Trek to beautiful Secret (Cecret) Lake high in Little Cottonwood Canyon in the Albion Basin. I will bring my two small kids, so the pace will be set for a 4 year old. It will take ~40 minutes each way.</p>
Jul 17 Tue	<p><b>Evening Hike: Organizer's Choice, Big Cottonwood Canyon – ntd</b></p> <p><i>Meet:</i> 6:15 pm at 6200 South &amp; Wasatch Park &amp; Ride</p> <p><i>Organizer:</i> Mark McKenzie 801 913-8439</p> <p>Please note the change of meeting place. There will be a prompt 6:30 pm departure.</p>

- Jul 18 **North Cascades Backpack – 45.0 mi – 6000’ ascent**  
 Wed – *Meet:* Registration required  
 Jul 24 *Organizer:* Michael Budig mbudig@blazemail.com  
 Tue  
 Dates are still tentative. Planning a backpack into North Cascade National park for about 6 days. This will be a moderate backpack- with exact destination and itinerary to be determined- should have further details by mid-May or so- please email for for information.
- Jul 18 **Road Bike: Evening Road Ride – ntd – 20.0 mi**  
 Wed  
*Meet:* 6:00 pm at Sandy Amphitheater, 9400 S and 1300 E  
*Organizer:* Dave Sturgeon 937-321-9780 dgsbike@gmail.com  
 Join Dave tonight for the 2nd of his NTD evening rides this month. This will be a 15 to 20 mile ride in the Sandy, Draper or Riverton area. Come see where Dave plans to ride tonight!
- Jul 18 **Evening Hike: Organizer’s Choice, Mill Creek Canyon – ntd**  
 Wed  
*Meet:* 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S)  
*Organizer:* June Zhu 650 888-1318  
 There will be a prompt 6:30 pm departure.
- Jul 18 **Road Bike: Wasatch Wednesdays: Tba – mod – Moderate pace**  
 Wed  
*Meet:* Disseminated via the Bike email list  
*Organizer:* Robert Turner 801-467-1129 r46turner@gmail.com  
 This week’s ride will be on Wednesday (most likely). It will be announced via the bike email list. Email me your ride suggestions and offers to organize a ride. This month is a good time to ride canyons or head to higher elevations to beat the heat. This is a social ride. Ride at your own pace between stops, but we will regroup several times along the way.
- Jul 19 **Evening Hike: Organizer’s Choice, Little Cottonwood Canyon – ntd**  
 Thu  
*Meet:* 6:15 pm at Little Cottonwood Canyon Park & Ride  
*Organizer:* Peter Goldman yardbird09@yahoo.com  
 There will be a prompt 6:30 pm departure.
- Jul 19 **Evening Dog Hike: Mill Creek Canyon – ntd**  
 Thu  
*Meet:* 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S)  
*Organizer:* Jean Acheson 801-633-5225 jeanacheson@comcast.net  
 Well mannered dogs along with their well mannered owners are welcome. The dog-less are welcome as well. This hike is geared for all levels of hiking ability and will be conducted at a leisurely pace so we can enjoy the evening. Please bring water for yourself and any accompanying four-footed friends. Also, regardless of the leash law and day of the month, please bring a leash in case circumstances arise where it is needed. There will be a prompt 6:30 pm departure.

The Wasatch Mountain Club has a vibrant boating program and owns boats and gear to fully equip club boating trips. The club schedules a wide variety of trips from daily runs to weeklong river trips. Trips range in intensity from serene flat-water canoe trips to challenging class IV-V whitewater.

**Jul 20 Backpack - Deep Creek Mountains – msd – 16.0 mi Out & Back – 8000’ ascent – Moderate pace**

**Fri – Jul** *Meet:* Registration required

**22 Sun** *Organizer:* Gregory Bronder gdbkcb03@comcast.net

Exploratory Car Camp/Backpack - Deep Creek Mountains - While Ibapah peak gets most of the attention in the range, we will be visiting some of the less visited peaks. We will drive out to Callao on Thursday night and car camp at the CCC campground. On Friday, we will drive as far as our vehicles can make it up Tom’s Creek Canyon. We will then backpack up the road to “The Meadows” and set up a base camp. Expect roughly 2-3 miles with 1000-1500’ of elevation change on the backpack. Once at the Meadows base camp, we will set our sights on tackling Haystack Peak, Ibapah Azimuth, and Rocky Peak for the duration of the weekend. Day 1 will be spent ascending Ibapah Azimuth (11,987) and Haystack Peak (12,020’). The route will require some bushwacking, routefinding, and Class 3 scrambling. Expect 5 miles RT with 4000 feet of gain from basecamp. Day 2 will be an ascent of Rocky Peak (10,748’). Expect some bushwacking, routefinding, and scrambling. Trip stats to Rocky Peak will be near 7.5 miles RT with approximately 3200’ feet of gain. Once done, we will backpack down the road to the cars and drive back to SLC as conditions and time dictate. For the drive, reliable 4WD high clearance will be needed. The area is very remote and rugged. But our efforts will be rewarded with beauty and solitude. Please contact me by email to register or for questions

**Jul 20 Sing-a-long And Potluck At La Rae And Bart Bartholoma’s Home**

**Fri** *Meet:* 6:30 pm at 5904 S. Tolcate Woods Lane (2930 E) in Holladay - Directions are in the description

*Organizer:* La Rae or Bart or Fred Tripp or Frank Bernard 801-277-4093 or 435-649-4507 or cell 301 461-0161 fredgtripp@gmail.com or Frankbernard55@earthlink.net

La Rae and Bart Bartholoma have offered to host our July Sing-A-Long. Plan to join us at 6:30 p.m. and we’ll begin the evening with a Pot Luck dinner. Please bring something to share (entree, appetizer, salad, side vegetable or a dessert) with 4 to 6 others. BYOB. Following dinner we’ll have a Sing-A-Long - think folk music, campfire songs, songs from Broadway musicals, joke songs, etc. Acoustic instruments are welcome. To reach the Bartholoma home at 5904 S. Tolcate Woods Lane - take 5800 S (Tolcate Lane) off Holladay Blvd. (Only goes East) Turn right (South) on Tolcate Woods Lane. When the street ends with a steel fence with horse statues and an eagle statue in the air, YOU ARE THERE. Plan on a fun evening of socializing, enjoying good food and an opportunity to stretch your vocal chords (and bring any acoustic musical instrument that you’d like to play.) We’ll wrap it up by 10 PM. For questions or additional information contact La Rae or Bart at 801-277-4093 or Fred Tripp at 435-649-4507 or email at fredgtripp@gmail.com or Frank Bernard at Frankbernard55@earthlink.net. If you are not receiving Sing-A-Long email notices be sure to add your name to our email list to receive updated information for this and future Sing-A-Longs. Just go the WMC web site: Click on Member Menu; Click on EMAIL LIST SUBSCRIBE & UNSUBSCRIBE; Log In, follow the directions to subscribe and select the “SOCIAL” category. When finished return to Member Menu and Log Off.

**Jul 20 Backside Friday Road Bike – mod**

**Fri** *Meet:* Disseminated via the Bike email list

*Organizer:* Cheryl Soshnik 435-649-9008 csoshnik@yahoo.com

Join us every Friday for scenic, low traffic social road rides in Summit, Wasatch and Morgan Counties. Distances range from 30 to 50 miles -- sometimes there are hills! Join the WMC Bike list for the announcements of the weekly destinations and meeting locations. We are always looking for trip organizers. Call Cheryl or Donna Fisher (435.649.0183) if you would like to organize one of the Friday rides.

**Jul 20 Gallery Stroll Social**

**Fri** *Meet:* 6:00 pm at The Phillips Gallery, 444 East 200 South

*Organizer:* Craig Anderson 801-487-2352 canders11238@yahoo.com

Join Craig and others for the gallery stroll at 6:00 pm on Friday, July 20th. We will decide which galleries to visit together at the first stop, the Phillips Gallery. There is usually a little to eat and drink along the way.

**Jul 21 Road Bike: Huntington Canyon And Scofield – mod+ – Out & Back – Moderate pace**

Sat – Jul *Meet:* Registration required

22 Sun *Organizer:* Robert Turner 801-467-1129 (home); 801-560-3378 (cell) r46turner@gmail.com

We'll camp Friday and Saturday nights at a National Forest campground in Huntington Canyon. Saturday, we can ride up and down the canyon with an optional side trip up Crandall Canyon to the mine disaster memorial and an optional stop at an historic CCC guard station. Another more challenging (but worth it) option is to ride up the canyon from camp, over the top, down to the upper end of Electric Lake and back. Either way, you'll see the scenery at the top of the canyon. It is to die for. Sunday morning we'll pack up and head for home via the Energy Loop scenic byway, stopping to ride part of it between Highway 6 and Scofield, with an optional (but must do - it's too good to miss) leg up to the charming little mining town of Clear Creek. Contact Robert for more details and to register. HEADSUP NOTICE: My brother and his two children (ages 11 and 7) who joined us last year will probably join us again this year. They will just camp and eat meals with us and do their own thing during the day.

**Jul 21 Hike Mount Nebo North Summit – msd – Out & Back – 3000' ascent**

Sat *Meet:* 8:00 am at Meet at the 7200 South Park & Ride lot immediately east of I-15 (not the lot a couple blocks further east).

*Organizer:* Cassie Badowsky 801-278-5153 cassie@hesstravel.com

Mount Nebo is a spectacular tri-summit peak. We'll approach it from the north, and go to the North Summit. The elevation gain is supposed to be only about 3000', but it feels like a lot more than that because many parts of the trail are steep! The final ridge across to the North Summit drops away steeply in places, and has some exposure depending on your comfort level. The scramble up to the North Summit is steep with loose footing. But the view across the tri-summit will take your breath away!

**Jul 21 Wind River Mountains Car Camp – mod- – 8.0 mi Out & Back – 300' ascent – Slow pace**

Sat – Jul *Meet:* Registration required

23 Mon *Organizer:* Randy Long 801-733-9367

Randy will camp in this fabulous country at the headwaters of the Green River at Green River Lakes campground and hike on the Highline and Clear Creek Trails to Clear Creek Natural Bridge. The hike will pass by Lower Green River Lake, Square Top Mountain, Clear Creek Falls, and Slide Creek Falls while hiking only four miles each way with just one short 300 foot climb.

**Jul 21 "quaint Trails" Hike - Elusive Mats Basin Trail – mod – 3.0 mi Out & Back – Slow pace**

Sat *Meet:* 9:00 am at Big Cottonwood Canyon Park & Ride

*Organizer:* Martin McGregor 801-255-0090

Martin will take the group to a seldom visited lumber- and sheep-herder trail up Big Cottonwood Canyon

**Jul 21 Hike Butler Fork To Desolation Trail – ntd+**

Sat *Meet:* 9:00 am at Big Cottonwood Canyon Park & Ride

*Organizer:* Patrick de Freitas 801-450-6443 pdefreitas@earthlink.net

Patrick will go up the west branch of Butler Fork to Desolation Trail (about 2 miles, 1,500 foot gain), maybe with a stop at Circle All Peak. Then he'll take Deso Trail's traverse to the east branch of Butler Fork. This Deso portion is about 2 1/2 miles and can feel quite exposed on a sunny day (bring hat and sunscreen). The beautiful descent down east Butler Fork branch is often a good place to see moose.

**Jul 22 Organizers Choice Hike – ntd**

Sun *Meet:* 9:00 am at Big Cottonwood Canyon Park & Ride

*Organizer:* Cal Osburn 801-944-4574

Cal will pick a hike for fabulous Sunday stroll

Jul 22 Sun	<p><b>Hike: Pfeifferhorn – msd</b></p> <p><i>Meet:</i> 7:00 am at Little Cottonwood Canyon Park &amp; Ride</p> <p><i>Organizer:</i> Deirdre Flynn and Mohamed Abdallah 801-466-9310 deirdre.flynn@marriott.com</p> <p>We'll take the Red Pine trail to ascend the Pfeifferhorn. There is some exposure, scrambling and sections of steep trail. Meet early and bring your 10 E's.</p>
Jul 22 Sun	<p><b>Day Hike:thaynes Peak Loop – mod – Loop</b></p> <p><i>Meet:</i> 9:00 am at Skyline High School - 3151 E Upland Dr (3760 S)</p> <p><i>Organizer:</i> Elliott Mott 801-969-2846 elliott887@msn.com</p> <p>This hike is a counter-clockwise loop in lower Millcreek Canyon. We'll first hike up to the Salt Lake Overlook and then trek around to Thaynes Canyon. From there we'll follow the Desolation Trail to the base of Thaynes and then switch-back-up to the its summit. Bring lunch for a summit picnic. Plan on a hike of about 6.5 miles and approximately 2900 feet of climbing. Meet Elliott (801-969-2846) in the east parking lot of Skyline High at 9:00am.</p>
Jul 22 Sun	<p><b>Mountain Bike-park City – mod – Out &amp; Back – Moderate pace</b></p> <p><i>Meet:</i> 9:30 am at Park City Mountain Resort</p> <p><i>Organizer:</i> Cheryl Krusko 801-474-3759 ckrusko@gmail.com</p> <p>Crest loop - plan to park at the Park City Mtn Resort. Plan to ride 30+ miles. Mod pace. We will start in Park City Mtn Resort ride to the Canyons back to Park City.</p>
Jul 23 Mon	<p><b>Draper Evening Hike - Coyote Hollow Loop – ntd – Loop – Moderate pace</b></p> <p><i>Meet:</i> 5:30 pm at Ballard Equestrian Center, 1600 East Highland Drive</p> <p><i>Organizer:</i> Julie Kilgore 801-244-3323 jk@wasatch-environmental.com</p> <p>Julie plans to head up Clark's Trail and loop back down by way of Anne's Trail. Dogs on leash ok.</p>
Jul 24 Tue	<p><b>Evening Mountain Bike-park City – mod – Out &amp; Back – Moderate pace</b></p> <p><i>Meet:</i> Disseminated via the Bike email list</p> <p><i>Organizer:</i> Nick Calas 435-714-2374 nickcalas84060@yahoo.com</p> <p>Check the list serve for last minute updates. Will plan to ride around Park City. Tuesday evening rides are MOD to MOD+ in pace. Plan to meet and start riding by 6pm.</p>
Jul 24 Tue	<p><b>Evening Hike: Church Fork, Mill Creek Canyon – ntd</b></p> <p><i>Meet:</i> 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S)</p> <p><i>Organizer:</i> Pam Miller 801-381-7942</p> <p>There will be a prompt 6:30 pm departure.</p>
Jul 24 Tue	<p><b>Road Bike: Tuesday Tours: Tba – mod – Moderate pace</b></p> <p><i>Meet:</i> Disseminated via the Bike email list</p> <p><i>Organizer:</i> Robert Turner 801-467-1129 r46turner@gmail.com</p> <p>This week's ride will most likely be on Tuesday, although it is Pioneer Day, so we might decide Wednesday is better. Stay tuned. The ride will be announced via the bike email list. Let me know if you have a ride in mind you like. This month is a good time to ride canyons or head to higher elevations to beat the heat. This is a social ride. Ride at your own pace between stops, but we will regroup several times along the way.</p>
Jul 25 Wed	<p><b>Road Bike: Evening Road Ride – ntd – 20.0 mi</b></p> <p><i>Meet:</i> 6:00 pm at Sandy Amphitheater, 9400 S and 1300 E</p> <p><i>Organizer:</i> Dave Sturgeon 937-321-9780 dgsbike@gmail.com</p> <p>Join Dave tonight for the last of his NTD evening rides this month. This will be a 15 to 20 mile ride in the Sandy, Draper or Riverton area. Come see where Dave plans to ride tonight!</p>

Jul 25 Wed	<b>Evening Hike: Organizer's Choice, Big Cottonwood Canyon – ntd</b> <i>Meet:</i> 6:15 pm at 6200 South & Wasatch Park & Ride <i>Organizer:</i> Knick Knickerbocker 801-891-2669 Please note the change of meeting place. There will be a prompt 6:30 pm departure.
Jul 25 Wed	<b>Evening Dog Hike: Mill Creek Canyon – ntd</b> <i>Meet:</i> 6:15 pm at Skyline High School - 3151 E Upland Dr (3760 S) <i>Organizer:</i> Tom Silberstorf 801-255-2784 Well mannered dogs along with their well mannered owners are welcome. Please bring water for yourself and your four-footed friend and poop bags for your dog. Please bring a leash in case circumstances arise where it is needed. This hike is open to the dog-less as well. The hike will be conducted at a turtle pace. There will be a prompt 6:30 pm departure.
Jul 26 Thu	<b>Rock Climb- Hellgate</b> <i>Meet:</i> 5:30 pm at LCC side of road across from Hellgate condos in Alta <i>Organizer:</i> Nathan Schweitz 801-942-0852 nathanschweitz@hotmail.com Great Limestone sport routes. Cool for a hot day
Jul 26 Thu	<b>Evening Hike: Organizer's Choice, Little Cottonwood Canyon – ntd</b> <i>Meet:</i> 6:15 pm at Little Cottonwood Canyon Park & Ride <i>Organizer:</i> Brett Smith 801-580-2066 There will be a prompt 6:30 pm departure.
Jul 27 Fri – Jul 29 Sun	<b>Canyoneering In Zion- The Subway – mod – 20.0 mi</b> <i>Meet:</i> Registration required <i>Organizer:</i> Rick Thompson gone2moab@hotmail.com The Subway in Zion is a magical place of beauty, adventure and fun- if you've never done it, but always wanted to, this is your chance. We will be driving down Friday afternoon, doing the Subway one day and its alluring sister canyon, Orderville, the other, for an epic weekend. Classified as "semi-technical", no rappelling is required in either canyon, but there are some scrambling obstacles along the way in each canyon that will test your mettle, making for two high energy days full of hiking, climbing and swimming. Due to the popularity of this trip I limit it to people who have not done these hikes previously. These are both day hikes, we will be car camping in the park. This trip is full.
Jul 27 Fri	<b>Backside Friday Road Bike – mod</b> <i>Meet:</i> Disseminated via the Bike email list <i>Organizer:</i> Cheryl Soshnik 435-649-9008 csoshnik@yahoo.com Join us every Friday for scenic, low traffic social road rides in Summit, Wasatch and Morgan Counties. Distances range from 30 to 50 miles -- sometimes there are hills! Join the WMC Bike list for the announcements of the weekly destinations and meeting locations. We are always looking for trip organizers. Call Cheryl or Donna Fisher (435.649.0183) if you would like to organize one of the Friday rides.
Jul 28 Sat	<b>Slow Pace Hike - Mount Timpanogus To The B25 Bomber Wreck – mod+ – 11.0 mi Out &amp; Back – 3700' ascent – Slow pace</b> <i>Meet:</i> Registration required <i>Organizer:</i> Russell Patterson 801-973-6427 patters@xmission.com We will hike the Timpanooke trail. The plane crashed 3/9/1955. The crash site is 550' below the north summit. The crash site was originally discovered by three members of the mountain club who made a winter ascent and later led officials to the site.

- Jul 28 Hike: Wolverine-tuscarora From Alta – mod – 7.0 mi Loop – 2100’ ascent – Moderate pace**  
 Sat  
*Meet:* 8:00 am at Little Cottonwood Canyon Park & Ride  
*Organizer:* Liz Cordova 801-486-0909 liz1466@live.com  
 Let’s hike up Grizzly Gulch to Twin Lakes Pass, then on to Wolverine and the ridge to Catherine’s Pass. Descend via the spectacular flowers in Albion Basin for a lovely, long stroll at a leisurely pace. Bring lunch and meet at 8:00 a.m.
- Jul 28 Road Bike: Farmer’s Market At Pioneer Park – ntd – 21.0 mi Loop**  
 Sat  
*Meet:* 9:00 am at Sugarhouse Park, 1500 East 2100 South, Salt Lake City  
*Organizer:* Elliott Mott 801-969-2846 elliot887@msn.com  
 This ride showcases the Saturday Farmer’s Market at Pioneer Park downtown. We’ll ride into town, park our bikes, and stroll through the numerous fruit and produce vendors and concessionaires taking full advantage of this summertime event. Our itinerary is to then get back on our bikes, spin over to the International Peace Gardens at Jordan Park and then visit Liberty Park before stopping at Cucina Deli in the Avenues for lunch. Riders plan on an easy paced social ride of about 21 miles and only one teeny-tiny hill to climb. Bike locks recommended. Meet Elliott Mott (801-969-2846) inside Sugarhouse Park near the 15th East entrance at 9:00 AM.
- Jul 28 Hike - Cottonwood Ridge – ext – Moderate pace**  
 Sat  
*Meet:* Registration required  
*Organizer:* Michael Hannan 801 943-6453 michaelthannan@gmail.com  
 The snow is gone so it’s time to tackle the Cottonwood Ridge! The group will be limited so contact Michael to discuss your skills and conditioning. Registration is required and details will be provided at that time, but plan for an early start and a 12-hour day, minimum.
- Jul 28 Newcomer And Beginner Hike – ntd**  
 Sat  
*Meet:* 9:30 am at Big Cottonwood Canyon Park & Ride  
*Organizer:* Kathy Craig 801-502-0465 bugsismyguy@comcast.net  
 We will be hiking to Twin Lakes. This hike is open to anyone but is geared toward introducing new people to the Wasatch Mountain Club, or to hiking as an activity. There will be two organizers on this trip to make sure nobody gets behind, and to help with any questions or concerns.
- Jul 29 Hike Lower Red Pine – mod – 7.0 mi Out & Back – 2000’ ascent**  
 Sun  
*Meet:* 9:00 am at Little Cottonwood Canyon Park & Ride  
*Organizer:* Helena Corena 801-561-0095  
 Helen would like to take the group on one of her favorite destinations.
- Jul 29 Slow Pace Hike To Desolation Lake – mod- – 7.0 mi Out & Back – 2000’ ascent – Slow pace**  
 Sun  
*Meet:* 9:00 am at Big Cottonwood Canyon Park & Ride  
*Organizer:* Tom Silberstorf 801-255-2784  
 Tom will approach Desolation Lake from Mill D.

- Jul 29 Mountain Mystics Hikes - Twin Lakes Pass Area – ntd – Moderate pace**  
 Sun *Meet:* 9:00 am at Big Cottonwood Canyon Park & Ride  
*Organizer:* Michelle Butz 801-842-9646 michebutz27@gmail.com  
 Join Michelle for a monthly contemplative, NTD hike. Hiking outbound, you will be invited to chat your brains out with other hikers. Upon arrival at our destination, the group will take a break to share a brief reading of the organizers choice that relates to nature, universal spirituality (meaning non-religious), or other inspirational piece. This will be followed with time allotted for quiet 10 minute meditation. Our return trip will be done, at least in part, in silence to allow time for centering, contemplation, and healing. As always please bring the 10 E's, which includes plenty of water, sunscreen, snacks, protective wear, etc. If you have questions or would like more information please contact Michelle at (801) 842-9646. Meet at 9 a.m. for a prompt 9:15 departure.
- Jul 30 Draper Evening Hike - Oak Hollow To Maple Hollow – ntd – Out & Back – Moderate pace**  
 Mon *Meet:* 5:30 pm at Ballard Equestrian Center, 1600 East Highland Drive  
*Organizer:* Julie Kilgore 801-244-3323 jk@wasatch-environmental.com  
 This is an interesting urban trail passes in and out of residential, golf course, and natural areas. Dogs on leash ok.
- Jul 31 Evening Mountain Bike-park City – mod – Out & Back – Moderate pace**  
 Tue *Meet:* Disseminated via the Bike email list  
*Organizer:* Nick Calas 435-714-2374 nickcalas84060@yahoo.com  
 Check the list serve for last minute updates. Will plan to ride around Park City. Tuesday evening rides are MOD to MOD+ in pace. Plan to meet and start riding by 6pm.
- Jul 31 Evening Hike: Circle All Peak – ntd**  
 Tue *Meet:* 6:15 pm at 6200 South & Wasatch Park & Ride  
*Organizer:* Pam Miller 801-381-7942  
 Join Pam for this club favorite. Please note the change of meeting place. There will be a prompt 6:30 pm
- Aug 5 White Water Rafting- Desolation Canyon – class III – 86.0 mi – 515' ascent**  
 Sun – *Meet:* Registration required  
 Aug 11 *Organizer:* Bob Cady 801-274-0250 rcady@xmission.com  
 Sat We will take 7 days to do a late season-low water trip from Sand Wash to Swasey Beach on the Green River.
- Aug 17 Backpack - Uinta 13er Trip - East Fork Black Forks – msd – 30.0 mi Out & Back – 7000' ascent – Moderate pace**  
 Fri –  
 Aug 19 *Meet:* Registration required  
 Sun *Organizer:* Gregory Bronder gdbkcb03@comcast.net  
 3 day backpack to the Uinta Mountains. We will leave after work on Thursday night and car camp that night. On Friday morning we will wake early and backpack to a basecamp. Once at the basecamp, we will set our sites on tackling Mount Wasatch and Mount Wapiti. The next day, we will try to tackle Mount Lovenia and Quandry Peak from near Red Knob Pass. On Sunday, we will pack up basecamp and head back to the cars. Then back to SLC. Please email organizer for information, questions, and trip registration

**Aug 19 Sing-a-long, Hike And Potluck Bbq In Mill Creek Canyon**

**Sun** *Meet:* 3:30 pm at The Terraces in Mill Creek Canyon - about 3.8 miles up Mill Creek on the right. Look for signs. Arrive at 3:30 p.m. for the hike or 5 p.m. for dinner and singing.

*Organizer:* Frank Bernard or Fred Tripp 435-649-4507 or cell 301 461-0161 Frankbernard55@earthlink.net or fredgtripp@gmail.com

August 19 SUNDAY - HIKE, BBQ Picnic and SING-A-LONG at the Terraces picnic area in Mill Creek Canyon. The planned hike is rated NTD. A Sunday afternoon/evening trifecta located up cool Mill Creek Canyon. The Terraces picnic area is located about 3.8 miles up Mill Creek Canyon Road on the right side - direction signs will be placed from the Terraces area entrance to our picnic location. Those interested in the hike will meet Frank Bernard at 3:30 p.m., hike for about an hour and half, and then regroup at the picnic site. Non-hikers join us at 5:00 p.m. and we'll have some coals going for a BBQ. Bring your own BBQ meats or sandwiches and something to share (salads, sides or desserts) with 4 to 6 others. BYOB. Please bring your own picnic plates, utensils, napkins, etc. and a folding camp chair to ensure adequate seating. Following the picnic we'll have a campfire Sing-A-Long, think folk music, campfire songs, joke songs, songs from Broadway musicals, etc. Acoustic instruments are welcome. There is a small charge for vehicle access to Mill Creek Canyon. For questions or additional information contact Fred Tripp at 435-649-4507 or email at fredgtripp@gmail.com or Frank Bernard at Frankbernard55@earthlink.net. Plan on a fun afternoon/evening of hiking, socializing, enjoying good food and an opportunity to stretch your vocal chords (and bring any musical instrument that you'd like to play.)

**Aug 24 Wind Rivers Traverse Backpack – mod+ – 85.0 mi Shuttle – 10000' ascent – Moderate pace**

**Fri –** *Meet:* Registration required

**Sep 3** *Organizer:* Michael Budig mbudig@blazemail.com

**Mon** Dates and itinerary are tentative and should be more defined by mid-May. The plan is for a 10-11 day backpack across the Wind River Range (with probably about 13000 feet of elevation) more or less following the Highline Trail with some side excursions and great fishing opportunities. Please send email for more information.

**Aug 24 Hike: Diamond Peak, Idaho – msd – 6.0 mi Out & Back – 4200' ascent – Moderate pace**

**Fri –** *Meet:* Registration required

**Aug 26** *Organizer:* John Hamann 575-437-6303 john.hamann@holloman.af.mil

**Sun** Diamond Peak is the highpoint of the Lehmi Range at 12,197', and is one of the 57 ultra-prominent peaks in the continental US. My plan is to climb the east ridge, which involves some Class 3 scrambling in places. Much of the route follows a climber's trail. I would like to go sometime in mid-August through Labor Day weekend. The exact dates will be coordinated with the group. On Day 1, we'll drive about 270 miles to the trailhead at 8,000' and car camp. On Day 2, we'll climb the peak, and car camp or stay at a motel somewhere. Arrive home around noon on Day 3. We'll need 4WD vehicles to make it all the way into the trailhead. Contact me by mid-July if you're interested in going.

**Aug 31 Car Camp - Colorado 14er Trip - San Juan Range – msd – 20.0 mi Out & Back – 9000' ascent – Moderate pace**

**Fri –** *Meet:* Registration required

**Sep 3** *Organizer:* Gregory Bronder gdbkcb03@comcast.net

**Mon** 4 Day car camp to Colorado's San Juan Range. We will leave Friday morning and car pool to Lake City, CO. The drive will be approximately 8 hours (500 miles). On Saturday we will attempt a climb of the Wetterhorn (14,015 feet) via Matterhorn Creek. Expect significant Class 3 scrambling. Route will be 8.5 miles RT with 3700 feet of elevation gain. On Sunday, we will climb Uncompaghere Peak (14,309 feet) via Nellie Creek. Expect some scrambling, 5000 feet of elevation change, and 10 miles RT. If the group is feeling good and wants to spend another day, we can climb nearby 14ers Red Cloud, Sunshine, or Handies Peak. We will drive back to SLC either monday or tuesday, depending upon commitments and a group decision. Please email me if interested and to register. Car pooling costs to be split among participants

Sep 14 **Yellowstone Backpack – mod – 35.0 mi Shuttle – 5500’ ascent – Moderate pace**

Fri – *Meet:* Registration required

Sep 18 *Organizer:* Michael Budig mbudig@blazemail.com

Tue  
This backpack will be in the northwest corner of the park, a scenic mountainous area with scenic lakes and views. We will cover about 35 miles and 5500 feet of elevation in a 5-day loop with a shuttle required. Please email for more information or to register. Group size is limited to eight.

Sep 14 **Rock Climb- City Of Rocks- Tentative**

Fri – *Meet:* 1:00 am at City of Rocks Campground

Sep 15 *Organizer:* Nathan Schweitz 801-942-0852 nathanschweitz@hotmail.com

Sat  
I want to get an idea of how many people are interested. Thinking of coordinating this around the pioneer day holidays. Please send me an email if interested.

Sep 15 **Grand Teton Car Camp – mod – Moderate pace**

Sat – *Meet:* Registration required

Sep 22 *Organizer:* Aaron Jones 801-467-3532 ajonesmvp@msn.com

Sat  
Enjoy beautiful autumn scenery, bugling elk, and amazingly beautiful hikes. We will seek out the most spectacular dayhikes in Grand Teton National Park. Hikes may be nine to thirteen miles a day with the possibility of arranging two different groups.

Oct 6 **Trek Nepal In The Fall Hike – mod**

Sat – *Meet:* Registration required

Oct 26 *Organizer:* Bob Norris 801-943-6039 bobnepal@comcast.net

Fri  
Trek Nepal in the Fall. Join Bob Norris in October for a trip to the greatest mountain country on the planet! We will experience the various cultures of Nepal and trek through some of the most magnificent mountain scenery on Earth. We will go up the Khumbu to Everest base camp, with an option for higher and more adventuresome travel to Gokio Rhee and Kala Patar. For complete information including costs, daily trip description and a DVD of one of my past trips to the area, contact: Bob Norris 801-943-6039 bobnepal@comcast.net As these trips fill rapidly and advanced planning is necessary, let me know as soon as possible if you want additional information.”

Oct 6 **“the Wave” In Coyote Buttes Permit Area, Super Scenic Hike – mod- – 5.5 mi Out & Back – 350’ ascent – Moderate pace**

Sat – *Meet:* Registration required

Oct 7 *Organizer:* Tanner Morrill 801-809-0170 tannermorrill@gmail.com

Sun  
\*\*Trip is full\*\*Thanks\*\* This spectacular hike is an extremely rare opportunity, due to the required lottery. Located on UT/AZ border near Kanab. We’ll explore the area for 2 days: hiking, and possibly entry-level canyoneering, and tenting it at probably a no-services campground. Please apply (during June) for a non-transferable permit (\$5 fee) for 4-5 people for these days so we have a chance of going: October 7th, 14th, and 21st, respectfully, as your priority dates. Those who enter the lottery will be given priority on the trip.

**Oct 20 Canyoneering Prep- Rappelling Class – ntd+**

Sat *Meet:* Registration required

*Organizer:* Rick Thompson gone2moab@hotmail.com

Learn to rappel, and open the door to all kinds of new experiences and places. With proper instruction it is safe and easy- your fears are quickly banished. Whether you have never done it, or did once long ago and are not sure you remember, this is a great opportunity to learn not only how to do it, but also to be comfortable and safe on rope. Dogwood is the first picnic area in Big Cottonwood Canyon, just 1 mile up the canyon, on the right. Park on the highway to avoid a picnic area use fee, walk thru the site, up canyon, and follow a trail 50 yards past the last table to the climbing wall, and sign in on the Club sheet. A harness, helmet, leather gloves, locking carabiner and a descending device are needed, I have a few extra harnesses for folks who do not have and are unable to beg, borrow, or steal one, for a 5\$ rental/equipment replacement fee, but you need to make those arrangements with me in advance, as there is a limited number available. If you are renting gear from me, you should try an be there 15 minutes before the class, by 12:45, so we can get you outfitted before the class. This class is held in the afternoon to allow you to attend the Black Diamond Fall Sale/Parking lot swap meet that morning (800am) to hook up with some good gear, cheap, in advance.

**Oct 26 Canyoneering 101 – mod**

Fri – Oct *Meet:* Registration required

28 Sun *Organizer:* Rick Thompson gone2moab@hotmail.com

The North Wash is a great place to get started and learn some of the basics of canyoneering, with something for everyone in these wonderful southern utah sandstone slots. We will drive down Friday after work, and do canyons Saturday and Sunday, returning home Sunday night. If this is your first trip, you need to have taken one of the club rappeling classes as a prerequisite.(there is another on October 20).

**Nov 2 Canyoneering 201 – mod+**

Fri – *Meet:* Registration required

Nov 4 *Organizer:* Rick Thompson gone2moab@hotmail.com

Sun If you actually not only survived a 101 trip, but enjoyed it and are interested in the challenge of stepping it up a notch to the next level of difficulty, then this is your trip. Held again in north wash, you will need all of that NW equipment for the next go around.



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## **REI COMMUNITY CALENDAR ANNOUNCEMENTS**

**CONTACT: Celeste Eppler, EMAIL: [ceppler@rei.com](mailto:ceppler@rei.com), (801) 486-2100, ext. 207**

### **SANDY CITY - 10600 SOUTH & 230 WEST**

#### **Hiking with Kids Basics, Thursday, July 12th, 7pm**

Be patient and thoughtful, and soon you will find they are as excited as you are about spending a day outside. This program is designed to help facilitate your family fun outside, while recognizing your children's special needs.

#### **Bike Maintenance Basics, Thursday, July 19th, 7pm**

If you ride a bicycle, then you need this class! Informative presentation that will teach you how to lube a chain, fix a flat tire in record time, and make other minor adjustments to your bicycle! Leave your bike at home.

#### **Camp Cooking Basics, Thursday, July 26th, 7pm**

Introductory class on how to make easy and fun meals for your campsite cooking. We have years of experience to share, and we'd like to help you learn how to create easy and fun meals your way to tasty eating outside.

### **SALT LAKE CITY - 3285 EAST & 3300 SOUTH**

#### **Bike Commuting Basics, Monday, July 9th, 7pm**

Join long time commuter John Higgins about equipment, route choices, and riding safely in traffic. Colin Quinn-Hurst from SLC Transportation Division's Bicycle and Pedestrian Program will give updates about new cycling infrastructure including shared-lane markings, green shared-lanes, bike turn boxes and triggering traffic lights.

#### **Bike Maintenance Basics, Tuesday, July 10th, 7pm**

If you ride a bicycle, then you need this class! Informative presentation that will teach you how to lube a chain, fix a flat tire in record time, and make other minor adjustments to your bicycle. Leave your bike at home.

#### **East Canyon: A Hidden Treasure, Thursday, July 12th, 7pm**

East Canyon is one of the hidden treasures of the Utah State Park system with a beautiful reservoir to enjoy. No matter the temperature or time of year, there is always something to do for the outdoor enthusiast.

#### **Backpacking Basics, Tuesday, July 17th, 7pm**

REI will take the mystery out of backpacking. We will cover backpacking essentials: choosing a pack; selecting proper clothing; and the right footwear; and understanding the basic gear you need to reach your destination.

#### **Orienteering in Utah with O-Utah, Wednesday, July 18th, 7pm**

Learn how to orienteer! Orienteering is the sport of navigation with map and compass. It is often called the "thinking sport" because it involves map reading and decision-making in addition to being a great workout. Orienteering is easy to learn, but always challenging. Adults and youth 9+ with an accompanying adult.

#### **Camp Cooking Basics, Thursday, July 19th, 7pm**

Introductory class on how to make easy and fun meals for your campsite cooking. We have years of experience to share, and we'd like to help you learn how to create easy and fun meals your way to tasty eating outside.

#### **P.E.A.K. (Promoting Awareness in Kids) Training, Monday, July 30th, 6:30-8:30pm**

If you work with kids and want to teach them about outdoor ethics this workshop is for you! Join the Subaru/Leave No Trace Traveling Trainers for an interactive program that provides the necessary tools to educate youth about responsible recreation and active stewardship. PEAK is based on the seven principles of Leave No Trace.

#### **Camping Basics, Tuesday, July 31st, 7pm**

We will cover the basics including: how to be warm, dry and comfortable camping, gear and equipment necessities, ideas for fun activities; and great local areas to give it a try. Camping is an affordable way to take a vacation!

**WASATCH MOUNTAIN CLUB  
1390 SOUTH 1100 EAST  
SALT LAKE CITY, UT 84105**

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# **Cassie Badowsky's Mill B North Desolation Trail Memorial Day Hike**



*Photo by Stanley Chiang*

**L-R: Dave Parmley, Rebeka Bartlett, Lynette Brooks, Kathy Bell, Jim Kucera, Cassie Badowsky, Jim Humphreys (standing), Susan Allen, Gretchen Siegler, Bob Myers (lying down), and Hal Wallace (standing)**

**Visit us online at [www.wasatchmountainclub.org](http://www.wasatchmountainclub.org)**