

WASATCH MOUNTAIN CLUB 2022–2023

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Trustee (2021-2025)	Will McCarvill	801-694-6958	Trustees@wasatchmountainclub.org	
Trustee (2022-2026)	Zig Sondelski	801-230-3623	Trustees@wasatchmountainclub.org	

IN THIS ISSUE

- 4 President's Message
- 5 Welcome New & Returning Members
- 6 2023 WMC Board Election Candidate List
- 7 Social Media is Blooming!
- 9 Mark Jones WMC Historian
- 10 Centennial Merchandise
- 11 Forest Service Tricanyon Trails
 Master Plan
- 14 Trip Reports
- 37 Activity Calendar
- 43 November Organizers Thank You!
- 45 WMC Membership Application
- 47 50 Years Ago in the Rambler



Reynold's Peak Snowshoe (see trip report pg. 14)

ON OUR COVER:

Zig Sondelski organized an 18-day Annapurna Trek Circuit. The photo shows a side canyon seen on the descent from Thorong La Pass (L to R): Steve Duncan, Hari (Guide), Paula McFarland. See trip report on pgs. 20-32.

Photo courtesy of Patrick O'Connor



The Wasatch Mountain Club is an outdoor recreation club for adults dedicated to fostering awareness of the scenic beauties of the Wasatch and encouraging preservation of our natural areas. Club activities include hiking, backcountry skiing, backpacking, camping, conservation, trail maintenance, canoeing, climbing, canyoneering, kayaking, mountaineering, mountain biking, road biking, river rafting, socializing, snowshoeing and multi-day adventures.

wasatchmountainclub.org info@wasatchmountainclub.org 801-463-9842

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President's Message



Happy New Year! The new year is always a time for reflection. Looking back on 2022, it was so good to feel like we were getting back into the swing of things after a couple of difficult years. Now it's time to welcome in 2023, and we're off to a great start for outdoor recreation. It's a great time for all kinds of skiing variations, snowshoeing, winter hiking, winter biking, ice climbing, indoor rock climbing, and canyoneering training. All these activities and more are posted on the Wasatch Mountain Club online calendar!

The primary reason I joined the WMC was because I ran out of friends and family to go out with. It was too hot, too cold, too windy, too dark, too stormy, too steep, too long, too hard, too early, too late, etc. etc. In all fairness, occasionally they were right. But not usually :

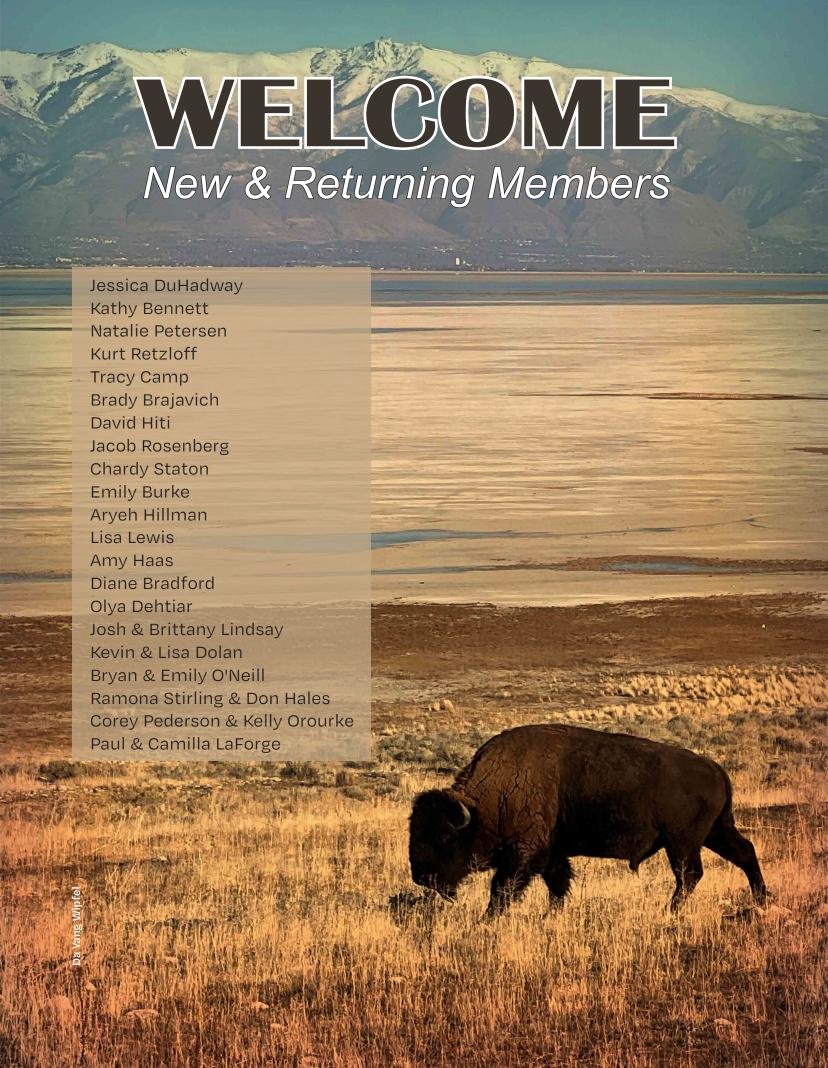
I've never been a skier. As a Utah native, I know that's weird, but it's just something that never appealed to me. Winter was my dreary gym time, necessary so that I wouldn't be sucking wind when spring hiking begins. But I discovered a new love for winter when I started winter hiking. I have the DNA to walk a lot of miles up and over big mountains with a heavy load in some pretty rough conditions, so I'm not sure why it too me so long to figure this out. Fortunate for me, a few other clubbers enjoy hiking in the dark and in the cold as well.

But it's not for everyone, and that's the beauty of the WMC. If there is something we want to do and we don't see it on the calendar, we can post it and there's a pretty good chance that someone come. The best activities to organize are things you love to do and you're going out anyway. For a new idea, it's good to shoot out an email to see if there is any preliminary interest. It's also good to have a co-organizer so that you know there will be at least two! Then out we go, to enjoy another glorious day.

In January, the American Hiking Society is kicking off another year of its NextGen Trail Leaders program (https://americanhiking.org/ambassador/#nextgen). While the AHS has a more formal, structured, and funded program, the WMC has been mentoring young organizers in all kinds of outdoor recreation activities for over 100 years. Maybe 2023 can be our year of formalizing our own NextGen organizers!

- Julie Kilgore, WMC President





2023 WMC BOARD ELECTION CANDIDATE LIST

The next annual election of the Wasatch Mountain Club Board of Directors will occur at the membership meeting on February 1, 2023 (see calendar for more details). The WMC is a volunteerrun organization including the Board. The candidate list to the right includes the roles to be elected by WMC members at the upcoming membership meeting. Other board roles are appointed by Directors.

The 2023 Nominating Committee members are Donnie Benson, Greg Libecci, and Giulia Roselli. Each year, this committee oversees the annual election of the WMC Board of Directors. Serving on the WMC Board of Directors is a worthwhile and rewarding undertaking.

The WMC is most grateful to its current and former Board of Directors and encourages its members to consider filling a position. If interested in serving on the Board, please contact the Nominating Committee by email at

info@wasatchmountainclub.org or by leaving a phone message at **801-463-9842**. Your information will be promptly forwarded to the Committee.

New candidates and vacant positions are highlighted.

Executive Officers

Julie Kilgore President
Steven Gadd Secretary
Merilyn Kessi Co-Treasurer
Tillman Seebohm Co-Treasurer

Administration

Bret Mathews Information Technology Officer
Heidi DeMartis Membership Director

Dea Nelson Public Relations Director

Steve Leitch Publications Co-Director

Brenda Leitch Publications Co-Director

Biking

Craig Williams
Biking Co-Director (Mtn. Bike)
Cecil Goodrick
Biking Co-Director

Boating

Luke Johnson Boating Co-Director
Kay Tran Boating Co-Director

Climbing/Mountaineering

Mark Maier Climbing / Mountaineering Director

Conservation

Dennis Goreham Conservation Director

Hiking

Andy Payne Hiking Co-Director
Paula McFarland Hiking Co-Director

Social

Debbie Olson Social Co-Director
Nina Shah Social Co-Director

Winter Sports

Steve Duncan Winter Sports Director

Trustees

Brad Yates Trustee 2020-2024
Will McCarvill Trustee 2021-2025
Michael Budig Trustee 2023-2028
John Veranth Trustee Emeritus
Zig Sondelski Trustee 2022-2026



Social Media is Blooming!



If you have a social media outlet and want to help us promote the club or have the club's support for one of your events, JOIN US: You can add the club's Hashtags (see below) to your post (on the caption) mainly to promote the club:

#WMC #WasatchMountainClub

And these other ones related to the activity:

#wasatch	#trailfriends	#outthereeveryday	#mountaintime
#wasatchmountains	#sundayfunday	#isalifewelllived	#peace
#lifeelevated	#utahpeakbaggers	#happyplace	#love
#beutahful	#littlemountaingoat	#ihikeutah	#mountains
	#alifeoutdoors	#happytrails	

Do you have some hashtags you want to share with us? Please submit them in an email and we will shared them with all the team members in the next edition of The Rambler

Thanks, Dea Nelson, WMC Social Media Coordinator



Winter Sports Director's Message

Greetings snow enthusiasts! I'm looking forward to a fun and safe winter season and as you all know, the Utah Avalanche Center is a key part of our safety. The Wasatch Mountain Club will be matching the first \$1,000 of donations to the UAC this season, just email me a

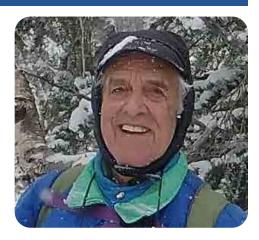
copy of your donation receipt and I'll get it submitted for matching dollars.

Steve Duncan, <u>duncste@comcast.net</u> Winter Sports Director



Tuesday Snowshoe, Park City Environs with Vince

Vince DeSimone is organizing a Tuesday snowshoe group (MOD) again this year!! We go places in the Park City area including the Uintas where snowshoes are the best means of travel. Expect friendly conversation; you will feel welcome and comfortable. For meeting location and last-minute details, join the WMC Snowshoe email list (see page 42 for instructions) for automatic notices or updates for all these Tuesday trips throughout the winter. Avalanche safety gear (beacon, probe, shovel) is not required on most trips but may be



required depending on location, conditions and weather if noted in the posting in the WMC Snowshoe email listing. Vince prefers cyberspace for questions and info at: vincedesimone@yahoo.com or 435-645-9344.



Mark Jones - WMC Club Historian

History is full of examples of people being called, chosen, elected, or appointed to take the reins from a larger-than-life predecessor. In the idiom of today, we say, "they have big shoes to fill."

Recently, Alexis Kelner resigned his position as Historian of the Wasatch Mountain Club because of health considerations, a position he held for an incredibly long time. In his letter to the Club Board, he recommended Mark Jones as his replacement. Alexis left big shoes, but Mark Jones is clearly up to the task of filling them.

Mark was born and raised in the shadow of the Wasatch Mountains. He loves them and has spent a lifetime working and recreating in their grandeur. He worked on construction projects in Park City in the early 70s when there was little traffic, one stoplight, and almost no one traveled by airplane to ski there.

Mark joined the Wasatch Mountain Club in 1990 and participated in hiking, skiing, and snowshoeing activities, always with a camera. Mark loves photography! Prior

to smart phones, Mark was that guy who took all the pictures—actual 35 mm pictures from rolls of film, prior to everything being digital. He believes history comes alive in photos and is dedicated to preserve the past and pull it forward with his camera.

One of Mark's most significant and lasting contribution to the Club was helping Alexis preserve approximately 2,500 pictures that were being stored in albums at the Lodge and in Club member's basements. These photos and history are now preserved in the WMC Special Collection at the University of Utah Marriott Library. In 2018, Mark joined the Club's Centennial Planning Committee because he loved photography and history and wanted to see the two blended together. His Centennial project was the calendar, filled with old photos of Club members and activities, which was mailed to each Club member. It was a huge hit!

You might say Mark stumbled into his current historical project. He is writing a short book, filled with pictures of a forgotten ski area in Utah. Because of Mark's fascination with photographic history and his natural inquisitiveness, he noticed some old WMC skiing pictures. As he dug deeper and investigated the pictures, he found that they told a story of a ski area used by WMC pioneers that predates Utah's oldest resorts of Brighton and Alta. If you love skiing, Utah mountains, and history, Mark is certain you will love his current project.

The Club means so much to Mark. He marvels at the people he has known and gone on outings with and feels blessed to be part of an organization that has survived a depression, several major wars, lots of economic booms and busts, is run by dedicated volunteers, and is still going strong.

His advice to us all is to go slow, take one step at a time, and enjoy the journey. Oh, and take lots of pictures!



Celebrate the Legacy by Giving

We are grateful for your generosity in 2021 towards achieving our \$25,000 goal!

There are limited quantities of Centennial Thank-You gifts still available if you want to contribute to the Education Endowment. Get yours today!

- Donate to the WMC Centennial Education Endowment Fund: Create a lasting legacy at the University of Utah. Details on our website. Use this form to receive Thank-You gifts, or donate on-line.
- Advertise in the Rambler: If you or someone you know would like to reach our 1,000+ members plus hundreds of readers, email: rambler@wasatchmountainclub.org

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THANK-YOU GIFT	DONATIO	N X	NO.	= SUBTT
CENTENNIAL EDUCTION ENDOWMEN	T FUND (V	VMC L	OGO I	TEMS)
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Cent. Drink Coasters (2) Ltd. Stock	\$5	Χ	=	
Cent. Koozie w/ Biner	\$5	Х	=	
Adventure Tumblerwhiteblack	\$30	Χ	=	
Cent. Canvas Tote 14"x14"x4"Ltd. Stock	\$10	Χ	=	
Cent. Reusable Silicone Cup	\$10	Χ	=	
Ladies' Centennial T-shirt, Bright Blue				
SMLXL2XL	\$20	Χ	=	
Men's Centennial T-shirt, Charcoal Gray				
SMLXL <mark>o^{ut}</mark> 2XL	\$20	Χ	=	
Ouray 23034 M Performance L/S T (WMC	C Logo - Ur	nisex)		
WhiteSM outXL	\$30	Χ	=	
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Cent. Journal Notebook	\$20	Χ	=	
Cent. Baseball Cap, White	\$20	Χ	=	
Cent. Baseball Cap, Green	\$20	Χ		Out
Cent. Visor Ltd. Stock	\$20	Х	=	
Hiking the Wasatch, AUTOGRAPHED	\$30	Χ		Out
Ski History of Utah AUTOGRAPHED	\$30	Χ	=	
Donation (NO GIFT NEEDED)	PLEASE S	PECIF	Y =	
SPONSORED PRODUCTS				
Sandal-toe Socks PAIR	\$5	Χ	- -	Out
Wasatch Hiking Trails Map	\$14	Χ		Out
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Heater Headband Ltd. Stock	\$20	Χ	=	
Donation (NO GIFT NEEDED)	PLEASE S	PECIF	Y =	
SHIPPING/HANDLING (if delivery is needed) = \$5.00				
DONATION GRAND TOTAL:				

The Forest Service has Kicked Off its Long Awaited Tricanyon Trails Master Plan

by Will McCarvill

Finally, The Salt Lake Ranger District and its partner, Salt Lake County, has begun the public phase of developing a trails Master Plan for Little Cottonwood, Big Cottonwood and Mill Creek Canyons. The web site, *tricanyontrails.org*, is the place for you to go to get up to date on meetings and events, submit comments and play with an interactive map where you can have all sorts of fun. It is important for WMC members to participate as this plan will define the next 30 years of our enjoyment of the Wasatch. Several of our members have participated in the early stages of field data collection and situation assessments over the last two years. The next phases include public listening sessions resulting in a draft 1 review in summer of next year. A draft 2 review will be held late in 2023 with a final adoption in early 2024. This is a pretty short fuse for such a complex undertaking. I believe we all understand the need for this as exploding recreation is affecting all aspects of our outings from parking to powder snow.

We will be keeping you informed during this process and will need your help in ensuring watershed and ecosystem heath while providing diverse recreation opportunities.





Congratulations!

Paula McFarland has completed her 100 activities and awarded a jacket!



Jacket recipients to-date are:

Sue Baker	Julie Kilgore	Paula McFarland
Steve Duncan	Jim Kucera	Christine Pilgram
Akiko Kamimura	Bret Mathews	Irene Yuen

Great news, there are still 91 jackets available! Grab that centennial journal, notebook, or calendar, and track your WMC activity participation. The first 100 club members to participate in 100 posted club activities will receive a WMC "Activity Challenge" jacket.

Here are a few rules:

- Starting January 1, 2022, start recording any activity you participate in that is posted on the WMC calendar.
- Any activity that is posted on the calendar will count. That includes club socials, membership meetings, singalongs, board meetings, boating permit parties, trainings, etc. If it's posted on the calendar (which means the activity is an approved WMC activity), it counts. No fair backdating an activity, or only give an hour notice! Stay within the spirit please.
- For multi-day activities, each day the activity is posted on the club calendar can be counted as a separate activity. You'll be doing something fun and different every day, right? If the travel day is included in the post, that counts too. It's an important "activity" of sharing resources, planning, and camaraderie.
- Take your time. All 100 activities do NOT have to be completed by the end of this year.
- Activities prior to 2022 do not count, EXCEPT the activities that enthusiastic clubbers recorded from January 1, 2020, through March 22, 2020, when the original Centennial Activity Challenge was launched.
- Once you record 100 activities (or 100 days of activities, if you participate in multi-day events), submit your documentation to the board. You will be highlighted in the Rambler, and you will get your prize at the next membership meeting.

The more club activities you participate in, the sooner you reach the goal. If you don't see an activity that suits you, jump in an organize or co-organize!

Volunteer Raffle (2022-23)

Each year the club holds an appreciation banquet to show our support and appreciation for our organizers and other volunteers. To qualify for the banquet, a member must organizer at least two activities or one multi-day activity. This year, the banquet will include a raffle. Everyone who qualifies for an invitation to the Banquet will get a raffle ticket Throughout the year, we'll collect a variety of fun and interesting prizes.

ORGANIZER RAFFLE

Let's show our volunteers & organizers how much we appreciate them. If you have an idea or prize donation you'd like to share, send an email to: *info@wasatchmountainclub.org.*



Boating Co-Directors' Message

Hello, boaters!

Well, the year is over, and it's time to start thinking about next year! Did you realize that permit applications will be opening soon? Watch for that. Our annual virtual permit party and our in-person planning party are on the calendar.

In other news, Dianne and I will be stepping down as your co-directors, and our very own Luke Johnson is stepping up.

Luke says...

I've had the pleasure of paddling with a few of you and look forward to sharing adventures with some new faces. The WMC boating program is what really drew me into the club and I'm stoked to give something back. I've got a few floats I'd like to do, but the vibrancy of the club depends on everyone! So bring your ideas and your stoke and let's get wet!

Kay Tran will be supporting Luke as a co-director, and a coordinator or two are needed to help out. If you think you could give him a hand, contact Donnie Benson or another member of the nominating committee.

See you on the water! Kelly, Dianne and Luke

Join us for our 4th Annual Virtual Permit Party!

Be sure you are signed up for boating emails!

January 8 -20 (via email)

Stay tuned for planning party information!

Questions?
Luke Johnson
huckleberry78360@gmail.com

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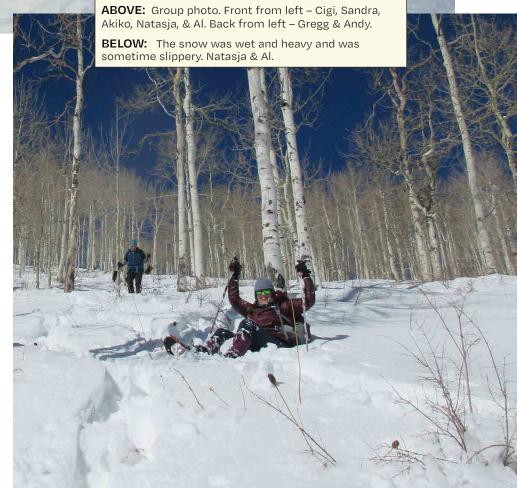


Trip Reports

Reynolds Peak & Toms Hill Snowshoe, November 13th



We had two new members, Natasja and Gregg, who joined us to snowshoe/split board to Reynolds Peak and Tom's Hill. There was good snow coverage from the beginning. Cigi found she did not bring the bindings of her snowshoes and turned around before getting to Dog Lake. Meanwhile, Gregg, who was on split boards, took a different way that was easier for split boarders. We met Gregg at Reynolds Peak. All of us snowshoed/split boarded to Tom's Hill. From there, snowshowers took a route in the forest while a split boarder (Gregg) went to a more open route. The snow was wet and heavy. But we certainly enjoyed lots of snow for November.







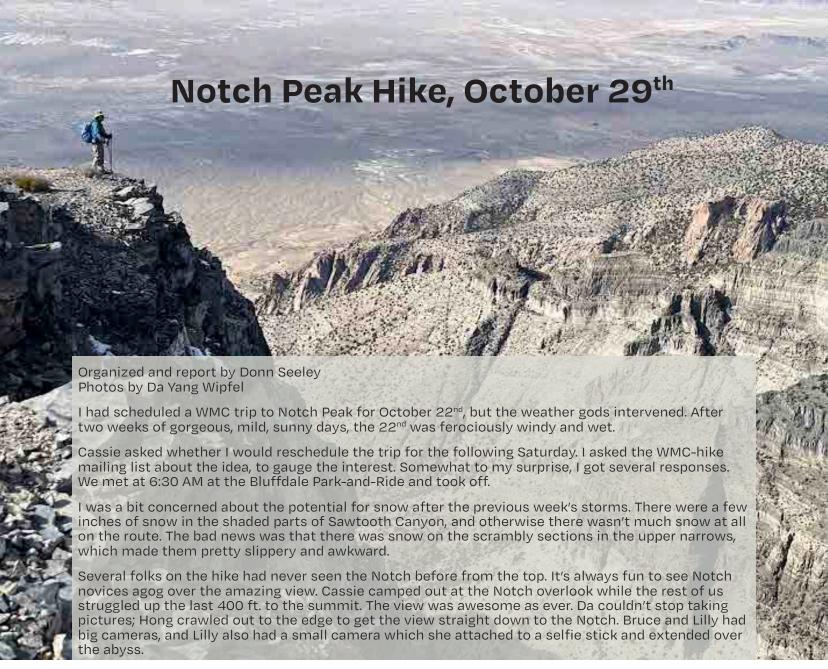
Green's Basin Snowshoe, November 25th

Organized, report, and photos by Teri Jenkins

What a lovely day it was the Friday morning after Thanksgiving when 10 intrepid snow hikers met at 9:00 am to hike up to Greens Basin from Days Fork in Big Cottonwood Canyon. Half of us used snowshoes and half of us used spikes on our boots. We marveled at the amount of snow for late November, and except for that first steep mile, we had an easy hike to Greens Basin. Members of the club had been up this trail in previous days to clear out logs and branches that had fallen over the trail, so our climb was largely unimpeded. Greens Basin was lovely as ever and the snow crystals were glistening in the sun-dappled light. At the basin, the snowshoers led the way up to pack the trail down for the rest of us as we trudged up the hill to find our sunny lunch spot. We spread out a tarp, and shared all kinds of food, hot tea and wine. Laughter, good food, chocolates and great company made for a very pleasant lunch in the high mountains. We are indeed lucky to live here. Two club members, Kyle and Tony, fell back from the rest of us on the way down, to cut away more logs and debris from the trail. Now that's dedication. May this traditional day-after-Thanksgiving snow hike continue year after year!

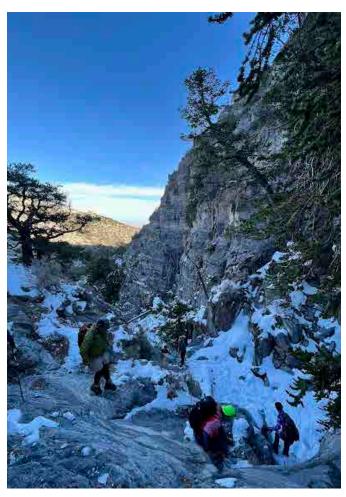




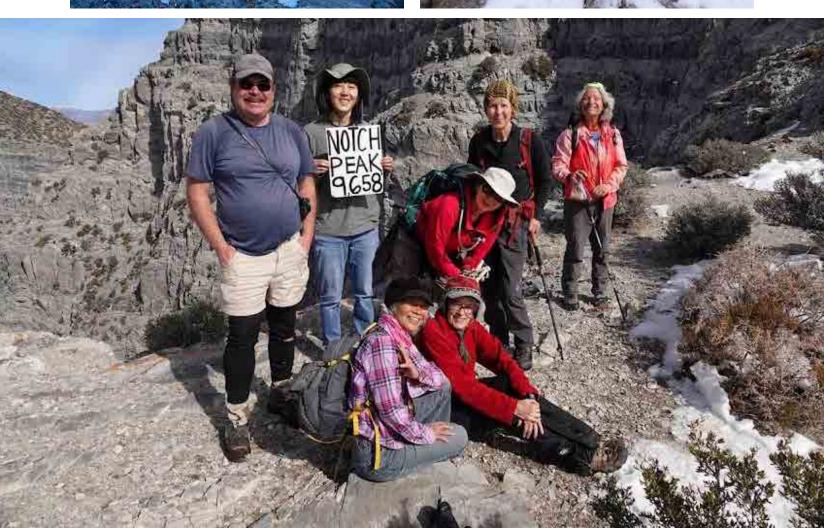








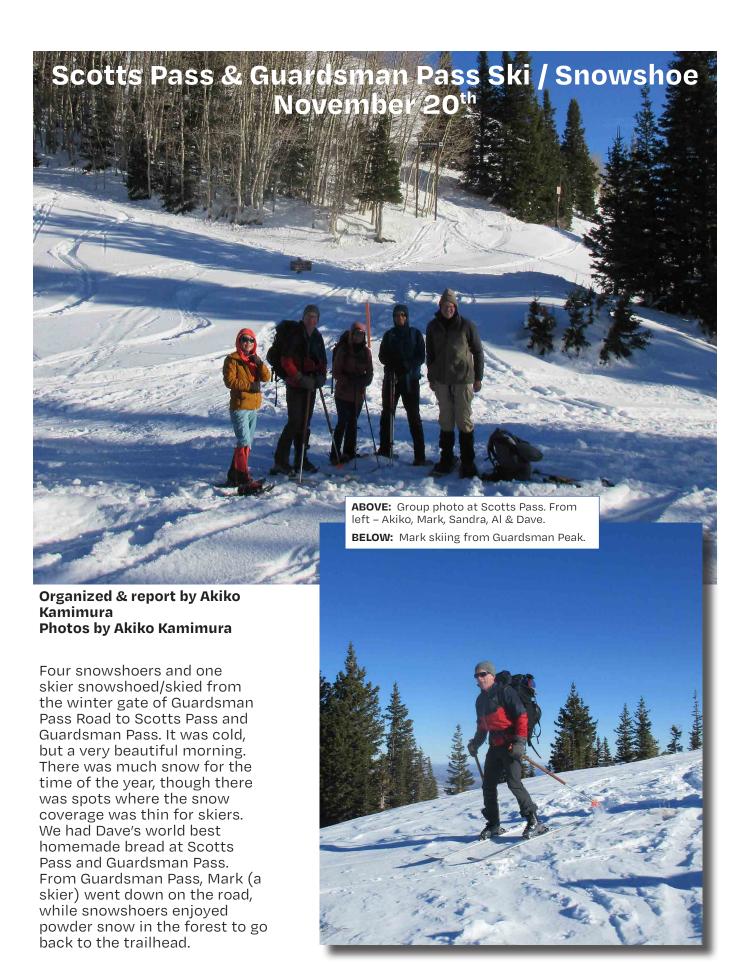




Jeep Benchmark Hike/Snowshoe November 19th



Jeep Benchmark (8,050 ft) is located south of Centerville Canyon and is rarely climbed because there is no trail to go to the summit. Winter is a great time to bag the peak to avoid significant bushwhacking on the last part to the summit. We met at Bountiful Staging Area and carpooled by Ed's 4-Runner to get to the winter gate on FR 177. The snowline was below 7,000 ft. We thought we might not be able to get to the winter gate because the road was covered with ice and snow. Ed did a great job! We could start from the winter gate. After snow hiking 3.37 miles, we went off-trail to get to the ridgeline. Jessica and Akiko put on snowshoes. Ed and Kurt did not bring snowshoes and turned around soon after. Jessica and Akiko snowshoed to the summit and enjoyed beautiful 360 degree views. This hike/snowshoe took 5 hours and 15 minutes in total including breaks (distance – 8.46 miles, elevation gain – 2,106 ft).





Annapurna Circuit Trek October 23rd - November 19th

Organized by Zig Sondelski

Report by Mark Grosser / Photos by Patrick O'Connor, Nathan Sondelski, Deena Martin, John Martin and Mark Grosser, Lisa Verzella

We gulped at the thin air, our feet felt like lead, we braced ourselves against the single-digit cold. Since 4:15 AM we had been ascending the icy slopes leading up to the High Pass, Thorong La, at 17,769 ft. The sun had just risen over the wall of sawtooth ridges behind us, setting ablaze our world of white, but up ahead, we crested ridge after ridge only to find another false summit hiding the elusive pass. In some part of our minds, it seemed possible, even reasonable, to give-up and turn back, despite the 19,000 feet of climbing, the 60 miles of hiking, and the 6 months of planning and preparation it had taken to come this far...

It was almost three years ago that Zig Sondelski first proposed a trek on the Annapurna Circuit—a roughly 135 mile hike around the Annapurna Massif in the heart of the Himalayas in western Nepal. Considered by many to be one of the best long distance hikes in the world, the trek traverses two river valleys combining 4 climate zones (temperate to arctic) and a variety of ethnic regions steeped in Hindu, Buddhist, and Tibetan traditions. The most popular route ranges from around 4,000 ft. up to 17,769 ft. at Thorong La Pass and requires over 30,000 ft. of ascent to complete. The COVID pandemic caused the expedition to be canceled in 2020 and 2021; in 2022, with COVID restrictions still in effect, a third round of preparations went forward on faith.

Preparation

Interest from Club members led to the formation of two teams, one led by Zig ("Team Z") and one by Mark Grosser ("Team M"). The final rosters were—

Team "Z:"

Zig Sondelski, Bret Mathews, Barbara Boehme, Nathan Sondelski, Lisa Verzella, Deena Martin, John Martin, Jim Hanson, and Liam O'Donnell.

Team "M:"

Mark Grosser, Patrick O'Connor, Steven Grosser, Steve Duncan, Paula McFarland, Heidi Demartis, Shane Andrus, and Geoff Gregg.

Teams Z and M worked together through the Summer and Fall on planning with Zig as the lead trip organizer. Monthly potlucks were held at various homes to discuss itinerary, climate, terrain, trail conditions, gear, clothing, luggage, vaccinations, medications, permits, visas, security, acclimatization, hiking methods, diet, water purification, finances, insurance, tips, communications, and various "what if" scenarios. Training included high-altitude hikes in the Sierras, Uintas, Wasatch, and Colorado Rockies. Lessons learned from the Kilimanjaro and Everest Base Camp treks in 2013 and 2016 proved helpful.

After researching various outfitters, Zig selected Outfitter Nepal (ON) to provide Nepali guides, which are required under Annapurna Conservation Area Project (ACAP) rules. ON would provide teams Z and M each with a guide, assistant guide and, for every two participants, one porter who would carry up



to 10 kilos per trekker. The guides would assist with safety and trail interpretation and arrange for guesthouses and meals enroute.

"Plan of Attack"

Working with ON, Zig mapped-out a 17-day itinerary designed to give us the best chance to acclimatize to the high elevations. We would ascend gradually and have a "rest day" each 3000 ft. once we reached Manang at 11,590 ft. On recommendation from ON so that we didn't overwhelm the trail or the guesthouses, Team M was scheduled to follow one day behind Team Z on the same itinerary, the two teams connecting on rest days. Upon arrival in Nepal, each team would spend a day and night in

Kathmandu to sightsee, secure any last-minute gear, and finalize arrangements with ON. A post-trek rest and sightseeing day was also planned for Pokhara. Several of us also added a two-day visit to Chitwan National Park in southern Nepal before flying home.

To our great relief, COVID restrictions eased over the Summer. Our final weeks of prep rushed by, and on October 23rd and 24th, the 17 members of the 2022 Annapurna Circuit Trek expedition left for Nepal, most heading west, a few heading east, to rendezvous on just-about the exact opposite side of the globe in Kathmandu.

Kathmandu

On our free day in Kathmandu we toured the city, visiting Swayambhunath Mahachaitya (the "Monkey Temple"), Boudhanath Stupa, and Pashupatinath Temple complex where we all felt a bit out of our comfort zones witnessing the open-air cremations at Pashupati Aryaghat. The following day, we boarded a pair of jeeps for a 7-hour ride west to Jagat (elev. 4265 ft.) and took rooms at the "North Face River View Guests House," where our treks would start the following morning.

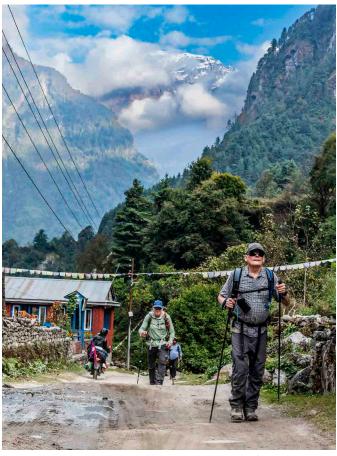
Day 1: Jagat to Danakyu

Logistics and prep at last complete, packs on our backs, the path at our feet, we stand in the courtyard of our guesthouse with our guides and porters and realize there is nothing left to do but begin! Our guides call out "Zum zum!," Nepali for "Let's go!" On the cool, clear mornings of October 28th and 29th, teams "Z" and "M" set out on their trek.

From Jagat we climb under crystal clear skies to the northwest, ascending the valley of the Marshyangdi river, a narrow, deep gorge that affords direct sun only part of the day. Passing waterfalls many hundreds and even thousands of feet high, we alternate between jeep tracks and footpaths, at one point crossing the river on a suspension bridge—the first of many we would encounter on our ascent to Thorong La pass. We



Pashupati Aryaghat, Kathmandu



Steve Duncan and Geoff Greg ascending from Jagat



crane for views of Annapurna summits but only catch far-off glimpses from the deep canyon that keeps hold of our trail.

Twelve-and-a-half miles of hiking with 4,099 ft. of ascent and 1,503 of descent bring us to the village of Danakyu at 6,937 ft., where we take rooms at the "Royal Mountain Cottage" for the night. We would look back on this day later as one of our most difficult due its length and the many long climbs. Despite the day's ascent, we remain deep inside an immense canyon, enclosed in walls of gray rock and forested hillsides, all capped by a ribbon of blue. Night unfurls a cloak of brilliant starlight trailing the crescent moon.

Day 2: Danakyu to Chame

We continue bearing northwest up the canyon of the Marshyangdi. As we gain elevation, side canyons or hanging valleys sometimes afford a break in the walls of our gorge and, if the clouds that often shroud the heights also permit, one or another peak of the Himalayas may show its jagged white summit ablaze in sunlight. One trekker reflects in their journal:

"Like many things of great beauty or that hold great wisdom, these peaks are slow to reveal themselves, and it is very special when they do. But are these peak glimpses the most special moments of the trek so far, or is it the indescribable sweetness of a Nepali child calling out "Namaste" and running from their mother's lap to greet us as we pass their home? I can't decide."

At one point, we gain an impressive view down the canyon revealing the nearby himal of Manaslu, around which there is another circuit trek that is much less well-known than Annapurna but said to be just as scenic.

Eight miles of hiking, 2,669 ft. of ascent, and 879 ft. of descent bring us to the town of *Chame* at 8,840 ft. As we near Chame, we gain our first good views of Annapurna II.

Our home for the night, the "Hotel Marshyangdi Mandala," sports a trekking supply shop and dining hall in front and in back a path leading down to a few rows of small cottages, each with two cots, blankets, and an electrical outlet. Alongside the cottages are shared bathrooms (one even with a "Western" toilet) and wash rooms with warm showers possible in the daytime. All this plus WiFi in the dining room make this guesthouse a pretty high-end affair by local standards.

Chame, and the villages of the Marshyangdi

We find *Chame* to be much like many other towns or hamlets we have passed through on the trek so far—a single narrow track, partly paved but mostly dirt, just wide enough for a vehicle and perhaps a motorcycle to squeak past, or 3 hikers (or farm animals) to walk abreast, set at whatever gradient the land allows (often steep), framed tightly on both sides by a row of stone and wood cottages, tea houses, or small businesses, all this perched (sometimes in a gravity-defying way) on mountain slopes or narrow shelves overlooking the ever-rushing whitewater below. *Chame* is larger than other towns we've passed on the hike—a 15 minute walk from one end to the other, some larger buildings where the lay of the land allows, and in and amongst those small (by our standards) structures tucked along the main track, a police office, a few one-room banks, and some shops stocked with tourist goods, snacks, and trekking supplies—even a bakery!





Day 3: Chame to Upper Pisang

We continue bearing generally northwest up the valley of the Marshyangdi. The gorge widens further today, opening-up wonderful views of several nearby summits. Late in the morning we hike along the foot of an immense scalloped cliff—the Pisang Wall—swept by snow on its upper reaches. Nine miles on trail with 2,713 ft. of ascent and 782 ft. of descent bring us to the hamlet of Upper Pisang, at 10,762 ft.

In the evening, we visit a stunning Buddhist monastery perched above town, where we find a few dozen women from the village sharing a communal dinner in the sanctuary with monks seated around them. A

few of us linger to hear the monks chant their evening prayers as outside the open entryway the setting sun glazes the shoulders of Annapurna II in yellow and orange.

A Typical Day on the ACT

By this point in the trek we've settled into a fairly consistent routine: awake at 6:00 AM, breakfast in the teahouse dining hall at 7:00, on trail around 8:00, lunch around noon at a hamlet along the way, stop at next tea house by around 2:00 PM.

The rest of the afternoon is open, so we explore the local area to see what "microadventures" may unfold. The serendipity of these unstructured walks give us many of our trip highlights. We gather back at our teahouse for dinner around 6:00 PM and are free again after that. Dark has usually fallen by now and finds us huddling and socializing with



Gate to the Urgyen Thegchhog Chholing Monastery at sunset, Upper Pisang

our group and other trekkers, guides, and porters in the relative warmth of the dining room, everyone grabbing seats as close as possible to the precious stove, often fueled by yak dung. By 7:00 or 8:00 PM fatigue (or just the knowledge that sleep is necessary) has driven most of us to our unheated rooms where we fend off the night cold with extra layers, sleeping bags, and the blankets supplied by the teahouse. Still on internal clocks half a world away, we're often awake long before dawn. The nights are long, and we're thankful when hot tea and breakfast are finally served.

Day 4: Upper Pisang to Manang

We continue to the northwest up the Marshyangdi valley. Ten miles on trail, 1,676 ft. of ascent, and 916 ft. of descent, bring us to the town of Manang at 11,590 ft. Approaching Manang the gorge we've been ascending grows much wider, affording sweeping views of surrounding summits—Annapurna II, III, IV, Gangapurna, Tilicho, Syagang, and Chulu.

Day 5: Rest Day in Manang and Hike to Praken Gompa

After breakfast we climb 1200 ft. up the mountainside east of town to the secluded Praken Gompa monastery, also known as the "Hundred Rupee Lama Monastery" because the Lama who resides there offers blessings for safe passage over Thorong La for a 100 Rupee donation. Team M is disappointed to find the monastery closed, but Team Z got the blessing and bracelets (read on to see if they worked!).

We spend the afternoon exploring the narrow footpaths of Manang, winding our way through aged stone and timber homes, exchanging broken words with a few locals who are curious where we are from and who reply with a smile and seeming pride, "I am Nepali." Paula McFarland, Steve Duncan and others go in search of the post office, a quest that takes them through a stable, up a ladder, and past





laundry to an all-but-hidden room on the second level of a traditional home. Others would find amidst the gray and weathered stone buildings the polished white dome of a stupa, adorned to perfection with intricate sculptures and paintings rooted in Buddhist and Hindu tradition. These special places seem to be mostly the product of local funding and labor. The great contrast between the simplicity of the homes and the incredible artistry poured into these religious places says much about the values of the Nepali communities we are passing through.

Day 6: Manang to Yak Kharka (Team Z) or Letdar (Team M)

We depart Manang heading north up the canyon of the Jharsang Khola, a right fork of the Marshyangdi. Since Jagat, our route has followed a mix of sometimes-dusty jeep tracks and pleasant footpaths, but now the jeep track ends and we are on trails only. There is also no electricity beyond Manang. Our accommodations would be much more rudimentary for the next five days until Muktinath.

Team Z stops at Yak Kharka for the night; Team M, on the advice of our guides, continues a bit further to Letdar, situated at 13,862 ft., which we gain after 8 miles on trail, 2,615 ft. of ascent, and 422 ft. of descent. The sunny dining hall in Letdar draws in a jovial mix of guides, porters, and trekkers from around the world, where Shane Andrus and other talents give-forth for a few hours of raucous communal singing aided by an old found guitar and a traditional drum. Alternating between Nepali and Western tunes, a wonderful time is enjoyed by all. (It seems every nationality can sing the lyrics to "Free Fallin'.")

Day 7: To Thorang Phedi

We're now above tree-line and ascending a narrowing canyon with tremendous views up and down. We come to a point where a landslide has cross-cut a steep segment of trail. Suddenly several soccer-ball sized boulders rocket past us from above and we realize the area is still unstable. Our guides position themselves on both sides of the unstable chute and signal us across one-by one. The tricky area passed, we continue to Thorang Phedi covering three-and-a-half trail miles with 1,358 of ascent and 344 ft. of descent. We're at 14,843 ft. now and all feeling challenged by the altitude and cold.

Day 8: Rest Day in Thorang Phedi, with Hike to High Camp Viewpoint

We stop for a rest day, but as on our prior rest days, we practice the principle of "hike high sleep low" with an acclimatization hike—this time to High Camp and an overlook just above that. It's a slow, tough climb, but only a mile long, and it boosts our confidence that we'll be able to hike back to that point tomorrow without trouble.

Day 9: Thorang Phedi to High Camp, plus Day Hikes

A mile on trail and 1,136 ft. of ascent bring us back to High Camp at 16,042 ft., our last stop before crossing Thorong La Pass the following day. Members of our parties then take various day hikes, some to High Camp Viewpoint, some on improvised routes, some toward the pass—with one hiking all the way to the pass.



Day 10: High Camp to Muktinath, over Thorong La Pass

We're up at 3:30 AM to grab a quick breakfast and begin our final climb of 1700 ft. to Thorong La Pass at 17,764 ft. Dressed for single-digit cold, microspikes at the ready, we form a train of glowing headlamps weaving westward up the switchbacks. The snow-covered slopes glow in starlight after the setting of the almost-full moon. An hour passes, then the eastern peaks behind us are suddenly in relief against the gentlest breath of lavender you can imagine. By slow degrees the mountainsides reveal themselves in pink light. Finally the approaching sunlight paints the countless summits in blades of orange and yellow and the snowy mountain world

comes full to life around us. Its magnitude is awesome and humbling. Our efforts feel meager and insufficient before the mighty mountain; the heights rob us of oxygen and diminish our strength. We cross continuous snow fields as we ascend hill after hill. We rest step, pressure-breathe, and gulp for air—but our time spent acclimatizing is helping us meet the challenge, and tiny step by tiny step, we chisel away at the ascent, closing the distance to the pass. Suddenly we see above us a hilltop that's different—an island of bright colors on the sea of white! A waterfall of prayer flags streaming from the pass and a marker with a few dozen brightly-clad trekkers gathered around it.

We had made it! The 17 hikers of the Wasatch Mountain Club's 2022 Annapurna Circuit Trek had all reached Thorong La pass without injury, without altitude sickness. We relish the triumph, filled with relief, gratitude, and awe. A dozen languages, maybe more, fill the air—Nepali, French, English (several strains), Russian, Hebrew, Japanese, German, and others—but even though we understand few of the words we sense in them the same mix of feelings we have.

Soon it is time to move on. Looking beyond the pass marker, we see a different world that the Nepali call Mustang. Before us



Early morning ascent to Thorong La Pass



Team M at Thorong La Pass - (L to R): (back) Heidi DeMartis, Shane Andrus, Kul (porter), Paula McFarland, Steve Duncan, Steve Grosser, Kamal (guide), Geoff Gregg; (front) Mark Grosser, Hari (lead guide), Ram (porter), Diwass (porter), Patrick O'Connor, Bhim Sin (porter)



Team Z at Thorong La Pass - (L to R): Zig Sondelski, Barbara Boehme, John Martin, Deena Martin, Bret Mathews, Lisa Verzella, Kumar (porter), Bir (porter), Nirmal (porter), Nathan Sondelski, Sanjay (guide), Kancha Dai (porter). Missing Liam O'Donnell and Jim Hanson.



now is a sweeping canyon bordered on its far side by a string of distant snow-capped peaks, the Dhaulagiri Range, and below the snow lines, arid brown mountainsides descending into deep valleys below, finally disappearing into an angular crevasse that hides the canyon bottom. We begin the 5775 ft. descent into this high-desert landscape, so much in contrast to the lush, wet canyons of the *Marshyangdi*.

We descend long winding switchbacks, tracing steep slopes and rolling ridges down, down, down, finally dropping below the snow line, taking off our microspikes and shedding layers as we go. As the hours go by, we reach more moderate slopes of high desert brush where we pass through herds of Changthangi goats, raised primarily only in the Himalayas for their highly-prized wool, Pashmina, said to be 8 times warmer than sheep wool. As we near the once distant "crevasse" it reveals itself as in fact a spacious canyon-valley. We round a bend and the town of Muktinath suddenly appears, her mixed rooftops gliding down a hillside below us, punctuated here and there by the brightcolored roofs of temples and other holy sites. Tracing our way through the outskirts on hillside footpaths, we pass the entrance to Muktinath Temple, a Hindu and Buddhist pilgrimage site.



Descending into Muktinath

Descending the long stone staircase down to the town center, we pass a stream of pilgrims ascending toward the temple, their tired faces glowing with awe and expectation, exuberance and hope, as they reach the culmination of their long journeys. What rites, we wonder, draw them from around the world to this special place?

Nine miles on trail, 1,829 ft. of ascent, and 5,775 ft. of descent bring us, at last, to our guesthouse in the town of Muktinath, situated at 12,100 ft. The High Pass behind us, we're ready to celebrate, and we indulge in the local beer (Ghorka), Khukri Himalayan rum and local apple brandy.

Day 11: Muktinath to Kagbeni

In a stroke of good fortune, one of our Hindu guides, Kamal, planned to go to the temple the next morning, and was agreeable to having three of us tag along.

Muktinath Temple

We depart for the temple just after 7:00 AM and it's freezing outside, but Kamal is lightly dressed and wearing flip-flops. We follow alongside in down coats as Kamal stops at a vendor to buy an offering—which we learn later contains a coconut (holy because it is believed to come from Shiva) and different colored strings, which will be blessed in the temple rite and later worn by Kamal and shared with his family. It's a long way back up the stairs, and once inside the temple gate, a further walk along



Pilgrims cleansing at the fountains of Muktinath Temple



a winding path through a wood to a stone plaza deep in the temple grounds. Here sits the Temple of Lord Muktinath, and before it, two bathing pools, and around a semi-circular plaza on the other three sides, 108 fountains. All around us are the joyful exclamations of people engaging in the following rite: running first through all 108 fountains (to wash away sins), then submerging in the two pools. This is all unheated water fed by a mountain stream, it's freezing outside, and the sun is not yet up. The last step: they line up to enter the temple itself to make their offering and receive a blessing according to each one's practice—Buddhist or Hindu. This last part (inside the temple itself) is reserved for worshippers, but we notice a fire inside and hear the blasting of a horn. One pilgrim explains to us that everyone is so joyful here because after completing the rite you are cleansed, all the bad things in your life disappear, and all the good things you hope for will come forth. Everyone's excitement is truly contagious and lifts our spirits too (also we are dry and only somewhat cold). Kamal finishes his rite, and the three of us give him a bear-hug to help him warm up. From his laughter he seems to appreciate the gesture. Before departing the temple grounds, Kamal takes us to three other sacred sites there, among them, an ancient Buddhist shrine built over a natural spring that gushes both water and a flame burning gas. We hurry back to our guesthouse to begin the day's hike. Kamal is luminous and floating on air.

To Kagbeni

Back on trail, we hike 10 miles down the Mustang valley to the town Kagbeni. The wide canyon affords amazing views of the surrounding mountains—the Annapurnas and Dhaulagiri. In our exploration of Kagbeni, we discover a five-century-old monastery. Later, the evening chants of the monks echo through the ancient alleyways of the town, almost seeming to have no fixed source, and we are moved by the mysteriousness of the place.

Day 12: Kagbeni to Marpha

Hiking southwest out of Kagbeni, we continue down the wide and wind-swept canyons of Mustang, following the Kali Gandaki Nadi river as it braids its way through the cobbly alluvium of the monsoon flows. The desert canyon enfolds us in broken cliffs, frayed ridges, and brown slopes painted in shadows and soft tones. Above this desert mantle on either side rise the jagged heights of Dhaulagiri and the ever-secretive Annapurnas with their snow-clad slopes and hanging glaciers towering in sunlight.

Ten miles on dirt roads and trails, 700 ft. of ascent, and 1300 ft. of descent bring us to *Marpha*, where we discover yet another hillside town of ancient alleys branching into a hundred intimate places, narrow and turning in on themselves in maze-like ways—a



Mark Grosser spinning prayer wheels in Marpha

place constructed almost entirely of hand-hewn stone that one of our trekmates describes as "like a prosperous medieval village." A main street of whitewashed walls and covered in prayer flags brings us to our guesthouse. Exploring the alleyways, we see children playing, shepherds tending their animals, animals hanging out in walled pens in their owner's compact domestic compounds, merchants peddling their wares, women washing, processing food, and tending their gardens and orchards, and men dividing the carcasses of slaughtered animals, all within a stone's throw.

Midway along the central street, we climb a staircase to the Marpha monastery, a hilltop cluster of plazas, classrooms, dormitories and sanctuaries with commanding views of the town and surrounding hills. Here, we have the good fortune to meet the head monk, Urgen Lama, who with the help of our guides as translators talks with us about various aspects of his life and order. We learn about how he, as the second son in his birth family, was promised to his order from childhood, about the education of the young monks—which includes a range of "secular" topics in addition to Buddhist philosophy—and about the "mantra books" the monks use in their prayers, chants, and meditations.

Checking the English-language news back at our guesthouse that evening, we learn there was an earthquake in western Nepal that day. Recalling the terrible 2015 quake, we are grateful this one was farless severe and far away from us.

Day 13: Bus to Tatopani

On the advice of our guides—due to the conversion in recent years of the trail in this area into a rough, narrow, and often cliff-hanging road—we catch a local bus for 25 miles down to *Tatopani*, which means "hot water." Perched a short ways above the road we find our guesthouse for the night, and after settling in, we—along with our guides and porters—hike down to the river to try out the hot springs, which were lukewarm for Team Z but scalding for Team M.

Back at the guesthouse, the owner prepares, to our surprise and delight, international meals that can only be described as four-star, a welcome break from the usual staples of dal bhat, curried vegetables, thukpa, and fried rice. After dinner, dark settles over our encampment, and we relax in the warmth of local rum and the hospitality of our host, an ethnic Thakhali.

Marpha Rooftops

Day 14: Tatopani to Shikha

On the descent from Marpha to Tatopani, we had transitioned from Mustang to a lower-elevation region called Myagdi. Gone were the windy desert canyons; we now found ourselves in a humid, rain-forest-like environment laced with streams and surrounded by green slopes covered wherever possible with beautifully-constructed terraced farms.

After a short descent from Tatopani, we turn to the southeast and begin ascending a side canyon on our way up to the villages of Shikha and Ghorepani. All this way—for the rest of our trek—the trail seems to blur the line between public and private space as every turn brings us by or through someone's farm, compound, or stoop, with all the richness of village horticulture on constant display. Ascending the wooded slopes between villages we discover tall, gnarly, and ancient-looking rhododendron trees. For the next day-and-a half, our familiar sentinels—Dhaulagiri and the summits of the Annapurnas—make more modest appearances above the green ridges. Were we already saying farewell to these mountains? Or, were we ascending to new and better vantage points?

Five trail miles, 418 ft. of descent, and 2,467 ft. of ascent bring us to Shikha. Exploring the village, a few members of Team M come upon a home holding a Puja ceremony in



Heading up to Shikha in Myagdi

memory of a villager who had passed away one year ago, and have the good fortune to be invited inside. In a small room constructed of stone and wood, we sit on the earthen floor with a group of men and women celebrating in song and happy chatter the life of their brother, husband, and friend who, as it



happened, had worked as a trekking guide in Nepal, Japan, and Iceland. As much as we wanted to, none of us felt comfortable taking photos at this solemn gathering.

Evening saw Team M gathered in our teahouse for a birthday party in honor of our trekmate, Shane Andrus. To our surprise and delight, our intrepid porters had secretly hiked a half hour up-trail to procure a birthday cake from the nearest bakery. Fortified by local spirits, we enjoy an evening of good eats, camaraderie, and multicultural singing.

Day 15: Shikha to Ghorepani

Five trail miles and 3,160 ft. of further ascent (during which one enterprising member of our troupe fulfilled a personal dream of riding a white horse dressed in the bright colors of traditional Nepali tack) bring us to the ridge-straddling town of Ghorepani ("horse-water"), where we spend a cold night at 9,400 ft. For the past two days we have followed a trail constructed almost entirely of hand-hewn stone slabs and staircases, all shaped and positioned with great care. We marvel at the effort required to build such a trail.

Day 16: Ghorepani to Poon Hill to Ulleri (Team Z) or Hile (Team M)

We rise at 4:00 AM to grab an early breakfast and make the top of Poon Hill for sunrise. It's a steep 1000 ft. climb in dark and bitter cold, but local boosters promise "the best view in the world" and we're curious what dawn will reveal. As the first light appears in the east, the faint contours of six giants reveal themselves—Dhaulagiri, Nilgiri South, Annapurna I, Annapurna South, Hiunchuli, and Machhapuchhre, along with other nearby summits—seemingly so near from this new vantage point. We're rewarded for our efforts as dawn gradually paints-in the details of our mountain amphitheater, and we join with the gathered crowd in cheering as the rising sun lights-up each summit in succession with flares of yellow and gold.



Local man near Shikha



Sunrise from Poon Hill - Peaks (L to R): Annapurna I, Annapurna South, Hiunchuli, Machhapuchhare

Soon it's time to head back down to Ghorepani, and a further 2-3000 ft. down to our next stops (Ulleri for Team Z and Hile for Team M). The descent is notably steep and involves a long, tiring series of stone staircases. We are very grateful to be going *down*! Our last night on trek brings one more round of partying and merriment with our guides, porters, and teahouse hosts, full of Nepali folk and party songs, drumming and dancing—a fun and fitting conclusion to the trek.

Day 17: To Nayapul & Pokhara

The next day we conclude our Annapurna Circuit Trek with a hike down to the town of Nayapul at 3,682 ft., then catch a shuttle to the city of Pokhara for a day of recuperation and sight-seeing. Emerging from the quiet farms and footpaths of Myagdi, it feels strange to be encased in motor vehicles, bumping down the rocky and bustling lanes of Pokhara, weaving through the sea of motorbikes, buses, cars, trucks, tractors, haywagons, tuk-tuks, farm animals, bicycles and pedestrians, all of them moving too and fro in a miraculous dance of near-misses.

Highlights from Pokhara include a pedal-boat tour on Phewa Lake in which we visit the Hindu Tal Barahi Temple on an island. Arriving back at the Pokhara shore, we encounter the Hindu evening offering, Arati—here a highly choreographed ritual involving three priests, ceremonial dance, incense, fire, chant, bells, flowers, and flute, building over 40 minutes to a crescendo of communal dancing and antiphonal praise shouted toward the goddess on the island.



Hindu priest making a fire offering in Arati ceremony, Pokhara

Chitwan

Several members of Teams Z and M added a two-day trip to Chitwan National Park after Pokhara. Highlights from Chitwan included jeep and elephant safaris (thank you to our elephant, "Rose Lady," for carrying four of us so graciously), interpretive jungle walks, a river float in canoes hand-hewn from logs, many varieties of birds including wild peacocks, fresh tiger tracks (but no tigers), some pretty close encounters with crocodiles and rhinos, and a dose of local Tharu history, song, dance, and drumming. Then it was a short plane ride back to Kathmandu for a day of rest, gift shopping, more good food, and a bit of sight-seeing before commencing the long trip home.

A slide show of the trek will be presented at the General Membership Meeting on Feb 1 at 6 PM at the Millcreek Library at 2266 Evergreen Ave in SLC.

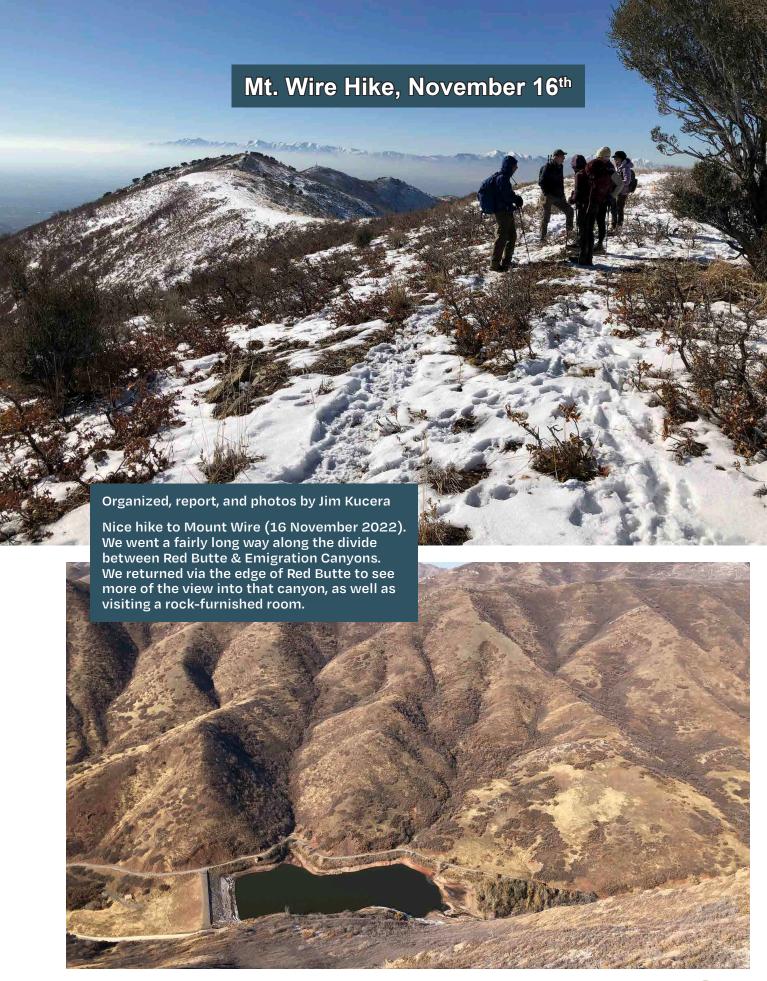


Teahouse in Manang - L to R: Shane Andrus, Heidi DeMartis, Steve Grosser, Paula McFarland, Steve Duncan, Mark Grosser, Geoff Gregg



Teahouse at High Camp - L to R: Deena Martin, Steve Duncan, Paula McFarland, Lisa Verzella, Geoff Gregg, Heidi DeMartis, Shane Andrus







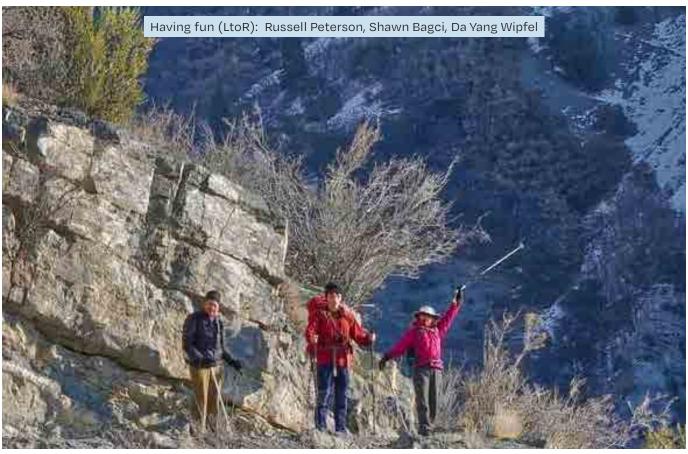
Organized by Da Yang Wipfel / Led by Bruce Moore Report by Da Yang Wipfel Photos by Da Yang Wipfel & Bruce Moore

With snow / cold coming earlier this year, this 9 mile rugged canyon hike passed 3 half frozen waterfalls going through the deep snow-covered forest & soft white meadows. At 2,700 ft., elevation gain put us at snow field meadow where Indian Camped at the west side of Mt. Timpanogos. This is where the first massacre from Mormon settlers in Utah and the Timpanogos Indians who lived there occurred at Battle Creek, Utah. The sleeping Indians were outnumbered and outgunned, and had no defense against the Deseret Militia that crept in and surrounded their camp before dawn on March 5, 1849. Mormon settlement of Utah Valley came upon the heels of the attack at Battle Creek.









Early Morning Rock Climb @ Momentum Millcreek, November 16th Organized & report by Akiko Kamimura Photos by Akiko Kamimura Indoor climbing early morning is a great way to start a day! Also, an indoor climbing gym is not crowded early morning. On November 16, Lana, Pat and Akiko enjoyed top roping at Momentum Millcreek. Pat drove from Midway to find a climbing partner. He did a more difficult route than Lana and Akiko. Lana and Akiko mostly did 5.10a and 5.9. By 7:30 am, we were done climbing. Lana went hiking to Lake Blanche. Akiko went to work.

Activity Calendar

WMC members should stay informed on current COVID guidelines. Those who are not feeling well, whether COVID symptoms or other illness, should not participate in WMC activities. During a club activity, the use of face masks or carpooling is up to each individual, unless otherwise specified by the organizer. Organizers can opt for a group size they are comfortable with, except for the group size limit of 10 in wilderness areas.

Jan 2 Mon	Foothills Flashlight Winter Workout Hike - Jack's Mountain - mod Out & Back - Moderate pace Meet: 5:45 pm at Jacks Peak Trailhead (1830 Lakeline Dr, Salt Lake City, UT) Organizer: Julie Kilgore 801-244-3323 jk@wasatch-environmental.com Welcome to a New Year! Work off some of the holiday excesses with this brisk 2-hour hike behind the "H" rock. The route is STEEP and microspikes or other studded footwear will be needed. If inversion is in, we'll move the hike into Millcreek to get above it. Bring a headlamp and dress in layers. Dogs are ok. Prompt 5:45 pm departure.			
Jan 2 Mon	Snowshoe - Little Water Peak - mod+ Meet: Registration required Organizer: Jim Kucera jameskucera@aol.com This is a good first hike for a new year. Route starts in Big Cottonwood Canyon (Mill D North, passing Dog Lake). Difficulty depends on how much trail breaking is to be done. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. If weather is bad, this activity may be postponed to one of the following days of this first week of 2023.			
Jan 6 Fri	Evening Hike - Church Fork To Grandeur - mod - Out & Back - Moderate pace Meet: 5:30 pm at Meet at Church Fork Trailhead in Millcreek Canyon. Organizer: Sue Baker 801-201-2658 laughinglarkspur@gmail.com Prompt 5:45pm departure for a longer hike than a normal evening hike. Weather permitting for the full moon viewing, we will hike up to the top of Grandeur or as far up as we feel like going. Except for the moonlight it will be dark, so bring your headlamp along with the rest of your 10 Es. You should have microspikes or other traction devices along just in case! Please reach out to me ahead of the hike meeting time so I know to watch for you and for more details if you are new to evening hikes or have not hiked with me previously. Thank you.			
Jan 6 Fri	Moonlight Ski - Big To Little Mountain Or Organizer's Choice F(weather/roads) – ntd+ – 10.0 mi Out & Back – 800' ascent – Slow pace Meet: Registration required Organizer: Constance Modrow modrowsky@gmail.com details tbd, could use a co-organizer for snowshoers			
Jan 7 Sat	Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Meet: Registration required Organizer: Akiko Kamimura kamimura@umich.edu We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 6, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8.			
Jan 8 Sun	Avalanche Transceiver Practice And Terrain Seminar (alpine Ski Tour) Meet: Registration required Organizer: Brad* Yates 801-592-5814 bnyslc@earthlink.net Taking a different approach on this seasons Backcountry Skiing beacon practice. This will be an actual ski tour. We will ski a few miles into a select location as a large group where we will discuss technique and practice beacon search and rescue. We will then break into up to four different tours where experience leaders will take participants into avalanche terrain to discuss safe travel techniques, and terrain issues relating to avalanches. We will also get a few laps in for the fun of it. This is not a beginners tour, you will need to be able to ski moderate backcountry terrain with mixed snow conditions, be familiar with the usage of your equipment and be have a beacon shovel and probe.			

Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Meet: Registration required 8 Sun Organizer: Akiko Kamimura kamimura@umich.edu We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 6, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. Jan Early Morning Rock Climb: Momentum Millcreek - ntd Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) Mon Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me. Foothills Flashlight Winter Workout Hike - Jack's Mountain - mod- - Out & Back - Moderate pace Jan Meet: 5:45 pm at Jacks Peak Trailhead (1830 Lakeline Dr. Salt Lake City, UT) 9 Mon Organizer: Julie Kilgore 801-244-3323 jk@wasatch-environmental.com Join us for this brisk 2-hour hike behind the "H" rock. The route is STEEP and microspikes or other studded footwear will be needed. If inversion is in, we'll move the hike into Millcreek to get above it. Bring a headlamp and dress in layers. Dogs are ok. Prompt 5:45 pm departure. Early Morning Rock Climb: Momentum Millcreek - ntd Jan 11 Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) Organizer: Akiko Kamimura kamimura@umich.edu Wed I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me. Early Morning Rock Climb: Momentum Millcreek – ntd Jan Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) 13 Fri Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me. Jan Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Meet: Registration required 14 Organizer: Akiko Kamimura Sat kamimura@umich.edu We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 13, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. Snowshoe West Uintas - Norway Flats Road - mod - 6.0 mi Out & Back - 1,000' ascent - Moderate pace Jan Meet: Registration required 14 Organizer: David Andrenyak 801-907-1325 andrenyakda@aim.com Sat The Norway Flats Road winter trail is off of the Mirror Lake Highway about 10 miles east of Kamas. This hike is a steady climb through open forest that features pine trees. There are great views of the West Uintas as well as distant views of the Wasatch range. A good destination is a view spot of the Boulder Creek area about 3 miles from the trailhead (6 miles round trip. Because of the longer drive distance, this activity will take up much of the day. Avalanche safety equipment (beacon, shovel, probe) is recommended but not required. Weather and driving condition may alter the plans for the activity. Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Jan Meet: Registration required 15 Organizer: Akiko Kamimura kamimura@umich.edu Sun We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 13, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8. Jan Early Morning Rock Climb: Momentum Millcreek - ntd Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) 16 Mon Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me.



Jan 16 Mon	Foothills Flashlight Winter Workout Hike - Jack's Mountain - mod Out & Back - Moderate pace Meet: 5:45 pm at Jacks Peak Trailhead (1830 Lakeline Dr, Salt Lake City, UT) Organizer: Julie Kilgore 801-244-3323 jk@wasatch-environmental.com It's dark, it's steep, and the route is not always obvious, so we'll keep the group together. If there is snow on the foothills, microspikes or other studded footwear will be needed. If inversion is in, we'll move the hike into Millcreek to get above it. Bring a headlamp and dress in layers. Dogs accustomed to cold weather are ok. Prompt 5:45 pm departure.			
Jan 18 Wed	Early Morning Rock Climb: Momentum Millcreek – ntd Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me.			
Jan 20 Fri	Early Morning Rock Climb: Momentum Sandy – ntd Meet: 6:00 am at Momentum Indoor Climbing Sandy (220 W 10600 S, Sandy, UT) Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Sandy approximately from 6 am to 8 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me. If nobody else shows up by 6:50 am, I may be in a yoga class from 7 am.			
Jan 21 Sat	Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Meet: Registration required Organizer: Akiko Kamimura kamimura@umich.edu We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 20, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8.			
Jan 22 Sun	Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Meet: Registration required Organizer: Akiko Kamimura kamimura@umich.edu We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 20, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8.			
Jan 23 Mon	Early Morning Rock Climb: Momentum Millcreek – ntd Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me.			
Jan 23 Mon	Foothills Flashlight Winter Workout Hike - Jack's Mountain - mod Out & Back - Moderate pace Meet: 5:45 pm at Jacks Peak Trailhead (1830 Lakeline Dr, Salt Lake City, UT) Organizer: Julie Kilgore 801-244-3323 jk@wasatch-environmental.com It's dark, it's steep, and the route is not always obvious, so we'll keep the group together. If there is snow on the foothills, microspikes or other studded footwear will be needed. If inversion is in, we'll move the hike into Millcreek to get above it. Bring a headlamp and dress in layers. Dogs accustomed to cold weather are ok. Prompt 5:45 pm departure.			
Jan 25 Wed	Early Morning Rock Climb: Momentum Millcreek – ntd Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me.			
Jan 27 Fri	Early Morning Rock Climb: Momentum Sandy – ntd Meet: 6:00 am at Momentum Indoor Climbing Sandy (220 W 10600 S, Sandy, UT) Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Sandy approximately from 6 am to 8 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me. If nobody else shows up by 6:50 am, I may be in a yoga class from 7 am.			

More activities will likely be added to the on-line calendar. Check wasatchmountainclub.org/calendar for updates, and join the activity email list for short notice postings.



Jan 28 Sat	Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Meet: Registration required Organizer: Akiko Kamimura kamimura@umich.edu We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 27, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8.			
Jan 29 Sun	Snowshoe/ski (or Hike) - Location Tba - mod+ - Moderate pace Meet: Registration required Organizer: Akiko Kamimura kamimura@umich.edu We plan to snowshoe (or hike if there is not enough snow) in BCC/LCC, Provo, Tooele, Park City, the Uintas, American Fork or somewhere, weather, conditions and situation permitting. The specific location will be posted when it gets closer. Please bring 10 Es, microspikes, and snowshoes. Avalanche safety gear (beacon, probe & shovel) is recommended but not required. I have an extra set of avalanche safety gear - if you want to use it, please let me know. Depending on a location, we can have skiers too. Skiers must carry avalanche safety gear. If there is not enough snow, we will hike. Please email before Friday, 6 pm, January 27, for the meeting place and time. Registration is required. Registration priority will be given to WMC members. Registrants will receive more detailed info. Limit 8.			
Jan 30 Mon	Early Morning Rock Climb: Momentum Millcreek – ntd Meet: 6:00 am at Momentum Indoor Climbing Millcreek (3173 E 3300 S, Salt Lake City, UT) Organizer: Akiko Kamimura kamimura@umich.edu I will be at Momentum Indoor Climbing Millcreek approximately from 6 am to 7:30 am. You are welcome to join me. There aren't many people there early morning. So it should be easy to find me.			
Jan 30 Mon	Foothills Flashlight Winter Workout Hike - Jack's Mountain - mod Out & Back - Moderate pace Meet: 5:45 pm at Jacks Peak Trailhead (1830 Lakeline Dr, Salt Lake City, UT) Organizer: Julie Kilgore 801-244-3323 jk@wasatch-environmental.com Join us for this brisk 2-hour hike behind the "H" rock. The route is STEEP and microspikes or other studded footwear will be needed. If inversion is in, we'll move the hike into Millcreek to get above it. Bring a headlamp and dress in layers. Dogs are ok. Prompt 5:45 pm departure.			
Feb 1 Wed	General Membership Meeting And Social Meet: 6:00 pm at Millcreek Library, 2266 East Evergreen Organizer: Julie Kilgore 801-244-3323 president@wasatchmountainclub.org The Wasatch Mountain Club is directed by its By-Laws to hold two general membership meetings a year, so we make them useful, informative, and fun! The schedule is as follows: 6:00-6:30 Member Social & New Member Orientation with refreshments; 6:30-7:00 Board Business: 2022 Award Highlights, and 2023 Board Election; 7:00-7:30 Adventure Presentation - WMC group trek around the famed Annapurna Circuit in Nepal, three-plus weeks, more than 100 miles trekking at elevation up to 17,769' including Kathmandu, Pokhara and Chitwan National Park. Pictures, videos, maps, stories, lessons learned; 7:30-8:30, Q&A, Closing Social.			
Feb 4 Sat - Feb 10 Fri	Death Valley Winter Escape - Bike - Hike - Car Camp - ntd+ Meet: Registration required Organizer: Cheryl* Soshnik 435-649-9008 csoshnik@yahoo.com The annual Bob Wright Death Valley Winter Escape is a week of camping, biking, hiking, exploring historic sites, Dutch Oven cooking, dark skies, and relaxing under the warm sun. Bring your pup tent, your Taj Mahal tent, pickup camper, RV, or motor home and join us in the Furnace Creek Campground. Individuals can band together for group road rides or hikes, or you go off and do things on your own. Form cooking groups with your friends, or pool our resources and do community Dutch Oven meals. We have reserved some tent-only sites in the shade of the mesquite trees, and many more people reserve their own camp sites as well. The one guaranteed is an afternoon happy-hour, where the day is relived, and plans are made for the following day. If you are thinking of going, we recommend securing your campsite NOW, as early February is a popular time of the year and the sites are going fast. Contact me for further information, and to let me know if you have reserved your own sites. Note - if a site is only available beginning Feb 5, that's OK too you are more than welcome to show up any time that week.			

More activities will likely be added to the on-line calendar. Check wasatchmountainclub.org/calendar for updates, and join the activity email list for short notice postings.



Mountaineering - Alpine Ice Workshop (Feb 5 Or Feb 12)

Meet: Registration required

kamimura@umich.edu Sun Organizer: Akiko Kamimura

> This workshop will be for those who want to learn how to break into intermediate level mountaineering on big mountains (e.g. Mt Rainier DC/Emmons/Ingraham Direct/Kautz - grade II with heavily glaciated terrains & high altitude, Mt Baker North Ridge - grade III). Specifically, this workshop will focus on skills and techniques for alpine ice (an alpine ice route in the rugged glaciated terrain). Details about the workshop context will be posted later. We will have an instructor from the U's Department of Parks, Recreation & Tourism. Previous ice climbing and/or snow mountaineering experience required. Required gear: climbing helmet, ice axe (ideally, 2 ice tools), harness, carabiners, 10-point or 12-point steel crampons, belay device, mountaineering boots compatible with your crampons. There will also be optional gear (e.g. ice screws, pickets, runners) and (maybe - depending on the workshop location and conditions) additional gear (e.g. snowshoes/skis, poles with snow baskets, avalanche safety gear). Some participants may have extra gear that can be shared with other participants. There are also local rental shops if you need to rent some gear. Instruction donation - \$25-30/person. Limit 15 participants. Approximately 8 am-2 pm. Location TBA. Registration is required. When you register, please include the information about your experience in ice climbing (e.g. Wi level) and snow mountaineering (e.g. peaks and routes that you have made), what gear you have (please be specific as much as possible), and what big mountains that you want to climb in the next several years. WMC members only. Registrants will receive more detailed info. Note (9/26): The schedule is tentative, most likely Feb 5 or Feb 12. Subject to change depending on conditions and the instructor's schedule.

Feb Ice Climb @ Ouray Ice Park In Colorado

Meet: Registration required 17

Fri Organizer: Akiko Kamimura kamimura@umich.edu

Feb 20 Mon

5

We will ice climb at the Ouray Ice Park in Colorado. The Ouray Ice Park is a mecca of ice climbing and the largest manmade public ice climbing park in the world. It has a wide variety of routes for beginners to advanced climbers. Trip schedule: Feb 17 Fri - Road trip; Feb 18 Sat - ice climbing; Feb 19 Sun - ice climbing; Feb 20 Mon - ice climbing & road trip. Previous ice experience not required. However, top roping experience (ice or rock) is required. If you do not have ice climbing gear (e.g. steel crampons with front points, mountaineering or backcountry ski boots, harness, belay devices, helmets), you need to rent. Ice tools are good to have but they are easy enough to share. The park does not have an entrance fee. We will share the cost of lodging and gas. Accommodations will be around \$230-260 for 3 nights per person at a rental vacation home. For more details, please contact the organizer (please include your ice/rock climbing experience). Limit 8. WMC members only. Co-organized with Parker Winkel.

Mar Motel Car Camp: Yellowstone Wolves, Wildlife, & Winter Activities - ntd

Meet: Registration required

Organizer: Robert Turner and Julie Kilgore 801-244-3323 jk@wasatch-environmental.com

Mar 5 Sun

Thu

east corner of Yellowstone Park. Sightings of wolves, foxes, coyotes, bighorn sheep and eagles are common. We'll motel it in Gardiner, MT, where we have secured the entire bottom floor for group meals and socializing. We'll drive into the Park each day on the only road kept open in Yellowstone in the winter. Some will get going very early each morning (about 5:00am), while others can linger and mingle over breakfast. There are also lots of opportunities for cross country skiing and snowshoeing, so bring your skis or snowshoes if you want to enjoy some time trekking around in Yellowstone's spectacular winter wonderland. The drive to Gardiner in the winter is about 500 miles since we can't go through the Park to get there. Another option is to fly into Bozeman, e-mail Julie for more details, to register, and get instructions to reserve a room at the lodge.

The north entrance into Yellowstone is open! Join us for wildlife watching and general winter activities in the north-

Mountaineering - Mt St Helens, Wa - msd Mar

Meet: Registration required

kamimura@umich.edu Organizer: Akiko Kamimura Sat

We plan to do a day climb to Mt Saint Helens (8,333 ft), one of the Washington's volcanoes. We will have a snowshoe Mar Tue

group and a ski group, though a snowshoe group may not need to use snowshoes. Trip schedule: fly out/road trip on Saturday March 4, climb on Sunday March 5 or Monday March 6, fly back/road trip on Tuesday March 7. This is non-technical mountaineering. But participants must: 1) have excellent stamina (especially if you are in a snowshoe group) for 12 miles RT with 5,500 ft. gain on snow in one day; 2) be willing to buy/rent/lend required individual gear if necessary; and 3) have at least basic mountaineering skills (e.g. how to use crampons, ice axe etc). For more details, please contact the organizer (please include your current fitness level and snowshoe/ski/mountaineering experience). Limit 10. WMC members only. Co-organized with David Baumann.

Potluck - Tell Kings Peak Tour (march 11) Survival And Conquest Tales Mar

Meet: Registration required 14

Organizer: Constance Modrow Tue modrowsky@gmail.com

3.14 Pie Day party! Create your dish in a big casserole, a pie pizza pan (can use my oven or Cuisinart toaster oven), a cast iron pan, a dutch oven, or a pyrex pie pan. We love homemade! Come prepared to recite as many digits as possible..... Come help me with a jigsaw puzzle or play chess or other board games. Take Trax and then the #9, #4, #509, or 513 bus, see rideuta.org or give me a holler. Share tales of the Kings Peak tour (March 11th this year and other years) and other tall tales. Be prepared to sit on the floor or bring your own.

Escalante State Park Car Camp - ntd+ 21 Meet: Registration required Organizer: Martha Veranth 801-278-5826 veranth@xmission.com Fri This developed campground is an excellent base for a weekend of hiking, biking, or birdwatching in the Grand Stair-Apr case-Escalante National Monument area. Save the date. Details to follow, but expect similar to the past two year's 24 successful events. \$25 per person deposit to register. Mon May Mountaineering - Mt Hood & South Sister/adams, Wa/ore - ext Meet: Registration required kamimura@umich.edu Mon Organizer: Akiko Kamimura We plan to make Mt Hood (11,239 ft), the highest mountain in Oregon. Additionally, some of the participants plan to Jun bag South Sister (10,358 ft) or Mt Adams (12, 276 ft). We will have three sub-groups: 1) Hood only; 2) Hood & South Sister; and 3) Hood & Adams. Schedule - May 29 M (Memorial Day): Road trip; May 30 Tue: Hood Back-up #2; May 31 Sun W: Hood Climb Day; June 1 Thu: Hood Back-up #1; June 2 F: Road trip to home/South Sister/Aams; June 3 Sat: Climb Day for South Sister/Adams; June 4 Sun: Road trip for home. Participants must: 1) have stamina to hike/climb long hours a day; 2) have previous snow mountaineering experience and necessary skills (e.g. proper use of crampons and ice axe, self-arrest, belaying, moving as a rope team); 3) be willing to buy/rent required individual gear if necessary. For more details, please contact the organizer (please include your current fitness level and mountaineering experience). Limit 8. WMC members only. Co-organized with David Baumann. Jul Mountaineering - Mt Baker, Wa – ext Meet: Registration required Tue Organizer: Akiko Kamimura kamimura@umich.edu We will attempt Mt Baker (10,781 ft) in Washington State. Due to the washout on the road to the TH, we will do a 3-day Jul climb. The schedule (July 4-8) includes a road trip and a 3-day climb. Add one extra day before and after the schedule if you do a two-day drive. The group will divide into teams to ascend Mt Baker by the Coleman-Deming route (grade II), 8 Sat or North Ridge (grade III), depending on group capabilities and interests. Only those who are capable of ascending the Coleman-Deming route as part of an independent rope team can attend (ice axe and crampon use, roped travel on a glacier mandatory). A professional instructor(s) will be on the trip for the North Ridge group. All members should have gear suitable for a multi-day glacier climb (own or rent) and plan to bring their own food (or work out sharing arrangements with other members). If interested, please contact the organizer with a description of your fitness level and your climbing resume and to receive more detailed information (e.g. cost). WMC members only. Yellowstone Car Camp - ntd+ Aug Meet: Registration required 18 Organizer: Michael* Budig 801-403-7677 mlbudig@gmail.com Fri There has been a change in the reservation system for car camping in Yellowstone. Reservations previously were Aug all made through Reserve America. Recently this was changed for Yellowstone's larger campgrounds (Grant Village, 28 Madison, Norris, Bridge Bay and Canyon). Now reservations for these campgrounds must be made through Xanterra. The good news is that reservations can now be made for more than one year in advance (and hardly anyone is aware of this yet, so you can pretty much reserve what you want for next summer now). Reservations require a deposit of something like 25%, but this is refundable, as I understand it, if the reservation is canceled prior to something like a month before the date of the scheduled camp. So, for next year, I went ahead and reserved campsites at Grant Village for August 18-21, Canyon Village for Aug 21- 25 and Madison for Aug 25-28. I had to put down about 25%, I think, but it is refundable if canceled up till July or so of next year. So, I reserved a site for myself and encourage anyone interested in joining us to reserve their own site through the Xantera website. We will meet sometime in July to discuss different hike options. Let me know if you are interested in joining- but you will need to reserve your own campsite. When I made my reservations, my campsite numbers were not revealed. If you have questions, please email or text me. Mountaineering - Pico De Orizaba & Iztaccihuatl, Mexico (tentative Schedule) - ext Dec Meet: Registration required 26 Tue Organizer: Akiko Kamimura kamimura@umich.edu Pico De Orizaba, Mexico (18,491 ft) is the third highest peak in North America. We will also climb Iztaccihuatl (17,159 ft), the third highest peak in Mexico. Due to the complexity of the trip logistics, we will have a local company that will Jan help us the trip logistics and route finding. Participants must 1) have excellent physical condition with previous mountaineering experience (rope travel, the use of crampons, and ice axe arrest); 2) have no history of altitude sickness; and 3) be willing to buy/rent required individual gear if necessary. The estimated cost for the local company is \$1,300 that includes meals, lodging, local transportation, and guide services (does not include tax, tips, some fees). The additional cost will be for international flights, travel insurance, etc. If interested, please contact the organizer with a description of your fitness level and your climbing resume and to receive more detailed information. WMC members only. Note (11/28/2022): The dates are tentative but are preferred. We may need two extra days if we want to do all the three peaks.

More activities will likely be added to the on-line calendar. Check wasatchmountainclub.org/calendar for updates, and join the activity email list for short notice postings.



Thank You!

November 2022 Activity Organizers

We appreciate you for your leadership, energy, and time for organizing amazing activities for our members

Akiko Kamimura
Andrea Thatcher
Bruce Jensen
Christopher Koch
Da Yang Wipfel
Deanna Dibella
Deb Frank

Dianne Budig
Frank Bouchard
Jim Kucera
Julie Kilgore
Keith Markley
Kerry Regan

Kurt Hiland
Mac Brubaker
Michael Berry
Teri Jenkins
Tonya Karren
Petra Britner





1024 Years and counting... Experience the Wasatch Mountain Club

WHY THE WMC - We are so much more than just a hiking club... In addition to a great variety of outdoor activities, we also focus on conservation, eduction, and supporting the WMC Lodge Foundation. As shown below, there are many wonderful opportunities to volunteer, learn a new skill, and protect our beloved wilderness. By joining the WMC you become 'part of something much bigger' than just going on a hike or bike ride!"



- 700+ Activities per year
- Activities include: hiking, backpacking, skiing, snowshoeing, canyoneering, biking, boating, mountaineering, etc...
- Easy to Advanced levels / Local to International activities



- Trail Maintenance (USFS, San Rafael Swell, etc)
- Financial support for many community conservation projects
- Mt. Olympus trail adoption



- Subsidized Activity Organizer training
- Free member training classes offered throughout the year (i.e. Intro to Backpacking, Canyoneering, etc..)



- Helping to protect the Lodge which is on the National Register of Historical places.
- Financial support
- Recognized for continued support (Preservation Utah Award)

Try Us Out / Become a Member

Attend a club activity listed in the Rambler or our website: **WasatchMountainClub.org**. If you like what you see or do, then join the club on-line or by mailing the application which can be downloaded from the website.

- THE RAMBLER, WMC's monthly publication has articles and scheduled activities.
- NOTIFICATIONS: Opt-in to receive email alerts.
- EXCLUSIVE EVENTS, TRIPS, and DISCOUNTS on rentals, retail offerings, and trainings.

- HISTORIC LODGE EVENTS at the Wasatch Mountain Club Lodge in Brighton. 5% of dues supports the WMC Lodge.
- 10% of MEMBER DUES support local conservation and trail maintenance.

WASATCH MOUNTAIN CLUB

1390 SOUTH 1100 EAST, SUITE #103 SALT LAKE CITY, UT 84105-2462 801-463-9842

Email: Info@WasatchMountainClub.org



WASATCH MOUNTAIN CLUB (WMC) MEMBERSHIP APPLICATION

(Do not use for renewals.)

Please read carefully and completely fill out both sides of the page. Print legibly, please. I am applying for membership as: Single Couple Name: Applicant 1: ______ Birthdate*: _____ Name: Applicant 2: _____ Birthdate*: ___ City, State, Zip: Applicant 1: Main phone: _____ Email address: _____ Applicant 2: Main phone: Email address: PRIVACY INFORMATION: The WMC defaults to listing your name, address, phone and email in a Member Directory. This information is only available to current members, and to access it they must either log in to the WMC website (www.wasatchmountainclub.org) or request a printed copy from the Membership Director. YOU NEED TO TAKE THE FOLLOWING ACTION: To not have your address, phone, and/or email listed in the *Member Directory* – if you don't have computer access or need help contact the Membership Director, otherwise on the WMC website use the **MEMBERS > Privacy & Activity Preferences** webpage. Membership dues: \$40.00 for single membership (Annual dues \$35.00 plus \$5.00 paper application fee) \$55.00 for couple membership (Annual dues \$50.00 plus \$5.00 paper application fee) \$25.00 for student membership (Annual dues \$20.00 plus \$5.00 paper application fee) Student members must be full-time student. Enclosed is \$ for application fee and first year's dues. Check or money order only. Please make checks payable to Wasatch Mountain Club. How did you learn about the Wasatch Mountain Club:

* Your birth date is only used to verify you are at least 18 years old and membership age statistics.

Page 1 of 2 Revised 7/17/2020



WASATCH MOUNTAIN CLUB (WMC)

Applicant Agreement, Acknowledgement of Risk and Release from Liability

VOLUNTARY PARTICIPATION: I acknowledge that my participation in all WMC activities is voluntary. No one is forcing me to participate. I agree to abide by the rules of the WMC.

ASSUMPTION OF RISK: I am aware that WMC activities involve risks, and may result in injury, illness, death, and damage to or loss of property. These dangers include but are not limited to: the hazards of traveling in remote areas without medical services or care, the forces of nature, the inherent dangers involved in participation in sports, wilderness travel, and social activities, and the negligent actions of other persons or agencies. I understand that all activities should be considered exploratory, with the possibility of unexpected conditions and route variations. The WMC is not, nor does it provide, a professional guide service. In order to partake in the enjoyment and excitement of WMC activities, I am willing to accept the risk and uncertainty involved as being an integral part of the activity. I acknowledge this risk, and assume full responsibility for any and all risks of injury, illness, death, or damage to or loss of my property.

PREPARATION: I understand that it is my responsibility to evaluate the difficulties of any WMC activity I participate in, and decide whether I am prepared by having the experience, skill, knowledge, equipment, and the physical and emotional stamina to participate safely.

RELEASE OF LIABILITY AND PROMISE NOT TO SUE: I agree that I, my heirs, personal or legal representatives hereby do release and hold harmless from all liability, and promise not to bring any suit or claim against the WMC, its activity organizers, directors, agents or representatives for any injury, illness, death or damage and loss of property resulting from my participation in any WMC activity even if they negligently caused the injury or damage.

LEGAL FEES: Should it become necessary for the WMC, or someone on their behalf, to incur attorney fees and costs to enforce this agreement, I agree to pay the WMC reasonable costs and fees thereby expended, or for which liability is incurred.

INSURANCE: I understand that the WMC strongly recommends that I maintain insurance sufficient to cover any injury, illness or property damage that I may incur while participating in WMC activities. In the event of injury, illness or death related to any WMC activity, I recognize that I, or my estate, will bear the full cost of my evacuation or recovery, and any related medical care that I may need. I acknowledge that the WMC carries no insurance whatsoever for any participants in WMC activities.

SIGNATURE: My signature below indicates I have read this entire document, understand it completely, understand it affects my legal rights, and agree to be bound by its terms. I certify I am at least 18 years old.

Signature 1		Date:		
Signature 2			Date:	
Mail completed application to:		Membership Direct Wasatch Mountain 1390 South 1100 Salt Lake City, UT	n Club East #103	
Leave blank for	office use:			
Check #	Amount Received	Date	Ву	

Page 2 of 2 Revised 7/17/2020



50 Years Ago in The Rambler

Transcribed by Donn Seeley

club activities for jan 1973 [...]

IAN. 7 AMERICAN FORK TWINS - Major Evans Gulch Ski Tour. Advanced (6,5) - Here's Sun. a super tour for those who enjoy doing things the hard way. Car spotting will be avoided by starting from American Fork Canyon and ascending the Twins via Silver Lake. The views of all the major peaks in the Wasatch are truly spectacular on this tour. The descent in Major Evans Gulch provides some very challenging skiing, especially if the sun has been on the southern exposures. This tour can be quite hazardous, so avalanche probes and cords will be required. Registration is mandatory, and a prompt departure is important for the long ascent. Meet at 6:30 a.m. at 33rd South and State in the Prudential parking lot for car consolidation. Leader: Dennis Caldwell [...] JAN. 28 HOGUM FORK SKI TOUR - Advanced (3,5). From White Pine Canyon, we will Sun. climb and traverse into Red Pine, Maybird, and Hogum, passing under the formidable walls of the Pfeifferhorn. Upper Hogum contains spectacular skiing and scenery, but the lower section can be a problem if the snow depth is not sufficient. An early start is scheduled so your leader won't be exposed to Snowbird traffic. Meet at the mouth of Little Cottonwood Canyon at 7:00 a.m. Leader: Alexis Kelner [...]

LODGE NOTES by Mel Davis

Lodge use has increased greatly this year. Good evidence of this was the number of people participating in the Ski Touring Day in November. Also over 75 people enjoyed Thanksgiving Dinner at the lodge. One of the longtime members remarked that this seemed like old times, the lodge busy with people going in and out during the day.

Rentals are up too. All the weekends not set aside for club use have been reserved through February. A lot of weekdays are available though.

We appreciate the efforts of the volunteer hosts for the open house weekends. The turnout for these days has been a little light, but very enjoyable for those participating. This is a good opportunity for members and guests to have a fun time at the lodge, stay overnight in the mountains and all for free.

Complaints have come in from members about dogs in the lodge. There has been a lodge rule in the past to not allow dogs inside the lodge. This was discussed again at the last Board of Directors meeting and the dogs lost again. An exception could be made where a person volunteered to be a host at an open house weekend and wished to have dogs allowed.

The gas heating system has been working very well so far this year. It is automatic now: turn on the power at the switch boxes and the heat comes on. The coal furnace is also working for those who like to play with it and prefer its quieter overnight operation. The water system is still working fine; however, we need someone to come up with a foolproof bypass system to remove all possibility of freezing up, even if someone doesn't turn all the valves correctly on leaving. Any ideas?

[I was surprised to see the discussion about dogs, which have been forbidden in Salt Lake watershed areas for a long time. It turns out that regulations banning dogs in the Cottonwood Canyons took effect around the end of January 1973. -- Donn]

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